

The Norwalk Patriot

Friday, Oct. 13, 2023

Vol. 17 No. 37

14783 Carmenita Road, Norwalk, CA 90650

Nurse who sued PIH over covid testing settles

■ Lilia Acevedo-Cosio objected to PIH Health's mandatory COVID-19 testing during the pandemic; terms of the settlement were not divulged.

By City News Service

WHITTIER – A former nurse has settled the one claim left in her lawsuit against PIH Health Whittier Hospital in which she alleged she suffered discrimination and was wrongfully terminated because of her religious objections to being tested for the coronavirus.

Lilia Acevedo-Cosio's Norwalk Superior Court lawsuit also alleged retaliation and failure to prevent discrimination and retaliation. In August, Judge Lee W. Tsao dismissed most of her claims and said that even assuming Acevedo-Cosio had shown a basic discrimination case, the hospital had demonstrated that its actions were legitimate and non-discriminatory.

The 44-year-old Whittier woman also was denied a court declaration that her engagement in protected activity involving religious freedom was a significant reason she suffered retaliation.

Tsao said Acevedo-Cosio could take to trial her claim for failure to inspect personnel and payroll records because the hospital did not provide the records she sought within the prescribed time limits, but the attorneys in the case told the judge during a hearing on Friday that the cause of action was resolved. No terms were divulged.

In their court papers, PIH attorneys said the hospital staff "worked tirelessly to accommodate Acevedo-Cosio's inexcusable refusal to simply test for COVID during the height of the pandemic," forcing the hospital to accept her resignation.

But in a sworn declaration, the plaintiff said otherwise.

"My religious beliefs led me to oppose this sort of invasive testing, so I asked for a religious accommodation from the testing and included an attestation from my religious leader..." Acevedo-Cosio said.

Acevedo-Cosio said she was actually terminated on Nov. 15, 2021, and did not quit.



Emilio and Annabel Guerrero

Downey couple killed in crash

■ Emilio and Annabel Guerrero were killed when they were struck by a speeding pick-up truck.

By Eric Pierce
Editor

DOWNEY – An investigator with the Los Angeles District Attorney's Office and his wife -- a teacher -- were killed in a South Gate crash, and the cause is under investigation.

Sgt. Emilio Guerrero, 52, and wife Annabel Guerrero, 47, were Downey residents, according to a Downey Police Department press release.

The crash occurred about 2:05 p.m. Sunday at the intersection of Paramount Boulevard and Gardendale Street, police said.

A vehicle driven by a 60-year-old South Gate man crashed into the vehicle driven by Emilio Guerrero, police said.

Los Angeles County Supervisor Janice Hahn posted on social media Emilio and Annabel Guerrero "were dedicated public servants who gave so much to their communities."

"I know this has hit the Downey community hard and my prayers are with their two daughters and their many loved ones in the wake of this incredible loss. May they rest in peace," Hahn said in a post on social media.

Anyone with information was asked to call the Downey Police Department, which is investigating the case, at 562-904-2308 or Investigator Alaina Clark at 562-904-2339. Anonymous tips can be phoned into Crime Stoppers at 800-222-8477.

School board ratifies agreement to boost academics at El Camino

■ Residents who meet income guidelines could potentially receive up to \$30,000 for home repairs.

By Vincent Medina
Contributor

NORWALK – The Norwalk-La Mirada Unified School District board of education voted unanimously to ratify a contract with the National College Resource Foundation (NCRF) during their meeting on Monday.

Under this contract, the NCRF will aim to enhance the academic performance of El Camino High School students by providing them with advising and emotional support.

Students will also be given after-school tutoring, assistance to improve their math scores and support to help them on their path to college.

School board member Narcis Brasov expressed concerns over the agreement, questioning whether the contract utilized outside businesses or a district responsibility.

"The contract itself seems like a high school counselor's job plus tutoring," Brasov said. "I'm concerned that we're outsourcing a quintessential district responsibility and public responsibility to a private company."

The district has agreed to compensate the NCRF with \$117,920 for its services between Sep. 2023 and July 2024.

Jessica Medrano, assistant superintendent of educational services secondary, explained the district made a plan of how to use the temporary Comprehensive Support and



The NLMUSD school board determine their next course of action during their board of education meeting. (PHOTO BY VINCENT MEDINA)

Improvement funding based on the needs of the school. The goal was to improve student's academic scores with financing over a short period of time.

"This was a solution the site worked to find that provides a variety of resources, not just math, tutoring, not just language arts, tutoring, but also college career counseling," Medrano said. "It's able to help them meet that goal of improving the graduation rate, which was the need initially for the CSI funds and why the school is labeled as CSI."

A school qualifies for CSI funding if the average three-year graduation rate is below 68%, according to the California Department of Education. The schools must have graduation data for the past three years to be eligible for support in this category.

Mark Hunter, assistant director/principal of El Camino High School, shared that the school qualified for CSI funding during the 2020-2021 academic year when the graduation rate dropped to approximately 45%. He noted this was the year when

students were distance learning due to the COVID-19 pandemic.

The graduation rate improved during the 2021-2022 year and increased to 68%. During the 2022 - 2023 academic year, the graduation rate increased to 80%.

"Now the average graduation rate of those three years is 64%," Hunter said. "So we will meet the three year average requirement of 68%."

A school can only receive CSI funding for three years, so this academic year would be the final year El Camino High School receives these funds.

After these clarifications, Brasov motioned to pass the contract, which was unanimously supported by the board of education.

The NCRF will service students four days a week between Monday and Friday, from 9 a.m. to 2:30 p.m., for 40 hours weekly. There will be at least three staff members including a site coordinator.

WALK TO SCHOOL DAY



The City of Norwalk, in conjunction with the Norwalk La Mirada Unified School District, celebrated Walk to School Day last week. This photo, taken at Lakeland Elementary, is courtesy of the City of Norwalk.

Weekend at a Glance

Friday 94° ☁️

Saturday 88° ☁️

Sunday 87° ☀️

SOMETHING TO DO



WHAT: Chicano Comedy Fest returns with Paul Rodriguez, Alfred Robles, Oscar Miranda and other comics. Plus live music and 100+ vendors.

WHEN: Saturday, Oct. 14, 7 pm
WHERE: Pico Rivera Sports Arena

ON THIS DAY

1792:

The cornerstone for the White House, the official office and home of every U.S. president and first lady since 1800 (when John and Abigail Adams moved in near the end of his term), was laid.

1903:

The Boston Americans (later Boston Red Sox) defeated the Pittsburgh Pirates to win the first modern World Series.

1950:

The film classic *All About Eve*, starring Bette Davis and Anne Baxter, premiered in both Paris and New York City; it won six Academy Awards, including best picture.

1972:

A flight chartered by a Uruguayan rugby team crashed in the Andes Mountains of Argentina.

2008:

Beyonce released the sassy single "Single Ladies (Put a Ring on It)"; it topped the music charts for four weeks and won the Grammy Award for Song of the Year.

2010:

Amid great fanfare, Chilean workers are rescued 69 days after their mine collapsed in the Atacama Desert, Chile.

BIRTHDAYS

Singer-songwriter **PAUL SIMON** (82), Dallas Cowboys owner **JERRY JONES** (81), NFL hall of famer **JERRY RICE** (61), "Grey's Anatomy" star **KATE WALSH** (56), "Martin" star **TISHA CAMPBELL-MARTIN** (55), Olympic figure skater **NANCY KERRIGAN** (54), comedy actor **SACHA BARON COHEN** (52), R&B singer **ASHANTI** (43), and U.S. Rep. **ALEXANDRIA OCASIO-CORTEZ** (34).

