

NEW CHICK-FIL-A OPENS IN NORWALK

On Wednesday, January 25th, the Norwalk Chamber of Commerce and the City of Norwalk welcomed a new Chick-fil-A restaurant to the community. Located at 10710 Firestone Blvd, adjacent to the 605 Freeway the restaurant opened to the public the next day. Attending the event were Norwalk City Council members Tony Ayala, Jennifer Perez and Rick Ramirez. Also, on hand to congratulate the business were representatives from State Senator Bob Archuleta, State Assembly Member Blanca Pacheco, Los Angeles County Supervisor Janice Hahn and Los Angeles County Assessor Jeffrey Prang. Norwalk City Manager Jesus Gomez, Deputy City Manager Richard Rojas and Directors Allan Perdomo and Levy Sun, Norwalk La Mirada USD School Board President Chris Staples, Board Vice President Jose Rios and Assistant Superintendent Dr. Kristine Cvar were all able to attend to help celebrate the Grand Opening. Additionally joining for the festivities were many members of the community, the Norwalk Chamber of Commerce and City staff.

The program started with the flag salute, led by Dr. David Olea, Principal of Norwalk High School and the National Anthem, sung by Norwalk High School student Manny Barraza. Next Norwalk City Council Member Jennifer Perez welcomed all to the event, expressing the City's excitement for this new business opening here in Norwalk. Speaking on behalf of Chick-fil-A Corporate was Sam Shisso, Grand Opening Supervisor, who shared with the audience the history and foundations of Chick-fil-A. Following Sam was Owner/Operator Chris Schivley and his family. Chris expressed his thanks to the City of Norwalk and the Norwalk Chamber for their support. He also shared that in honor of their opening, Chick-fil-A would be donating \$25,000 to Feeding American on behalf of the new restaurant. The restaurant will also participate in Chick-fil-A Shared Table which is an initiative that redirects surplus food from the restaurant to local shelters, food banks and nonprofits. Alisa Schivley was up next in the program to explain and present the Community Heroes recognition awards. New River Elementary School and Lakeside Middle School were the recipients of this recognition.

Our elected official representatives then presented certificates of congratulations to Chris and Alisa, along with a Business Spotlight Award from the City of Norwalk and the membership plaque from the Norwalk Chamber. At the closing all were invited to take part in the traditional "first bite" ceremony where staff passed out chicken sandwiches and a sandwich toast took place. Cutting the Ribbon at the new location was the final step in welcoming this new business to the Norwalk Community. Thank you to all who attended and participated in the Ribbon Cutting ceremony and we hope you all continue to support this business by getting breakfast, lunch or dinner in the restaurant or at the drive through.



Cutting the Ribbon at the new Chick-fil-A Restaurant. Photo courtesy of City of Norwalk.



Norwalk Chamber Board and Ambassadors welcoming our new member, Chick-fil-A.



Presenting a certificate to Chris and Alisa Schivley on behalf of Assembly Member Blanca Pacheco is Lisette Gonzalez. Photo courtesy of City of Norwalk.



Balloon designer Laurira and family at the Chick-fil-A Ribbon Cutting.



Norwalk City Manager Jesus Gomez giving the new business is Ivan Sulic, representing Los Angeles County Supervisor Janice Hahn. Photo courtesy of City of Norwalk.



Presenting their membership plaque for the Norwalk Chamber is Board President Rich LeGaspi, TNT Fireworks. Photo courtesy of City of Norwalk.



Welcoming Chris and Alisa Schivley to Norwalk is Aldo Arellano of LA County Assessor Jeffrey Prang's office. Photo courtesy of City of Norwalk.



Chris and Alisa Schivley receive a Ribbon Cutting certificate from Nandy Santana on behalf of State Senator Bob Archuleta. Photo courtesy of City of Norwalk.



Presenting a Business Spotlight Award to Chick-fil-A. In this photo are (l to r) Owners Chris and Alisa Schivley, City Council Members Tony Ayala, Jennifer Perez and Rick Ramirez. Photo courtesy of City of Norwalk.



Chick-fil-A Corporate Grand Opening Supervisor Sam Shisso with Owner/Operator Chris Schivley at the Ribbon Cutting event. Photo courtesy of City of Norwalk.



Norwalk La Mirada USD celebrating the presentation of the Community Heroes award to New River Elementary School.



Chick-fil-A Staff getting ready to celebrate at the grand opening event.



