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Year in Review: Sports made a comeback in 2021

■ La Mirada girls soccer won a CIF title, while John Glenn softball and Santa Fe boys water polo made history.

By John M. Sherrard
Contributor

NORWALK – What a year it's been for the area high school, college and university athletic teams.

Let's take a look at just a few of the stories, in no particular order.

It all started with sports finally coming back after months and months of inactivity because of the pandemic of 2020.

Biola University started it off with men's basketball coming back first in mid-January, which was followed by the first high school competition – cross country in February.

The high school sports scene gradually started to take shape and get back to a bit of normalcy, with a limited football schedule, but no playoffs.

That was followed by the usual spring sports; baseball, softball, track and field, boys volleyball, etc.

A few two-sport athletes had a tough decision to make, once it was announced that basketball would play in the spring, along with baseball and other spring sports.

However, all-in-all, the athletic directors – Linda Parra (John Glenn), Christina Mead (La Mirada), David Snyder (Norwalk), Steve Hendry (Santa Fe) and Rich Avina (St. Paul) – had their hands full these last two seasons and did a great job organizing schedules for all of the sports, which were all compressed into a spring season.

A few of the bigger highlights this year was the La Mirada girls soccer team winning the CIF Division 2 Championship and Biola's men's basketball coach Dave Holmquist winning his 1,000th career basketball game. Meanwhile, the Santa Fe boys water polo team qualified for its first CIF appearance in over 30 years, while the John Glenn softball team qualified for its first-ever CIF game.

In addition, Norwalk High School completed its beautiful sports complex, St. Paul made a big time hire of a new boys basketball coach – Patrick Roy – and local Olympic swimming hopeful Kayla Han made a big splash at the 2021 trials.

Finally, Biola's softball team finished as the NCAA DII runner-up and they also debuted their first-ever men's water polo program, while Cerritos College finished second in California in wrestling.

Here are their stories:

La Mirada – Girls CIF Soccer Champions

The Matadores girls soccer team won its fourth CIF title in school history with a 2-1 win over Saugus in May.

La Mirada previously won its first title, which was a co-championship in 2008, followed by back-to-back titles in

2015-16. They also won a state championship in 2016.

"This one was really special, because it was D2 and because it was COVID and a bummer year," longtime La Mirada coach Dave Christensen said.

Scoring the winning goal in the 95th minute on a penalty kick was senior defender Marissa Marquez. Sophomore forward Cassandra Villanueva scored in the 35th minute to tie the game, 1-1.

Leading the way the whole season was senior goalkeeper Sage Strohmman, who was named CIF Player of the Year. Strohmman has since entered West Point and finished this past season as the starting goalie for the Black Knights.

Norwalk High School Sports Complex

After a two-year project, the beautiful Norwalk High School Sports Complex was dedicated this past Fall for its official opening.

The brand new, all-turf stadium and sports complex project is the result of a \$375 million bond measure passed by Norwalk residents in 2014. The \$33 million project began construction in October of 2019.

The complex consists of a new stadium, baseball and softball fields, soccer fields, tennis courts, a field house and concession stand. "The culmination of a two-year journey has led us to this grand opening of this amazing sports complex," said Norwalk-La Mirada Unified School District Superintendent John Lopez, at the grand opening.

Making its official debut on the field was the inaugural football game for the Lancers Friday, April 2.

Santa Fe Boys Water Polo

For the first time in over 30 years the Chiefs Boys Water Polo team qualified for the CIF playoffs, after a breakout season with a 20-10 record. In addition to advancing to its first playoff game in years, the Chiefs also won their first CIF game, a 10-6 win over Whitney in a Division 6 first-round game.

They fell, 11-2, in the second round, but first-year coach Jacob Correa was proud of his team.

"From the beginning they doubted themselves, but with practice and repetition they were able to get it done," said Correa, who was in his fourth year as coach.

"Our strengths were teamwork," said Correa, after the win over Whitney. "We worked the ball around and didn't have any bad possessions."

Leading the team this year was senior hole set Nathan Salcedo with 110 goals. The other three big scorers for Santa Fe were Max Rivas with 71 goals, Eric Lopez (54) and Joshua Lara (50).

Longtime Santa Fe Athletic Director Steve Hendry was very proud of his young coach.



La Mirada Varsity Girls Soccer team with the CIF Division 2 Championship letters at the La Mirada City Council meeting. (Photo by Keith Durlfing)

"Jacob (Correa) has done a great job with the entire aquatics program," Hendry said. "He works well with the athletes and the administration. His focus throughout the last year and a half has been the safety of the kids."

"Jacob has definitely changed the culture of our boys water program."

Peralta plays two sports concurrently

One of the multiple sport athletes was Santa Fe Boys Athlete of the Year, senior Joey Peralta, who couldn't play the two sports that he loved – basketball and baseball. He had to make a choice. It was baseball.

Playing all four years for basketball coach Leonard Romero, Peralta played a full season of baseball for coach Pierre Romo, but on the last day of the basketball season on senior night, Peralta suited up one last time and he shined, scoring a game-high 21 points.

John Glenn Softball

After 31 years of not qualifying for the CIF-Southern Section playoffs, the John Glenn Eagles made a run in 2021 that will be remembered for some time.

Glen, coached by Larry Leal, in his third year, not only qualified, but won its first-ever playoff game and won a second-round game before falling in the quarterfinals.

In the two wins, they combined for 24 runs, shutting out the teams both times.

"It feels good because it hasn't happened in a long time," said Glenn junior pitcher, Gabby Ortega of their CIF wins.

This year's team is mostly freshmen, but the next two incoming classes also look to

carry the Eagles for the next few years

"What an incredible run our softball program had this year," Parra said of the successful year. "John Glenn High School and the Norwalk La Mirada Union School District is so proud of the accomplishments of our Varsity Softball program this year."

St. Paul High School

A new era began with the hiring of the boys basketball coach Patrick Roy this past summer.

The announcement was made by first-year athletic director Rich Avina.

Roy comes to St. Paul with a wealth of experience, winning two CIF titles at Inglewood High School

"This is a great day and a great fit for St. Paul basketball," said Avina, at the time of the hiring,

Roy came into the season with a lifetime record of 502 wins and 123 losses.

Kayla Han – Olympic swimming hopeful

At the young age of 12, Kayla Han became one of the youngest swimmers to qualify for the US Olympic trials this past summer.

Han, now 13, who swims out of the Splash Aquatics Center in La Mirada for the Armada Swim Club, competed in the grueling 400 Individual Medley.

She missed her opportunity, but had an incredible swim in the 400 IM.

Getting to the Olympic Trials was one thing, but the biggest splash Han made was an unbelievable comeback and win in her 400 IM race in the B Final.

The 5'5" swimmer, who had already missed the cut for the summer Olympics, had a

fantastic swim as she trailed three swimmers heading into the final turn. She eventually won on a monumental final lap.

"It's definitely a step closer to my dream of getting an Olympic gold medal," Han said. "It's a really good experience for the next Olympics and I'm still training hard for the Olympics in three years."

Concurring with the dreams of Han was former Olympic swimmer Patty Caretto-Brown.

"She definitely has a very, very promising career ahead of her," Caretto-Brown said. "She is definitely an Olympic hopeful for 2024 in Paris. It's got to be so unbelievable for her."

Biola University – Basketball coach Dave Holmquist wins No. 1,000

Longtime Eagles men's basketball coach Dave Holmquist became only the fifth college coach to win 1,000 games.

Holmquist, in his 45 years of coaching, achieved the milestone last February with a 73-51 win over Concordia University.

"When you have such good people, such good teammates that really like and support each other, it makes it so much better. This has been that kind of team," Holmquist said.

In addition to that tremendous milestone, both the women's softball team and men's basketball team had tremendous seasons. Softball finished as runners-up in NCAA DII, falling in the championship game, while the men's basketball team advanced to its first-ever NCAA DII Regional playoffs.

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Saturday 62°

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ON THIS DAY DECEMBER 31

1857

Britain's Queen Victoria decided to make Ottawa the capital of Canada.

1862

President Abraham Lincoln signed an act admitting West Virginia to the Union.

1869

Henri Matisse, one of the foremost painters of 20th century French art, was born.

1907

The first New Year's Eve celebration was held in Times Square (then known as Longacre Square) in Manhattan.

1946

President Harry S. Truman officially proclaimed the end of hostilities in World War II.

1951

The Marshall Plan expired after distributing more than \$12 billion in foreign aid.

1974

Private U.S. citizens were allowed to buy and own gold for the first time in more than 40 years.

1985

Rock singer Rick Nelson, 45, and six other people were killed when fire broke out aboard a DC-3 that was taking the group to a New Year's Eve performance in Dallas.

1993

Entertainer Barbra Streisand performed her first paid concert in 22 years, singing to a sellout crowd at the MGM Grand Garden in Las Vegas.

1997

Michael Kennedy, 39-year-old son of the late Sen. Robert F. Kennedy, was killed in a skiing accident on Aspen Mountain in Colorado.

2006

The death toll for Americans killed in the Iraq war reached 3,000.