Retired Celtics star **PAUL PIERCE** turns 46 today.



Paging Dr. Frischer...

By Dr. Alan Frischer

Every day I am asked about muscle cramps; I would imagine that we have all experienced them. What causes them? How can we stop them? Can they be prevented?



Muscle spasms (cramps) are painful contractions and tightening of the muscles. They're common, involuntary and unpredictable. They are most common in our calves and thighs, but can involve any muscle. Spasms range from mild and uncomfortable to severe, intense pain. The muscle may feel harder

than normal, and/or look distorted. Spasms typically last from seconds up to 15 minutes or longer, and may return.

Muscle cramps can occur after working a muscle too hard or straining it; as a result of dehydration from sweating; or from holding one position for a long time. These kinds of muscle cramps, although painful, are harmless.

Sometimes a muscle cramp is related to an underlying medical issue. Atherosclerosis (peripheral artery disease) narrows the arteries, leading to too little blood flow to the muscles. In that case, muscle pain tends to come

on with use, and resolve with rest.

A mineral deficit (potassium, calcium, or magnesium) is a common cause. This may be due to a lack of these minerals in the diet, or could be a side effect of certain medicines, like some diuretics used to treat high blood pressure and congestive heart failure. Vitamin D and thyroid deficiencies can also cause muscle cramps. Simple blood tests can detect all of these deficits.

Pressure on a nerve in the spine can cause cramping pains in the legs, which worsens with walking.

Other factors that may lead to muscle cramps include older age, poor conditioning, muscle fatigue, exercising in the heat, lack of stretching, excessive sweating which removes minerals from

the body, pregnancy, being overweight, and other underlying health conditions.

There is no good sure treatment. There is no pill or injection that can instantly relieve a spasm. The best thing to do is to stretch and massage the muscle. If it involves the leg, get up and walk around. Try ice or heat, whichever is effective for you. Ibuprofen or acetaminophen can give some pain relief, and muscle relaxants may be helpful. Some people who get frequent muscle spasms find relief by taking supplements of calcium, magnesium, and vitamins B12 and D.

Here are some tips for prevention: Stay hydrated by drinking plenty of fluids through the day and during activities. (Note that liquids with alcohol or caffeine don't work as well). Stretch gently before and after exercise, and work towards better overall fitness. Avoid exercising in hot weather. Wear shoes that fit properly. Perform mild stretches or light exercise before bedtime. Discuss your medications with your physician; you might be taking one that can lead to muscle cramps.

If your muscle spasms are severe, occur frequently, respond poorly to treatment, and do not have an obvious cause, I urge you to see your doctor.

Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 10927 Downey Ave., Suite C, Downey, CA 90241.

Early detection key to surviving breast cancer

With October observed as National Breast Cancer Awareness Month, it's important for women to have a good understanding of this potentially deadly disease.

According to the Centers for Disease Control and Prevention (CDC), each year in the United States, about 240,000 cases of breast cancer are diagnosed in women. About 42,000 women in the U.S. die each year from breast cancer, and Black women have a higher rate of death from breast cancer than all other women.

In 2023, an estimated 297,790 new cases of invasive breast cancer are expected to be diagnosed in U.S. women.

Breast cancer is the most commonly diagnosed cancer among U.S. women. About 30% of all newly diagnosed cancers in women each year are breast cancer.

According to Dr. Karen W. Kwan, Hematology and Oncology, Kaiser Permanente Southern California, most breast cancers are found in women age 50 or older, but younger women are not immune to this disease. The CDC notes about 10% of all new cases of breast cancer in the U.S. are found in women younger than age 45. Men can also get breast cancer, but it's not as common. Less than 1% of breast cancers occur in men, the CDC reports.

The United States Preventive Services Task Force (USPSTF) recommends women start breast cancer screening at age 40 instead of the previously recommended starting age of 50. The USPSTF notes women should get screening mammograms every other year from ages 40 to 74.

According to the CDC, there are different symptoms of breast cancer, which include:

- Any change in the size or shape of the breast.
- Pain in any area of the breast.
- Nipple discharge other than breast milk (including blood).
- A new lump in the breast or underarm.

The CDC notes many factors over the course of a lifetime can influence your breast cancer risk. You may not be able to change some factors, such as getting older or your family history, but you can help lower your risk of breast cancer by taking care of your health in the following ways:

- Keep a healthy weight.
- Exercise regularly.
- If you have a family history of breast cancer, talk to your doctor about other ways to lower your risk.
- If you're taking or have been told to take hormone replacement or birth control pills, ask your doctor about the risks and find out if it is right for you.
- Don't drink alcohol, or limit alcoholic drinks.
- If possible, breastfeed your children.

This article was written and contributed by Kaiser Permanente.

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Biden could no longer ignore the border

Our southern border is in a crisis and the President finally acts.

By Jon Gabriel

Jon Gabriel is a contributor to the Arizona Republic.

Former President Donald Trump promised to build a border wall that Mexico would pay for during the 2016 campaign but the neighboring country never did. Candidate Joe Biden vowed “not another foot” of the border wall would be built during his presidency. Now President Biden has decided to build it.

Immigration might be the strangest issue in politics.

What used to be a bitter dividing line has quickly become bipartisan, causing whiplash among activists on both sides of the metaphorical fence. This week, Homeland Security Secretary Alejandro Mayorkas wrote “it is necessary to waive certain laws, regulations, and other legal requirements in order to ensure the expeditious construction of barriers and roads.”

Despite this, when Biden was asked Thursday if he believes border walls work, he answered, “No.”

But Biden couldn’t ignore the problem forever. In September alone, the US Border Patrol apprehended more than 200,000 migrants crossing the US-Mexico border unlawfully — of course, they couldn’t count the people who got away.

This marks the highest total of the year and a large increase from August, which had about 181,000 arrests. And these crossings are expected to remain high in the near term, as one senior US Customs and Border Protection official told CNN.

Border states, especially Arizona and Texas, have demanded federal support for years, seeing their resources strained and desert cities overrun. But it wasn’t until red-state governors started bussing migrants to northern climes last year that the issue grew more urgent in the Democratic party.

New York City Mayor Eric Adams flew to Latin America this week to discourage migration, pleading that the Big Apple is “at capacity.” More than 100,000 migrants

arrived in the city in the past year.

Illinois Gov. J.B. Pritzker called the influx to Chicago an “untenable situation,” noting “the federal government’s lack of intervention and coordination at the border.” The governor reported more than 15,000 migrants arriving in his state in the past 13 months.

The fact that each metropolis is designated a “sanctuary city” adds to the irony.

According to a recent Gallup poll, 72% of Americans believe the situation along our southern border is either a “crisis” or a “major problem.” With the next presidential election only 13 months away, Biden finally decided to act.

It’s about time.

While big cities get the headlines, border communities have been racked with unprecedented numbers of unexpected guests. Yuma, Arizona, located in the southwest corner of the state, has been reeling since Biden attempted to suspend the “Remain in Mexico” policy. That matter is still working its way through federal courts as the Biden administration negotiates a new agreement with Mexico.

Dr. Robert Trenschele, president and CEO of Yuma Regional Medical Center, said his facility spent \$26 million from December 2021 to November 2022 on migrant care.

“The city of Yuma has 100,000 people, and we’ve had over 300,000 people cross the border here,” Trenschele said. “That’s three times the population of Yuma coming across the border. We’re the only hospital which is within a three-hour radius, which means they come here.”

As a result, Yuma residents need to travel well over 100 miles for basic medical services such as neonatal care, according to Trenschele.

