

Vaccines now open to all seniors

■ Covid-19 vaccinations became available to all seniors this week. But with vaccines in short supply, inoculations could take months.

By Eric Pierce
Editor

NORWALK - In an effort to slow down surging cases of Covid-19, L.A. County health officials this week authorized vaccinations for all senior citizens ages 65 and older.

Getting an appointment for a vaccination, however, is proving difficult with vaccine doses in limited supply.

A large-scale Covid-19 vaccination operation, capable of vaccinating up to 4,000 people daily, opened Tuesday in Downey, one of five such sites across L.A. County.

The vaccination site is located in the parking lot of L.A. County Office of Education headquarters, 12830 Columbia Way, off Imperial Highway.

Seniors can try to secure a vaccination appointment by calling (833) 540-0473 or by going online to VaccinateLACounty.com.

The vaccine supply is still extremely limited and health officials asked for patience "as we work urgently with our federal and state partners to expand capacity and supply in the weeks ahead."

Epidemiologist Dr. Erica Pan said at the current rate California is receiving Covid-19 vaccinations, it would take 20-22 weeks to vaccinate all residents ages 65 and older, which is June.

"After an exhausting, year-long battle with this highly contagious and deadly virus, we now have a vaccine that is safe, effective and will save lives," said L.A. County health director Barbara Ferrer. "The vaccines also do more than protect the person getting vaccinated; the more people in a community who are vaccinated and protected from COVID-19, the harder it is for this virus to spread."

"However, this process will take several months and so we ask for your understanding and patience."

Skilled Nursing Facilities

Health officials reported this week that 335 of 340 (nearly 99%) of all skilled nursing facilities in LA County received and administered their first doses of Covid-19 vaccine.

Nearly 39,000 doses have been administered to staff and residents.

The remaining facilities are currently vaccinating or are scheduling vaccinations this week. Additionally, for facilities that completed their first doses, Public Health is supporting distribution and administration of their second doses of vaccine.

All skilled nursing facilities in the county conduct weekly testing of residents and staff. For the week of January 2, more than 70,000 Covid-19 tests were completed among staff and residents. A total of 2,532 people tested positive for the virus; 1,423 new cases among residents and 1,109 new cases among staff; this is a positivity rate of just under 4% and significantly lower than the positivity rate among the general public (15%).

The proportion of deaths occurring among residents at skilled nursing facilities has dropped from 50% last summer to under 7% this winter.



Biola's Jazz Benn wrestles the ball away from a Northwest Nazarene defender in their women's basketball game at Biola University in La Mirada on Saturday. (Photo by Keith Durlflinger)

After long delay, basketball season finally arrives

■ Biola University splits a doubleheader as the basketball season tips off after a year-long absence.

By John M. Sherrard
Contributor

LA MIRADA - After 10 months and one of the worst pandemics in the history of our country, a bright light has shown on the campus of Biola University - the return of sports and the men's and women's basketball seasons.

A season that was supposed to begin in early November finally tipped off inside Chase Auditorium last Saturday as the Eagles hosted Northwest Nazarene University from Nampa, Idaho for a nonconference game.

A few of the usual things, however, were missing - the cheerleaders, the noise, the parents and, of course, the loyal fans.

The players were just finally glad to have a live game. Former Biola women's basketball coach and current senior director of athletics, Bethany Miller, who along with athletic trainer Cory Smith, were the only ones in the stands throughout the games. Both women's teams did show up in the second half of the men's games, though.

Both Biola teams begin PacWest Conference action tonight (Friday, Jan. 22), as the women host rival APU at 2 pm, followed by the men at 5 pm.

APU will host Biola on Saturday for a pair of games with the same start times.

"This has meant so much to us after 10 months of hard work to get to this point," Miller said. "There have been so many protocols, so many administrative layers and really our focus on student-athletes putting in such hard work to return to sport. So to get to this day, to be day one of a competitive season for our basketball programs and really for our entire university, has just been a tremendous sacrifice."

With all of that, the games still went on and after two action-filled contests, the Eagles came out with a split on the afternoon.

In game one of the doubleheader, the Biola men fell to NNU, 90-81, followed by a



Biola's Chris Rossow drives toward the hoop as they play Northwest Nazarene in their men's basketball game at Biola University in La Mirada on Saturday. (Photo by Keith Durlflinger)

nail-biter victory by the women, 64-60.

The men had balanced scoring, as six players scored in double figures, led by senior guard/forward Michael Bagatourian (7-12 FG) with 15 points.

"We're just happy to be playing," Bagatourian said. "The different part wasn't the game, but the pre-game routine. It was held outside. And we sat apart from each other (on the bench) in the game. It was really interesting as it was easier to hear my teammates and the plays during the game."

Other double-figure scoring for the men were: junior guard Alex Wright (6-13 FG, 6 RB) and senior guard Chris Rossow (6-15 FG, 2-2 FT, 5 RB, 9 A) had 14 points each and junior guard Whitten Dominguez (5-7 FG, 3-4 3PM) and senior forward Jesse Elrod (4-5 FG, 4-4 FT) scored 13. Freshman center Max Milovich

(4-7 FG, 5 RB) added 10 points.

NNU was led by former Damien High School player, Ezekiel Alley, with a game-high 23 points.

The women, who had four players in double figures, were led by sophomore guard Stephanie Lee (4-12 FG, 5-6 FT, 6 RB) with 15 points.

Also leading the way for the women were junior guard Aysia Johnson (3-9 FG, 6-8 FT, 4 RB) and redshirt junior Danita Estorga (5-11 FG, 2-5 3PM, 6 RB) with 12 points. Senior forward Jazz Benn (3-6 FG, 2-2 3PM, 2-2 FT, 7 RB) added 10 points.

Men's highlights:

The fast-paced game started and ended with three-point baskets by Alley in the first half and in between the Nighthawks knocked down 10 three-pointers and shot 35 in the game (16-35).

The Eagles were led by a trio of three's, with two coming from Whitten in the half.

Biola (0-1), which ended the season last year in the championship game of the PacWest, trailed Nazarene by five points twice in an otherwise close half.

A short jumper by Bagatourian tied the game at 37-37 with 3:42 left in the opening half. A dunk by Wright later kept the game close, 40-39, but the Nighthawks finished the half strong.

They went on a 12-4 run to lead 52-43 at the intermission.

NNU built up a 20-point lead, 83-63, with 7:13 left in the game, but the Eagles ended the game with a flurry.

