

### REAL MEN WEAR PINK BECOMES LOS ANGELES COUNTY WEARS PINK

October is National Breast Cancer Awareness Month and we here in Norwalk are doing our part to promote, educate and support those that are battling this disease and all other cancers. And we invite you all to participate! We have City Leaders who are participating in "Los Angeles County Wears Pink", (formerly Real Men Wear Pink) while businesses and residents support the campaign by donating or purchasing from one of the restaurants who are participating with a fundraising night! Each of you can do your part to help by lighting the sky up with pink porch lights, pink ribbons on your trees or wearing your best pink clothes this month. Stay tuned for news from our leaders as they challenge others around the county to help raise funds for the fight. Look for canisters to put your change into as you shop local, because every penny helps! We work together to bring awareness of not only resources for fighting breast cancer, but fighting all cancers! Visit [www.cancer.org](http://www.cancer.org) if you need support as a fighter, survivor, or supporter. Our Kick Off event for National Breast Cancer Awareness Month was on Monday, October 3rd at Starbucks Restaurant. At this event we handed out canisters, provided information on resources and had great conversations about the importance of early detection.

As we head into National Breast Cancer Awareness Month, we want to remind you about the importance of getting your cancer screenings. Finding breast cancer early and getting state-of-the-art cancer treatment are two of the most important strategies for preventing deaths from breast cancer. Breast cancer that's found early, when it's small and has not spread, is easier to treat successfully. Getting regular screening tests is the most reliable way to find breast cancer early. The American Cancer Society has screening guidelines for women at average risk of breast cancer, and for those at high risk for breast cancer. When you follow the suggested screening timelines you can catch this disease in its early stages and that gives you a potentially better outcome from a cancer diagnosis. If you visit [www.cancer.org](http://www.cancer.org) the American Cancer Society has a timeline of when you should be screened for different cancers. Below you will find information about screenings for breast cancer.

#### Breast cancer

- **Women between 40 and 44** have the option to start screening with a mammogram every year.
- **Women 45 to 54** should get mammograms every year.
- **Women 55 and older** can switch to a mammogram every other year, or they can choose to continue yearly mammograms. Screening should continue as long as a woman is in good health and is expected to live at least 10 more years.
- **All women** should understand what to expect when getting a mammogram for breast cancer screening – what the test can and cannot do.
- **All women** should be familiar with the known benefits, limitations, and potential harms linked to breast cancer screening.

Studies show that you can help reduce your risk of cancer by making healthy choices like eating right, staying active and not smoking. But they also show that it is important to follow recommended screening guidelines. This behavior can help detect certain cancers early and the earlier that cancer is detected the better the chance you have to have a positive outcome for survival.

One thing to remember is that men can get breast cancer also. While not as common as in women, it still happens. Aging is an important risk factor for the development of breast cancer in men. The risk of breast cancer goes up as a man ages. On average, men with breast cancer are about 72 years old when they are diagnosed. Possible symptoms of breast cancer to watch for include:

- A lump or swelling, which is often (but not always) painless
- Skin dimpling or puckering
- Nipple retraction (turning inward)
- Redness or scaling of the nipple or breast skin
- Discharge from the nipple

Similar guidelines and strategies for men to reduce the risk of getting cancer include maintaining a healthy weight, avoid or limit alcohol and be physically active.

As we get head into October, we encourage you all to light up your life with PINK! From pink porch lights, to pink ribbons on your trees and even pink hair, you can all promote the "LA County Wears Pink." There will be opportunities to participate in fundraising activities at our local restaurants, you can get a coin canister and put it on your desk at work and invite others to contribute or you can just encourage someone you know to take advantage of the resources provided by the American Cancer Society.

We are also holding different restaurant fund raising days during the month of October to help raise funds for breast cancer awareness and support. Restaurants taking part in this year's activities are Chick-fil-A, Mr. Rosewood Family Restaurant, Don's Teriyaki Grill, and So-Cal Pizza. You can view the different fundraising dates on the flyer that is included in this month's newsletter.

