

The Norwalk Patriot

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Homeless living along 105 Freeway to receive access to housing

■ A \$51.5 million state grant will allow L.A. County to house people over the next three years.

NORWALK – Los Angeles County has been awarded a \$51.5 million state grant to expand its Pathway Home program and help nearly 600 people living along the 105 Freeway and nearby riverbeds access housing and services over the next three years, with the ultimate goal of ending their homelessness.

They would be added to the nearly 600 people the county has already enrolled in Pathway Home since its launch in August 2023.

The county applied jointly with the Los Angeles Homeless Services Authority (LAHSA) for the Encampment Resolution Funds (ERF) to address one of the largest groups of encampments on the state's right of way: the I-105 corridor from West Athens to Norwalk. The surrounding community has been disproportionately impacted by homelessness and poverty and endangered by flooding.

Pathway Home is an encampment resolution program that is a critical component of the County's comprehensive response to the local emergency on homelessness adopted by the Board of Supervisors in 2023. By leveraging emergency powers and partnerships with local jurisdictions, Pathway Home is a full-circle solution that brings people off the streets into immediately available



L.A. County will work to house nearly 600 people living along the 105 Freeway from Norwalk to West L.A. after receiving a \$51.5 million state grant.

(MediaNews Group/Long Beach Press-Telegram via Getty Images)

interim housing accompanied by a comprehensive suite of supportive services and, ultimately, into safe, permanent homes.

Combined with \$16 million in existing Measure H and other local funds, the grant will be used to conduct Pathway Home operations along the I-105 corridor and nearby riverbeds in south and southeast Los Angeles, where people are surviving in tents, RVs, and other makeshift structures, particularly where the freeway crosses the LA and San Gabriel Rivers.

This project will impact the communities of West Athens, Willowbrook, Downey,

Norwalk, South Gate, Lynwood, Santa Fe Springs, and Los Angeles. It will also impact the areas near several LA Metro stations.

The program will include securing interim housing such as motel rooms, master leasing permanent housing, and disposing of about 60 unsafe and uninhabitable recreational vehicles (RV's). It will also pay for rental subsidies, housing navigation, case management, life skills development, and other services.

"The support from our local cities all the way to Sacramento for essential funding needed to end our homelessness crisis shows the importance of

addressing homelessness LA County if we are going to make a significant impact across the state," said Supervisor Holly Mitchell, Second District.

"This money, along with the collaboration we are seeing at the local level, are essential to the continued success of LA County's Pathway Home program. We are removing more disabled RVs and, most importantly, urgently working to provide housing and stability to our neighbors experiencing homelessness."

Led by the Los Angeles County Homeless Initiative, 14 Pathway Home operations have been conducted in Compton, East Gardena, Hawthorne,

Inglewood, Lennox, Long Beach, Lynwood, Pomona, Signal Hill, Santa Monica, Walnut Park, West Rancho Dominguez, the City of LA, as well as for riverbed evacuees from the storm, Hilary. Since launching in August 2023, Pathway Home has helped 562 participants move into interim housing, and 95 into permanent housing. The program has also contributed to the removal of 302 unsafe RVs from public roadways.

"In the months since we launched Pathway Home, I have seen how effective this new strategy is in bringing people inside and at the same time dealing with the encampments that communities have struggled with," said Supervisor Janice Hahn, Fourth District. "The people of LA County want to see progress. This is the kind of strategy we need to double-down on, and with this new state funding we will be able to bring hundreds of people inside who have been living in sprawling encampments along the 105 freeway."

"We are grateful to Governor Newsom and the state of California for their continued support as we move forward with our all-hands-on-deck emergency response to homelessness," said LA County Chief Executive Officer Fesia Davenport.

"We can't do it alone and these vital resources will enable us to build on the successes we are already having bringing people inside through the Pathway Home program."

Downey balks at YMCA request for \$1 million

■ Council members expressed a desire to help the YMCA but it's unclear how much.

By Alex Dominguez
Staff Writer

DOWNEY – Tempers flared Tuesday over a City Council discussion on whether or not the city should give further financial contribution towards the new Kolar Family YMCA.

The YMCA is currently trying to raise \$20 million to build its new facility. Demolition of the existing building is scheduled to take place this year, with construction starting in 2025 and opening targeted for 2026.

However, the over \$14 million that the organization had raised and pledged so far recently took a significant hit when the \$3 million in federal

funds that Rep. Robert Garcia had initially sought on their behalf was scaled down by Congressional Republicans to \$850,000.

The setback comes at a time when the YMCA is already on a tight deadline.

"We need to be at around \$16 million by July in order to possibly receive a \$2.5 million tax credit," said Downey YMCA board member Steve Roberson, who addressed the council Tuesday. "Our board and our volunteers, we're working in the community right now, reaching out to past donors. We hope to raise \$1 million in that process... but that still only gets back to around \$13.5 million."

The city council expressed a willingness to consider giving the Y some of the money it is still lacking. Where council members differed was on how

much and when to commit.

Councilmember Claudia M. Frometa said that the YMCA was "something we want to see rebuilt" but acknowledged that the city had already helped the organization previously.

She added that "it would be foolish to throw out a number."

"I do want to remind our community that at our meeting on Nov. 14, this city council approved to waive \$296,000 in city fees so that the Y can move forward with the development," said Frometa. "Frankly, I am very torn. I don't think that we can come up with a figure at this point in time, but I want to do what the residents really want us to do."

"I think about where we are with public safety, and I think

about where we are with more police officers. We need to look at our budget."

Frometa also mentioned a looming expansion of the Columbia Memorial Space Center, which is expected to cost millions of dollars.

Councilman Horacio Ortiz called himself "a product of the YMCA," saying he wanted to "be part of that lead and help."

"It's true, right now we can't figure out a number of what we can do as a city council," Ortiz said. "I don't think it's fair to throw out numbers right now, given the deadline that they have. But I do want to go on record to say that I do, as a council, I want to help in some way, in some capacity."

Mayor Mario Trujillo was emphatic in his desire to award the YMCA \$1 million.

Weekend at a Glance

Friday 70°

Saturday 74°

Sunday 74°

ON THIS DAY

1607:

The first permanent English settlers in North America landed at Cape Henry, Chesapeake Bay, and they later formed Jamestown.

1865:

Twelve days after assassinating President Abraham Lincoln, John Wilkes Booth was killed at a Virginia farm by a federal soldier.

1963:

In Libya, women gained the right to vote.

1977:

New York City's famous nightclub Studio 54 opened, with opening night guests including Michael Jackson, Elton John, Cher and Donald Trump.

1982:

Singer Rod Stewart was mugged on Hollywood Boulevard, with a gunman taking his \$50,000 Porsche.

1986:

A devastating environmental catastrophe occurred when an explosion and fire at the Chernobyl nuclear power plant in Ukraine released large amounts of radioactive material into the atmosphere.

1989:

Lucille Ball—a longtime comedy star of American television, best remembered for her classic comedy series I Love Lucy—died at the age of 77.

1992:

The final episodes of "Who's the Boss?" and "Growing Pains" aired on ABC.

1993:

NBC announced Conan O'Brien would replace David Letterman, who had moved to CBS.

1994:

Nelson Mandela was elected the first president of South Africa.

2018:

Bill Cosby was found guilty of drugging and sexually assaulting a woman, and he later received a sentence of 3 to 10 years in prison; his conviction, however, was overturned in 2021.

BIRTHDAYS

Actress and singer **CAROL BURNETT** (91), action star **JET LI** (61), actor and comedian **KEVIN JAMES** (59), wrestler **KANE** (57), former First Lady **MELANIA TRUMP** (55), actor **CHANNING TATUM** (44), former prisoner of war **JESSICA LYNCH** (41), "Hot Ones" host **SEAN EVANS** (38) and baseball slugger **AARON JUDGE** (32).

Paging Dr. Frischer...

By Dr. Alan Frischer

What's the difference between antiperspirants and deodorants? Are they safe?