Continued on page 14

Weekend at a Glance

Friday 62°

Saturday 57°

Sunday 61°

ON THIS DAY JANUARY 22

1905: Russian troops opened fired on marching workers in St. Petersburg, killing more than 100 in what became known as "Bloody Sunday."

1944: Allied forces began landing at Anzio, Italy, during World War II.

1947: KTLA began operations in Hollywood, becoming the first commercial television station west of the Mississippi River.

1953: The Arthur Miller drama "The Crucible" opened on Broadway.

1970: The Boeing 747 went on its first regularly scheduled commercial flight, from New York to London.

1984: The Apple Macintosh was introduced during a Super Bowl XVIII television commercial.

1997: The Senate confirmed Madeleine Albright as the nation's first female secretary of state.

1998: Theodore Kaczynski pleaded guilty to being the Unabomber in return for a sentence of life in prison without parole.

2009: President Barack Obama ordered the terrorist detention center at Guantanamo Bay closed within a year and banned harsh interrogation of terror suspects. (The prison remains open.)

2010: Conan O'Brien ended his brief tenure as host of "The Tonight Show" after accepting a \$45 million buyout from NBC to leave the show after only seven months.

Birthdays

Journey vocalist **Steve Perry** (72), "The Exorcist" actress **Linda Blair** (62), actor and **DJ Jazzy Jeff** (56), "House of Cards" actress **Diane Lane** (56), celebrity chef **Guy Fieri** (53), and rapper **Logic** (31).

Deaths

1901: Queen Victoria died at age 81 after 63 years on the British throne.
1922: Pope Benedict XV died at age 67.
1973: Lyndon Baines Johnson, the 36th president of the United States, died at his ranch in Johnson City, Texas, at age 64.

1995: Rose Fitzgerald Kennedy, the mother of President John F. Kennedy, died in Hyannis Port, Mass., at age 104.

2008: Actor Heath Ledger died of an accidental prescription drug overdose. He was 28.

2012: College football coach Joe Paterno died at age 85.

Book Recommendation

"**The Authenticity Project**" by Clare Pooley

Julian Jessop, an eccentric, lonely artist and septuagenarian believes that most people aren't really honest with one another. But what if they were?

And so he writes—in a plain, green journal—the truth about his own life and leaves it in his local café. It's run by the incredibly tidy and efficient Monica, who furtively adds her own entry and leaves the book in the wine bar across the street. Before long, the others who find the green notebook add the truths about their own deepest selves.

Vic's Coat

By Yolanda Adele

Vic's coat was black and made of a heavy cotton blend. It smelled of Old Spice Cologne. He wore that coat the day before he had to leave for Camp Pendleton, Marine Corps Boot Camp, where he was to train before shipping out to an undisclosed location. It was an ordinary spring day in 1962. Vic was just nineteen years old. The war with Vietnam was escalating and so were my fears of ever seeing him alive again.

Vic walked the twelve miles from his parents' house to my house in Huntington Park to say goodbye to my family and me. My mother hugged him and gave him a blessing. She was holding back tears. Perhaps, she was remembering when my father said goodbye to her before he left for the Army Air Corps (as it was called then) to go overseas during World War II.

My father shook Vic's hand and wished him good luck. Then dad asked Vic if he'd like to borrow his car to take me for a drive. Though there were ominous clouds in the sky, Vic opted to go for a walk instead, and declined his thoughtful offer.

As we walked in silence down Pacific Boulevard for several blocks, I buried my head in the folds of his coat sleeve. So many emotions stirred up in me that it was difficult to sort them out. Though I had just turned seventeen, I knew that I loved Vic and wanted to spend the rest of my life with him. Sure we didn't have money, a home, a car, or even the right to vote yet, but none of that mattered as long as we could be together.

Suddenly there was a violent clap of thunder; the skies opened up and sheets of water poured over us. We ran in and out of store doorways for shelter, huddling close, giggling, and stealing kisses.

I never felt the cold in spite of the fact I wore a thin, cotton dress and sandals. Vic put his woolen black coat around my shoulders insisting that he was not cold. We were carefree and

laughing loudly. The hard rain washed over us like a benediction.

Eventually the time drew near for him to leave for the base. I began to cry, tasting the salt of my tears mixed with that of the rain. Tearfully Vic stood in front of me and held up my chin.

"We'll get married on my first leave from boot camp, O.K.?" I nodded enthusiastically.

"Promise me that you'll come back," I begged. We kissed hard even as the rain soaked us. We held on to each other tightly in defiance of all the storms we would have to weather.

As we walked back to my parents' house in the relentless rain, it became difficult for me to keep up with Vic's gait. His pace became almost a sprint to get us to shelter. I lagged a little behind, all the while gripping his sopping wet coat sleeve.

At the house Vic took off his coat, and my mother hung it on a hanger and placed it in the shower to drip dry. My dad drove him to his parents' home.

Days later when Vic's coat finally dried, I noticed that one of the sleeves was at least four to six inches longer than the other - a reminder of how tightly I tried to hold on to him on the day he left. His coat retained the faint fragrance of Old Spice.

I wore that coat many times in the fifteen months he was overseas as I worried, wondered, and waited for him to return. That coat brought me comfort when I wrapped its uneven sleeves around my shoulders while writing to him and reading his letters. During that uncertain time, we continued pledging our love for each other. No other article of clothing has warmed my heart more than Vic's coat.

Over four decades later I was reminded of that day in the rain. Vic and I were celebrating our May birthdays in the Napa Valley, and we had just finished dining at Misto's, a posh Italian restaurant not far from our hotel. We decided to take a walk down the main boulevard to look in the storefront windows.

It started to rain, and soon we were caught in a heavy downpour. We found ourselves in a store doorway seeking temporary shelter from the drenching rain. As we turned to look at each other, we burst out laughing loudly and unabashedly,



knowing that we were each experiencing deja vu at the same time.

Vic put his coat around my shoulders before stealing a kiss. We then ran out into the rain, hand in hand, soaking up the magic of an ordinary day like the two teenagers we once were.

Footnote: On July 2, 2012 we celebrated our 50th wedding anniversary.

Yolanda Adele is a member of the writing class offered through the Cerritos College Adult Education Program. It is held off-campus at the Norwalk Senior Center.

Miracle on a Winter Night

By Vickie Williams

The mercury had dropped below 32 degrees Fahrenheit. It was a deep freeze night. The moon was full. It was the scariest night of my life. Death came threatening, knocking at our door, at least I thought. Uncertainty filled our lives.

My father, returning home from visiting a friend, developed a nosebleed. It was a cumbersome task to drive, but he made it home. That night was a bane and a blessing. Looking back, a miracle occurred at 814 Camp Street, Monroe, Louisiana.

