

City Council addresses “One-Ways,” dangerous 105 intersection

■ Updates on the One-Ways Neighborhood Rehabilitation Program and plans to improve safety at the intersection at the 105 Freeway and Studebaker Road were presented during this week’s city council meeting.

By Vincent Medina
Contributor

NORWALK - Norwalk City Council heard updates on the One-Ways Neighborhood Rehabilitation Program and efforts to address the frequent collision intersection at 105 Freeway and Studebaker Road during their Tuesday meeting.

One-Ways Neighborhood Rehabilitation Program Update

Amanda Moreno, program administrator and senior management analyst, explained the progress of the Norwalk One-Ways Neighborhood Rehabilitation Program to the city council and shared data detailing the services residents requested.

The council allocated \$2 million from American Rescue Plan Act (ARPA) funding to the One Ways Neighborhood Rehabilitation Program in July 2022. The program aims to create healthier living conditions and provide residents living in the one-ways with essential home improvements.

The 85 applicants that applied were told to choose the service they felt was a priority for their home. By going through the applications, staff found 56 roof repair requests, 13 exterior paint, 15 fences and one junk removal request.

However, of the applicants, 40 were approved, 43 were waitlisted and two were denied.

“If someone was waitlisted, this is dependent on the amount of funds available,” Moreno said. “We may be able to approve more than 40, but at this time we’re just moving forward then we’ll work our way down the list dependent on funding.”

The program administrator expects each project to take eight weeks to complete. Therefore, the 40 approved requests will be complete by approximately December. Construction began on the first residence that Tuesday.

Councilmember Rick Ramirez expressed concern that Moreno and the program may need more staff to service the one-way community. The program administrator reassured him she had everything she needed through her staff and the community development team.

“I want to make sure you have every tool to be successful, and so there is no delay in any process,” Ramirez said. “It’s a new program, and there’s a lot of things we need to wrinkle out, so I wanted to make sure this administration gives you everything to have a very successful project.”

Councilmember Jennifer Perez expressed her confidence in Moreno for her attentiveness to the conditions of the ARPA funding.

“Since this is ARPA funded, there’s even more regulations you must follow in order to ensure this funding is complete and filed appropriately,” Perez said. “I know with the details that you’ve provided in the report tonight, I know you’re on top of it.”

Moreno was raised in the one-ways and expressed her desire to give back to her community



Amanda Moreno explains the progress of the Norwalk One-Ways Neighborhood Rehabilitation Program to the city council during their meeting on Tuesday. (Photo by Vincent Medina)

when she began working for the city. After becoming a senior management analyst, the deputy city manager asked her to spearhead the program.

Frequent collision site at 105 Freeway and Studebaker Road intersection

Ozzie Ramos, the public safety director, presented his plans to address the intersection of the 105 freeway and Studebaker Road, which has become a frequent accident site in the city.

The intersection has an average of three yearly accidents from 2019 to 2022. Accidents have increased this year, with 10 accidents reported year-to-date, and nine out of 10 collisions occurred between 10 pm and 3 am, according to Ramos’ data.

As the California Department of Transportation (Caltrans) is responsible for highway conditions, the city is working with them to address the issue.

Ramos expressed that while the incidents belong to Caltrans, as public safety director, he has control over some improvements to make the intersection safer.

The public safety director explained his three-point plan to the council first involves communicating through message boards and increasing lighting at the intersection. Then the city would work to educate residents on traffic safety to reduce accidents.

“My first strategy is consistent with the city’s strategic goal and they can save a livable community,” Ramos said. “Also, it’s been my experience that traffic safety, through education,

can also mitigate some of these incidents.”

Ramos emphasized that his third point was to continue outreach to educate residents about the problems in the community.

“Back in 2018, we added signs and lighted signs on the off ramp as a request to Caltrans per our request,” Councilmember Perez said. “We are doing our part, on the part of the city, to that on and off ramp and intersection that we have control over.”

The council noted Caltrans acknowledged the problem with the intersection. City officials plan to bring historical data from past meetings with Caltrans to the upcoming meeting with the department representatives on Aug. 7 to discuss how to proceed.

Weekend at a Glance

Friday	86°	
Saturday	89°	
Sunday	89°	

ON THIS DAY

1704: During the War of the Spanish Succession, Britain took control of Gibraltar on this day in 1704 after Spain surrendered, and “the Rock” subsequently became a British colony and a symbol of British naval strength.

1790: U.S. Secretary of the Treasury Alexander Hamilton established the Revenue Marine Service, which became the U.S. Coast Guard.

1892: Lizzie Borden’s father and stepmother were murdered in Fall River, Massachusetts; she was later tried for the crime but acquitted.

1914: In response to the German invasion of Belgium, Great Britain entered World War I, declaring war on Germany.

1944: The secret annex in Amsterdam where Anne Frank and seven others were hiding was discovered by the Gestapo; all were sent to concentration camps, with only Otto Frank surviving.

2007: The U.S. space probe Phoenix was launched, and a year later it landed on Mars. Among its most-important discoveries was the existence of water ice beneath the planet’s surface.

2010: California’s Proposition 8, the ballot initiative prohibiting same-sex marriage passed by voters in 2008, was overturned in court.

2017: The music video for “Despacito” became the most-watched YouTube video ever, passing the Wiz Khalifa/Charlie Puth collaboration “See You Again” with nearly 3 billion views in just seven months. The mark held until 2020, when it was overtaken by “Baby Shark.”

2021: Forbes declared Rihanna the richest female musician - by far. Her \$1.7 billion fortune is roughly double that of Madonna, who was #2 on the list. Most of Rihanna’s earnings are from her Fenty Beauty line.

Whittier Police officer who was shot is expected to survive

By City News Service

WHITTIER — A Whittier Police Department officer and the suspect accused of shooting him were being treated for non-life threatening injuries Tuesday.

The shooting occurred in the 7300 block of Pickering Avenue, near Penn Street, at 8:40 p.m. Monday as Whittier Police Department officers were conducting surveillance on a suspect, identified as Edgar Gonzalez, 25, the shooter in a July 30 murder in Santa Fe Springs, and stopped a vehicle Gonzalez was driving, said Lt. Hugo Reynaga of the Los Angeles

County Sheriff’s Department.

Officers requested that the suspect get out of the vehicle several times and at some point Gonzalez got out and ran away with officers in pursuit.

Police caught up to Gonzalez between two apartment complexes, where officers opened fire on him. He continued running south on Pickering, where Gonzalez tossed away a semiautomatic handgun and continued running west on Mar Vista Avenue from Pickering, police said.

A K-9 unit was brought in and officers used a less lethal

40mm baton round on Gonzalez before he was taken into custody, Reynaga said.

The officer and Gonzalez were taken to Los Angeles General Medical Center. The officer sustained gunshot wounds to his lower extremities and the suspect suffered a gunshot wound to the hand.

The officer, whose name was not released, is “in good spirits,” Whittier Mayor Joe

Vinatieri wrote on his Facebook page, praising the “awesome response” from personnel from the Pico Rivera, Norwalk and Temple sheriff’s stations and El Monte and Irwindale police departments.

Sheriff’s homicide detectives are assisting the Whittier Police Department in the investigation of the shooting.

Anyone with information about this shooting was asked

to call the Sheriff’s Homicide Bureau at 323-890-5500. Anonymous callers may call Crime Stoppers at 800-222-8477 or send tips to lacrimestoppers.org

The hospital was formerly known as LAC+USC Medical Center.

Los Padrinos locked down after riot, escape attempts

By City News Service

DOWNEY — A juvenile resident at Los Padrinos Juvenile Hall in Downey was back at the facility Saturday after escaping during a brawl with detention staff members that prompted a large police response.

Officers from the Downey Police Department, Downey Fire Department, the South Gate Police Department and deputies from the Lakewood Sheriff’s Station responded to the juvenile hall just after 9 p.m. Friday in response to a report of one youth assaulting a staff member at the recently reopened facility.

A spokeswoman with the Los Angeles County Probation Department, which runs the facility, said the youth

who escaped was quickly apprehended by Probation Special Enforcement Operations officers.

“Youth and staff who were impacted by the disturbance are being evaluated by medical staff; however, no serious injuries to youth or staff were reported,” she told City News Service. “All youth are accounted for.”

Officers and deputies searched nearby neighborhoods and Los Amigos Golf Course after learning one of the juveniles housed at the facility had escaped during the fight.

Los Padrinos Juvenile Hall reopened this month with 274 pre-disposition youths previously housed at Barry J. Nidorf Juvenile Hall in Sylmar

and Central Juvenile Hall in Boyle Heights transferred to the 26-acre campus in Downey.

In a statement, Supervisor Janice Hahn said she wanted assurances a repeat incident doesn’t occur.

“I want to thank the law enforcement officers who responded and got this situation under control quickly. It is my understanding that all the youth have been accounted for,” Hahn said. “We need to understand exactly what happened last night at Los Padrinos. I expect our interim Chief Probation Officer to get to the bottom of what went wrong and make assurances to the Board of Supervisors and the City of Downey that this is not going to happen again.”

