

A message from Janice Hahn

Friend —

We are in our third week staying “Safer at Home” here in LA County and I just wanted to take a minute to thank you for doing your part so far. Your decision to stay indoors, keep your distance, and change your routine for the sake of our neighbors is saving lives.

If you’re still going in to work at an essential job — caring for the sick, working at a grocery store, delivering food or supplies — thank you for risking your own health and safety to keep our County running. We owe you more than we can say.

There are now 6910 COVID-19 cases in LA County and 169 deaths. This is certainly an unprecedented crisis — but we are working around the clock to keep communities safe and lend a helping hand to those hit hardest by COVID-19.

Below I’ve outlined some of the actions that we have taken as well as what you and your loved ones need to know about getting a COVID-19 test, wearing a mask in public, having a meal delivered for a senior loved one, getting assistance for a small business, and more.

Thanks again, Friend. Please stay healthy and stay home.

Drive-Thru Testing Available in LA County

Testing is one of the most important tools we have to track and then slow the spread of COVID-19. Across the 4th District and the County we’re ramping up efforts to test especially our most vulnerable residents.

Many drive-thru testing sites are now open across the County. Two of these are in the 4th District, one at the parking lot of the South Bay Galleria in Redondo Beach and another at Long Beach City College.

As of yesterday, testing has been expanded to include anyone who is showing symptoms.

Same or next-day appointment priority is still being given to those who are 65 or older or who have chronic health conditions.

Please book an appointment online before going. If you do not have an appointment, they will not be able to test you.

Face Mask Information and Recommendations

Because it is possible to spread COVID-19 days before a person is symptomatic, wearing a face covering while you are out of your home will help reduce the spread of this virus.

The federal government has now recommended the use of these masks by the general public, but our LA County Public Health Department stresses that you SHOULD NOT purchase or use an N95 or other similar medical-grade mask. Those are in limited supply and must be reserved for our healthcare workers only. Wearing a mask is also not a substitute for safe social and physical distancing.

Fortunately it is easy to make a face mask or covering at home with materials from around your house. Here is a sample guide on how you and your family can make your own masks — this one does not even require sewing.

Meal Options for Seniors

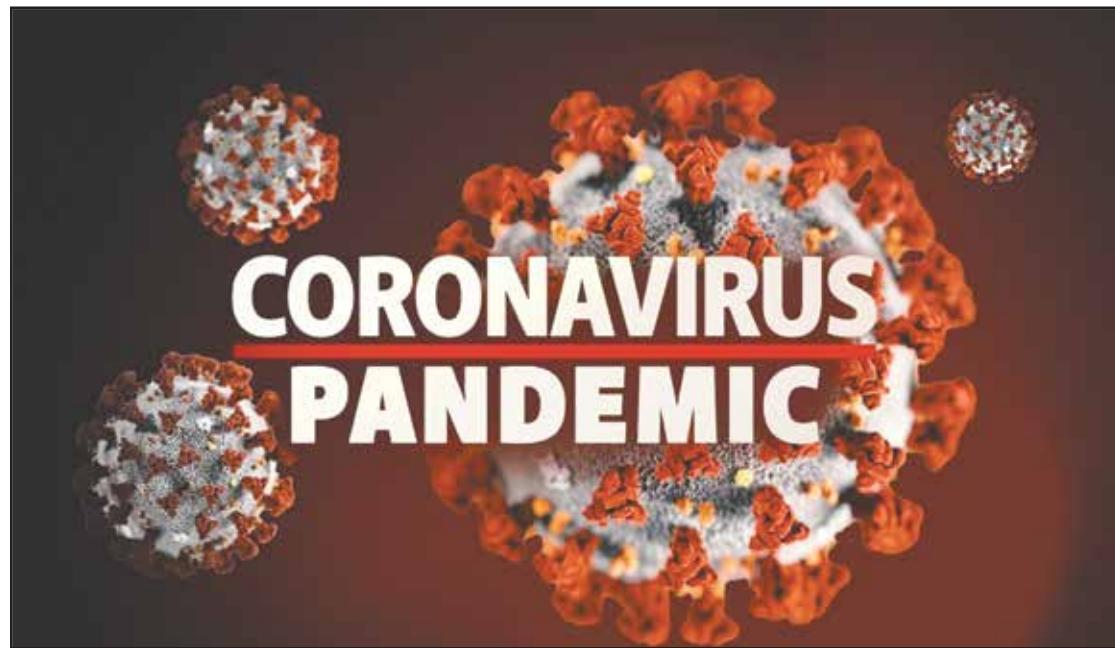
LA County is providing free meals to older adults age 60 and older who are impacted by the COVID-19 Crisis. Call 1-800-510-2020 to request services.

Meals are provided either at distribution sites or via home-delivered meals. We’re transitioning to home-delivered meals at most locations. The map to the right has information about each site.

Older adults 65 and older

Continued on page 2

Norwalk nears 60 cases of COVID-19



Officials say this could be a critical week during the coronavirus emergency.

NORWALK - As of Wednesday evening, there are 58 confirmed cases of COVID-19 in Norwalk.

At the time of writing, there have been 7530 cases across Los Angeles County, including 198 deaths.

Neighboring Downey continues to have one of the higher counts in the local area, at 84 with at least one confirmed

fatality.

California Governor Gavin Newsome gave an update to the state’s coronavirus numbers on Wednesday, saying that there were 16,957 cases, 442 deaths, 2,714 hospitalized and 1,154 people in ICU state-wide, 30% of which were identified as Hispanic, according to data related to race compiled by the state.

Later that evening, Los Angeles Mayor Eric Garcetti announced that all city and county parks would be

closed on Easter Sunday.

This is a full park closure that will last until Monday.

Health officials warned that the following weeks would be critical, and that California’s “peak” would come as early as next week. A such, Californians have been urged to avoid shopping this week and limit time spent outside.

It is still unclear just how long current stay-at-home orders will last.

Norwalk hospital employees donate to community

NORWALK - Employees of Los Angeles Community Hospitals’ are giving back to the communities during the COVID-19 crisis, delivering bags of food and supplies to more than 300 local residential care and assisted living facilities.

These facilities are vulnerable to shortages of food and household supplies due supply chain challenges and quantity restrictions at grocery stores.

The supplies are distributed each week and provide much-needed food and paper goods to more than 1,000 vulnerable residents in Norwalk, Los Angeles and Orange County.

“Our communities are being impacted at many levels with the coronavirus,” said Los Angeles Community Hospitals’ CEO Hector Hernandez. “As

a hospital we provide for the care of patients within our walls, but noticed an increasing need outside our walls. We wanted to help residential care and assisted living residents, who are primarily elderly, developmentally disabled or mentally disordered.”

The hospitals’ care coordinators comb stores daily to search for food, paper towel, toilet paper and other items. “We call it our daily treasure hunt,” said Kathleen Navejas, senior vice president, care coordination. She added that the items are then sorted and distributed by the care coordinators and sent to the facilities personally or via Uber.

“Donating to these facilities takes on a different meaning when you know that your contribution may be one of the only ways the facility gets eggs

or milk that week,” said Navejas.

Typical care packages include water, milk, eggs, bread, canned goods, soup, canned milk, peanut butter and jelly and dry food items, as well as sanitizer, masks, gloves, paper towels, soaps, wipes, bleach and toilet paper.

Anyone who wants to make a donation to this effort can drop off food and supply donations at Los Angeles Community Hospital, Norwalk Community Hospital or Bellflower Behavioral Health Hospital or call (323) 350-0111 to arrange for a pick-up.

Los Angeles Community Hospitals includes Los Angeles Community Hospital in east Los Angeles, Norwalk Community Hospital and Bellflower Behavioral Health Hospital.

Rep. Sanchez leads bill to help healthcare workers with dependent care

NORWALK - Reps. Linda T. Sánchez (CA-38) and Danny K. Davis (IL-07), both members of the House Ways and Means Committee, introduced legislation to direct \$850 million to states via the Social Services Block Grant to cover dependent care costs for essential workers during the COVID-19 pandemic.

A range of essential workers are covered under the bill, including: health care workers; emergency response workers; sanitation workers; workers at businesses that state or local officials determine must remain open; and any other worker

who cannot telework and who the state or local government deems essential. Importantly, the funds would include care for either children or adult in their households who are incapable of self-care, and the bill gives states flexibility to pay child or adult day care providers, set up emergency care facilities, or reimburse workers directly for their costs.

“Health care professionals and other essential workers leave their homes and families each day to show up for us,” said Congresswoman Sánchez. “We need to show up for them

by making sure their loved ones are cared for while they fight this pandemic.”

“During this crisis, we must do everything we can to support our essential workers who are keeping us alive, fed, safe, and functioning,” said Congressman Davis. “These workers risk their health and give tirelessly so that our citizens and communities can survive. The least we can do is cover their child care costs so that they know their loved ones are well cared for as they give to so much to us.”