Presenting a Business Spotlight Award to Chick-fil-A. In this photo are (l to r) Owners Chris and Alisa Schivley, City Council Members Tony Ayala, Jennifer Perez and Rick Ramirez. Photo courtesy of City of Norwalk.

Visit our website at norwalkchamber.com

Follow us on social media!

Norwalk Chamber of Commerce
14783 Carmenita Road, Norwalk, CA 90650

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FEBRUARY 2023

SAVE THE DATE
Thursday, March 30th
4pm to 8pm
Don Knabe Golf Center

10th Annual Spring Swing

**NORWALK CHAMBER
BUSINESS CONNECTIONS (NCBC)**
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Norwalk Chamber of Commerce.

**Norwalk
Chamber of Commerce**

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PRESIDENT

RICH LEGASPI

EXECUTIVE DIRECTOR

EDITOR, NCBC

CAREN SPILSBURY

**CALENDAR
OF EVENTS**

Tuesday, February 21st

Grand Opening Ribbon Cutting
Ambros Construction, Inc.
12noon

Wednesday, February 22nd

Board of Directors
9am via ZOOM

Thursday, February 23rd

Multi Chamber Mixer
Bruce's Prime Rib
5pm to 7pm

Tuesday, February 28th

Gateway Chambers Alliance Meeting
12noon via ZOOM

Friday, March 3rd

Ambassador Meeting
12noon @ Chamber Office

SAVE THE DATE

Thursday, March 30th

Annual 9-Hole Golf Tournament

Wednesday, June 14th

100th Anniversary Installation &
Awards Dinner

SPONSORS



RENEWING MEMBERS

The following companies and individuals renewed their membership with the Norwalk Chamber of Commerce and the services we provide are made possible by their support.

47 Years

Norwalk Business Services
Richard J Cavish
562-863-4808
rcavish@earthlink.net

40 Years

Best Western Norwalk Inn
Danton Lam
562-929-8831

33 Years

St. John of God Church
Fr. Raymond Decipeda
562-863-5721

32 Years

Cerritos College
Toni Grijalva
562-860-2451 x 2140
grijalva@cerritos.edu

30 Years

Best Buy Tire Centers Inc.
Andy Kasbarian
562-868-7724

27 Years

PIH Health
Debra Legan
562-698-0811
Debra.Legan@pihealth.org

SARP Corporation dba Espana Motel

Anil Patel
562-864-5951

22 Years

L.A. CADA
Juan Navarro
562-906-2676
jnavarro@lacada.com

20 Years

Norwalk True Value Hardware
Joel Apericio
562-864-0912

14 Years

Pat's 605 Cyclery
Ron Patterson
562-864-0740

13 Years

Sullivan Management Group
Jennifer Sullivan
909-843-6416
jennifer@sullivanmanagementgroup.com

10 Years

Dragon Computer Services
Rainer Thornhill
562-698-4690
rainer@dragoncomputerservices.com

7 Years

Kustom Made Graphics
Essen Menjivar
626-348-4060
info@kmgd.com

5 Years

Primerica
Michael VanTassel
562-991-1300
mvantassell@primerica.com

Whittier College

Sandra Arana
562-907-4294
sarana@whittier.edu

3 Years

Trita Me Nice
Rita DeBenedictis
562-577-7575
tritamenice@gmail.com

NEW MEMBERS

Azar Event Center
Ebrahim Ghaneian
12215 Slauson Ave.
Santa Fe Springs, CA 90670
562-464-0220
ebie@cafenstuff.com

COFFEE CODE HOSTS COFFEE WITH A COP

Coffee Code, located at 13250 Rosecrans Ave. was the host of January's Coffee with a Cop. Attendees were able to meet Norwalk Public Safety Officers and Sheriff personnel, along with City of Norwalk City Manager Jesus Gomez and Director of Public Safety Ozzie Ramos. Businesses were able to talk to the Public Safety Department and find out information about how they can get help with public safety issues at their place of business. These meet ups are designed for both the residents and the business community to gather and ask questions while finding out what the City of Norwalk and the Sheriff Department are doing to help combat issues such

as theft, homeless and other safety concerns. Our host Coffee Code was founded in 2010 and began as a family business and has since grown its community, expanding to multiple locations in Southern California. Specializing in quality coffee, Coffee Code strives for a positive, inspiring, thoughtful, and dedicated community for all coffee enthusiasts and beginners alike. There are three different locations for this business, with one here in Norwalk. To find out more about their coffee and locations, visit their website at <http://www.coffeecodeusa.com/>.



Businesses, residents, City Staff and the Coffee Code staff at the January Coffee with a Cop.