1997

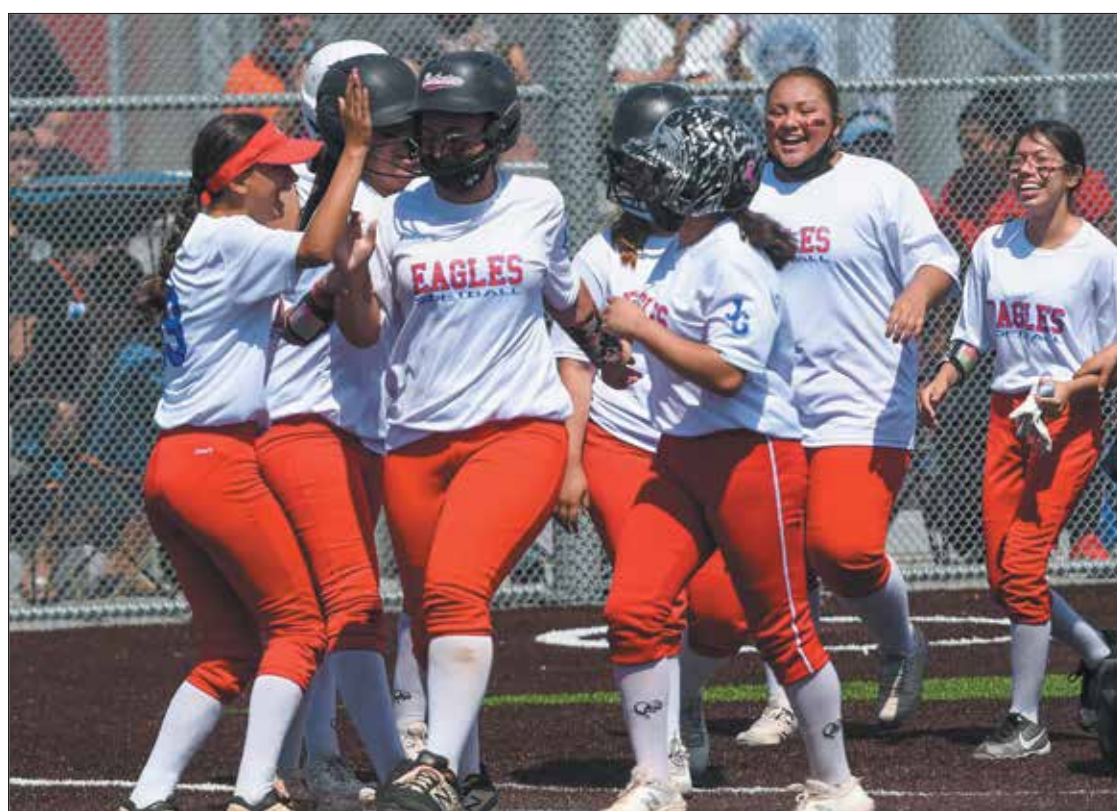
2006

Birthdays

Actor and director **Anthony Hopkins** (84), "Iron Man" actor **Ben Kingsley** (78), "Batman Forever" star **Val Kilmer** (62), New Kids on the Block member **Joey McIntyre** (49), pop singer **Psy** (44), and gymnast **Gabby Douglas** (26).



The Grand Opening Ceremony of the Norwalk Athletic Fields and Stadium at Norwalk High School in October. (Photo by Keith Durlfing)



John Glenn's Julia Cole (23) is congratulated by teammates after hitting a three run home run against Magnolia in their CIF softball second round playoff game. (Photo by Keith Durlfing)

Yellow Heart Memorial demands end to COVID-19 politicization during vigil

■ Despite the harsh weather, organizers and activists with Yellow Heart Memorial held a vigil for the victims of COVID-19.

By Vincent Medina
Contributor

NORWALK – The California chapter of Yellow Heart Memorial held a vigil at the Norwalk Arts and Sports Complex on Dec. 23 to remember victims of COVID-19 and advocate for an end to the politicization of the virus.

Dozens of people braved the downpour of rain to mourn as a community for their loved ones who died from the virus.

Rosie Davis, the founder of the national movement, helped organize the vigil with the state's chapter leader Marlene Bojorquez.

"I lost my mother, Mary Castro, to COVID-19 on May 17, 2020. I did the first memorial in my backyard, and I wanted to bring it to a community level because we were all robbed of the opportunity to grieve for our loved ones," said Davis.

The activist aims to humanize the COVID-19 death toll data by holding memorials so the community will associate the deaths with a person. Her message is also reflected in the movement's hashtag

#notjustanumber.

Yellow Heart Memorial leaders also criticized state governments' handling of the virus. They called on politicians to do more to end the pandemic.

"Watching from Texas, what California does is take action to protect their constituents, which is a lot more than what we are getting in Texas," said Davis. "There are no mandates in Texas for masks or vaccines. For me to watch Newsom, at least he is doing something and taking action."

Republican governors and congressional representatives continue to downplay the virus, which leads to more infections and death in red states.

"I wish they would stop trying to divide everybody and have everyone come together to fight the virus," said Ashley Cook, a state leader in the movement.

Political ideologies continue to create problems in implementing COVID-19 safety procedures and treatment, such as wearing a mask or receiving the vaccine. Also, people continue to deny the virus exists, despite the over 800,000 deaths in the U.S. from the virus.

"I work in the restaurant business, and people regularly tell me not to wear the mask," said Cook. "One customer actually told me that my Dad did

not die from COVID, and I had an arguing match with her about how he passed away."

While members of the movement encourage others to take the COVID-19 vaccine, they continue to debate over mandating the immunization.

"I think taking the vaccine is somebody's choice," said Bojorquez. "If getting the vaccine is something you are interested in, you should get it. I am vaccinated, and so are my children."

Cook agreed but suggested that people who do not receive the vaccine should refrain from public gatherings, so others are not at risk.

California chapter state leader Stephanie Zavala argued for a vaccine mandate on medical workers and hospital staff.

"I work in a hospital in Fresno, it's a level one trauma center. We have 800 beds and two floors of COVID ICU patients," said Zavala. "I think nurses need to be vaccinated because they are taking care of these patients. I didn't hesitate to take the vaccine."

Bojorquez continues to add names to her Yellow Heart Memorial on her front lawn at 12922 McLaren St.

Approximately 400 people in Norwalk have died from COVID-19.



Yellow Heart Memorial state leaders Ashley Cook, Stephanie Zavala, founder Rosie Davis and state chapter leader Marlene Bojorquez helped organize the vigil to honor victims of COVID-19. They also honored their friends and family who died from the virus during the memorial on Dec. 23. (Photo by Vincent Medina)

New laws going into effect Saturday

NORWALK – Gov. Gavin Newsom has signed 770 bills into law this year, many of them impacting people's daily lives, that will take effect as soon as Jan. 1, 2022.

Here are a few of the more noteworthy ones:

– Animal welfare: Proposition 12 makes metal enclosures that restrict pigs from turning around and cages that prevent hens from opening their wings illegal.

– Minimum wage: SB 3 requires the minimum wage for all industries employing 26 or more employees to rise to \$15, and \$14 for employers employing 25 or fewer workers.

– Cocktails to go: SB 389 allows getting cocktails and wine to go with your dinner order at restaurants extended until Dec. 31, 2026. The delivery of cocktails alone, however, ends Dec. 31, 2021.

– Traffic safety: AB 43 authorizes local authorities to reduce speed limits to protect the safety of vulnerable groups such as pedestrians and cyclists.

– Non-gender marketing: A new law not taking full effect until 2024 mandates that department stores with more than 500 employees must provide a gender-neutral section displaying "a reasonable selection" of items regardless of whether they've been traditionally marketed for either girls or boys. The law does not include clothing. LGBTQ advocates maintain the pink and blue hues of traditional marketing methods pressure children to conform to gender stereotypes.

– Food delivery apps: In an effort to support delivery workers and increase billing transparency, AB 286 makes it illegal for food delivery apps to retain any portion of a tip or gratuity. If the order is for delivery, that tip must go to the individual worker. If the order is for pickup, the gratuity must go to the restaurant.

– Police reform: AB 1475 protects the rights of people arrested but not yet prosecuted, forbidding law enforcement from posting mugshots of those arrested on suspicion of nonviolent crimes.

– Rape: A new law alters California's penal code to make rape

within marriage the same in every legal sense as any instance of rape.

– Police decertification: Another noteworthy new law allows police officers who have committed misconduct to be de-certified. Previously, problematic officers could sometimes find employment in other areas without repercussions. Now, they will have their license revoked and not be able to simply switch departments after being fired.

– Protected time off: Among other things, AB-1033 expands protected unpaid leave under California Family Rights Act to include leave to care for a parent-in-law.

– Vote by mail: California will require elections officials to mail ballots to all registered voters for all elections and will allow any registered voter to vote by mail for any election. AB-37 will also set minimum standards for ballot drop-off boxes. With the expansion of mail-in ballots, election officials will be allowed to process votes early, on the 29th day before an election.

Paging Dr. Frischer...

By Dr. Alan Frischer

As I contemplate dealing with yet another year of COVID, I am motivated to write about resilience. Resilience is that part of our character that either helps us live through tough times, or prevents us from moving forward.



I have found that life teaches us all about resilience, if we are willing to listen. Navigating through hardships is painful, but guides us through the next challenge. We say that youth is wasted on the young. Perhaps this is because age and experience have not yet taught us how to manage and appreciate life. Some do go through hardship early, and if successful, they come out on the

other side stronger, smarter, and wiser. Yes...it does indeed take a journey.