El Paso has seen more than 2,000 people seeking asylum per day, up from 350-400 a few weeks ago, according to Mayor Oscar Leeser. “The city of El Paso only has so many resources and we have come to ... a breaking point right now,” the mayor said.

If New York City is “at capacity,” border communities passed that status years ago.

Building a barrier along key routes between the US and Mexico shouldn’t be as controversial as politicians make it. Neither a wall nor a fence is a cure-all, but a common-sense tactic to mitigate illegal crossings.

Raphael S. Cohen, a political scientist at the nonpartisan RAND Corporation, notes that a border wall may succeed in curbing illegal immigration and provide “political space” for addressing systemic problems.

“The proposed wall on the US-Mexico border — like all previous walls — should be viewed as a means to an end, rather than an end unto itself,” Cohen wrote in 2019.

Elisabeth Vallet, director of the Center for Geopolitical Studies at the University of Quebec in Montreal, agrees, calling barriers “a norm of international relations, and a solution in the quest for security.” She notes that in 1990, there were only about 15 barriers in the world; as of 2022, there were 74.

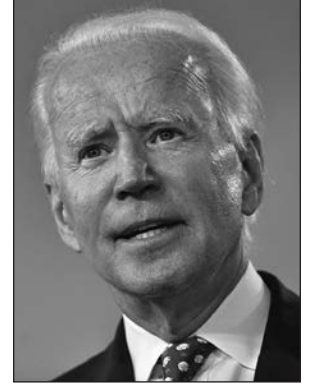
No wall will stop non-citizens overstaying their visas or flying to the states and never heading back home. Well-funded cartels and bad actors will try to evade new physical barriers as they have in the past. But a wall will drastically reduce historic numbers in the short term, allowing the federal government to work with foreign governments and reinstate policies that have proven effective.

But what should be a win for the White House is turning into a muddled mess.

White House press secretary Karine Jean-Pierre continues to dodge questions while Biden bizarrely claimed that the border wall he approved won’t work. Despite allowing Mayorkas to authorize the move, Biden has vaguely blamed Congress.

“I’ll answer one question on the border wall,” Biden said to reporters in the Oval Office Thursday. “The border wall — the money was appropriated for the border wall. I tried to get [Congress] to reappropriate it, to redirect that money. They didn’t, they wouldn’t. And in the meantime, there’s nothing under the law other than they have to use the money for what it was appropriated.”

“I can’t stop that,” the president added. Actually he could, just as he has for two-and-a-half years, but it has become politically untenable.



President Joe Biden

What kind of president would RFK Jr. be?

Robert F. Kennedy Jr. holds political views that don’t fit a box.

By Peter Bergen

Peter Bergen is CNN’s national security analyst and host of the podcast “In the Room With Peter Bergen.”

On Monday, Robert F. Kennedy Jr. said he was running as a third-party candidate to be president of the United States. Kennedy holds a mix of Republican and Democratic policy views which could make him attractive to the large numbers of American voters who are unhappy about a Biden-Trump rematch.

This may pose some real dangers for both President Joe Biden and former President Donald Trump, who are the frontrunners in their respective parties, since in closely-contested US presidential elections, a small percentage of voters in relatively few swing states can have a disproportionately large effect on the outcome.

Third-party candidates — like the Green Party’s Ralph Nader in the 2000 election between Al Gore and George W. Bush, and Jill Stein in the 2016 election between Hillary Clinton and Trump — have had an outsized effect on the outcome of close US presidential elections despite their relatively small numbers at the polls.

It’s quite possible that Kennedy could do more damage to Biden as a third-party candidate than by running against Biden in the Democratic primaries, where Biden has a large lead over Kennedy. In a CNN New Hampshire poll last month, Biden had the support of 78% of likely Democratic primary voters in this early primary state, with only 9% for Kennedy.

By contrast, running as an independent candidate, about one in seven American voters would vote for Kennedy, according to an Ipsos/Rutgers poll released on Thursday. That number could put a serious dent into Biden’s support in a general election — as well as Trump’s, since Kennedy draws support from both sides of the aisle.

So it is worth considering what — beyond his storied family political name and the dissatisfaction that many voters have with both Biden and Trump — the appeal of Kennedy might be.

RFK Jr.’s predilection for fringe positions is well known, particularly his long-debunked view that vaccines cause autism. But what makes him an attractive candidate for some Americans is that he is not easily pigeonholed as either a typical Democrat or a conventional Republican, since his policy positions straddle the left and the right.

His blistering critiques of the Biden administration on everything from how it has handled the Covid-19 pandemic to its support of the war in Ukraine have earned him praise from Republicans.

At the same time, he describes himself as “a traditional Kennedy Democrat. I’m a leading environmentalist, arguably, in the country. I’m for medical autonomy, for women’s right to choose. I’m anti-war. I’m pro-free speech.”

Kennedy told me this at the end of August for the Audible

podcast “In the Room with Peter Bergen.” Beyond querying him about his controversial views on the pandemic — in which he debated with me about whether Covid vaccines had actually saved many lives — I was also interested in exploring his positions on the kinds of issues many American voters care most about, such as the economy, the border, affirmative action, gun control, climate change, abortion and the war in Ukraine.

Helping Trump?

I asked Kennedy if he was worried that running against the president would only serve to hurt Biden’s chances of beating Trump, the leading Republican nominee, in what will likely be yet another close general election.

He replied, “First of all, I get as many votes from Republicans as I do from Democrats. So, I don’t think that there’s that problem.” Kennedy went on to say, “President Biden has wounded himself. You know, he’s telling the country that he’s brought prosperity in the country. And 57% of people in this country cannot put their hands on \$1,000 if they have an emergency. For those people, the engine light comes on in their car, and it’s the end of the world.”

Asked how he would fix this situation, Kennedy explained, “I will wind down the empire abroad, and I’ll start bringing that money home and investing in schools, public health, eliminating the chronic disease epidemic, and getting Americans healthy again. Our biggest cost, even bigger than the military, is health care.”

I asked if he thought a second Biden term or a second Trump term would be worse, and he surprised me by saying, “I don’t think either of them are good, but you know, I’m worried about Biden because I think he will — is more likely to get us in a nuclear war.”

Kennedy also seems to firmly believe that the war in Ukraine is as much the Biden administration’s fault as Russian President Vladimir Putin’s. And he believes that, if the Russian leader’s back were up against a wall, Putin wouldn’t hesitate to use atomic weapons, telling me, “He’s already said that if it’s existential, he’s going to use a nuclear weapon.”

Kennedy’s big idea in foreign policy is “neo-isolationism,” i.e., pulling back from what some term “American Empire.” His position is one that is embraced by many on the left flank of the Democratic Party as well as many Republicans, a large majority of whom think the US should stop funding the Ukraine war. A CNN poll published in August found 71% of Republicans think the US should not authorize additional funding to support Ukraine.

The Supreme Court

In light of the Supreme Court’s decision last year that overturned *Roe v. Wade* and the constitutional right to an abortion, I asked Kennedy how the Catholic faith he had grown up with might have informed his views about abortion. He told me, “I’ve seen late-term abortion pictures and they’re horrifying. So, I understand the people who want them banned, but I also am too skeptical of government to believe that it should be the one that should be dictating bodily decisions.”

Kennedy is also opposed to the Supreme Court’s decision in June to end affirmative action for minority Americans going to college, a case in which Harvard, his alma mater, was one of the defendants. At the same time, he says “legacy admissions,” which give the children of alumni preferential treatment when applying to attend many elite colleges, should

end. He described the practice as “affirmative action for White people only.”