Leaders that are participating in the "Los Angeles County Wear Pink" activities include Norwalk City Manager Jesus Gomez, Cerritos College President, Dr. Jose Fierro, Dr. William Crean, Superintendent Little Lake City School District, and Norwalk Chamber Board Member Jason Perez, Mr. Rosewood Family Restaurant.

If you would like additional information about cancer screenings, resources, support or to get a collection canister contact Lawrence Sandoval by email at [lawrence.sandoval@cancer.org](mailto:lawrence.sandoval@cancer.org).



Helping Kick Off National Breast Cancer Awareness Month are (l to r) Allan Perdomo, City of Norwalk Director Recreation & Park Services, Jose Rios, NLMUSD School Board Member, Rich LeGaspi, Board President Norwalk Chamber and Norwalk City Manager Jesus Gomez.



Bringing awareness to the community about breast cancer screenings and resources are (l to r) City Council Member Margarita Rios, Larry Sandoval, American Cancer Society and City Council Member Jennifer Perez.



Attendees at the Kick Off for Norwalk and Los Angeles County Wears Pink. In this photo are Norwalk Mayor Rick Ramirez, Council Members Jennifer Perez and Margarita Rios, City Manager Jesus Gomez, Norwalk La Mirada USD Board Member Jose Rios and Little Lake City School Board Member Gina Ramirez, along with Sheriff Captain Chris Johnson and Norwalk Chamber Board President Rick LeGaspi.

Norwalk Chamber of Commerce  
14783 Carmenita Road, Norwalk, CA 90650

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OCTOBER 2022



Starbucks Coffee getting ready for the "Paint the Town Pink" Coffee Kick-off.



Norwalk Sheriff Officers attending the Kick Off for "Paint the Town Pink." In this photo are Lieutenant Noe Garcia, Captain Chris Johnson and Council Member Margarita Rios.

**NORWALK CHAMBER BUSINESS CONNECTIONS (NCBC) is the Official Publication of the Norwalk Chamber of Commerce.**

**Norwalk Chamber of Commerce**

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info@norwalkchamber.com

**Facebook:**

http://on.fb.me/oB5EUM

**PRESIDENT**

**RICH LEGASPI**

**EXECUTIVE DIRECTOR**

**EDITOR, NCBC**

**CAREN SPILSBURY**

**CALENDAR OF EVENTS**

**Friday, October 7th**

7th Annual Fall Festival

5:30pm to 10pm

So Cal Pizza

**Sunday, October 9th**

Thinkers 4 Autism Fall Fun Festival

1pm to 5pm

Norwalk Arts & Sports Complex

**Monday, October 10th**

Mayor's Inspirational Breakfast

9am

City Hall Lawn

**Wednesday, October 12th**

Cerritos College State of the College

11am to 1pm

Multi Chamber Mixer

Rose Hills Memorial Park

**Thursday, October 13th**

Paint the Town Pink Fundraiser

Mr. Rosewood Family Restaurant

**Saturday, October 15th**

Arturo Sanchez Sr. Halloween Parade

11am to 1pm

**Wednesday, October 19th**

Paint the Town Pink Fundraiser

Don's Teriyaki Grill

**Thursday, October 20th**

City Council Candidates Forum

6pm to 8pm

Norwalk City Council Chambers

**Friday, October 21st**

Annual State of the City Luncheon

Norwalk Arts & Sports Complex

11:30am

**Wednesday, October 26th**

Paint the Town Pink Fundraiser

So-Cal Pizza

**SPONSORS**



**RENEWING MEMBERS**

**Renewing Members**

The following companies and individuals renewed their membership with the Norwalk Chamber of Commerce and the services we provide are made possible by their support.