Norwalk restaurant grades

- Hola Pho**
11575 Rosecrans Ave.
Inspected: 3/13/20
Grade: **A**
- Taco Bell**
12503 Alondra Blvd.
Date Inspected: 3/13/20
Grade: **A**
- Noemi’s Mexican Restaurant**
14350 Pioneer Blvd.
Date Inspected: 3/13/20
Grade: **A**
- Hibachi Grill Buffet**
14021 Pioneer Blvd.
Date Inspected: 3/12/20
Grade: **A**
- The Poke Co.**
12200 Civic Center Dr.
Date Inspected: 3/12/20
Grade: **B**
- Ana’s Bionicos**
10977 Rosecrans Ave.
Date Inspected: 3/12/20
Grade: **A**
- RC Burgers**
14041 Pioneer Blvd.
Date Inspected: 3/12/20
Grade: **A**
- Costco - Bakery**
12324 Hoxie Ave.
Date Inspected: 3/12/20
Grade: **A**
- Costco - Pizza**
12324 Hoxie Ave.
Date Inspected: 3/12/20
Grade: **A**
- El Eden**
10628 E Imperial Hwy.
Date Inspected: 3/11/20
Grade: **A**
- Casa Adelita**
12842 Rosecrans Ave.
Date Inspected: 3/11/20
Grade: **A**
- Un Rinconcito Argentino**
10633 Imperial Hwy.
Date Inspected: 3/11/20
Grade: **A**
- El Pollo Loco**
11473 Rosecrans Ave.
Date Inspected: 3/10/20
Grade: **A**
- Yoshinoya Beef Bowl**
12555 Alondra Blvd.
Date Inspected: 3/10/20
Grade: **A**
- Angelina’s Famous Pizza**
12553 Alondra Blvd.
Date Inspected: 3/10/20
Grade: **A**
- Food 4 Less Bakery**
10901 Imperial Hwy.
Date Inspected: 3/10/20
Grade: **A**
- Kikka**
11660 Firestone Blvd.
Date Inspected: 3/10/20
Grade: **A**
- Santos Juice Bar**
13324 Rosecrans Ave.
Date Inspected: 3/9/20
Grade: **A**
- IHOP**
12623 Norwalk Blvd.
Date Inspected: 3/9/20
Grade: **A**
- Chinatown Express**
13935 Pioneer Blvd.
Date Inspected: 3/9/20
Grade: **A**
- California Bakery**
11860 Rosecrans Ave.
Date Inspected: 3/5/20
Grade: **A**
- California Sushi and Teriyaki**
12305 Norwalk Blvd.
Date Inspected: 3/5/20
Grade: **A**
- Foodieum**
12440 Imperial Hwy.
Date Inspected: 3/5/20
Grade: **A**

Weekend at a Glance

Friday 63° ☁️

Saturday 69° ☁️

Sunday 64° ☁️

THINGS TO DO



Ozark
All Weekend - Netflix
A financial adviser drags his family from Chicago to the Missouri Ozarks, where he must launder \$500 million in five years to appease a drug boss.



Schitt’s Creek
All Weekend - Netflix
Suddenly broke, the formerly filthy-rich Rose family is reduced to living in a ramshackle motel in a town they once bought as a joke.



The Rookie
All Weekend - Hulu
Starting over isn’t easy, especially for John Nolan who, after a life-altering incident, is pursuing his dream of joining the LAPD.



Brooklyn Nine-Nine
All Weekend - Hulu
Jake Peralta, an immature but talented N.Y.P.D. detective, comes into immediate conflict with his new commanding officer.



Community
All Weekend - Netflix
When fast-talking lawyer Jeff Winger finds his degree has been revoked, he is forced to go back to school at Greendale Community College.



The Laundromat
All Weekend - Netflix
When a widow gets swindled out of insurance money, her search for answers leads to two cunning lawyers in Panama who hide cash for the superrich.

Information to know during COVID-19 pandemic

Continued from page 1

must send a family member, friend or caregiver who is under the age of 65 to pick up meals at their assigned site.

Resources for Workers, Businesses, and Renters

This is a trying time for residents across LA County struggling with job loss, managing a small business that is no longer allowed to operate, or an inability to pay rent due to lost wages. Here are some resources that might help:

If you are a small business owner, LA County is here to help. On April 8, we launched the Employer Assistance Grant Fund, which can provide up to \$10,000 to LA County small businesses in need.

If you are a renter, LA County has issued an eviction moratorium on commercial and residential evictions in unincorporated LA County. This joins similar moratoriums made by the City of LA and now, the

State of California.

If you are a property owner, the LA County Treasurer-Tax Collector has issued new guidelines regarding the upcoming April 11th deadline.

New Guidance for LA County Restaurants

During this crisis some local restaurants have tried to keep their doors open by selling groceries but were told to shut down by the LA County Public Health Department.

Last Tuesday I directed our Public Health Department to quickly issue guidelines allowing these restaurants to continue selling groceries via delivery and takeout. These guidelines are now in place to help keep these restaurants afloat.

I hope these guidelines will help these small restaurants stay in business, keep paying their employees, and continue feeding the public.

Feeding the 4th District

My office is funding several organizations across the 4th District that are getting vulnerable residents food and groceries during this crisis.

Some of our grants include:

\$30,000 to the Diamond Bar Evergreen Club so they can deliver make and deliver meals to Diamond Bar seniors who are disabled and/or lack resources.

\$23,000 for the Torrance-Lomita Meals on Wheels so they can add more participants to their meal delivery program.

\$10,000 to the City of LA Mirada so they can partner with Grocery Outlet to provide meal boxes to seniors in the community.

\$5,000 to Industry Meals on Wheels so they can serve more participants in Rowland Heights, Hacienda Heights, and Diamond Bar.

\$10,000 to the Long Beach Salvation Army so they can make more meals for local residents,

especially low-income and homeless residents.

\$18,000 to the City of Whittier and PIH Health so they can provide more meals for seniors and gravely ill individuals.

If you know someone who is having difficulty getting or affording groceries, please help refer them to one of these organizations in their area.

Staying Informed

For the latest information about COVID-19 in LA County, you can watch the daily briefing from our public health experts every weekday at 1pm. You can watch live on the LA County Facebook page or tune into local news channels covering it live like ABC7 and KTLA.

You can also visit my website or follow me on Facebook, Twitter, or Instagram for more current updates.

California launches website to track medical supplies

SACRAMENTO - Governor Gavin Newsom announced the launch of a new website, covid19supplies.ca.gov, to get critical medical supplies to the front lines of California's fight against COVID-19.

The website will allow individuals and companies to donate, sell or offer to manufacture 13 of the most essential medical supplies, including ventilators, N95 respirators and testing materials.

Governor Newsom also announced the COVID-19 Testing Task Force, a public-private collaboration that will work with stakeholders across the state to quickly and significantly boost California's testing capacity. The Task Force plans to scale up testing as demand increases.

"These actions marshal the generosity and innovative spirit of Californians to help us achieve two essential goals: getting more lifesaving supplies into our health care system and increasing our testing capacity," said Governor Newsom.

Governor Newsom called on companies, organizations and individuals who have medical supplies to contribute, either for donation or purchase, to support California's response to COVID-19 and visit covid19supplies.ca.gov.

Additionally, three specific collaborations have launched today as part of the testing effort:

Collaboration with the University of California, San Diego and University of California, Davis to establish high throughput testing hubs.

Collaboration with Stanford Medicine to launch the first serology test invented in California.

Collaboration with Abbott Laboratories to deploy the first rapid point-of-care test across 13

health care delivery systems and 75 sites.

The Task Force, co-chaired by California Department of Public Health Assistant Director Charity Dean, M.D., M.P.H. and Blue Shield of California President and CEO Paul Markovich, will ensure the state has sufficient capacity and supplies to administer a significantly greater number of tests.

"The Task Force is connecting with laboratories across California to tap into unique technologies to improve and refine our testing capabilities to ensure we're meeting the needs of patients across the state," said Dr. Dean.

The Testing Task Force is focusing on:

Ensuring California has lab capacity to rapidly turn around test results and increase capacity strategically to meet demand;

Improving the supply chain to ensure that California can both collect samples and evaluate results without delay;

Enabling new, high-quality tests to launch in California as soon as possible;

Improving our ability to accurately track and evaluate COVID-19 testing capacity, results and reporting; and

Building the workforce necessary to meet our testing goals.

"The Task Force will work together with California academic systems, private systems, public health experts and others to ensure we're creating the most streamlined and effective way to evaluate testing data," Blue Shield of California President and CEO Paul Markovich said. "This kind of public-private collaboration will allow us to tap into the systems needed to get the results California deserves."

Mobile testing sites are now open across LA County

LA County is quickly ramping up and adding more COVID-19 drive-up mobile testing sites to serve all residents of our communities.

New sites are planned to open this week at Martin Luther King Jr. Community Hospital as well as in East Los Angeles and Santa Clarita. In addition, the County is in discussions with AltaMed to bring several urgent care facilities into the county's

testing network in underserved areas.

The county and City of LA currently offer multiple drive-up mobile testing sites. For a full list of locations and answers to questions about testing, go to covid19.lacounty.gov/testing.

The first step to getting a test is visiting lacovidprod.service-now.com/trs to determine if you are eligible and to register for an

appointment. People who can't use a computer or access the internet can dial 2-1-1 for help making an appointment.

Health equity is central to Los Angeles County's mission as we work to bring this important service to areas of the County where there are testing service gaps. We are working to build a network of testing sites that are free and open to any member of the public who qualifies for

testing; no one will be turned away regardless of immigration status or lack of insurance coverage.

To ensure our testing sites help those who need it the most, people with insurance should first contact their medical providers to request COVID-19 testing through their own networks which are also providing testing in a variety of locations throughout the County.

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11 a.m.-2 p.m.

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- Dentista y Salud Oral

OUR LOCATIONS:

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6912 Ajax Ave. Bell Gardens, CA 90201

BELLFLOWER
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DOWNEY
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NORWALK
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How to end the shutdown

By Betsy McCaughey

President Donald Trump is hinting at a second task force responsible for getting Americans back to work. Appoint it now, Mr. President. Don't wait until the virus peaks. This second task force should prepare the country to reopen, with new tools to fight the virus.

The president's top epidemiologist, the esteemed Anthony Fauci, insists "the best tool we have" is "physical separation." But mandating that people stay home is costing Americans their jobs and will force businesses into bankruptcy. The nation needs an alternative strategy.

A chorus of government health officials and academics, like Harvard's Marc Lipsitch, want the shutdown continued until the virus is gone or a vaccine is developed. They're well-meaning but out of touch. No wonder. Their paychecks continue to roll in, even during a shutdown.

Meanwhile, blue-collar workers and business owners are hammered. It's possible the virus will stay with us, and become seasonal, Fauci warns. And a vaccine will take at least 18 months.

This second task force needs to cut red tape and speed approvals for new drugs, making coronavirus a treatable disease by summer. That's a real possibility, not wishful thinking.

Several drugs are already being tested on patients, including antiviral medicines. As former Food and Drug Administration Commissioner Scott Gottlieb explains, the key is getting the FDA to review how patients are responding in real time, rather than waiting for the trials to end.

Since taking office, Trump has worked to speed up the FDA's bureaucratic, risk-averse and slow drug approval process. He's pushing even harder now.

Trump's under attack for pressuring the FDA to allow doctors to try hydroxychloroquine combined with the antibiotic azithromycin, although both drugs are already in use for other maladies. In a French clinical trial, the combo worked on coronavirus, but critics object that

study wasn't large enough. That's a legitimate concern in ordinary times.

"The president is short-circuiting the process," protests Jeffrey Flier, former Harvard Medical School dean. The process? In a pandemic, patients can't wait.

