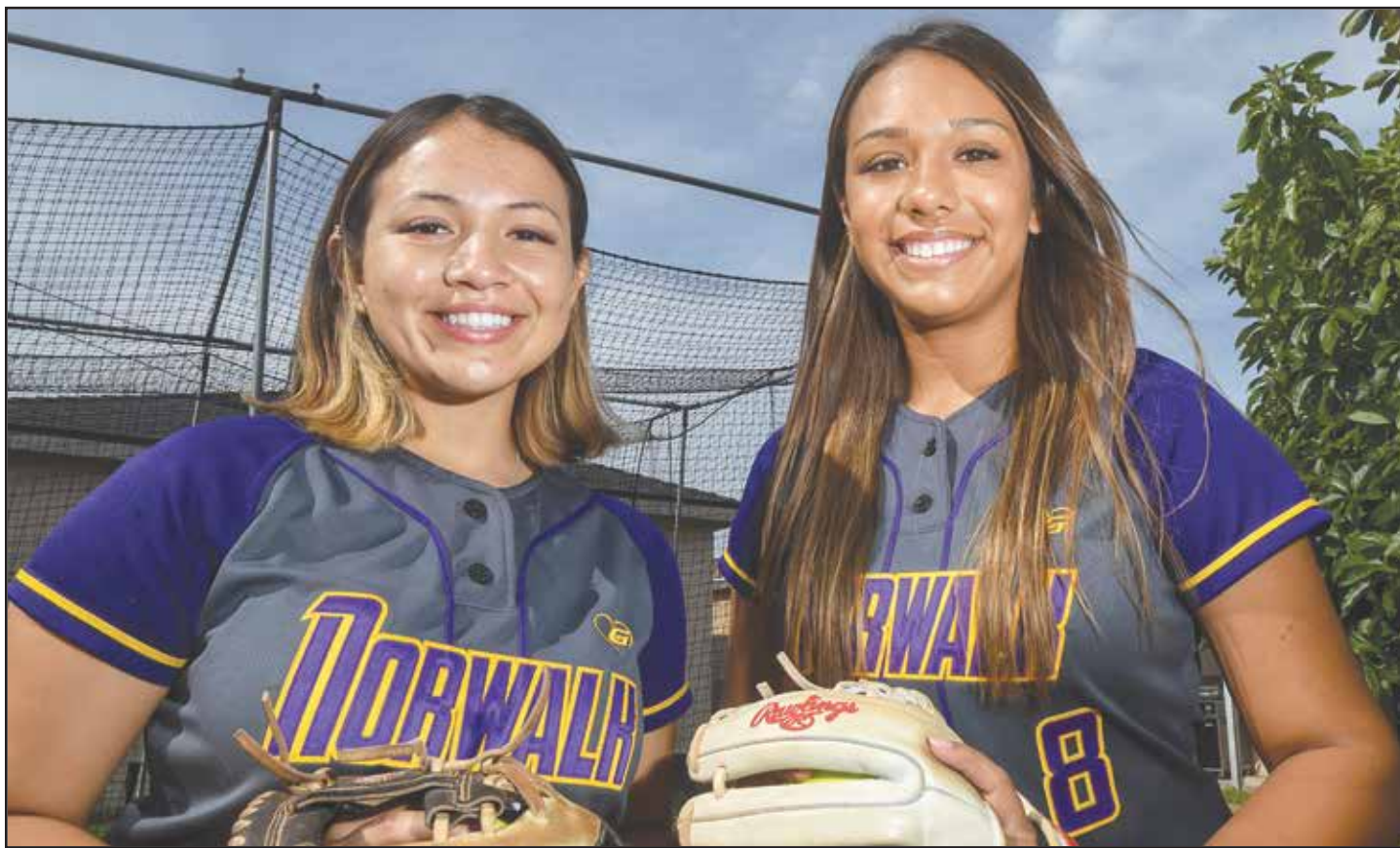


The Norwalk Patriot

Friday, June 5, 2020

Vol. 14 No. 18

14783 Carmenita Road, Norwalk, CA 90650



Norwalk softball players, Angelina Perez and Brianna Nunez will be attending Monroe College in New York to play softball. (Photos by Keith Durlfinger)

Norwalk softball duo prove inseparable

Best friends Angelina Perez and Brianna Nunez will continue their softball careers together in New York.

By John Sherrard Contributor

SANTA FE SPRINGS - Imagine two best friends playing for four years on the same team in high school and getting the chance to continue that dream in college.

Meet Angelina Perez and

Brianna Nunez of the Norwalk High School softball team.

The two seniors got the chance that not many high school softball teammates get - to play on the same team in college.

Monroe College, a community college in the Bronx, New York, is their destination.

"It's exciting to have my best friend playing together with me in college," Perez said.

"During my freshman year

my 16U coaches inspired me and motivated me," Perez said. "I never thought I was able to go to college."

Perez committed to Monroe in July and signed in February of this year.

Nunez committed in September and along with Perez signed in February, just before the shutdown began with the virus.

Nunez added, "...It's the next chapter in life and to prepare to be on my own. I was really excited and had a loss of words when I signed."

Monroe College saw hitting videos of Nunez in travel ball.

"For me, it meant that I had to keep working every time I stepped out on the dirt."

On being roommates in college, Nunez said, "..... It's really exciting to go with someone through life. She (Perez) is like the sister I never had."

The Monroe coaches have a connection with travel ball coach, Bobby Medina. "They helped me with all of the college connections and other seniors on this team," Perez said.

Senior Destiny Cervantez will play at El Camino College.

Both Perez and Nunez started as freshmen at Norwalk and continued all four years.

Nunez has actually been to New York, in the summer before she became a freshman at Norwalk.

"I've been to New York and visited Central Park and Philadelphia and Washington, D.C.," Nunez said.

Nunez has spent her years as a middle infielder, playing shortstop and also on the hot corner at third, while Perez started as an outfielder as a freshman and moved to the middle infield in her sophomore and junior years and has mostly pitched this season.

"They are bright kids and super sharp," Norwalk third-year coach David Gonzalez said. "One of the benefits of athletics is the opportunity to move on."

"It's some real fun ahead of them and the fact that this is the next step is great. I'm so happy for them, having each other to lean on."

Continued on page 8

Target break-in results in minimal losses



(Photo by L.A. County Sheriff's Department)

NORWALK - Norwalk Deputies responded to the Target located at 10600 Firestone Blvd during the early morning hours on Tuesday, in regards to a burglary and potential looting call.

Upon their arrival, officials

detained three adults attempting to exit, while others fled in a red Camaro.

"Fortunately Target and our deputies were prepared and the loss was minimal," the department in a Facebook post.

Norwalk COVID-19 statistics: 516 cases 22 deaths

Information collected from Los Angeles County Public Health website: <http://publichealth.lacounty.gov/media/coronavirus/locations.htm>.

Updated numbers as of 8 pm on Tuesday, June 2.

Norwalk restaurant grades

Luisa & Son
12533 Alondra Blvd.
Date Inspected: 5/28/20
Grade: **A**

Salud Perfecta
15722 Pioneer Blvd.
Date Inspected: 5/28/20
Grade: **A**

Pizza Hut
11006 Rosecrans Ave.
Date Inspected: 5/27/20
Grade: **A**

Subway
15925 Pioneer Blvd.
Date Inspected: 5/27/20
Grade: **A**

El Paraiso Juice Bar
15002 Pioneer Blvd.
Date Inspected: 5/27/20
Grade: **A**

Taco Bell
14301 Pioneer Blvd.
Date Inspected: 5/27/20
Grade: **A**

Alberts Mexican Food
11543 Firestone Blvd.
Date Inspected: 5/26/20
Grade: **A**

Outback
12850 Norwalk Blvd.
Date Inspected: 5/26/20
Grade: **A**

Chuchi's Bionicos
16220 Pioneer Blvd.
Date Inspected: 5/26/20
Grade: **A**

The Habit Burger Grill
12401 Norwalk Blvd.
Date Inspected: 5/26/20
Grade: **A**

La Corona Bakery
15708 1/4 Pioneer Blvd.
Date Inspected: 5/22/20
Grade: **A**

Wiki Ramen World
13220 San Antonio Dr.
Date Inspected: 5/21/20
Grade: **A**

So Cal Pizza
12253 Imperial Hwy.
Date Inspected: 5/7/20
Grade: **A**

Applebees
12129 Imperial Hwy.
Date Inspected: 5/7/20
Grade: **A**

Denny's
12616 Pioneer Blvd.
Inspected: 5/6/20
Grade: **A**

Albert's Mexican Food
11610 Imperial Hwy
Date Inspected: 5/6/20
Grade: **A**

CC Pho
12359 Imperial Hwy
Date Inspected: 5/6/20
Grade: **A**

Don Julio's Tacos and Tamales
12856 Pioneer Blvd.
Date Inspected: 5/6/20
Grade: **A**

Wienerchnitzel
11610 Alondra Blvd.
Date Inspected: 5/5/20
Grade: **A**

KFC
10937 Alondra Blvd.
Date Inspected: 5/5/20
Grade: **A**

Tam's Super Burgers
11700 Rosecrans Ave
Date Inspected: 4/29/20
Grade: **A**

Bobos
12949 Rosecrans Ave.
Date Inspected: 4/22/20
Grade: **A**

El Marinero
11025 Alondra Blvd.
Date Inspected: 4/22/20
Grade: **A**

Weekend at a Glance

Friday 74°

Saturday 74°

Sunday 77°

ON THIS DAY JUNE 5

1883: The first regularly scheduled Orient Express departed Paris.

1942: The United States declared war on Bulgaria, Hungary, and Romania.

1956: Elvis Presley introduced his new single, "Hound Dog", on The Milton Berle Show, scandalizing the audience with his suggestive hip movements.

1968: Presidential candidate Robert F. Kennedy was assassinated at the Ambassador Hotel in Los Angeles. He was 42.



1981: The Centers for Disease Control and Prevention reported that five people in Los Angeles had a rare form of pneumonia seen only in patients with weakened immune systems, in what turned out to be the first recognized cases of AIDS.

1989: The Tank Man halts the progress of a column of advancing tanks for over half an hour after the Tiananmen Square protests of 1989.



2003: A severe heat wave across Pakistan and India reached its peak, as temperatures exceeded 122 °F in the region.

2009: After 65 straight days of civil disobedience, at least 31 people were killed in clashes between security forces and indigenous people near Bagua, Peru.

Notable Birthdays
Financial advisor **Suze Orman** turns 69. Saxophonist **Kenny G** turns 64. Actor and comedian **Jeff Garlin** turns 58. R&B singer **Brian McKnight** turns 51. Actor **Mark Wahlberg** turns 49. Actor and comedian **Nick Kroll** turns 42.