2 people killed in Norwalk shooting

By City News Service

NORWALK — A man was killed and a man and woman were wounded in a Norwalk shooting, authorities said Monday.

The shooting was reported at 8:39 p.m. Sunday in the 12700 block of Pioneer Boulevard, south of Imperial Highway and north of Firestone Boulevard, according to the Sheriff’s Information Bureau.

Deputies responding to a report of gunshots found one man inside a vehicle suffering from multiple bullet wounds, sheriff’s officials said. He was pronounced dead at the scene.

The deputies found a man and woman in the area who had been shot and they were taken by paramedics to hospitals where they were in critical condition, the officials said.

Sheriff’s homicide detectives were summoned to the scene to search for evidence and witnesses, officials said.

Information about a suspect and motive were not immediately available.

Anyone with information on this fatal shooting was asked to call homicide detectives at 323-890-5500 or Crime Stoppers at 800-222-8477.

Survey: 32% of Californians won't take COVID vaccine boosters

By City News Service

LOS ANGELES - Nearly one-third of adult Californians (32%) say they would decline any additional COVID-19 vaccine doses, according to a survey released Wednesday.

The survey -- published by the UCLA Center for Health Policy Research -- found that California adults who have not completed the primary vaccine series against COVID-19 did not do so for several reasons: 48% think a vaccine for COVID is unnecessary, 45% worried about side effects, and 44% think the vaccine was developed too quickly.

Additionally, 22% said they don't know enough about the vaccine to make the decision to get it, and 20% don't believe in vaccines in general.

The U.S. Centers for Disease Control and Prevention has advised people to get fully vaccinated against COVID-19. The vaccine does not necessarily prevent people from contracting or transmitting the coronavirus, but health officials say it can protect people from the most severe symptoms of COVID, potentially saving lives.

The 2023 California Health Interview Survey Preliminary

COVID-19 Estimates Dashboard uses data collected from 5,088 California adults, children and teenagers who completed the survey in March and April 2023.

Findings also include information about Californians' experiences with personal and financial impacts of the pandemic, COVID-19 testing, access to masks, and experiences with long-lasting COVID-19 symptoms.

Among the findings:

-- Among California adults who have completed the primary vaccine series for COVID-19, 22% have not received additional doses;

-- 66% of California adults who lived in households with five or more people received a positive COVID-19 test, significantly higher than 37% of adults with one person in the household;

-- 28% of California adults who tested positive for COVID-19 have experienced symptoms for two months or longer;

-- Latinx adults were significantly more likely to experience symptoms for two months or longer (40%), compared to white adults (20%) and Asian adults (14%);

-- 41% of adults with the

lowest incomes experienced symptoms for two months or longer compared to 23% of adults with the highest incomes;

-- 33% of California adults said they do not have an N95, KN95, or KF94 mask, and among California adults who did not have an N95, KN95, or KF94 mask, 16% said they would not wear a mask if public health recommended it as a COVID-19 protection;

-- 61% of California adults who say they would not be able to get an N95, KN95, or KF94 mask said they are too expensive.

"The dashboard offers critical insights into attitudes surrounding COVID-19 in California," said Ninez Ponce, UCLA CHPR director and the survey's principal investigator.

"By collecting data on Californians' views on vaccines, access to masks, long COVID symptoms, and other COVID experience across various sociodemographic factors, this dashboard allows us to dig deeper into some of the ongoing patterns and inequities among Californians," Ponce added. "It provides valuable insights to guide evidence-based policy decisions as we continue to recover from the COVID-19 pandemic."



(Getty Images)

The survey also found that 55% of California adults have received a positive test for COVID-19, and among those who received a positive test, 47% received the result from a self-test kit only; 25% from a clinic, lab, or other testing site only; and 28% from both a testing site and a self-test kit.

"Early on in the pandemic,

COVID-19 testing was predominantly at testing sites, doctor's offices, hospitals, and labs, which reported positive tests to local and statewide health departments. What this survey tells us is that nearly half of Californians received their positive result only from a self-test kit, which is not reported to health departments unless the

individual reports it themselves. This may indicate COVID-19 positivity rates are higher than what has been reported," according to survey director Todd Hughes.

The survey results can be found at <https://healthpolicy.ucla.edu/health-profiles/Pages/2023-COVID-Preliminary-Estimates.aspx>.

Economists hopeful Southern California can avoid a recession

Many of the region's top economists are optimistic that Southern California can avoid a recession, as strong labor markets, lower inflation and increased federal investment in critical sectors such as green technology create short- and

long-term opportunities.

According to the latest quarterly update from the Southern California Association of Governments (SCAG) Economic Roundtable, earlier fears of recession have softened as general economic conditions

have improved. The Roundtable is a consortium of regional economic experts that meet every quarter to update the region's economic outlook and discuss challenges and opportunities facing the six counties that comprise SCAG.

"Although a recession had been considered likely for the third quarter this year, the Roundtable was generally optimistic that a recession will be averted or will be mild, especially in California," the Roundtable reported from its July meeting.

Other topline results:

Southern California's economic resiliency is driven by

strong labor markets. However, the region is facing a number of labor disputes in regionally significant industries.

Commercial real estate is a weak spot in the region's economy and housing continues to be soft, largely due to high interest rates and low supply.

Federal spending through the Inflation Reduction Act is ramping up and presents significant opportunities and multiplier effects for the region, especially surrounding green technology. Lithium mining is an emerging opportunity in Imperial County with commercial grade production possible by 2025.

Members of the Roundtable are selected for three-year terms and have expertise in the economics of SCAG's six counties, workforce development, equity, and sustainability. Members are:

- Imperial County, Michael Bracken, Development Management Group, Inc. (DMG)
- Los Angeles County, Shannon Sedgwick, Los Angeles County Economic Development Corporation (LAEDC)
- Orange County, Wallace Walrod, Tech Coast Consulting Group (TCCG) and Orange County Business Council (OCBC)
- Riverside & San Bernardino Counties, Manfred Keil, Inland

Empire Economic Partnership (IEEP) and Claremont McKenna College

Ventura County and the SCAG Region, Mark Schniepp, California Economic Forecast (CEF)

Equity, Karthick Ramakrishnan, University of California, Riverside (UCR) and California 100

Sustainability, David Roland-Holst, Berkeley Economic Advising & Research (BEAR) and University of California, Berkeley

Workforce Development, Shaun Fernando, Guidehouse Consulting

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By City News Service

WHITTIER - Alejandro Martinez, a Los Angeles County

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Sheriff's recruit involved in wrong-way crash succumbs to injuries

Sheriff's Department recruit who was struck by a wrong-way vehicle while training with dozens of colleagues last year, has died after an eight-month battle with severe injuries, sheriff's officials said.

Martinez was 27. He succumbed to his injuries Friday at UCLA Medical Center in Westwood, the LASD said.

"On November 16, 2022, Alejandro was struck by a vehicle as he trained with his partners from Academy Class #464 and fought for his life for the past eight months. Today, Alejandro succumbed to his injuries," the LASD said in a statement issued late Friday. "Surrounded by his family, friends, Sheriff Luna, and other department members in support of his family, Alejandro has now gone to his eternal resting place. Tragically, he was not able to fulfill his calling of helping others.

"Our condolences go out to Alejandro's family, friends,

and academy classmates. He will forever live in our hearts & never be forgotten. Words cannot express the extent of our gratitude to everyone who assisted, and continue to assist, and helped ease the burden of that very difficult day."

Janice Hahn, chair of the Los Angeles County Board of Supervisors, also paid tribute to Martinez.

"Last year, when we started a new effort to recruit more LASD deputies, Alejandro Martinez answered our call," Hahn tweeted Saturday morning. "His passing, months after that terrible crash, is nothing short of a tragedy. My prayers are with his family, his friends, and his fellow recruits. May he rest in peace."

Martinez was injured when an SUV swerved into a group of about 75 law enforcement trainees who were on an organized run at around 6:30 a.m. in the 10600 block of Mills Avenue, near Telegraph Road,

just blocks from the sheriff's STARS Explorer Academy law enforcement training center in Whittier.

Sheriff's officials said the group of recruits was running in columns northbound on the roadway when the southbound SUV swerved to the opposite side of the road and plowed into the trainees, leaving a trail of injured bodies.

The crash injured 25 recruits, including Martinez, sheriff's officials said at the time.

The motorist who struck the cadets, Nicholas Joseph Gutierrez, 22, of Diamond Bar, told reporters in 2022 that he fell asleep at the wheel.

He was arrested hours after the crash and booked on suspicion of attempted murder of a peace officer, but Gutierrez was released a day later with sheriff's officials saying the complex case needed more extensive investigation.

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Rep. Sanchez to deliver State of the Nation address

WHITTIER — Rep. Linda Sanchez (CA-38) will deliver a State of the Nation address Friday, Aug. 25, at the DoubleTree Hotel in Uptown Whittier.

Sanchez represents California's 38th congressional district, which encompasses

parts of north Downey along with Whittier, Norwalk, Santa Fe Springs, La Habra, and other communities.

Admission is \$50 with a chamber of commerce membership or \$60 without. A table for 10 is \$600. The event begins at 11:30 a.m.