State Rep. Tavia Galonski, D-Ohio, wants to charge Trump with "crimes against humanity" for pushing a drug that hasn't been tested for coronavirus patients. Patients think he deserves a medal.

A second task force also needs to ramp up production and distribution of rapid tests. It's key to reopening workplaces, including assembly lines and office settings. Walmart is taking employees' temperatures, but that is hit or miss because many infected people have no fever. Broad distribution of the Abbott five-minute test could be a game changer. So could the new Ortho Clinical Diagnostics blood test, already in mass production, which will tell people if they have antibodies to the virus and are probably immune.

The new task force's third job is to shrink the shutdown to where it's actually needed. Not every part of America is enduring the medical carnage of New York. But shutdown pain is everywhere. On Friday, first-time unemployment benefit applications hit an all-time high nationwide.

University of Texas professor Lauren Ancel Meyers is urging all counties in the nation to shutdown. Meyers' approach is typical, ignoring the human cost of closing the economy. She warns that in counties with no reported cases, there's still a 9% chance of an outbreak. Maybe so, but shutting down comes with a 100% chance of destroying Main Street and costing people their livelihoods, and some even their lives.

Likewise, Fauci is urging Americans to stick with the shutdown. "It's inconvenient," he says, but it's "the answer to our problems." "Inconvenient" is the wrong word. The shutdown is a killer.

In Sweden, government leaders have avoided shutting the economy down, instead letting individuals decide what precautions to take. A major rationale for that approach, explains Anders Tegnell,



Anthony Fauci

Sweden's chief epidemiologist, is that "unemployed people are a great threat to public health."

Trump's Task Force deserves enormous thanks for marshaling resources to equip our hospitals and man the front lines. Now it's time for a second task force to rescue America from the shutdown.

Betsy McCaughey served as lieutenant governor of New York from 1995-98 and is chairman of the Committee to Reduce Infection Deaths.

Selective social distancing is futile

By Michelle Malkin

This week in Colorado, our statewide stay-at-home order was extended until April 26. Gov. Jared Polis urged everyone to wear a mask of any kind while outdoors. Local groceries are limiting customers to one every 120 square feet of the store. For the first time, my neighborhood playground on Tuesday was wrapped in bright yellow "CAUTION" tape. And in Brighton, Colorado, a father was handcuffed in an empty park by three police officers for playing T-ball with his 6-year-old daughter and wife.

We are not a serious country. America's "social distancing" campaign has gone both too far and not far enough. The restrictions and guidelines are arbitrary, irrational and unevenly applied.

While children's swings and slides are now crime scenes, golf courses and pickleball courts in my city are wide open.

Weed and booze stores are considered "essential." Ice cream, dessert joints and fast-food outlets with takeout and delivery services are still operating. But family-owned, sit-down restaurants that have been staples in our community have been forced to shut their doors after decades in business.

Barbershops and hair salons here were ordered to close three weeks ago, but government employees on landscaping crews who cut grass — like the ones I've seen all crammed together in a city truck — are still earning paychecks subsidized by the taxpayers sidelined from their jobs in the name of safety and public health.

In my state, and across the country, private gyms have been forbidden spaces for the masses for weeks. But if you're a celebrity or Beltway elitist, you can still stay in shape while sanctimoniously taping public service announcements telling everyone else to stay at home.

Jennifer Lopez and Alex Rodriguez have been racking up social media clicks by sharing cozy family quarantine videos and coping tips from their multi-million-dollar Florida mansion. "We all need to take care of ourselves, mentally and physically, and also be respectful of the health and well-being of others. At a time when people need to stay apart, we can still find other ways to feel togetherness. Stay connected, and most importantly, stay safe," Rodriguez tweeted to his 1.2 million fans. Yet, last week, the power couple was caught by paparazzi exiting a Miami gym whose front-door sign read: "This gym is not open. Stay home stay safe."

Actors Mario Lopez and Mark Wahlberg have also become quarantine time favorites, sharing dance routines, home workouts and homeschool scenes to show their commitment to self-isolation. But last week, the buff Hollywood bros ventured out to a posh Los Angeles F45 Training facility to tape a partner workout together (with a two-person film crew) that they told their viewers to replicate in their apartments or backyards.

Supreme Court Justice Ruth Bader Ginsburg's personal trainer bragged that until last week, she was working out at the private Supreme Court gym. "Everybody's been shut down," trainer Bryant Johnson told Law360, a legal news and analysis website. "The only reason why I didn't shut the justice down is because, hey, she ain't having it," Johnson said.

Translation: We are not "all in this together," like the cliched hashtag saying goes. The privileged among us get VIP gym access during lockdown, while ordinary Americans are cooped up inside doing pushups in the living room, lunges through the bedroom, makeshift treadmill runs in slippery socks across the kitchen floor, and bicep curls with their jugs of laundry detergent.

Wealthy LA denizens were still flocking to trendy farmers markets

last week — until they were shamed on Nextdoor and other social media outlets. Throngs descended on the D.C. Maine Avenue Fish Market last weekend in defiance of stay-at-home orders. Mardi Gras parties and spring break students formed contagion-friendly mobs while authorities sat on their hands. Philadelphia hoodlums are still holding tailgate parties with carloads of boozers. New York subways remain stuffed to the gills with commuters on trains and platforms. But cops in Florida did crack down on a pastor in Tampa for holding services at his megachurch, and police in New Jersey arrested 15 attendees at an Orthodox Jewish rabbi's funeral.

Mandatory mass isolation (or at least the illusion of it) is an efficient way to instill hysteria and disrupt lives but a poor means of actually protecting the most vulnerable. Selective social distancing is a futile exercise in virus virtue signaling. Either we're all in or we're all out. You can't attribute curve-flattening to "social distancing" if huge swaths of people never practiced it or opted out when convenient.

How long must we carry on the charade? Public health autocrat Anthony Fauci insists we must continue living like this until there are "no new cases" and "no new deaths" — and until a vaccine (which his control-freak pal Bill Gates is working overtime to foist on the world) is in place. This is nuts. The zero-cases/zero-deaths standard doesn't exist for any other pandemic. We're strangling ourselves in CAUTION tape, riddled with holes, for show. Pretense is a pointless cure worse than any infectious disease.

Michelle Malkin is a syndicated columnist. Her email address is MichelleMalkinInvestigates@protonmail.com.

Early failures by the CDC and FDA has lasting consequences

By Jacob Sullum

Public officials across the United States are flying blind against the COVID-19 epidemic. Because of a government-engineered testing fiasco, they do not know how fast the virus is spreading, how many people have been infected by it, how many will die as a result or how many have developed immunity to it.

The failure to implement early and wide testing, which was caused by a combination of short-sightedness, ineptitude and bureaucratic intransigence, left politicians scrambling to avoid a hospital crisis by imposing broad business closures and stay-at-home orders. It foreclosed the possibility of a more proactive and targeted approach, focused on identifying carriers, tracing their contacts and protecting the public through isolation and quarantines.

The initial outbreak of COVID-19 in Wuhan, China, was reported at the end of December. The first confirmed case in the United States was reported on Jan. 20, by which time it seems likely that many other Americans were already infected.

At first, the U.S. Centers for Disease Control and Prevention monopolized COVID-19 tests. When the CDC began shipping test kits to state laboratories in early February, they turned out to be defective.

The CDC and the Food and Drug Administration initially blocked efforts by universities and businesses to develop and conduct tests before relaxing the restrictions that made it impossible to assess the progress of the epidemic. Making a false virtue of necessity, the CDC set irrationally narrow criteria for testing, which meant that carriers without severe symptoms or obvious risk factors escaped detection.

The CDC still insists that "not everyone needs to be tested for COVID-19." But without testing everyone — or at least representative samples — for both the virus itself and the antibodies to it, we can do little better than guess its prevalence, its lethality and the extent of immunity among the general public.

Even now, months after the Wuhan outbreak and the first reported case in the U.S., we have managed to test less than 1% of the population, and those tests have been limited mainly to people with symptoms severe enough for them to seek treatment. Since people infected by the COVID-19 virus typically experience mild symptoms or no symptoms at all, that's a real problem.

Anthony Fauci, director of the National Institute of Allergy and Infectious Diseases, estimates that "somewhere between 25 percent and 50 percent" of COVID-19 carriers are asymptomatic. But he

cautions that "right now we are just guessing," saying the issue would be clarified by wide antibody testing, which would identify people who had the virus and recovered, many of whom may never have realized they were infected.

Iceland — which has tested more than 8% of its population for the virus, 14 times the U.S. rate — has been screening the general public as well as people who think they might have COVID-19. About 1% of those volunteers have tested positive and half of them reported no symptoms.

Iceland's response to COVID-19, which features aggressive testing, contact tracing and quarantines of infected people but no general lockdown, seems to be working. Its crude case fatality rate — known deaths as a share of confirmed cases — is much lower than the rates in other developed countries, including places where the disease emerged around the same time.

Other countries that are doing mass testing, including South Korea, Singapore, Austria and Germany, also seem to have a better handle on their epidemics, whether measured by their crude CFRs or by the number of new cases. Because of the ongoing test shortage, the United States has been unable to mount a similar response.

Our ignorance about COVID-19 will have profound consequences, potentially leading to an overreaction that wrecks the economy while saving relatively few lives or (less likely, given the current political climate) an underreaction that costs many lives and allows hospitals to be overwhelmed by COVID-19 cases. You can thank the same agencies on which we are relying to guide us through this crisis.

Social distancing

Dear Editor:

I am confused. The surgeon general and the director of the National Institute of Allergy and Infectious Diseases have gone on national TV and suggested that we stay at home, maintain social distance of 6 feet if we are out in emergencies, and to wear face masks.

When I watch the news, I see people who should know better in close proximity and wearing no masks.

Some of the people I have seen not following the rules are: Firefighters applauding healthcare workers at Jamaica Hospital in Queens, NY.

Sheriff deputies in Riverside standing in attention honoring fallen colleagues.

Mayor Garcetti and public health officials in a press briefing.

Lines at supermarkets with people only separated by the length of a shopping cart.

President Trump and his Covid-19 task force holding press conferences.

Finally, President Trump saying that he will not wear a mask. I guess he thinks he is invincible but is a bad example for the rest of us more common mortals.