Norwalk Sheriff Station Team with Public Safety Commissioner Michael Rosoff and Norwalk Chamber Board Member Dora Sandoval.



Meeting the Public Safety Team are small business owners Juan Lezama and Dontay Kidd.



At the Coffee with a Cop are Public Safety Commissioner Michael Rosoff and 605 Kiwanis President Dora Sandoval.

NORWALK CHAMBER NEW MEMBERS AND RENEWALS

The Norwalk Chamber welcomes our new member Bernabe Community Center and Executive Director Michael Gutierrez back as a Chamber Member with the presentation of their membership plaque at the Coffee and Conversation event. Bernabe Community Center was founded in 2003 and is still active in many communities to this day. They are about people helping people because they believe that we are better together!



Michael Gutierrez of Bernabe Community Center receives the membership plaque from Board President Rich LeGaspi.

Here is what Bernabe Community Center's story: "Our story is about city residents taking ownership of their neighborhood and how that decision changed and continues to change their community. Piece by piece, dream by dream, hope by hope, everyday people – from elementary kids to senior citizens – are improving their attitude and opportunities in business, home, and school environments. How do you change a community from the inside out? Any positive change starts first and foremost with each person consciously owning their decisions in the past and for the future. Maturity comes from taking up the mantle to be proactive improving your position in life through education, better communication with associates, and in holding a positive attitude. The results are astounding. Choosing to not be cynical or to blame oneself or others generates hope, and hope creates people who are resilient, determined, and creative in finding solutions to problems."

To find out more about this organization and how to get involved visit their website at <https://www.bernabec.com/> or contact Executive Director Michael Gutierrez at mail@bernabec.com.

MESSAGE FROM THE PRESIDENT



Dear Norwalk Chamber members,

Well, 2023 has us all hitting the ground and running. Our Chamber events are off to a great start. I want to thank our Sheriff Captain, Chris Johnson, and City Directors Ozzie Ramos and Allan Perdomo for joining us at our Coffee and Conversation and speaking to our businesses about their departments. It was a great turn out of members to meet these new city leaders, so thank you all for coming out. We also were able to celebrate with the new Chick-fil-A 605 and Firestone at their Ribbon Cutting. What a great morning that was. We had many people from our community come and welcome them, along with our Chamber Board and Ambassadors. Be sure and visit them when you are on that side of Norwalk.

We want to invite you to our February 23rd Multi Chamber Mixer at Bruce's Prime Rib from 5pm to 7pm. Be sure and bring your business cards to share with others, as we will be meeting people from three other local chambers at this mixer.

Stay on the lookout for announcements about our 100th anniversary events. We invite you to visit the Norwalk Chamber on Monday, March 6th at 12noon for our kick off of 100 days of 100. Come that day to find out more about the different activities we will be holding as we lead up to our Anniversary Party on June 14th.

Your Chamber Board and Staff are here to help your business succeed in our community. If you need any resources, reach out to the office to see how we can help.

Be safe and have a great month.

Respectfully,

Rich LeGaspi
2022-2023 President, Norwalk Chamber of Commerce
TNT Fireworks

ANNUAL HOMELESS COUNTS TAKES PLACE IN NORWALK

Every year, Los Angeles comes together as a community to launch the United States' largest, and most complicated, Homeless Count. This is a massive task that requires thousands of volunteers to accomplish this task. Those volunteers come together in cities all over Los Angeles County for three nights in January, are provided training, and are then sent out in the nighttime to count. The hash tag #theycountwillyou tells the story. Every person counts, no matter where you live or sleep at night. These counts each year help the community to understand just how impacted they are with homeless and what services they may need. Norwalk held their count on Wednesday, January 25th and over 50 community members came out and volunteered their time to support the count. Mayor Ana Valencia welcomed the volunteers who were provided dinner and snacks as they went through the training. Also attending were Council Member Rick Ramirez, Norwalk Chamber Board President and Social Services Commissioner Rich LeGaspi, City Manager Jesus Gomez and Deputy City Manager Richard Rojas. While it was a cold night, the information that this count provides will be valuable in bringing supportive services for the homeless to Norwalk. Thank you to all who attended and supported this community outreach activity.



Getting ready to head out for the homeless count are (l to r) Board President Rich LeGaspi, TNT Fireworks, Natalie LeGaspi, Soroptimist Norwalk/SFS, Deputy City Manager Richard Rojas, Norwalk Mayor Ana Valencia and Norwalk Chamber Executive Director Caren Spilsbury. Photo courtesy of City of Norwalk.