To register, email Michael Calvert of the Downey Chamber of Commerce at michael@downeychamber.com.

Health questions around McConnell and Feinstein raise a critical concern

By Julian Zelizer

Julian Zelizer is a professor of history and public affairs at Princeton University. He is the author and editor of 25 books.

Last week, Senate Minority Leader Mitch McConnell caused quite a scare when he froze during a press conference and was led away by an aide. Though he returned a few minutes later, telling reporters he was “fine,” the incident – coupled with multiple reported falls he has taken this year – raised new questions about the 81-year-old Republican’s health.

But McConnell is just one example of a senator whose physical or mental health has come under scrutiny in recent months.

Democratic Sen. Dianne Feinstein of California took an extended absence from the Senate after her shingles diagnosis early this year. Her temporary departure impeded Senate Democrats’ ability to move forward on crucial judicial nominations for several months. Even when Feinstein returned, there were still doubts about whether she had fully recovered – most recently, on Thursday, when she appeared confused and had to be prodded to cast a vote in a Senate Appropriations Committee hearing.

And then there is Democratic Sen. John Fetterman of Pennsylvania, who suffered a stroke during his campaign, and was admitted to the hospital for clinical depression in February. His spokesperson at the time said he had struggled with depression “off and on throughout his life, [though] it only became severe in recent weeks.” Once in treatment, he began to talk quite candidly about his mental health struggles. He returned to the Senate in April, saying it was “great to be back.”

In presidential politics, health has also been a major concern, particularly given the age of the leading 2024 presidential candidates – President Joe Biden, who is 80, and former President Donald Trump, who is 77. And while the age of politicians should not be a determining factor for voters – given that many older officials have proven to still be up to the job, and many younger politicians have proven they are not – health is a legitimate issue.

Politicians should disclose to voters any major medical issues that could impede their ability to perform their tasks in office, so that voters can account for those issues when casting their ballots.

Just think about it: We evaluate candidates and incumbents based on a whole host of qualifications – intelligence, charisma,

ethics, political prowess, experience – and more. Why should their health, particularly where it pertains to their ability to perform their jobs, not be included in that list? Moreover, if politicians were more transparent about their health, the public might be less concerned about the question of their age and agility.

Voters also deserve to know the full extent of relevant health problems among those already serving, even if they are not running for reelection, since medical complications that arise while in office can impact their ability to perform their roles in government.

Of course, if politicians began to disclose more about their medical conditions, that would be a departure from historical norms.

Most famously, then-President Woodrow Wilson suffered from a devastating stroke in 1919 as he was negotiating the Treaty of Versailles and planning for the League of Nations. His wife, Edith Bolling Galt Wilson, took the reins, running much of his administration in his absence. The public did not begin to learn the details of his disability until 1920, and even then, they did not know the extent of his health issues or the significant role his wife had taken to keep the executive wing running.

Although much of our historical memory centers on how much the public knew about former President Franklin D. Roosevelt’s use of a wheelchair – a consequence of his battle with polio – more relevant to his ability to govern were his struggles with hypertension and heart disease, particularly as he ran for a fourth term in 1944. He notably died in office from a cerebral hemorrhage, just months into his fourth term.

White House officials downplayed the severity of then-President Dwight Eisenhower’s heart attack in 1955, and did the same for former President John F. Kennedy, who struggled with a number of medical issues, including back pain and Addison’s disease. For all his ailments, he took a cocktail of drugs, including painkillers, anti-anxiety medication, stimulants and more.

Mental illness has received even less attention. A Duke University Medical Center study has shown that many presidents likely suffered from depression, anxiety and even alcoholism, all of which could greatly have impacted their ability to serve and yet which almost never became part of the public conversation. Historians have uncovered, for instance, how much then-President Richard Nixon was drinking in 1973, sometimes leaving him incapacitated in key moments, such as during the Yom

Kippur War – when Israel found itself at war with multiple Arab nations and needed US aid.

Keeping significant health problems from the public also does not serve our democracy well. Medical privacy is important, of course, but so too is the right of voters to know the physical and/or mental limitations of the leaders who are running to represent them or currently representing them.

Since the 1970s, investigative journalists have been more dogged in covering this issue. One turning point was when the press reported that Sen. Thomas Eagleton of Missouri, Democratic nominee George McGovern’s 1972 running mate, had been hospitalized for depression and had received electro-shock treatment – a revelation which forced Eagleton to drop out.

The most significant written change took place with the Twenty Fifth Amendment, adopted in 1967, which authorized the vice president and a majority of the Cabinet or Congress to declare that the president was “unable to discharge the powers and duties of his office,” thereby allowing the vice president to assume the power of the acting president. The amendment, however, did not specify what those disabilities would be.

Changing norms have improved the ability of voters to gain access to the medical records of presidential candidates and sitting presidents. Incumbent presidents have agreed to share medical records, though sometimes reluctantly and without full details. There is a perennial fear among politicians of looking “weak.” And candidates for office have been less forthcoming in what they share.

By treating health concerns – physical and psychological – as something that should be hidden, politicians also play a part in perpetuating stigmas around the many health issues that millions of Americans contend with every day. If our leaders were more candid, we might respond to our own ailments differently – opting to treat, rather than to hide them, and recognizing that not all of them inhibit us from leading full lives or working full time.

Health issues do not recognize political divides. They impact the bodies and mind of every family – red, blue and purple – in communities that are rich, middle class and poor. It’s time to finally break free from the old taboos that surround this issue. Politicians, including Biden, have the opportunity to help us see how we can be more mature and honest when contending with this universal experience.

Putting AirTags on your kids could help their quality of life

By Kara Alaimo

Kara Alaimo, PhD, an associate professor of communication at Fairleigh Dickinson University, writes about issues affecting women and social media. Her book “Over the Influence: Why Social Media Is Toxic for Women and Girls – And How We Can Take It Back” will be published by Alcove Press in 2024.

Parents are putting AirTags on their kids to keep track of them these days, according to a recent report in The Washington Post. The \$29 device sold by Apple allows parents to track their children’s real-time locations – though it doesn’t always work in rural areas or places far from users of other Apple products. While many parents track their kids via their cell phones, these products allow younger kids, who may not have phones, to be monitored.

At first glance, it seems creepy to use a product that Apple clearly says isn’t meant for people or pets to monitor our children. But using this and similar technology this way, with kids’ consent, could actually protect them from far more dangerous forms of technology – and give them the independence they need to have happy childhoods and learn the skills they’ll need as adults. What’s more, the conversations necessary as a part of this process could normalize better and less uncomfortable dialogue between parents and kids about technology, safety, freedom and responsibility.

Here’s some context. Kids who are so-called “digital natives” are less likely than those in past generations to go out without their parents, Jean Twenge writes in “iGen: Why Today’s Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy – And Completely Unprepared for Adulthood.” They’re also less likely to have drivers’ licenses when they finish high school than their Boomer predecessors and less likely to work.

Kids born between 1995–2012 also spend an hour less time per day with friends than early Millennials and members of Generation X did at their age. “An hour a day less spent with friends is an hour a day less spent building social skills, negotiating relationships, and navigating emotions,” Twenge

writes.

Instead, this generation is spending more time alone – which they often, of course, spend on social media. In my forthcoming book, “Over the Influence: Why Social Media is Toxic for Women and Girls – And How We Can Take it Back,” I argue that while parents may think their kids are safer at home than in the outside world, they’re often in far more danger in their bedrooms on their phones than they would be if they were allowed to go out to meet up with their friends.

On social media, kids can easily, for example, get caught up in communities promoting content that includes eating disorders and even suicide. They can be targeted by “sextortionists” – people who pretend to be a boyfriend or girlfriend, convince them to share a racy image, then threaten to post it publicly unless they engage in more online sex acts. Or they can simply get caught up in thinking that, stuck at home, their lives don’t match up to the filtered, glamorized pictures they see their friends post.

All this can help explain why, as Twenge points out, kids today are suffering from higher levels of anxiety, depression and suicide. And, of course, they’re missing out on critical skills – working, driving, negotiating relationships with other people – that will be critical to their success later in life.

The popular belief seems to be that kids want to be spending their time on social media. But when danah boyd interviewed young people, she found the opposite to be true. “Teens told me time and again that they would far rather meet up in person, but the hectic and heavily scheduled nature of their day-to-day lives, their lack of physical mobility, and the fears of their parents have made such face-to-face interactions increasingly impossible,” boyd writes in “It’s Complicated: The Social Lives of Networked Teens.”

But the thought of leaving kids unsupervised leaves many parents – including me – nervous.

“We were all raised upon the theoretical white van that pulls up with the guy with the aviators and mustache, and the side door opens and we’re pulled off a street corner,” John Bischoff, head of the Missing Children Division of the National Center for Missing

& Exploited Children, told The Washington Post. “Statistically, it’s very rare that’s going to happen but in the same breath, it does still happen.”

Enter products that allow us to track our kids. Putting one on a kid is one way to give them more freedom to go out and explore the world on their own, giving parents the reassurance that they can usually (unless the products don’t work or kids remove them!) know where they are. This is a great option for kids in, say, middle school, who want to hang with their friends unsupervised. It can also be an especially helpful tool for parents of younger kids with autism, who commonly wander away from their caregivers.