I was about ten years old. Our tears flooded heavily with panic and pandemonium. Questions danced in my head. My mother Lucille, two sisters Peggy and Jo, and I were sitting around the open face heater in the dining room, as we bore witness to the unexpected. Our hearts pounded with fright.

My father walked through the front door bleeding from his nose. His white handkerchief was stained blood red. His movements were slow as a boxer surprisingly stung by an uppercut. He entered the house with measured steps, carefully holding a bloody handkerchief

close to his nose, so the blood would not drip on the floor.

We were sitting, chatting, trying not to think of how cold it was outside, and hovering close near the flickering blue, yellow, and red flames. As daddy approached us, we stood up. His bleeding commanded our attention. We rushed to his side, blood dripping on his army green-colored jacket and hands.

My sisters and I in haste lifted his arms to remove his jacket, after he had sat in a chair adjacent to the dining table. Mother rushed to his side. "Oh my God Dorsey, be still," Mother instructed. "Get me a brown paper bag. Hurry," she exclaimed.

I don't remember who rushed to the kitchen one room over, a few steps away, to get the bag. All I remember is one of us did. Mother tore the bag, rolled a larger piece of brown paper and placed it underneath his top lip to no avail.

As time ticked forward, the flow of blood gushed with quickening momentum. It only got worse. The blood jetted like a spigot turned on at full speed. Even big clots came gushing out of his mouth.

My sisters and I gathered towels, newspapers, and even a

dishpan to catch the blood. It looked like a crime scene out of a dark movie. My stomach revolted full of butterflies, as I gagged.

Mr. Harvey Gibson, an angel always watching over our shoulders and a dear friend to the family, just happened to drop by and arrived just in time. He rushed Daddy to the hospital. As my father leaned on him to get in his truck, we were all dazed, wondering if he would return home. Mother stayed home to comfort us, encouraged by Daddy to do so.

My father's face was like a motherless child stumbling in a dark abyss. His eyes were sunken, his face gripped with fear. He had a look of defeat. Our minds were in a state of disarray. We silently wondered if he would return home.

Mother's hands so stained with blood were shaking. She struggled holding back her tears. "Lawd have mercy," she cried out loudly. We slowly gathered the wet newspaper. My sisters and I, sobbing, somehow managed to collect the soiled bloody towels and placed them in a tin tub of cold water.

To mop the floor, one of us fetched a bucket with bleach, soap, and warm water. I don't remember who did so. As night gathered further into darkness, mother paced the floor and we all stayed up anticipating a phone call. Sleep was impossible.

The bleeding stopped and Daddy stayed in the hospital overnight. A balloon was placed in his nose inflated with enough air pressure to stop his nosebleed and I recall it was the best news in the world I had ever received when Mr. Harvey called. That night I balled up in a knot, said a simple prayer, "Thank you Jesus," and fell asleep wanting to be a Christian in my heart. What a miracle that happened at 814 Camp Street!

Vickie Williams is a member of the writing class offered through the Cerritos College Adult Education Program. It is held off-campus at the Norwalk Senior Center.

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Biden's timid plan to fight Covid-19

By Betsy McCaughey

As Covid-19 mutates, it's becoming more contagious than the virus that invaded the U.S. about a year ago. A trip to the grocery with a mask on, which used to be low risk, is becoming riskier.

As cases and deaths increase rapidly, people are scared and upset. They're spending hours on websites and hotlines struggling unsuccessfully to get vaccine appointments.

President-elect Joe Biden's vaccine distribution plan, which he announced Friday, doesn't offer them much hope. Biden said he'll open 100 federal vaccine sites in school gyms, community centers and stadiums the first month. That's for the entire nation.

We're in a war with a deadly disease. Biden's plan is like fighting back with a peashooter.

Almost as many Americans have died from Covid-19 in the last year as were killed in all the years of World War II. It's time to mount a D-Day scale response.

The U.S. needs to vaccinate 1.8 million people a day to achieve herd immunity by July. That's far more than Biden's goal of 1 million shots a day. Dodger Stadium can host 12,000 vaccinations a day. So 150 stadium-size sites are needed, vaccinating round the clock.

To accommodate the elderly, many venues should be first come, first served. Asking 70- and 80-year-olds to navigate complicated websites to make appointments is preposterously impractical.

To fight COVID-19, Biden also needs to defy the open borders flank of his party and make it clear that caravans of Central American migrants will not be allowed into the U.S. Last week, a Biden transition official said it, but Biden himself needs to say it forcefully enough to be heard below the Rio Grande. A caravan is pushing northward right now, posing a public health threat.

Air travelers to the U.S. have to show a negative Covid-19 test before boarding, quarantine on arrival and then get retested. Why should migrants be an exception?

Biden made fighting Covid-19 the centerpiece of his campaign, yet even as he takes office, he's short on details. The virus isn't waiting.

"Ominous" is how Dr. Anthony Fauci describes the emerging strains. A newly identified variant in Brazil can reinfect people who have already had Covid. The U.K. is so fearful that it blocked all flights from South America last week.

Meanwhile, a British strain that spreads fast because it causes more virus in the nose has invaded the U.S. Eighteen cases have been detected in New York. It's 50 to 70% more contagious than the original virus, and it will become the dominant strain by March, predicts the CDC. A highly infectious, homegrown U.S. strain is also causing cases to surge, reports Southern Illinois University researchers. The enemy is growing fiercer.

The good news is the U.S. has adequate vaccines in the pipeline. The federal government purchased 400 million doses of the Pfizer and Moderna vaccines, enough to vaccinate 200 million people.