**47 Years**

**Golf n' Stuff**

Ken Garcia

562-868-9956

[www.golfnstuff.com](http://www.golfnstuff.com)

**45 Years**

**Norwalk Realty**

Gordon Stefenhagen

562-868-3201

[bluecamino85@yahoo.com](mailto:bluecamino85@yahoo.com)

**43 Years**

**Norwalk Auto Auction**

Louis Rudich

562-864-7464

<https://www.norwalkautoauction.com>

**37 Years**

**Costco Wholesale**

Manager

562-929-0826

[w410mk01@costco.com](mailto:w410mk01@costco.com)

**34 Years**

**Doubletree by Hilton, Norwalk Los Angeles**

Orlando Salazar

562-863-5555

[www.losangelesnorwalk.doubletree.com](http://www.losangelesnorwalk.doubletree.com)

**33 Years**

**Community Family Guidance Center**

Bill Sinko

562-924-5526

[www.cfgcenter.com](http://www.cfgcenter.com)

**31 Years**

**Budget Car Sales & Rentals**

Phil Arey

562-407-2800

<https://budgetnorwalk.com/>

**22 Years**

**Outback Restaurant**

JJ Mastopietro

562-863-8908

**21 Years**

**F.O.C.I.S**

Reggie Bowie

562-929-6034

[reggie@newharvestnorwalk.com](mailto:reggie@newharvestnorwalk.com)

**19 Years**

**Kelco Sales**

Tracy Polley

562-868-9861

[info@kelcosales.com](mailto:info@kelcosales.com)

**13 Years**

**St. Linus Catholic Church**

Ana Engquist

562-921-6649

<https://stlinus-church.org/>

**10 Years**

**All American Trophy & Engraving**

Paul Purdum

323-725-1962

[www.aatrophyc.com](http://www.aatrophyc.com)

**5 Years**

**Athens Services**

Iso Nakasato

626-594-4415

[www.athensservices.com](http://www.athensservices.com)

**NEW MEMBERS**

**Chick-fil-A 605 & Fireston**

**Christopher Schiyley**

10710 Firestone Blvd.

Norwalk, CA 90650

562-239-4049

[05051@chick-fil-a.com](mailto:05051@chick-fil-a.com)

**NORWALK CHAMBER BUSINESS VISITS**

Norwalk Chamber Ambassadors are the "goodwill" arm of our Chamber. They spend time visiting our businesses, meeting our new members and providing support to Chamber Staff at our different events. The last Friday of each month is a time when our Ambassadors spend time in the community meeting our members, sharing information about networking opportunities and bringing their membership renewal to them. If your business would like a personal visit from the Norwalk Chamber Ambassadors Team, reach out to the office by email at [info@norwalkchamber.com](mailto:info@norwalkchamber.com) so that we can schedule a time to drop by in person! In addition to all of this, our Ambassador Team is at almost every Ribbon Cutting event welcoming new businesses to the City and the Chamber. Check our calendar for our Ribbon Cutting events so that you can also meet these new businesses.



Visiting Golf n' Stuff to bring their 47-year membership renewal plaque. Pictured here (l to r) Ambassador Joe Derthick, Ken Garcia, GM Golf n' Stuff, Kaitlyn Lochner of Golf n' Stuff, Ambassador Co-Chair Irma Macias, Community Family Guidance Center and Ambassador Co-Chair, Karla Butler, Thompson and Associates.



Visiting our Member Farmers & Merchants Bank. Pictured here is Branch Manager John Casillas with Joe Derthick, Karla Butler and Irma Macias.



Visiting Norwalk La Mirada USD to bring their membership renewal. In this photo are Ambassador Joe Derthick, Dr. John Lopez, Superintendent NLMUSD, Board Member Karla Butler, Thompson and Associates and Ambassador Irma Macias, CFGC.



Our Ambassador Team visiting C & E Upholstery, a new Norwalk Chamber Member and giving them their membership plaque. Mary Montes is sharing the great work they do with our Ambassador Team.

## MESSAGE FROM THE PRESIDENT



Dear Norwalk Chamber Members,

Well, this year has been going by so fast and our 7th Annual Fall Festival is only the beginning of many events that are coming up for the Chamber and the community. To stay informed about upcoming Chamber events, be sure and visit our website and check our calendar.