I believe kids should be told when they’re being tracked, which offers an important prompt for more open communication between parents and kids about freedom and independence, technology and rules and boundaries – which should, of course, expand as kids grow older. Conversations about how trackers can be used for good (finding lost luggage) or bad (stalking people) would also be an opportunity to improve kids’ awareness of the complicated nature of technology and our need to stay vigilant in order to protect ourselves from its dangers and downsides.

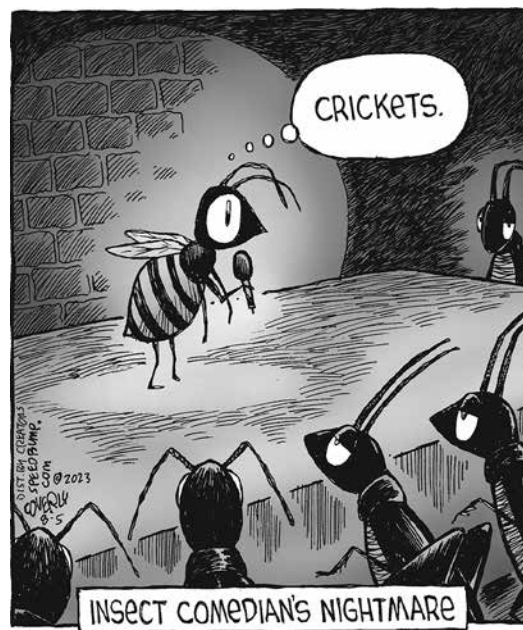
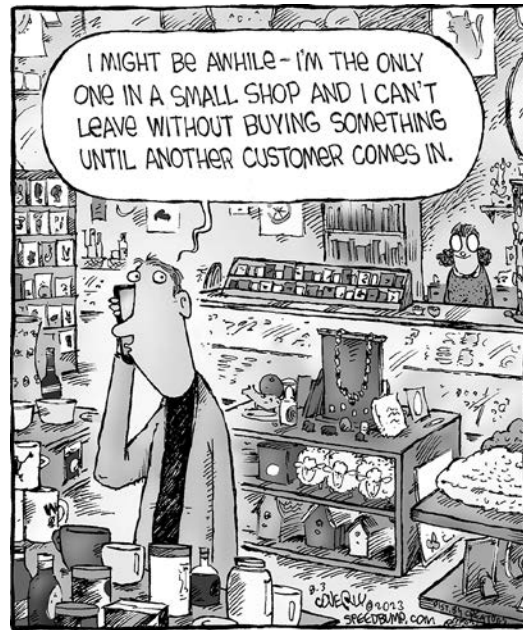
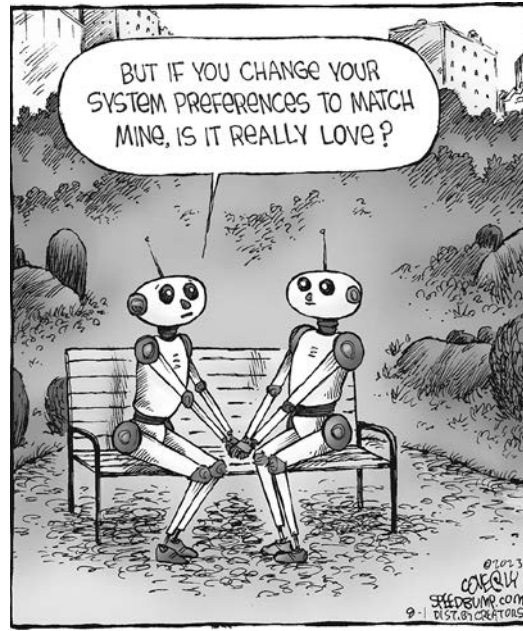
Of course, there are plenty of ways these devices could also be used for nefarious purposes for kids too – such as, for example, if someone else were to put one on your child. Last year, Apple said it was rolling out software to make people more aware of when they were being tracked by AirTags they didn’t know about. But that wouldn’t work if the person didn’t have a phone. So, trackers should also vibrate on a regular basis, so that if they’re placed on a person or in their possessions, the person quickly realizes it.

Trackers aren’t a fail-safe because they can’t be guaranteed to work, but particularly in populated areas, they’re a way to give parents added reassurance to allow our kids to go out and explore the world more on their own as they grow up. This won’t just make them happier – it could also keep them safer than they would be at home. I’m glad there’s an app for this.

Visit us at:

www.TheNorwalkPatriot.com

SPEED BUMP DAVE COVERLY



Norwalk Community Calendar

MONDAYS

1st Mon., 6 pm - Public Safety meetings - Council Chambers
 2nd Mon., 7 pm - Relay for Life meetings - Mr. Rosewood Family Restaurant

TUESDAYS

9:00 a.m. - 1 pm - Farmers Market - Norwalk City Hall
 1st & 3rd Tues., 6 pm - Toastmasters Meetings - Registrar Recorder/County Clerks Office
 1st & 3rd Tues., 6 pm - City Council - Council Chambers
 3rd Tues., 5:45 pm - Housing Authority - Council Chambers

WEDNESDAYS

1st & 3rd Wed., 7 pm - Lions Club - Bruce's Restaurant
 2nd Wed., 10:30 am - Norwalk Woman's Club - Faith Church
 2nd & 4th Wed., 1:30 pm - Alondra Senior Citizens - Social Services Center
 2nd & 4th Wed., 6 pm - Soroptimist International - Via Zoom
 2nd & 4th Wed., 7:30 pm - Planning Commission - Council Chambers
 4th Wed., 11:30 am - Coordinating Council - Arts & Sports Complex

THURSDAYS

7 pm - Boy Scouts Troop 924 - Norwalk United Methodist Church
 2nd Thurs., 6 pm - 605 Kiwanis Club - Mr. Rosewood Family Restaurant
 2nd Thurs., 7 pm - American Legion Post No. 359 - 11986 Front St.
 2nd Thurs., 7:30 pm - Golden Trowel - Norwalk Masonic Lodge

SATURDAYS

9:00 a.m. - 1:00 p.m. - Farmers Market - Norwalk City Hall

SUNDAYS

12:00 p.m. - 2:00 p.m. - Food Pantry - 12201 Firestone Blvd., Norwalk, CA 90650

Would you like an event listed in the community calendar?
 E-mail news@thedownypatriot.com

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PUZZLE OF THE WEEK

THE NEWSDAY CROSSWORD

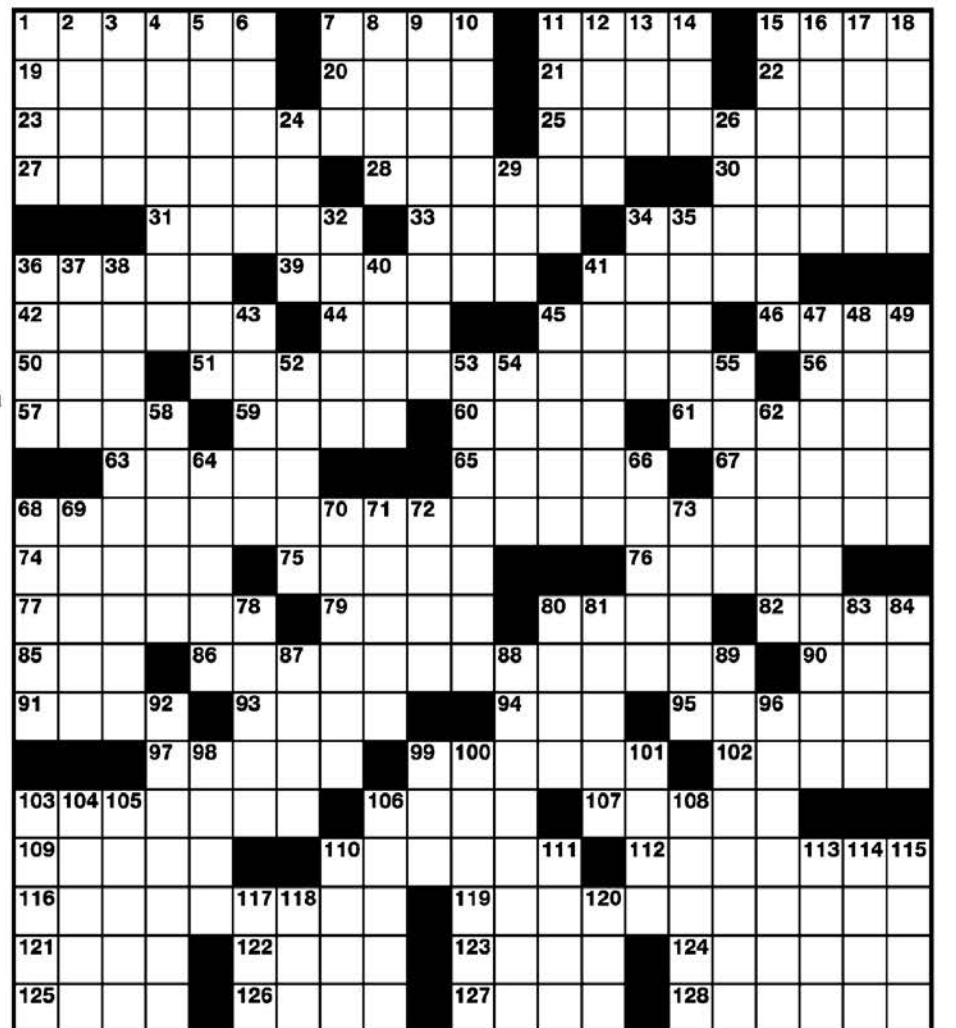
Edited by Stanley Newman (www.StanXwords.com)
 ALTERED STATES: Explained at 68 Across
 by S.N.