We use deodorants and antiperspirants because of moisture and odor. Sweat is the body's cooling mechanism, and our armpits have a higher density of sweat glands than do other areas of the body. Sweat itself doesn't have a strong odor, but it is broken down by bacteria, which then produce an odor. The moist warmth of the armpit is an ideal environment for bacteria.

Antiperspirants and deodorants work in different ways to reduce body odor. Deodorants work to eliminate armpit odor, but not sweat. Antiperspirants reduce sweat. Deodorants are typically alcohol-based, and increase skin acidity, which makes the skin less attractive to bacteria. They also contain perfume to mask odor. The Food and Drug Administration considers deodorants to be a cosmetic product, while antiperspirants are treated as a drug.

Antiperspirants usually include aluminum-based

compounds that reduce the amount of perspiration by temporarily blocking sweat pores. Are there risks associated with using them?

A few studies have theorized that if the skin absorbs these aluminum-based compounds, the estrogen receptors of breast cells might be affected, leading to an increased risk of breast cancer. It has been noted that most breast cancers develop in the upper outer portion of the breast, which is the area closest to the armpit, where antiperspirant is applied. However, multiple studies have found that cancer tissue in those who use antiperspirants does not appear to have a higher concentration of aluminum, and at this time, the American Cancer Society has found no link between cancer and the aluminum in antiperspirants.

Studies from the 1960's found high levels of aluminum in the brains of those suffering from Alzheimer's disease. That research called into question the safety of everyday household items such as aluminum cans, antacids...and antiperspirants. Subsequent studies did not support those concerns, and any connection

between aluminum and Alzheimer's disease has since been disproved.

An FDA warning appears on antiperspirant labels, which states: "Ask a doctor before use if you have kidney disease." Experts believe that it is almost impossible to absorb enough aluminum through the skin to harm the kidneys. However, because a poorly functioning kidney is not able to remove aluminum, those with chronic kidney disease should indeed avoid antiperspirants.

What about deodorant? (Note, by the way, that most antiperspirants also contain deodorant.) Deodorants do indeed contain chemicals which show up in fat cells.

Parabens are a group of chemicals used as preservatives. Although it's possible that these chemicals may interfere with the way the body produces and regulates estrogens, the American Cancer Society and the National Cancer Institute say that there is no conclusive evidence linking them to any significant problems.

Triclosan prevents bacterial contamination and kills bacteria on the skin. While some research points to a potential problem among amphibians and fish, there is no evidence that triclosan poses any problem in humans.

Phthalates help deodorant and other cosmetics stick to the skin. While it is possible that they may have an effect on the way the body produces and uses testosterone, there is no significant evidence of harm seen in studies to date.

There are possible issues with fragrances. Fragrances are formulated from a wide variety of chemicals, and certain individuals might react to any one of these chemicals. The specific ingredients in fragrances are not regulated.

My conclusions? While the major scientific professional organizations we rely on state that no harmful effects have been shown, we all can decide for ourselves. The only sure strategy to avoiding any potential harm is to stop using these products, choosing only natural products that are free of phthalate, paraben, triclosan, and fragrance. Personally, these issues do not unduly concern me.



Staff and executive officials cuts the ribbon on Kaiser Permanente's new Bellflower Radiation Oncology Center on Friday, April 19. (Photo by Alex Dominguez)

Kaiser opens cancer treatment center in Bellflower

The new facility improves access to cancer patients in the surrounding area.

By Alex Dominguez
Staff Writer

BELLFLOWER – Kaiser Permanente celebrated the grand opening of its Radiation Oncology Center on the campus of its Bellflower Medical Offices on Friday, improving access to care for patients in the surrounding communities.

Located at 14500 Clark Ave., the new facility is the fourth radiation therapy site in Kaiser's Southern California

Region. It contains the latest in cancer-fighting technology, eight provider offices and nine exam rooms.

Mitch Winnik, Senior Vice President and area manager at Kaiser Downey, said the facility "provides high-quality radiation and cancer care to many more Kaiser Permanente members across Southern California."

He reflected on his son's battle with cancer, traveling to get treatment.

"I just remember as I was driving, how hard it was for him not just to get the treatment, but to get to the treatment," said Winnik. "It

hurt me because I wanted to live closer, but I couldn't do it at the time.

"I fast forward to today. I look at that, and I look at today, and I'm so grateful that we're opening this center which is going to provide the access, equity, and inclusion to the members that need it the most."

In addition, Kaiser also opened its new MRI Center in the new 33,000-square-foot facility that also houses the Radiation Oncology Center, featuring state-of-the-art MRI scanners.

SoCal-to-Vegas high-speed rail line moves forward

LAS VEGAS – A high-speed rail line between Southern California and Las Vegas will move one step closer to reality Monday when ground is officially broken to mark the start of construction on the project.

U.S. Transportation Secretary Pete Buttigieg is expected to be among the

dignitaries on hand for the ceremony south of the famed Las Vegas Strip.

"This day is a major milestone in building the future of American rail and the jobs that come with it," Buttigieg posted on X, formerly Twitter, Monday morning ahead of the event. "... We're supporting this

pivotal project with billions of dollars from President Biden's infrastructure law."

The \$12 billion Brightline West project will be a fully electric, zero-emission system that officials say will be one of the greenest forms of transportation in the United States. The project is expected to bolster tourism, create 35,000 jobs, ease traffic on I-15 and cut more than 400,000 tons of carbon pollution each year, Brightline officials said.

The line will include a flagship station in Las Vegas, with additional stations in Apple Valley, Hesperia and Rancho Cucamonga. The Rancho Cucamonga Station will also connect to Southern California's regional Metrolink service, allowing for connectivity into downtown Los Angeles and beyond.

The 218-mile rail line will primarily run along the Interstate 15 median with trains capable of reaching 186 mph or more, cutting the trip to 2 hours, 10 minutes -- half the time to travel by car, officials said.

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DTSC PUBLIC NOTICE

Department of Toxic Substances Control – Our mission is to protect California's people, communities, and environment from toxic substances, to enhance economic vitality by restoring contaminated land, and to compel manufacturers to make safer consumer products

EMERGENCY PERMIT KINDEVA DRUG DELIVERY, L.P. 19901 NORDHOFF STREET NORTHRIDGE, CALIFORNIA 91324

The California Department of Toxic Substances Control (DTSC) has issued an Emergency Permit to Kindeva Drug Delivery, L.P., for onsite treatment of expired chemicals at 19901 Nordhoff Street. The items to be treated include: sixteen (16) containers of tetrahydrofuran, one (1) container of ethyl ether, and five (5) containers of 2,2 azobisisobutyronitrile.

The Clean Harbors Environmental Services (Clean Harbors) has been contracted to conduct the treatment. The chemicals are potentially reactive and unsafe for transport in their present state. The treatment involves the addition of solutions to the containers to stabilize the chemicals. Once these chemicals are treated, the items will be transported offsite for proper management. DTSC has determined that these chemicals pose an imminent and substantial endangerment to human health and the environment if not properly managed. Therefore, an Emergency Permit should be issued. **This Emergency Permit is effective from April 9, 2024, through June 8, 2024.** The Emergency Permit includes measures to minimize any adverse impact to the community and the environment.

CALIFORNIA ENVIRONMENTAL QUALITY ACT (CEQA): DTSC has determined that the issuance of this permit is exempt from the requirements of CEQA and has filed a Notice of Exemption (NOE) with the State Clearinghouse. The Emergency Permit, NOE, and Kindeva's request for this project is available for review at the file room located at:

DTSC Sacramento Regional Office
8800 Cal Center Drive
Sacramento, California 95826
(916) 255-3758, call for an appointment

CONTACT INFORMATION:

If you have any questions or concerns, please contact:

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USC should let its valedictorian speak

USC's explanation as to why they canceled valedictorian Asna Tabassum's speech is disingenuous

By David Marcus

David Marcus is a columnist living in West Virginia and the author of "Charade: The COVID Lies That Crushed A Nation."