October is National Breast Cancer Awareness month, and Norwalk Chamber partners with the City of Norwalk and the American Cancer Society to "Paint the Town Pink" each year. We have members that are helping to raise funds in the fight against this disease. Thank you to Chick-fil-A, Mr. Rosewood Family Restaurant, Don's Teriyaki Grill and SoCal Pizza for stepping up again this year to host a fundraiser.

We also have a "Day of the Dead" Bingo on November 4th at Diana's Mexican Restaurant. And save the date in December for our always fun Holiday Mixer at the Norwalk Arts & Sport Complex on December 7th. Come mix and mingle with other Chamber members and don't forget to tell Santa what you want for Christmas.

Lastly, we encourage you to get to know our many new members that have joined the chamber this year. Each month they are listed in our Chamber newspaper with their contact information so that you can reach out and welcome them to the Chamber. And if you know of a business that may be interested in joining the Chamber, please let them know our contact information and let us know who they are! We are always ready to welcome new members into the Norwalk Chamber of Commerce.

Be safe and have a great month.

Respectfully,

*Rich LeGaspi*  
2022-2023 President, Norwalk Chamber of Commerce  
TNT Fireworks

### COFFEE WITH A COP

Yoon McDonalds (corner of Imperial and Norwalk Blvd.) hosted a "Coffee with a Cop" for the Norwalk Community. New owner Patty Yoon worked with the City of Norwalk Public Safety Department to schedule this great networking opportunity for the Community. Patty was joined by our new Sheriff Captain Chris Johnson, and many members of his Sheriff Team and our Norwalk Public Safety Officers. Also attending were Norwalk Mayor Rick Ramirez and Council Members Jennifer Perez and Margarita Rios. Many members of the community also attended and were able to meet the new Norwalk Station Captain. Thank you to Patty and Yoon McDonalds for hosting this community event. For future events, visit the City of Norwalk website or Social Media pages.



Attending the Coffee with a Cop at McDonalds. Pictured here (l to r) City Council Member Jennifer Perez, McDonald's Owner Patricia Yoon, City Council Member Margarita Rios, City Manager Jesus Gomez, Norwalk Sheriff Captain Chris Jonson and Norwalk Mayor Rick Ramirez.



Norwalk Public Safety Officers attending the Coffee with a Cop event.



Attending the Coffee with a Cop at McDonalds are City leaders, Public Safety Officers, Sheriff Officers and the McDonald's Team.



Getting ready for the ceremony at St. Linus School are (l to r) Ambassador Joe Derthick, Board President Rich LeGaspi, The Most Reverend Marc Trudeau, Board Members Dora Sandoval and John Alba, St. Linus Principal Ms. Thu Do, M. Ed., City Council Member Jennifer Perez, Mayor Rick Ramirez, Deacon Mario Guerra, Deacon Francisco Gonzalez and Board Member Gary Murphy.

### RIBBON CUTTINGS IN NORWALK

Community Legal Services has relocated to their new facilities in Norwalk. Previously located on Firestone Blvd, they are now in Norwalk Corporate Plaza located at 12501 Imperial Hwy, Suite 250 in Norwalk. Community Legal Aid SoCal is dedicated to meeting the legal needs of low-income people throughout Orange and Southeast Los Angeles Counties. With an emphasis on innovation, language access, and a holistic approach to client care, they support clients with the following services: Evaluation, Advice, and Counsel, Clinics, Workshops, and Self-Help Centers, Direct Representation, Impact Litigation, and Policy Advocacy. Founded as the Legal Aid Society of Orange County in 1958, they began serving 18 cities in southeast Los Angeles County in 1984.

On their 60th anniversary in 2018 they became Community Legal Aid SoCal and continue to serve the Norwalk area today. Contact them at 1-800-834-5001 if you have need of their services.



Officially cutting the Ribbon for the Grand Opening of the new facility.