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

You can contact puzzle editor Stanley Newman at www.StanXwords.com

- | | | | |
|---|---------------------------|------------------------------------|------------------------------------|
| ACROSS | 1 Cajun chef of TV | 77 Cannes contraction | 8 Cloverleaf part |
| 7 "...and to ___ good night!" | 79 Water bordering Ohio | 80 Paint crudely | 9 Scottish tourist draw |
| 11 Those on foot, for short | 82 Small Spanish number | 85 French season | 10 Invite to dinner |
| 15 Pulverize, as potatoes | 86 *Basic | 90 Assoc. or org. | 11 Person instructed |
| 19 Honor Thy Father author | 91 Measure of force | 93 Certain undergrad | 12 Jazz great Fitzgerald |
| 20 Tries to win over | 94 Director DuVernay | 95 "Blah, blah, blah" | 13 Genetic molecule |
| 21 Forelimb bone | 97 Solemn ceremonies | 99 Parents-to-be class | 14 ___ Jose, CA |
| 22 "Short" suffix in music | 102 Old Testament prophet | 103 Don't take seriously | 15 City not far from Etna |
| 23 *Timepiece with hands | 106 Yawn producer | 107 City near Bonn | 16 Was annoying to |
| 25 *Flier's selection | 109 ___ personality | 110 City near Mauna Kea, for short | 17 Reenact |
| 27 State representative | 121 Baby photographer | 112 Orbital extreme | 18 Won't miss at all |
| 28 High anxiety | 122 Chopped down | 116 *Nimbus, for instance | 24 Earliest PC screens |
| 30 Common practice | 123 Carpet coverage | 119 *Sleepless in Seattle, e.g. | 26 Franc's successor |
| 31 Is priced at | 124 Amend further | 125 Retrieves | 29 Fogg emulator |
| 33 ___ and void | 125 Retrieves | 126 Small bouquet | 32 Salk rival |
| 34 Pixies and elves | 126 Small bouquet | 127 Feudal toiler | 34 Prefix for precious |
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| 39 Lack of danger | 128 Emphasize | | 36 Haphazard attempt |
| 41 Large fruit | | | 37 Heavenly light |
| 42 Built for two | | | 38 *Wartime detainee |
| 44 Urban transportation | | | 40 Any energy source |
| 45 Austen novel | | | 41 2451, in old Rome |
| 46 Central Iowa city | | | 43 Tyler Perry film persona |
| 50 Drink on draft | | | 45 Sparkling success |
| 51 *Pasteur discovery | | | 47 *Bulk letter personalizations |
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| 57 Unsuccessful film | | | 49 Blueprint details |
| 59 Boone, for short | | | 52 Soothing ointments |
| 60 "___ Lang Syne" | | | 53 Boasted about |
| 61 Like brine | | | 54 Subtle glow |
| 63 Alpine falsetto | | | 55 Deserves to receive |
| 65 Russian mountain range | | | 58 John who created the index fund |
| 67 Bit of antiquity | | | 62 Smallest possible |
| 68 What the answers to the starred clues all start with | | | 64 Evaporate |
| 74 Sports comeback | | | 66 Absorb fully |
| 75 3/17 honoree | | | 68 Combat-ready |
| 76 Rapper's aides | | | 69 Brutish |
| | | | 70 Brews, as tea |
| | | | 71 OWN VIP |
| | | | 72 Gladly, in Shakespeare |

CREATORS SYNDICATE © 2023 STANLEY NEWMAN WWW.STANXWORDS.COM 7/30/23



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| 73 High-minded | 92 White weasels | 108 Scorches in a skillet |
| 78 Shows corrosion | 96 Pine or cypress | 110 Tints |
| 80 Opera celeb | 98 "As my memory tells me" text | 111 Big boss at Disney |
| 81 Leave speechless | 99 Chat room chuckle | 113 French literature Nobel |
| 83 Art Deco alphabet painter | 100 Fragrances | 114 Ivy League team |
| 84 Pet welfare org. | 101 Spot in the distance | 115 CPR pros |
| 87 Caviers | 103 Hair-covering scarf | 117 Race segment |
| 88 "Me too" | 104 Nonsensical | 118 Tic-tac-toe nonwinner |
| 89 Computer-linking technology | 105 Virtuous person | 120 UK fliers |
| | 106 Hen | |

MORE OF STAN'S CROSSWORDS! Play FREE from Stan's archives of Easy, Hard and Sunday puzzles at: tinyurl.com/stan-newman-crosswords

The Norwalk Patriot

name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 07/28/2023, 08/04/2023, 08/11/2023, 08/18/2023. THE NORWALK PATRIOT. AAA1153211.

FICTITIOUS BUSINESS NAME STATEMENT 2023161722
The following person(s) is/are doing business as: **TURBO SMOCK CHECK, 7323 SOMERSET BLVD, PARAMOUNT, CA 90723 LOS ANGELES.** Mailing address if different: N/A. The full name(s) of registrant(s) is/are: **ESTEFANIE BEJAR, 7337 SOMERSET BLVD, PARAMOUNT, CA 90723.** This business is conducted by: **INDIVIDUAL.** I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime). Signed: **ESTEFANIE BEJAR, OWNER.** The registrant commenced to transact business under the fictitious business name listed above on (date): **07/20/23.** This statement was filed with the County Clerk of Los Angeles County on (Date) **07/26/2023.** NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: **07/28/2023, 08/04/2023, 08/11/2023, 08/18/2023.** THE NORWALK PATRIOT. AAA1154633.

FICTITIOUS BUSINESS NAME STATEMENT 2023162186
The following person(s) is/are doing business as: **PHOENIX PROFESSIONAL CLEANING SERVICES, 1519 E 82 ND PLACE, LOS ANGELES, CA 90001.** Mailing address if different: N/A. The full name(s) of registrant(s) is/are: **ERICK IVAN AGUILAR GONZALEZ, 1519 E 82 ND PLACE, LOS ANGELES, CA 90001. JESUS FEDERICO MARTINEZ, 1519 E 82 ND PLACE, LOS ANGELES, CA 90001.** This business is conducted by: **COPARTNERS.** I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: **ERICK IVAN AGUILAR GONZALEZ, GENERAL PARTNER.** The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) **07/26/2023.** NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: **07/28/2023, 08/04/2023, 08/11/2023, 08/18/2023.** THE NORWALK PATRIOT. AAA1154638.

FICTITIOUS BUSINESS NAME STATEMENT File Number **2023149093**
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) THE MAGIC BEACH BLVD, MONTEBELLO, 909 WITTIER BLVD, MONTEBELLO, CA 90240, COUNTY OF LOS ANGELES. Articles of Incorporation or Organization Number (if applicable): A1 #0N: N/A REGISTERED OWNERS(S): (GAGE LEVA YENESEY ANGUIANO, 5833 GAGE AVE, ELLI GARDIA, CA 90201) State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: an individual. The date registrant started to transact business under the fictitious business name or names listed above: **07/20/23**. I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine that to exceed one thousand dollars or \$1,000). S/LEIDA YENESEY ANGUIANO, OWNER. This statement was filed with the County Clerk of Los Angeles on **JULY 10, 2023**. Notice - In accordance with Subdivision (a) of Section 17920, a fictitious Name Statement generated on or after 07/28/2023 expires five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot
7/14/23, 7/21/23, 7/28/23, 8/4/23

GOVERNMENT

CITY OF NORWALK
NOTICE INVITING BIDS FOR
STUDEBAKER AND HALCOURT
TRAFFIC SIGNAL MODIFICATIONS
PROJECT NO. 7241
IFB NO. 24-732

NOTICE IS HEREBY GIVEN that the City of Norwalk, California (“City”) invites prospective Bidders to submit sealed bids via electronic submission on the City of Norwalk PlanetBids (PB) online bid portal site for **STUDEBAKER AND HALCOURT TRAFFIC SIGNAL MODIFICATIONS,** and will only receive such bids until **11:00 AM on September 11, 2023**, in accordance with the conditions outlined in the Invitation for Bid (IFB).

SCOPE OF WORK. Replace Traffic Signal at 11800 Studebaker Road. The project is to replace existing traffic signal poles and controller equipment on Studebaker Road at the entrance to Studebaker Elementary School. The Project is estimated to cost approximately \$560,000 and includes, without limitation, furnishing all necessary labor, materials, equipment and other incidental and appurtenant Work necessary to satisfactorily complete the Project, as more specifically described in the Contract Documents. This Work will be performed in strict conformance with the Contract Documents, permits from regulatory agencies with jurisdiction, and applicable regulations. The quantity of Work to be performed and materials to be furnished are approximations only, being given as a basis for the comparison of Bids. Actual quantities of Work to be performed may vary at the discretion of the City Engineer.