Reasonable people can disagree about whether Asna Tabassum, who has expressed the view that the state of Israel should be destroyed, ought to be the University of Southern California's duly appointed commencement speaker.

There are prominent conservative voices such as Mary Katharine Ham, David Harsanyi, and Guy Benson, firm supporters of the Jewish state of Israel all, who say let her speak, in part because sunlight is the best disinfectant for ignorance or hate.

I agree with them.

But there are others who say calling for Israel's demise is just as disqualifying as the unrepentant use of a racial slur, and I can certainly understand that perspective as well.

But what we should all agree on, what is utterly obvious and staring us in the face, is that USC's explanation as to why they canceled the valedictorian's speech is a sack of disingenuous dunnage. And worse, it all but scapegoats Jews.

Here was the school's pathetic explanation, "The intensity of feelings, fueled by both social media and the ongoing conflict in the Middle East, has grown to include many voices outside of USC and has escalated to the point of creating substantial risks relating to security and disruption at commencement."

It is absolutely true that leftists have a long track record of causing mayhem when speakers on campus say things they don't like, it is also true that more recently anti Israel protesters have done the same.

But what we do not have is any record of pro-Israel entities or individuals acting in such violent or destructive manners. Put simply, the threat USC is describing does not exist.

No Muslim students have had to hide in a library as protestors accost them as happened to Jewish students at Cooper Union, no roving bands of pro Israel activists are shutting down bridges, burning flags or chanting "death to America," or death to anything.

If the speaker were pro-Israel there might be a legitimate threat, but there is no threat here, which is exactly why USC won't specifically define it.

So what is the real reason for the cancellation? There are several plausible possibilities.

Maybe the president of USC didn't want to be dragged before Congress for promoting antisemitism, maybe there were concerns that the speech could offend attendees, or even worse, large donors to the institution.

But If USC believes that Tabassum's statements and ideology are not disqualifying then they have a responsibility to protect her free speech, on the other hand, if they do, or if they fear harm to the reputation or bottom line of the school then they have a responsibility to say that too.

In other words, if you're canceling the speech because of hateful statements then say so, don't blame imaginary violent Jews.

This cop out from USC is especially cowardly and damning because Tabassum's virulent anti-Israel rhetoric, far from being rare or obscure, is mirrored by members of Congress.

Just this week, 43 Democrats and Republican Thomas

Massie voted against condemning the phrase "From the River to the Sea," which can only mean the destruction of Israel and its total replacement by a Muslim Palestinian State.

Some of these members, such as Reps. Alexandria Ocasio-Cortez and Katie Porter were directly asked by Fox News if they condemned the chant "Death to America," or the burning of American flags and they declined to answer.

Obviously, the left wishes to excuse and even normalize this kind of dangerous, anti-American rhetoric, and that is exactly what USC is doing with its lies about why Tabassum won't be taking to a lectern.

Just like AOC and Porter the university is refusing to comment when presented with the question of whether calling for the destruction of Israel is a disqualifying statement for a commencement speaker.

There is a long history of antisemitism being swept under the rug across the globe, it is an uncomfortable issue that people and institutions find ways to ignore.

That approach doesn't generally end well.

Whether calling for the destruction of Israel is an antisemitic statement that should bar a person from an honor such as valedictorian is a reasonable argument, in fact, just the kind of debate that colleges and universities are meant to foster.

Instead, USC has simply decided to punt on the question, leaving the completely false impression that Tabassum has been canceled by threats from conservatives or Zionists.

For my part, I say, let her give the speech, but what is more important is for the University of Southern California to explain exactly why that isn't happening.

Biden needs to act now on immigration

By Fareed Zakaria

Fareed Zakaria is the host of Fareed Zakaria GPS, airing at 10 a.m. and 1 p.m. ET Sundays on CNN.

Bill Maher recently said on his show that the 2024 election was going to be fought over two issues: immigration and abortion. The party that best navigates these cultural battlefields is likely to prevail in November.

Each party has an advantage, the Democrats on abortion and the Republicans on immigration. Roe v Wade, the landmark 1973 Supreme Court decision that legalized abortion, energized generations of conservative voters who felt deeply on the issue but were also outraged that courts had taken the question out of the democratic process.

Now, it's abortion rights voters who are energized, fueled by states like Arizona that are putting in place draconian restrictions on abortion. With the margins small in many swing states, abortion could be the issue that brings out suburban women, who could tilt those states blue in November.

On the other hand, the Republican Party is now led by former President Donald Trump, who — on this issue as on many others — is supremely opportunistic. Trump, of course, proudly supported abortion rights for years until he started flirting with a political career within the Republican Party, at which point he reversed course fully.

Now that he sees it is politically problematic, he is shifting his stance once again. He has criticized Arizona's abortion ban and has pledged not to sign a national

abortion ban if re-elected.

It might seem hard for him to backtrack; he has loudly taken credit for the repeal of Roe v. Wade and touted his anti-abortion credentials. But Trump seems able to say anything, and even do anything, without losing the cult-like following he has with Republican voters. He can appeal to the middle ground, certain that his base will stay with him.

President Joe Biden, on the other hand, does not have the fanatical following that Trump does. He has constructed a coalition carefully appealing to different groups with specific policies. If he loses one of those groups, his team fears that the math will not add up come Election Day.

But he needs to risk it and get tougher on immigration. It has become a proxy for all kinds of issues where people feel that elites simply don't get the concerns of average people. And the concern is rooted in real facts on the ground.

The US has taken in huge numbers of immigrants over the last five decades. In 1970, foreign-born people made up 5.7% of the country. As of 2020, that number was 15.3%. And it's not just America. In Sweden, that number went from 6.6% in 1970 to 19.8% in 2020; in the UK, from 5.3% to 13.8%. As I note in my new book, "Age of Revolutions," the Western world has seen a wave of unprecedented migration. Considering the numbers and the cultural diversity of the immigrants, people have been remarkably tolerant.

In both the EU and the United States, gangs and cartels

have recognized that they can game the asylum system by bringing in migrants who are moving for economic reasons but who apply for asylum, claiming that they are being persecuted at home — and thus get the right to stay, have legal hearings and eventually work. Last fiscal year, nearly a million people applied for asylum in the US. In the EU last year, that number was more than 1.1 million.

The waves of recent migrants have produced problems as anyone on the ground can confirm, from New York City to El Paso to Stockholm. Sweden today is home to one of the highest gun crime death rates in Europe. And it is not a coincidence that its second largest political party is one that traces its roots to World War II-era fascism.

The Biden administration has made the case that it has put in place a set of well-crafted policies to limit asylum-seekers, that it needs Congressional action to do more and that Republicans want this problem to fester so that they can reap its electoral benefits. (They even tried to impeach Homeland Security Secretary Alejandro Mayorkas on utterly bogus charges. The Democratic-majority Senate quickly put a stop to that effort.) All true.

But Biden must show he can fight. He should declare a national security emergency, send the National Guard to the border, work with Congress to suspend the asylum process and propose a new one that basically makes it impossible to get asylum if you just show up at the border. Many will scream, and it will all be challenged in court. But it will signal that Biden is taking the problem seriously.

Kids deserve better than Lunchables

By Fareed Zakaria

Fareed Zakaria is the host of Fareed Zakaria GPS, airing at 10 a.m. and 1 p.m. ET Sundays on CNN.

When I was 10 years old, I used to happily unseal a Lunchables and enjoyed making mini sandwiches from crackers, cheese slices and some form of deli meat. It tasted good. But what I didn't know at the time (and neither did my mom) was the negative impact eating ultra-processed foods (UPFs) had on my body.

That was the mid-1990s, and nutritional research has come a long way since then. So why are we now feeding Lunchables to children as part of the National School Lunch Program (NSLP)? To make matters worse, Consumer Reports evaluated the nutrition of two Lunchables kits available in schools and discovered that they have higher sodium levels than the Lunchables kits sold in grocery stores.