Heading out to count are Natalie LeGaspi, City Manager Jesus Gomez and Social Services Commissioner Rich LeGaspi.



A group photo of volunteers as they get ready for the annual homeless count.

- Creating a Strong Local Economy
- Promoting the Community

The Norwalk Chamber of Commerce urges you to spend your money locally to support the business community and protect jobs.

Local sales tax dollars support basic city services. When you shop in Norwalk, you are paying for:

- Public Safety Services
- Street Repairs
- Recreation Programs
- And Much More

NORWALK CHAMBER HOSTS COFFEE AND CONVERSATION

Norwalk Chambers first networking event of 2023 was a coffee meet up at Chick-fil-A Norwalk Fitness Village on Thursday, January 26th. These events are designed to bring together different business and community leaders for a morning cup of coffee and sharing information about their organization. This month the Chamber hosted Norwalk Sheriff Captain Chris Johnson, Norwalk Public Safety Director Ozzie Ramos, and Norwalk Director of Recreation and Park Services Allan Perdomo. These three are new here in Norwalk and this was an opportunity for our businesses and members to meet them and find out what they have planned for the future here in Norwalk. Farid Khansarinia was our host for the morning and provided complimentary coffee to all who attended. Each of our guests spoke about their respective departments and upcoming plans. Attendees were able to hear about the plans for a new business watch program which will be coming from the Public Safety Department, hear about how to partner with the Sheriff Department to keep their businesses safe and find out about upcoming events for the city. The community members that attended were also able to ask questions about their concerns for their business locations. Thank you to all who attended and especially to our Sheriff and City of Norwalk partners for coming out to meet with our business community. Our next Coffee and Conversation will be Thursday, March 23rd, 9am at Chick-fil-A, Norwalk Fitness Village. Come on out and meet up with other business and community members over coffee.



At the Coffee and Conversation are (l to r) Norwalk Sheriff Captain Chris Johnson, Norwalk Public Safety Director Ozzie Ramos, Norwalk Sheriff Lieutenant Noe Garcia, Norwalk Chamber President Elect Farid Khansarinia (our host) and Norwalk Sheriff Officer Gallagher.



Connecting over coffee with conversation are (l to r) Norwalk Sheriff Captain Chris Johnson, Norwalk Public Safety Commissioner Michael Rosoff, Jennifer DeKay, Norwalk Patriot Newspaper, and Cynthia DeLeon, California Department of Rehabilitation.



Board President Rich LeGaspi, TNT Fireworks and President Elect Farid Khansarinia, Chick-fil-A Norwalk at the Coffee and Conversation meet up.



Chick-fil-A owner Farid Khansarinia and Norwalk Sheriff Captain Chris Johnson receive their recognition awards for the Paint the Town Pink campaign.



Business and community members networking at the Coffee and Conversation.

AMBASSADOR BUSINESS VISITS

Our Norwalk Chamber Ambassador Team visits our members bi-monthly to deliver their membership renewal package and meet up with our members. Visiting a business at their location allows our team to see how the business is doing, find out if there are any issues that the Chamber can help with and connect to them in person on a regular basis. Norwalk Chamber Ambassadors are the out-reach arm of the Chamber and provide support to our members and staff. We welcome any member to attend our business visits with us, as this gives you an opportunity to directly connect with potential new customers or get to know other members of the Chamber. Our Ambassador Team also participates in Chamber events by welcoming attendees and introducing guests to our members. If you are interested in finding out more about our business visit or our Ambassador program, reach out to the Chamber at info@norwalkchamber.com for additional details.



Visiting Budget Car Sales & Rentals to deliver their 31-year membership renewal. Pictured here (l to r) Ambassador Craig Wicks, Budget Car Sales, Ambassador Chair Karla Butler, Thompson & Associates, Ambassador Mary Montes, C & E Upholstery, David Gallardo and Janelle Garcia, Budget Car Sales & Rentals.



Accepting his 19 year membership renewal is Board Member Tracy Polley of Kelco Sales. Also pictured here are Mary Montes, C & E Upholstery and Karla Butler, Thompson & Associates.



Visiting Outback Restaurant to provide their 22-year membership renewal. In this photo are (l to r) Board Member and Ambassador Chair Karla Butler, JJ Mastopietro, Outback Partner and Mary Montes, C & E Upholstery.

LABOR LAW CORNER

Are meal break requirements determined by the total length of an employee's shift, or by the number of hours the employee actually works?

