

## Vaccine arrives in Norwalk

### Healthcare workers at Norwalk Community Hospital among first to be vaccinated

■ Hospital workers received COVID-19 vaccinations this week as surging infection rates sent hospitals beyond capacity limits.

By Alex Dominguez and Eric Pierce

**NORWALK** - The COVID-19 vaccine created by Pfizer arrived at Norwalk Community Hospital this week.

The hospital received 205 doses on Monday and planned to begin vaccinations throughout the week.

According to Hector Hernandez, CEO of Los Angeles Community Hospitals, the vaccines would be given to healthcare providers in high-risk departments, including the emergency department, intensive care unit, COVID units. Recipients include nurses, physicians, respiratory therapists, and housekeeping personnel, going down a chain dependent on level of risk.

This comes at a critical time in the fight against the coronavirus, as Norwalk Community faces many of the same difficulties other hospitals are facing statewide.

"Right now, we are at capacity; our ICU is full," said Hernandez. "We created a separate area to treat ICU patients. Fortunately, we do have the ICU nurses providing that care so it has not been a critical issue for us. But yes, we are at capacity."

Hernandez says that a recent survey found that about 70% of employees had expressed a desire to take the vaccine, however he believes that number will increase over time.

"We expect that eventually when the employees see that their peers are taking the vaccine and reacting well, that percentage is going to increase. So, I'm very positive they will respond to the vaccine," said Hernandez.

It is currently unknown whether Norwalk will secure any

of the newly approved Moderna vaccine.

With its arrival however, Hernandez hopes that the hospital will be able to begin vaccinating the community in the spring or summer. In the meantime, he advises individuals to follow health advisories.

"If we are a facility that is selected to contribute and distribute that vaccine, we'll gladly do that," said Hernandez. "Continue following the CDC and public health recommendations, social distancing, wearing the mask, and constantly wearing a mask. If you feel sick, please stay home, and if you see someone who is sick tell them to look for medical attention if needed."

#### Downey hospitals also get vaccine

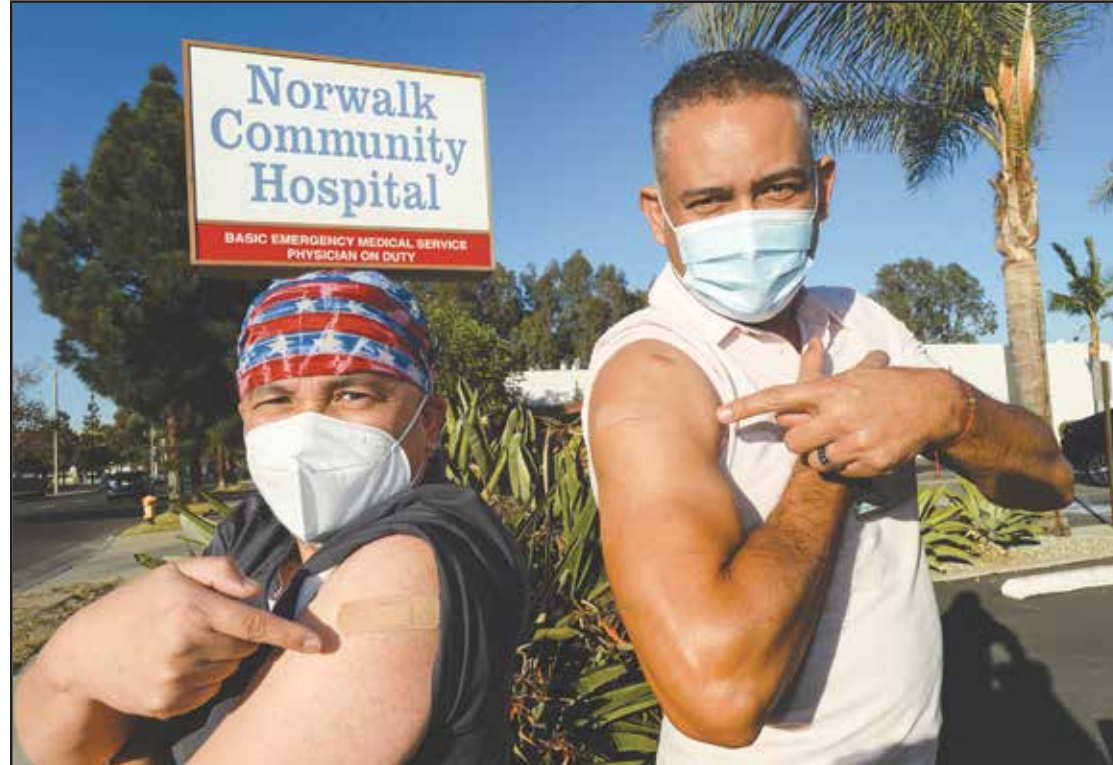
Hospital workers at two of Downey's largest hospitals received COVID-19 vaccinations this week as both medical facilities struggled with an influx of sick patients that exceeded hospital capacity limits.

Staff members at PIH Health Hospital Downey and Kaiser Permanente Downey Medical Center received their vaccinations at a critical time with COVID-19 cases surging across the county.

At Kaiser, COVID-19 patients were being treated inside hallways, conference rooms, and outdoor tents.

The number of local residents infected with COVID-19 has surged over the past several weeks, as people continue to congregate with others outside their households.

"The virus has spread across the entire county and everyone, employers and residents, need to be extra vigilant in their precautions to protect themselves and others," said LA County health director Barbara Ferrer. "This is not the time to crowd at stores, to attend parties and gatherings, or to travel. If every person can find it in themselves to celebrate the meaning of the holidays by protecting each other from the virus, we have a chance to stop



Chief nursing officer Carmelo James, left, and CEO Hector Hernandez stand in front of Norwalk Community Hospital Staff after receiving their first doses of the Pfizer COVID-19 vaccine.

(Photo by Keith Durlinger)

the surge."

In a joint press conference Tuesday, officials with some of the state's larger hospital systems, including Kaiser Permanente, Sutter Health and Dignity Health, as well as officials with California Health and Human Services Agency, and others, pleaded with Californians to continue to take precautions against COVID-19.

"As hospital bed count continues to dwindle, we will not be able to keep up if [coronavirus hospitalizations] continue to increase," said Greg Adams, the chairman and CEO of Kaiser Permanente.

As of Tuesday, 113 people were hospitalized at PIH Downey for COVID-19. That is up from 53 on Dec. 9.

California has recorded a half-million coronavirus cases in the last two weeks and in a month could be facing a once-unthinkable caseload of nearly 100,000 hospitalizations, Gov. Gavin Newsom and the state's top health official said Monday.

Meanwhile, Dr. Mark Ghaly,



Hector Hernandez, CEO, receives the first Pfizer COVID-19 vaccine from nurse Miriam Flores as staff members look on.

(Photo by Keith Durlinger)

California's secretary of Health and Human Services, said it's feared entire areas of the state may run out of room even in their makeshift "surge" capacity units "by the end of the month and early in January."

California is averaging almost

44,000 newly confirmed cases a day and has recorded 525,000 in the last two weeks. It's estimated 12% of those who test positive end up in the hospital.

Alex Dominguez reported from Norwalk and Eric Pierce from Downey.

## Mariana Pacheco takes seat on Cerritos College board

■ Pacheco, a nurse and educator, was elected to the board last month.

**NORWALK** - The Cerritos College Board of Trustees welcomed newly elected Trustee Mariana Pacheco (Area #1), at its December 16 board meeting.

Trustees Carmen Avalos (Area #2), Marisa Perez (Area #4), and Dr. Sandra Salazar (Area #6) were uncontested, and returned to the Board to serve another four-year term.

Pacheco was sworn in by Assemblymember Cristina Garcia.

Pacheco, the mother of Downey Mayor Pro Tem Blanca Pacheco, has served as the Director of Nursing for the VN, EMT, and Phlebotomy Program at Downey Adult School for the last three years.

Prior to that, she worked as the clinical nursing director of outpatient services and employee health at LAC/USC Medical Center for 34 years.