Notable Deaths
Ferdinand and the Holy Prince died in 1443 at age 40. President **Ronald Reagan** died in 2004 at age 93. Science fiction writer **Ray Bradbury** died in 2012 at age 91. Fashion designer **Kate Spade** died in 2018 at age 55.

Holidays
Today is **National Donut Day**, a holiday that requires no explanation. Many donut chains are celebrating by offering free donuts.

Also celebrated today is **Festival of Popular Delusions Day**. The day originated in Germany and marks the last day the Nazis were able to delude themselves that they would rule the Earth for a thousand years.

June 5 is also **National Hot Air Balloon Day**, which honors the history of the hot air balloon. If you can't actually ride a hot air balloon today, you can still celebrate by watching films such as "Five Weeks in a Balloon" or the Disney film "Up."

Letter from a Birmingham Jail

16 April 1963

My Dear Fellow Clergymen:

While confined here in the Birmingham city jail, I came across your recent statement calling my present activities "unwise and untimely." Seldom do I pause to answer criticism of my work and ideas. If I sought to answer all the criticisms that cross my desk, my secretaries would have little time for anything other than such correspondence in the course of the day, and I would have no time for constructive work. But since I feel that you are men of genuine good will and that your criticisms are sincerely set forth, I want to try to answer your statement in what I hope will be patient and reasonable terms.

I think I should indicate why I am here in Birmingham, since you have been influenced by the view which argues against "outsiders coming in." I have the honor of serving as president of the Southern Christian Leadership Conference, an organization operating in every southern state, with headquarters in Atlanta, Georgia. We have some eighty five affiliated organizations across the South, and one of them is the Alabama Christian Movement for Human Rights. Frequently we share staff, educational and financial resources with our affiliates. Several months ago the affiliate here in Birmingham asked us to be on call to engage in a nonviolent direct action program if such were deemed necessary. We readily consented, and when the hour came we lived up to our promise. So I, along with several members of my staff, am here because I was invited here. I am here because I have organizational ties here.

Birmingham because injustice is here. Just as the prophets of the eighth century B.C. left their villages and carried their "thus saith the Lord" far beyond the boundaries of their home towns, and just as the Apostle Paul left his village of Tarsus and carried the gospel of Jesus Christ to the far corners of the Greco Roman world, so am I compelled to carry the gospel of freedom beyond my own home town. Like Paul, I must constantly respond to the Macedonian call for aid.

Moreover, I am cognizant of the interrelatedness of all communities and states. I cannot sit idly by in Atlanta and not be concerned about what happens in Birmingham. Injustice anywhere is a threat to justice everywhere. We are caught in an inescapable network of mutuality, tied in a single garment of destiny. Whatever affects one directly, affects all indirectly. Never again can we afford to live with the narrow, provincial "outside agitator" idea. Anyone who lives inside the United States can never be considered an outsider anywhere within its bounds.

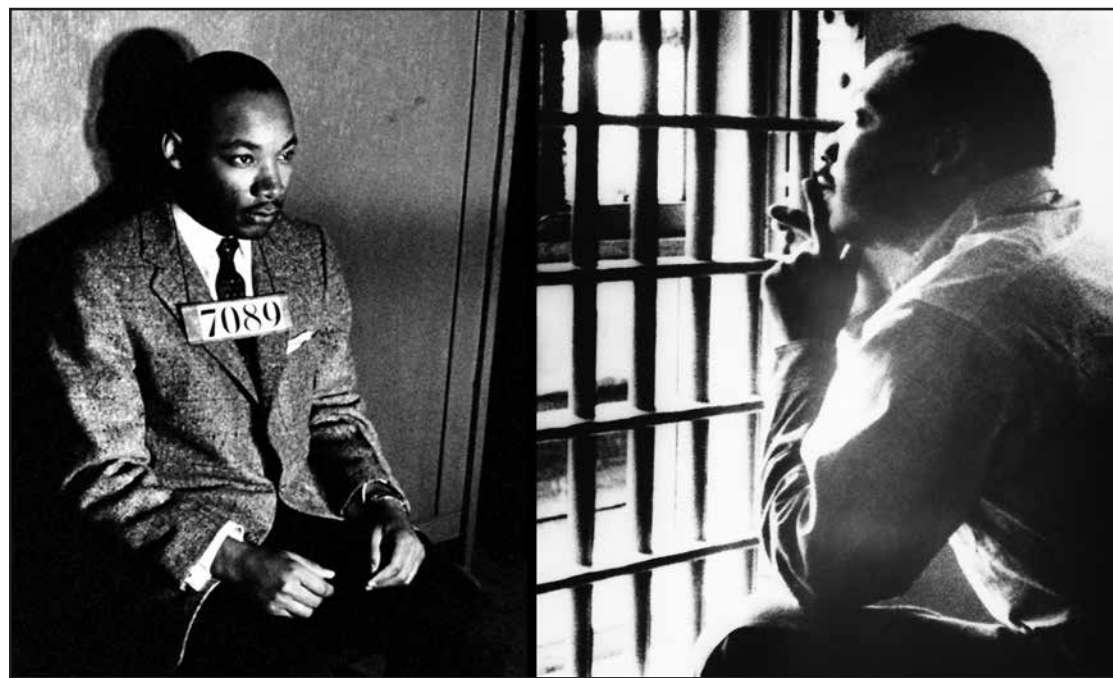
You deplore the demonstrations taking place in Birmingham. But your statement, I am sorry to say, fails to express a similar concern for the conditions that brought about the demonstrations. I am sure that none of you would want to rest content with the superficial kind of social analysis that deals merely with effects and does not grapple with underlying causes. It is unfortunate that demonstrations are taking place in Birmingham, but it is even more unfortunate that the city's white power structure left the Negro community with no alternative.

In any nonviolent campaign

But more basically, I am in

there are four basic steps: collection of the facts to determine whether injustices exist; negotiation; self purification; and direct action. We have gone through all these steps in Birmingham. There can be no gainsaying the fact that racial injustice engulfs this community. Birmingham is probably the most thoroughly segregated city in the United States. Its ugly record of brutality is widely known. Negroes have experienced grossly unjust treatment in the courts. There have been more unsolved bombings of Negro homes and churches in Birmingham than in any other city in the nation. These are the hard, brutal facts of the case. On the basis of these conditions, Negro leaders sought to negotiate with the city fathers. But the latter consistently refused to engage in good faith negotiation.

Then, last September, came the opportunity to talk with leaders of Birmingham's economic community. In the course of the negotiations, certain promises were made by the merchants--for example, to remove the stores' humiliating racial signs. On the basis of these promises, the Reverend Fred Shuttlesworth and the leaders of the Alabama Christian Movement for Human Rights agreed to a moratorium on all demonstrations. As the weeks and months went by, we realized that we were the victims of a broken promise. A few signs, briefly removed, returned; the others remained. As in so many past experiences, our hopes had been blasted, and the shadow of deep disappointment settled upon us. We had no alternative except to prepare for direct action, whereby we would present our very bodies as a means of laying our case before the conscience of the local and the national community. Mindful of the difficulties involved, we decided to undertake a process of self purification. We began a series of workshops on nonviolence, and



we repeatedly asked ourselves: "Are you able to accept blows without retaliating?" "Are you able to endure the ordeal of jail?" We decided to schedule our direct action program for the Easter season, realizing that except for Christmas, this is the main shopping period of the year. Knowing that a strong economic-withdrawal program would be the by product of direct action, we felt that this would be the best time to bring pressure to bear on the merchants for the needed change.

Then it occurred to us that Birmingham's mayoral election was coming up in March, and we speedily decided to postpone action until after election day. When we discovered that the Commissioner of Public Safety, Eugene "Bull" Connor, had piled up enough votes to be in the run off, we decided again to postpone action until the day after the run off so that the demonstrations could not be used to cloud the issues. Like many others, we waited to see Mr. Connor defeated, and to this end we endured postponement after postponement. Having aided in this community need, we felt that our direct action program

could be delayed no longer.

You may well ask: "Why direct action? Why sit ins, marches and so forth? Isn't negotiation a better path?" You are quite right in calling for negotiation. Indeed, this is the very purpose of direct action. Nonviolent direct action seeks to create such a crisis and foster such a tension that a community which has constantly refused to negotiate is forced to confront the issue. It seeks so to dramatize the issue that it can no longer be ignored. My citing the creation of tension as part of the work of the nonviolent resister may sound rather shocking. But I must confess that I am not afraid of the word "tension." I have earnestly opposed violent tension, but there is a type of constructive, nonviolent tension which is necessary for growth. Just as Socrates felt that it was necessary to create a tension in the mind so that individuals could rise from the bondage of myths and half truths to the unfettered realm of creative analysis and objective appraisal, so must we see the need for nonviolent gadflies to create the kind of tension in society that will help men rise from

the dark depths of prejudice and racism to the majestic heights of understanding and brotherhood. The purpose of our direct action program is to create a situation so crisis packed that it will inevitably open the door to negotiation. I therefore concur with you in your call for negotiation. Too long has our beloved Southland been bogged down in a tragic effort to live in monologue rather than dialogue.

One of the basic points in your statement is that the action that I and my associates have taken in Birmingham is untimely. Some have asked: "Why didn't you give the new city administration time to act?" The only answer that I can give to this query is that the new Birmingham administration must be prodded about as much as the outgoing one, before it will act. We are sadly mistaken if we feel that the election of Albert Boutwell as mayor will bring the millennium to Birmingham. While Mr. Boutwell is a much more gentle person than Mr. Connor, they are both segregationists, dedicated to maintenance of the status quo. I have hope that Mr. Boutwell will be reasonable enough to see the futility of massive resistance to desegregation. But he will not see this without pressure from devotees of civil rights. My friends, I must say to you that we have not made a single gain in civil rights without determined legal and nonviolent pressure. Lamentably, it is an historical fact that privileged groups seldom give up their privileges voluntarily. Individuals may see the moral light and voluntarily give up their unjust posture; but, as Reinhold Niebuhr has reminded us, groups tend to be more immoral than individuals.

We know through painful experience that freedom is never voluntarily given by the oppressor; it must be demanded by the oppressed. Frankly, I have yet to engage in a direct action campaign that was "well timed" in the view of those who have not suffered unduly from the disease of segregation. For years now I have heard the word "Wait!" It rings in the ear of every Negro with piercing familiarity. This

Continued on page 10

In Memory of

Maria Teresa Farfán Blamey

June 24, 1929 - May 4, 2020



On the morning of May 4, 2020, our beloved mother, Maria Teresa Farfán Blamey passed on. Born June 24, 1929 in San Luis Potosí, Mexico, she lived the majority of her life in Southern California. Widowed twice, she became an American citizen in 1984, and took great pride in her citizenship. Her legacy continues with her six children,

Mary Lou, Carmen, Sylvia, James, Gloria, Edward, sixteen grandchildren, and eight great grandchildren whose family and professional accomplishments she was especially proud of. Her children ran fire departments, retired from a police department, worked for the LA county school district in special education, executed mortgage transactions at major banks, engaged in developing a successful family business, taught and led in major universities of the United States.