Now, we can't be fooled with a stamp that says these lunch kits are an "excellent source of protein," right? This doesn't mean that these lunch kits are healthy. Sure, there is "100% Freshness Guaranteed," but that's because of preservatives such as sodium nitrite.

In a statement to CNN, Kraft Heinz, the maker of Lunchables, said that the company has taken action to better the nutrition profile of Lunchables, including partnering with Fresh Del Monte to make Lunchables with fresh fruit, and "reducing the sodium in all Lunchables crackers by 26%."

"All our foods meet strict safety standards that we happily feed to our own families. We are proud of Lunchables and stand by the quality and integrity that goes into making them," Kraft Heinz said.

I want to be clear: Getting free or low-cost meals to millions of children is important, and the USDA should be commended on how the program is run.

But the US can do so much better in terms of the types of meals we are providing our children. The decision to allow Lunchables to be served as part of the NSLP is not a step in the right direction.

Would you want to eat one?

Lunchables are a type of UPF, foods that contain chemical additives such as artificial flavors. The turkey and cheddar Lunchables, served as part of the NSLP, has "smoke flavor added."

In a study published in February in the British Medical Journal, eating more UPFs was associated with a higher risk of obesity, cardiovascular disease, depression and several other adverse health outcomes. Eating these types of foods has also been linked to cognitive decline in adults. And conversely, reducing UPF consumption in children can substantially reduce obesity.

One of the challenges faced by the USDA is bringing the NSLP in line with the latest Dietary Guidelines for Americans (DGA), although they are making progress. In a study published last year in the American Journal of Clinical Nutrition, the authors compared current school meal

standards from 2010 to the latest 2020-2025 DGA. They found that implementation of the DGA standards would significantly decrease body mass index (BMI) and blood pressure.

Providing more nutritious food to kids has benefits both in terms of the health and medical cost savings. It also reduces dietary disparities across income and race.

We have done this in the past and can do it again. After the 2010 Healthy, Hunger-Free Kids Act was passed, nutrition quality improved. This is particularly important as school meals are often the best quality meal a child will get during the day. Meals that adhered to a higher nutritional standard were also thrown away less, according to a study published in Childhood Obesity in 2015.

And although the USDA should be applauded for announcing recent changes to the school nutrition standard, to better align the food we serve our kids with current guidelines, we can do so much more. The current plans focus on reducing added sugars and sodium, and increasing the consumption of whole grains. But what about UPFs?

What we need is to start integrating language around UPFs explicitly into national dietary guidelines as other countries have done. This is not only important for children, but for all of us.

Jason Alexander to star in La Mirada production

The La Mirada Theatre for the Performing Arts released its 2024-25 season of shows this week, highlighted by Jason Alexander starring in "Fiddler on the Roof."

The rest of the lineup includes performances of "Waitress," "The Play That Goes Wrong," "Legally Blonde" and Disney's "Frozen."

"Waitress" (Sept. 20 - Oct. 13) is inspired by Adrienne Shelly's beloved film and was nominated for four Tony Awards.

Jenna, a waitress and expert pie maker, is stuck in a small town and a loveless marriage. Faced with the unexpected pregnancy, Jenna fears she may have to abandon the dream of opening her own pie shop until a baking contest in a nearby county, and the town's handsome new doctor, offer her a tempting recipe for happiness.

"Fiddler on the Roof" (Nov. 8 - Dec. 1) is a Broadway classic overflowing with musical hits. It tells the heartwarming story of fathers and daughters, husbands and wives, and life, love and laughter.

Jason Alexander, best known for his nine-year stint playing George Costanza on "Seinfeld," will star as Tevye.

"The first Broadway show I ever saw was Fiddler on the Roof in 1964," said Alexander. "I am thrilled and grateful to La Mirada Theatre for the Performing Arts...for finally



Jason Alexander will star in "Fiddler on the Roof," opening Nov. 8 at the La Mirada Theater for the Performing Arts.

giving me the chance to live out my boyhood dream of going to Anatevka."

"The Play That Goes Wrong" (Jan. 24 - Feb. 16, 2025) is a 1920s murder mystery, but as the title suggests everything that can go wrong does.

"Legally Blonde" (April 25 - May 18, 2025) follows the transformation of Elle Woods as she tackles stereotypes and scandal in pursuit of her dreams.

Elle appears to have it all, but then her life is

turned upside down when her boyfriend dumps her so he can attend Harvard Law. Determined to get him back, Elle charms her way into the prestigious law school, where she realizes her potential and sets out to prove herself to the world.

Season subscriptions are now on sale. Single tickets for "Waitress" and "The Play That Goes Wrong" go on sale June 28, and tickets for "Fiddler on the Roof," "Legally Blonde" and "Frozen" go on sale Sept. 13.

Norwalk Community Calendar

MONDAYS

1st Mon., 6 pm - Public Safety meetings - Council Chambers
2nd Mon., 7 pm - Relay for Life meetings - Mr. Rosewood Family Restaurant

TUESDAYS

9:00 a.m. - 1 pm - Farmers Market - Norwalk City Hall
1st & 3rd Tues., 6 pm - Toastmasters Meetings - Registrar Recorder/County Clerks Office
1st & 3rd Tues., 6 pm - City Council - Council Chambers
3rd Tues., 5:45 pm - Housing Authority - Council Chambers

WEDNESDAYS

1st & 3rd Wed., 7 pm - Lions Club - Bruce's Restaurant
2nd Wed., 10:30 am - Norwalk Woman's Club - Faith Church
2nd & 4th Wed., 1:30 pm - Alondra Senior Citizens - Social Services Center
2nd & 4th Wed., 6 pm - Soroptimist International - Via Zoom
2nd & 4th Wed., 7:30 pm - Planning Commission - Council Chambers
4th Wed., 11:30 am - Coordinating Council - Arts & Sports Complex

THURSDAYS

7 pm - Boy Scouts Troop 924 - Norwalk United Methodist Church
2nd Thurs., 6 pm - 605 Kiwanis Club - Mr. Rosewood Family Restaurant
2nd Thurs., 7 pm - American Legion Post No. 359 - 11986 Front St.
2nd Thurs., 7:30 pm - Golden Trowel - Norwalk Masonic Lodge

SATURDAYS

9:00 a.m. - 1:00 p.m. - Farmers Market - Norwalk City Hall

SUNDAYS

12:00 p.m. - 2:00 p.m. - Food Pantry - 12201 Firestone Blvd., Norwalk, CA 90650

Would you like an event listed in the community calendar?
E-mail news@thedownepatriot.com

The Norwalk Patriot STAFF

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ADVERTISING POLICY
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PUZZLE OF THE WEEK

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

You can contact puzzle editor Stanley Newman at www.StanXwords.com

thus related to "camera," "room" or "chamber," and is derived from the Latin word for word CHIMNEY (84-across) is covering of those seeds. The mace is obtained from the seeds of the same named tree; (65-across) is obtained from the wetlands. NUTMEG spice small creatures found around eats aquatic insects and other web-footed AVOCET (61-across) A close relative of the still, the