How to vaccinate 100M Americans in 100 days

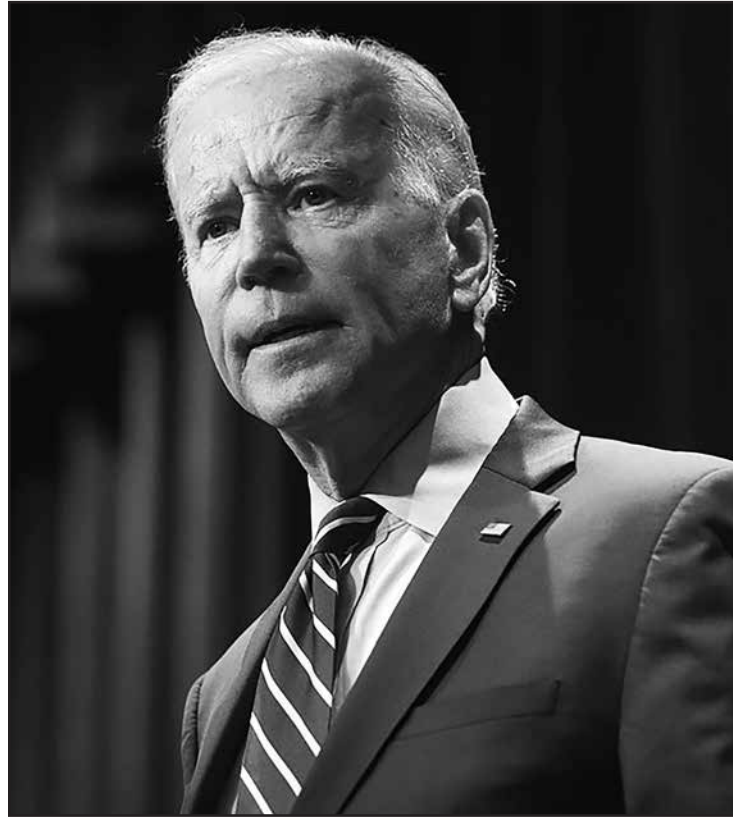
By Thomas J. Bollyky

Faced with a slow, chaotic vaccine rollout and ever-rising Covid-19 cases, President-elect Joe Biden has an ambitious plan: to administer 100 million doses of the coronavirus vaccine in his first 100 days in office. Since the vaccines became publicly available in mid-December, 12.3 million shots have made their way into the arms of Americans, an average of 384,000 doses per day. Mr. Biden's goal of tripling this rate can be achieved if the United States implements a vaccination campaign that treats Covid-19 more like an act of bioterrorism and less like the seasonal flu.

While the United States does not currently have enough vaccine to inoculate all 331 million Americans, supply is far from the only obstacle to ending the pandemic. Only 39 percent of the 31.2 million doses distributed to states so far have been administered. The challenge has been managing the complex logistics of mass vaccination in tandem with addressing the concerns of people who are reluctant to be vaccinated.

Fortunately, we don't have to develop a strategy from scratch. The federal government has already thought through what it would take to vaccinate large numbers of Americans in a short period of time.

In the months after the Sept. 11 attacks, the federal government amassed a cache of medicines and vaccines that could be used to protect civilians from a bioterrorist attack involving anthrax or smallpox. Researchers working for the government estimated how many clinics and workers would be required to rapidly dispense and administer stockpiled vaccines and medicines. The Biden administration can learn from these efforts to inoculate Americans



Both vaccines require two shots. Johnson & Johnson will seek FDA authorization for its vaccine by March. And a vaccine by AstraZeneca isn't far behind. Fauci has indicated there will be enough.

The problem is political bungling. CDC figures show about 60% of doses already sent to the states are still unused, including in New York. Yet Gov. Andrew Cuomo claims he's "moved heaven and earth" and is "getting shots in arms as quickly and efficiently as possible." Who is he kidding?

New York is opening a handful of mass vaccination sites now, after weeks of inaction, but seniors are still frantically trying to score appointments.

Meanwhile, Cuomo wants a "New York Arts Revival" this spring with 100 performances in venues such as the Park Avenue Armory. Sorry, Governor, but saving lives comes first. Turn the Armory into a vaccine megasite. Then when New Yorkers are safe, they can resume celebrating the arts.

Cuomo's lopsided priorities are an example of why the buck now stops with Biden. The new president needs to see the urgency, think big and act quickly.

Betsy McCaughey is former lieutenant governor of New York and author of "The Next Pandemic," available at Amazon.

against Covid-19.

Building on the strategies developed for smallpox vaccination, we estimate that vaccinating an average of one million people daily for 100 days would require at least 400 vaccination sites across the country, staffed by somewhere between 100,000 and 184,000 people. About 17,000 of those workers would need to be qualified to administer vaccines. Our model assumes that each clinic would operate 12 hours per day and have 10 vaccination stations (like checkout lines in a grocery store) that all together could vaccinate 200 people per hour. This plan would require between 120 and 220 workers at each clinic per shift and could immunize 2,400 people per clinic per day.

Of course, the coronavirus is not completely analogous to smallpox. Our numbers are based on guidelines from the Centers for Disease Control and Prevention and vaccination exercises that were conducted in San Francisco and New Jersey more than a decade ago. Some of our assumptions may not be appropriate for all states or settings, particularly rural areas that lack infrastructure and trained workers. But this approximation gives us a window into the scale of effort required to achieve the Biden administration's immunization goals.

Vaccinating a million people a day for 100 days will require substantial federal investment; state and local public health departments simply do not have enough people qualified to conduct vaccinations at this scale. You must be a doctor or nurse to administer vaccines in many states, although some allow trained pharmacists, medical assistants and physicians assistants to do so. To ensure adequate staffing, states will need to train and authorize other health workers, such as dentists, emergency medical technicians and paramedics, to give vaccines.

There is also the problem of demand. Mass vaccination plans for bioterrorism generally assume the population is willing to be vaccinated. Reports of health care workers refusing coronavirus vaccinations are deeply worrisome. State and local governments need to bolster their engagement with community groups to address concerns about the vaccines.

Increasing the volume of vaccinations need not come at the expense of getting doses to the people most at risk from Covid-19. Because it's important to ensure that people getting vaccinated meet current eligibility criteria, mass vaccination clinics can focus on people over 65, whose age can be easily verified. Mobile clinics can vaccinate essential workers and people who get their medical care at federally qualified health centers, a population that disproportionately includes lower-income individuals and members of minority groups.

Health departments need more resources to dispense vaccines to every American who wants one. Mr. Biden's \$1.9 trillion spending proposal includes \$20 billion to establish community vaccination programs and requests funding to hire 100,000 health workers. Those programs should include people qualified to administer vaccines and enough workers to manage large vaccination clinics. It is money well spent in a pandemic, and Congress should authorize it.

Reaching 100 million people in 100 days would be the most ambitious vaccination campaign in U.S. history. It needs support that will be equal to the task.

Thomas J. Bollyky is director of the global health program at the Council on Foreign Relations and the author of "Plagues and the Paradox of Progress: Why the World is Getting Healthier in Worrisome Ways."

Fresh leadership

Dear Editor:

President Biden's inauguration Wednesday was awesome, emotional and inspiring. It showed the world that we are a great country and an example for people everywhere of political stability (in spite of the attack on Congress by an ugly mob) and economic opportunity.

Like Christ, more than 2,000 years ago, President Biden spoke of love to replace hate in a divided country. His actions will win over the populace that followed the former President in his claims of election fraud, which he did without showing any proof of it.