She was an expert seamstress, exceptional cook, a gifted soprano, who not only enjoyed opera, but also classical piano, big band era jazz, dance, and traditional music from Mexico. She was truly engaged with the betterment of her local community as a volunteer for the Norwalk senior citizen center who honored her with numerous awards that acknowledged her commitment.

Her caring presence will be greatly missed by family. She was a loving mother, dedicated to her family, especially in her final years. She will be interred at Holy Cross Cemetery, Culver City, California.

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A case of negligent homicide

By Joe Conason

A normal president of either political party would have read by now the dark milestone that the country passed this week, when American deaths from coronavirus passed 100,000 in a space of three months. A normal president would have felt compelled to face up to this terrible reality in a spirit of unity and compassion, speaking to us from the Oval Office or a house of worship. A normal president would not brush aside those deaths with a perfunctory tweet, wedged with minimal sincerity into his daily outpouring of poison.

But Donald Trump isn't a normal president. He is a perpetrator. And he cannot respond appropriately to this monumental tragedy — he must instead do anything he can to distract us — because he is conscious of his own guilt.

The definition of negligent homicide is the killing of another person through gross negligence, which is exactly what Trump has inflicted, on a scale that was once unimaginable.

So, whatever Trump says about China or the World Health Organization or Joe Scarborough or Barack Obama or Twitter, he knows the pandemic in America is a massive case of manslaughter — perhaps the largest such instance in American history and certainly the worst in the world today.

On Friday, Trump withdrew the United States from the WHO, yet another action among many White House missteps that will prolong the pandemic, endanger Americans and others, and damage our global position. It is nothing but another attempt to blame others for the stunning ineptitude of Trump's government.

Whatever WHO officials may have said or done to maintain cooperation with Beijing, the inescapable fact is that its warnings were delivered at the same time to every member state — including nations like South Korea, New Zealand and Germany, which managed to protect their populations with far greater success than the United States.

And whatever the political shortcomings of the WHO, Trump repeatedly received flashing-red briefings about the looming coronavirus pandemic from our own intelligence agencies, which, of course, he ignored. His trade adviser Peter Navarro tried to tell him in January that this new coronavirus could kill hundreds of thousands of Americans.

Indeed, Obama administration officials had tried to make Trump aware of the likelihood of a pandemic during the 2017 transition and then watched in horror as his vandals dismantled the global health apparatus in the National Security Council and withdrew the teams monitoring potential disease threats around the world — including Wuhan, China.

Even Joe Biden tried to warn Trump last fall, when the first traces of an ominous zoonotic illness were detected. On October 24, 2019, the former vice president posted a prophetic tweet: "We are not prepared for a pandemic. Trump has rolled back progress President Obama and I made to strengthen global health security. We need leadership that builds public trust, focuses on real threats, and mobilizes the world to stop outbreaks before they reach our shores."

But rather than absorb and act on any of those crucial admonitions, Trump listened as he always does to quacks and imbeciles talking on

cable television, who assured him this virus was no more threatening than the flu. That was what he wanted to believe, and he acted — or, more precisely, failed to act — accordingly.

So, he told us that China had "everything under control." He said that warm weather would get rid of the virus. He promised that the virus would go away "like a miracle." He uttered many idiotic pronouncements about the virus, none of them based on fact or science. With his usual preference for isolationist stupidity, he closed our airports to travelers from China — except for Americans and travelers who had visited another country on their way from China. He still boasts about this travel ban, which we now know achieved nothing and likely made matters worse when he extended it to Europe (which unwittingly sent the virus to New York and set off the epidemic here).

The latest estimate is that Trump might have prevented nearly half of 100,000 deaths suffered here over the past few months if he had acted swiftly and wisely in late February. He must know now that his dithering incompetence cost an additional 40,000 lives, at a minimum. And yet he recklessly continues to inflict new mayhem, making false claims for nonexistent cures, encouraging premature reopenings and sending a fatally false message about face masks.

The numbers make the indictment: With roughly 4% of the world's population, the U.S. has tolled nearly 25% of the world's coronavirus deaths. There will be thousands more people who didn't have to die. Trump's feckless failure doomed them.

Joe Conason is a journalist, author and nationally syndicated columnist.

Twitter's left wing bias

By Adriana Cohen

It's ironic that Democrats and their mouthpieces in media have been pounding the table the past few years about Russia, Russia, Russia and the importance of preserving the integrity of our elections while overlooking the fox in the henhouse of Silicon Valley.

A powerful tech sector, run by ultra-liberal political activists at Twitter and other social media networks, routinely censor conservatives and any voices that stray from its left-wing ideology. This includes Senate Majority Leader Mitch McConnell, R-Ky., whose Twitter account was suspended last August. This week, ranking member of the House Judiciary Committee Rep. Jim Jordan, R-Ohio, tweeted: "Two years ago, Twitter shadow bans @RepMattGaetz @MarkMeadows @DevinNunes and myself. Now they've decided to censor @realDonaldTrump What's next, @jack?"

Of course, Jack Dorsey, Twitter's CEO, denies any foul play while the rest of us see pervasive evidence of alarming political bias — and de facto election meddling.

Take Twitter's latest attempt to humiliate President Donald Trump by fact-checking some of his tweets expressing concern about mail-in voter fraud. This week, Twitter singularly targeted the president — in the midst of a presidential election cycle — effectively labeling his tweets as "fake news" despite ample evidence that mail-in voter fraud exists. Had Twitter administrators bothered to do a simple internet search, they would've found that federal prosecutors charged Thomas Cooper, a 47-year-old postal carrier, on Tuesday for fraudulently altering mail-in ballots from one political party to another.

Or Twitter's content monitors could've easily gone to WhiteHouse.gov and found a comprehensive study done by the

Heritage Foundation which details scores of examples of voter fraud surrounding absentee ballots. Or, heck, Twitter could've watched a 2004 video available on YouTube by Rep. Jerry Nadler, D-N.Y., who warned: "Paper ballots are EXTREMELY susceptible to fraud... I can show you experience which would make your head spin."

This is precisely what the president was warning us about in his tweets, but alas, Twitter's "fact-checkers" either didn't bother to do basic research or, worse, deliberately chose not to.

If you suspect it's the latter, then you are correct given the politically charged, anti-Trump tweets recently uncovered and outlined in an eye-opening piece by Gregg Re at Fox News. Yoel Roth, Twitter's Head of Site Integrity has tweeted his disdain for our commander in chief and the millions of patriotic, law-abiding Americans who support him. In November 2016, Roth tweeted "I'm just saying, we fly over those states that voted for a racist tangerine for a reason."

Translation: If you live in "fly-over" states and voted for Trump, then your voice doesn't count.

Or how about this missive? In September 2016, Roth tweeted: "I've never donated to a presidential campaign before, but I just gave \$100 to Hillary for America. We can't f--- around anymore." Roth has also compared the Trump administration to "ACTUAL NAZIS."

This is who Twitter wants us to trust as a "neutral" fact-checker.

Now also consider that when Twitter "fact-checked" the president, it linked to selectively chosen information that attempts to counter the accuracy of the president's tweets. Articles that were — you guessed it — created by anti-Trump left-wing media.

No bias there right?

But that's not all. What's also glaringly obvious and warranting the executive action by the president we're told is forthcoming is that Twitter hasn't fact-checked any Democratic lawmakers, media outlets or blue check-marked "journalists" who've spent the past four years spreading malicious lies and misinformation about the Russia collusion conspiracy theory and propaganda campaign that was waged against President Trump and his 2016 campaign since debunked by a special counsel probe.

Twitter is "fact-checking" the president — while turning a blind eye to his past and present political opponents who've spread malicious misinformation on its platform in an attempt to stop Trump from getting elected in 2016 and to block him from getting re-elected this November.

This stacked deck has sparked a widespread backlash against Twitter and a historic warning by the president via tweet Thursday morning: "This will be a Big Day for Social Media and FAIRNESS!" The president is expected to announce an executive order addressing the matter in the near future.

Not a minute too soon! Twitter has not only demonstrated rampant political bias for far too long — it's also crossed the line into election meddling — as studies have shown most voters get their news online. So if Conservative candidates like the president are being censored but not his Democrat opponent, Joe Biden, it's a rigged system that jeopardizes the integrity of our elections.

It's high time to right the ship.

Joe Conason is a radio host, TV commentator, and syndicated columnist.

Will Joe Biden be America's second Catholic president?

By Terence P. Jeffrey

While the Republican Party has never nominated a Catholic for president, no Democrat has been elected president in the last 60 years without having the support of at least a plurality of Catholic voters, as measured by either an exit poll or Gallup's last pre-election poll.

In 1960, the last Gallup poll before the election showed John F. Kennedy leading Republican candidate Richard Nixon 78% to 22% among Catholics.

Kennedy became the first Catholic president.

In 12 of the 14 elections since then, the candidate who won the Catholic vote also won the White House.

And Republicans Richard Nixon and George W. Bush — the two candidates who initially won while losing the Catholic vote — both came back and won reelection while winning the Catholic vote.

Nixon trailed Hubert Humphrey 33% to 59% among Catholics in the last Gallup poll before the 1968 election. But in the last Gallup poll before the 1972 election, he led George McGovern by 52% to 48% among Catholics.

In 2000, George W. Bush lost the Catholic vote to Al Gore by 50% to 47%, according to the exit poll published by the Pew Research

Center. But in 2004, according to the exit poll, Bush won the Catholic vote over Catholic candidate John Kerry by 52% to 47%.

George H.W. Bush had the opposite experience. In 1988, according to the exit poll published by The New York Times, the senior Bush beat Michael Dukakis 52% to 47% among Catholics. But in 1992, the senior Bush trailed Bill Clinton 47% to 35% among Catholics (with Ross Perot at 18%) in the last Gallup poll before he lost the presidency.

In 2008 and 2012, Barack Obama won the Catholic vote over John McCain (54% to 45%) and Mitt Romney (50% to 48%), according to the exit polls published by Pew.

In 2016, Donald Trump won the Catholic vote over Hillary Clinton by 52% to 45%.

This pattern raises an interesting question about this year's election: Will Joe Biden win the Catholic vote and become America's second Catholic president?

Or will he suffer the fate of John Kerry?