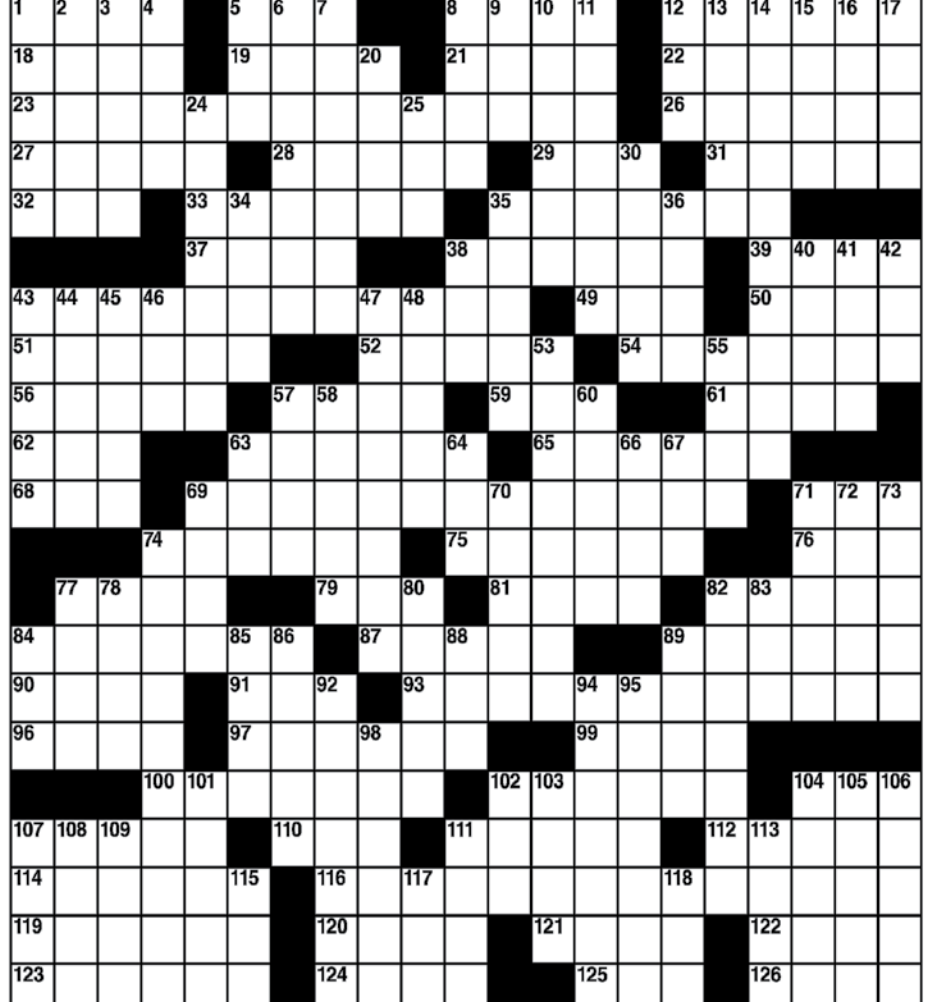


The Newsday Crossword

Edited by Stanley Newman (www.StanXwords.com)
FINISHING TOUCHES: Not too hard, mostly
by Mark McClain

- ACROSS**
- 1 Burgles
 - 5 Org. for obstetricians
 - 8 Pacific island nation
 - 12 "Finally!"
 - 18 Exotic palm berry
 - 19 Junction point
 - 21 Cartel that Qatar quit
 - 22 Explanation opener
 - 23 Common tennis shot
 - 26 Firehouse vehicle
 - 27 Luau greeting
 - 28 Poke fun at
 - 29 Talk nonstop
 - 31 Quaint oath
 - 32 Light brown
 - 33 All gone
 - 35 High school math
 - 37 Infamous emperor
 - 38 Accuse in court
 - 39 Acquire
 - 43 Space opera event with an alien species
 - 49 NCO club visitor
 - 50 Trade show
 - 51 Long-legged shorebird
 - 52 "No problem"
 - 54 Fans' cheer
 - 56 Very strict
 - 57 VIP's ride
 - 59 [Not my error]
 - 61 Tread-bare
 - 62 Mediocre mark
 - 63 With precision
 - 65 Eggnog spice
 - 68 Superlative suffix
 - 69 Collegiate event in a ring
 - 71 Budgetary excess
 - 74 In a jiffy
- DOWN**
- 1 North African capital
 - 2 Central Florida city
 - 3 Bits in some salads
 - 4 Turban wearer
 - 5 Get ___ for effort
 - 6 Spanish hunter's cap
 - 7 Threw in
 - 8 Cry on a course
 - 9 Wall St. debut
 - 10 Stevenson physician
 - 11 Cooling off periods
 - 12 Ensign's assent
 - 13 Printer powder
 - 14 Necessity for a checked suitcase
 - 15 Where the Himalayas are
 - 16 Email button
 - 17 Golf shop supplies
 - 20 Genesis twin
 - 24 Visited often
 - 25 Recipe amt.
 - 30 Marge alternative
 - 34 Religious offshoot
 - 35 Choral contingent
 - 36 ___ noir (bugaboo)
 - 38 Rm. coolers
 - 40 Skater's leap
 - 41 Apple tablet
 - 42 ___ de plume
 - 43 Satirical comedy
 - 44 Collegiate octet, familiarly
 - 45 Thesaurus guy
 - 46 Poli ___ (college major)
 - 47 "We gotta leave!"
 - 48 Coral island
 - 53 Shakespearean monarch
 - 55 Assist in a crime
 - 57 Legal claim
 - 58 Very quick, in brand names
 - 60 Herb in curry
 - 63 Pendulum direction
 - 64 Puppy bark
 - 66 Campground setup
 - 67 Hard drive measure
 - 69 Little chirper
 - 70 Dusk to dawn
 - 71 Game played with dogs
 - 72 Game-playing brand
 - 73 Fortune-telling deck
 - 74 Gas tank insert
 - 77 Ten Benjamins
 - 78 Canyon edges
 - 80 Frat letter
 - 82 Chemistry facility
 - 83 Pub beverage
 - 84 EMT expertise
 - 85 Frozen princess
 - 86 Outcries
 - 88 Firefighter's tool
 - 89 Still life item
 - 92 Stops something
 - 94 Greediness
 - 95 Ice cream parlor supply
 - 98 Church official
 - 101 Harder to come by
 - 102 Trucker's space
 - 103 Major airports
 - 104 Trim, as branches
 - 105 Enumerates
 - 106 Web portal
 - 107 Certain patron's interests
 - 108 Primary
 - 109 Deal preceder
 - 111 Anatomical air bag
 - 113 Safari or cruise
 - 115 PGA distances
 - 117 Marsupial, for short
 - 118 SUV maker in Detroit

CREATORS SYNDICATE © 2024 STANLEY NEWMAN WWW.STANXWORDS.COM 04/21/24



- 69 Little chirper
- 70 Dusk to dawn
- 71 Game played with dogs
- 72 Game-playing brand
- 73 Fortune-telling deck
- 74 Gas tank insert
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MORE OF STAN'S CROSSWORDS! Play FREE from Stan's archives of Easy, Hard and Sunday puzzles at: tinyurl.com/stan-newman-crosswords

before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 04/12/2024, 04/19/2024, 04/26/2024, 05/03/2024. THE NORWALK PATRIOT. AAA1239524.

FICTITIOUS BUSINESS NAME STATEMENT 2024074669
The following person(s) is/are doing business as: ROOFING 3R, 757 BRADSHAW AVE, LOS ANGELES, CA 90022 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: ROGELIO ROBLEDLO RUIZ, 757 BRADSHAW AVE, LOS ANGELES, CA 90022. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: ROGELIO ROBLEDLO RUIZ, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 04/05/2024. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 04/12/2024, 04/19/2024, 04/26/2024, 05/03/2024. THE NORWALK PATRIOT. AAA1239609.

FICTITIOUS BUSINESS NAME STATEMENT 2024074782
The following person(s) is/are doing business as: ENCH HVAC, 6320 SIMPSON AVE, NORTH HOLLYWOOD, CA 91606 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: ESVIN ORLANDO MORALES CUTINO, 6320 SIMPSON AVE, NORTH HOLLYWOOD, CA 91606. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: ESVIN ORLANDO MORALES CUTINO, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 04/05/2024. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 04/12/2024, 04/19/2024, 04/26/2024, 05/03/2024. THE NORWALK PATRIOT. AAA1239631.