OBTAINING BID DOCUMENTS. Respondents to this IFB must be registered as a Vendor with the City of Norwalk on the City of Norwalk PlanetBids online bid portal to access all solicitation documents related to this project. The Vendor Portal provides entry to the NEW VENDOR REGISTRATION and BID OPPORTUNITIES modules. Registration is free and immediate. Instructions to register are provided on the City's website at: <https://www.norwalk.org/planetbids>.

A copy of the solicitation can be downloaded from the City of Norwalk PlanetBids online bid portal site at <https://pbssystem.planetbids.com/portal/54783/portal-home>

All questions or requests for interpretation regarding this solicitation must be submitted through the Q&A section of the City of Norwalk PlanetBids online bid portal. Bidders are not to contact City personnel with questions or clarifications concerning this solicitation. Any City response relevant to this solicitation provided through any means other than the City of Norwalk PlanetBids online bid portal is unauthorized and will be considered invalid.

REGISTRATION WITH THE DEPARTMENT OF INDUSTRIAL RELATIONS In accordance with Labor Code Sections 1725.5 and 1771.1, no contractor or subcontractor shall be qualified to bid on, be listed in a bid proposal, subject to the requirements of Section 4104 of the Public Contract Code, or engage in the performance of any contract for public work, unless currently registered and qualified to perform public work pursuant to Section 1725.5 [with limited exceptions for bid purposes only under Labor Code Section 1771.1(a)].

PREVAILING WAGES. In accordance with Labor Code Section 1770 et seq., the Project is a “public work.” The selected Bidder (Contractor) and any Subcontractors shall pay wages in accordance with the determination of the Director of the Department of Industrial Relations (“DIR”) regarding the prevailing rate of per diem wages. Copies of those rates are on file with the Director of Public Works, and are available to any interested party upon request. The Contractor shall post a copy of the DIR’s determination of the prevailing rate of per diem wages at each job site. This Project is subject to compliance monitoring and enforcement by the DIR.

BONDS. Bidders must submit to the City Clerk a cash deposit, cashier’s check, certified check, or Bidder’s Bond issued by a Surety insurer, made payable to the City of Norwalk and in an amount not less than ten percent (10%) of the total Bid submitted by no later than **11:00 AM on September 11, 2023** to the below location. Personal or company checks are not acceptable. Bidder must indicate on the outside of the envelope the solicitation name and solicitation number. Failure to provide cashier’s check, certified check, or Bidder’s Bond will deem the bid as Non-Responsive.

City of Norwalk
Attn: City Clerk
12700 Norwalk Blvd., Room 10
Norwalk, CA 90650
Phone: (562) 929-5720

A scanned copy of the cashier’s check, certified check, or Bid Bond shall also be submitted along with the electronic bid through the City of Norwalk PlanetBids online bid portal. Upon Contract award, the Contractor shall provide faithful performance and payment Bonds, each in a sum equal to the Contract Price. All Bonds must be issued by a California admitted Surety insurer using the forms set forth in the Contract Documents, or in any other form approved by the City Attorney. Failure to enter into the Contract with the City, including the submission of all required Bonds and insurance coverages, within fifteen (15) Days after the date of the mailing of written notice of contract award to the Bidder, shall subject the Bid security to forfeiture to the extent provided by law.

LICENSES. Each Bidder shall possess a valid Class A or C-10 Contractor’s license issued by the California State Contractors License Board at the time of the Bid submission, unless this Project has any other funding, in which case the successful Bidder must possess such a license at the time of Contract award. The successful Contractor must also possess a current City business license.

LIQUIDATED DAMAGES. Liquidated damages shall accrue in the amount of **\$750.00** for each day that Work remains incomplete beyond the Project **220 Working Days** completion deadline as specified in the Contract Documents.

RETENTION SUBSTITUTION. Five percent (5%) of any progress payment will be withheld as retention. In accordance with Public Contract Code Section 22300, and at the request and expense of the Contractor, securities equivalent to the amount withheld may be deposited with the City or with a State or federally chartered bank as escrow agent, which shall then pay such moneys to the Contractor. Upon satisfactory completion of the Project, the securities shall be returned to the Contractor. Alternatively, the Contractor may request that the City make payments of earned retentions directly to an escrow agent at the Contractor’s expense. No such substitutions shall be accepted until all related documents are approved by the City Attorney.

BIDDING PROCESS. The City reserves the right to reject any Bid or all Bids, and to waive any irregularities or informalities in any Bid or in the bidding, as deemed to be in its best interest.

By: */s/ Glen Kau, City Engineer*
Date 08/03/2023

The Norwalk Patriot
8/4/23

CITY OF NORWALK
SUMMARY
ORDINANCE NO. 23-1741

The Norwalk City Council, at a meeting held August 1, 2023, adopted proposed Ordinance No. 23-1741, AN ORDINANCE OF THE CITY OF NORWALK SETTING FORTH ITS FINDINGS OF FACT AND DECISION APPROVING ZONE CHANGE NO. 2022-02 FOR THE PROPERTY LOCATED AT 12217 ROSECRANS AVENUE, which will amend the zoning designation of a portion of the site zoned automobile parking to restricted commercial, by the following roll call vote:

AYES: Councilmembers Ayala, Perez, and Ramirez, Vice Mayor Rios, and Mayor Valencia
NOES: None
ABSENT: None

The full text of Ordinance No. 23-1741 is available for review in the Office of the City Clerk during regular business hours and on the City’s website with the August 1, 2023 Council agenda, Item No. 6.

Theresa Devoy, CMC
City Clerk
August 2, 2023

The Norwalk Patriot
8/4/23

CITY OF NORWALK
NOTICE INVITING BIDS FOR
SPEED FEEDBACK SIGN
IMPROVEMENTS-EXCELSIOR DRIVE
AND BLOOMFIELD AVENUE
PROJECT NO. 7242
IFB NO. 23-706

NOTICE IS HEREBY GIVEN that the City of Norwalk, California (“City”) invites prospective Bidders to submit sealed bids via electronic submission on the City of Norwalk PlanetBids (PB) online bid portal site for **SPEED FEEDBACK SIGN IMPROVEMENTS-EXCELSIOR DRIVE AND BLOOMFIELD AVENUE** and will only receive such bids until **11:00 AM on August 21, 2023**, in accordance with the conditions outlined in the Invitation for Bid (IFB).

SCOPE OF WORK. The project involves furnishing and installing (4) four speed feedback signs at the intersection of Excelsior Drive and Bloomfield Avenue.

The Project is estimated to cost approximately \$48,000.00 and includes, without limitation, furnishing all necessary labor, materials, equipment and other incidental and appurtenant Work necessary to satisfactorily complete the Project, as more specifically described in the Contract Documents. This Work will be performed in strict conformance with the Contract Documents, permits from regulatory agencies with jurisdiction, and applicable regulations. The quantity of Work to be performed and materials to be furnished are approximations only, being given as a basis for the comparison of Bids. Actual quantities of Work to be performed may vary at the discretion of the City Engineer.

OBTAINING BID DOCUMENTS. Respondents to this IFB must be registered as a Vendor with the City of Norwalk on the City of Norwalk PlanetBids online bid portal to access all solicitation documents related to this project. The Vendor Portal provides entry to the NEW VENDOR REGISTRATION and Bid Opportunities modules. Registration is free and immediate. Instructions to register are provided on the City's website at: <https://www.norwalk.org/planetbids>

A copy of the solicitation can be downloaded from the City of Norwalk PlanetBids online bid portal site at <https://pbssystem.planetbids.com/portal/54783/portal-home>

All questions or requests for interpretation regarding this solicitation must be submitted through the Q&A section of the City of

Norwalk PlanetBids online bid portal. Bidders are not to contact City personnel with questions or clarifications concerning this solicitation. Any City response relevant to this solicitation provided through any means other than the City of Norwalk PlanetBids online bid portal is unauthorized and will be considered invalid.

REGISTRATION WITH THE DEPARTMENT OF INDUSTRIAL RELATIONS In accordance with Labor Code Sections 1725.5 and 1771.1, no contractor or subcontractor shall be qualified to bid on, be listed in a bid proposal, subject to the requirements of Section 4104 of the Public Contract Code, or engage in the performance of any contract for public work, unless currently registered and qualified to perform public work pursuant to Section 1725.5 [with limited exceptions for bid purposes only under Labor Code Section 1771.1(a)].

PREVAILING WAGES. In accordance with Labor Code Section 1770 et seq., the Project is a “public work.” The selected Bidder (Contractor) and any Subcontractors shall pay wages in accordance with the determination of the Director of the Department of Industrial Relations (“DIR”) regarding the prevailing rate of per diem wages. Copies of those rates are on file with the Director of Public Works, and are available to any interested party upon request. The Contractor shall post a copy of the DIR’s determination of the prevailing rate of per diem wages at each job site. This Project is subject to compliance monitoring and enforcement by the DIR.