Presenting a certificate from State Senator Bob Archuleta to Community Legal Aid SoCal. Pictured here are (l to r) Amy Goldman, Anthony Filer, and Kate Marr of CLA SoCal, Fred Zermeno, Field Director for Senator Bob Archuleta and Board President Rich LeGaspi, Norwalk Chamber.



Presenting a certificate of behalf of Assembly Member Lisa Calderon to CLA SoCal. Pictured here (l to r) Amy Goldman, Anthony Filer, and Kate Marr of CLA SoCal, Lucy Rodas, State Farm Insurance, and Chamber President Rich LeGaspi, TNT Fireworks.



Getting ready to open their offices in the new location for CLA SoCal, holding the Ribbon are Board Past President Jose Rios, Board President Rich LeGaspi, Directing Attorney Anthony Filer and Executive Director Kate Marr.



Chamber members at the Grand Opening of Community Legal Aid So Cal with Directing Attorney Anthony Filer are (l to r) Board President Rich LeGaspi, Ambassador Joe Derthick and Board Members Dora Sandoval and Lucy Rodas.

### GRAND RE OPENING OF ST. LINUS SCHOOL

On Sunday, September 11th, St. Linus School held their grand re opening of their school facilities. The event was led by MC Norwalk City Council Member Jennifer Perez, who is an alumnus of St. Linus School. Attending the event were Bishop Marc V. Trudeau, Deacons Mario Guerro and Francisco Gonzalez, Dr. Thom Gasper, Regional Superintendent (Department of Catholic Education), Norwalk Mayor Rick Ramirez, Norwalk City Council Member Jennifer Perez, Norwalk Chamber Board Members, Ambassadors and many alumni and current students of St. Linus School and their families. The national anthem was sung by student Olivia Rojas and then the school was blessed by Bishop Trudeau. After hearing from Norwalk Mayor Rick Ramirez and keynote speaker Dr. Thom Gasper, the Ribbon was cut and tours of the newly renovated classrooms were given. To find out more about St. Linus School visit [www.stlinuslions.com](http://www.stlinuslions.com).



Celebrating at St. Linus School are City Council Member Jennifer Perez, Chamber Ambassador Sue Arthur and St. Linus Alumni Debbie Walker.



Officially cutting the Ribbon for the Grand Re Opening of St. Linus School.

## LUTEC HIGH SCHOOL OFFICIALLY OPENS IN NORWALK

On Saturday, September 24th a new high school officially opened in Norwalk. LuTEC High School is a private Christian school that has opened at 11943 Rosecrans Ave. in Norwalk. At LuTEC, they strive to train students to be disciples of Christ through individualized, flexible and practical education that is technologically rich, educationally relevant and career ready. LuTEC High School has learning pathways which include technology-based learning that includes classes in graphic design, robotics, coding, and more. They are also student centered in their learning which offers students the opportunity to choose the classes they want to take with a schedule that works. LuTEC offers pathways that will equip students to be ready for life after High School no matter which path they choose. Whether it is college, university, a trade school or right into the workforce. LuTEC uses different educational pathways coupled with a technologically rich environment to help students be career ready.

They are a part of Pacific Southwest District of The Lutheran Church Missouri Synod, which operates the second largest parochial school system in the U.S. with over 1,800 schools and serving over 140,000 students. To find out more about LuTEC High School contact them at 562-204-6538 or visit them online at [www.lutec.org](http://www.lutec.org).



Officially cutting the ribbon at LuTEC High School.



Presenting their new member plaque to LuTEC High School. Pictured here are (l to r) Norwalk Vice Mayor Ana Valencia, Council Member Jennifer Perez, Chamber Board President Rich LeGaspi and Todd Moritz, Director LuTEC High School. *Photo courtesy of City of Norwalk*



Presenting a City of Norwalk Business Spotlight Award to LuTEC Director Todd Moritz are Council Member Jennifer Perez and Vice Mayor Ana Valencia. *Photo courtesy of City of Norwalk*



Pictured with LuTEC Academic Learning Guide Darlene Puente is Council Member Jennifer Perez. *Photo courtesy of City of Norwalk*



Getting ready for the Building Dedication and Ribbon Cutting are (l to r) Norwalk Public Safety Director Dennis Kato, Chamber Board President Rich LeGaspi, Norwalk City Council Member Jennifer Perez and LuTEC Founding Director Todd Moritz.