FICTITIOUS BUSINESS NAME STATEMENT 2024075178
The following person(s) is/are doing business as: SMART FLS, 7 LISBON WILSON, LOS ANGELES, CA 90022 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: WILLIAM MARCELO RAMIREZ GUZMAN, 700 WILLIAMSON AVE, LOS ANGELES, CA 90022. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: WILLIAM MARCELO RAMIREZ GUZMAN, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): 04/20/24. This statement was filed with the County Clerk of Los Angeles County on (Date) 04/08/2024. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 04/12/2024, 04/19/2024, 04/26/2024, 05/03/2024. THE NORWALK PATRIOT. AAA1239754.

FICTITIOUS BUSINESS NAME STATEMENT 2024075421
The following person(s) is/are doing business as: EARTHY SNACK, 7751 ALABAMA AVE UNIT 16, CANOGA PARK, CA 91304 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: EARTHY GROUP INC, 11645 CHENAULT ST, LOS ANGELES, CA 90049 (State of Incorporation/Organization: CA). This business is conducted by: CORPORATION. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: SHAHIN ASGHARZADEH, CEO. The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 04/08/2024. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 04/12/2024, 04/19/2024, 04/26/2024, 05/03/2024. THE NORWALK PATRIOT. AAA1239800.

FICTITIOUS BUSINESS NAME STATEMENT 2024075424
The following person(s) is/are doing business as: UO NIGIRI, 21171 S. WESTERN AVE, SUITE 2839, TORRANCE, CA 90501 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: CREEK BAY GLOBAL LLC, 21171 S. WESTERN AVE, SUITE 2839, TORRANCE, CA 90501 (State of Incorporation/Organization: CA). This business is conducted by: LIMITED LIABILITY COMPANY. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: YUSUKE IRIE, CEO. The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 04/08/2024. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 04/12/2024, 04/19/2024, 04/26/2024, 05/03/2024. THE NORWALK PATRIOT. AAA1239801.

FICTITIOUS BUSINESS NAME STATEMENT 2024075434
The following person(s) is/are doing business as: NINNEX, 7751 ALABAMA AVE UNIT 16, CANOGA PARK, CA 91304 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: DEJAVU GROUP, 7751 ALABAMA AVE, LOS ANGELES, CA 91304 (State of Incorporation/Organization: CA). This business is conducted by: CORPORATION. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: TANNAZ SAFFARI, CEO. The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 04/08/2024. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 04/12/2024, 04/19/2024, 04/26/2024, 05/03/2024. THE NORWALK PATRIOT. AAA1239802.

FICTITIOUS BUSINESS NAME STATEMENT 2024075924
The following person(s) is/are doing business as: 1. TACOS TUMBRAS A TOMAS, 2. ANA MARIA'S, 317 S BROADWAY SP 5A, LOS ANGELES, CA 90013 LA COUNTY.

Mailing address if different: N/A. The full name(s) of registrant(s) is/are: MARTINEZ MEX FOODS, INC., 7629 SUVA ST, DOWNEY, CA 90240. This business is conducted by: CORPORATION. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: TOMAS MARTINEZ, PRESIDENT. The registrant commenced to transact business under the fictitious business name listed above on (date): 06/2000. This statement was filed with the County Clerk of Los Angeles County on (Date) 04/08/2024. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 04/12/2024, 04/19/2024, 04/26/2024, 05/03/2024. THE NORWALK PATRIOT. AAA1239866.

FICTITIOUS BUSINESS NAME STATEMENT 2024075789
The following person(s) is/are doing business as: CABINETMAKERS LLC, 13227 TRUMBALL ST, WHITTIER, CA 90605 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: CABINETMAKERS LLC, 13227 TRUMBALL ST, WHITTIER, CA 90605 (State of Incorporation/Organization: CA). This business is conducted by: LIMITED LIABILITY COMPANY. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: ANTONIO MELLADO-CARREON, CEO. The registrant commenced to transact business under the fictitious business name listed above on (date): 04/2024. This statement was filed with the County Clerk of Los Angeles County on (Date) 04/08/2024. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 04/12/2024, 04/19/2024, 04/26/2024, 05/03/2024. THE NORWALK PATRIOT. AAA1239903.

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME 2024075964
The following person(s) has abandoned the use of the fictitious business name(s): ESQUARED ELECTRICAL CONTRACTORS, 17 BONITO AVE, LONG BEACH, CA 90802. The fictitious business name(s) referred to above was filed on: MARCH 15, 2024 in the County of Los Angeles. Original File No.: 2024058149. Full name of Registrant(s): ERIC MICHAEL WORRELL, 17 BONITO AVE, LONG BEACH, CA 90802. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: ERIC MICHAEL WORRELL, OWNER. This statement was filed with the Los Angeles County Clerk on (date): 04/20/2024. Publish: 04/12/2024, 04/19/2024, 04/26/2024, 05/03/2024. THE NORWALK PATRIOT. AAA1239957.

FICTITIOUS BUSINESS NAME STATEMENT 2024076573
The following person(s) is/are doing business as: 1. CHINESE CREATIVE CULTURE ORGANIZATION, 2. SINO-US CHINESE MUSICIANS ASSOCIATION, 3. MERANO CULTURE PERFORMANCES, 4. US LEGACY INTERNATIONAL ART FESTIVAL, 5. US LEGACY INTERNATIONAL COMPANY, 6. ELITE MUSICAL INSTRUMENTS, 7. MERANO MUSICAL INSTRUMENTS, 10423 VALLEY BL # G, EL MONTE, CA 91731 LA. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: MERANO MUSIC, 10423 VALLEY BL # G, EL MONTE, CA 91731. This business is conducted by: CORPORATION. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: GEORGE YING LI, CEO. The registrant commenced to transact business under the fictitious business names listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 04/09/2024. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 04/12/2024, 04/19/2024, 04/26/2024, 05/03/2024. THE NORWALK PATRIOT. AAA1240105.

FICTITIOUS BUSINESS NAME STATEMENT 2024076695
The following person(s) is/are doing business as: LONG BEACH DANCE FLOOR RENTAL, 2601 VICTORIA ST #105, RANCHO DOMINGUEZ, CA 90220 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: LIGIA LORENA RIVAS, 2601 E VICTORIA ST #105, RANCHO DOMINGUEZ, CA 90220. RAFAEL HERNANDEZ, 2601 E VICTORIA ST #105, RANCHO DOMINGUEZ, CA 90220. This business is conducted by: MARRIED COUPLE. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: LIGIA LORENA RIVAS, WIFE. The registrant commenced to transact business under the fictitious business name listed above on (date): 01/2024. This statement was filed with the County Clerk of Los Angeles County on (Date) 04/09/2024. NOTICE: This fictitious name statement expires five years from the date it

was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 04/12/2024, 04/19/2024, 04/26/2024, 05/03/2024. THE NORWALK PATRIOT. AAA1240106.

FICTITIOUS BUSINESS NAME STATEMENT 2024076702
The following person(s) is/are doing business as: CASABLANCA PAINTING CO, 4970 LA CALANDRIA WAY, LOS ANGELES, CA 90032 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: SAMUEL GARCIA JR, 4970 LA CALANDRIA WAY, LOS ANGELES, CA 90032. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: SAMUEL GARCIA JR, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): 04/2002. This statement was filed with the County Clerk of Los Angeles County on (Date) 04/09/2024. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 04/12/2024, 04/19/2024, 04/26/2024, 05/03/2024. THE NORWALK PATRIOT. AAA1240107.

FICTITIOUS BUSINESS NAME STATEMENT 2024077719
The following person(s) is/are doing business as: 1. THE BOOZERIA, 2. THEBOOZERIA, 2880 W BALL RD APT J1, ANAHEIM, CA 92804 ORANGE COUNTY. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: SHANICE ROCHELLE HOWARD, 2880 W BALL RD APT J1, ANAHEIM, CA 92804, YANELI HOWARD, 2880 W BALL RD APT J1, ANAHEIM, CA 92804. This business is conducted by: MARRIED COUPLE. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: SHANICE HOWARD, OWNER. The registrant commenced to transact business under the fictitious business names listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 04/10/2024. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 04/12/2024, 04/19/2024, 04/26/2024, 05/03/2024. THE NORWALK PATRIOT. AAA1241467.