BONDS. Bidders must submit to the City Clerk a cash deposit, cashier’s check, certified check, or Bidder’s Bond issued by a Surety insurer, made payable to the City of Norwalk and in an amount not less than ten percent (10%) of the total Bid submitted by no later than **11:00 AM on August 21, 2023.** Personal or company checks are not acceptable. Bidder must indicate on the outside of the envelope the solicitation name and solicitation number. Failure to provide cashier’s check, certified check, or Bidder’s Bond will deem the bid as Non-Responsive.

City of Norwalk
Attn: City Clerk
12700 Norwalk Blvd., Room 10
Norwalk, CA 90650
Phone: (562) 929-5720

A scanned copy of the cashier’s check, certified check, or Bid Bond shall be submitted along with the electronic bid through the City of Norwalk PlanetBids online bid portal. Upon Contract award, the Contractor shall provide faithful performance and payment Bonds, each in a sum equal to the Contract Price. All Bonds must be issued by a California admitted Surety insurer using the forms set forth in the Contract Documents, or in any other form approved by the City Attorney. Failure to enter into the Contract with the City, including the submission of all required Bonds and insurance coverages, within fifteen (15) Days after the date of the mailing of written notice of contract award to the Bidder, shall subject the Bid security to forfeiture to the extent provided by law.

LICENSES. Each Bidder shall possess a valid Class A or C-8 Contractor’s license issued by the California State Contractors License Board at the time of the Bid submission, unless this Project has any other funding, in which case the successful Bidder must possess such a license at the time of Contract award. The successful Contractor must also possess a current City business license.

LIQUIDATED DAMAGES. For the purposes of the calculation of the start of the liquidated damages, the Work shall be deemed to be completed when the same has been completed in accordance with the Plans and Specifications therefor and to the satisfaction of the City Engineer, and the City Engineer has certified such completion in accordance with Section 3-13.1 of Part 1 of the Standard Specifications. Liquidated damaged daily cost shall be **\$500.00** (per Calendar Day).

RETENTION SUBSTITUTION. Five percent (5%) of any progress payment will be withheld as retention. In accordance with Public Contract Code Section 22300, and at the request and expense of the Contractor, securities equivalent to the amount withheld may be deposited with the City or with a State or federally chartered bank as escrow agent, which shall then pay such moneys to the Contractor. Upon satisfactory completion of the Project, the securities shall be returned to the Contractor. Alternatively, the Contractor may request that the City make payments of earned retentions directly to an escrow agent at the Contractor’s expense. No such substitutions shall be accepted until all related documents are approved by the City Attorney.

BIDDING PROCESS. The City reserves the right to reject any Bid or all Bids, and to waive any irregularities or informalities in any Bid or in the bidding, as deemed to be in its best interest.

By: */s/ Glen Kau, City Engineer*
Date 08/03/2023

The Norwalk Patriot
8/4/23

CITY OF NORWALK
SUMMARY
ORDINANCE NO. 23-1742

The Norwalk City Council, at a meeting held on August 1, 2023, introduced proposed Ordinance No. 23-1742, AN ORDINANCE OF THE CITY OF NORWALK AMENDING CHAPTER 9.30 (“SPEED CONTESTS OR EXHIBITIONS OF SPEED”) OF TITLE 9 (“PUBLIC PEACE, MORALS AND WELFARE”) OF THE NORWALK MUNICIPAL CODE TO ADD AND REVISE THE SEIZURE AND FORFEITURE OF NUISANCE VEHICLES USED IN THE COMMISSION OF SPEED CONTESTS AND EXHIBITIONS OF SPEED, by the following roll call vote:

AYES: Councilmembers, Ayala, Perez, and Ramirez, Vice Mayor Rios, and Mayor Valencia
NOES: None
ABSENT: None

The full text of Ordinance No. 23-1742 is available for review in the Office of the City Clerk during regular business hours and on the City’s website with the August 1, 2023 Council agenda, Item No. 14.

Theresa Devoy, CMC
City Clerk
August 2, 2023

The Norwalk Patriot
8/4/23

LIEN SALES

Extra Space Storage will hold a public auction to sell personal property described below belonging to those individuals listed below at the location indicated:

10950 Firestone Blvd
Norwalk, CA 90650

08/22/2023 11:00am

- Felicia Walker Household items
- Nancy Garcia Household items
- Juan Lepo Household items
- Cynthia Jennings Household items
- Ivona Uliagaleli Household items
- Daneisha Burroughs Household items
- Zazy Tamayo Household items
- Robert Cornejo Household items

The auction will be listed and advertised on www.storage treasures.com. Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

The Norwalk Patriot
8/4/23, 8/11/23

Pursuant to the California Self-Service Storage Facility Act, notice is hereby given that SS Santa Fe Springs, LLC d/b/a Simply Self Storage at 13461 Rosescrans Avenue, Santa Fe Springs, CA 90670 will sell at public auction the personal property in the below-listed occupants' leased unit(s) to satisfy the owner's lien. The personal property stored therein by the following tenants may include but is not limited to general household, office and personal items, furniture, boxes, coats, and appliances. The units will be sold at public auction through online auction services of www.storage treasures.com with bids opening at 10:00AM PT on August 15th, 2023 and closing at 10:00AM PT on August 22nd, 2023. Bidding may close later than stated to allow all interested bidders to participate and to permit soft closing if needed. Unit 2014- Connor Bergina; Unit 108788- Grant W Bourdeaux; Unit 2025- Brittney Lewis; Unit 3288- Craig Lugouri; Unit 1010- Robert Mendez; Unit 2268- Juventina Sanchez

The Norwalk Patriot
8/4/23, 8/11/23

NOTICES

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NUMBER: 23NWCPO0263
TO ALL INTERESTED PERSONS: Petitioner WILLIAM GREGORY CONTRERAS filed a petition with this court for a decree changing names as follows: Present name WILLIAM GREGORY CONTRERAS to Proposed name WILLIAM GREGORY SANDOVAL THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: SEPTEMBER 11, 2023, Time: 9:30 a.m., Department: C, Room: 312
The address of the court is 12720 Norwalk Blvd., Norwalk CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation: THE NORWALK PATRIOT
JULY 10, 2023
JUDGE OLIVIA ROSALES
Judge of the Superior Court
ATTORNEY OR PARTY WITHOUT ATTORNEY
WILLIAM GREGORY CONTRERAS
12541 HAYFORD ST.
NORWALK, CA 90650
(714) 393-7531
CHLWONTRERAS@YAHOO.COM

The Norwalk Patriot
7/21/23, 7/28/23, 8/4/23, 8/11/23

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NUMBER: 23NWCPO0290
TO ALL INTERESTED PERSONS: Petitioner MARTHA ALBERTINA DIEL filed a petition with this court for a decree changing names as follows: Present name MARTHA ALBERTINA PINELL THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: SEPTEMBER 29, 2023, Time: 9:30 a.m., Department: C, Room: 312
The address of the court is 12720 Norwalk Blvd., Norwalk, CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks before the date set for hearing on the petition in a newspaper of general circulation: **NORWALK PATRIOT**
JULY 27, 2023
JUDGE OLIVIA ROSALES
Judge of the Superior Court
ATTORNEY OR PARTY WITHOUT ATTORNEY
MARTHA ALBERTINA DIEL
4408 PETALUMA AVE.
LAKEWOOD CA 90713
(562) 526-2100
marthadiel@aol.com

The Norwalk Patriot
8/4/23, 8/11/23, 8/18/23, 8/25/23

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF: INEZ DAVILA
CASE NO. 23STPB07635
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of INEZ DAVILA. A PETITION FOR PROBATE has been filed by NILSA DAVILA ARIAS in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that NILSA DAVILA ARIAS be appointed as personal representative to administer the estate of INEZ DAVILA. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act with limited authority. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority. A HEARING on the petition will be held in this court as follows: 08/18/23 at 8:30AM in Dept. 2D located at 111 N. HILL ST., LOS ANGELES, CA 90012 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the

estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
JENNIFER N. SAWDAY - SBN 228320, TREDWAY, LUMSDAINE & DOYLE, LLP 3900 KILROY AIRPORT WAY, STE 240 LONG BEACH CA 90806, Telephone (562) 923-0971 7/21, 7/28, 8/4/23 CNS-3721735# THE NORWALK PATRIOT

CNS 3721735
The Norwalk Patriot
7/21/23, 7/28/23, 8/4/23

NOTICE OF PETITION TO ADMINISTER ESTATE OF LUCY R. GALLEGOS aka LUCIA RUIZ GALLEGOS Case No. 23STPB07992

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both of LUCY R. GALLEGOS aka LUCIA RUIZ GALLEGOS. A PETITION FOR PROBATE has been filed by Ramiro Gallegos in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that Ramiro Gallegos be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on August 28, 2023 at 8:30 am in Dept. No. 9 located at 111 N. Hill St., Los Angeles, CA 90012. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
JUDD MATSUNAGA ESQ
SBN 177920
ELDER LAW SERVICES OF CALIFORNIA APLC
1609 CRAVENS AVENUE
TORRANCE CA 90501
CN998615 GALLEGOS Aug 4, 11, 18, 2023

CN998615
The Norwalk Patriot
8/4/23, 8/11/23, 8/18/23

NOTICE OF PETITION TO ADMINISTER ESTATE OF: RUSSELL CHANEY, JR. AKA RUSSELL CHANEY CASE NO. 23STPB07702

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of RUSSELL CHANEY, JR. AKA RUSSELL CHANEY. A PETITION FOR PROBATE has been filed by JERRY R KITKY in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that JERRY KITKY be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 08/24/23 at 8:30AM in Dept. 67 located at 111 N. HILL ST., LOS ANGELES, CA 90012 IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney. IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
JOHN H.