Even though the Supreme Court has produced two key recent decisions that he disagreed with, Kennedy would not — as some Democrats have advocated — add more liberal judges to the Supreme Court, saying, “I just think it’s a terrible precedent. I’m very much aware of the attempts by FDR to do that and how that was viewed by the American public as cheating on the rules.”

Climate change

Much of Kennedy’s professional career was spent as an environmental lawyer, most notably helping to clean up the Hudson River in New York. Since this year is on track to be the hottest on record, I asked him what the US should do about this.

He said he opposed “carbon capture,” a technique in which carbon is pumped under the ground in deep wells to be stored there. He describes this as a “boondoggle” for the carbon-producing industries. Instead, he advocates for “habitat” and “environmental” protection since “destroying the natural systems destroys the resilience of the planet to climate changes.”

The border

I also asked Kennedy how he’d approach another important issue for voters: America’s southern border.

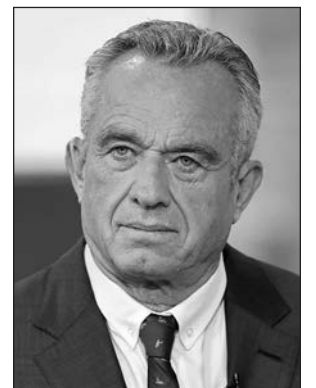
Much of Kennedy’s take on border security sounds more in line with Republicans than Democrats. He said Trump had gotten “the wall” mostly right but that “you don’t need a wall all the way 2,200 miles from Brownsville, Texas to San Diego. But you do need a physical barrier. You do need a wall in the heavily populated areas.” Kennedy also said many more asylum judges are needed to process the hundreds of thousands of asylum claimants who are now crossing the US-Mexico border.

The Second Amendment

Kennedy says he is not a gun owner himself, but he is not for “taking people’s guns away,” and he would include in that category semi-automatic weapons like AR-15s that have often been used in mass shootings in the US. He said, however, if he were to become president and the US Senate and the House both had passed measures banning AR-15s, he would go along with that decision.

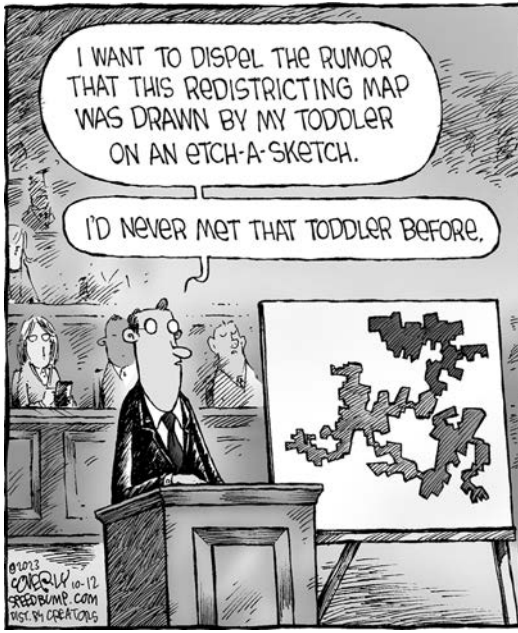
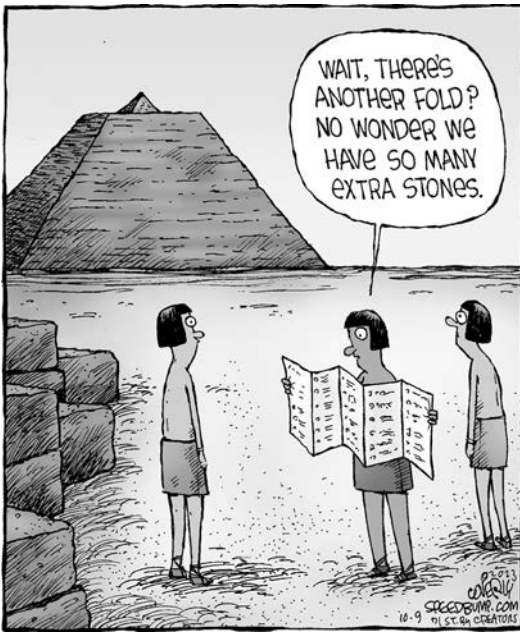
But in discussing America’s “gun culture” and the view by some that “their AR-15s are protecting them from government overreach” — he said it was a position he felt some sympathy with, given what he considered to be the massive US government overreach during the Covid pandemic.

On the Ukraine war, pandemic measures, US border policies, and the Second Amendment, RFK Jr. could easily be mistaken for a Republican, while on abortion, affirmative action and climate change, he sounds very much like a Democrat. All of this makes Kennedy a wild card who may scramble the presidential election and damage both Biden and Trump in unexpected ways.



Robert F. Kennedy Jr.

SPEED BUMP DAVE COVERLY



Norwalk Community Calendar

MONDAYS

1st Mon., 6 pm - Public Safety meetings - Council Chambers
2nd Mon., 7 pm - Relay for Life meetings - Mr. Rosewood Family Restaurant

TUESDAYS

9:00 a.m. - 1 pm - Farmers Market - Norwalk City Hall
1st & 3rd Tues., 6 pm - Toastmasters Meetings - Registrar Recorder/County Clerks Office
1st & 3rd Tues., 6 pm - City Council - Council Chambers
3rd Tues., 5:45 pm - Housing Authority - Council Chambers

WEDNESDAYS

1st & 3rd Wed., 7 pm - Lions Club - Bruce's Restaurant
2nd Wed., 10:30 am - Norwalk Woman's Club - Faith Church
2nd & 4th Wed., 1:30 pm - Alondra Senior Citizens - Social Services Center
2nd & 4th Wed., 6 pm - Soroptimist International - Via Zoom
2nd & 4th Wed., 7:30 pm - Planning Commission - Council Chambers
4th Wed., 11:30 am - Coordinating Council - Arts & Sports Complex

THURSDAYS

7 pm - Boy Scouts Troop 924 - Norwalk United Methodist Church
2nd Thurs., 6 pm - 605 Kiwanis Club - Mr. Rosewood Family Restaurant
2nd Thurs., 7 pm - American Legion Post No. 359 - 11986 Front St.
2nd Thurs., 7:30 pm - Golden Trowel - Norwalk Masonic Lodge

SATURDAYS

9:00 a.m. - 1:00 p.m. - Farmers Market - Norwalk City Hall

SUNDAYS

12:00 p.m. - 2:00 p.m. - Food Pantry - 12201 Firestone Blvd., Norwalk, CA 90650

Would you like an event listed in the community calendar?
E-mail news@thedowneypatriot.com

The Norwalk Patriot STAFF

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The Norwalk Patriot is published weekly by The Downey Patriot, Inc. Controlled Distribution, 22,000 copies are printed. Distributed by CIPS Marketing Group, Inc., Los Angeles, CA.

ADVERTISING POLICY
THE NORWALK PATRIOT reserves the right to censor, reclassify, revise or reject any ad. THE NORWALK PATRIOT is not responsible for incorrect ads beyond the first business day of an ad scheduled. Please check your ad on the first day of publication and report any errors that have occurred to the Advertising Department at 562-904-3668 at the beginning of the next business day to have it published correctly for the remainder of the schedule.