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME 2024057215
FILE NO: 2022163094 DATE FILED: JULY 21, 2022
NAME OF BUSINESS(ES): DANZA ARTES DE MEXICO
STREET ADDRESS, CITY, STATE, ZIP CODE: 11956 ROSECRANS AVENUE GONZALEZ INSURANCE SERVICES, NORWALK, CA 90650
REGISTERED OWNERS(S): (1) JUAN LUIS TORRES, 11856 ROSECRANS AVENUE, NORWALK, CA 90650
If Corporation or LLC – Print State of Incorporation/Organization: N/A
Business was conducted by: an individual
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/JUAN LUIS TORRES, OWNER, JUAN LUIS TORRES
This statement was filed with the County Clerk of LOS ANGELES on MARCH 14, 2024

The Norwalk Patriot 4/5/24, 4/12/24, 4/19/24, 4/26/24

LIEN SALES

Extra Space Storage will hold a public auction to sell personal property described below belonging to those individuals listed below at the location indicated:

- 10950 Firestone Blvd Norwalk, CA 90650
05/08/2024 1:30pm
Alice Hudson Household items
- Ralph Angel Household items
- Mario Miranda Household items
- Christian Cadena Household items
- Salcedo Christine Household items
- Prakai Satong Household items
- McDonald Hilma Lucille

Household items

The auction will be listed and advertised on www.storage-treasures.com. Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

The Norwalk Patriot 4/26/24

NOTICES

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NUMBER: 24NWCP00133
TO ALL INTERESTED PERSONS: Petitioner HILEA DEANN JOHNSTON filed a petition with this court for a decree changing names as follows:
Present name HILEA DEANN JOHNSTON TO Proposed name ANNA ANDERSON
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: **JUNE 7, 2024, Time: 9:30 a.m., Department: C, Room: 312**
The address of the court is **12720 NORWALK BLVD, NORWALK, CA 90650**
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation: THE NORWALK PATRIOT
APRIL 10, 2024
JUDGE OLIVIA ROSALES
Judge of the Superior Court
ATTORNEY OR PARTY WITHOUT ATTORNEY
HILEA DEANN JOHNSTON
2300 IMPERIAL HIGHWAY, APT E343
DOWNEY, CA 90242
(562) 213-8551
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The Norwalk Patriot 4/19/24, 4/26/24, 5/3/24, 5/10/24

SUMMONS

SUMMONS (CITACION JUDICIAL)
CASE NUMBER: (Numero del Caso): 23NWCV03849
NOTICE TO DEFENDANT (AVISO AL DEMANDADO): LUIS F. HERNANDEZ, and CASE NUMBER: (Numero del Caso): 23NWCV03849
YOU ARE BEING SUED BY PLAINTIFF (LO ESTA DEMANDANDO EL DEMANDANTE): TIANA MARIE MINJARES
NOTICE: You have been sued. The court may decide against you without your being heard unless you respond within 30 days. Read the information below.
You have 30 CALENDAR DAYS after this summons and legal papers are served on you to file a written response at this court and have a copy served on the plaintiff. A letter or phone call will not protect you. Your written response must be in proper legal form if you want the court to hear your case. There may be a court form that you can use for your response. You can find these court forms and more information at the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or your county law library, or the courthouse nearest you. If you cannot pay the filing fee, ask the court clerk for a fee waiver form. If you do not file your response on time, you may lose the case by default, and your wages, money and property may be taken without further warning from the court.
There are other legal requirements. You may want to call an attorney right away. If you do not know an attorney, you may want to call an attorney referral service. If you cannot afford an attorney, you may be eligible for free legal services from a nonprofit legal services program. You can locate these nonprofit groups at the California Legal Services Web site (www.lawhelpcalifornia.org), the California Courts Online Self-Help Center (www.courtinfo.ca.gov/selfhelp), or by contacting your local court or county bar association. NOTE: The court has a statutory lien for waived fees and costs on any settlement or arbitration award of \$10,000 or more in a civil case. The court's lien must be paid before the court will dismiss the case. AVISO! Lo ha demandado. Si no responde dentro de 30 días, la corte puede decidir en su contra sin escuchar su versión. Lea la información a continuación.
Tiene 30 DIAS DE CALENDARIO después de que le entreguen esta citación y papeles legales para presentar una respuesta por escrito en esta corte y hacer que se entregue una copia al demandante. Una carta o una llamada telefónica no lo protegen. Su respuesta por escrito tiene que estar en formato legal correcto si desea que procesen su caso un la corte. Es posible que haya un formulario que usted pueda usar para su respuesta. Puede encontrar estos formularios de la corte y más información en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en la biblioteca de leyes de su condado o en la corte que le quede más cerca. Si no

puede pagar la cuota de presentación, pida al secretario de la corte que le dé un formulario de exención de pago de cuotas. Si no presenta su respuesta a tiempo, puede perder el caso por incumplimiento y la corte le podrá quitar su sueldo, dinero y bienes sin más advertencia.
Hay otros requisitos legales. Es recomendable que llame a un abogado inmediatamente. Si no conoce a un abogado, puede llamar a un servicio de remisión a abogados. Si no puede pagar a un abogado, es posible que cumpla con los requisitos para obtener servicios legales gratuitos de un programa de servicios legales sin fines de lucro. Puede encontrar estos grupos sin fines de lucro en sitio web de California Legal Services, (www.lawhelpcalifornia.org), en el Centro de Ayuda de las Cortes de California, (www.sucorte.ca.gov) o poniéndose en contacto con la corte o el colegio de abogados locales. AVISO: Por ley, la corte tiene derecho a relamar las cuotas y los costos exentos por imponer un gravamen sobre cualquier recuperación de \$10,000 o más de valor recibida mediante un acuerdo o una concesión de arbitraje en un caso de derecho civil. Tiene que pagar el gravamen de la corte antes de que la corte pueda desearch el caso.
The name and address of the court is: (El nombre y dirección de la corte es): Superior Court of California, County of Los Angeles, Southeast District, 12720 Norwalk Blvd, Norwalk, CA 90650
The name, address and telephone number of plaintiff's attorney, or plaintiff without an attorney, is: (El nombre, la dirección y el número de teléfono del abogado del demandante, o del demandante que no tiene abogado, es):
Eric S. Bershatski, SBN 206521, Legal Rights Law Center, 1523 Ventura Blvd, Ste 312, Sherman Oaks, CA 91403, (818) 962-4884

Date (Fecha): 11/28/2023
M. Ceballos, Deputy

The Norwalk Patriot 4/26/24, 5/3/24, 5/10/24, 5/17/24

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALES TS No. CA-23-964081-SH Order No.: 230386847-CA-VOO YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/16/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, of savings and loan, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): JOSE ANGEL MATA, AND MARIA ELIZABETH MATA, HUSBAND AND WIFE AS JOINT TENANTS. Record: 12/17/2005 as Instrument No. 05 3178657 and modified as per Modification Agreement recorded 11/20/2015 as Instrument No. 20151459229 and modified as per Modification Agreement recorded 2/24/2012 as Instrument No. 20120299297 of Official Records in the office of the Recorder of LOS ANGELES County, California; Date of Sale: 6/11/2024 at 10:00 AM Place of Sale: Behind the fountain located in Civic Center Plaza, located at 400 Civic Center Plaza, Pomona CA 91766 Amount of unpaid balance and other charges: \$322,906.20 The purported property address is: 14722 SEAFORTH AVE, NORWALK, CA 90650 Assessor's Parcel No.: 8072-032-012 **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale

postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 for information regarding the trustee's sale or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-23-964081-SH. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the internet website. The best way to verify postponement information is to attend the scheduled sale. **NOTICE TO TENANT:** You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you make the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call 916-939-0772, or visit this internet website <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: CA-23-964081-SH to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. **NOTICE TO PROSPECTIVE OWNER-OCCUPANT:** Any prospective owner-occupant as defined in Section 2924m of the California Civil Code who is the last and highest bidder at the trustee's sale shall provide the required affidavit or declaration of eligibility to the auctioneer at the trustee's sale or shall have it delivered to QUALITY LOAN SERVICE CORPORATION by 5 p.m. on the next business day following the trustee's sale at the address set forth in the below signature block. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Attorney, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **QUALITY LOAN SERVICE CORPORATION 2763 Camino Del Rio S San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 QUALITY LOAN SERVICE CORPORATION .TS No.: CA-23-964081-SH IDSPub #0201810 4/19/2024 4/26/2024 5/3/2024**

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Metro ridership grows to record levels

■ A developer's plan to replace a church with 33 condos hit a roadblock Wednesday.