Kershaw's Challenge holds 10th annual Ping Pong 4 Purpose tournament

By Alex Dominguez
Staff Writer

■ Dodgers players, celebrities, and legends of Los Angeles played ping pong and poker to raise money for children in need.

LOS ANGELES - Members of the Los Angeles Dodgers, celebrities, and legends of LA gathered at Chavez Ravine last Thursday to take part in the 10th annual Kershaw's Challenge Ping Pong 4 Purpose event.

The fundraiser benefitted several organizations, including The Dream Center, Los Angeles Dodgers Foundation, Arise Africa, Both Ends Believing, International Justice Mission and Hope Walks. It was hosted by Cedric the Entertainer and actor Max Greenfield.

Kershaw's Challenge is a faith-based nonprofit organization established in 2011 by Dodger pitcher Clayton Kershaw and wife Ellen with the mission of serving vulnerable, at-risk children both local and abroad.

Energy was high on the Dodger's off day as guests started to arrive and take to the blue carpet. Already a long-established tradition in Los Angeles, this year's event include a poker tournament for the first time ever.

When it came time for ping-pong, competitors paired off into teams of two.

An already effective battery

on the field, Kershaw teamed with Dodger catcher Austin Barnes.

"Barnsey and I are going to be a good team, I'm not going to sugar-coat that. We're going to be solid," said Kershaw.

Former World Wrestling Entertainment champion and reality TV star Mike "The Miz" Mizanin was extremely confident, guaranteeing success barring the arrival of one fictional character.

"Is Forrest Gump playing? Because if Forrest Gump isn't playing then I have no problem with anyone," he said.

Lakers legend Derek Fisher, who teamed with Metta Sandiford-Artest, struck a more assured, yet conservative tone before play started.

"The last time we teamed up, we went all the way," said Fisher. "Hopefully we'll try to figure that out tonight."

Amongst Dodger players, reliever Brusdar Graterol was a popular pick to keep an eye on throughout the tournament.

"I think Brusdar is pretty good. He does some stuff under the table, it's a little weird; it's hard to play against," said pitcher Michael Grove.

"I think of time spent on the table, Graterol might be up there," said rookie outfielder James Outman. "I think Graterol is good, just watching him play."

Outman added, however, that "Mookie [Betts] is good at everything," a sentiment that



Dodger ace Clayton Kershaw speaks with reporter David Vasseg and rookie Michael Grove before the start of the annual charity event. (Photo by Alex Dominguez)

was later shared by relief pitcher Yency Almonte.

The final table would come down to all Dodger blue, pitting Kershaw and Barnes against the team of Betts and Dodger first baseman Freddie Freeman. Ultimately, it was the latter who would take the bracket.

It was the overall cause, however, that was the ultimate winner.

"It's been amazing. Every year it gets bigger and better, we continue to get to raise more money," said Kershaw. "Ultimately, it's not about Ellen or I, or any of us. It's

about how many people come out and support it, between teammates, celebrities, different beneficiaries.

"The coolest thing is that the money is going to something that really matters, it's going to kids that really need it... Ultimately, it just signifies us getting to

raise money for something that matters. That's the coolest part, and all these people here to support it is just icing on the cake."

South Gate native retires after 30 years of naval service



By James Stockman
Naval Education and Training Command Public Affairs

SOUTH GATE - A native of South Gate and 1993 graduate of Norwich University's Navy ROTC program retired from the Navy during a change of command and retirement ceremony at the National Naval Aviation Museum at Naval Air Station Pensacola, Florida, July 20.

The U.S. Navy and Naval Aviation Schools Command (NASC) bid farewell to Capt. Edgardo Moreno after 30 years of naval service.

"What truly sets Capt. Moreno apart is his character," said Rear Adm. Pete Garvin, president, Naval War College. "A man of unparalleled positivity and genuine empathy, he wore his heart on his sleeve."

Garvin was the guest speaker

and served with Moreno during his tenure as commander, Naval Education and Training Command (NETC).

Garvin also praised Moreno for his leadership during the difficult events that impacted NASC during their tenure.

"Whether it was handling the aftermath of the tragedy of the loss of three shipmates on Dec. 6 2019, or when NASC tragically lost two senior leaders in a plane crash, Capt. Moreno stepped in," said Garvin. "Put simply, but accurately, he was the right human at the right time. His relationship with the Gold Star families, his calls to staff in times of joy and sorrow and his meticulousness with evaluations, awards and officer packages are the moments that show the depth of his character."

Moreno, who assumed command of NASC in June 2020, oversaw the training of

more than 4,400 Navy, Marine, Coast Guard, international flight students and flight surgeons; finalized the transition from Aviation Preflight Indoctrination and Introductory Flight Screening programs to the unified Naval Introductory Flight Evaluation program; oversaw the development of the Student Naval Aviator Junior Officer Course; and much more.

"The importance of your role of introducing our newest teammates to our community is massive," said NETC Commander, Rear Adm. Jeffrey Czerewko, who presided over the ceremony. "I've watched your personal touch, humility and grace as you've spoken with dozens and dozens of students. You've done an incredible job setting conditions by your constant example for naval aviation to be the most lethal and survivable force our nation has ever seen."

Moreno, a naval aviator since 1996, offered one last piece of advice to the many NASC students in attendance.

"Be proud of serving your country," said Moreno. "Carry on the legacy that is uniquely yours. Above all else, remember that integrity is the foundation of everything we do, and all business should be conducted with professionalism, respect, ownership and humility. Strive to be the best version of yourself."

Moreno closed the ceremony by thanking everyone who helped him get to today and described

what he will remember most about their naval career.

"I am going to remember the people, all the personalities and how everybody has been kind and respectful to me," said Moreno. "The camaraderie, camaraderie is very unique to naval aviation. That is something that is going to stick with me for the rest of my life."

As a career helicopter pilot, Moreno commanded Helicopter Sea Combat Squadron 11 and USS San Antonio. Moreno also deployed with Helicopter Sea Combat Squadron 14, Carrier Air Wing 8, and Helicopter Sea Combat Squadron 3. Additionally, Moreno participated in Operations Iraqi Freedom, Telic, Enduring Freedom, Copper Dune and Odyssey Lightning and Exercise Noble Shirley.

Ashore, Moreno served as a fleet replacement instructor at Helicopter Sea Combat Squadron 10 helicopter shore detailer at Navy Personnel Command; political-military planner at Joint Chiefs of Staff, Deputy Directorate for Western Hemisphere, J5, Plans and Policy, Homeland Defense Branch, Defense Support of Civil Authorities; and interim associate dean of academics at Joint Forces Staff College.

Following their retirement from the Navy, Moreno plans to remain in Pensacola and hopes to continue developing future leaders at the University of West Florida.

Whittier school district renews Metro deal to give students free rides

WHITTIER - Whittier Union High School District is kicking off the 2023-24 school year with the renewal of the GoPass program, offering students transportation to school by providing unlimited rides at no cost on the Metro bus and rail.

The program began its pilot year in Whittier Union in October 2021 after the district was approached by City of Whittier Mayor Pro Tem and Metropolitan Transportation Authority Board member Fernando Dutra. The Fareless System Initiative aims to increase student ridership, student success, and improve student health.

According to Metro, students with access to public transportation have a higher rate of graduation and are also shown to be healthier due to a more active lifestyle.

"This program not only helps students get to school but provides them access to after school activities such as extracurriculars, sports, jobs and more," Director of Student Support Services Amy Larson said.

After receiving a subsidy from the state, Whittier Union pays less than \$3 for each student enrolled and receives free annual electronic passes for each student. While not every student has a need for the

program, Larson said there are many students that heavily rely on their free Metro passes.

The pass allows each student unlimited rides on Metro bus and rail, as well as bus lines including Norwalk Transit, Montebello Bus, City of Commerce, LADOT Dash, Culver City Bus and the Santa Monica Big Blue Bus.

"It's really a privilege that Whittier Union gives us access to this program," California High School junior Nadia Medina said. "I don't have a car, so it's really nice to have a way to get to the places I need to go and to be able to get to school on time."

Students continue to rely on the GoPass service during the summer vacation months to get around the city. Those interested can contact the Whittier Union Student Support Services office at (562) 698-8121 ext. 1180 for more information on how to receive a Metro pass.

"The GoPass program truly benefits our students and ensures that transportation is not a barrier to their school attendance," Superintendent Dr. Monica Oviedo said. "At Whittier Union High School District, we pride ourselves on providing the necessary resources to help our students succeed every day."

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