TEL (562) 404-3008 | FAX (562) 904-3124 | MONDAY - THURSDAY 9AM - 3PM
14783 CARMENITA ROAD, NORWALK, CA 90650 | ADJUDICATION #BS154952

PUZZLE OF THE WEEK

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)
SEEING THINGS: With the theme in the clues
by Fred Piscop

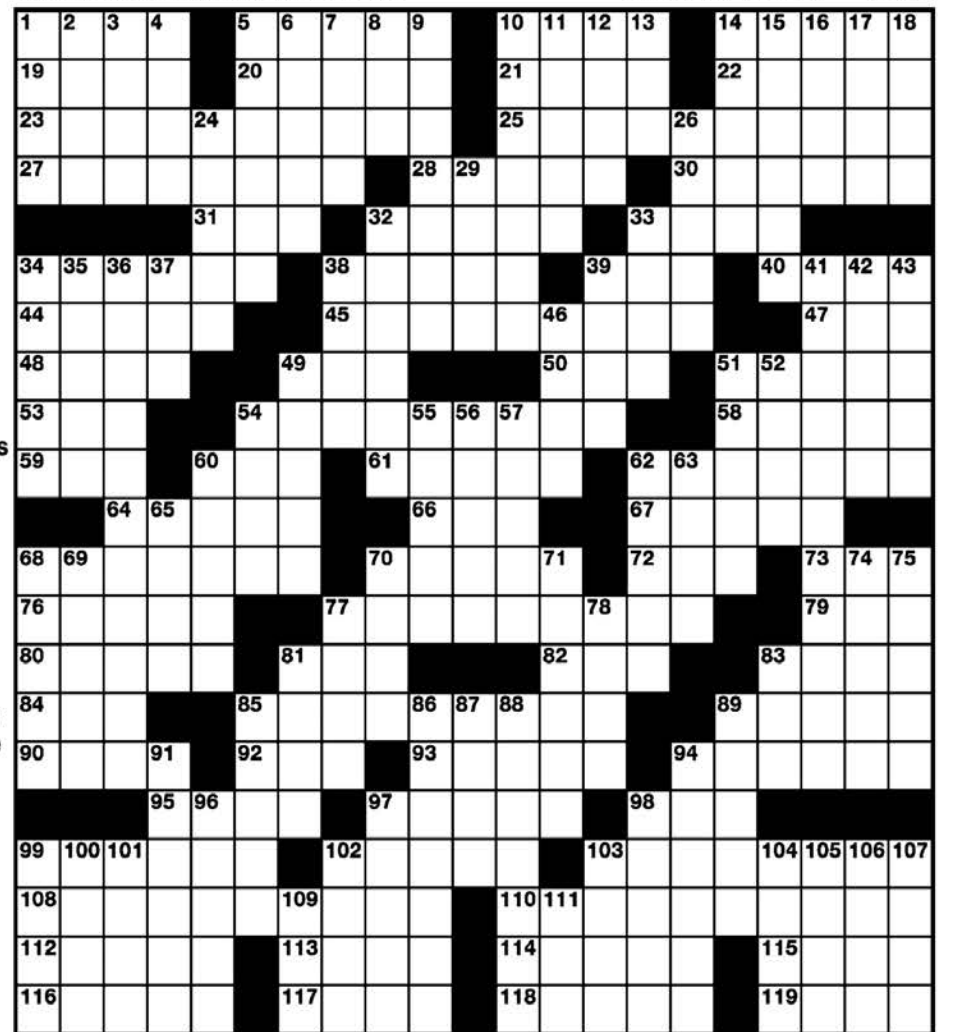
You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

You can contact puzzle editor Stanley Newman at www.StanXwords.com

The FROZEN FOOD business of Clarence BirdsEye (23 Across) was inspired by the natural fast-freezing of fish caught in cold climates. *DER Spiegel* (31 Across), literally "The Mirror," is a German weekly news magazine. As Jules Verne describes in *Around the World in Eighty Days*, the only pastimes of Phileas Fogg were reading newspapers and playing WHIST (97 Across).

- | | | | |
|-----------------------------------|----------------------------|--------------------------------|----------------------------|
| ACROSS | DOWN | ACROSS | DOWN |
| 1 The Nazarene author | 1 ___ Romeo (Italian auto) | 68 Type of evergreen | 1 ___ Romeo (Italian auto) |
| 5 Dentist's request | 2 Round Table guys | 70 Makes the scene | 2 Round Table guys |
| 10 "I agree completely!" | 3 Swamp beast | 72 Hosp. drips | 3 Swamp beast |
| 14 Foster with two Oscars | 4 Visibility obstacle | 73 Aerialist's safeguard | 4 Visibility obstacle |
| 19 Former Milan money | 5 Show curiosity | 76 Cybermessages | 5 Show curiosity |
| 20 Being chilled | | 77 The BuckEYES | |
| 21 NASA cancellation | | 79 Prefix with flop | |
| 22 95 Across off Venezuela | | 80 Items on a collector's list | |
| 23 Clarence BirdsEYE's innovation | | 81 Ante- relative | |
| 25 Device with an electric EYE | | 82 Take off the shelf | |
| 27 Feature of "small" h's and k's | | 83 Current carrier | |
| 28 Moans | | 84 Poultry product | |
| 30 Car parkers | | 85 RibEYE, for example | |
| 31 ___ Spiegel (German weekly) | | 89 Intense enthusiasm | |
| 32 Gulf north of Libya | | 90 Microfilm holder | |
| 33 Birds that brood | | 92 UFO crew | |
| 34 "Late" meal | | 93 Blackens in a barbecue | |
| 38 Sonata movement | | 94 In tatters | |
| 39 Put on TV | | 95 Cruise destination | |
| 40 Armchair athlete's channel | | 97 Game played by Phileas Fogg | |
| 44 Simple chord | | 98 Ogden Nash specialty | |
| 45 When redEYES fly | | 99 "On the double!" | |
| 47 However, for short | | 102 Model of virtue | |
| 48 Insurance concern | | 103 Optimal | |
| 49 Facetious "Me?" | | 108 Quick bit of shutEYE | |
| 50 Opposite of paleo- | | 110 I, the Jury private EYE | |
| 51 Sports-shoe gripper | | 112 Deceive | |
| 53 Chow down | | 113 Ode or haiku | |
| 54 GoldenEYE spy | | 114 More than adequate | |
| 58 Slip of memory | | 115 Actor Epps | |
| 59 Reporter's query | | 116 Lifted, so to speak | |
| 60 Gives birth to | | 117 Possesses | |
| 61 Annual Pampiona runners | | 118 Branch of mythology | |
| 62 Destroyed | | 119 ___ de plume | |
| 64 Showers with praise | | | |
| 66 Baker's qty. | | | |
| 67 Travel plan | | | |

CREATORS SYNDICATE © 2023 STANLEY NEWMAN WWW.STANXWORDS.COM 10/8/23



- | | | |
|---------------------------|------------------------------|------------------------------|
| 63 Ramble around | 85 Downstairs, on a ship | 99 Some PX customers |
| 65 Working hard | 86 Deep divisions | 100 Carrot or parsnip |
| 68 Not as many | 87 Rarefied | 101 Ricelike pasta |
| 69 Something seen | 88 Inventor of roll film | 102 Wet blanket |
| 70 White hat wearer | 89 Shark cousin | 103 CPA subordinate, perhaps |
| 71 Washington portraitist | 91 Part of an entryway frame | 104 "Follow me!" |
| 74 Spooky | 94 Fraternity hopeful | 105 Rounds to load |
| 75 Tire pattern | 96 Gypsy composer | 106 Stitches on a baseball |
| 77 Mined materials | 97 Start the day | 107 Blunders |
| 78 Sets as a price | 98 Rinds | 109 NASDAQ debut |
| 81 Tampa-St. ___ | | 111 Online "I think" |
| 83 Witty one | | |

MORE OF STAN'S CROSSWORDS! Play FREE from Stan's archives of Easy, Hard and Sunday puzzles at: tinyurl.com/stan-newman-crosswords

SMARIA M SOZA, OWNER
This statement was filed with the County Clerk of Los Angeles on SEPTEMBER 25, 2023.
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