As an immigrant, I probably value this country more than those who were born here and that have no idea of how fortunate they are for having won the womb lottery.

President Biden's good intentions must be followed up with practical actions. I join the millions of Americans who are willing to give him the benefit of the doubt and support his actions for the betterment of the country. Let's wish him well in his administration.

After the previous four-year circus in Washington, I think that we all welcome a return to normalcy and civilized behavior.

Jorge Montero Downey

Dear Editor:

Thank goodness the election results are in and we will now have new leadership in the White House who will dismantle President Trump's wicked actions of:

Bringing home our military and ending the endless wars in the Middle East; cutting taxes and regulations for small businesses; brokering peace accords between Israel and Muslim countries; building a wall to secure our southern border; removing the United States from the Paris Climate Accord which punished American industry over that of China's and other countries; negotiating trade agreements between Mexico, Canada, and China

In Biden's presidency, all these unfair practices will be eliminated because we are a country of compassion and fairness, and, therefore, we should allow our borders to be wide open to allow all individuals to enter. Additionally, we need to welcome anyone regardless if they hate us, to gain residency in our country.

And, of course, we all know that the federal government knows best when taxing the rich "big time", dividing the wealth among all, except for that of our hard-working, dedicated, deserving leaders, mandating nationalized health care for all, except, of course, not for our hard-working, caring federal leaders, and taking control over all aspects of our lives, with, of course, our best interests in mind.

How blessed are we Americans to finally get Biden, Harris, Pelosi, Schumer, and others who are so caring and so wanting to enrich our lives with their undiminished wisdom and love for country, lead us in making a "New Better America" just like Venezuela's.

Such great leadership and love for country brings tears to my eyes.

Martha Morrissy Downey

Dear Editor:

I would like to thank my congressional representative, Lucille Roybal-Allard, for voting in a responsible and conscientious manner to impeach Donald J. Trump.

Speaking truth to power is not always easy, but not doing so would have been an acceptance of the domestic terrorist attack on our Capitol.

For anyone who wants to better understand the gravity of these insurrections, all they need know to do is look up the definition of the word coup. It describes an illegal attempt to take power through force or the threat of force, usually involving at least one faction of the military or formal security forces. While many of the rioters were armed and dangerous, they lacked the knowledge and skills to overthrow the government.

Nevertheless, we cannot dispute this event will go down in U.S. history as the closest thing to a coup, sponsored, directed and encouraged by Donald J. Trump.

M. Padilla Downey

Adopt-a-family thank you

Dear Editor:

On behalf of Our Lady of Perpetual Help Church Women's Guild, my committee and I want to thank all of you who so generously supported our Christmas Adopt a Family project.

You are shining lights in a world that can feel very scary and lonely sometimes. As bearers of light, you are the hands of Christ, helping people you don't even know.

Because of your compassion, 14 families and 28 children were offered the gift of a sweet Christmas and a generous sprinkling of hope. Each family received a \$100 grocery gift card, and a \$25 pizza gift card. Each child received a \$50 gift card. The remaining donations were divided up equally and very generous checks were written to cover costs like rent assistance, utilities, prescriptions, transportation costs, etc.

These families have expressed such gratitude, sometimes accompanied with tears. There are so many stories that we can never know. I know how blessed all of us who were involved in this project feel. We would like to share that feeling of warmth and a smile with all of you. Deepak Chopra reminds us that if you want to feel happy, make someone else happy. It works! It's contagious.

Every donor's name was tossed into the hat and the winner of the \$50 Target gift card was Joe Commodore! Congratulations.

Wishing you a safe, healthy and blessed 2021.

Paula Mayfield, Dianna Hampton, Lucy Solares, Armida Lugo

Napolitano's double speak

Dear Editor:

Judge Andrew Napolitano is at it again. ("The Presumption of Liberty," 1/15/21)

His devotion to Libertarianism has clouded his thinking. And his worship at the altar of Libertarianism has allowed his pen to flow with errors and double speak.

He first writes that every person should be permitted to do anything they want. He even believes the Constitution gives him that right. He has been blinded by his Libertarian beliefs.

Before we had a Constitution in the United States, we had the Articles of Confederation. This document contained many of the Judge's Libertarian beliefs. Guess what, Judge. It didn't work! The Constitution was written specifically to address the Laissez-faire attitudes of those who thought like Judge Napolitano.

The Judge begins his double speak when he writes that any person should be able to do whatever they want, then adds, except when it interferes with another person's rights. Judge! That is the whole point!

A united people must have rules. Rules that encourage actions that enhance the greater good, and rules that discourage actions that are harmful to the greater good. Even school children have an understanding of this.

Do you, Judge Napolitano? You are smarter than a fifth grader ... aren't you?

Richard Daggett Downey

The Norwalk Patriot STAFF

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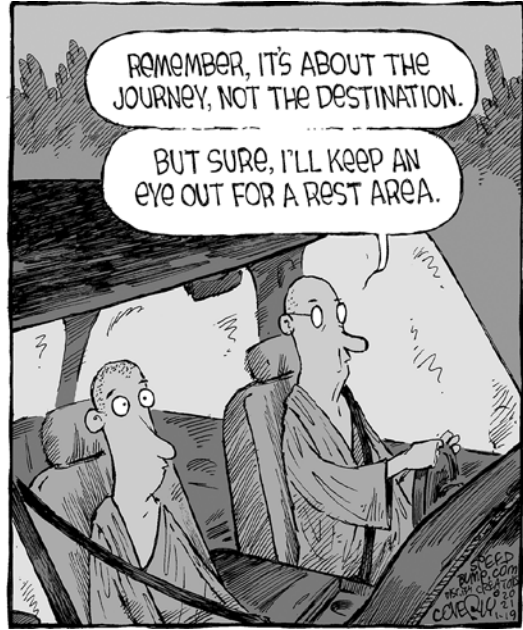
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CALENDAR OF EVENTS

MONDAYS
1st, 6:00 p.m. - Public Safety meetings - Council Chambers

TUESDAYS
9:00 a.m. - 1:00 p.m. - Farmers Market - Norwalk City Hall
1st & 3rd 6:00 p.m. - Toastmasters Meetings - Registrar Recorder/County Clerks Office
1st & 3rd, 6:00 p.m. - City Council - Council Chambers
3rd, 5:45 p.m. - Housing Authority - Council Chambers
3rd, 7:00 p.m. - Soroptimist International - Via Zoom