Biden often talks of his Catholicism in political settings.

"I'm a practicing Catholic, which, I guess, as a Democrat, is getting harder to be," Biden said at a Jan. 19, 2005 confirmation hearing for Secretary of State nominee Condoleezza Rice.

On April 29, 2007, Biden made a similar statement on NBC's "Meet the Press."

Tim Russert asked him: "You have changed your position on abortion. When you came to the Senate, you believed that Roe v. Wade was not correctly decided, and that you also believe that a right of abortion was not secured by the Constitution. Why did you change your mind?"

"Well, I was 29 years old when I came to the United States Senate, and I have learned a lot," Biden said in response.

"Look, Tim," he continued, "I'm a practicing Catholic, and it is the biggest dilemma for me in terms of comporting my religious and cultural views with my political responsibility."

In other words, Biden had come to believe by 2007 that it was his "political responsibility" to support the legalized killing of an unborn child.

"I still am opposed to public funding of abortion," Biden told Russert in that same 2007 interview.

On his current campaign website, Biden has a page entitled, "Joe Biden's Vision for America."

"I'm a practicing Catholic," Biden says at the top of this page. "I believe faith is a gift. And the first obligation we all have is, 'Love your God,' the second one is, 'Love your neighbor as yourself.' ... 'Treat people with dignity.' Everyone's entitled to dignity, that's a basic tenet in my household."

Elsewhere on his webpage, Biden explains how he is going to treat unborn children.

"As president," it says, "Biden will work to codify Roe v. Wade, and his Justice Department will do everything in its power to stop the rash of state laws that so blatantly violate the constitutional right to an abortion."



Biden, says his website, will restore "federal funding for Planned Parenthood" and "supports repealing the Hyde Amendment," which prohibits federal funding of abortion except in cases of rape, incest or when the life of the mother is endangered.

Biden also plans to give men government documents that say they are women (and vice versa).

"Biden believes every transgender or non-binary person should have the option of changing their gender marker to 'M,' 'F,' or 'X' on government identifications, passports, and other documentation," says his website.

He also hopes to "restore transgender students' access to sports, bathrooms, and locker rooms in accordance with their gender identity."

And his plan for health care "includes covering care related to transitioning — including gender confirmation surgery."

Whether Joe Biden becomes America's second Catholic president may depend on his ability to persuade fellow Catholics they should vote for a president who supports codifying a right to abortion, forcing taxpayers to fund abortion, letting men declare they are women and providing them with government documentation — or surgery — to establish that "fact."

Terence P. Jeffrey is the editor in chief of CNSnews.com.

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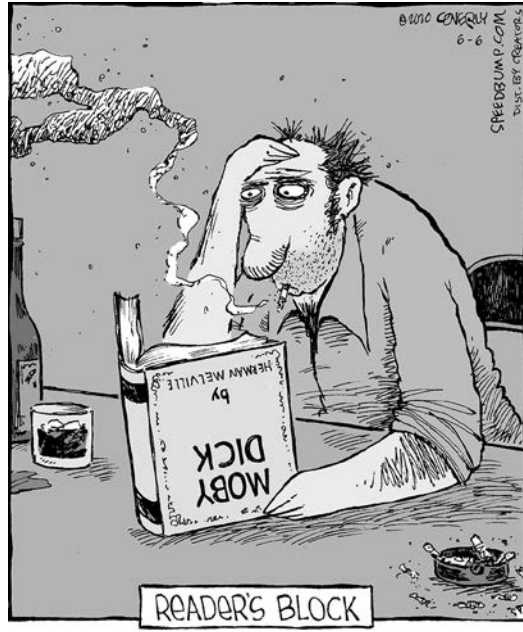
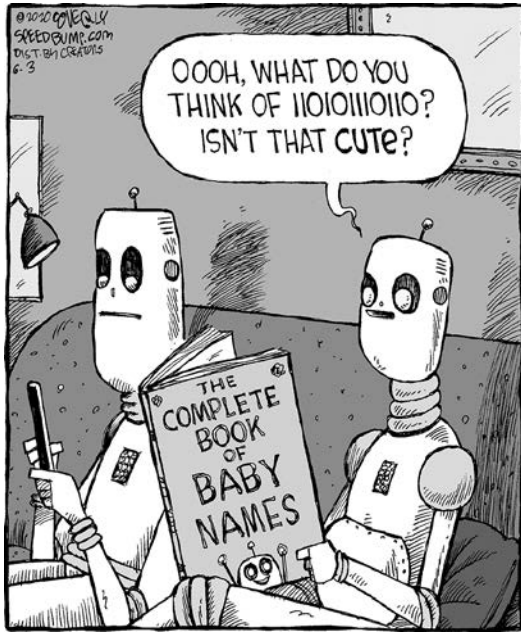
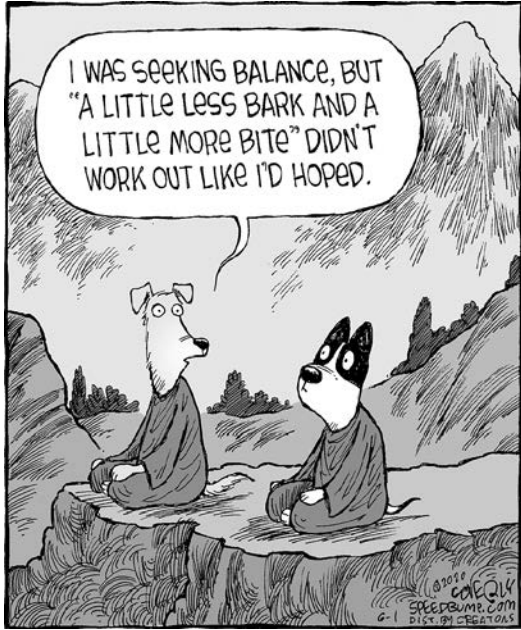
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CALENDAR OF EVENTS

- MONDAYS: 1st, 6:00 p.m. - Public Safety meetings - Council Chambers
TUESDAYS: 8:00 a.m. - 1:00 p.m. - Farmers Market - Excelsior High School
WEDNESDAYS: 1st, 12:30 p.m. - Soroptimist International - Soroptimist Village
THURSDAYS: 7:00 p.m. - Boy Scouts Troop 924 - Norwalk United Methodist Church
SATURDAYS: 2nd, 8:30 a.m. - 10:30 a.m. - Pancake Breakfast - First Christian Church of Norwalk

Turn Those UNUSED ITEMS in to CASH! Our Deadline for Classified is Wednesday at 11:00 am (562) 904-3668 The Norwalk Patriot

THE NEWSDAY CROSSWORD Edited by Stanley Newman (www.StanXwords.com) THREE IN A ROW: Covering 18 of 26 by Fred Piscop

CREATORS SYNDICATE © 2020 STANLEY NEWMAN WWW.STANXWORDS.COM 5/31/20 Crossword grid with clues for 1-110.

ADVERTISING POLICY The Norwalk Patriot reserves the right to censor, reclassify, revise or reject any ad. You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com.

LEGALIS

FICT. BUS NAME

FICTITIOUS BUSINESS NAME STATEMENT
File Number: 2020082760
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) SUPERIOR HANDFORGE, 9910 JORDAN CIRCLE, SANTA FE SPRINGS CA 90670, LA COUNTY, PO BOX 12738, NEWPORT BEACH CA 92658
Articles of Incorporation or Organization Number (if applicable): AI #CON: C2244073
REGISTERED OWNER(S): (1) ALBERT INDUSTRIES LTD., 16160 SCIENTIFIC WAY, IRVINE CA 92618
State of Incorporation: CA
THIS BUSINESS IS CONDUCTED BY: a Corporation
The date registrant started to transact business under the fictitious business name or names listed above: 05/2015
I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)
S/ ALBERT INDUSTRIES LTD., CFO, TRACY MULLER
This statement was filed with the County Clerk of Los Angeles on MAY 15, 2020
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).
The Norwalk Patriot 6/5/20, 6/12/20, 6/19/20, 6/26/20

GOVERNMENT

CITY OF NORWALK
NOTICE OF PUBLIC HEARING
PROPOSED FISCAL YEAR 2020/21 BUDGET FOR THE CITY OF NORWALK
Date: Tuesday, June 16, 2020
Time: 6:00 p.m. or as soon thereafter as the matter may be heard
Place: Via Videoconference, Norwalk City Hall, 12700 Norwalk Boulevard, Norwalk, CA 90650
Description: The City Council of the City of Norwalk will conduct a public hearing for review and adoption of Resolution No. 20-39,

a proposed budget, which includes the City's planned Capital Improvement Projects for the period beginning July 1, 2020. A copy of said proposed budget is on file in the City Clerk's Office.
Public Comment: Interested persons may review the agenda report for the above-described matter at the City's webpage at: https://www.norwalk.org/city-hall/meeting-agendas-393. Until further notice, the City Council meetings will be conducted pursuant to the provisions of the Governor's Executive Orders N-25-20 and N-35-20, which does allow for City Council and/or staff to videoconference. As a precaution to protect both staff, our constituents, and commissioners, public access to the meeting in person is not allowed due to the Governor's Executive Orders. You may watch the meeting from home on Charter Channel 3, Verizon Fios Channel 32, or livestream through the City's website. Additionally, as City Council meetings are now closed to the public, if you wish to make a comment on an agenda item or provide oral communications (during the meeting), you may provide input either by phone or electronically through the following procedures: 1) By emailing publiccomments@norwalkca.gov. Please limit your comments to three (3) minutes maximum, which is the same time allotted at meetings; emails will be read during the meeting; or 2) By dialing into the GoToMeeting at +1 (872) 240-3212, Access Code 155-352-973, to speak on the matter. If you challenge the proposed matter, you may be limited to only those issues raised at the public hearing described in this notice, or in written correspondence delivered prior to the public hearing.
More Information: Should you have any questions regarding this matter, please contact Jana Stuard, Finance Director at (562) 929-5748, jstuard@norwalkca.gov.
Accessibility: In compliance with the Americans with Disabilities Act, if you need special assistance to participate in a City meeting or other services offered by this City, please contact the City Clerk Department at (562) 929-5720. Notification at least 48 hours prior to the meeting or time when services are needed will assist the City staff in assuring that reasonable arrangements can be made to provide participation in the meeting or service.
Dated this 4th day of June 2020.
Theresa Devoy, CMC City Clerk
The Norwalk Patriot 6/5/20