"As a new trustee, I look forward to working with my board colleagues on ways to help more students gain access to a quality education," Pacheco said



in a statement. "As the pandemic lingers, it is very important that we continue to offer students more resources, so they can stay in school."

"I'm happy to join a board whose goals are centered on meeting the needs of students, and supporting faculty, staff, and the community. I'm ready to get started."

Avalos serves as South Gate's city clerk and teaches biology. She was sworn in by South Gate Councilmember Maria del Pilar Avalos.

Perez has worked with South Coast Air Quality Management District since 2010, and was sworn in by Lakewood Vice Mayor Jeff Wood.

Salazar is a family medicine physician in Los Angeles. She was sworn in by Judge Lucy Armendariz, Superior Court of Los Angeles County.

The board also elected new officers for 2021, choosing James Cody Birkey (Area #3) as the new board president, Dr. Shin Liu (Area #5) as vice president, and Avalos (Area #2) as clerk.

## Hahn allocates \$300K for restaurant gift cards

**LOS ANGELES** - Los Angeles County Supervisor Janice Hahn's office has dedicated \$330,000 to a program designed to support struggling restaurants and families in need.

"People are hurting," said Hahn. "Through no fault of their own, people have lost jobs and wages, and small businesses have been shuttered. We designed this program to get food on families' tables while at the same time supporting restaurants that are struggling right now."

The funding is being distributed to 10 non-profit organizations across the Fourth Supervisorial District. The non-profits will use the funding to purchase gift cards from small restaurants in their communities and distribute them to local families in need.

"2020 has been a very difficult year for a lot of families and local businesses," said Oscar Hernandez, executive director of Whittier Boys and Girls Club, one of the participating non-profits. "I think this a great idea, that helps both families who are struggling while at the same time, helping local restaurants in our area."

Participating non-profits include:

- Downey Unified School District's True Lasting Connections Family Resource Center
- The Volunteer Center South Bay-Harbor-Long Beach Community Family Guidance Center in Cerritos
- Boys & Girls Club of Whittier
- Feed and be Fed in San Pedro
- SBBC/ South Bay Center for Counseling
- Rowland Heights Chinese Association
- New Horizons Caregivers Group in Hacienda Heights
- Latinos in Action in Long Beach
- Asian Empowerment Association in Long Beach
- YMCA of Greater Long Beach

Of the \$330,000, Hahn's office has allocated \$300,000 for restaurant gift cards; \$30,000 will be donated to the non-profits for their work identifying families in need and distributing the gift cards.

### Weekend at a Glance

Friday 76°

Saturday 67°

Sunday 65°

#### ON THIS DAY DECEMBER 25

**336:**

The first recorded celebration of Christmas on Dec. 25 took place in Rome.

**1066:**

William the Conqueror was crowned king of England.

**1776:**

Gen. George Washington and his troops crossed the Delaware River for a surprise attack against Hessian forces at Trenton, N.J.

**1818:**

"Silent Night" was performed for the first time, at the Church of St. Nikolaus in Oberndorf, Austria.

**1826:**

The two-day Eggnot Riot at the United States Military Academy at West Point came to an end. The riot started after whiskey was smuggled into a Christmas party and used to make eggnog. Seventy cadets were implicated in the melee and 20 were court martialed.

**1868:**

President Andrew Johnson granted an unconditional pardon to everyone involved in the Southern rebellion that resulted in the Civil War.

**1991:**

Soviet President Mikhail S. Gorbachev went on TV to announce his resignation as the eighth and final leader of a Communist superpower that had already gone out of existence.

**2009:**

Passengers aboard a Northwest Airlines flight foiled an attempt to blow up the plane as it was landing in Detroit by seizing suspect Umar Farouk Abdulmutallab, a Nigerian accused of trying to set off explosives in his underwear.

#### Birthdays

Singer and songwriter **Jimmy Buffett** (74), baseball hall of famer **Rickey Henderson** (62), Canadian Prime Minister **Justin Trudeau** (49), pop singer **Dido** (49) and Bulgarian wrestler **Rusev** (35).

#### Deaths

**Charlie Chaplin**, the comedic actor who became one of Hollywood's biggest stars of the 20th century's silent film era, died on this date in 1977 after suffering a stroke. He was 88.

Singer, actor and "Rat Pack" member **Dean Martin** died on this date in 1995 of emphysema. He was 78.

**James Brown**, nicknamed the "Godfather of Soul," died on this date in 2006 of congestive heart failure. The singer was 73.

Former New York Yankees player and manager **Billy Martin** died in 1989 when the pickup truck he was riding in crashed. He was 61.

Grammy Award winning pop singer **George Michael** died in 2016 of reported natural causes. He was 53.

**Eartha Kitt**, the singer and actress who recorded the sultry Christmas song "Santa Baby," died in 2008 of colon cancer. She was 81.

#### Book Recommendation

"**The Thursday Murder Club**" by Richard Osman

In a peaceful retirement village, four unlikely friends meet weekly to discuss unsolved crimes; together they call themselves The Thursday Murder Club.

When a local developer is found dead with a mysterious photograph left next to the body, the Thursday Murder Club suddenly find themselves in the middle of their first live case.

As the bodies begin to pile up, can our unorthodox but brilliant gang catch the killer before it's too late?

# How Manny Esparza went from professional boxer to ceviche caterer

■ Athlete turned entrepreneur Manny Esparza turned his grandmother's ceviche recipe into a popular catering service that recently won an award for "Best Business Plan."

**DOWNY** - When former professional boxer and jockey turned entrepreneur Manuel "Manny" Esparza decided to introduce Chapitos Ceviche delivery and catering services to the city of Downey, in the midst of an economy crippling pandemic, he knew he would need at least two things: a sustainable product that could find a niche in COVID-19 times and insight on how to attract customers and investors.

The product was his Grandma Estelle's passed-on through generations "special recipe" for ceviche, a staple in Mexico and sought after in Hispanic and Latino communities worldwide.

The insight came through his enrollment in the Miracle's Entrepreneur Program (MEP), a free 3-month course of study, administered by the Entrepreneur Educational Center, Inc. (EECI).

leading to the development of a marketable business plan, connection with potential investors and industry mentors.

"I felt the unique taste of our ceviche would find a place on the taste buds of my customers and the word of mouth would help build a base to grow on," Esparza said. "But it was enrolling in the Miracle's program that gave me the organizational tools and resources I needed to move forward," he continued. "I'm thankful EECI was able to respond to COVID-19 the way it did."

"Thanks to a great deal of support from our partners in the financial community and others, we were able to offer the free program to 12 individuals and certify a Miracle's Class of 2020, now on the way to hopefully realizing their potential and enriching the economic base of the communities they serve," explained EECI Executive Director Barbara J. Stanton.

"As a result of this year's program, 9 small businesses (DBA's), and 3 non-profit organizations have been created. These COVID 19 business start-ups will have the history of knowing that during the most tragic pandemic to come to this country, they endured, they planned, and

they are convinced that their new businesses will do well," Stanton said.

For his efforts Esparza, along with fellow classmate Katherine Gregg, founder of the non-profit Adoption and Foster Care Collective, received MEP's "Best Business Plan" Award of \$2,500.00 sponsored by EECI partner Pacific Western Bank. Another EECI partner, GBC International Bank, awarded two scholarships of \$500 to the youngest student in the group, 15-year-old Jada Robinson of "Jada's LA Jewels" and import/export entrepreneur Bernard "Kofi" Amofa of "Floralingual".

"I appreciate this opportunity to create and grow a small business in my community and evolve into a business that can boost its economic base and provide jobs and support for youths and young adults. That is what I learned as part of my Miracle's experience," Esparza concluded.

Chapitos Ceviche can be found on Instagram @chapitosceviche. For information on EECI programs call (323) 757-7506 or visit [www.entrepreneureducationalcenter.org](http://www.entrepreneureducationalcenter.org).

## Paging Dr. Frischer...

By Dr. Alan Frischer

So many of my patients have become infected with the COVID-19 virus. If you have, I hope that it was a mild case and that you have fully recovered.

But there is a peculiar twist to this strange disease. 10% or more of those who were infected continue to suffer from long-term symptoms, and are becoming known as "long-haulers."