No one truly understands what you're experiencing. Perhaps it is difficulties related to the pandemic as it affects your psyche, finances, relationship, job, or physical health. The best words of advice somehow capture in just a few phrases the reality of being human, and illuminate an essential element of our experience. Here are a few quotes about resilience that I found meaningful:

"Do not judge me by my success, judge me by how many times I fell down and got back up again." Nelson Mandela

"You may not control all the events that happen to you, but you can decide not to be reduced by them." Maya Angelou

"My barn having burned down, I can now see the moon." Mizuta Masahide (17th century Japanese poet and samurai)

"Rock bottom became the solid foundation in which I rebuilt my life." J.K. Rowling

"She stood in the storm, and when the wind did not blow her way, she adjusted her sails." Elizabeth Edwards

"Grief and resilience live together." Michelle Obama

"Persistence and resilience only come from having been given the chance to work through difficult problems." Gever Tulley

"No matter how bleak or menacing a situation may appear, it does not entirely own us. It can't take away our freedom to respond, our power to take action." Ryder Carroll

"Life doesn't get easier or more forgiving, we get stronger and more resilient." Steve Maraboli

Let's conclude with Rainer Maria Rilke: "Let everything happen to you. Beauty and terror. Just keep going. No feeling is final."

I wish all of you a year of experiences that bring greater health, happiness, and joy!

Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

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The economy happens to be glorious

By Froma Harrop

If Joe Biden takes office, there'll be a "depression the likes of which you've never seen," Donald Trump warned a month before he lost the 2020 presidential election. It didn't happen.

You know that, right?

Also, your 401(k) surely did not "go to hell," as the previous guy predicted. On the contrary, stocks in the S&P 500 are up 26% as the first year of the Biden presidency is about to end.

How good is that? "U.S. financial markets are outperforming the world by the biggest margin in the 21st century" is how Bloomberg News put it.

The U.S. gross domestic product is expected to have grown an extraordinary 5.6% this year, according to economists. And that's after adjusting for inflation.

The unemployment rate is down to 4.2%. Retail sales in the recent Christmas shopping season rose 8% from the same period last year — the biggest gain in 17 years.

As Bloomberg summed it up, "America's economy improved more in Joe Biden's first 12 months than any president during the past 50 years."

And so how do we explain Biden's lackluster approval ratings, weirdly

depressed by discontent on how he's managing the economy? The reasons include distorted media coverage of the economy, a Republican opposition that doesn't want to give Democrats credit, and Democrats who don't want to give themselves credit (and for wholly neurotic reasons).

Now, as always, there are economic concerns. Inflation has been cutting into the good news of fattening paychecks for American workers. However, the bubbly retail numbers point to consumers with the means to spend and happy to do it. That consumer credit grew a record 27% in Biden's first year reflects a public confidence about the future.

The supply chain blockages seem to be easing, as witnessed in the fake news of bare store shelves this shopping season. The difficulty in getting parts and products shipped from Asia has raised interest in bringing manufacturing back into this country, and that is a good thing.

The biggest driver of inflation, oil prices, could very well be headed down. "Much needed relief for tight markets is on the way," according to the International Energy Agency. The simple reason is rising oil production. Helping matters was Biden's planned release of 50 million barrels of oil from the U.S. strategic reserves, with similar steps being taken in other countries.

Why Democrats don't shout hosannas for this basically strong economy has long been a mystery. One explanation is that some of the

loudest voices in the party, mainly on the left, engage in a culture of complaint. The lefties obsess angrily on what isn't being done for the poor and ignore what is.

They've been hollering at West Virginia Sen. Joe Manchin for blocking passage of the current Build Back Better plan, even though it is they who screwed it up. All hope is not lost, though. Democrats can trim their overweight wish list, thus avoiding such cheesy tricks as financing the child tax credit for just one year. Manchin does have a point.

The programs most worth saving are universal preschool, strengthening the Affordable Care Act and fighting climate change. A plan costing \$1.8 trillion — a number Manchin has reportedly said he would consider — would still be bold under any previous definition of the word.

Stock market gains do benefit the better-off, but lots of average people have some skin in the game. Sweden has more billionaires per capita than we do while maintaining a dream of a social safety net.

There's nothing wrong with prosperity. "Happy Days Are Here Again" was the campaign song for Franklin D. Roosevelt — just before he launched the New Deal.

Froma Harrop is a syndicated columnist who writes about culture, politics and the economy.

Bowl games? Some players take a pass

By Steve Chapman

College football's bowl season is upon us, raising the question: If the RoofClaim.com Boca Raton Bowl ceased to exist, would anyone notice? But occasionally these games produce news that deserves attention — such as when Missouri head coach Eli Drinkwitz benched his star player for the Lockheed Martin Armed Forces Bowl on Wednesday.

Drinkwitz was not punishing Tyler Badie, who this season rushed for 1,604 yards, scored 18 touchdowns and was named to the All-SEC team. Just the opposite: He was looking out for his best interests.

Badie stands to reap a handsome windfall by entering the NFL draft. An injury, however, could derail that prospect. Drinkwitz refuses to take that risk. He thinks protecting his player is more important than winning a bowl game. "If you truly value your team like they're your own sons," he told reporters, "sometimes you look at things a little bit differently."

Badie is not the only standout player who will be watching his team's bowl game rather than participating. Texas A&M had to withdraw from the Gator Bowl after several starters opted out and others contracted COVID-19. Two Penn State linebackers are skipping their bowl, as are two SMU wide receivers. At least three Oklahoma starters will not be starting or finishing the Alamo Bowl.

Not all coaches approve of this trend. Mississippi State's Mike Leach fumed, "It's one of the biggest absurdities that I've seen, and it's selfish, too." You may remember Leach as the Texas Tech head coach fired after

being accused of abuse by a player who selfishly made himself unavailable by sustaining a concussion.

It hasn't been long that players have had the nerve to look out for themselves rather than take uncompensated risks in meaningless games. In 2016, LSU running back Leonard Fournette and Stanford running back Christian McCaffrey provoked criticism by sitting out their bowl games. Both went early in the first round of the 2017 NFL draft, and the combined value of their contracts was \$73 million. They also have gone on to success, and more riches, as pros.

Their story is different from that of Jaylon Smith, whose example they doubtless had in mind. A second-team All-American linebacker at Notre Dame, he was in line for the same sort of windfall — until he tore up his knee in the 2016 Fiesta Bowl. He fell to the second round of that year's draft, costing him upward of \$16 million.

If coaches want their best players to take the field for bowl games, they could persuade their university presidents to buy insurance policies to make up any financial losses resulting from injuries. Or they could use their own immense fortunes to do the same. But for some reason, they don't.

It's not as though the missed bowls matter. At one time, being invited to play in a bowl game was something special. Today, it's not really an honor; it's more of a disgrace not to make one. Nowadays, the chance to play on TV is not much of a lure, because the vast majority of regular

season games are on TV.

If a college football player from 1970 came out of a 51-year coma, he would be astonished by the proliferation of post-season contests. Back then, there were 11 bowls. This year, 44 were scheduled. Why would a sensible young man jeopardize his livelihood for the sponsors of the Union Home Mortgage Gasparilla Bowl?

It's also not as though the games won't be played — at least in a nonpandemic year. Most athletes are willing to play in bowls because 1) playing football is what they enrolled to do, 2) they feel an obligation to their coaches and teammates, or 3) it will give them a chance to impress their own coaches (for those who will be back next season) or NFL scouts (for those who are entering the draft).

Every player who pulls out of a bowl game creates an opportunity for another one to take the field instead of riding the bench. For reserves who get little if any playing time, the no-shows are an opportunity they otherwise wouldn't get.

Anyone who has a shot at getting an NFL contract has already helped his university reap huge sums of money and has good reason, at the close of his college career, to put his own interests first. True, there's no "I" in "team." But there are two in "millions."

Steve Chapman blogs for the Chicago Tribune.

The destruction of our personal liberties

By Judge Andrew Napolitano

Two recent and unconnected revelations demonstrate that the deep state remains engaged, deceptive and dangerous.

Here is the backstory.

The deep state consists of those parts of the government that do not change in response to elections and are not transparent or answerable to voters.

This generally includes the intelligence and law enforcement communities, the military and diplomatic communities, and central bankers. Each has its private sector collaborators.

Some would include the judiciary. As a former member of the judiciary from one of the four states that grant life tenure to judges, I do not consider judges to be in the same category as CIA, FBI and other thugs — armed, or flush with cash — who have their own secret agendas.

With the sole exception of the unconstitutional Foreign Intelligence Surveillance Court, judges operate in public courtrooms, and whatever they do is reduced to writing and subject to appeal or public criticism.

The deep state is well below the visible parts of government and rarely subject to public scrutiny. Its budgets are secret. And its power is rarely subject to appeal of any sort. Its two most notorious members — and the two that tormented former President Donald J. Trump — are intelligence and law enforcement. And the two best known in those communities are the CIA and the FBI.

Readers of this column know that the CIA tortures people in foreign lands, believing that somehow torture committed outside the United States cannot subject its officers to prosecution. We know this because of recent revelations in hearings in the military courtrooms at the U.S. Naval Base at Guantanamo Bay, Cuba.

There have been no full jury trials there since the inception 20 years ago of this George W. Bush-inspired modern-day Devil's Island, but there have been hearings with juries to determine the punishment of those who have pleaded guilty to federal crimes.