WEDNESDAYS
1st & 3rd, 7:00 p.m. - Lions Club - Bruce's Restaurant
2nd, 10:30 a.m. - Norwalk Woman's Club - Masonic Lodge
2nd & 4th, 1:30 p.m. - Alondra Senior Citizens - Social Services Center
2nd & 4th, 7:30 p.m. - Planning Commission - Council Chambers
4th, 11:30 a.m. - Coordinating Council - Arts & Sports Complex

THURSDAYS
7:00 p.m. - Boy Scouts Troop 924 - Norwalk United Methodist Church
2nd, 7:00 p.m. - American Legion Post No. 359 - 11986 Front St.
2nd, 7:30 p.m. - Golden Trowel -Norwalk Masonic Lodge

SATURDAYS
9:00 a.m. - 1:00 p.m. - Farmers Market - Norwalk City Hall
2nd, 8:30 a.m. - 10:30 a.m. - Pancake Breakfast - First Christian Church of Norwalk

Have an event you want listed? E-mail news@thedowneypatriot.com

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)

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by Fred Piscop

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The name of video service HULU (19 Across) is derived from a Mandarin Chinese word meaning "interactive recording." First published in 1859, Adam Bede (34 Across) was George Eliot's first novel, and has remained in print for 162 years. The traditional ingredients of a CUBAN sandwich (65 Across) include roasted pork, ham, Swiss cheese, pickles and mustard.

Obituaries

Don Sutton, Dodgers hall of fame pitcher

Hall of Famer and Los Angeles Dodgers pitching great Don Sutton passed away Monday at his home after battling cancer. He was 75.

Sutton, who hailed from Clio, AL, was a pitching workhorse in the Major Leagues in a career that spanned 23 years, 16 of which with the Los Angeles Dodgers. Sutton was enshrined into Baseball's Hall of Fame in 1998 and the Dodgers retired his number "20" in a ceremony on Aug. 14, 1998.

Following his illustrious pitching career, Sutton started his broadcasting career in 1987 working the League Championship Series for NBC before splitting his time in 1989 between the Dodgers Z Channel and the Atlanta Braves. He then spent 18 years with the Braves calling the action on TBS.

Sutton spent two years with the Washington Nationals in 2007-08 and returned to the Braves in 2009, where he had been ever since. Sutton was elected to the Braves Hall of Fame in 2015 for his broadcast work.

Sutton made it to the big

leagues in Los Angeles on April 14, 1966 at the age of 21, and this was the start of a great and long career for the right-handed hurler. He signed with the Dodgers in 1965 and pitched one year in the Texas League, where he was named Texas League Player of the Year.

In 1966, he joined a rotation of Sandy Koufax, Don Drysdale and Claude Osteen. He struck out 209 batters in his rookie season, the most by a National League Rookie since Grover Cleveland Alexander's 227 in 1911.

Sutton's career with the Dodgers spanned 1966-80 and he returned in 1988. During this time, he ranks as the franchise's all-time leader in wins (233), innings pitched (3,816.1) strikeouts (2,696) and shutouts (52).

Sutton was a four-time All-Star, who pitched in three World Series (1974, 1977 and 1978). He led the league in shutouts (9) in 1972, was the NL ERA leader (2.21) in 1980 and a 21-game winner in 1976.

His 23-year career that also saw him pitch for the Houston Astros, Milwaukee Brewers, Oakland A's and Angels, saw him finish with a 324-256 win-loss total, a 3.26 ERA in 774 games with 178 complete games,

58 shutouts and five saves. He struck out 3,574 batters in 5,282.1 career innings.

Sutton was 4-1 with a 2.02 ERA in seven League Championship Games and was 2-3 in eight World Series games. In the 1974 post-season, he was 3-0 with a 1.50 ERA and 25 strikeouts in four games.

Sutton is survived by his wife, Mary, son Daron and his daughters Staci and Jacquie.

Dorothy Cole, oldest living Marine

Dorothy "Dot" Cole, a U.S. Marines veteran of World War II who was the oldest living Marine, died Jan. 7 of a heart attack. She was 107.

Cole was determined to enlist in the military after the bombing of Pearl Harbor in 1941, when the U.S. entered World War II. She first tried the U.S. Navy, but she was not eligible because, at four feet 11 inches, she was too short.

So she set her sights on the Marines - but before she tried to enlist, she learned to fly, hoping she could be a military pilot. Cole earned her private pilot's license and, in 1943, she became one of the first women to enlist in the newly created Women's Reserve Marine Corps.

But her dreams of flying for her country didn't come true; like many women then, she was assigned secretarial duties.

"I thought that it would

impress the Marine Corps, but it didn't. I just landed on my old typewriter," Cole said in a 2020 interview. "The girls now, they have an open field with what they can do, so it's gotten better."

Cole served in the Marines in Quantico, Virginia for two years.

After the war, Cole worked as a secretary at the Ames Research Center - which later became a part of NASA - in Mountain View, California.

Siegfried Fischbacher, half of Siegfried & Roy magic duo

Siegfried Fischbacher, a German-American entertainer who was one half of Siegfried & Roy, the famed Las Vegas stage magic duo who incorporated white tigers and lions into their act, died Jan. 13 of pancreatic cancer. He was 81.

Fischbacher met Roy Horn while the two were teenagers working aboard a cruise ship. An aspiring magician since childhood, Fischbacher was performing for the ship's passengers when he asked Horn - a big cat aficionado - to assist.

Their two talents came together to form the big-cats-and-magic spectacle that would become the most popular show in Las Vegas for more than 10 years. Beginning to perform in Vegas in 1967, they worked their way up to great renown despite an early perception that they'd fail.

Magic wasn't popular in Vegas in those days, but the duo dazzled audiences with their flamboyant costumes and rare white cats. They paved the way for a new style of entertainment in the city, and they became not just its biggest stars, but symbols of its glitz and showmanship.

Siegfried & Roy headlined at the Mirage Resort and Casino in a theater built for them from 1990 to 2003. Their act was cut short when a tiger mauled Horn - though both performers insisted that the tiger had simply pulled Horn to safety after he experienced a stroke.

The incident marked the end of the duo's residency at the Mirage, but they occasionally reunited for public appearances.

Sheldon Adelson, billionaire casino magnate

Sheldon Adelson, the billionaire who owned casinos in Las Vegas and Asia, and a prominent donor to Republican causes, died Jan. 11 of complications of non-Hodgkin's lymphoma. He was 87.

Adelson grew up poor, born at the height of the Great Depression. But he hustled from a young age, selling newspapers and buying vending machines to place in factories and gas stations.