CITY OF NORWALK
NOTICE OF PUBLIC HEARING
ADJUSTMENT OF FEES AND SERVICE CHARGES
Date: Tuesday, June 16, 2020
Time: 6:00 p.m. or as soon thereafter as the matter may be heard
Place: Via Videoconference, Norwalk City Hall, 12700 Norwalk Boulevard, Norwalk, CA 90650
Project Description: The City Council will

conduct a public hearing to consider adoption of Resolution No. 20-43, which would establish and/or adjust citywide fees and service charges, including, but not limited to, development fees such as applications for zone changes, conditional use permits and variances, park use fees, recreation class fees, regulatory business permits, pet license fees, utilities department fees, and facility rentals and other similar fees and charges. A copy of a Comprehensive User Fee Study showing the cost to the City to provide the services or process the permits for which the fees are imposed and prepared for the City by an independent firm is on file in the City Clerk's Office.
Public Comment: Interested persons may review the agenda report for the above-described project at the City's webpage at: https://www.norwalk.org/city-hall/meeting-agendas-393. Until further notice, the City Council meetings will be conducted pursuant to the provisions of the Governor's Executive Orders N-25-20 and N-35-20, which does allow for City Council and/or staff to videoconference. As a precaution to protect both staff, our constituents, and commissioners, public access to the meeting in person is not allowed due to the Governor's Executive Orders. You may watch the meeting from home on Charter Channel 3, Verizon Fios Channel 32, or livestream through the City's website. Additionally, as City Council meetings are now closed to the public, if you wish to make a comment on the matter (during the meeting), you may provide input either by phone or electronically through the following procedures: 1) By emailing publiccomments@norwalkca.gov. Please limit your comments to three (3) minutes maximum, which is the same time allotted at meetings; emails will be read during the meeting; or 2) By dialing into the GoToMeeting at +1 (872) 240-3212, Access Code 155-352-973, to speak on the matter. If you challenge the proposed matter, you may be limited to only those issues raised at the public hearing described in this notice, or in written correspondence delivered prior to the public hearing.
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Dated this 29th day of May 2020.
Theresa Devoy, CMC, City Clerk
The Norwalk Patriot 5/29/20, 6/5/20

NOTICES
SUPERIOR COURT OF CALIFORNIA,
Attorney for Petitioner ERNEST J. KIM, ESQ. SBN 181280 CATHERINE KIM, ESQ. SBN 243811
LAW OFFICES OF ERNEST J. KIM 17541 17TH ST., STE 100 TUSTIN CA 92780 6/5, 6/12, 6/19/20
CNS 3369790 The Norwalk Patriot 6/5/20, 6/12/20, 6/19/20

COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME
CASE NUMBER: 20NWCP00029
TO ALL INTERESTED PERSONS: Petitioner GENE ARYN GUZMAN filed a petition with this court for a decree changing names as follows:
Present name (1) GENE ARYN GUZMAN TO SUCCESSIVE WEEKS PRIOR TO THE DATE SET FOR HEARING ON THE PETITION IN THE FOLLOWING NEWSPAPER OF GENERAL CIRCULATION, PRINTED IN THE COUNTY, THE NORWALK PATRIOT JANUARY 24, 2020
Judge Margaret M. Bernal Judge Of The Superior Court
PENSIONER OR ATTORNEY, IN PRO PRER
GENE ARYN GUZMAN 205 LEUCADIA RD LOS HABRA HEIGHTS, CA 90631 714-397-3651
The Norwalk Patriot 5/22/20, 5/29/20, 6/5/20, 6/12/20

PROBATE
NOTICE OF PETITION TO ADMINISTER ESTATE OF: JOHNNY YEON CHUNG AKA JOHNNY CHUNG
CASE NO. 20STPB03249
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of JOHNNY YEON CHUNG AKA JOHNNY CHUNG.
A PETITION FOR PROBATE has been filed by PAUL YUN HUNG CHUNG in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that PAUL YUN HUNG CHUNG be appointed personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held in this court as follows: 09/15/20 at 8:30AM in Dept. 99 located at 111 N. HILL ST., LOS ANGELES, CA 90012
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.
Attorney for Petitioner ERNEST J. KIM, ESQ. SBN 181280 CATHERINE KIM, ESQ. SBN 243811
LAW OFFICES OF ERNEST J. KIM 17541 17TH ST., STE 100 TUSTIN CA 92780 6/5, 6/12, 6/19/20
CNS 3369790# THE NORWALK PATRIOT 6/5/20, 6/12/20, 6/19/20

TRUSTEE SALES
T.S. No.: 19-22311 A.P.N.: 8022-025-020
NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/18/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, or a check drawn by a state or federal savings and loan association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the trustee in the herein after described property under and pursuant to a Deed of Trust described below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. TRUSTOR: RICARDO ALFREDO HENRIQUEZ, A SINGLE MAN AND MARISOL HENRIQUEZ, A SINGLE WOMAN, ALL AS JOINT TENANTS Duly Appointed Trustee: Carrington Foreclosure Services, LLC Recorded 10/28/2005 as Instrument No. 05-2804654 in book 2/page Loan Modification recorded on 7/25/2007 as Instrument No. 20071758770 of Official Records in the office of the Recorder of Los Angeles County, California. Described as follows: As more fully described in the Deed of Trust Date of Sale: 6/30/2020 at 10:30 AM Place of Sale: Behind the fountain located in Civic Center Plaza located at 400 Civic Center Plaza, Pomona, CA 91766 Amount of unpaid balance and other charges: \$333,719.61 (Estimated) Street Address or other common designation of real property: 8470-259-23 estimated, accrued interest and additional advances, fees, charges and expenses, if any, will increase this figure prior to sale. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned Trustee, or predecessor Trustee, has caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Web site: www.nationwideposting.com, using the file number assigned to this case 19-22311. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. PLEASE TAKE NOTICE THAT if the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. If the sale is set aside for any reason, the purchaser at the sale shall be responsible only to a return of the deposit paid. The Purchaser shall have no further recourse against the Mortgagee, or the Mortgagee's Attorney, if you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holder's rights against the real property only. THIS NOTICE IS SENT FOR THE PURPOSE OF COLLECTING A DEBT. THIS FIRM IS ATTEMPTING TO COLLECT A DEBT ON BEHALF OF THE HOLDER AND OWNER OF THE NOTE. ANY INFORMATION OBTAINED BY OR PROVIDED TO THIS FIRM OR THE CREDITOR WILL BE USED FOR THAT PURPOSE. As required by law, you are hereby notified that a negative credit report reflecting on your credit record may be submitted to a credit reporting agency if you fail to fulfill the terms of your credit obligations. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Web site: www.nationwideposting.com, using the file number assigned to this case 20-00065. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. PLEASE TAKE NOTICE THAT if the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. Further, if the foreclosure sale is set aside for any reason, the purchaser at the sale shall be entitled only to a return of the deposit paid and shall have no further recourse or remedy against the Mortgagee, Mortgagee or Trustee herein. If you have previously been discharged in bankruptcy, you may have been released of personal liability for this loan in which case this notice is intended to exercise the note holder's rights against the real property only. As required by law, you are notified that a negative credit reporting may be submitted to a credit report agency if you fail to fulfill the terms of your credit obligation. For Trustee's Sale dates, bid and postponement information, please call (916) 939-0772 or visit www.nationwideposting.com. For any other inquiries, including litigation or bankruptcy matters, please call or fax to (877) 770-2132. Date: 5/15/2020 Real Property Trustee, Inc. Mike Kemel, Trustee Sale Officer Real Property Trustee, Inc. 9107 Wilshire Blvd., Suite 450 Beverly Hills, CA 90210 NPP0370269 TO: NORWALK PATRIOT 05/22/2020, 05/29/2020, 06/05/2020
NPP0370269 The Norwalk Patriot 5/22/20, 5/29/20, 6/5/20

NOTICE OF TRUSTEE'S SALE T.S. No.: 19-3462 Loan No.: 6680 APN: 8082-014-042 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED TO YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 8/31/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: UWEM B. UMOREN A SINGLE MAN Duly Appointed Trustee: PRESTIGE DEFAULT SERVICES Recorded 9/12/2006 as Instrument No. 06-2022874 in book , page of Official Records in the office of the Recorder of Los Angeles County, California, Date of Sale: 6/12/2020 at 11:00 AM Place of Sale: By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766 Amount of unpaid balance and other charges: \$175,838.07 Street Address or other common designation of real property: 15619 SEAFORTH AVENUE NORWALK California 90650 A.P.N.: 8082-014-042 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 730-2727 or visit this Internet Web site: https://www.servicelinkasap.com/default.aspx, using the file number assigned to this case 19-3462. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 4/15/2020 PRESTIGE DEFAULT SERVICES 1920 Old Tustin Ave. Santa Ana, California 92705 Sale Line: (714) 730-2727 Briana Young, Trustee Sale Officer A-4723547 05/22/2020, 05/29/2020, 06/05/2020
ASAP 4723547 The Norwalk Patriot 5/22/20, 5/29/20, 6/5/20



The Norwalk Patriot is offering subscriptions for \$10/year. Subscription guarantees delivery every Friday to single-family homes in Norwalk.

14783 Carmenita Road, Norwalk, CA 90650

Form with fields for Name, Address, Phone

CLASSIFIEDS
SERVICES
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Project Design, New Construction, Remodeling & Additions Lic. #936419 Call Jeff (562) 869-1421
Call Linda Larson to include your ad in The Norwalk Patriot Classified Section
Deadline is Wednesday at 11:00 am (562) 904-3668

Letter from a Birmingham Jail

Continued from page 2

“Wait” has almost always meant “Never.” We must come to see, with one of our distinguished jurists, that “justice too long delayed is justice denied.”

We have waited for more than 340 years for our constitutional and God given rights. The nations of Asia and Africa are moving with jetlike speed toward gaining political independence, but we still creep at horse and buggy pace toward gaining a cup of coffee at a lunch counter. Perhaps it is easy for those who have never felt the stinging darts of segregation to say, “Wait.” But when you have seen vicious mobs lynch your mothers and fathers at will and drown your sisters and brothers at whim; when you have seen hate filled policemen curse, kick and even kill your black brothers and sisters; when you see the vast majority of your twenty million Negro brothers smothering in an airtight cage of poverty in the midst of an affluent society; when you suddenly find your tongue twisted and your speech stammering as you seek to explain to your six year old daughter why she can’t go to the public amusement park that has just been advertised on television, and see tears welling up in her eyes when she is told that Funtown is closed to colored children, and see ominous clouds of inferiority beginning to form in her little mental sky, and see her beginning to distort her personality by developing an unconscious bitterness toward white people; when you have to concoct an answer for a five year old son who is asking: “Daddy, why do white people treat colored people so mean?”; when you take a cross county drive and find it necessary to sleep night after night in the uncomfortable corners of your automobile because no motel will accept you; when you are humiliated day in and day out by nagging signs reading “white” and “colored”; when your first name becomes “nigger,” your middle name becomes “boy” (however old you are) and your last name becomes “John,” and your wife and mother are never given the respected title “Mrs.”; when you are harried by day and haunted by night by the fact that you are a Negro, living constantly at tiptoe stance, never quite knowing what to expect next, and are plagued with inner fears and outer resentments; when you are forever fighting a degenerating sense of “nobodiness”—then you will understand why we find it difficult to wait. There comes a time when the cup of endurance runs over, and men are no longer willing to be plunged into the abyss of despair. I hope, sirs, you can understand our legitimate and unavoidable impatience. You express a great deal of anxiety over our willingness to break laws. This is certainly a legitimate concern. Since we so diligently urge people to obey the Supreme Court’s decision of 1954 outlawing segregation in the public schools, at first glance it may seem rather paradoxical for us consciously to break laws. One may well ask: “How can you advocate breaking some laws and obeying others?” The answer lies in the fact that there are two types of laws: just and unjust. I would be the first to advocate obeying just laws. One has not only a legal but a moral responsibility to obey just laws. Conversely, one has a moral responsibility to disobey unjust laws. I would agree with St. Augustine that “an unjust law is no law at all.”