In theory, they have recovered from the worst of the disease and have had a negative test. While they are most likely to be over 50, to have two or three chronic illnesses, or to have had a serious COVID case, many young and otherwise healthy sufferers are also considered



to be long-haulers.

Long-haulers appear to include two groups: Those who experience some observable permanent damage to their lungs, heart, kidneys, or brain, and those who continue to experience debilitating symptoms despite no detectable damage. The list of symptoms is long and inconsistent, and it is interesting that their long-term symptoms do not necessarily look like their original illness. The most common long-hauler symptoms include:

- Cough
- Fatigue
- Body aches
- Joint pain
- Shortness of breath
- Loss of taste and smell
- Difficulty sleeping
- Headaches
- Brain fog

The leading theories are that the virus remains in the body in some small form, or that the immune system continues to overreact even

though the infection has passed. Dr. Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases at the National Institutes of Health, has speculated that many may have developed myalgic encephalomyelitis/chronic fatigue syndrome (which can also be triggered by other infectious diseases, such as mononucleosis, Lyme disease, and SARS, another coronavirus disease). Scientists have, so far, been unable to predict who might become a long-hauler.

The goal of these long-haulers is to resume employment, family life, etc. while continuing to deal with debilitating symptoms. There is currently no intervention or treatment. For many, online support groups have been helpful.

To date, over 17.5 million Americans have been infected with COVID-19, and the number may climb to as many as 50 million. That implies that we could ultimately be dealing with millions more long-haulers; a lasting and significant problem for our country.

If you have had COVID, currently test negative, but continue to experience symptoms, please do not hesitate to contact your doctor.

*Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.*



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# THE PET SPOT

## Battery Ingestion Can Cause Severe Damage

**Q:** We're pretty sure our dog, Holly, ate a remote control with its batteries, because we can't find it anywhere. She seems normal. What should we do?

**A:** Take Holly to her veterinarian immediately for a physical exam and radiographs, often called X-rays. If Holly did eat the remote, or even just a battery, she could develop severe medical problems. Treatment is most successful if begun early. Once swallowed, a nonfood item becomes what veterinarians call a gastrointestinal foreign body. The stomach can't digest it, and if it's relatively large, it can block the gastrointestinal, or GI, tract. Battery ingestion is especially harmful, regardless of whether it's an alkaline or a lithium battery. Alkaline batteries are the more common household batteries, available in AAA, AA and other sizes. Lithium batteries are usually small, round discs. If you see black powdery material in Holly's mouth, it's likely she punctured an alkaline battery. These batteries contain potassium hydroxide or sodium hydroxide, caustic chemicals that burn the tissues of the GI tract and cause deep ulcers. Lithium batteries are much riskier, even if they aren't punctured, because they emit electricity. The risk is highest if the battery becomes lodged in the folds of the esophagus, where the electrical current rapidly damages the tissues, causing perforation or a stricture. Some batteries also contain heavy metals, which are toxic. Do not induce vomiting unless your veterinarian instructs you to do so. A damaged alkaline battery can cause corrosive injury to the esophagus and throat on its way up, and a lithium battery may get stuck in the esophageal folds and cause electrical injury. Tell Holly that the next time she wants to get charged up, she should grab her leash and take you for a walk.

**Q:** My partner's physical abuse of me is getting worse, and I want to leave him. I have to take my cat with me, because I know he will kick her out or abuse or kill her if I don't. I have no family or close friends in the area -- I realize now that my partner has been isolating me from them -- and it's hard to find apartments that accept cats. I need my pet's love and comfort now more than ever, so I won't relinquish her to the animal shelter. What can I do?

**A:** You are wise to be concerned about your cat, because abusers often hurt or kill their victims' pets. Too many abused women remain with their abusers because they know of no other

way to protect their beloved companion animals. I suggest you contact your local women's shelter and the National Domestic Violence Hotline for free, confidential support at 800-799-SAFE (7233) or <https://www.thehotline.org>. If you suspect your partner monitors your internet history, use a public computer or a friend's device. To find a safe place for your cat to stay temporarily, visit <https://safehavensforpets.org>, the Animal Welfare Institute's Safe Havens Mapping Project. About 10% of the safe havens offer cohousing, where you and your cat can live together. However, most safe havens use foster homes, animal shelter housing or kennel space donated by veterinarians. Your cat will be cared for in a safe, confidential location while you stay at the women's shelter. Once you're settled in your new home, the two of you will be reunited there. For information on including your cat in your temporary restraining order, visit <https://awionline.org/safe-pets>. Other readers can consult this link to learn how to establish safe havens for the companion animals in their communities. Lee Pickett, VMD, practices companion animal medicine in North Carolina. Contact her at <https://askthetvet.pet>.

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By DR. LEE PICKETT

# Will a Biden presidency finally end the death penalty?

Despite a shift by the American public against the death penalty, the U.S. government under President Donald Trump has carried out the most federal executions ever in a single year.

Three more executions were scheduled before Christmas. President-elect Joe Biden, however, made eliminating the death penalty part of his criminal justice reform platform, marking a reversal from his past support for capital punishment.

How will a Biden presidency affect the death penalty, and what are the issues about it that continue to cause debate and controversy?

“Executions are a form of torture that violate the Eight Amendment, which prohibits the federal government from imposing cruel and unusual punishment,” says David Dozier (www.DavidDozierBooks.com), a professor emeritus in the School of Journalism & Media Studies at San Diego State University and author of *The California Killing Field*, a novel about the death penalty.

“The death penalty is a barbaric and sadistic violation of human rights that should be eliminated in the U.S. and around the world. The U.S. has a disgusting record for a nation that sees itself as a beacon for human rights. But the momentum of states abolishing the death penalty, and the growing bipartisan consensus against it, make Biden’s goal of ending capital punishment a stronger possibility.”

A 2019 Gallup poll on capital punishment showed that 60% of

Americans favored life in prison while 36% preferred the death penalty when they were asked, “Which do you think is the better penalty for murder?” Public support for the death penalty has dipped near a 48-year low.

Dozier explains some key points about the death penalty heading into the Biden presidency:

**Legislative possibilities.** Biden supports ending the death penalty through legislation and incentivizing the remaining death penalty states to do likewise. There are conservative lawmakers on board with ending the death penalty, but Dozier says a 6-3 conservative majority in the U.S. Supreme Court means “it is unlikely the Court will reconsider the death penalty anytime soon.”

**Reversing recent party history.** “The Democratic Party leaders have been shameful cowards with regard to human rights in general and the death penalty in particular,” Dozier says. “The Clintons, Barack Obama, and Biden were pro-death penalty when it was still popular in the 1990s. Vice president-elect Kamala Harris, on the other hand, refused to seek the death penalty for an accused cop killer when she was the district attorney of San Francisco.”

**High costs of the death penalty process.** A study in California revealed that the cost of capital punishment in the state has been over \$4 billion since it was reinstated in 1978, or \$308 million for

each of the 13 executions since then.

Other financial facts about the death penalty show capital cases in some states costing far more than non-capital cases and being much more expensive than life imprisonment.

“The complexity of seeking the death penalty and carrying out the execution is a long and expensive process,” Dozier says. “Many capital cases are appealed. Incarceration on death row can span 10, 15, or 20 or more years. Capital punishment costs are an economic burden on government budgets. It’s more cost-effective to commute death penalties to life imprisonment sentences without parole.”

**Demographics of death row.** “The death penalty is often a poor man’s punishment, and it is systemically racist,” Dozier says. “Underpaid public defenders often defend the poor. District attorneys are more likely to go after defendants with few resources to fight their prosecution.”

Black Americans make up 13% of the population but 34% of persons executed since 1976.

“The American public is moving away from the death penalty,” Dozier says, “and it’s time for a new administration to do away with it.”

# The need for new antibiotics

By **Kenneth E. Thorpe**

The end of the COVID-19 pandemic is finally in sight.

Both Pfizer and Moderna have received emergency FDA authorization to distribute tens of millions of doses of their vaccines across the country.

This is fantastic news. Unfortunately, the scientific community can’t rest on its laurels. An even worse pandemic is already looming. And this time, developing treatments will prove much more challenging.