In one of those hearings, we learned of four years of torture of a foreign national at the hands of the CIA, only to have its officers reveal their opinion that the torture was useless as the victim was telling the truth before, during and after they repeatedly invaded his body cavities and nearly froze him to death in a walk-in refrigerator/freezer.

These revelations were not challenged by the military and civilian prosecutors.

There are many CIA actions that the agency wishes we did not know about, such as the wars it has fought, its physical presence in every statehouse in the U.S., and its domestic spying on Americans without search warrants. When Gen. David Petraeus was the director of the CIA, he admitted in a talk he thought was secret, but which was secretly recorded, that the CIA has access to all microchips in your home.

Thus, if you own a microwave oven, the CIA is quite literally in your kitchen. If you use a cellphone or drive a car, the CIA quite literally goes wherever you do.

No statute authorizes CIA torture or domestic spying. In fact, the Constitution and treaties to which the U.S. is a signatory and federal statutes prohibit both types of behavior. Yet, CIA agents engage in criminal behavior because they can — and because they know that they can get away with it.

Over the Christmas holiday, CIA officials leaked to friendly reporters at CNN their determination to overhaul their network of spies, cease paramilitary actions — which presumably include torture — and return to the "quiet statecraft" of spying on "adversaries" like China and Russia. Then the CIA learned that it has failed to recruit enough Mandarin- and Russian-speaking agents to do so. Criminal and inept.

We also learned shortly before the Christmas holiday from testimony at Guantanamo Bay that nine FBI agents were formally transferred to the CIA so that they'd be free to engage in torture themselves without damaging the reputation of the FBI. CIA agents apparently don't care about their employer's reputation the way their bosses do.

During the Christmas holiday, former FBI agents revealed that they

and others had secretly gone undercover and pretended to be part of the mobs that engaged in the riots in 2020 in Portland, Oregon. There, 200 folks were arrested in a six-month period and charged with various crimes, which ranged from unlawful assembly to obstruction of justice to using violence to destroy government property.

When FBI agents go undercover, their task is to blend in with the folks they are secretly monitoring. That often means committing the same crimes as these folks. Thus, 100 of the 200 cases were dropped because the FBI agents who were sent to join the mob and who pretended to be part of it failed adequately to chronicle what they saw.

Or so their now-retired former colleagues say. We will, of course, never know the true reasons why these cases were dropped. Nor will we know which of these crimes were actually provoked or committed by FBI agents.

We know from reports by the inspector general of the Department of Justice for 2020, and from courtroom files in the FBI-created conspiracy to kidnap the governor of Michigan, that the FBI never prosecutes its own when they are undercover and commit crimes and, in fact, regularly permits its undercover sources to commit crimes with impunity.

What's going on here?

What's going on is the destruction of personal liberty in America by the very folks we have hired to protect it. CIA and FBI agents have all taken the same oath as I did when I became a judge — to abide by the Constitution. The folks who torture, spy without warrant, and create and participate in criminal behavior have become a law unto themselves as they decide what laws to break, what laws to uphold and whom to permit to get away with lawless behavior.

This will bring us to ruination. Why do we tolerate it?

Judge Andrew Napolitano is a distinguished visiting professor of law at Brooklyn Law School.

As presidential nominee, Kamala Harris is not the one

By Froma Harrop

The year 2022 should be too early to get into heated speculation about the Democrats' 2024 candidate for president. But since it's already begun, now would be a good time to resist arguments for making Vice President Kamala Harris the nominee.

First off, the current president, Joe Biden, has not ruled out seeking reelection. Though up in years, Biden is overseeing a functional presidency. The economy is boffo. And he got passed a desperately needed infrastructure plan that eluded his predecessor, forceful tweets notwithstanding.

Such a program, Donald Trump tweeted in March 2020, "should be VERY BIG & BOLD, Two Trillion Dollars, and be focused solely on jobs and rebuilding the once great infrastructure of our Country!"

So where was it?

A second term for Biden is not to be dismissed, especially if Republicans decide to choose another whack job more intent on dismantling the democracy than rebuilding roads, bridges and water systems. Or the same whack job, for that matter.

But we digress. As Biden's vice president, Harris has not done anything very objectionable, and she's brilliant in some ways. But her political skills are plainly lacking. That's why her Democratic cheering

squad needs to be countered.

Harris's penchant for identity politics is both dated and political poison. Recall her performance in the first Democratic presidential debate, back in 2020, when she all but called Biden a racist for allegedly being against busing children to desegregate schools. Declaring herself "the only black person on this stage" was her claim to authority on such matters.

As it turned out, the federally mandated busing in the '70s was roundly disliked by whites and Blacks alike. She also misrepresented Biden's position. He was opposed to forced busing, not the voluntary kind. Harris later said that this was, actually, her position as well.

Harris' obvious mission was to unfairly smear a primary opponent, and the hell with Democratic solidarity. Although she self-dramatized as a member of a disadvantaged racial minority, her mother was, in fact, a medical researcher from India, and her Jamaican father was a professor of economics at Stanford University. (That Biden made her his running mate surprises me to this day.)

Even now Harris is doing the identity thing, complaining that the news coverage of her would be different if she were white and male like the other vice presidents. You don't hear that victim talk from Nikki Haley, the former governor of South Carolina born to Indian immigrants — and possible member of the Republican ticket in 2024. The busing

issue was long ago, but Republicans would undoubtedly move it front and center should Harris be the nominee.

As vice president, Harris had been tasked with addressing border issues. But when Rep. Henry Cuellar, a Texas Democrat representing part of the Rio Grande Valley, had staff call Harris' office to discuss her upcoming visit, no one bothered to call him back. He said that from now on, he'd go directly to the president's office to discuss problems at the border rather than the vice president's.

Harris is very much a product of the coastal liberal establishment in a party whose House leader is from San Francisco and Senate leader is from New York City. This year, Washington Post columnist Jonathan Capehart has written no fewer than three adulatory columns about Harris. One imagines she returns his calls.

Democrats badly need voices from the rest of the country in positions of prominence. That and Harris' lack of nuance in dealing with genuinely complicated issues should prompt Democrats to look elsewhere for their next presidential candidate. All this assumes, of course, that Biden doesn't run again. He very well might.

Froma Harrop is a syndicated columnist who writes about culture, politics and the economy.

SPEED BUMP DAVE COVERLY



Norwalk Community Calendar

MONDAYS

1st Mon., 6 pm - Public Safety meetings - Council Chambers

TUESDAYS

9:00 a.m. - 1 pm - Farmers Market - Norwalk City Hall
1st & 3rd Tues., 6 pm - Toastmasters Meetings - Registrar Recorder/County Clerks Office
1st & 3rd Tues., 6 pm - City Council - Council Chambers
3rd Tues., 5:45 pm - Housing Authority - Council Chambers

WEDNESDAYS

1st & 3rd Wed., 7 pm - Lions Club - Bruce's Restaurant
2nd Wed., 10:30 am - Norwalk Woman's Club - Faith Church
2nd & 4th Wed., 1:30 pm - Alondra Senior Citizens - Social Services Center
2nd & 4th Wed., 6 pm - Soroptimist International - Via Zoom
2nd & 4th Wed., 7:30 pm - Planning Commission - Council Chambers
4th Wed., 11:30 am - Coordinating Council - Arts & Sports Complex

THURSDAYS

7 pm - Boy Scouts Troop 924 - Norwalk United Methodist Church
2nd Thurs., 6 pm - 605 Kiwanis Club - Mr. Rosewood Family Restaurant
2nd Thurs., 7 pm - American Legion Post No. 359 - 11986 Front St.
2nd Thurs., 7:30 pm - Golden Trowel - Norwalk Masonic Lodge

SATURDAYS

9:00 a.m. - 1:00 p.m. - Farmers Market - Norwalk City Hall
2nd Sat., 8:30 a.m. - 10:30 a.m. - Pancake Breakfast - 1st Christian Church of Norwalk

Would you like an event listed in the community calendar?
E-mail news@thedowneypatriot.com

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PUZZLE OF THE WEEK

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)
GET STARTED: With eight words that can mean "get"
by Mark McClain