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9/29/23, 10/6/23, 10/13/23, 10/20/23

the solicitation will be posted in the Addenda section of the City's online bid portal as an addendum.
The successful Proposer will be required to comply with all applicable Equal Opportunity Laws and Regulations. The City of Norwalk hereby notifies all prospective Proposers that the City will require each Proposer affirmatively demonstrate that Disadvantaged Business Enterprises are afforded full opportunity to participate in the performance of contracts and sub-contracts financed in part or in whole under this RFQ, and will not be discriminated against on the grounds of race, color, gender, age, or national origin in consideration for an award.
Point of contact for this RFQ is Run Chen (562) 929-5724 or via email at rchen@nwkca.gov.
By: /s/ Glen W.C. Kau, City Engineer
Date: 10/12/2023

The Norwalk Patriot
10/13/23

of earned retentions directly to an escrow agent at the Contractor's expense. No such substitutions shall be accepted until all related documents are approved by the City Attorney.
BIDDING PROCESS. The City reserves the right to reject any Bid or all Bids, and to waive any irregularities or informalities in any Bid or in the bidding, as deemed to be in its best interest.
By: /s/ Glen W.C. Kau, City Engineer
Date: 10/12/2023

The Norwalk Patriot
10/13/23

THE PETITION FOR PROBATE requests that SYLVIA MORENO be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held in this court as follows: 11/03/23 at 8:30AM in Dept. 9 located at 111 N. HILL ST., LOS ANGELES, CA 90012.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner
ILIANA MADRIGAL, ESQ. - SBN 278590
CHAVEZ LAW GROUP
13225 PHILADELPHIA ST., STE A
WHITTIER CA 90606
A-4797819
Telephone (323) 506-3142
10/6, 10/13, 10/20/23
CNS-3745008#
THE NORWALK PATRIOT

more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 730-2727 for information regarding the trustee's sale or visit this Internet Web site - www.servicelinkASAP.com - for information regarding the sale of this property, using the file number assigned to this case: 156934. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. NOTICE TO TENANT: You may have a right to purchase this property after the trustee auction pursuant to Section 2924m of the California Civil Code. If you are an "eligible tenant buyer," you can purchase the property if you match the last and highest bid placed at the trustee auction. If you are an "eligible bidder," you may be able to purchase the property if you exceed the last and highest bid placed at the trustee auction. There are three steps to exercising this right of purchase. First, 48 hours after the date of the trustee sale, you can call (714) 730-2727 for information regarding the trustee's sale, or visit this internet website www.servicelinkASAP.com for information regarding the sale of this property, using the number assigned to this case 156934 to find the date on which the trustee's sale was held, the amount of the last and highest bid, and the address of the trustee. Second, you must send a written notice of intent to place a bid so that the trustee receives it no more than 15 days after the trustee's sale. Third, you must submit a bid so that the trustee receives it no more than 45 days after the trustee's sale. If you think you may qualify as an "eligible tenant buyer" or "eligible bidder," you should consider contacting an attorney or appropriate real estate professional immediately for advice regarding this potential right to purchase. A-4797819
10/06/2023, 10/13/2023, 10/20/2023

property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: **\$ 406,601.95.**
Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt.
If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse.
The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located.
NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You may be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property.
NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this internet web site <https://www.allsource.com/loginpage.aspx> using the file number assigned to this case **2017-03216-CA**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

CITY OF NORWALK
NOTICE INVITING BIDS FOR SPEED FEEDBACK SIGN IMPROVEMENTS ALONG DRIVE AND BLOOMFIELD AVENUE
PROJECT NO. 7242
IFB NO. 23-706
NOTICE IS HEREBY GIVEN that the City of Norwalk, California ("City") invites prospective Bidders to submit their bids via electronic submission on the City of Norwalk PlanetBids (PB) online bid portal site for SPEED FEEDBACK SIGN IMPROVEMENTS-EXCELSIOR DRIVE AND BLOOMFIELD AVENUE and will only receive such bids until **11:00 AM on October 30, 2023**, in accordance with the conditions outlined in the Invitation for Bid (IFB).
SCOPE OF WORK. The project involves furnishing and installing (4) four speed feedback signs at the intersection of Excelsior Drive and Bloomfield Avenue.
The Project is estimated to cost approximately \$53,500.00 and includes, without limitation, furnishing all necessary labor, materials, equipment and other incidental and appurtenant Work necessary to satisfactorily complete the Project, as more specifically described in the Contract Documents. This Work will be performed in strict conformance with the Contract Documents, permits from regulatory agencies with jurisdiction, and applicable regulations. The quantity of Work to be performed and materials to be furnished are approximations only, being given as a basis for the comparison of Bids. Actual quantities of Work to be performed may vary at the discretion of the City Engineer.
OBTAINING BID DOCUMENTS. Respondents to this IFB must be registered as a Vendor with the City of Norwalk City of Norwalk PlanetBids online bid portal to access all solicitation documents related to this project. The Vendor Portal provides entry to the NEW VENDOR REGISTRATION and Bid Opportunities modules. Registration is free and immediate. Instructions to register and contact us on the City's website at: <https://www.norwalk.org/planetbids>.
A copy of the solicitation can be downloaded from the City of Norwalk PlanetBids online bid portal site at <https://pbsystem.planetbids.com/portal/54783/portal-home>.
All questions or requests for interpretation regarding this solicitation must be submitted through the Q&A section of the City of Norwalk PlanetBids online bid portal. Bidders are not to contact City personnel with questions or clarifications concerning this solicitation. Any City response relevant to this solicitation provided through any means other than the City of Norwalk PlanetBids online bid portal is unauthorized and will be considered invalid.
REGISTRATION WITH THE DEPARTMENT OF INDUSTRIAL RELATIONS. In accordance with Labor Code Sections 1725.5 and 1771.1, no contractor or subcontractor shall be qualified to bid on, be listed in a bid proposal, subject to the requirements of Section 4104 of the Public Contract Code, or engage in the performance of any contract for public work, unless currently registered and qualified to perform public work pursuant to Section 1725.5 (with limited exceptions for bid purposes only under Labor Code Section 1771.1(a)).
PREVAILING WAGES. In accordance with Labor Code Section 1770 et seq., the Project is a "public work." The selected Bidder (Contractor) and any Subcontractors shall pay wages in accordance with the determination of the Director of the Department of Industrial Relations ("DIR") regarding the prevailing rate of per diem wages. Copies of those rates are on file with the Director of Public Works, and are available to any interested party upon request. The Contractor shall post a copy of the DIR's determination of the prevailing rate of per diem wages at each job site. This project is subject to compliance monitoring and enforcement by the DIR.
BONDS. Bidders must submit to the City Clerk a cash deposit, cashier's check, certified check, or Bidder's Bond issued by a Surety insurer, made payable to the City of Norwalk and in an amount not less than ten percent (10%) of the total Bid submitted by no later than **11:00 AM on October 30, 2023**. Personal or company checks are not acceptable. Bidder must indicate on the outside of the envelope the solicitation name and solicitation number. Failure to provide cashier's check, certified check, or Bidder's Bond will deem the bid as Non-Responsive.
City of Norwalk
Attn: City Clerk
12700 Norwalk Blvd., Room 10
Norwalk, CA 90650
Phone: (562) 929-5720