Adelson worked his way to wealth through a series of business ventures, including windshield de-icer and a charter tours business. Adelson's fame began to grow when he and partners developed the COMDEX computer trade shows in the 1970s, and in 1988, he purchased the Sands Casino and Hotel in Las Vegas, beginning his career as a casino magnate.

He would later expand, building the Venetian in the place of the Sands and building casinos in Pennsylvania, Macau, and Singapore. In 2015, Adelson bought the Las Vegas Review-Journal newspaper.

Though Adelson grew up in a family of Democrats, he became a Republican as an adult, and he donated much of his fortune to right-wing campaigns and causes.

He supported candidates including George W. Bush, Newt Gingrich, Mitt Romney, and Donald Trump - Adelson was the largest donor to Trump's 2016 campaign, contributing \$25 million.

He also donated to the GOP as a whole and to combat cannabis legalization efforts.

Narinder Kapany, considered the father of fiber optics

Narinder Kapany, a physicist known as the "father of fiber optics" who was one of the inventors of fiber optics technology, died Dec. 3 in Redwood City, Calif., at age 94.

Kapany, a native of India, was determined from a young age to learn how to bend light. His quest took him to graduate school in London, where he began working with Professor Harold Hopkins on his project

attempting to transmit light through flexible glass fibers.

They became a powerful team: Hopkins provided the theory and Kapany determined how to put that theory in practice, and together they were among the first to create fiber optics.

Kapany gave the new technology its name in a 1960 article he wrote for Scientific American. He also became an enthusiastic promoter of their creation, writing academic papers as well as showing business and governmental interests how they could use the now-indispensable tech.

Today, fiber optic technology is crucial in computers and telecommunications, as well as in medical imaging.

In later years, Kapany settled in the U.S. and started a number of businesses as well as teaching at colleges including the Illinois Institute of Technology and the University of California, Santa Cruz and Berkeley.

Michael Cusack, groundbreaking Special Olympics athlete

Michael Cusack, an athlete with Down syndrome who won a gold medal in freestyle swimming at the first Special Olympics in 1968, died Dec. 17 of complications of Alzheimer's disease. He was 64.

While growing up in Chicago, Cusack began participating in a sports program for children with intellectual disabilities. He was the first student to join the program, impressing his coaches with his athletic abilities and inspiring others to join.

The program grew into the first Special Olympics, a citywide competition held at Soldier Field and supported by a grant from the Kennedy Foundation. Cusack was 12 years old when he won his first Special Olympics medal.

His coach insisted the competition never would have happened - and never would have grown into today's Special Olympics - if not for his pioneering participation.

Cusack would go on to medal many times over the years, specializing in swimming but also excelling in track and field, bowling, basketball, golf, and other sports.

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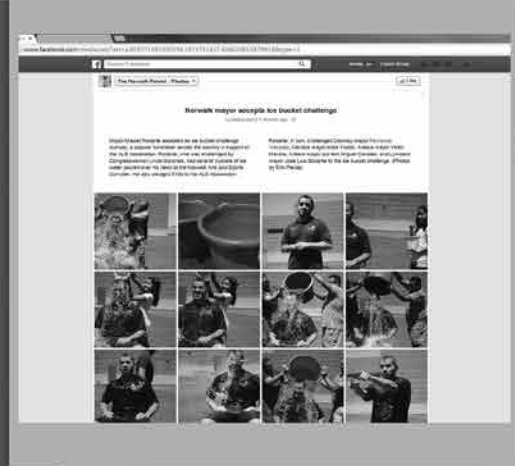
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Biola readies for conference games

Continued from page 1

Biola finished strong with an 18-7 run, connecting on seven of 13 shots, led by Dominguez with seven points, which included a 3-pointer.

Dominguez was actually seen diving for a ball at midcourt with just seconds left in the game.

"Honestly, it doesn't surprise me," Bagatourian said. "He just keeps playing."

Elrod also said of Dominguez' hustle to the end, "...That's just competing at the end of the day. That's what Biola athletics is all about."

Women's highlights

"I think our players really appreciate the chance just to compete and everything that the university has done for them," Biola Women's coach Alan Nakamura said. "The players talk about that often. It's healthy and it's good and character building."

"The final score is a nice bonus for them."

Biola (1-0) jumped out to a quick 7-0 lead behind five from Lee and stretched the lead to 11 on a 3-pointer by Estorga for a 13-2 advantage halfway through the opening quarter.

The Eagles kept the pressure up maintaining an 11-point lead, 21-10, until the 7:43 mark of the second quarter before NNU came alive. The Nighthawks made a game of it with an 11-0 run of their own to tie the game at 21-21.

The Eagles answered with a 6-2 run to end the half, 27-23, highlighted by a 3-pointer by Benn with 16 seconds left.

Nazarene led only once in the opening half.

The second half was even with both teams scoring 37 points each.

Nazarene last led, 56-54, with 2:33 left in the game, but Biola hung on for the 64-60 win. The Eagles were led by seven points

from Lee in the final minutes.

Biola red-shirt sophomore Abigail Laberge (4-5 FG, 1-1 3PM, 3 RB), who sat out the entire 2019-20 season with an injury, finished with a strong nine points for the Eagles.

NNU coach Steve Steele and his team just finished their third consecutive road game to start the season.

"All three teams that we played had no scouting reports because none of them had played any games," said Steele, who is from Southern California and coached at Brea O'Linda High School. "I was happy that the ball went up and it's been a long time since everyone's played games."

"Alan (Nakamura) is a great guy and he worked hard to make this game happen."

What they said after game one:

Women's coach Alan Nakamura: "That was hard earned, wasn't it?"

"It seemed like the shutdown went on forever. We just take it a day at a time. It's been a long wait. Those girls hadn't played a game in almost a year."

"Abigail didn't play in a game for two years. She did well."

"I hope our players really appreciated the chance just to compete."

Jazz Benn, sr. forward: "[No fans] was definitely different. I don't think it made a difference to us. Of course, it's nice to have fans to support you. I know everyone's parents are watching online."

On the nonconference game: "This is like practice for us to prepare for our next game."

On the year 2020: "It's definitely a different senior year than I thought I would have. It's a unique experience and I'm just really here to support my team. We're taking in everything we can and making the most of it."

Stephanie Lee, sophomore guard: "It was really exciting."

Playing without a mask was a lot different. A lot of the girls on the team said we could breathe easier. I feel like we were a lot quicker and were able to have good endurance in the whole game.

"Halfway through our game, some of the guys (men's team) were cheering us on."