This coming pandemic may not stem from a virus, but from drug-resistant bacteria and fungi known as “superbugs.” These microbes already kill 700,000 people worldwide each year and infect millions more. And unless scientists invent new, more potent drugs, superbugs could kill 10 million people annually by 2050.

Antibiotics normally kill the vast majority of bacteria they encounter. But sometimes, a few microbes survive, reproduce, and pass on their immunity to future generations. Over time, certain strains of bacteria can become largely or completely impervious to even the strongest drugs.

Drug resistance could spell the end of modern medicine. Without effective antibiotics, common operations like Caesarian sections and hip replacements may become too risky, since patients could

contract lethal drug-resistant infections in the hospital.

Public health experts almost universally agree that superbugs pose an enormous threat. But relatively few drug companies are investigating new antibiotics.

It’s not hard to see why: the antibiotics market is fundamentally broken.

Doctors liberally prescribe cutting-edge treatments for diseases like cancer, multiple sclerosis, and diabetes. By contrast, doctors only use new antibiotics in emergencies. They worry about overprescribing new antibiotics, lest bacteria evolve to resist them.

Consequently, manufacturers sell relatively few doses of advanced antibiotics -- and generate comparatively little revenue. In fact, many have abandoned antibiotics R&D. Just four major pharmaceutical companies still have antibiotics programs, down from 18 in the 1980s.

Small biotech firms have taken up that research burden but haven’t fared well in recent years. Startup Achaogen, for example, released a groundbreaking superbug treatment two years ago, but didn’t generate enough sales and ultimately filed for bankruptcy in 2019. At least three other startups have similarly gone belly up.

Simply put, the traditional biotech business model -- invest heavily in R&D, and turn a profit by selling any successful drugs in

heavy volume -- doesn’t work for antibiotics. For the sake of patients worldwide, policymakers need to find an alternative.

Consider the potential of a Netflix-style subscription model, in which insurers -- whether public or private -- pay recurring fees for unlimited access to new antibiotics. A modified version of this model already proved successful with Pfizer’s COVID-19 vaccine. The U.S. government pre-purchased 100 million doses, with the option to buy an additional 500 million, which gave the company the confidence and funding necessary to develop the drug.

Governments could take a similar approach with antibiotics. Senators just proposed a bipartisan bill, the PASTEUR Act, which would allow the federal government to pay companies up to \$3 billion to provide new antibiotics to doctors and hospitals. Experts think G20 countries will have to provide \$4 billion in subscription-like payments to sufficiently spur the development of lifesaving antibiotics.

Right now, the antibiotics market is fundamentally broken. And unless policymakers fix it, the death toll from superbugs could make COVID-19 look tame by comparison.

**Kenneth E. Thorpe is a professor of health policy at Emory University and chairman of the Partnership to Fight Chronic Disease.**

# COVID’s threat to disabled Americans

By **Angela F. Williams**

The second wave of COVID-19 has arrived with a vengeance.

But there’s hope on the horizon. Vaccinations from Pfizer and Moderna proved more than 90 percent effective in clinical trials.

People in the highest risk categories -- namely, healthcare workers and those with chronic illnesses and disabilities -- are receiving prioritized access to these vaccines. That’s as it should be. Putting them at the front of the line for a vaccine is a way to collectively acknowledge that their lives matter.

But unfortunately, when it comes to diseases other than COVID-19, society doesn’t show nearly the same level of concern for people with disabilities and chronic illnesses. In fact, many self-styled healthcare experts have proposed “reforms” that would limit these individuals’ access to treatments. That’s wrong, plain and simple.

By now, it’s well known that COVID-19 disproportionately harms people with pre-existing conditions and disabilities. Of the roughly 250,000 Americans who’ve lost their lives, 94 percent had another condition listed as a factor in their cause of death. COVID-19 patients with intellectual or developmental disabilities have died from the virus at roughly twice the rate of the general patient population.

These vulnerable patients could soon face even more challenges if health insurers listen to groups like the Institute for Clinical and Economic Review (ICER).

The influential non-profit has appointed itself as an arbiter of new drugs’ cost-effectiveness. ICER recommends a “fair price” for medications based on the analyses it performs.

To conduct these cost-benefit analyses, ICER uses a controversial metric called a “quality-adjusted life year,” or QALY. A treatment that adds a year of perfect health to a patient’s life provides one QALY. And the more QALYs a drug generates per dollar, the more

valuable ICER considers it.

In theory, QALY assessments provide an objective way to quantify a drug’s effectiveness -- and ensure that patients, insurers, and taxpayers are getting a good bang for their buck.

But in practice, these assessments discriminate against patients with disabilities and chronic illnesses. That’s because patients with certain chronic diseases and disabilities may never achieve a full QALY. A drug could completely alleviate the patient’s symptoms -- but wouldn’t deliver a full QALY.

In other words, ICER uses its QALY metric to devalue the lives and well-being of vulnerable populations. And ICER’s clout cannot be underestimated. If it considers a drug to not be cost-effective, insurers may listen and deny the medication to those who need it most.

The dangerous consequences of ICER’s pseudoscientific evaluations don’t end there. By placing such a low value on these treatments, ICER discourages biopharmaceutical firms from

investing in drugs that disproportionately benefit Americans with disabilities.

ICER isn’t alone in signaling that drug companies shouldn’t waste their time on treatments for Americans with disabilities. The outgoing Trump administration is still pressing forward with its efforts to tie Medicare drug reimbursements to the artificially low price of drugs in Canada and Europe, where price controls have long restricted patients’ access to new medicines. If the administration’s changes were implemented, investors could pull the plug on research projects targeting rare diseases.

Americans agree that the most vulnerable patients deserve priority access to COVID-19 therapeutics and vaccines. It’s time for people to recognize that these vulnerable populations deserve access to treatments for other conditions as well.

**Angela F. Williams is president and CEO of Easterseals, a leading provider of services for people with disabilities, veterans and seniors. This piece originally ran in the Times of Northwest Indiana.**

# Special gifts for special people

By **Jim Hightower**

Ho-ho-ho, wait till you hear about the gifts I gave to some of America’s power elites for Christmas.

To each of our Congress critters, I sent my fondest wish that from now on, they receive the exact same income, health care and pension that we average citizens get. If they receive only the American average, it might make them a bit more humble -- and less cavalier about ignoring the needs of regular folks.

To the stockings of GOP leaders who’ve so eagerly debased themselves to serve the madness of President Donald Trump, I added individual spritzer bottles of fragrances such as “Essence of Integrity” and “Eau de Self-Respect” to help cover up their stench. And in the stockings of Democratic congressional leaders, I put “Spice of Viagra” and “Bouquet du Grassroots” to stiffen their spines and remind them of who they represent.

For America’s CEOs, my gift is a beautifully boxed, brand-new set of corporate ethics. It’s called the golden rule: “Do unto others as you would have them do unto you.” Going to pollute someone’s neighborhood? Then you have to live there, too. Going to slash wages and benefits? Then slash yours as well. Going to move your manufacturing to sweatshops in China? Then put your office right inside the worst sweatshop. Executive life wouldn’t be as luxurious, but CEOs would glow with a new purity of spirit.

To the Wall Street hedge fund hucksters who’ve conglomerated, plundered and degraded hundreds of America’s newspapers, I’ve sent copies of “Journalism for Dummies” and offered jobs for each of them in their stripped-down, Dickensian newsrooms. Good luck.

And what better gift to the Trump family -- Donald, Ivanka and Jared, Eric, Donnie Jr. and the whole nest of them -- than to wish that they live with one another constantly and permanently? No, really, each of you deserve it.

Yes, I have finally mastered the art of finding perfect gifts for people on my list -- gifts that rise above crass commercialism and are genuinely appreciated by the people who receive them. I wholeheartedly recommend such gift-giving to you.

This holiday season got me thinking about America’s spirit of giving, and I don’t mean this overdone business of Christmas, Hanukkah and other holiday gifts. I mean our true spirit of giving -- giving of ourselves.

Yes, we are a country of rugged individualists, yet there’s also a deep, community-minded streak in each of us. We’re a people who believe in the notion that we’re all in this together, that we can make our individual lives better by contributing to the common good.