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2023208970
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) GOLDEN SUNRISE THERAPY, 13033 PENN STREET, SUITE 800, WHITTIER CA 90602, COUNTY OF LOS ANGELES
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNER(S): (1) EVELYN CRUZ, 13033 PENN STREET, SUITE 800, WHITTIER CA 90602
State of Incorporation: N/A
THIS BUSINESS IS CONDUCTED BY: an Individual
The date registrant started to transact business under the fictitious business name or names listed above: N/A
I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, which the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
S/EVELYN CRUZ, OWNER
This statement was filed with the County Clerk of Los Angeles on SEPTEMBER 22, 2023.
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot
9/29/23, 10/6/23, 10/13/23, 10/20/23

LIEN SALES
Extra Space Storage will hold a public auction to sell personal property described below belonging to those individuals listed below at the location indicated:
10950 Firestone Blvd
Norwalk, CA 90650
10/24/2023 11:00am
Chloe Peterson
Household items
Morgan Braly
Household items
Louie Luna
Household items
Sonia Gonzales
Household items
Ruben Toscano
Household items
John Young
Household items
Robert JR. Williams
Household items
Carmen Miras
Household items
Aron Devoe
Household items
The auction will be listed and advertised on www.auctreasures.com. Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

TRUSTEE SALES
NOTICE OF TRUSTEE'S SALE Trustee Sale No. 156934 Title No. 210381864 YOU ARE IN DEFAULT UNDER A DEED OF TRUST. DATE OF 01/02/2007. IF YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 10/27/2023 at 11:00 AM, The Mortgage Law Firm, PLC, as duly appointed Trustee under and pursuant to Deed of Trust recorded 01/08/2008, as Instrument No. 20080037848, in book xx, page xx, of Official Records in the office of the County Recorder of Los Angeles County, State of California, executed by Javier A. Morales and Elizabeth Morales, Husband and Wife as Joint Tenants, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924n(b), (payable at time of sale in lawful money of the United States), by the lender loaned to the Trustee, at Plaza, Pomona, CA 91766. All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State, described as: FULLY DESCRIBED IN THE ABOVE DEED OF TRUST. APN: 6072-010-015 The street address and other information, if any, of the real property described above is purported to be: 14502 Cameo Avenue, Norwalk, CA 90650 The undersigned Trustee disclaims any liability for any inaccuracy of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$302,209.91 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and written Notice of Default and Election to Sell. The undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located, Dated: 09/29/2023 THE MORTGAGE LAW FIRM, PLC Adriana Durham/Authorized Signature 27368 VIA INDUSTRIA STE 201 TEMECULA CA 92590 (619) 465-8200 FOR TRUSTEE'S SALE INFORMATION PLEASE CALL 714-730-2727 The Mortgage Law Firm, PLC, may be attempting to collect a debt. Any information obtained may be used for that purpose. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold

ASAP 4797819
The Norwalk Patriot
10/6/23, 10/13/23, 10/20/23

T.S. No.: 2017-03216-CA
A.P.N.:5071-020-017
Property Address: 4617 -4619 Saturn Street, Los Angeles, CA 90019

NOTICE OF TRUSTEE'S SALE
PURSUANT TO CIVIL CODE § 2923.2(a) and (d), THE SUMMARY OF PROPERTY REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR.
NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED.
注: 本文件包含一个信息摘要
참고사항: 본 첨부 문서에 정보 요약서가 있습니다.
NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACION DE ESTE DOCUMENTO
TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP
LUU Y: KEM THEO ĐÀY LÀ BÀN TRINH BAY TÓM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY
IMPORTANT NOTICE TO PROPERTY OWNER:
YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 01/04/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
Trustor: TRISHA FRANKLIN, AN UNMARRIED WOMAN
Duly Appointed Trustee: Western Progressive, LLC
Deed of Trust Recorded 01/16/2007 as Instrument No. 20070078465 in book ---, page--- of Official Records in the office of the Recorder of Los Angeles County, California.
Date of Sale: 11/16/2023 at 09:00 AM
Place of Sale: V I N E Y A R D BALLROOM, DOUBLETREE HOTEL LOS ANGELES-NORWALK, 13111 SYCAMORE DRIVE, NORWALK, CA 90650
Estimated amount of unpaid balance, reasonably estimated costs and other charges: **\$ 406,601.95**
THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR FEDERAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL AND UNAUTHORIZED TO DO BUSINESS IN THIS STATE.
All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as:
More fully described in said Deed of Trust.
Street Address or other common designation of real property: **4617 -4619 Saturn Street, Los Angeles, CA 90019**
A.P.N.: **5071-020-017**
The undersigned Trustee disclaims any liability for any inaccuracy of the street address or other common designation, if any, shown above.
The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2023208970
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) JITSU CLUB, 18179 PIONEER BLVD, ARTESIA CA 90701, COUNTY OF LOS ANGELES, 1425 W WOODCREST AVENUE, FULLERTON CA 92833
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A
REGISTERED OWNER(S): (1) SOCIAL JIU JITSU FEDERATION LLC, 18179 PIONEER BLVD, ARTESIA CA 90701
State of Incorporation: CA
THIS BUSINESS IS CONDUCTED BY: a Limited Liability Company
The date registrant started to transact business under the fictitious business name or names listed above: 09/20/23
I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code, which the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
S/SOCAL JIU JITSU FEDERATION LLC, MEMBER, CLAUDIU GIORGIONI
This statement was filed with the County Clerk of Los Angeles on SEPTEMBER 22, 2023.
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot
9/29/23, 10/6/23, 10/13/23, 10/20/23

PROBATE
NOTICE OF PETITION TO ADMINISTER ESTATE OF LORENZA PANCHO GAXIOLA
Case No. 23STPB06311
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of LORENZA PANCHO GAXIOLA. A PETITION FOR PROBATE has been filed by: MARY L PORTILLO in the Superior Court of California, County of LOS ANGELES.
THE PETITION FOR PROBATE requests that MARY L PORTILLO be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held on NOVEMBER 6, 2023 at 8:30 AM in Dept. 2D Room N/A located at SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES, 111 NORTH HILL STREET, LOS ANGELES CA 90012
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California Statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California Law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Petitioner
MARY L PORTILLO
12034 CEDARVALE ST, NORWALK CA 90650
562.674.7313

GOVERNMENT
CITY OF NORWALK
REQUEST FOR QUALIFICATIONS FOR HERMOSILLO PARK REHABILITATION, STORMWATER CAPTURE AND INFILTRATION PROJECT
PROJECT NO. 7359, 7607
RFQual 24-748
NOTICE IS HEREBY GIVEN that the City of Norwalk invites request of qualifications (RFQ) via electronic submission on the City of Norwalk PlanetBids (PB) online bid portal site for HERMOSILLO PARK REHABILITATION, STORMWATER CAPTURE AND INFILTRATION PROJECT and will only receive such qualifications until **11:00 AM on Thursday, November 30, 2023** in accordance with the conditions outlined in the solicitation.
INSTRUCTIONS. Responses to this solicitation must be submitted electronically via the City of Norwalk's online bid management portal PlanetBids: <https://pbsystem.planetbids.com/portal/54783/portal-home> no later than **11:00 AM on Thursday, November 30, 2023**, to be eligible for this solicitation. Proposals cannot be submitted after the deadline stated above. Mailed, faxed, or hand delivered proposals will NOT be accepted.
A MANDATORY pre-bid conference will be held on **Thursday, October 26, 2023 at 10:30AM at Hermosillo Park, 11959 62nd Street, Norwalk, CA 90650**. Bids will not be considered from parties that did not attend the mandatory meeting. Please RSVP via PlanetBids no later than close-of-business the day prior to October 20, 2023.
QUESTIONS: All questions or requests for interpretation regarding this solicitation must be submitted through the Q&A section of the City's online bid portal by **11:00 AM on Friday, November 3, 2023**. Questions or requests for interpretations will not be accepted by any other platform. City response relevant to this solicitation provided through any means other than the City's online bid portal is unauthorized and will be considered invalid.
Official responses to this solicitation will be posted in the Q&A section of the online bid portal. Any information resulting from questions that cause a material change in

NOTICE OF PETITION TO ADMINISTER ESTATE OF JESUS S. MORENO AKA JESUS SERVANDO MORENO DE LA HOYA
CASE NO. 23STPB10864
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of JESUS S. MORENO AKA JESUS SERVANDO MORENO DE LA HOYA. A PETITION FOR PROBATE has been filed by SYLVIA MORENO in the Superior Court of California, County of LOS ANGELES.