On the game vs. Northwest Nazarene: "I feel like getting this win set the tone for our season. I feel like it gives us good momentum going into this week playing APU. From this game we can definitely learn from our mistakes and capitalize on that and improve for this week."

On the "pod" schedule: "We'll just have to get used to it. Playing back-to-back we have to make sure we keep our bodies healthy and prepare for the second game."

Chris Rossow, sr. guard: "It felt good. There were a lot of emotions for not playing in 10 months. This is the first competitive game and it felt good to just get back out there and play with the guys."

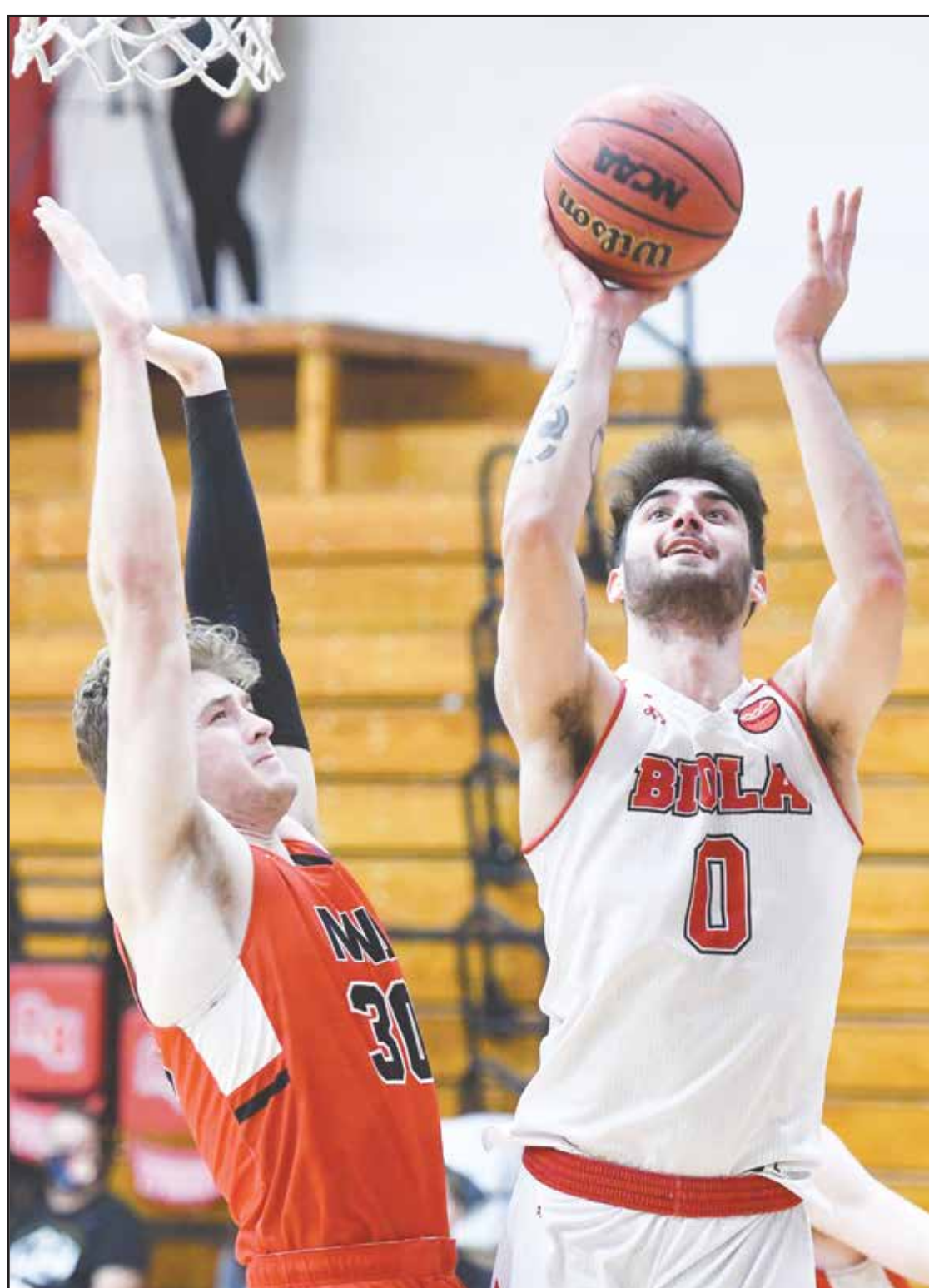
"I felt good and got my teammates involved. A little rusty, but just have to get in that game rhythm."

Jesse Elrod, sr. forward: "[Saturday] was our first time playing five-on-five in about 10 months."

"It's a grind at the end of the day. We've been practicing for four and a half months and we haven't had a lot of guys in practice."

"At the end of the day, if we can create our own energy and feed off of each other, especially on the defensive end, obviously that's what we need to improve on, then I think we can compete at the highest level against the best teams in our league."

Alex Wright, sr. forward: "When the tip went up, it just felt good. Finally we can play and we're back on the floor together. We're all trying to get our game legs back and get the chemistry. It's about time, it's about time."



Biola's Michael Bagatourian (0) takes a shot as they play Northwest Nazarene in their men's basketball game at Biola University in La Mirada on Saturday. (Photo by Keith Durfinger)

"We're gritty and at the end of the day we want to outgrind the other teams. Me, Chris (Rossow), Whit (Whitten) and Mike (Bagatourian), we're coming at you with all we have."

On having no Biola fans in the stands:

"It's a lot different. We have to be in a little better shape this year to keep our energy up without the fans. We just have to rely on each other and get the love from our bench and there

aren't any fans to get love from. It has to be internal and internal as a team."

On upcoming games: "We have Azusa (APU) coming up first and they're always a good team. It should be a good challenge and Irvine (Concordia) also."

What was it like once you started the game, with no fans and all of the different protocols?

"Even though it looks a little bit different, it's still the sport that I love. That goes for

everyone here. I know we're still pumped. We're still pumped to be playing again. We got our feet wet today (Saturday) on how everything is going to be with the protocols and the benches wiped. We're already looking forward to next week."

"I'm excited. We have film to watch now and get after it this week in practice and that's going to set the tone for our games for the rest of the season."

Michael Bagatourian, sr. guard/forward: "My parents did watch the game online and did have questions of how different everything was. They were just excited to watch the game online."

"I would imagine we have the toughest 12-game schedule in the country. We basically have to come prepared each game (in this format). I've never been part of a season with back-to-back games (with the same teams). Winning the first game of each set is ginormous."

On the late run in the game for a comeback attempt: "That's not surprising when we're down and we came back. That's because of the guys we have."

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