If people continue not complying with the recommendation about Covid-19, they are creating the possibility that the pandemic will become endemic.

History will then be written by the Covid-19 virus.

Jorge Montero Downey

The Norwalk Patriot STAFF

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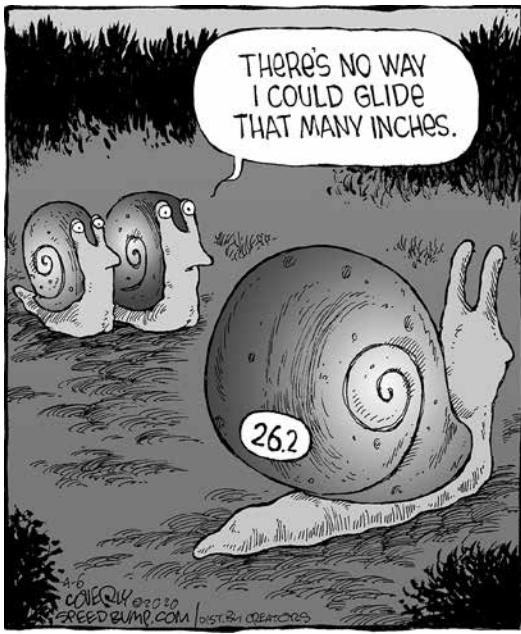
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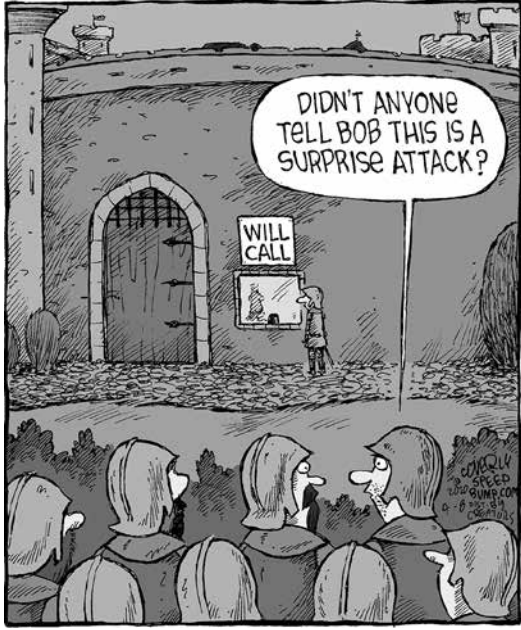
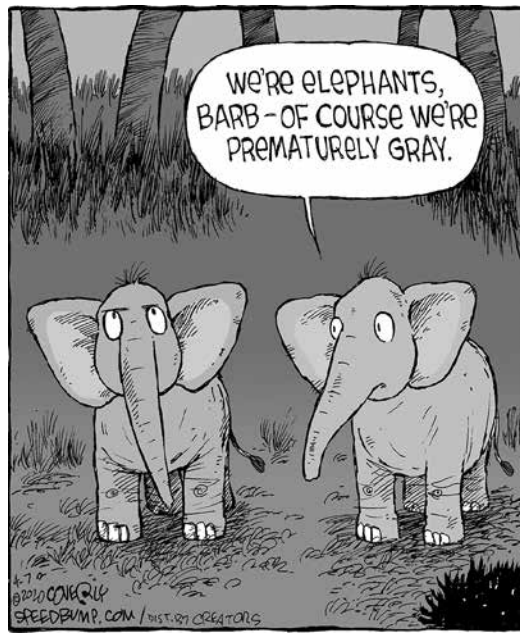
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Send us your Letters to the Editor, Press Releases, photos, meeting and club schedules!

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Norwalk, CA 90650
Email:
news@thedowneypatriot.com

CALENDAR OF EVENTS

MONDAYS

1st, 6:00 p.m. - Public Safety meetings - Council Chambers

TUESDAYS

8:00 a.m. - 1:00 p.m. - Farmers Market - Excelsior High School
1st & 3rd 6:00 p.m. - Toastmasters Meetings - Registrar Recorder/County Clerks Office
1st & 3rd, 6:00 p.m. - City Council - Council Chambers
3rd, 5:45 p.m. - Housing Authority - Council Chambers

WEDNESDAYS

1st, 12:30 p.m. - Soroptimist International - Soroptimist Village
1st & 3rd, 7:00 p.m. - Lions Club - Bruce's Restaurant
2nd, 10:30 a.m. - Norwalk Woman's Club - Masonic Lodge
2nd & 4th, 1:30 p.m. - Alondra Senior Citizens - Social Services Center
2nd & 4th, 7:30 p.m. - Planning Commission - Council Chambers
4th, 11:30 a.m. - Coordinating Council - Arts & Sports Complex

THURSDAYS

7:00 p.m. - Boy Scouts Troop 924 - Norwalk United Methodist Church
2nd, 7:00 p.m. - American Legion Post No. 359 - 11986 Front St.
2nd, 7:30 p.m. - Golden Trowel - Norwalk Masonic Lodge

SATURDAYS

2nd, 8:30 a.m. - 10:30 a.m. - Pancake Breakfast - First Christian Church of Norwalk
Have an event you want listed? E-mail news@thedowneypatriot.com

On This Day...

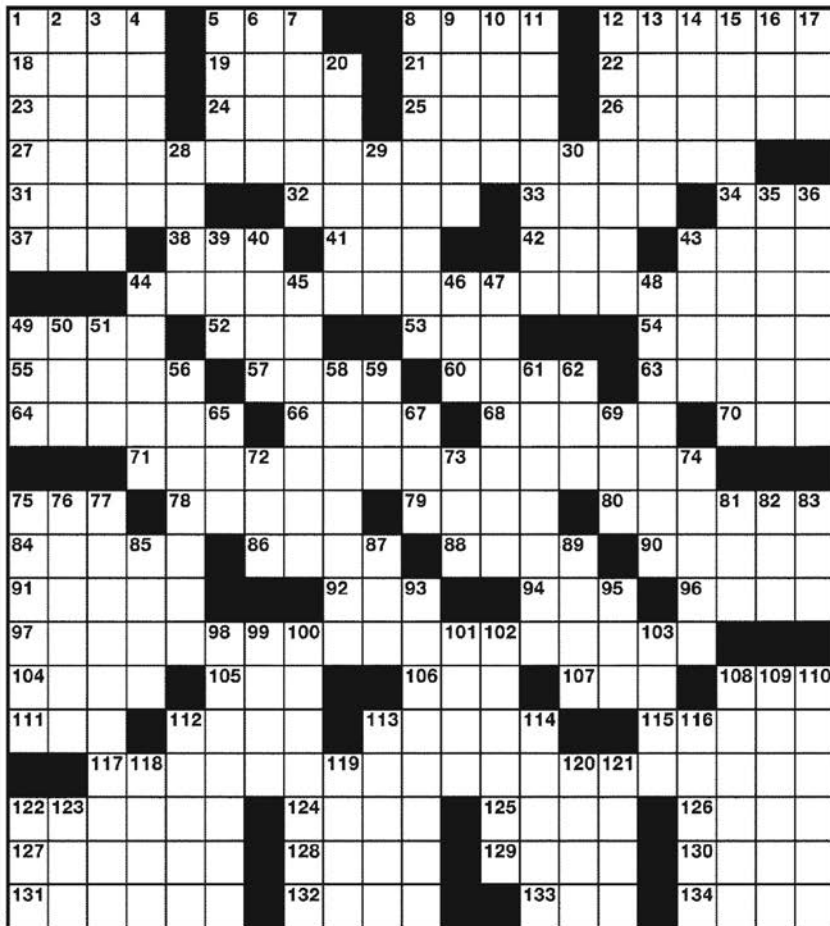
- April 10, 1790: The U.S. patent system was established when U.S. President George Washington signed the Patent Act of 1790 into law.
- 1886: The American Society for Prevention of Cruelty to Animals (ASPCA) was incorporated.
- 1912: The Titanic set sail from Southampton, England.
- 1953: Warner Bros. released "House of Wax." It was the first 3-D movie to be released by a major Hollywood studio.
- 2000: Ken Griffey Jr. became the youngest player in baseball history to reach 400 home runs. He was 30 years, 141 days old.

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)
PEAK PERFORMANCE: A quintet of superlatives
by Gail Grabowski