Now, what is the difference between the two? How does one determine whether a law is just or unjust? A just law is a man made code that squares with the moral law or the law of God. An unjust law is a code that is out of harmony with the moral law. To put it in the terms of St. Thomas Aquinas: An unjust law is a human law that is not rooted in eternal law and natural law. Any law that uplifts human personality is just. Any law that degrades human personality is unjust. All segregation statutes are unjust because segregation distorts the soul and damages the personality. It gives the segregator a false sense of superiority and the segregated a false sense of inferiority. Segregation, to use the terminology of the Jewish philosopher Martin Buber, substitutes an “I it” relationship for an “I thou” relationship and ends up relegating persons to the status

of things. Hence segregation is not only politically, economically and sociologically unsound, it is morally wrong and sinful. Paul Tillich has said that sin is separation. Is not segregation an existential expression of man’s tragic separation, his awful estrangement, his terrible sinfulness? Thus it is that I can urge men to obey the 1954 decision of the Supreme Court, for it is morally right; and I can urge them to disobey segregation ordinances, for they are morally wrong.

Let us consider a more concrete example of just and unjust laws. An unjust law is a code that a numerical or power majority group compels a minority group to obey but does not make binding on itself. This is difference made legal. By the same token, a just law is a code that a majority compels a minority to follow and that it is willing to follow itself. This is sameness made legal. Let me give another explanation. A law is unjust if it is inflicted on a minority that, as a result of being denied the right to vote, had no part in enacting or devising the law. Who can say that the legislature of Alabama which set up that state’s segregation laws was democratically elected? Throughout Alabama all sorts of devious methods are used to prevent Negroes from becoming registered voters, and there are some counties in which, even though Negroes constitute a majority of the population, not a single Negro is registered. Can any law enacted under such circumstances be considered democratically structured?

Sometimes a law is just on its face and unjust in its application. For instance, I have been arrested on a charge of parading without a permit. Now, there is nothing wrong in having an ordinance which requires a permit for a parade. But such an ordinance becomes unjust when it is used to maintain segregation and to deny citizens the First-Amendment privilege of peaceful assembly and protest.

I hope you are able to see the distinction I am trying to point out. In no sense do I advocate evading or defying the law, as would the rabid segregationist. That would lead to anarchy. One who breaks an unjust law must do so openly, lovingly, and with a willingness to accept the penalty. I submit that an individual who breaks a law that conscience tells him is unjust, and who willingly accepts the penalty of imprisonment in order to arouse the conscience of the community over its injustice, is in reality expressing the highest respect for law.

Of course, there is nothing new about this kind of civil disobedience. It was evidenced sublimely in the refusal of Shadrach, Meshach and Abednego to obey the laws of Nebuchadnezzar, on the ground that a higher moral law was at stake. It was practiced superbly by the early Christians, who were willing to face hungry lions and the excruciating pain of chopping blocks rather than submit to certain unjust laws of the Roman Empire. To a degree, academic freedom is a reality today because Socrates practiced civil disobedience. In our own nation, the Boston Tea Party represented a massive act of civil disobedience.

We should never forget that everything Adolf Hitler did in Germany was “legal” and everything the Hungarian freedom fighters did in Hungary was “illegal.” It was “illegal” to aid and comfort a Jew in Hitler’s Germany. Even so, I am sure that, had I lived in Germany at the time, I would have aided and comforted my Jewish brothers. If today I lived in a Communist country where certain principles dear to the Christian faith are suppressed, I would openly advocate disobeying that country’s antireligious laws.

I must make two honest confessions to you, my Christian and Jewish brothers. First, I must confess that over the past few years I have been gravely disappointed with the white moderate. I have almost reached the regrettable conclusion that the Negro’s great stumbling block in his stride toward freedom is not the White Citizen’s Counciler or the Ku Klux Klanner, but the white moderate, who is more devoted to “order” than to justice; who prefers

a negative peace which is the absence of tension to a positive peace which is the presence of justice; who constantly says: “I agree with you in the goal you seek, but I cannot agree with your methods of direct action”; who paternalistically believes he can set the timetable for another man’s freedom; who lives by a mythical concept of time and who constantly advises the Negro to wait for a “more convenient season.” Shallow understanding from people of good will is more frustrating than absolute misunderstanding from people of ill will. Lukewarm acceptance is much more bewildering than outright rejection.

I had hoped that the white moderate would understand that law and order exist for the purpose of establishing justice and that when they fail in this purpose they become the dangerously structured dams that block the flow of social progress. I had hoped that the white moderate would understand that the present tension in the South is a necessary phase of the transition from an obnoxious negative peace, in which the Negro passively accepted his unjust plight, to a substantive and positive peace, in which all men will respect the dignity and worth of human personality. Actually, we who engage in nonviolent direct action are not the creators of tension. We merely bring to the surface the hidden tension that is already alive. We bring it out in the open, where it can be seen and dealt with. Like a boil that can never be cured so long as it is covered up but must be opened with all its ugliness to the natural medicines of air and light, injustice must be exposed, with all the tension its exposure creates, to the light of human conscience and the air of national opinion before it can be cured.

In your statement you assert that our actions, even though peaceful, must be condemned because they precipitate violence. But is this a logical assertion? Isn’t this like condemning a robbed man because his possession of money precipitated the evil act of robbery? Isn’t this like condemning Socrates because his unswerving commitment to truth and his philosophical inquiries precipitated the act by the misguided populace in which they made him drink hemlock? Isn’t this like condemning Jesus because his unique God consciousness and never ceasing devotion to God’s will precipitated the evil act of crucifixion? We must come to see that, as the federal courts have consistently affirmed, it is wrong to urge an individual to cease his efforts to gain his basic constitutional rights because the quest may precipitate violence. Society must protect the robbed and punish the robber. I had also hoped that the white moderate would reject the myth concerning time in relation to the struggle for freedom. I have just received a letter from a white brother in Texas. He writes: “All Christians know that the colored people will receive equal rights eventually, but it is possible that you are in too great a religious hurry. It has taken Christianity almost two thousand years to accomplish what it has. The teachings of Christ take time to come to earth.” Such an attitude stems from a tragic misconception of time, from the strangely irrational notion that there is something in the very flow of time that will inevitably cure all ills. Actually, time itself is neutral; it can be used either destructively or constructively. More and more I feel that the people of ill will have used time much more effectively than have the people of good will. We will have to repent in this generation not merely for the hateful words and actions of the bad people but for the appalling silence of the good people. Human progress never rolls in on wheels of inevitability; it comes through the tireless efforts of men willing to be co workers with God, and without this hard work, time itself becomes an ally of the forces of social stagnation. We must use time creatively, in the knowledge that the time is always ripe to do right. Now is the time to make real the promise of democracy and transform our pending national elegy into a creative psalm of brotherhood. Now is the time to lift our national policy from the quicksand of racial injustice to



the solid rock of human dignity.

You speak of our activity in Birmingham as extreme. At first I was rather disappointed that fellow clergymen would see my nonviolent efforts as those of an extremist. I began thinking about the fact that I stand in the middle of two opposing forces in the Negro community. One is a force of complacency, made up in part of Negroes who, as a result of long years of oppression, are so drained of self respect and a sense of “somebodiness” that they have adjusted to segregation; and in part of a few middle-class Negroes who, because of a degree of academic and economic security and because in some ways they profit by segregation, have become insensitive to the problems of the masses. The other force is one of bitterness and hatred, and it comes perilously close to advocating violence. It is expressed in the various black nationalist groups that are springing up across the nation, the largest and best known being Elijah Muhammad’s Muslim movement. Nourished over the continued existence of racial discrimination, this movement is made up of people who have lost faith in America, who have absolutely repudiated Christianity, and who have concluded that the white man is an incorrigible “devil.”

I have tried to stand between these two forces, saying that we need emulate neither the “do nothingism” of the complacent nor the hatred and despair of the black nationalist. For there is the more excellent way of love and nonviolent protest. I am grateful to God that, through the influence of the Negro church, the way of nonviolence became an integral part of our struggle. If this philosophy had not emerged, by now many streets of the South would, I am convinced, be flowing with blood. And I am further convinced that if our white brothers dismiss as “rabble rousers” and “outside agitators” those of us who employ nonviolent direct action, and if they refuse to support our nonviolent efforts, millions of Negroes will, out of frustration and despair, seek solace and security in black nationalist ideologies—a development that would inevitably lead to a frightening racial nightmare.