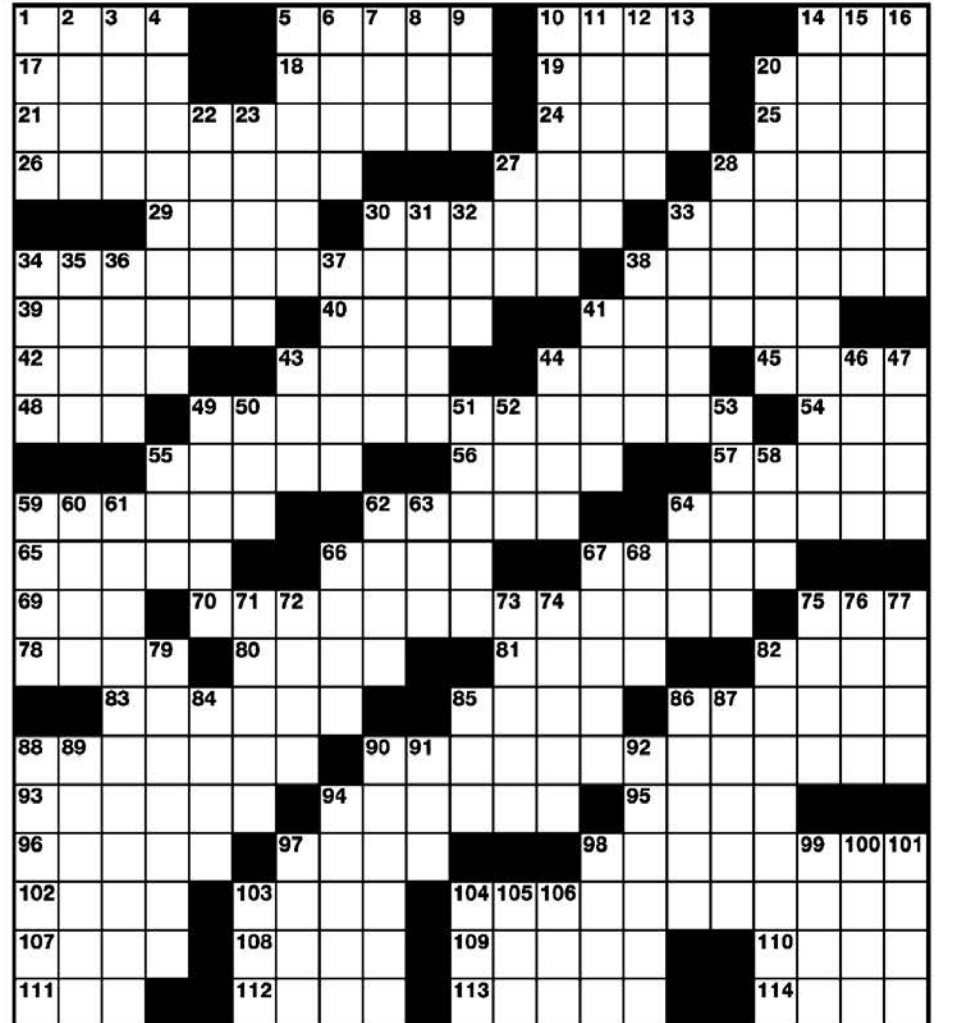
- ACROSS**
- 1 Exited
- 5 Lavishes affection (on)
- 10 Little tricksters
- 14 Vacationer's rental
- 17 Port of Pennsylvania
- 18 First sign
- 19 Year-end season
- 20 Seldom found
- 21 Formerly common way to phone
- 24 Baby kangaroo
- 25 Longing
- 26 Country you're from
- 27 Narrow bottle part
- 28 2014 Winter Olympics city
- 29 "Pencils down!"
- 30 Grab suddenly
- 33 Over here, old-style
- 34 "Looking forward to our date!"
- 38 Neurological junction
- 39 Votes to accept
- 40 Nary a soul
- 41 Good guy
- 42 Ivy, for instance
- 43 Sprightly
- 44 Take charge
- 45 Equine gait
- 48 UFO crew
- 49 Begin to recover
- 54 Alias introducer
- 55 Minimal evidence
- 56 Leisurely pace
- 57 Caravan stop
- 59 Applies gently
- 62 TV honors
- 64 Strains for baby food
- 65 Port on the Seine
- 66 PC ports
- 67 Fireplace framework
- 69 No particular
- 70 Become desperate
- 75 Upper extremity
- 78 Sums at risk
- 80 Big bovines
- 81 Battle of Normandy city
- 82 Major 62 Down media partner
- 83 Software whiz
- 85 Whole bunch
- 86 Garners
- 88 Perceived, as a scent
- 90 Criticize pettily
- 93 *Scarlet Letter* protagonist
- 94 Lawnlike
- 95 Rules, for short
- 96 Pi, for one
- 97 Fedora feature
- 98 Ill-informed
- 102 Advised of
- 103 Red Sea's Gulf of
- 104 Appreciate, as an investment
- 107 Limerick's locale
- 108 Chief exec
- 109 Add to the blend
- 110 Set of statutes
- 111 List of answers
- 112 Tennis pro Roddick or Murray
- 113 In the midst of
- 114 Nifty
- DOWN**
- 1 Walesa of Poland
- 2 Suffix for switch
- 3 Thin coating
- 4 Fax forerunner
- 5 Frequent website ending
- 6 How most music was sold in the '90s
- 7 Bag-checking org.
- 8 Long swimmer
- 9 MO city
- 10 Introduce arbitrarily
- 11 Freeloader
- 12 Quick look
- 13 With ulterior motives
- 14 Popular slogan
- 15 Curved entryways
- 16 Bring back on board
- 20 It may be read as a warning
- 22 *Silas Marner* author
- 23 *The Stranger* author
- 27 Ultimate degree
- 28 Wrongful acts
- 30 Sound of disdain
- 31 About 11%
- 32 Notable period
- 33 Rock singer Chrissie
- 34 Keep for later
- 35 Improve for publication
- 36 Very long times
- 37 Without a pause
- 38 Two-Oscar Penn
- 41 Insignificant
- 43 -K school
- 44 Trims (off)
- 46 Tulsa, for one
- 47 Russia news agency
- 49 Sort of sandal
- 50 Vase with a pedestal
- 51 Horror movie series addr.
- 52 Playfully shy
- 53 Defeats soundly
- 55 Compass reading
- 58 Consist of
- 59 Lackluster
- 60 Best-in-class
- 61 Believe an alibi, say
- 62 *SportsCenter* broadcaster
- 63 GWB degree
- 64 Hound's hand
- 66 Tech support client
- 67 Young activist
- 68 Thunberg
- 68 Supervised
- 71 *Today* weatherman
- 72 Took a hatchet to
- 73 Tons and tons
- 74 Stretchy confection
- 75 Smoothie flavor
- 76 Angry outburst
- 77 Pulverize
- 79 Something often served with soup
- 82 Paper dispenser
- 84 Nile queen, for short
- 85 HMO personnel
- 86 Close who portrayed Cruella
- 87 Statehouse VIP
- 88 Apt rhyme for "Eek!"
- 89 No sweetheart
- 90 Tightly curled, as a coil
- 91 Terse confirmation
- 92 Pressing for
- 94 Miser's motivation
- 97 Go up in smoke
- 98 "Checkmate"
- 99 Herbal balm
- 100 *The Thinker*, for instance
- 101 Emerging adult
- 103 Location for relaxation
- 104 *Today* rival, briefly
- 105 Canyon's edge
- 106 Tic-tac-toe nonwinner

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

You can contact puzzle editor Stanley Newman at www.StanXwords.com



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- 105 Canyon's edge
- 92 Pressing for
- 106 Tic-tac-toe nonwinner

Reach Stan Newman at www.StanXwords.com

FICT. BUS NAME

FICTITIOUS BUSINESS NAME STATEMENT

File Number: 2021271731
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) TOROS TAQUERIA CORP. (2) TOROS TAQUERIA INC. (3) TOROS TAQUERIA, 15617 STUDEBAKER ROAD SUITE 2, NORWALK CA 90650, COUNTY OF LOS ANGELES
 Articles of Incorporation or Organization Number (if applicable): A1 #ON. N/A
 REGISTERED OWNERS(S): (1) TOROS TAQUERIA INC., 15617 STUDEBAKER ROAD SUITE 2, NORWALK CA 90650
 State of Incorporation: CA
 THIS BUSINESS IS CONDUCTED BY: a Corporation

The date registrant started to transact business under the fictitious business name or names listed above: 10/2016

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine that to exceed one thousand dollars (\$1,000).

S/TOROS TAQUERIA INC. SECRETARY, ERIKA A. OLMEDO-VALDERRAMA
 This statement was filed with the County Clerk of Los Angeles on DECEMBER 15, 2021
 Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot
12/17/21, 12/24/21, 12/31/21, 1/7/22

FICTITIOUS BUSINESS NAME STATEMENT

2021238637
 The following person(s) is/are doing business as: NASCENT INSURANCE SOLUTIONS, 2304 3/4 MICHIGAN AVE, LOS ANGELES, CA 90033 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: ELDER INSURANCE SOLUTIONS LLC, 2304 3/4 MICHIGAN AVE, LOS ANGELES, CA 90033 (State of Incorporation/Organization: CALIFORNIA). This business is conducted by: LIMITED LIABILITY COMPANY. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: MIGUEL SANCHEZ, MEMBER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/01/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA951269.

FICTITIOUS BUSINESS NAME STATEMENT

2021257173
 The following person(s) is/are doing business as: ROYAL NUBIANZ, 4122 HATHAWAY AVE APT #2, LONG BEACH, CA 90815 LA COUNTY. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: TREMEL SUAZO, 4122 HATHAWAY AVE APT #2, LONG BEACH, CA 90815. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: TREMEL SUAZO, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/24/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA958877.

FICTITIOUS BUSINESS NAME STATEMENT

2021258318
 The following person(s) is/are doing business as: BRAID QUEEN LA, 3959 WILSHIRE BLVD A25, LOS ANGELES, CA 90010 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: LUCY LOMURO, 3959 WILSHIRE BLVD A25, LOS ANGELES, CA 90010 (State of Incorporation/Organization: CA). This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: LUCY LOMURO, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/29/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960007.