THE NORWALK PATRIOT
10/13/23, 10/20/23, 10/27/23

NOTICE OF PETITION TO ADMINISTER ESTATE OF JESUS S. MORENO AKA JESUS SERVANDO MORENO DE LA HOYA
CASE NO. 23STPB10864
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of JESUS S. MORENO AKA JESUS SERVANDO MORENO DE LA HOYA. A PETITION FOR PROBATE has been filed by SYLVIA MORENO in the Superior Court of California, County of LOS ANGELES.

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LIQUIDATED DAMAGES. For the purposes of the calculation of the start of the liquidated damages, the Work shall be considered to be completed when the same has been completed in accordance with the Plans and Specifications therefor and to the satisfaction of the City Engineer, and the City Engineer has certified such completion in accordance with Section 13-13.1 of Part I of the Standard Specifications. Liquidated damages daily cost shall be **\$500.00** per Calendar Day.
RETENTION SUBSTITUTION. Five percent (5%) of any progress payment will be withheld as retention. In accordance with Public Contract Code Section 22300, and at the request and expense of the Contractor, the securities equivalent to the amount withheld may be deposited with the City or with a State or federally chartered bank as escrow agent, which shall then pay such moneys to the Contractor. Upon satisfactory completion of the Project, the securities shall be returned to the Contractor. Alternatively, the Contractor may request that the City make payments

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Official

Wrestling legend Tully Blanchard credits 'power of prayer' for changing his life

■ Speaking at the Mayor's Prayer Breakfast in Downey, Tully Blanchard revealed the importance of faith in his life.

By Alex Dominguez
Staff Writer

DOWNEY – After falling from the jet flying, limousine riding, wheeling and dealing lifestyle of pro wrestling, Wrestling Hall of Famer Tully Blanchard says it was prayer that helped him turn his life around.

Blanchard was the keynote speaker at the 35th annual Mayor's Prayer Breakfast, held at the Rio Hondo Event Center last Thursday morning. He is a former singles and tag-team wrestling champion, who worked across the National Wrestling Alliance, World Wrestling Entertainment, and most recently All Elite Wrestling. Known as one of the original members of the Four Horsemen stable alongside Ric Flair, and Arn and Ole Anderson, he was inducted into the NWA Hall of Fame in 2009, and the WWE

Hall of Fame in 2011.

At Thursday's event, Blanchard spoke on turning points in life and the power of prayer.

He recalled the day that his younger brother was killed in a car crash.

"My brother had lost control of his car going to baseball practice...16 years old, he was gone," said Blanchard. "That changed everything in my family. It wasn't much after that, both of my parents came to know Jesus.

"I was 26, I'd graduated college, started my wrestling career, and my dad would call me and start preaching to me, and I'd go, 'Look, if this is all you want to talk about, don't call me anymore. That's not my world, that's not how I'm handling this thing.'"

Blanchard said he didn't know that his mom and dad "were praying diligently that there was a Christian man in their other son."

"I kept going, playing the life of a star. Ric Flair, Arn Anderson, and Barry Windham and I used to get on TV and

talk about jet flying, limousine riding," said Blanchard. "We did. Private airplanes. I mean we did everything that you would think anybody was a star did. Drugs, sex, and rock and roll.

"We wrestled every day someplace, 330 days a year, and get up on Saturday morning and fly to Atlanta and tape that 6:05 TV show at 10 in the morning when you didn't want to do anything but sleep. But that's how we made a living, and these prayers were rolling off in San Antonio Texas."

Blanchard wouldn't find his religion until a failed drug test cost him not only his position with the WWE, but a job offer with World Championship Wrestling.

"In my own genius, I had managed to get fired from the only two places I could work in the country in eleven days," said Blanchard. "I had absolute panic. I don't know if anything has ever hit you like that; I could not move.

"I laid in my bed, and I just wanted to go to sleep, just turn it off, and it wouldn't go off. I laid in my bed for three hours, and

at 4:03 in the morning I said five words that changed my life: Jesus take over my life...There was a calmness that came over me that I had never felt before."

Blanchard said "That is what the power of prayer will do."

"But you have to believe that He is, and that He is a rewarder of them that seek him," said Blanchard.

During the event, Mayor Claudia Frometa also spoke, thanking those in attendance for "praying for our city."

She said that she "covets your prayers."

"Downey has been a shining light in the southeast Los Angeles County region, and over the course of the last couple of years it has been on shaky ground. I think you've noticed; you've realized that," said Frometa. "But at the same time, I think the Lord has a special plan for the city, and as believers we need to continue to believe that the Lord has a plan for the city of Downey, California; the 10th largest city in LA County."



Wrestling hall of famer Tully Blanchard delivered the keynote address at Downey's Mayor's Prayer Breakfast last week. (PHOTO BY ALEX DOMINGUEZ)

Olympic board looks to add games for 2028

■ Additions could include softball/baseball, flag football, cricket, lacrosse and squash.

By City News Service

LOS ANGELES – The LA28 Olympic and Paralympic Games' Board of Directors Monday announced its proposal to include five new sports as part of the 2028 Olympic sports program, which they say would reflect the "diversity, optimism and creativity" of Los Angeles.

LA28 Games, a private organization delivering the Olympic Games to L.A., is calling for the inclusion of baseball/softball, flag football, cricket, lacrosse and squash as part of the sports lineup when the Olympic Games come to the city.

The International Olympic Committee will consider and vote on the proposal during its meeting in Mumbai on Oct. 16, according to LA28.

"LA28's proposed sports ignite the imagination on the field of play and drive culture off it. They're relevant, innovative

Los Angeles officials proposed adding five new sports to the 2028 Olympic Games.



and community-based, played in backyards, schoolyards, community centers, stadiums and parks across the U.S. and the globe," Casey Wasserman, chair of the LA28 Games Board

of Directors, said in a statement.

According to LA28 Games, the proposal will "strengthen relationships with international federations and professional leagues," as well as inspire a new

generation of athletes and fans.

These five proposed sports would be in addition to the planned 28 Olympic events, including aquatics, archery, athletics, badminton, basketball,

canoe, cycling, equestrian, fencing, soccer, golf, gymnastics, handball, hockey, judo, rowing, rugby, sailing, shooting, skateboarding, sport climbing, surfing, table tennis, taekwondo, tennis, triathlon, volleyball and wrestling.

LA28 Games issued a request for information process for its proposal and received feedback from nine International Olympic Committee-recognized International Federations in June 2022.

The board of directors assessed any proposed sports using several criteria, such as economic responsibility, gender equality, sport integrity, fan interest and youth relevance.

"In building the Olympic sport program, we were willing to challenge the status quo and think differently about what's possible for the games in Los Angeles," Kathy Carter, LA28 CEO, said in a statement.

"We approached the process holistically and authentically, ensuring that our decisions were grounded in the Games' commitment to fiscal responsibility. And we've landed on a bold and balanced proposal that will energize the Games with culturally relevant competition and boundless possibility," Carter added.

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