The establishment media pay little attention to grassroots generosity, focusing instead on the occasional showy donation by what it calls “philanthropists” -- big tycoons who give a little piece of their billions to some university or museum in exchange for a building named after them. But in my mind, the real philanthropists are the millions of you ordinary folks who have precious little money to give but consistently give of yourselves, and do it without demanding that your name be engraved on a granite wall.

My own daddy -- rest his soul -- was a fine example of this. With half a dozen other guys in Denison, Texas, he started the Little League Baseball program, volunteering to build the park, sponsor and coach the teams, run the squawking PA system, etc., etc. Even after I graduated from Little League, Daddy stayed working at it, because his involvement was not merely for his kids ... but for all. He felt the same way about being taxed to build a public library in town. I don’t recall him ever going in that building, much less checking out a book, but he wanted it to be there for the community, and he was happy to pay his part. Not that he was a do-good liberal, for God’s sake -- indeed, he called himself a conservative.

My daddy didn’t even know he had a political philosophy, but he did, and it’s the best I’ve ever heard. He would often say to me, “Everybody does better when everybody does better.” If only our leaders in Washington and on Wall Street would begin practicing this true American philosophy.

**Jim Hightower is a syndicated columnist and radio host.**

**The Norwalk Patriot** STAFF

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Norwalk, CA 90650

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**CALENDAR OF EVENTS**

**MONDAYS**

1st, 6:00 p.m. - Public Safety meetings - Council Chambers

**TUESDAYS**

9:00 a.m. - 1:00 p.m. - Farmers Market - Norwalk City Hall  
1st & 3rd 6:00 p.m. - Toastmasters Meetings - Registrar Recorder/County Clerks Office  
1st & 3rd, 6:00 p.m. - City Council - Council Chambers  
3rd, 5:45 p.m. - Housing Authority - Council Chambers

**WEDNESDAYS**

1st, 12:30 p.m. - Soroptimist International - Soroptimist Village  
1st & 3rd, 7:00 p.m. - Lions Club - Bruce's Restaurant  
2nd, 10:30 a.m. - Norwalk Woman's Club - Masonic Lodge  
2nd & 4th, 1:30 p.m. - Alondra Senior Citizens - Social Services Center  
2nd & 4th, 7:30 p.m. - Planning Commission - Council Chambers  
4th, 11:30 a.m. - Coordinating Council - Arts & Sports Complex

**THURSDAYS**

7:00 p.m. - Boy Scouts Troop 924 - Norwalk United Methodist Church  
2nd, 7:00 p.m. - American Legion Post No. 359 - 11986 Front St.  
2nd, 7:30 p.m. - Golden Trowel - Norwalk Masonic Lodge

**SATURDAYS**

9:00 a.m. - 1:00 p.m. - Farmers Market - Norwalk City Hall  
2nd, 8:30 a.m. - 10:30 a.m. - Pancake Breakfast - First Christian Church of Norwalk  
Have an event you want listed? E-mail news@thedowneypatriot.com

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The Norwalk Patriot

**THE NEWSDAY CROSSWORD**

Edited by Stanley Newman (www.StanXwords.com)  
**ANATOMICALLY CORRECT: See also 105 Across**  
by Norma Steinberg

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		81 Of oceanic movements
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		83 Second word of "Jabberwocky"
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		88 Señora Perón
		89 Small plateau
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		93 Green sauce
		94 Derive logically
		95 Have the lead
		96 Brownish purple
		97 Garfield waitress
		99 OR imperative
		100 Boyfriend
		101 Lo-cal
		102 In-flight announcements
		104 Singer __ King Cole
		106 Important period

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You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

"four o'clock in the afternoon."  
"Through the Looking-Glass as  
"Jabberwocky," is defined in his  
second world of Lewis Carroll's  
77. BRILLIANT (83 Down), the  
developed for Montreal's Expo  
experimental large-screen films  
founded, as a result of  
Corporation (22 Across) was  
Women. The Canadian IMAX  
Prize for the play Three Tall  
Across) received his third Pulitzer  
In 1994, Edward ALBEE (20

Reach Stan Newman at www.StanXwords.com





















The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement is true and correct as the County Clerk of Los Angeles County on (Date) 11/24/2020. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/04/2020, 12/11/2020, 12/18/2020, 12/25/2020. THE NORWALK PATRIOT. AAAB38589.

### FICTITIOUS BUSINESS NAME STATEMENT 2020197086

The following person(s) is/are doing business as: TRUE&FINE, 3420 GRAYBURN RD., PASADENA, CA 91107. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: NU TSUN HUANG, 3420 GRAYBURN RD., PASADENA, CA 91107. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: NU TSUN HUANG, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/24/2020. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/04/2020, 12/11/2020, 12/18/2020, 12/25/2020. THE NORWALK PATRIOT. AAAB38589.

### FICTITIOUS BUSINESS NAME STATEMENT 2020197127

The following person(s) is/are doing business as: 1. RONEN TUHTOI, 2. TUHTOI, 3. STUDIO TUHTOI, 1918 GRACE AVE APT. 12, LOS ANGELES, CA 90068. Mailing address if different: 1909 W WILSON, LOS ANGELES, CA 90068. The full name(s) of registrant(s) is/are: JASON TATOY, 1918 GRACE AVE APT 12, LOS ANGELES, CA 90068. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: JASON TATOY, OWNER. The registrant commenced to transact business under the fictitious business names listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/24/2020. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/04/2020, 12/11/2020, 12/18/2020, 12/25/2020. THE NORWALK PATRIOT. AAAB38617.

### FICTITIOUS BUSINESS NAME STATEMENT 2020197197

The following person(s) is/are doing business as: TOUGH LOVE FITNESS CLUB, 558 TANCANYON RD, DUARTE, CA 91010. Mailing address if different: 558 TANCANYON RD, DUARTE, CA 91010. The full name(s) of registrant(s) is/are: LINDA ALFINO, 558 TANCANYON RD, DUARTE, CA 91010. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: LINDA ALFINO, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/24/2020. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/04/2020, 12/11/2020, 12/18/2020, 12/25/2020. THE NORWALK PATRIOT. AAAB38634.

### FICTITIOUS BUSINESS NAME STATEMENT 2020197343

The following person(s) is/are doing business as: ASHLEY REED DESIGN, 3650 MIDVALE AVE., STE. 108, LOS ANGELES, CA 90034. Mailing address if different: N/A. Articles of Incorporation or Organization Number: 1916101. The full name(s) of registrant(s) is/are: ELEANOR PIERCE MANAGEMENT, INC., 3650 MIDVALE AVE., STE. 108, LOS ANGELES, CA 90034 (State of Incorporation/Organization: CA). This business is conducted by: CORPORATION. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: ASHLEY REED, PRESIDENT. The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/24/2020. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/04/2020, 12/11/2020, 12/18/2020, 12/25/2020. THE NORWALK PATRIOT. AAAB38672.

### FICTITIOUS BUSINESS NAME STATEMENT 2020197369

The following person(s) is/are doing business as: CALLI GOLD BLENDS, 430 S FULLER AVENUE APT 9K, LOS ANGELES, CA 90036. Mailing address if different: N/A. Articles of Incorporation or Organization Number: 4262454. The full name(s) of registrant(s) is/are: PROTHRO EATS, 430 S FULLER AVENUE APT 9K, LOS ANGELES, CA 90036 (State of Incorporation/Organization: CA). This business is conducted by: CORPORATION. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: LATASHA PROTHRO, PRESIDENT. The registrant commenced to transact business under the fictitious business name listed above on (date): 01/2019. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/24/2020. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/04/2020, 12/11/2020, 12/18/2020, 12/25/2020. THE NORWALK PATRIOT. AAAB38686.