FICTITIOUS BUSINESS NAME STATEMENT

2021258363
 The following person(s) is/are doing business as: MUNCHIES KITCHEN, 10719 S. VAN NESS AVE. 3, INGLEWOOD, CA 90303 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: K & P INTERNATIONAL LLC, 10719 S. VAN NESS AVE. 3, INGLEWOOD, CA 90303 (State of Incorporation/Organization: NV). This business is conducted by: LIMITED LIABILITY COMPANY. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: KERMIN ROBERTS, MANAGER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): 09/2021. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/29/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960016.

FICTITIOUS BUSINESS NAME STATEMENT

2021258405
 The following person(s) is/are doing business as: PRETTY SWEETBLING, 5561 NORWALK BLVD APT 6, WHITTIER, CA 90601 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: CHRISTINA MARIE CHOUINARD, 5561 NORWALK BLVD APT 6, WHITTIER, CA 90601. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: CHRISTINA MARIE CHOUINARD, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date):

11/2021. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/29/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960026.

FICTITIOUS BUSINESS NAME STATEMENT

2021258968
 The following person(s) is/are doing business as: 1. JOSIE & THE PUPS N CATS, 2. EVERLASTING PET CARE, 3. CURLS AND COLLARS, 6407 10TH AVE, LOS ANGELES, CA 90043 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: JOSEPHINE BAILEY-MCLEIN, 6407 10TH AVE APT 1, LOS ANGELES, CA 90043. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: JOSEPHINE BAILEY-MCLEIN, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/29/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960155.

FICTITIOUS BUSINESS NAME STATEMENT

2021259552
 The following person(s) is/are doing business as: CALITRANS, 2416 W. VICTORY BLVD, #606, BURBANK, CA 91506 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: SARKIS BLUDYAN, 2416 W. VICTORY BLVD #606, BURBANK, CA 91506. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: SARKIS BLUDYAN, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): 07/2013. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/30/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960269.

FICTITIOUS BUSINESS NAME STATEMENT

2021260178
 The following person(s) is/are doing business as: 1. SIMPLEE KLASSY KREATIONS, 2. VALB KREATIONS, 2111 6TH AVE, LOS ANGELES, CA 90018 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: VALERIE DENISE BROWN, 2111 6TH AVE, LOS ANGELES, CA 90018. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: VALERIE DENISE BROWN, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): 02/2017. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/01/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960422.

FICTITIOUS BUSINESS NAME STATEMENT

2021260702
 The following person(s) is/are doing business as: EARTH CRAVINGS, 3625 CONQUISTA AVE, LONG BEACH, CA 90808 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: CYNTHIA CIRELLA TELLEZ, 3625 CONQUISTA AVE, LONG BEACH, CA 90808, JOHN ANTONIO HERNANDEZ, 3625 CONQUISTA AVE, LONG BEACH, CA 90808. This business is conducted by: GENERAL PARTNERSHIP. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: CYNTHIA CIRELLA TELLEZ, GENERAL PARTNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/01/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960565.

FICTITIOUS BUSINESS NAME STATEMENT

2021260985
 The following person(s) is/are doing business as: WHATS GOOD RECORDS, 472 N ORCHID TREE LANE, PALM SPRINGS, CA 92262 RIVERSIDE. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: ARNOLD MCCULLER, 472 N ORCHID TREE LANE, PALM SPRINGS, CA 92262. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: ARNOLD MCCULLER, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): 02/2013. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/01/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960624.

FICTITIOUS BUSINESS NAME STATEMENT

2021261126
 The following person(s) is/are doing business as: E. RUIZ TRUCKING, 27306 LASSO WAY, CORONA, CA 92883 RIVERSIDE. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: ESTUARDO RUIZ, 27306 LASSO WAY, CORONA, CA 92883. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: ESTUARDO RUIZ, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/02/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960670.

FICTITIOUS BUSINESS NAME STATEMENT

2021261419
 The following person(s) is/are doing business as: BILLY CAVANAGH PRODUCTIONS, 5700 ETIWAH AVE UNIT#169, TARZANA, CA 91356 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: WILLIAM JOSEPH CAVANAGH, 5700 ETIWAH AVE UNIT#169, TARZANA, CA 91356. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: WILLIAM JOSEPH CAVANAGH, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/02/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960739.

FICTITIOUS BUSINESS NAME STATEMENT

2021261798
 The following person(s) is/are doing business as: LOPEZ CLEANING, 1905 CALIFORNIA AVE APT 11, BAKERSFIELD, CA 93304 KERN. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: HECTOR LOPEZ ALCANTAR, 1905 CALIFORNIA AVE APT 11, BAKERSFIELD, CA 93304. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: HECTOR LOPEZ ALCANTAR, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): 11/2021. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/02/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960821.

FICTITIOUS BUSINESS NAME STATEMENT

2021261825
 The following person(s) is/are doing business as: CONSULTING SPECIALISTS, 1615 CHESTNUT HILL DRIVE, WALNUT, CA 91789 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: CECIL SISON SEBASTIAN III, 1615 CHESTNUT HILL DRIVE, WALNUT, CA 91789. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: CECIL SISON SEBASTIAN III, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): 07/2021. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/02/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960829.

FICTITIOUS BUSINESS NAME STATEMENT

2021262108
 The following person(s) is/are doing business as: DIVINE AFRICAN FOODS, 2039 W 44TH AVE, GARDENA, CA 90249 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: PATIENCE OGE UDECHUKWU, 2039 W 146TH STREET, GARDENA, CA 90249. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: PATIENCE OGE UDECHUKWU, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): 01/2021. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/02/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960878.

FICTITIOUS BUSINESS NAME STATEMENT

2021262110
 The following person(s) is/are doing business as: SUNAYA, 1140 VENICE BLVD, APT 103, VENICE, CA 90291 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: ANASTASIYA SHEVCHENKO, 1140 VENICE BLVD, APT 103, VENICE, CA 90291. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: ANASTASIYA SHEVCHENKO, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): 03/2021. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/02/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960879.

FICTITIOUS BUSINESS NAME STATEMENT

2021262229
 The following person(s) is/are doing business as: MIMY TRANSPORTATION INC., 14040 FOOTHILL BLVD UNIT 214, SYLMAR, CA 91342 LOS ANGELES. Mailing address if different: N/A. Articles of Incorporation or Organization Number: C4711719. The full name(s) of registrant(s) is/are: MIMY TRANSPORTATION INC., 14040 FOOTHILL BLVD UNIT 214, SYLMAR, CA 91342 (State of Incorporation/Organization: CALIFORNIA). This business is conducted by: CORPORATION. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: ANA MIRTA MEHKHANI, PRESIDENT.
 The registrant commenced to transact business under the fictitious business name listed above on (date): 03/2021. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/02/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960914.

FICTITIOUS BUSINESS NAME STATEMENT

2021262387
 The following person(s) is/are doing business as: STRAWBERRY IVY, 914 FUCHSIA AVE, GLENDORA, CA 91740 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: GIOVANNA J DIPILLO, 914 FUCHSIA AVE, GLENDORA, CA 91740. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: GIOVANNA J DIPILLO, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above

on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/03/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960941.

FICTITIOUS BUSINESS NAME STATEMENT

2021262521
 The following person(s) is/are doing business as: AAA GENERAL MAINTENANCE SERVICES, 10307 NEWHOME AVE, SUNLAND, CA UNITED ST. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: HENRIK TER-HAKOPYAN, 10307 NEWHOME AVE, SUNLAND, CA 91040. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: HENRIK TER-HAKOPYAN, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): 11/2021. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/03/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960962.

FICTITIOUS BUSINESS NAME STATEMENT

2021262625
 The following person(s) is/are doing business as: THERAPEUTIC MASSAGE, 4040 W WASHINGTON BLVD SPACE 80, LOS ANGELES, CA 90018 LOS ANGELES. Mailing address if different: 15011 LEMOLI AVE 6, GARDENA, CA 90249. The full name(s) of registrant(s) is/are: VERONICA ORELLANA, 15011 LEMOLI AVE 6, GARDENA, CA 90249. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: VERONICA ORELLANA, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): 02/2020. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/03/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA960982.

FICTITIOUS BUSINESS NAME STATEMENT

2021262831
 The following person(s) is/are doing business as: BENEFITS INSURANCE AGENCY, 858 S OAK PARK RD #280, COVINA, CA 91724 LA COUNTY. Mailing address if different: PO BOX 866, WALNUT, CA 91788. The full name(s) of registrant(s) is/are: BENETS CONSULTING INC, 858 S OAK PARK RD #280, COVINA, CA 91724 (State of Incorporation/Organization: CA). This business is conducted by: CORPORATION. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: LAVINA DING, PRESIDENT.
 The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/03/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA961019.

FICTITIOUS BUSINESS NAME STATEMENT

2021262871
 The following person(s) is/are doing business as: FLINKMAN REALTY, 171 PIER AVENUE #386, SANTA MONICA, CA 90405 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: CROWN PRINCE CONSULTING, LLC, 171 PIER AVENUE #386, SANTA MONICA, CA 90405 (State of Incorporation/Organization: CALIFORNIA). This business is conducted by: LIMITED LIABILITY COMPANY. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: NOAH MAXWELL FLINKMAN, PRESIDENT.
 The registrant commenced to transact business under the fictitious business name listed above on (date): 10/2019. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/03/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA961026.