- ACROSS
- 1 Snakes seen by Indiana Jones
- 5 Journey segment
- 8 Speed test
- 12 Outpourings
- 18 "Tall" yarn
- 19 Gel-yielding plant
- 21 Very much
- 22 Neighbor of Lithuania
- 23 Extended family
- 24 Part of speech
- 25 Connection point
- 26 Value highly
- 27 Voice-over Emmy Award
- 31 Rodeo bovine
- 32 Multicolored mineral
- 33 Silent signals of approval
- 34 Remarkable thing
- 37 Danson of TV
- 38 Suffix for social
- 41 Erstwhile space station
- 42 Baba
- 43 Delicate trim
- 44 Postseason award in many sports
- 49 Hunter's garb, for short
- 52 Polished off
- 53 Outback bird
- 54 Inventor Howe
- 55 Audibly
- 57 Bear in constellations
- 60 ID on a dust jacket
- 63 Dancing With the Stars step
- 64 Fossil site in Los Angeles
- 66 "Encore!"
- 68 Abounds (with)
- 70 Demographic cohort, for short
- 71 Big Apple's firefighters
- 75 Seat for a toddler
- 78 Wood-shop shaver
- 79 Part of a full house
- 80 Considers with care
- 84 Fill with joy
- 86 Grade school support grps.
- 88 Animal rights org.
- 90 Long-legged wader
- 91 Name on a Rocketman poster
- 92 Mr. Van Winkle
- 94 1-800-____RAIL (Amtrak's number)
- 96 Makes a blunder
- 97 Top heavyweight, e.g.
- 104 AFB truant
- 105 Owned by us
- 106 I love: Lat.
- 107 Swampy ground
- 108 Mule's sire
- 111 High fashion monogram
- 112 Avid about
- 113 Watchdog's warning
- 115 Regatta racer
- 117 Brad Pitt award for 2019
- 122 Curly-haired pet
- 124 Former rival of Volvo
- 125 Avocado-shaped
- 126 Restore to health
- 127 Wise sayings
- 128 Hawkeye Pierce portrayer
- 129 Evening, in ads
- 130 Charlie Brown lament
- 131 Loathe
- 132 Impolite stare
- 133 Female rabbit
- 134 "What a shame!"
- DOWN
- 1 Without a markup
- 2 Military greeting
- 3 Covered, as with gold
- 4 Smell, for one
- 5 Pop singer Del Rey
- 6 Musk of Tesla
- 7 Dutch cheese
- 8 Sounded reasonable
- 9 Without peer
- 10 Musical postscript
- 11 Ceaseless
- 12 Dog groomer's treatment
- 13 Has staying power
- 14 Comics canine
- 15 Getting soaked, in a way
- 16 Casino cube
- 17 Finger-pointing uncle
- 20 Something baffling
- 28 Small jazz group
- 29 Catch red-handed
- 30 Cast portrayal
- 35 Glacial period
- 36 Word in the definition of "anyone"
- 39 Federal inspection agcy.
- 40 Caesar's rebuke
- 43 Tra-__
- 44 Feel sorrow
- 45 Quebec neighbor
- 46 Parisian pal
- 47 Class outing, often
- 48 "Hmm..."
- 49 Baseball great Ripken
- 50 Emulating
- 51 Crowd around
- 56 Diving board's spot
- 58 Pitcher's woe
- 59 Genesis 6 construction
- 61 Forest youngster
- 62 The Silver St.
- 65 Hole-punching tool
- 67 Clairvoyance, for short
- 69 Kitten sound
- 72 Talk too much
- 73 Undergrad degs.
- 74 Fierce fighter
- 75 Wiggle room
- 76 Authorizes
- 77 Coast guard vehicle
- 81 Exclamation of frustration
- 82 What pirates call their vessels
- 83 Some GPS lines
- 85 Turnpike charge
- 87 Sort of small swallow
- 89 Beginning from
- 93 After-work hangout
- 95 Trunk chopper
- 98 Competition
- 99 Modest dwellings
- 100 Excitement
- 101 Actor Epps or Sharif
- 102 Antivirus software brand
- 103 Irish New Age singer
- 108 Not simulated
- 109 Vowel sound in "stand"
- 110 Underline or italicize
- 112 Maui and Kauai
- 113 Small shovel
- 114 Enraged
- 116 Ghana's capital
- 118 Surface boundary
- 119 Adjective for "imitation"
- 120 Brussels-based alliance
- 121 Exuberant feeling
- 122 Something to sketch in
- 123 Verse of tribute

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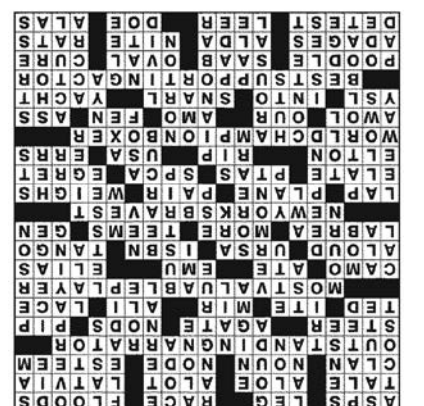


ADVERTISING POLICY

The Norwalk Patriot reserves the right to censor, reclassify, revise or reject any ad. The Norwalk Patriot is not responsible for incorrect ads beyond the first business day of an ad scheduled. Please check your ad on the first day of publication and report any errors we have made to the Classified Department at 562-904-3668 at the beginning of the next business day to have it publish correctly for the remainder of the schedule.

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762. Please send a self-addressed, stamped envelope if you'd like a reply.

Number: "International Standard Book for "International Standard Book completed 86,321 orbits from 1986 to 2001. ISBN 978-0-13-000000-0 (41 Across) David Attenborough. The Russian Jeremy Irons, Meryl Streep and 2014 shows, winners have included (27 Across) STANDING NARRATOR Since the Emmy Award for



LEGALS

FICT. BUS NAME

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020042800
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) PETITE GARDEN LIFE, 13641 ALLEGAN ST, WHITTIER CA 90605, COUNTY OF LOS ANGELES, INCORPORATION OR ORGANIZATION NUMBER (IF APPLICABLE): A1 #ON: N/A REGISTERED OWNERS(S): (1) JAMIE BAKER, 13641 ALLEGAN ST, WHITTIER CA 90605
State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: an Individual
The date registrant started to transact business under the fictitious business name or names listed above: N/A
I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
S/ JAMIE BAKER, OWNER

This statement was filed with the County Clerk of Los Angeles on FEBRUARY 20, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 3/20/20, 3/27/20, 4/3/20, 4/10/20

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020046346
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) BUY-N-SAVE INSURANCE SERVICES, 14339 PIONEER BLVD, NORWALK CA 90650, LA COUNTY, 14339 PIONEER BLVD, NORWALK CA 90650
Articles of Incorporation or Organization Number (if applicable): A1 #ON: N/A REGISTERED OWNERS(S): (1) JONATHAN RIVERA, 4292 DALTON AVE, LOS ANGELES CA 90065
State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: an Individual
The date registrant started to transact business under the fictitious business name or names listed above: N/A
I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
S/ JONATHAN RIVERA, OWNER

This statement was filed with the County Clerk of Los Angeles on FEBRUARY 25, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 3/20/20, 3/27/20, 4/3/20, 4/10/20

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020058002
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) A5 LIQUOR INC, 6905 E CARSON ST, LAKEWOOD CA 90713, LA COUNTY, 6905 E CARSON ST, LAKEWOOD CA 90713
Articles of Incorporation or Organization Number (if applicable): A1 #ON: N/A REGISTERED OWNERS(S): (1) A5 LIQUOR INC, 6905 E CARSON ST, LAKEWOOD CA 90713
State of Incorporation: CA THIS BUSINESS IS CONDUCTED BY: a Corporation
The date registrant started to transact business under the fictitious business name or names listed above: N/A
I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
S/ A5 LIQUOR INC, PRESIDENT, BASEL ALISSA

This statement was filed with the County Clerk of Los Angeles on MARCH 9, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 3/20/20, 3/27/20, 4/3/20, 4/10/20

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

2020058205
FILE NO: 2019039310 DATE FILED: FEBRUARY 14, 2019
NAME OF BUSINESS(ES): PRINCESS NAILS AND SPA
STREET ADDRESS, CITY, STATE, ZIP CODE: 15835 E IMPERIAL HWY, LA MIRADA, CA 90638
REGISTERED OWNERS(S): (1) CUONG VAN DINH, 10171 NOTTINGHAM AVE., WESTMINSTER CA 92683
If Corporation or LLC - Print State of Incorporation/Organization: N/A
Business was conducted by: an Individual
I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.)
S/ CUONG VAN DINH, OWNER
This statement was filed with the County

Clerk of LOS ANGELES on MARCH 9, 2020

The Norwalk Patriot 3/20/20, 3/27/20, 4/3/20, 4/10/20

GOVERNMENT

CITY OF NORWALK NOTICE OF PUBLIC HEARING TENTATIVE PARCEL MAP NO. 082711 NOTICE OF CATEGORICAL EXEMPTION (CLASS 15)

Date: April 22, 2020
Time: 7:30 p.m. or as soon thereafter as the matter may be heard
Place: City Council Chambers, Norwalk City Hall, 12700 Norwalk Boulevard, Norwalk, CA 90650

Project Description: For the Planning Commission to consider the following application filed by Doesy Romero on behalf of Miguel Diaz and Ricardo Contreras; a request to subdivide a lot into two lots. The subject property is generally known as 10624 Downey Norwalk Road, located on the south side of Downey Norwalk Road, in the Single-Family Residential (R-1) zone.

Environmental Review Information: Pursuant to the California Environmental Quality Act (CEQA) and the local CEQA Guidelines of the City of Norwalk, this project will not have a significant effect on the environment and is listed as a Class 15 Categorical Exemption. Class 15 consists of the division of property in urbanized areas zoned for residential, commercial or industrial use into four or fewer parcels when the division is in conformance with the General Plan and zoning. A Notice of Categorical Exemption Class 15 has been prepared for this project.

Public Comment: Interested persons may review the agenda report for the above-described project at the City's webpage at: <https://www.norwalk.org/city-hall/meeting-agendas-393>. Until further notice, the Planning Commission meetings will be conducted pursuant to the provisions of the Governor's Executive Order N-25-20, which does allow for Planning Commission and/or staff to teleconference. As a precaution to protect both staff, our constituents, and commissioners, public access to the meeting in person will not be allowed due to the Governor's Executive Order. You may watch the meeting from home on Charter Channel 3, Verizon Fios Channel 32, or livestream through the City's website. Additionally, as Planning Commission meetings are now closed to the public, if you wish to make a comment on an agenda item or provide oral communications (during the meeting), you may provide input either by phone or electronically through the following procedures: 1) By emailing planning@norwalkca.gov. Please identify the specific item or whether your comment is for oral communications (items not on the agenda) and limit your comments to 3 minutes maximum, which is the same time allotted at meetings. Emails will be read during the meeting; 2) By calling the Community Development Department at (562) 929-5744 prior to the meeting to let staff know that you would like to make a comment during the meeting. You will be asked for your name, phone number, and the item number so that staff may call you during the meeting at the appropriate time. If you challenge the proposed project, you may be limited to only those issues raised at the public hearing described in this notice, or in written correspondence delivered prior to the public hearing.