### FICTITIOUS BUSINESS NAME STATEMENT 2020197411

The following person(s) is/are doing business as: RICHY ADVISORY SERVICES, 1114 S SANTA MONICA BLVD, 8TH FLOOR, LOS ANGELES, CA 90025. Mailing address if different: 30870 RUSSELL RANCH RD, SUITE 250, WESTLAKE VILLAGE, CA 91362. The full name(s) of registrant(s) is/are: GREAT AMERICAN GROUP ADVISORY & VALUATION SERVICES, 30870 RUSSELL RANCH RD, SUITE 250, WESTLAKE VILLAGE, CA 91362 (State of Incorporation/Organization: CA). This business is conducted by: LIMITED LIABILITY COMPANY. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: PHILLIP J. AHN, MANAGER. The registrant commenced to transact business under the fictitious business name listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/24/2020. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/04/2020, 12/11/2020, 12/18/2020, 12/25/2020. THE NORWALK PATRIOT. AAAB38689.

### FICTITIOUS BUSINESS NAME STATEMENT 2020198351

The following person(s) is/are doing business as: 1. SANDERS FDCH, 2. SANDERS CREATIVE KIDS, 628 WEST MYRRH LANE, COMPTON, CA 90220. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: SANDERS B SANDERS, 628 WEST MYRRH LANE,

COMPTON, CA 90220. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: RENALDO B SANDERS, OWNER. The registrant commenced to transact business under the fictitious business names listed above on (date): N/A. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/25/2020. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/04/2020, 12/11/2020, 12/18/2020, 12/25/2020. THE NORWALK PATRIOT. AAAB39321.

### FICTITIOUS BUSINESS NAME STATEMENT 2020198418

The following person(s) is/are doing business as: LOVE ANNA DESIGN, 807 E MERCED AVE WEST COVINA, CA 91790. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: PHILIP CORTEZ, 807 E MERCED AVE, WEST COVINA, CA 91790. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: PHILIP CORTEZ, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): 10/2020. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/25/2020. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/04/2020, 12/11/2020, 12/18/2020, 12/25/2020. THE NORWALK PATRIOT. AAAB40240.

### FICTITIOUS BUSINESS NAME STATEMENT 2020180261

The following person(s) is/are doing business as: AMELIA'S PUSSAS, 6920 COLDWATER CANYON AVE APT 109, NORTH HOLLYWOOD, CA 91605. Mailing address if different: N/A. The full name(s) of registrant(s) is/are: BERNARDINA T. DIAZ, 6920 COLDWATER CANYON AVE APT 109, NORTH HOLLYWOOD, CA 91605. This business is conducted by: INDIVIDUAL. I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) Signed: BERNARDINA T. DIAZ, OWNER. The registrant commenced to transact business under the fictitious business name listed above on (date): 02/2015. This statement was filed with the County Clerk of Los Angeles County on (Date) 11/04/2020. NOTICE: This fictitious name statement expires five years from the date it was filed in the office of the county clerk. A new fictitious business name statement must be filed before that time. The filing of this statement does not of itself authorize the use in this state of a fictitious business name in violation of the rights of another under federal, state, or common law (see Section 14411 et seq. Business and Professions Code). Publish: 12/04/2020, 12/11/2020, 12/18/2020, 12/25/2020. THE NORWALK PATRIOT. AAAB30039.

### FICTITIOUS BUSINESS NAME STATEMENT 2020198817

THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) CERTIFIED CLEAN WORKERS, 10524 FIRESTONE BLVD, NORWALK CA 90650, LA COUNTY Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) M3 NURSERIES INC, 10524 FIRESTONE BLVD, NORWALK CA 90650 (State of Incorporation/Organization: CA) THIS BUSINESS IS CONDUCTED BY: a Corporation The date registrant started to transact business under the fictitious business name or names listed above: N/A I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) S/M3 NURSERIES INC, CEO, MARK MARIOTT This statement was filed with the County Clerk of Los Angeles on NOVEMBER 25, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 12/24/20, 12/11/20, 12/18/20, 12/25/20

### FICTITIOUS BUSINESS NAME STATEMENT 2020198251

THE FOLLOWING PERSON(S) IS (IS) DOING BUSINESS AS: (1) JKH TRANSPORTATION, 15301 STUDEBAKER RD, NORWALK CA 90650, LA COUNTY Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) JUAN HERNANDEZ, RODRIGUEZ, 15301 STUDEBAKER RD, NORWALK CA 90650 State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: an Individual The date registrant started to transact business under the fictitious business name or names listed above: 2/2020 I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).) S/JUAN HERNANDEZ RODRIGUEZ, OWNER, JUAN HERNANDEZ This statement was filed with the County Clerk of Los Angeles on NOVEMBER 25, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form. The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 12/24/20, 12/11/20, 12/18/20, 12/25/20

### LIEN SALES

Extra Space Storage will hold a public auction to sell personal property described below belonging to those individuals listed below at the location indicated:

10950 Firestone Blvd Norwalk, CA 90650

01/13/2021 11:00am

Salvador Jr Garcia

Household Items

Jonathan Gamble Household items

Mario Miranda Household items

Olga Muriilo Household items

Andrea Valdez Household items

Miguel Rios Household items

Javier Estrada Household items

Louie Luna Household items

Sultan Aziz Household items

Sonia Miranda Household items

Neil Hagood Household items

Shyann Alvarado Household items

The auction will be listed and advertised on www.storage treasures.com. Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

The Norwalk Patriot 12/25/20, 1/1/21

## NOTICES

**SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES PROBATE DIVISION SHOW CAUSE FOR CHANGE OF NAME CASE NUMBER: 20NWCP00288**

TO ALL INTERESTED PERSONS: Petitioner RICHARD BRUCE RIDENOUR, RICHARD CHO RIDENOUR, RICHARD BRUCE CHO, RICHARD CHO LOVE FOR CHANGE OF NAME filed petition with this court for a decree changing names as follows:

Present name (1) RICHARD BRUCE RIDENOUR, RICHARD CHO RIDENOUR, RICHARD BRUCE CHO, RICHARD CHO LOVE to Proposed name (1) RICHARD BRUCE RIDENOUR, RICHARD CHO LOVE. ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection to the petition with the court on the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING Date: JANUARY 13, 2021, Time: 10:30 a.m., Department: C, Room: N/A

The address of the court is 12720 NORWALK BLVD, NORWALK, CA 90650

A copy of this order Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, THE NORWALK PATRIOT NOVEMBER 25, 2020 Judge: MARGARET M. BERNAL Judge of the Superior Court Petitioner or Attorney, In Pro Per RICHARD BRUCE RIDENOUR, RICHARD CHO RIDENOUR, RICHARD BRUCE CHO, RICHARD CHO LOVE THE ADDRESS IS: NORWALK, CA 90650-1863 (562) 868-1275 JAYLENO@VERIZON.NET

The Norwalk Patriot 12/24/20, 12/11/20, 12/18/20, 12/25/20

## PROBATE

**NOTICE OF PETITION TO ADMINISTER ESTATE OF: THERESA GREEN CASE NO. 20STPB10481**

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both of THERESA GREEN, A PETITION FOR PROBATE has been filed by ROBERT A. SASLOW in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that ROBERT A. SASLOW be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 01/14/21 at 8:30AM, Dept. 21 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

**AMON LAMELAS, SB# 321698** Attorney for Petitioner **VELASCO LAW GROUP, APC** 300 W. Broadway, Suite #100 Long Beach, CA 90802 **PNBS# 107231**

Push the Norwalk Patriot Pub Dates: December 18, 25, 2020, January 1, 2021

**PNBS# 107231** The Norwalk Patriot 12/18/20, 12/25/20, 1/1/21

## TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 2634 Loan No. Title Order No. 005942318 APN 8082-021-015 TRA No. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED (The above statement is made pursuant to CA Civil Code Section 2923.5(d)(1). The Summary will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(d)(2).) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/25/0208. UNLESS YOU TAKE ACTION TO PREVENT YOUR PROPERTY FROM BEING SOLD AT A PUBLIC SALE, IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 01/08/2021 at 11:00AM, Shoshone Service Corporation, a California Corporation as the duly appointed Trustee under and pursuant to Deed of Trust Recorded on 03/12/2019 as Instrument No. 20190218609 of official records in the Office of the Recorder of Los Angeles County, California, executed by: Jennifer J. Leszczynski, individually as administrator and heir of the James Michael Leszczynski Estate, as Trustor, Approved Inheritance Cash, Inc., as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association,