FICTITIOUS BUSINESS NAME STATEMENT

2021262963
 The following person(s) is/are doing business as: ETERNITY & CO BOUQUINE, 10430 1/2 SAN JUAN AVE, SOUTH GATE, CA 90280 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: MICHELLE HERRERA, 10430 1/2 SAN JUAN AVE, SOUTH GATE, CA 90280. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: MICHELLE HERRERA, OWNER.
 The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/03/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq., Business and Professions Code). Publish: 12/24/2021, 12/31/2021, 01/07/2022, 01/14/2022. THE NORWALK PATRIOT. AAA961047.

FICTITIOUS BUSINESS NAME STATEMENT

2021263030
 The following person(s) is/are doing business as: ARASTO LAW GROUP, 21781 VENTURA BLVD., SUITE 240, WOODLAND HILLS, CA 9136

on (Date) 12/07/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA961996.

NORWALK PATRIOT. AAA962160. FICTITIOUS BUSINESS NAME STATEMENT 2021266182 The following person(s) is/are doing business as: PALERMO, 2717 E ALONDRA BLVD, SUITE E, COMPTON, CA 90221 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: FELIX INSURANCE SERVICES LLC, 2717 E ALONDRA BLVD SUITE E, COMPTON, CA 90221 (State of Incorporation/Organization: CALIFORNIA). This business is conducted by: LIMITED LIABILITY COMPANY. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: RICARDO DIAZ JR, CEO. The registrant commenced to transact business under the fictitious business name listed above on (date): 11/20/21. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/08/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA962196.

FICTITIOUS BUSINESS NAME STATEMENT 2021266219 The following person(s) is/are doing business as: GUTIERREZ MUSIC, 9923 ASPEN CIRCLE, SANTA FE SPRINGS, CA 90670 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: DANIELA GUTIERREZ, 9923 ASPEN CIRCLE, SANTA FE SPRINGS, CA 90670. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: DANIELA GUTIERREZ, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): 11/20/21. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/08/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA962208.

FICTITIOUS BUSINESS NAME STATEMENT 2021266224 The following person(s) is/are doing business as: BRIGHT SPEECH LA, 2027 N HOOVER ST., LOS ANGELES, CA 90027 LA COUNTY. Mailing address if different: 12322 OTSEGO ST, VALLEY VILLAGE, CA 91607. The full name(s) of registrant(s) is/are: SARAH HALPERN, 2027 N HOOVER ST., LOS ANGELES, CA 90027. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: SARAH HALPERN, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): 01/20/20. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/08/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA962210.

FICTITIOUS BUSINESS NAME STATEMENT 2021266227 The following person(s) is/are doing business as: 1. THE DUCHESS' DOWRY, 2. DUCHESS' DOWRY, 361 W. PALMER AVE, GLENDALE, CA 91204 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: SHAUNTIA ANEISHA JACKSON, 361 W. PALMER AVE, GLENDALE, CA 91204. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: SHAUNTIA ANEISHA JACKSON, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): 10/12/21. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/08/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA962211.

as: MEDINA'S TAX AND INSURANCE, 4354 E FLORENCE AVE, BELL, CA 90723 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: RUMALDA MEDINA, 4354 E FLORENCE AVE, BELL, CA 90201. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: RUMALDA MEDINA, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): 12/20/21. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/14/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA963093.

LIEN SALES

Extra Space Storage will hold a public auction to sell personal property described below belonging to those individuals listed below at the location indicated:

- 10950 Firestone Blvd Norwalk, CA 90650
- 01/21/2022 11:00am
- LeTrenna Larry Household items
- Rodrigo Dias Ramos Household items
- Monica Rodriguez Household items
- Timothy Sanchez Household items
- Christian Cadena Household items
- Nadia Roberts Household items
- Yenely Cruz Household items
- RAI Trade Marketing Services Company Inventory
- Zuber Murad Household items
- Francis Hernandez Household items
- Alexandra Pantoja Household items
- Tierra Arnold Household items

The auction will be listed and advertised on www.storage-treasures.com. Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

The Norwalk Patriot 12/31/21, 1/7/22

NOTICES

NOTICE OF SHERIFF'S SALE THE CHECK CONNECTION, INC VS ANDERSON, KEVIN CASE NO: SC072250 R

Under a writ of Execution issued on 04/15/21, Out of the County of Los Angeles, State of California, County of Los Angeles, State of California, on a judgment entered on 11/04/02; renewed on 08/11/12 & 02/05/21. In favor of THE CHECK CONNECTION, INC. and against ANDERSON, KEVIN showing a net balance of \$ 214,074.33 actually due on said judgment. (Amount subject to revision)

I have levied upon all the right, title and interest in said judgment debtor(s) in the property in the County of Los Angeles, State of California, described as follows: LOT 228 OF TRACT 20884, IN THE CITY OF NORWALK, COUNTY OF LOS ANGELES, CALIFORNIA AS PER MAP RECORDED IN BOOK 565, PAGE(S) 12 TO 16, OF MAPS IN THE OFFICE OF THE COUNTY RECORDER OF SAID COUNTY. APN: 8078-034-003

Commonly known as: 15438 GRAYSTONE AVENUE, NORWALK, CA 90650
Public notice is hereby given that I will sell at public auction to the highest bidder for cash in lawful money of the United States all the right, title and interest of the debtor(s) in the above described property or so much as will be sufficient to satisfy said writ or warrant with interest and all costs on 02/09/22, 10:00 AM at the following location.

STANLEY MOSK COURTHOUSE
111 N. HILL STREET, ROOM 125B
LOS ANGELES, CA 90012
() This sale is subject to a minimum bid the amount of \$ 0.00 (Subject to revision)
Prospective bidders should refer to sections 701.510 to 701.680, inclusive, of the Code of Civil Procedure for provisions governing the terms, conditions and effect of the sale and the liability of defaulting bidders. Creditor's Attorney
LAW OFFICES OF ROGER L STANARD
5850 CANOGA AVENUE, SUITE 400
WOODLAND HILLS, CA 91367

Dated: 12/14/21
Branch: Los Angeles
ALEX VILLANUEVA, Sheriff
By: PATRICE R STEPHEN, Deputy Operator ID: 538334
Para obtener esta informacion-traduccion en Espanol llame a este numero: (213) 972-3950
NOTE: IT IS A MISDEMEANOR TO TAKE DOWN OR DEFACE A POSTED NOTICE BEFORE THE DATE OF SALE. (Penal Code section 616)

CN982801 SC072250 R
Dec 24, 2021, Jan 7, 2022

CN982801 The Norwalk Patriot 12/24/21, 12/31/21, 1/7/22

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME CASE NUMBER: 21NWCP00447

TO ALL INTERESTED PERSONS: Petitioner RENEE RAYNALDO ORTIZ filed a petition with this court for a decree changing names as follows:
Present name (1) RENEE RAYNALDO ORTIZ to Proposed name (1) RAY ORTIZ. THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: FEBRUARY 18, 2022, Time: 10:30 a.m., Department: C, Room: 312
The address of the court is 12750 NORWALK BLVD., NORWALK CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, THE NORWALK PATRIOT
DECEMBER 17, 2021
Honorable Margaret M. Bernal
Judge of the Superior Court
Petitioner or Attorney for Petitioner
RENEE RAYNALDO ORTIZ
11012 BOMBARDIER AVE
NORWALK, CA 90650
(562) 665-4374

The Norwalk Patriot 12/24/21, 12/31/21, 1/7/22, 1/14/22

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FICTITIOUS BUSINESS NAME STATEMENT 2021266525 The following person(s) is/are doing business as: ROADWORK STUDIO, 839 PARKMAN AVENUE, 106, LOS ANGELES, CA 90026 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: JANE LLC, 839 PARKMAN AVENUE, 106, LOS ANGELES, CA 90026 (State of Incorporation/Organization: CALIFORNIA). This business is conducted by: LIMITED LIABILITY COMPANY. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: ASHLEIGH J PARSONS, PRESIDENT. The registrant commenced to transact business under the fictitious business name listed above on (date): 07/20/21. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/07/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA962204.

FICTITIOUS BUSINESS NAME STATEMENT 2021266219 The following person(s) is/are doing business as: GUTIERREZ MUSIC, 9923 ASPEN CIRCLE, SANTA FE SPRINGS, CA 90670 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: DANIELA GUTIERREZ, 9923 ASPEN CIRCLE, SANTA FE SPRINGS, CA 90670. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: DANIELA GUTIERREZ, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): 11/20/21. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/08/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA962208.

FICTITIOUS BUSINESS NAME STATEMENT 2021266386 The following person(s) is/are doing business as: PILON VFX, 1448 BUTLER AVENUE, APT 1, LOS ANGELES, CA 90025 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: STEPHAN FRANCK C. LECTEZ, 1448 BUTLER AVENUE APT 1, LOS ANGELES, CA 90025. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: STEPHAN FRANCK C. LECTEZ, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): 06/20/09. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/08/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA962247.

FICTITIOUS BUSINESS NAME STATEMENT 2021267892 The following person(s) is/are doing business as: GALERIE DEARTS, 1035 CENTINELA AVENUE, SANTA MONICA, CA 90403 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: DESA LIFE SCIENCES LLC, 1035 CENTINELA AVENUE, SANTA MONICA, CA 90403 (State of Incorporation/Organization: CALIFORNIA). This business is conducted by: LIMITED LIABILITY COMPANY. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: DEEPA SUBRAMANIAM, CEO. The registrant commenced to transact business under the fictitious business name listed above on (date): 11/20/21. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/09/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA962253.