The Norwalk Patriot 3/20/20, 3/27/20, 4/3/20, 4/10/20

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2020058002
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) A5 LIQUOR INC, 6905 E CARSON ST, LAKEWOOD CA 90713, LA COUNTY, 6905 E CARSON ST, LAKEWOOD CA 90713
Articles of Incorporation or Organization Number (if applicable): A1 #ON: N/A REGISTERED OWNERS(S): (1) A5 LIQUOR INC, 6905 E CARSON ST, LAKEWOOD CA 90713
State of Incorporation: CA THIS BUSINESS IS CONDUCTED BY: a Corporation
The date registrant started to transact business under the fictitious business name or names listed above: N/A
I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
S/ A5 LIQUOR INC, PRESIDENT, BASEL ALISSA

This statement was filed with the County Clerk of Los Angeles on MARCH 9, 2020

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 3/20/20, 3/27/20, 4/3/20, 4/10/20

NOTICES

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 20NWCP00004
TO ALL INTERESTED PERSONS: Petitioner DIANA P. YANG filed a petition with this court for a decree changing names as follows: Present name (1) DIANA P. YANG to Proposed name (1) JITANI PA YANG THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: APRIL 22, 2020, Time: 1:30 p.m., Department: C, Room: 312
The address of the court is 12720 Norwalk Blvd, Norwalk CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, THE NORWALK PATRIOT MARCH 11, 2020
Judge Margaret M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Diana P. Yang
6132 Bigelow St
Lakewood CA 90713
(562) 235-6418

The Norwalk Patriot 3/20/20, 3/27/20, 4/3/20, 4/10/20

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 20NWCP00093
TO ALL INTERESTED PERSONS: Petitioner LIJO PURAPPANTHANAMSCARIA filed a petition with this court for a decree changing names as follows: Present name (1) LIJO PURAPPANTHANAMSCARIA to Proposed name (1) LIJO PURAPPANTHANAM SCARIA THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING

The Norwalk Patriot 3/20/20, 3/27/20, 4/3/20, 4/10/20

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 20NWCP00093
TO ALL INTERESTED PERSONS: Petitioner LIJO PURAPPANTHANAMSCARIA filed a petition with this court for a decree changing names as follows: Present name (1) LIJO PURAPPANTHANAMSCARIA to Proposed name (1) LIJO PURAPPANTHANAM SCARIA THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING

Date: MAY 13, 2020, Time: 1:30 p.m., Department: C, Room: 312

The address of the court is 12720 Norwalk Blvd, Norwalk, CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, NORWALK PATRIOT MARCH 11, 2020
Judge Margaret M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
LIJO PURAPPANTHANAMSCARIA
10853 Firestone Blvd Apt 94C
Norwalk CA 90650
(562) 450-4545
Lijoscarria84@gmail.com

The Norwalk Patriot 3/20/20, 3/27/20, 4/3/20, 4/10/20

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 20NWCP00071
TO ALL INTERESTED PERSONS: Petitioner Samuel Kevin Munoz by and through Maria de Jesus Murillo filed a petition with this court for a decree changing names as follows: Present name (1) Samuel Kevin Munoz to Proposed name (1) Samuel Kevin Murillo THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: APRIL 29, 2020, Time: 1:30 p.m., Department: C, Room: 312
The address of the court is 12720 Norwalk Blvd, Norwalk CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, The Norwalk Patriot FEBRUARY 24, 2020
Judge Margaret M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Maria de Jesus Murillo
11011 Cultura St. Apt. C202
Santa Fe Springs, CA. 90670
(562) 456-6349

The Norwalk Patriot 3/20/20, 3/27/20, 4/3/20, 4/10/20

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 20NWCP00086
TO ALL INTERESTED PERSONS: Petitioner Margarita Mejia filed a petition with this court for a decree changing names as follows: Present name (1) Margarita Mejia to Proposed name (1) Margarita Mejia THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
NOTICE OF HEARING
Date: APRIL 29, 2020, Time: 1:30 p.m., Department: C, Room: 312
The address of the court is 12720 Norwalk Blvd, Norwalk CA 90650
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, The Norwalk Patriot FEBRUARY 24, 2020
Judge Margaret M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Margarita Mejia
14708 Biola Ave
La Mirada, CA 90638
(714) 737-1171
Maggiemejia67@att.net

The Norwalk Patriot 3/20/20, 3/27/20, 4/3/20, 4/10/20

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 20NWCP00086
TO ALL INTERESTED PERSONS: Petitioner Margarita Mejia filed a petition with this court for a decree changing names as follows: Present name (1) Margarita Mejia to Proposed name (1) Margarita Mejia THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.
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A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, The Norwalk Patriot MARCH 5, 2020
Judge Margaret M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Margarita Mejia
14708 Biola Ave
La Mirada, CA 90638
(714) 737-1171
Maggiemejia67@att.net

The Norwalk Patriot 3/20/20, 3/27/20, 4/3/20, 4/10/20

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME

Case Number: 20NWCP00086
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Judge Margaret M. Bernal
Judge Of The Superior Court
Petitioner or Attorney, In Pro Per
Margarita Mejia
14708 Biola Ave
La Mirada, CA 90638
(714) 737-1171
Maggiemejia67@att.net

The Norwalk Patriot 3/20/20, 3/27/20, 4/3/20, 4/10/20

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF: OLIVE O. BRADY CASE NO. 20STPB00039

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of OLIVE O. BRADY.
A PETITION FOR PROBATE has been filed by GEORGE M. RABITO in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that GEORGE M. RABITO be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests the decedent's WILL and codicils, if any, be admitted to probate. THE WILL and any codicils are available for examination in the file kept by the court.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority includes the power to take any action necessary to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 04/16/20 at 8:30AM in Dept. 11 located at 111 N. HILL ST., LOS ANGELES, CA 90012
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
MARY E. DOERGES, ESQ. - SBN 263264,
GREGORY J. FRENKEL, ESQ. - SBN

300588
AMBROSI & DOERGES, APC
695 TOWN CENTER DRIVE
STE 700
COSTA MESA CA 92626
327, 4/3, 4/10/20
CNS-3355711#
THE NORWALK PATRIOT

CNS 3355711
The Norwalk Patriot 3/27/20, 4/3/20, 4/10/20

NOTICE OF PETITION TO ADMINISTER ESTATE OF ROBERTO ANTONIO RODRIGUEZ Case No. 20STPB02851

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of ROBERTO ANTONIO RODRIGUEZ
A PETITION FOR PROBATE has been filed by Celene Rodriguez and Lea Rodriguez in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that Celene Rodriguez and Lea Rodriguez be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on April 29, 2020 at 8:30 AM in Dept. No. 29 located at 111 N. Hill St., Los Angeles, CA 90012.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for petitioner:
GRACE RODRIGUEZ ESQ
SBN 196957
LAW OFFICES OF
R GRACE RODRIGUEZ
21000 DEVONSHIRE ST STE 111
CHATSWORTH CA 91311
CN969403 RODRIGUEZ Apr 10, 17, 24, 2020

CN969403
The Norwalk Patriot 4/10/20, 4/17/20, 4/24/20

TRUSTEE SALES

T.S. No.: 2019-00428-CA
A.P.N.: 8021-023-011
Property Address: 10650 Spry Street, Norwalk, CA 90650

NOTICE OF TRUSTEE'S SALE
PURSUANT TO CIVIL CODE § 2923.3(a) and (d), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR.

NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED

Date: April 2, 2020
Western Progressive, LLC, as Trustee for beneficiary C/o 1500 Palma Drive, Suite 237 Ventura, CA 93003
Sale Information Line: (866) 960-8299 <http://www.altisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx>

Trustee Sale Assistant
WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE.

APP 2004-CA-3674634
The Norwalk Patriot 4/10/20, 4/17/20, 4/24/20

NOTICE OF TRUSTEE'S SALES TS No. CA-19-874505-NJ

Order No.: 191239512-CA-VOL YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/31/2018. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

Trustor: Marco A Ibarra and Rosario Garcia, Husband and wife as Joint Tenants
Duly Appointed Trustee: Western Progressive, LLC
Deed of Trust Recorded 04/20/2006 as Instrument No. 06 0864898 in book ---, page --- and of Official Records in the office of the Recorder of Los Angeles County, California, Date of Sale: 06/02/2020 at 11:00 AM
Place of Sale: BEHIND THE FOUNTAIN LOCATED IN CIVIC CENTER PLAZA, 400 CIVIC CENTER PLAZA, POMONA, CA 91766

Estimated amount of unpaid balance, reasonably estimated costs and other charges: \$ 274,686.89

NOTICE OF TRUSTEE'S SALE

THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR

CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY THE STATE OR FEDERAL CREDIT UNION OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE:

LEGALS

you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **800-280-2832** for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-19-870765-CL**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any inaccuracy of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan**

Service Corp. TS No.: **CA-19-870765-CL** IDSPub #0161624 3/27/2020 4/3/2020 4/10/2020

IDS 0161624
The Norwalk Patriot
3/27/20, 4/3/20, 4/10/20

T.S. No.: 191211412 Notice of Trustee's Sale Loan No.: Beatty Order No. 95523148 APN: 8047-017-009 You Are In Default Under A Deed Of Trust Dated 10/25/2018. Unless You Take Action To Protect Your Property, It May Be Sold At A Public Sale. If You Need An Explanation Of The Nature Of The Proceeding Against You, You Should Contact A Lawyer. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, cashier's check drawn by a state or federal credit union, or a cashier's check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Eric P. Beatty, solely in his capacity as Receiver in the matter of City of Los Angeles V. Luna, Los Angeles County Superior Court Case Number VC067004 Duly Appointed Trustee: Total Lender Solutions, Inc. Recorded 10/26/2018 as Instrument No. 20181091345 in book page of Official Records in the office of the Recorder of Los Angeles County, California. Date of Sale: 4/21/2020 at 11:00 AM Place of Sale: Behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona, CA Amount of unpaid balance and other charges: \$182,354.03 Street Address or other common designation of real property: 13137 Avonlea Ave Norwalk, CA 90650 A.P.N.: 8047-017-009 The undersigned Trustee disclaims any liability for any inaccuracy of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. Notice To Potential Bidders: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at

a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (877) 440-4460 or visit this Internet Web site www.mkcconsultantsinc.com, using the file number assigned to this case 191211412. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 3/19/2020 Total Lender Solutions, Inc. 10505 Sorrento Valley Road, Suite 125 San Diego, CA 92121 Phone: 866-535-3736 Sale Line: (877) 440-4460 BY: /s/Rachel Seropian, Trustee Sale Officer

MK 191211412
The Norwalk Patriot
3/27/20, 4/3/20, 4/10/20

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Epidemiologist answers common questions on Covid-19

By Iqbal Pittalwala

Brandon Brown, an epidemiologist at the UC Riverside School of Medicine, has given numerous media interviews on the novel coronavirus, COVID-19, and related topics. An associate professor in the Center for Healthy Communities, he answers several common questions about the virus and its spread.

Who should wear a mask?

The Centers for Disease Control and Prevention recommends that we wear cloth face coverings — homemade masks, scarves, bandanas — in public settings, such as the grocery store or a pharmacy, where other social distancing measures are difficult to maintain and when other masks are not available. This prevents us from touching our face and prevents asymptomatic or symptomatic people from spreading the virus.