By City News Service

LOS ANGELES — Los Angeles Metro Tuesday reported a 9.4% increase in ridership on its bus and rail services in March compared to the same time last year with nearly 26 million boardings.

Average weekday rail ridership grew to 205,320 from 193,025 in March 2023, representing a 6.4% increase while average weekday bus ridership grew to 750,598 from 642,468 from the same period last year, or a 16.8% increase.

The agency noted that combined the total bus and rail average weekday ridership grow more than 14% since March 2023.

March 2024 marked the 16th consecutive month of year-over-year ridership growth, according to the transit agency.

In March, Metro had a total of 25,880,698 boardings on its bus and rail systems. An average of 955,918 rides were taken each weekday with

Saturday boardings averaging 606,255 and Sunday boardings averaging 555,029.

Metro's March total bus and rail ridership combined stood at 81.5% of its March 2019 pre-pandemic level. Total weekend ridership in March was 89.2% of pre-pandemic levels and total March weekday ridership was 79.5% of pre-pandemic level.

The reconfigured A (Blue) and E (Gold) Lines were up 25.6% on weekdays and 26.3% on weekends.

In March, the A Line saw 1,412,523 total weekday boardings and surpassed the subway B Line, which saw 1,385,496 boardings. The C Line average weekday ridership was up 22.2% and the K Line saw a 6.5% increase in average weekday ridership.

Total March rail boardings were 5,717,630 with 4,311,720 trips taken on weekdays.

Bus ridership in March saw a 11.3% year-over-year increase over March 2023.

More than 20 million rides were taken on Metro buses, with total bus ridership in March at 85.6% of its pre-pandemic level. Metro



Metro reported nearly 26 million boardings on its buses and trains last month, a 9.4% increase from last year. (Photo by David McNew/Getty Images)

recorded an average of 750,598 bus boardings on weekdays in March, an average of 460,779 boardings on Saturdays and an average of 419,323 boardings on Sunday.

The agency says the strongest ridership recovery as leisure travelers are turning to Metro for travel to activities

throughout the county. Average boardings on bus and rail combined on Saturdays reached 85.5% and on Sundays during the month average combined boardings reached 93.7% of March 2019 pre-pandemic levels.

Also in March, the GoPass Pilot Program saw 1,985,314

total boardings versus 1,771,640 in March 2023, reflecting a 12% year-over-year increase. The Low-Income Fare is Easy Program observed an 18% year-over-year increase in March ridership with 1,484,150 boardings compared to 1,260,155 in March 2023.

Metro's fare capping policy

provides riders who pay with a TAP card a set fare of no more \$5 a day or \$18 over seven days. Once they've reached those limits, they ride free for the remainder of the day or seven-day period.

Metro's Mobility Wallet Pilot Program gives in-need Angelenos a debit card with \$150 per month to spend on transportation. The card can be used to take the bus, ride the train, use bike share, take Metro-Micro and much more.

The agency recently updated its monthly ridership numbers dating back to April 2022 to correct a data validation error which inaccurately counted ridership at an average of 5 percent lower than actual ridership on Metro's light rail lines (A, E, L, C and K).

Metro has corrected its data validation procedures to account for this error and has added additional validations to avoid such an error occurring again. This error had no effect on Metro's operations or finances. Metro discovered this error through a public discussion on Reddit.

Woman fatally stabbed on Metro train

■ Mirna Arauz, 66, was stabbed in the neck in an unprovoked attack, police said.

By City News Service

LOS ANGELES — A man suspected of fatally stabbing a woman on a Metro B (Red) Line train in the Studio City area -- and who has a prior conviction for attacking someone on a Metro train -- was charged Wednesday with murder.

Elliot Tramel Nowden, 45, was also charged with first-degree robbery in connection with the attack that occurred around 5 a.m. Monday on the train between North Hollywood and Universal City. District Attorney George Gascón said the murder charge includes a special circumstance allegation of murder during a robbery, opening Nowden to a sentence of life in prison without the possibility of parole if convicted as charged.

Nowden was being held in lieu of \$2 million bail, but Gascón said prosecutors were asking him to be held without bail. It was not immediately clear if he had appeared in court Wednesday for arraignment.

Police said the victim -- 66-year-old Mirna Soza Arauz -- had boarded the downtown-bound train at the nearby North Hollywood station and was stabbed in an apparently unprovoked attack. She managed to exit the train when it arrived at the Universal City Station in the 3900 block of Lankershim Boulevard in Studio City, where she was found mortally wounded on the platform.

She was taken to a hospital, where she later died.

According to a GoFundMe page created by her nephew, Arauz was a mother of three and grandmother of four. Family members said she worked as a night security guard at a Tommy's hamburger restaurant in North Hills.

Nowden was arrested about 30 minutes after the stabbing near Ventura Boulevard and Vineland Avenue, according to the Los Angeles Police Department.

According to the GoFundMe page, Arauz died at Cedars-Sinai Medical Center after she was "viciously attacked on the commute home after work on the Metro train at Universal City station."

"We have more questions than answers at this point," Alex Castillo wrote on the page. "The suspect is in custody and charged with murder. While we await justice for our aunt, our biggest priority is giving her a proper burial at home in Nicaragua. All funds raised will go directly to funeral expenses, including the cost of transporting her remains from the U.S. to Nicaragua which we anticipate being the biggest hardship on the immediate family. I will be using the funds raised for the expenses that need to be taken

care of in the United States, and any remaining amount will be wired to Mirna's daughters in Nicaragua."

He added: "While we appreciate the first responders that tried to save her life, we hope that Mirna's death does not go unnoticed, and results in real change to the public safety efforts in the area. It's a tragedy for the immigrant community of Los Angeles and for all that rely on the Metro to get home safe. We will not rest until justice is served."

According to Los Angeles Superior Court records, Nowden pleaded no contest in June 2019 to battering a passenger on a Metro train. Details of the crime were not immediately available. He was ordered to spend five days in jail and three years on probation -- during which he was barred from boarding or riding any Metro trains.

In November 2019, he pleaded no contest to an assault with a deadly weapon charge

and was sentenced to four years in prison, court records show.

Nowden also has a previous petty theft conviction from 2003 which landed him on two years probation.

During Tuesday's Board of Police Commissioners meeting, two board members voiced concerns about the death and asked Interim Chief Dominic Choi what steps the department is taking to improve security at that station and on the B Line.

In particular, commissioners Rasha Shields and Maria Lou Calanche expressed concern for early morning commuters who are often low-income workers.

"It sounds like we had made a lot of progress in making Metro safer recently, and it's unfortunate that this type of event really pushed the department back a lot, and makes people feel less safe boarding Metro," Shields said.

Choi said the department

and Metro increased its presence by deploying more officers and ambassadors at the Studio City Station. The interim chief noted that police can't "be everywhere all the time." But spreading out, engaging and communicating with Metro and riders can help improve a sense of safety, he added.

It also lets them know that LAPD "takes safety, public safety, seriously and that we are aligned with Metro's mission and goals on safety," Choi said.

Choi said LAPD's transit service team is in communication with Metro's leadership on how to best increase security presence and make sure officers are deployed during early morning hours.

Police said they "strongly believe" Nowden may have victimized other people, and they urged anyone who believe they were targeted by him to come forward.

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