Oppressed people cannot remain oppressed forever. The yearning for freedom eventually manifests itself, and that is what has happened to the American Negro. Something within has reminded him of his birthright of freedom, and something without has reminded him that it can be gained. Consciously or unconsciously, he has been caught up by the Zeitgeist, and with his black brothers of Africa and his brown and yellow brothers of Asia, South America and the Caribbean, the United States Negro is moving with a sense of great urgency toward the promised land of racial justice. If one recognizes this vital urge that has engulfed the Negro community, one should readily understand why public demonstrations are taking place. The Negro has many pent up resentments and latent frustrations, and he must release them. So let him march; let him make prayer pilgrimages to the city hall; let him go on freedom rides—and try to understand why he must do so. If his repressed emotions are not released in nonviolent ways, they will seek expression through violence; this is not a threat but a fact of history. So I have not said to my people:

“Get rid of your discontent.” Rather, I have tried to say that this normal and healthy discontent can be channeled into the creative outlet of nonviolent direct action. And now this approach is being termed extremist. But though I was initially disappointed at being categorized as an extremist, as I continued to think about the matter I gradually gained a measure of satisfaction from the label. Was not Jesus an extremist for love: “Love your enemies, bless them that curse you, do good to them that hate you, and pray for them which spitefully use you, and persecute you.” Was not Amos an extremist for justice: “Let justice roll down like waters and righteousness like an ever flowing stream.” Was not Paul an extremist for the Christian gospel: “I bear in my body the marks of the Lord Jesus.” Was not Martin Luther an extremist: “Here I stand; I cannot do otherwise, so help me God.” And John Bunyan: “I will stay in jail to the end of my days before I make a butchery of my conscience.” And Abraham Lincoln: “This nation cannot survive half slave and half free.” And Thomas Jefferson: “We hold these truths to be self evident, that all men are created equal . . .” So the question is not whether we will be extremists, but what kind of extremists we will be. Will we be extremists for hate or for love? Will we be extremists for the preservation of injustice or for the extension of justice? In that dramatic scene on Calvary’s hill three men were crucified. We must never forget that all three were crucified for the same crime—the crime of extremism. Two were extremists for immorality, and thus fell below their environment. The other, Jesus Christ, was an extremist for love, truth and goodness, and thereby rose above his environment. Perhaps the South, the nation and the world are in dire need of creative extremists.

I had hoped that the white moderate would see this need. Perhaps I was too optimistic; perhaps I expected too much. I suppose I should have realized that few members of the oppressor race can understand the deep groans and passionate yearnings of the oppressed race, and still fewer have the vision to see that injustice must be rooted out by strong, persistent and determined action. I am thankful, however, that some of our white brothers in the South have grasped the meaning of this social revolution and committed themselves to it. They are still all too few in quantity, but they are big in quality. Some—such as Ralph McGill, Lillian Smith, Harry Golden, James McBride Dabbs, Ann Braden and Sarah Patton Boyle—have written about our struggle in eloquent and prophetic terms. Others have marched with us down nameless streets of the South. They have languished in filthy, roach infested jails, suffering the abuse and brutality of policemen who view them as “dirty nigger-lovers.” Unlike so many of their moderate brothers and sisters, they have recognized the urgency of the moment and sensed the need for powerful “action” antidotes to combat the disease of segregation. Let me take note of my other major disappointment. I have been so greatly disappointed with the white church and its leadership. Of course, there are some notable exceptions. I am not unmindful of the fact that each of you has taken some significant stands on this issue. I commend you, Reverend Stallings, for your

Christian stand on this past Sunday, in welcoming Negroes to your worship service on a nonsegregated basis. I commend the Catholic leaders of this state for integrating Spring Hill College several years ago.

But despite these notable exceptions, I must honestly reiterate that I have been disappointed with the church. I do not say this as one of those negative critics who can always find something wrong with the church. I say this as a minister of the gospel, who loves the church; who was nurtured in its bosom; who has been sustained by its spiritual blessings and who will remain true to it as long as the cord of life shall lengthen.

When I was suddenly catapulted into the leadership of the bus protest in Montgomery, Alabama, a few years ago, I felt we would be supported by the white church. I felt that the white ministers, priests and rabbis of the South would be among our strongest allies. Instead, some have been outright opponents, refusing to understand the freedom movement and misrepresenting its leaders; all too many others have been more cautious than courageous and have remained silent behind the anesthetizing security of stained glass windows.

In spite of my shattered dreams, I come to Birmingham with the hope that the white religious leadership of this community would see the justice of our cause and, with deep moral concern, would serve as the channel through which our just grievances could reach the power structure. I had hoped that each of you would understand. But again I have been disappointed.

I have heard numerous southern religious leaders admonish their worshipers to comply with a desegregation decision because it is the law, but I have longed to hear white ministers declare: “Follow this decree because integration is morally right and because the Negro is your brother.” In the midst of blatant injustices inflicted upon the Negro, I have watched white churchmen stand on the sideline and mouth pious irrelevancies and sanctimonious trivialities. In the midst of a mighty struggle to rid our nation of racial and economic injustice, I have heard many ministers say: “Those are social issues, with which the gospel has no real concern.” And I have watched many churches commit themselves to a completely other worldly religion which makes a strange, un-Biblical distinction between the sacred and the secular.

I have traveled the length and breadth of Alabama, Mississippi and all the other southern states. On sweltering summer days and crisp autumn mornings I have looked at the South’s beautiful churches with their lofty spires pointing heavenward. I have beheld the impressive outlines of her massive religious education buildings. Over and over I have found myself asking: “What kind of people worship here? Who is their God? Where were their voices when the lips of Governor Barnett dripped with words of interposition and nullification? Where were they when Governor Wallace gave a clarion call for defiance and hatred? Where were their voices of support when bruised and weary Negro men and women decided to rise from the dark dungeons of

Continued on page 7

Birmingham Letter

Continued from page 6

complacency to the bright hills of creative protest?"

Yes, these questions are still in my mind. In deep disappointment I have wept over the laxity of the church. But be assured that my tears have been tears of love. There can be no deep disappointment where there is not deep love. Yes, I love the church. How could I do otherwise? I am in the rather unique position of being the son, the grandson and the great grandson of preachers. Yes, I see the church as the body of Christ. But, oh! How we have blemished and scarred that body through social neglect and through fear of being nonconformists.

There was a time when the church was very powerful--in the time when the early Christians rejoiced at being deemed worthy to suffer for what they believed. In those days the church was not merely a thermometer that recorded the ideas and principles of popular opinion; it was a thermostat that transformed the mores of society. Whenever the early Christians entered a town, the people in power became disturbed and immediately sought to convict the Christians for being "disturbers of the peace" and "outside agitators." But the Christians pressed on, in the conviction that they were "a colony of heaven," called to obey God rather than man. Small in number, they were big in commitment. They were too God-intoxicated to be "astronomically intimidated." By their effort and example they brought an end to such ancient evils as infanticide and gladiatorial contests. Things are different now. So often the contemporary church is a weak, ineffectual voice with an uncertain sound. So often it is an archdefender of the status quo. Far from being disturbed by the presence of the church, the power structure of the average community is consoled by the church's silent--and often even vocal--sanction of things as they are.

But the judgment of God is upon the church as never before. If today's church does not recapture the sacrificial spirit of the early church, it will lose its authenticity, forfeit the loyalty of millions, and be dismissed as an irrelevant social club with no meaning for the twentieth century. Every day I meet young people whose disappointment with the church has turned into outright disgust.

Perhaps I have once again been too optimistic. Is organized religion too inextricably bound to the status quo to save our nation and the world? Perhaps I must turn my faith to the inner

spiritual church, the church within the church, as the true ekklesia and the hope of the world. But again I am thankful to God that some noble souls from the ranks of organized religion have broken loose from the paralyzing chains of conformity and joined us as active partners in the struggle for freedom. They have left their secure congregations and walked the streets of Albany, Georgia, with us. They have gone down the highways of the South on tortuous rides for freedom. Yes, they have gone to jail with us. Some have been dismissed from their churches, have lost the support of their bishops and fellow ministers. But they have acted in the faith that right defeated is stronger than evil triumphant. Their witness has been the spiritual salt that has preserved the true meaning of the gospel in these troubled times. They have carved a tunnel of hope through the dark mountain of disappointment. I hope the church as a whole will meet the challenge of this decisive hour. But even if the church does not come to the aid of justice, I have no despair about the future. I have no fear about the outcome of our struggle in Birmingham, even if our motives are at present misunderstood. We will reach the goal of freedom in Birmingham and all over the nation, because the goal of America is freedom. Abused and scorned though we may be, our destiny is tied up with America's destiny. Before the pilgrims landed at Plymouth, we were here. Before the pen of Jefferson etched the majestic words of the Declaration of Independence across the pages of history, we were here. For more than two centuries our forebears labored in this country without wages; they made cotton king; they built the homes of their masters while suffering gross injustice and shameful humiliation--and yet out of a bottomless vitality they continued to thrive and develop. If the inexpressible cruelties of slavery could not stop us, the opposition we now face will surely fail. We will win our freedom because the sacred heritage of our nation and the eternal will of God are embodied in our echoing demands. Before closing I feel impelled to mention one other point in your statement that has troubled me profoundly. You warmly commended the Birmingham police force for keeping "order" and "preventing violence." I doubt that you would have so warmly commended the police force if you had seen its

dogs sinking their teeth into unarmed, nonviolent Negroes. I doubt that you would so quickly commend the policemen if you were to observe their ugly and inhumane treatment of Negroes here in the city jail; if you were to watch them push and curse old Negro women and young Negro girls; if you were to see them slap and kick old Negro men and young boys; if you were to observe them, as they did on two occasions, refuse to give us food because we wanted to sing our grace together. I cannot join you in your praise of the Birmingham police department.

It is true that the police have exercised a degree of discipline in handling the demonstrators. In this sense they have conducted themselves rather "nonviolently" in public. But for what purpose? To preserve the evil system of segregation. Over the past few years I have consistently preached that nonviolence demands that the means we use must be as pure as the ends we seek. I have tried to make clear that it is wrong to use immoral means to attain moral ends. But now I must affirm that it is just as wrong, or perhaps even more so, to use moral means to preserve immoral ends. Perhaps Mr. Connor and his policemen have been rather nonviolent in public, as was Chief Pritchett in Albany, Georgia, but they have used the moral means of nonviolence to maintain the immoral end of racial injustice. As T. S. Eliot has said: "The last temptation is the greatest treason: To do the right deed for the wrong reason."

I wish you had commended the Negro sit inners and demonstrators of Birmingham for their sublime courage, their willingness to suffer and their amazing discipline in the midst of great provocation. One day the South will recognize its real heroes. They will be the James Merediths, with the noble sense of purpose that enables them to face jeering and hostile mobs, and with the agonizing loneliness that characterizes the life of the pioneer. They will be old, oppressed, battered Negro women, symbolized in a seventy two year old woman in Montgomery, Alabama, who rose up with a sense of dignity and with her people decided not to ride segregated buses, and who responded with ungrammatical profundity to one who inquired about her weariness: "My feet is tired, but my soul is at rest." They will be the young high school and college students,

the young ministers of the gospel and a host of their elders, courageously and nonviolently sitting in at lunch counters and willingly going to jail for conscience' sake. One day the South will know that when these disinherited children of God sat down at lunch counters, they were in reality standing up for what is best in the American dream and for the most sacred values in our Judeo-Christian heritage, thereby bringing our nation back to those great wells of democracy which were dug deep by the founding fathers in their formulation of the Constitution and the Declaration of Independence.

Never before have I written so long a letter. I'm afraid it is much too long to take your precious time. I can assure you that it would have been much shorter if I had been writing from a comfortable desk, but what else can one do when he is alone in a narrow jail cell, other than write long letters, think long thoughts and pray long prayers?