FICTITIOUS BUSINESS NAME STATEMENT 2021267668 The following person(s) is/are doing business as: TEPA SALE, 4525 W 173RD ST # 1, LAWNSDALE, CA 90260 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: PABLO A SALINAS, 4525 W 173RD ST # 1, LAWNSDALE, CA 90260, TERESA RIVERA, 4525 W 173RD ST # 1, LAWNSDALE, CA 90260. This business is conducted by: MARRIED COUPLE. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: PABLO A SALINAS, TERESA RIVERA. The registrant commenced to transact business under the fictitious business name listed above on (date): 12/14/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA963098.

FICTITIOUS BUSINESS NAME STATEMENT 2021267668 The following person(s) is/are doing business as: TEPA SALE, 4525 W 173RD ST # 1, LAWNSDALE, CA 90260 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: PABLO A SALINAS, 4525 W 173RD ST # 1, LAWNSDALE, CA 90260, TERESA RIVERA, 4525 W 173RD ST # 1, LAWNSDALE, CA 90260. This business is conducted by: MARRIED COUPLE. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: PABLO A SALINAS, TERESA RIVERA. The registrant commenced to transact business under the fictitious business name listed above on (date): 12/14/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA963098.

FICTITIOUS BUSINESS NAME STATEMENT 2021266592 The following person(s) is/are doing business as: HALLMARK WOODWORKS, 4176 PERLITA AVE, LOS ANGELES, CA 90039 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: RYAN MACKERETH, 4176 PERLITA AVE, LOS ANGELES, CA 90039. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: RYAN MACKERETH, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): 11/20/21. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/07/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA962073.

FICTITIOUS BUSINESS NAME STATEMENT 2021266224 The following person(s) is/are doing business as: BRIGHT SPEECH LA, 2027 N HOOVER ST., LOS ANGELES, CA 90027 LA COUNTY. Mailing address if different: 12322 OTSEGO ST, VALLEY VILLAGE, CA 91607. The full name(s) of registrant(s) is/are: SARAH HALPERN, 2027 N HOOVER ST., LOS ANGELES, CA 90027. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: SARAH HALPERN, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): 01/20/20. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/08/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA962292.

FICTITIOUS BUSINESS NAME STATEMENT 2021267892 The following person(s) is/are doing business as: GALERIE DEARTS, 1035 CENTINELA AVENUE, SANTA MONICA, CA 90403 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: JODIE P. GIBSON, 1200 W RIVERSIDE DR, 125, BURBANK, CA 91506. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: JODIE P. GIBSON, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): 11/20/21. This statement was filed with the County Clerk of Los Angeles County on (Date) 12/09/2021. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/17/2021, 12/24/2021, 12/31/2021, 01/07/2022. THE NORWALK PATRIOT. AAA962253.

FICTITIOUS BUSINESS NAME STATEMENT 2021267892 The following person(s) is/are doing business as: GALERIE DEARTS, 1035 CENTINELA AVENUE, SANTA MONICA, CA 90403 LOS ANGELES. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: JACQUELYN NORDORF, 1952 W 152ND STREET, GARDENA, CA 90249. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: JACQUELYN NORDORF, 1952 W 152ND STREET, GARDENA, CA 90249. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: JACQUELYN NORDORF, 1952 W 152ND STREET, GARDENA, CA 90249. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: JACQUELYN NORDORF, 1952 W 152ND STREET, GARDENA, CA 90249. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: JACQUELYN NORDORF, 1952 W 152ND STREET, GARDENA, CA 90249. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: JACQUELYN NORDORF, 1952 W 152ND STREET, GARDENA, CA 90249. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) 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How to avoid New Year's resolution disappointment

As we get set to ring in the New Year, millions of Americans will be taking part of an annual tradition of making New Year's resolutions.

For many, they will be setting unrealistic goals that are hard to attain and they may end up disappointed.

According to DiscoverHappyHabits.com, a 2016 study showed out of the 41% of Americans who make New Year's resolutions, by the end of the year, only 9% feel they are successful in keeping them.

There are a few things you can do to successfully achieve your New Year's resolutions, however, notes Dr. Britany Alexander, a psychiatrist with Kaiser Permanente Southern California. "The desire to be our best self is the first step to real, positive change," she adds.

Here are a few tips Dr. Alexander offers to help you make your New Year's resolution a success:

Choose something YOU want to change. For example, if your spouse would like nothing more than for you to take up a hobby or a sport they really like, but you have little interest in it, you will be less likely to follow through on your commitment. Make sure it's your own personal goal.

Keep it simple. It can be tempting to set several goals at once. After some holiday overindulgence, you might feel like giving up all alcohol, going on a diet, exercising five times per week and drinking lots of water. Those are all excellent habits. But people tend to become discouraged and quit if they miss their mark. Instead, making one or two small achievable goals can set you up for success and is ultimately more rewarding.

Plan ahead and be consistent. Instead of saying, "I will exercise every day," try modifying your goal to be more specific. For example, you could say, "I will exercise for 30 minutes on Monday, Wednesday, and Fridays." And to take it a step further, make sure you have the necessary equipment available, and the time blocked off in advance, hence increasing the likelihood of reaching your goal.

It's OK to re-evaluate the goals you set. If no matter what you are becoming stuck in a particular area, go back and reassess. Was the goal too aggressive or not truly something you wanted to do? For example, if you set out to train for a marathon but are finding the schedule too overwhelming, perhaps consider preparing for a 5K first. Any step forward counts.

Be kind to yourself. If you don't quite make it today, show up again tomorrow. You are worth a second, third and fourth chance. Remember that the journey of a thousand miles begins with one step!

"The key to success in keeping your New Year's resolution is to be realistic and take small steps," Dr. Alexander says. "Taking too big of a leap could result in discouragement, and that could ultimately lead you away from your goals."



Alexis Givens, 12, designed the Downey Rose Float Association's 2022 float. (Photo by Alex Dominguez)

Weather, pandemic not enough to derail Downey Rose Float

■ Alexis Givens, 12, is the youngest person to have designed a float for the Downey Rose Float Association.

By Alex Dominguez
Staff Writer

DOWNEY – It is officially crunch time for the Downey Rose Float Association, as they race to finish their entry for Saturday's annual Pasadena Tournament of Roses Parade.

The theme of this year's event is "Dream. Believe. Achieve." Downey's entry is called "Reading: It's an Adventure," and will include three giant pop-up books, featuring a submarine voyage, a wild jungle, and a rocket blasting off into space.

The concept came from a drawing authored by Alexis Givens, who at 12-years-old, is the youngest in Downey Rose Float history to have her submission selected.

"I had no idea I was going to submit an entry at first; I didn't even know we were going to the meeting before that night," said



Volunteers spent this week preparing Downey's float for the Tournament of Roses Parade on New Year's Day. (Photo by Alex Dominguez)

Givens. "This was a one-time thing, like, a first-time thing. I've never done anything like that before."

President Jeremy Clifton expressed a lot of pride in Givens.

"Generally speaking, we have either people who have done it for years, and years, and years, or professional artists," said Clifton. "To have a kid's basic stick figure drawing come to life is something that she'll take with her the rest of her life and have good memories about it."

Givens's first drawing was similar to the float's now middle section, originally featuring lions, tigers, and bears. Some fine tuning along with float designers made it what it is now, adding the underwater and space elements.

"I always think of a jungle adventure when I think of adventure," said Givens. "Me and [Construction Chair] Kelley Roberts came up with a better and new design to go from the depths of the sea to the limits of space, because if you dream it and believe it, you can achieve anything."

Roberts said that each book on the float will have some kind of animation or

special effect, or both.

"It will be simple animation that you would see in a typical pop-up book," said Roberts. "If you pull something on a pop-up book, it moves, or you turn it or you slide it, a little something moves; that little quirkiness. That's what we tried to do."

According to Floral Designer Danielle Storey, parade viewers can expect to see lots of roses, orchids, vegetables and fruits, more plants than usual, and "lots of popping colors."

"Probably in the flower realm, we probably at least have 12,000 stems of roses," said Storey.

Givens said that seeing her concept come to life is "an amazing feeling."

"I love my city; it's an amazing community," said Givens.

Givens served as Little Miss Downey in 2020, and will be one of the riders on the float along with Miss Teen Downey Sarah Sarofeem, Junior Miss Downey Allie Hanks, Storey, and Pam Chambers.

After a traffic accident caused extensive damage to the float site's security fence and several props just a few weeks ago,

"Decoration week" – which officially began Dec. 26 – also got off to a bit of a rocky start.

As of Monday, Downey Rose Float had not seen the number of volunteers that they usually do, which Clifton and Roberts agreed was likely due to the winter storm that was rolling through, and the rapidly rising number of Covid-19 cases.

Downey Rose Float has been following several safety protocols this week, including screening volunteers and requiring proof of vaccination or negative Covid-19 test.

Still, despite its hectic and somewhat nail-biting nature, the final days before the parade also brought a sense of normalcy for many of the organization's volunteers.

"People have been stuck at home, haven't been able to get out and see each other," said Clifton. "A lot of these people we see every year, year after year after year. We watch their kids grow up. We watch them get older, we watch them get married."

"Believe it or not, a year makes a big difference."

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