ASAP 4728362 The Norwalk Patriot 12/18/20, 12/25/20, 1/1/21

T.S. No.: 2020-04505 APN: 8023-020-010 TRA No.: 05295 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/30/2016. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash payable at time of sale in lawful money of the United States by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay

5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay

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person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on January 8, 2021 at 8:30 AM in Dept. No. 5 located at 111 N. Hill St., Los Angeles, CA 90012.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner: **ROBERT L COHEN ESQ** SBN 150913 LAW OFFICES OF **ROBERT L COHEN INC** 8081 ORANGETHORPE AVE BUENA PARK CA 90621 CN973930 MAYNE Dec 11,18,25, 2020

PNBS# 107231 The Norwalk Patriot 12/11/20, 12/18/20, 12/25/20

## NOTICE OF PETITION TO ADMINISTER ESTATE OF MYRNA R. SACKS-PRINE, aka MYRNA SACKS-PRINE, aka MYRNA SACKSPRINE, aka MYRNA SACKS PRINE CASE NO. 20STPB10097

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both of MYRNA R. SACKS-PRINE, aka MYRNA SACKS-PRINE, aka MYRNA R. SACKSPRINE, aka MYRNA SACKS PRINE A PETITION FOR PROBATE has been filed by SHARON RENEE MORRISON in Probate Code section 1250. A Request for Special Notice form is available from the court clerk of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that SHARON RENEE MORRISON be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on JANUARY 11, 2021 at 8:30 AM, in Dept. "67" located at: 111 N. Hill Street, Los Angeles, CA Central District

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

**AMON LAMELAS, SB# 321698** Attorney for Petitioner **VELASCO LAW GROUP, APC** 300 W. Broadway

# Roldan family lives, breathes soccer

■ The Pico Rivera family is enjoying extraordinary success in professional soccer.

By John A. Sherrard  
Contributor

**PICO RIVERA** – Since March of this year, when the pandemic surged, many family members haven't been able to all gather.

Christmas Day 2020 will be special to a lot of people.

One family in particular, the soccer-playing Roldan brothers, Cesar, Jr., Cristian and Alex and their parents, Cesar and Ana, all of Pico Rivera will be one of those families.

The three brothers, all raised in Pico by their parents, played organized soccer since they were very young, went to El Rancho High School and are now all in the professional ranks.

Cesar, the oldest, is the head athletic trainer for the L.A. Galaxy and both Cristian and Alex play for the Seattle Sounders of the MLS.

The first time the two teams played, it was a game Cesar, Sr. and wife, Ana will never forget.

"It was very exciting," said Cesar, Sr., of seeing all three on the field as professionals at the same time. "Every family is always thinking about taking the kids to a different level, as far as sports go. It was a dream come true. To be honest with you, she (Ana) cried and I got goose bumps when that happened. It's been non-stop since then."

The Sounders have won two MLS Cups (2016, 2019) and have been in the championship game four out of the last five years.

Ana comes from a soccer family from El Salvador and had a nephew play for the national team and her dad was a legend in his neighborhood. She recently showed some of the awards the boys have earned, including their various championship rings. They had a case with seven title rings, which included two MLS Cups, two CIF and one CIF State championship and conference titles in the Pac 12

for Cristian and the WAC for Alex.

"These championships were really exciting and emotional for us," Ana added.

Cristian explained how important those rings were for his parents.

"Without them, we wouldn't be able to get these," Cristian said. "I felt they would cherish them a little bit more than I would."

Cristian, who signed with Seattle in 2015 and is a midfielder, has been on the team for all of those appearances. Alex, a defender/midfielder, who was drafted by the Sounders in 2018, has been in the last two championship games.

Seattle played the Galaxy twice this year, which were the two times the three brothers were on the field at the same time. Mom and dad couldn't watch in person, since no fans were allowed in Dignity Health Sports Park this season.

El Rancho, which was a soccer power during the era when the Roldans played there and won two CIF Southern Section Championships in 2011 and '13 and a National title, were coached by Dominic Picon.

The first CIF title came in 2003 for El Rancho.

"This is one of the greatest families that I've ever been associated with in my 22 years of being in education," said Picon, who currently is Assistant Principal at Schurr High. "Each of the kids are so unique and I still remember Cesar, who we know as Dewey."

"He started out as a goalie and in his senior year he played forward. He was also a three-sport athlete and scored one of the most important goals in El Rancho history. Salesian was nationally ranked and was undefeated for five years at home and his goal and that victory catapulted the program into where the kids believed they could beat the best."

At the time, Cristian was in eighth grade when Cesar was a senior.

"From the get-go in his sophomore year (he was injured his freshman year) he was putting up big numbers," Picon said of Cristian. "He was playing at a very

high level."

Picon was coach for the Dons for two stints from 2001-04 and after two years in law school he came back to coach through 2013.

The Dons, at one stretch, went undefeated at home for six or seven years. The field wasn't one of the better ones around but turned out to be a killer for most visitors as Cristian explained.

"To be honest, I think we had a huge advantage when we were on that field," Cristian said. "They cut it nice and short when we had big games and the crowds on the sidelines were intimidating to a lot of people."

"It benefited us quite a bit."

Cristian won CIF Player of the Year in his sophomore year when the Dons won the CIF title. Cristian would go on to the University of Washington and helped the Huskies to a Pac 12 Conference title.

Cristian, who became a big scorer as he progressed in high school, had some extra incentive to score those goals.

"Grandpa (Ana's dad Estevan) used to bribe me per goal," he said. "He would give me money when I was younger and it was a way for me to make a quick buck and also be dangerous in front of the goal."

"My dad would also say, 'I'll give you five dollars if you can score a header.' It was more difficult than

scoring a normal goal. Honestly, I attribute a lot of that to me being good and scoring a lot of goals in the air. I knew that five dollars was on the line."

Cesar, who later was attending Cal State Long Beach working on his Kinesiology degree, would occasionally come back to El Rancho to help out with the program.

"As for Alex, he was going to go to a junior college in Arizona, but a late opening at Seattle University led him to a four-year college career," Picon added.

Alex, who is currently in a graduate program, was proud to have a family like no other.

"It's a life unlike any other," Alex Roldan said. "We're blessed, we're privileged and we have everything that was given to us not taking for granted."

"My brothers and parents, so far, have lived a great life. They came here and gave us the tools for success and good values. All the things that we got from a parent, we got them as kids. The only way that we can repay them is to be successful and do the things that they wish upon us."

"As far as the storyline about family, we are very lucky to have the family that we have and this storyline has been great for us."

"(As for Christmas), it's going to be special. As for the moment,



Cristian, Cesar and Alex Roldan at Dignity Health Sports Park in Carson when the Seattle Sounders played the L.A. Galaxy. (Photo by Keith Durflinger)

we're going to take it in and it has been a long time since we were all together."

Cesar, Sr. said of his boys when they were kids: "When they were younger, they would destroy my garage door. They never struggled to go to practice and they were always ready."

"One day I remember this man said to me at a game when they were little, 'I hope I'm still alive to see these kids play professional.'"

That man should see these kids now.

Cesar, who emigrated from Guatemala, ended by saying how important their mother was when they were all growing up and even now when it comes to eating.

"They have been traveling all around and they miss momma's food," Cesar, Sr. said. "They Face Time her before they came here and requested certain dishes for them for her to cook."

And so it goes. It all comes down to momma's food now and all the years growing up in Pico Rivera.

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THE 2040 PLAN FOR REGIONAL WATER INDEPENDENCE

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# 2021

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# The 20 best Christmas movies of all-time

The movie review site RottenTomatoes.com ranked the top 20 Christmas movies of all-time, as determined by critical reviews. Without further ado:

**No. 20**  
**“Little Women” (1994)**  
 In this adaptation of Louisa May Alcott’s classic, the March sisters confront growing pains, financial shortages, family tragedies and romantic rivalries in

mid-19th-century Massachusetts.  
**Starring:** Winona Ryder, Susan Sarandon, Trini Alvarado, Eric Stoltz  
**Directed By:** Gillian Armstrong

**No. 19**  
**“Babes in Toyland” (1934)**  
 Two bumbling apprentices to the master toymaker of Toyland try to raise money to help Little Bo-Peep and her sweetheart Tom-Tom.