If I have said anything in this letter that overstates the truth and indicates an unreasonable impatience, I beg you to forgive me. If I have said anything that understates the truth and indicates my having a patience that allows me to settle for anything less than brotherhood, I beg God to forgive me.

I hope this letter finds you strong in the faith. I also hope that circumstances will soon make it possible for me to meet each of you, not as an integrationist or a civil-rights leader but as a fellow clergyman and a Christian brother. Let us all hope that the dark clouds of racial prejudice will soon pass away and the deep fog of misunderstanding will be lifted from our fear-drenched communities, and in some not too distant tomorrow the radiant stars of love and brotherhood will shine over our great nation with all their scintillating beauty.

Yours for the cause of Peace and Brotherhood,
Martin Luther King, Jr.

Protect your eyes while staying at home

At a time when we are spending more time sheltering at home as part of efforts to protect public health as we combat the COVID-19 pandemic, many of us are glued to our smartphones, tablets and laptops for work, school, information and entertainment.



Getty Images

But, did you know spending too much time staring at such devices can cause eye strain that can actually lead to pain, discomfort and, for young children, may actually result in near-sightedness?

John Shan, chief of optometry, Kaiser Permanente Panorama City Medical Center, has some advice.

"What's important is to give your eyes some rest from prolonged staring at electronic devices," he said. "Just like any other muscle in the body, if you overexert your eyes, you're likely to experience a strain. When your eyes get strained, you'll likely start to get headaches, blink less and eventually dry out your eyes. As a result, they may excessively tear, turn red and lead to discomfort and increase more risk for infection."

That is why for adults and children alike, it's important to take regular breaks from staring at devices such as laptops and smartphones.

In order to protect your eyesight, Shan recommends abiding by the 20/20/20 rule.

"Every 20 minutes, as a general rule of thumb, take a 20-second break, and look out 20 feet," he explained. "We want you to look far away, because then your eye muscle gets a chance to relax. It gives your eye muscle a little time to recoup and avoid problems later on."

Shan cautioned that prolonged close-up staring at electronic devices can be especially harmful for young children ages 5-11. Because they are still developing, it can increase their risk of developing myopia, or near sightedness, he warned.

"Take good care of your eyes, and they will take good care of you," Shan said. "Don't take your vision for granted!"

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Softball duo heads to Monroe

Continued from page 1

Gonzalez, who is a gym attendant at Norwalk and graduated from Paramount in 2005, started as a JV coach at John Glenn High, then moved to Norwalk on the JV for three years. Three years later he became head coach at Norwalk.

Gonzalez played football and baseball at Paramount, but was influenced in softball when his sister, Priscilla, was an outstanding player there.

As for Perez and Nunez' signing, "..... it wasn't the end (college signing). They wanted to come in and set the tone this

year. "They are sweethearts and an interesting mix and very well-balanced human beings. It was very, very easy having them around and they are rocks and they jumped in and helped me."

The start of the season was fantastic for Norwalk as they transitioned from one game to another.

"This year we had a young team with seven freshmen," Gonzalez said. "In year three I'm still learning some stuff."

Both players have known Gonzalez for a while.

"We've known him for a long

time and he always took care of us," Perez said. He always influenced me. I always put too much pressure on myself."

Perez was also excited that the team started out well.

"I was excited and thought we were one of the better teams," Perez said. "Brianna (Vasquez) inspired a lot of us. It shows that you can get somewhere, no matter where you come from."

Vasquez, who graduated two years ago from Norwalk and was a top pitcher, is now at the University of Central Florida."

A big influence on Perez was her 16U coach, Vince Gonzalez.

"Coach Vince was a really big help and helped me be a better player."

As for the stoppage in play, Perez said, ".....We were off to a good start. When it all happened, I wasn't thinking about sports. It (pandemic) devastated me. I understand the situation and I understand the precautions we have to take."

Nunez echoed Perez on the end of the season.

"It was almost heartbreaking that we couldn't finish. We didn't know that it was our last game of our high school career."

"I remember my last game and even my last at bat. It was one of our best games. We played a tough team - Cerritos."

"We were really on top of our game and Angelina started the game (in the circle)."

The Lancers eventually lost the game, 3-2.

"I remember my very last at bat," Nunez said. "It was a double to center field."

Nunez never thought something like the end of the season in the middle would never have happened.

"If I had heard that at the beginning of my senior year, I wouldn't have believed it. It's just making us stronger."

Perez and Nunez will definitely get stronger over the next four years in New York City."

Medical clinic settles discrimination charges

RIVERSIDE - Riverside Medical Clinic, a company that operates seven medical offices in Riverside County, has agreed to resolve allegations that it violated the Americans with Disabilities Act (ADA) by failing to provide effective communication to deaf and hard-of-hearing patients.

The settlement resolves allegations that Riverside Medical Clinic failed to provide a qualified sign language interpreter or other appropriate form of auxiliary aid or service to a patient who is deaf and her family, instead relying on a video remote interpretation system that often failed to work.

The ADA requires medical providers to ensure effective communication for patients who are deaf or hard of hearing. The settlement requires the company to provide appropriate auxiliary aids and services free of charge so that people who are deaf or hard of hearing have full and equal access to treatment at its offices.

Under the settlement agreement, Riverside Medical Clinic must:

- provide appropriate auxiliary aids and services necessary for effective communication to patients and their companions who are deaf or

hard of hearing; advertise the availability of auxiliary aids and services;

conduct individualized assessments for patients who are deaf or hard of hearing to determine what auxiliary aids and services are best suited for their needs; and

pay \$5,000 in compensation to the complainant and a \$1,000 civil penalty to the United States.

Riverside Medical Clinic fully cooperated with the government's investigation.

Former mayor Bruce Barrows appointed to Cerritos City Council

CERRITOS - Bruce Barrows was unanimously appointed to the Cerritos City Council on May 28 to fill the vacant seat left after the recent passing of former

councilmember Jim Edwards.

On May 29, Barrows was sworn in by the Cerritos City Clerk and officially assumed office as an appointed member of the Cerritos City Council. His term of office will expire on March 5, 2024.

"I am honored to have been appointed to fill the seat of my good friend and former Councilmember Jim Edwards," remarked Barrows. "Jim and I shared a love and passion for Cerritos, and I will continue to work to make this city the best that it can be."

Barrows was first elected to the Cerritos City Council in April 1994 and was re-elected in 1999. After sitting out due to term limits, Barrows was elected to the City Council again in 2007 and re-elected in 2011. He served as Mayor in 1997-1998, 2002-2003, 2009-2010 and 2013-2014. Prior to his election to the City Council in 1994, Barrows served six years on the City's Planning Commission.

Barrows has served as president of the ECO-Rapid Transit/Orangeline Development Authority and as chairman of the Gateway Cities Council of Governments from 2000-2001. He has served as the president

of the League of California Cities - Los Angeles Division and as a member of the League of California Cities' Revenue and Taxation Committee. He has also served on the League of California Cities Annual Planning Committee; the League of California Cities Transportation, Communications & Public Works Policy Committee; and the Executive Board and Legislative Committee, Los Angeles Division.

Barrows served on the Regional Council, Legislative Committee and Transportation Committee for the Southern California Association of Governments (SCAG). He was the regional representative to SCAG for 15 years and served on the Transportation Committee and as vice chair of the High Speed MagLev Task Force. He has also served as a member of the United States Conference of Mayors Transportation and Arts Committee. In 2012, he was appointed to the Board of Advisors for the University of Southern California Price Executive Education Program/School of Public Policy.

Barrows has been a Cerritos resident since 1978. He and his wife have three sons, one daughter and six grandchildren.

Cerritos College opening housing for homeless students

NORWALK - Cerritos College will celebrate the opening of 'The Village', California's first community college housing exclusively for students facing homelessness with a virtual/onsite press conference on Thursday, June 11, at 10 a.m.

The College collaborated with Jovenes, Inc., a Los Angeles nonprofit that assists homeless and displaced young adults, to establish a transitional student housing development to address student homelessness. Additional support for the project comes from the City of Norwalk, Los Angeles County Supervisor Janice Hahn (2nd District), and the Los Angeles Homeless Services Authority.

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PUBLIC NOTICE

Notice of Availability (NOA) of an Environmental Impact Report/Environmental Assessment (EIR/EA)

I-105 ExpressLanes Project Area
California Department of Transportation
District 7, Los Angeles

WHAT'S BEING PLANNED? The California Department of Transportation (Caltrans) in cooperation with Los Angeles County Metropolitan Transportation Authority (Metro) are evaluating alternatives to convert the existing high-occupancy vehicle (HOV) lanes to dynamically-priced, high-occupancy toll (HOT) lanes, also called ExpressLanes, in the eastbound and westbound directions of Interstate 105 (I-105) in Los Angeles County from the terminus of the existing HOV lanes west of Interstate 405 (I-405) in the City of Los Angeles to Stuebaker Road in the City of Norwalk. The I-105 ExpressLanes Project (Project) limits include installation of a new overhead tolling system and signage. Caltrans, as assigned by the Federal Highway Administration, is the lead agency under the National Environmental Policy Act (NEPA) and the California Environmental Quality Act (CEQA).

WHY THIS NOTICE? Caltrans has studied the effects that the proposed Project may have on the environment and community. The results of these studies are summarized in an environmental document known as a Draft Environmental Impact Report/Environmental Assessment (EIR/EA). The supporting Draft EIR/EA and Project Report technical studies, as well as printed copies of the aforementioned reports, are available upon request. The purpose of this notice is to inform the public of the availability of these draft documents to any interested individuals, to provide the public an opportunity to comment, and to notify the public of an online presentation and Q&A (details below).
Note: questions submitted for the Q&A will not be part of the official comment record. Please submit your comments in writing no later than Monday, July 6, 2020 to:

Ronald Kosinski, Deputy District Director
Caltrans District 7
Division of Environmental Planning
100 S Main St, MS-16A, Los Angeles, CA 90012

WHERE AND WHEN? Based on Governor Newsom's executive order, as well as recommendations from the California Department of Public Health to stay at home, except as needed, in-person public hearings will not be held to maintain social distancing requirements. However, you can join a live presentation with Q&A via the web or phone on **Thursday, June 11, 2020, 6pm**. For more details on the live presentation, visit the project website (metro.net/105ExpressLanes) or virtual open house tool (105virtualforum.com). You may also listen live in English by dialing the following number: **213-458-5634, Pin: 433-164-484#**. Individuals who require special accommodations are requested to contact the Project Team at 213.922.6565 at least 72 hours prior to the scheduled presentation date.

For more information, please contact us at 213.922.6565 or 105ExpressLanes@metro.net. Thank you for your interest in this project!