If people suspect they have the new coronavirus, what should their course of action be?

If someone suspects they may have coronavirus, and has symptoms that are indicative of it, including temperature above 100.4 F, they should call their primary care physician, the local public health department, or the local coronavirus hotline if one has been established. They should not go directly to urgent care since they will need to be treated as a person under investigation rather than a regular patient. We don't want people who have coronavirus to possibly expose other patients and health care providers or front desk workers to it in the hospital setting. Any nonessential doctor's appointments should be deferred at this time.

Why is your best bet to stay home with mild to moderate symptoms?

Staying home if you have symptoms similar to a common cold is best, because hospitals will begin to have more and more cases of coronavirus, and they should focus on those rather than people with a common cold that can be treated with home remedies in many cases, including plenty of rest and nutrition. If you have a common cold, and go to the hospital, you can also be exposed to other communicable diseases. Watch out for the 100.4 temperature, which is an indicator of when you should start making calls and

ensure that you are isolated from others. A thermometer is a good tool during this pandemic.

Is it true that the virus can only live on your hands for five to 10 minutes?

How long the virus can live on hands is not as important as what you do with your hands. If you are washing your hands regularly, the virus will not live on your hands for a long time. The virus can live on surfaces for days, and we are constantly using our hands and touching surfaces. More important than thinking how long the virus lives on your hands is to avoid touching your eyes, nose, and mouth with unwashed hands. Wash your hands!

What are the best ways to contain the pandemic at this point?

Social distancing is the best way to contain the spread at this point, along with vigorous and frequent handwashing, and making testing more available to identify positive cases and get them isolated. Aggressive social distancing, meaning going outside for food and medications only, would help decrease the spread of infection.

Should people be taking precautions like changing their clothes after going to the grocery store?

Washing your hands and avoiding touching your face are more important prevention methods than washing clothes. If we do that, along with staying home and physical distancing, we can dramatically decrease our likelihood of getting infected.

People should indeed be changing their clothes after going to places that are currently attended by hundreds of people every day such as grocery stores. Once you head home after the grocery store, first step is to use a sanitizer before touching your car door and steering wheel. Next, once you are home, you can leave any nonperishables in your garage for a period of time in case they have virus on them. Then, change your clothes, wash your hands, and re-enter your environment that is hopefully free from COVID-19.

For many people who have a home and a closet to keep their clothes, going to a laundromat may be their only option to wash their clothing. In that case, it's recommended they go during times when there are fewer people there in order to practice physical distancing, and wear

gloves and facemasks.

Why aren't gloves being recommended to the general public even though doctors use them to help prevent the spread of germs?

Medical exam gloves don't deter people in general from touching their faces because touching our faces is something natural that we do, with gloves or not. If we were kept in an experiment for a few hours wearing boxing gloves, we would likely still try to touch or scratch our face. Doctors use medical exam gloves for medical exams, touching people's skin and bodies, and they change the gloves between patients. They are experts at using gloves. If you are not a doctor, then there is no reason why you would wear medical gloves. Instead, wash your hands frequently with soap and water and avoid touching your face.

Do you have any rules/recommendations around not touching your face while traveling, or not touching certain areas?

The only way to get around from the norm of touching your face is to be intentional. It is very difficult. The recommendation to not touch your eyes/nose/mouth is not only limited to mass transit, but for our everyday life. We usually interact with people on a regular basis and can have potential exposure during that time. Touching your face with hands that you just cleaned and washed with soap and water is OK. That's when you scratch and itch. The problem is when we touch surfaces, hands, or other things that may have virus on them, and then we touch our face. That is how we can get infected.

Why should "flattening the curve" be a goal during outbreaks?

Flattening the curve is always a goal, because it just means limiting the number of infections. In phase two of an epidemic, you want to have as low a number of new cases as possible, particularly now that we have community transmission. We can achieve this with frequent and proper handwashing, staying home when possible if you are sick (or wearing a mask, washing hands and preventing the spread of infection when it's not possible to stay home), social distancing, self-quarantine when indicated, and contact tracing for those who test positive.

Solanki gets second term as Cerritos mayor

CERRITOS - The Cerritos General Municipal Election was held on Tuesday, March 3 for three members of the City Council and one city ballot measure (Measure C).

Jim Edwards, Naresh Solanki and Chuong Vo received the highest number of votes and were elected to the Office of Cerritos City Councilmember for a full-term of four years. Measure C was not approved by the Cerritos electorate.

During the City Council's annual reorganization meeting and mayoral transition on Wednesday, April 1, Solanki was selected as Mayor of Cerritos for the second year in a row and Vo as Mayor Pro Tem by their colleagues.

Members of the public offered their congratulations and expressions of support for the city council members during the meeting. The public and City Council also thanked Mark E. Pulido for his dedicated service as a City Councilmember as his second term concluded.

The total votes cast for the three elected members of the City Council were as follows:

- Jim Edwards - 6,298
- Naresh Solanki - 6,009

Chuong Vo - 5,387

A resident of Cerritos since 1988, Solanki was first elected to the Cerritos City Council in 2015. He became Mayor Pro Tem in 2016 and 2018 and was previously Mayor in 2019. He served as a Cerritos Planning Commissioner for eight years.

During Solanki's past year as Mayor, the City welcomed several new businesses to Cerritos, improvements were completed at Reservoir Hill Park, the library's aquarium was repaired and the City supported a successful Arts Education program at the Cerritos Center for the Performing Arts. The City's burglary rate was reduced by nearly 55 percent since 1994 and the Los Angeles Sheriff's Department's contract was renewed. Trees and streets remained a priority, and numerous improvement projects were completed throughout the City.

Solanki owns and is the CEO/President of retail grocery supermarkets and is also in the hospitality business. He is involved in numerous charitable endeavors in India, including the Akshaya Patra Foundation, which helps feed 1 million children in India by providing hot meals/lunches to school children each day. He also donates time each

year to assist with a medical camp in India, and actively supports various fundraising projects at the BAPS temple, which strives to address the spiritual, moral and social challenges and issues facing the world.

Vo has been a Cerritos resident since 2000. He served two years on the Cerritos Community Safety Committee from 2009-2011 and was appointed to the Planning Commission in 2011, on which he served for six years. He has a more than 20-year career in law enforcement and is a former member of the Cerritos Optimist Club and Kiwanis Club.

Edwards was elected to the Cerritos City Council in 2005, was re-elected in 2009, and served as Mayor of Cerritos from 2008 to 2009 and 2012 to 2013. He was re-elected to the City Council again in 2015 and in 2020. A Cerritos resident for more than 43 years, Councilmember Edwards previously served as a Cerritos Parks and Recreation Commissioner and as a Cerritos Community Safety Committee member. Edwards is retired from a career as a teacher and administrator in the ABC Unified School District.

The Norwalk Patriot is offering subscriptions for \$10/year. Subscription guarantees delivery every Friday to single-family homes in Norwalk.

14783 Carmenita Road, Norwalk, CA 90650

Name:	
Address:	
Phone:	

Hospitals agree to reopen and operate closed St. Vincent Medical Center

Governor Gavin Newsom announced Monday the establishment of the Los Angeles Surge Hospital, a temporary facility in Los Angeles that will expand access to additional beds and expand ICU capacity for patients who contract COVID-19.

Dignity Health and Kaiser Permanente will partner with the State of California and the County of Los Angeles to open the facility, which will be located on the campus of the former St. Vincent Medical Center in central Los Angeles.

Last month, under his Declaration of State Emergency and Executive Order, Governor Newsom authorized the leasing of facilities to respond to the COVID-19 pandemic, including the recently closed St. Vincent Medical Center. The hospital will create additional inpatient capacity in the community to treat the expected surge of patients with COVID-19 in the coming weeks. The facility will operate as a dedicated referral hospital and will not have an emergency room or accept walk-in patients. The County of Los Angeles' Department of Health Services will play a critical role in coordinating intake and transfer requests from hospitals across the County.

The Los Angeles Surge Hospital is expected to open April 13. It will open in phases, ramping up to accept more patients as physicians and staff are hired and supplies and equipment are secured, up to a projected capacity of 266 beds when fully operational.

The State of California will fund the hospital and its operations and will be responsible for obtaining all federal and state permits, licenses, and waivers to operate. The State is also responsible for procuring critical equipment and supplies, such as personal protective equipment and ventilators.

Dignity Health and Kaiser Permanente, two of California's largest not-for-profit healthcare systems, are providing expertise in establishing the Los Angeles Surge Hospital and will oversee management at the facility. Operational support will not diminish either healthcare system's existing frontline capacity.

"LA County has the largest concentration of confirmed COVID-19 cases in California. A time like this demands leadership, partnership, and collaboration—and I applaud my fellow leaders and our community partners who have risen to that challenge with aplomb," said L.A. County Supervisor Kathryn Barger. "Gov. Newsom's swift effort to utilize the space at St. Vincent's, and the collaboration of our private partners to operationalize this along with the Department of Health Services, is a true testament to the strength of our community here in Los Angeles County. The Los Angeles Surge Hospital is

one component of our county's comprehensive effort to respond to the need for surge capacity as we come together to serve our community."

"I applaud Gov. Newsom's bold and decisive action to temporarily transform the St. Vincent Medical Center into a surge hospital that will help individuals exposed to COVID-19," said L.A. County Supervisor Hilda L. Solis. "Under my direction, the Los Angeles County Department of Health Services will provide transportation, referrals and other support in tandem with Kaiser Permanente and Dignity Health to expedite the opening of this temporary hospital on the St. Vincent campus. Once operational, the facility will serve the region with the primary mission of increasing hospital capacity to care for patients with COVID-19 and helping slow the spread of this pandemic. This facility, located in the heart of my Supervisorial First District, will address our urgent health care needs through this unique public-private partnership among the State of California, LA County, Kaiser Permanente, and Dignity Health. No one stands alone in this critical moment, and I thank each partner for coming together to treat COVID-19 patients and for ensuring our communities remain safe and healthy."

"The opening of this COVID treatment facility speaks to the power of partnership at a critical moment, united in our shared mission of service to our communities as we confront this pandemic," said Dr. Christina Ghaly, Director for the Los Angeles County Department of Health Services (DHS). "We are grateful for the vision and support of the State of California, and the ingenuity and commitment of Kaiser Permanente and Dignity Health to open this medical facility at lightning speed, bolstering the resilience of our County's healthcare system and our ability to meet the medical needs of those impacted by this terrible virus."