## PIH HEALTH RECEIVES ACCREDITATION FROM COLLEGE OF AMERICAN PATHOLOGISTS

Whittier, Calif. (September 23, 2022) – The College of American Pathologists (CAP) has awarded accreditation to PIH Health Whittier Hospital in recognition of their overall excellence and adherence to safety standards based on results of a recent on-site inspection.

“PIH Health is truly honored to be recognized by the College of American Pathologists for the scope of high-quality healthcare provided by our pathologists and laboratory professionals,” said Peter Truong MS CLS MT(ASCP/AMT), director of the Pathology and Laboratory Department at PIH Health Whittier Hospital. “This accreditation reinforces our ongoing commitment to the constant surveillance of laboratory measures to deliver high quality test results for the benefit of our patients and the physicians who treat them.”

PIH Health Whittier Hospital is one of more than 8,000 CAP-accredited facilities worldwide to receive this national recognition.

“We are proud to offer nationally recognized services to our community,” said James R. West, PIH Health president and chief executive officer. “This achievement is well deserved and demonstrates PIH Health’s dedication to meeting standards of excellence, as well as the outstanding contributions of the Pathology and Laboratory department in providing the highest quality services for our patients.”

The U.S. federal government recognizes the CAP Laboratory Accreditation Program, begun in the early 1960s, as being equal-to or more-stringent-than the government’s own inspection program.

During the CAP accreditation process, designed to ensure the highest standard of care for all laboratory patients, inspectors examine the laboratory’s records and quality control of procedures for the preceding two years. CAP inspectors also examine laboratory staff qualifications, equipment, facilities, safety program and record, and overall management.

“The CAP is pleased to recognize PIH Health Whittier Hospital as meeting the high standard set as part of the CAP’s Laboratory Accreditation Program,” said Richard M. Scanlan MD FCAP, chair of the CAP’s Council on Accreditation. “PIH Health Whittier Hospital joins the thousands of others that are committed to raising the quality of laboratory services nationally and internationally.”

## NETWORKING WITH THE NORWALK CHAMBER

### OUTBACK RESTAURANT AFTER HOURS MIXER

Norwalk Chamber hosted an After Hours Mixer on September 28th, at Outback Restaurant. Attending the event were many Board Members and Ambassadors, along with business and community leaders. Thank you to JJ Mastopietro, Proprietor, for hosting our Chamber at this traditional event. As we continue to head into better news on the COVID front, the Norwalk Chamber is looking forward to having more in person events, so be sure and check out our Chamber website calendar for upcoming opportunities to network in Norwalk!



Networking at the Outback Mixer are Essen Menijvar of Kustom Made Graphics and Past President Jose Rios, TNG Realty.



Sharing information about the upcoming Halloween Parade are Arturo Sanchez Jr, Ofi Sanchez and Ivette Gonzalez of Rose Hills Memorial Park.



Networking in Norwalk is Lucy Barcelos of Primerica and Alisa and Christopher Schivley, Operator Chick-fil-A A I-5 & Firestone FSR.



Board Member Gordon Stefenhagen, Norwalk Realty with Marilee Stefenhagen of Soroptimist International Norwalk/SFS.

## SAVE THE DATE

**Thursday, Oct 27th**  
Coffee & Conversation  
Chick-fil-A Norwalk  
9am

**Thursday, Oct 27th**  
NLMUSD College & Career Expo  
John Glenn High School  
6pm to 8pm

**Friday, Nov. 4th**  
Day of the Dead  
Bingo

**Wednesday, Dec. 7th**  
Annual Holiday Mixer

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