Meal break requirements in California are determined by the number of hours an employee actually works each day. The length of the employee's assigned shift may be longer than the number of hours actually worked in a few situations.

Basic Meal Break Requirements

First, let's take a look at the basic meal break requirements for nonexempt employees in California:

- An employee who works more than 5 hours is required to take to an unpaid meal break of at least 30 minutes. The employer and employee can mutually agree to waive the meal break so long as the employee works no more than 6 hours.
- A second 30-minute meal break is required if the employee works more than 10 hours. However, that second meal break may be waived by mutual consent so long as the employee works no more than 12 hours and as long as the first meal break of the day was actually taken.

Shift Length vs. Hours Worked

Confusion over meal break requirements can arise when comparing shift length to hours worked. When calculating hours worked, we look at the total shift length and subtract out any unpaid meal periods or other time off. Consider the following example:

- Joe is scheduled to work from 8 a.m. to 6:15 p.m., which is 10 hours and 15 minutes. Because Joe is scheduled for more than 6 hours, he of course must take at least one 30-minute meal break. But since Joe's shift is 10 hours and 15 minutes long, is he then entitled to a second meal break? The answer is no, since Joe actually worked only 9 hours and 45 minutes because he took a 30-minute meal break.

The law looks to how many hours the employee actually worked, not the total number of hours of the assigned shift. It's important to remember though that all required 10-minute rest breaks do count as time worked for calculating meal break requirements, even though employees are not working during their rest breaks.

Another situation that sometimes causes confusion is where an employee takes time off during the day, such as for a medical appointment, and uses paid leave time:

- Jane regularly works an 8-hour day from 8 a.m. to 4:30 p.m., and normally takes a half-hour lunch around noon. If Jane was planning to leave work at noon for a medical procedure and use sick leave for the rest of the day, she would not be entitled to a meal break because she would be working less than 5 hours. Although Jane would be paid 8 hours for the day (4 hours worked plus 4 hours of sick leave) she would not actually work enough hours to trigger the meal break requirement.

It's important to note that there are exceptions to these general meal break requirements in certain industries, such as health care and construction, as well as under some collective bargaining agreements.

By Ellen Savage

PIH Health Physicians Honored for High-Quality, Affordable, Patient-Centered Care

Integrated Healthcare Association's 2022 Excellence in Healthcare Award Recognizes Provider Organizations for Achieving Top Marks Simultaneously on Quality, Patient Experience and Cost

Whittier, Calif. (December 9, 2022) – PIH Health Physicians is one of a few physician organizations statewide to receive the 2022 Excellence in Healthcare Award from the Integrated Healthcare Association (IHA) for top performance on clinical quality, patient experience and cost measures. This is the sixth time PIH Health Physicians has received this recognition.

"It is an honor to once again be recognized for improving healthcare quality, making sure patients have a positive experience while working to keep care affordable," said Roberto Madrid M D, vice president of Medical Operations, PIH Health Physicians. "This award is a testament to our dedicated and hardworking physicians, advance practice professionals, nurses, staff and leadership team and their commitment to the communities we serve and putting our patients first."

A key component of IHA's statewide Align. Measure. Perform. (AMP) Program, the Excellence in Healthcare Award recognizes provider organizations that perform in the top 50 percent in all three major AMP areas: clinical quality, patient experience and total cost of care.

Of the nearly 200 provider organizations statewide participating in the AMP Program, only 27 attained Excellence in Healthcare Award performance standards for 2022, based on AMP results for measurement year 2021. The award was presented on Dec. 8 at IHA's Annual Stakeholder Conference.

IHA President and CEO Jeff Rideout, MD commended the top performers, saying, "IHA is proud to recognize provider organizations that are truly leading the way to high-quality, affordable, patient-centered care."

About PIH Health

PIH Health is a nonprofit, regional healthcare network that serves approximately 3.7 million residents in the Los Angeles County, Orange County and San Gabriel Valley region. The fully integrated network is comprised of PIH Health Downey Hospital, PIH Health Good Samaritan Hospital, PIH Health Whittier Hospital, 35 outpatient medical office buildings, a multispecialty medical (physician) group, home healthcare services and hospice care, as well as heart, cancer, digestive health, orthopedics, women's health, urgent care and emergency services. The organization is recognized by Watson Health as one of the nation's Top Hospitals, and College of Healthcare Information Management Executives (CHIME) as one of the nation's top hospital systems for best practices, cutting-edge advancements, quality of care and healthcare technology. PIH Health is also certified as a Great Place to Work®. For more information, visit or follow us on Facebook, Twitter, or Instagram.


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