**Starring:** Stan Laurel, Oliver Hardy, Charlotte Henry, Felix Knight  
**Directed By:** Gus Meins, Charles ‘Buddy’ Rogers

**No. 18**  
**“Edward Scissorhands” (1990)**  
 A scientist builds an animated human being -- the gentle Edward. The scientist dies before he can finish assembling Edward, though, leaving the young man with a freakish appearance accentuated by the scissor blades he has instead of hands.  
**Starring:** Johnny Depp, Winona Ryder, Dianne Wiest, Anthony Michael Hall  
**Directed By:** Tim Burton

**No. 17**  
**“Klaus” (2019)**  
 A desperate postman accidentally brings about the genesis of Santa Claus in this animated film.  
**Starring:** Jason Schwartzman, J.K. Simmons, Rashida Jones, Will Sasso  
**Directed By:** Sergio Pablos

**No. 16**  
**“Jingle Jangle: A Christmas Journey” (2020)**  
 Decades after his apprentice betrays him, a once joyful toymaker finds new hope when his bright young granddaughter appears on his doorstep.  
**Starring:** Forest Whitaker, Hugh Bonneville, Keegan-Michael Key, Phylicia Rashad  
**Directed By:** David Talbert

**No. 15**  
**“Remember the Night” (1940)**  
 Moved to pity by the Christmas season, New York District Attorney John Sargent lets pretty shoplifter Lee Leander out on bail and offers her a ride home to Indiana. Along the way they have a run-in with a Pennsylvania sheriff, meet each others’ parents, and eventually fall in love. John’s mother, however,

disapproves, and warns Lee to stay away, lest she damage John’s career.  
**Starring:** Barbara Stanwyck, Fred MacMurray, Beulah Bondi, Sterling Holloway  
**Directed By:** Mitchell Leisen

**No. 14**  
**“Rudolph the Red-Nosed Reindeer” (1964)**  
 A reindeer with a glowing nose saves Christmas by guiding Santa’s sleigh through a storm.  
**Starring:** Burl Ives, Larry D. Mann, Billy Richards, Paul Soles  
**Directed By:** Maury Laws, Larry Roemer

**No. 13**  
**“Arthur Christmas” (2011)**  
 When the unthinkable happens, and Santa misses one child out of hundreds of millions, someone has to save the day. It’s up to Arthur, Santa’s youngest son, to deliver a present to the forgotten tyke before Christmas morning dawns.  
**Starring:** James McAvoy, Hugh Laurie, Bill Nighy, Jim Broadbent  
**Directed By:** Sarah Smith, Barry Cook

**No. 12**  
**“Die Hard” (1988)**  
 New York City policeman John McClane is visiting his estranged wife and two daughters on Christmas Eve. He joins her at a holiday party in the headquarters of the Japanese-owned business she works for. But the festivities are interrupted by a group of terrorists who take over the exclusive high-rise, and everyone in it. Very soon McClane realizes that there’s no one to save the hostages -- but him.  
**Starring:** Bruce Willis, Alan Rickman, Reginald VelJohnson, Bonnie Bedelia  
**Directed By:** John McTiernan

**No. 11**  
**“A Charlie Brown Christmas” (1965)**  
 Charlie Brown is depressed by the Christmas season because it’s so commercial, but cheers up when Lucy asks him to direct the holiday pageant.  
**Starring:** Peter Robbins, Christopher Shea, Tracy Stratford, Sally Dryer  
**Directed By:** Bill Melendez, Phil Roman

**No. 10**  
**“Tangerine” (2015)**  
 After hearing that her boyfriend/pimp cheated on her while she was in jail, a hooker and

her best friend set out to find him and teach him and his new lover a lesson.  
**Starring:** Kitana Kiki Rodriguez, James Ransone, Mya Taylor, Alla Tumanian  
**Directed By:** Sean Baker

**No. 9**  
**“Carol” (2015)**  
 Therese Belivet spots the beautiful, elegant Carol perusing the doll displays in a 1950s Manhattan department store. The two women develop a fast bond that becomes a love with complicated consequences.  
**Starring:** Cate Blanchett, Kyle Chandler, Rooney Mara, Sarah Paulson  
**Directed By:** Todd Haynes

**No. 8**  
**“Meet Me in St. Louis” (1944)**  
 A romantic musical comedy that focuses on four sisters on the cusp of the 1904 St. Louis World’s Fair. The film spotlights the sisters’ education in the ways of the world, which includes, but isn’t limited to, learning about life and love, courtesy of the prototypical boy next door.  
**Starring:** Judy Garland, Margaret O’Brien, Lucille Bremer, Mary Astor  
**Directed By:** Vincente Minnelli

**No. 7**  
**“Little Women” (2019)**  
 In the years after the Civil War, Jo March lives in New York and makes her living as a writer, while her sister Amy studies painting in Paris. Amy has a chance encounter with Theodore, a childhood crush who proposed to Jo but was ultimately rejected. Their oldest sibling, Meg, is married to a schoolteacher, while shy sister Beth develops a devastating illness that brings the family back together.  
**Starring:** Saoirse Ronan, Emma Watson, Florence Pugh, Eliza Scanlan  
**Directed By:** Greta Gerwig

**No. 6**  
**“The Nightmare Before Christmas” (1993)**  
 The film follows the misadventures of Jack Skellington, Halloween town’s beloved pumpkin king, who has become bored with the same annual routine of frightening people in the “real world.” When Jack accidentally stumbles on Christmastown, all bright colors and warm spirits, he gets a new lease on life -- he plots to bring Christmas under his control by

kidnapping Santa Claus and taking over the role.  
**Starring:** Chris Sarandon, Catherine O’Hara, Glenn Shadix, Danny Elfman  
**Directed By:** Henry Selick, Tim Burton

**No. 5**  
**“How the Grinch Stole Christmas” (1967)**  
 Based on a Dr. Seuss book, this film features a Christmas-hating Grinch who wants to make everyone as miserable on Christmas as he is. The poor, small-hearted Scrooge learns the true meaning of Christmas through the loving Whos in Whoville.  
**Starring:** Boris Karloff, June Foray, Thurl Ravenscroft, Eugene Poddany  
**Directed By:** Chuck Jones, Ben Washam

**No. 4**  
**“The Shop Around the Corner” (1940)**  
 Alfred Kralik and Klara Novak are coworkers at a general store and are constantly at odds with each other, butting heads and disagreeing on almost everything. Both are enamored of their respective pen pals, who serve as welcome distractions in their lives. Little do they know, they are each the other’s pen pal and, despite outward differences, have unwittingly fallen in love through their letters.  
**Starring:** Margaret Sullavan, James Stewart, Frank Morgan, Joseph Schildkraut  
**Directed By:** Ernst Lubitsch

**No. 3**  
**“Holiday Inn” (1943)**  
 Bing Crosby and Fred Astaire sing and dance their way through this holiday-themed romantic comedy-musical, which casts the two entertainers as romantic rivals vying for the same woman -- twice. The film, which was nominated for three Academy Awards, introduced the classic Christmas song “White Christmas” by Irving Berlin.  
**Starring:** Bing Crosby, Fred Astaire, Marjorie Reynolds, Virginia Dale  
**Directed By:** Mark Sandrich

**No. 2**  
**“Miracle on 34th Street” (1947)**  
 When a nice old man who claims to be Santa Claus is institutionalized as insane, a young lawyer decides to defend him by arguing in court that he is the real thing.  
**Starring:** Edmund Gwenn, John Payne, Maureen O’Hara, Natalie Wood  
**Directed By:** George Seaton

**No. 1**  
**“It’s a Wonderful Life” (1946)**  
 After George Bailey wishes he had never been born, an angel is sent to earth to make George’s wish come true. George starts to realize how many lives he has changed and impacted, and how they would be different if he was never there.  
**Starring:** James Stewart, Donna Reed, Lionel Barrymore, Thomas Mitchell  
**Directed By:** Frank Capra

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