"As we confront an unprecedented public health crisis, we are honored to be able to continue our legacy of service as part of this unique public-private partnership to expand access to additional beds as the COVID-19 threat continues to evolve," said Lloyd H. Dean - CEO of CommonSpirit Health, which includes Dignity Health hospitals. "More than

ever, this is the time for our communities to come together to care for people affected by this disease. We have worked with each of these partners over time, and this groundbreaking collaboration will help meet the urgent demand for health care services in California."

"Beating this pandemic requires all of us to work together, nimbly and creatively, and there is no better proof of that than our collective work to stand up this surge hospital in a matter of days," said Greg Adams, Kaiser Permanente's chairman and CEO. "This temporary hospital will add much needed resources to help us safely meet the needs of an expected surge of patients affected by this pandemic. We are proud to be able to help launch it, and appreciate California's leadership and collaboration as we look to leverage every resource available to fight COVID-19."

Julie Sprengel, President of Dignity Health's Southwest Division, will serve as acting CEO. David Quam, MD, who served in multiple leadership roles for Kaiser Permanente, will be the Chief Medical Officer. Jason Black, RN, formerly of Dignity Health, will be the Chief Nursing Executive. Additional leaders will be selected in the coming days.

Stay Gallery hosting virtual exhibit

DOWNEY - Stay Gallery is seeking artists to participate in a virtual group exhibition titled "human."

"Although our doors are closed, we are determined to continue sharing the power of art with our community," the gallery said. "Art has the remarkable ability to connect us through a language that resides within the depths of expression and creativity. Art reminds us of what it means to be human."

Artworks can be submitted for consideration online at staygallery.org. The deadline to apply is April 22.

The exhibition opens May 1.

Downey mask-maker looking for fabric donations

DOWNEY - A local resident is trying to do her part to help medical workers during the coronavirus pandemic, however says she might need a little bit of help in the process.

Rosalind Cook has spent the last few weeks sewing medical masks, with the intention of donating them to the medical workers currently on the frontlines of the fight against COVID-19.

She got the idea from a Facebook group, and soon got to work.

"A teacher I used to work with was on it, so I kind of inquired what they were doing," said Cook. "They sent me the pattern - I guess it's a pattern that JoAnne's fabric store was also supplying to people - so I started to make them."

Her first attempt to donate was turned away, however it wasn't long before Cook was connected to those who could accept her hand-made masks.

It was enough to get the ball

rolling.

"Last week I delivered 55 to Long Beach Miller Children's Hospital," said Cook. "And then I have, just through family, somebody else who works with PIH in Whittier. She works in the offices and she asked me for 10."

That 10 led to another 50. Long Beach Memorial would get 10 after. She's also given some out to family and friends. In total, she's made around 130 masks.

She says she plans to continue "as long as it's needed," however the purchase of the fabric is getting a little costly.

"I kind of on faith asked family and friends, 'Do you have any extra fabric lying around,'" said Cook. "I've had a couple of people drop off some fabric for me."

"I don't want to ask for money from anyone, just if they have fabric I can use, then I'll use it."

Still, she continues to sew.

Cook says that while her masks "aren't a replacement for

the real masks," they can be worn over a proper mask to extend its use.

She says that medical workers are the priority.

"The nurses of course are the priority, because they're the ones saving everyone's life," said Cook. "I would rather nursing homes, anything like that...I don't really know who to contact, without driving to hospitals and asking them, which I don't really want to do."

She doesn't know if her masks have been used yet, but that doesn't matter. Her endeavor has given her purpose.

"I feel like anything I can do... I'm happy doing it," said Cook. "It's a hobby, I guess. I enjoy sewing, and I haven't sewn for a while. I thought, I have fabric here, and it's something I can do to help, and I hope it's helping someone."

"At this time, it's a hard time for everyone. We don't know where it's going, and every little thing helps."

Delivery of 2020 census paper questionnaires begin

About 64 million households across the nation are receiving a paper questionnaire in the coming days as the U.S. Census Bureau continues to ensure responding to the census is easier than ever. Of the nation's households, 46.2% have already responded to the 2020 Census. The remaining households will receive a paper questionnaire starting April 8.

"If you're among the nearly half of all the nation's households that have responded already, thank you!" said Census Bureau Director Dr. Steven Dillingham. "It has never been easier to respond on your own, whether online at 2020census.gov, over the phone, or by mail - all without having to meet a census taker. It's something everyone can do while practicing social distancing at home to make a difference today, tomorrow and the next 10 years."

While nearly half of all households have responded online to the 2020 Census, some may prefer to receive a paper questionnaire. About 22% of the country received a paper form at the beginning of the census.

Some areas where census takers were originally going to hand-deliver forms in person will now receive a letter in the mail from the Census Bureau reminding them to participate, including many households in Puerto Rico. Even if households don't receive a letter in the mail, the Census Bureau will drop off a census invitation and paper form as soon as it is safe to do so. Census takers will also follow up with all households that do not respond on their own.

Households receiving the paper questionnaire can still respond online or by phone, or they can return it by mail in the enclosed envelope. They can choose to respond online at 2020census.gov in English or 12 other languages, or receive assistance through language guides and videos available in 59 languages. When you respond online, use the Census ID from the letter or provide your address.

"Once you have responded, please encourage your family, friends and loved ones to complete the census too," Dillingham said.

The public should respond for

the number of people living at that address as of April 1. Responding now to the 2020 Census will minimize the need for a census taker to follow up and visit your home in person later this year.

The U.S. Constitution mandates a census of the population every 10 years. Responding to the 2020 Census is easy, safe and important, and it's key to shaping the future of communities. Census statistics are used to determine the number of seats each state holds in the U.S. House of Representatives and informs how hundreds of billions of dollars in public funds are allocated by state, local and federal lawmakers for public services and infrastructure like hospitals, emergency response, schools and bridges over the next 10 years.

For more information, visit 2020census.gov.

The 2020 Census is open for self-response online at 2020census.gov, over the phone by calling the number provided in your invitation, or by paper through the mail.

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Is there life on other planets? Q&A with Jared Head



Q: Hi Jared! Can you tell us a little about yourself?

A: I'm an aerospace engineer living in Downey. Work at Griffith Observatory and the hometown Columbia Memorial Space Center, both consider me some kind of walking spaceflight encyclopedia. I appear on TMRO, the longest running spaceflight web show [12 years now!], and host TMRO:Space News. In my spare time I like to build rockets in my garage, take my Jeep out and explore the desert, and grab my backpacking gear and climb mountains.

Q: How's your quarantine going?

A: Going very well! Preparation is everything, and that's what made the difference. The dogs are loving having us home. Did have a

scare of getting somewhat ill a week ago, but it went away quickly. Both jobs and TMRO are keeping me busy: Space doesn't care if we're having a pandemic down on Earth. I haven't eaten all of the quarantine snacks and ice cream...yet...

Q: One thing astronauts are very good at is social distancing. Are there any tips the general public can take from astronauts in relation to social distancing and staying in quarantine?

A: Astronauts are actually taught what are called "expeditionary skills", which they do exactly what they sound like: make expeditions to space easier. Frequent, clear, and honest communication is critical to making sure everyone is on the same page, and so that tempers don't flare, or worse, boil over. Remembering that

what we're doing right now is a shared experience, we're not the only ones who have had our lives disrupted, but also remind ourselves: we're doing this for a bigger purpose, telling yourself, "Every second I spend at home is a second I'm saving the lives of others."

Unlike astronauts we're [mostly] not working in our home, so we've got time to pick a skill to hone, or start something we've always wanted to do. Unfortunately, unlike astronauts, we don't have an incredible view of the Earth 250 miles below out the window, but sitting outside in your yard on Earth is pretty good too.

Q: Medical experts advise to wash your hands for 20 seconds, about the same time as humming the "Happy Birthday" song twice. Honestly, we're sick of that song. Any other song recommendations to wash our hands to?

A: Oh absolutely, tell me about it, been driving me up a wall.

I've been using "The Ocean" by Led Zeppelin myself. Jason Bonham on drums, John Paul Jones on bass, and Jimmy Paige on guitar will guide you for the first 20 seconds of lathering, then Jimmy Paige will join to sing the first verse at you for the time you should be rinsing.

Another for me has been "Sabotage" by Beastie Boys. The hook is a few seconds short of 20, so just give it a two count, but that first verse ends at the perfect time for you to be wrapping up the rinse.

Q: The skies look very clear right now. What's the best way to stargaze from my backyard?

A: Because Downey is right in the middle of the LA Basin, and we've got millions of our best friend's outdoor lights spilling into the sky, light

pollution is horrendous - but even with that, a good pair of binoculars is a good place to start, look for 15x70 as the size, that'll get you amazing views of the Moon's surface and even Saturn's rings. Brands like Celestron make good stuff. Grab an app or two as well! I use Sky Safari, and it can help you learn what stars and constellations you can see. I highly recommend learning the sky first before you get a telescope.

Right now in the evening sky you've got a very bright point of light, and that's the planet Venus! In the coming weeks, as Venus catches up to the Earth in its own orbit around the Sun, in a good pair of binoculars you can see that Venus has phases, just like the Moon.

The only bad time to look at the Moon is when it's full, as there's no shadows being cast relative to our viewing here on Earth, so you lose surface detail.

In the morning, you've got Jupiter, Mars, and Saturn greeting you before sunrise. Sometimes I'll step out and share a coffee with them. But as the Earth continues in its own orbit around the Sun, we'll catch up and pass all three, so their positions will change so that prime viewing for Jupiter and Saturn will be July into August, and Mars' best will be around September.

Q: Do I need an expensive telescope?

A: You don't! Eyes work! As mentioned before, binoculars too! But if you want a telescope, start small, make sure you want to do astronomy as a hobby. I know folks who have entry-level telescopes that cost them \$60 new, I know folks who moved to the desert, built a house around their own private observatory, then dropped a million dollars on equipment for it. Like any hobby, it's limited

only by how much you're willing to spend. I always recommend start with a reflector telescope, and look for something in the 4" range.

Q: Our newspaper has a couple of readers who insist that the Moon Landings were staged. Can you address this once and for all?

A: The ability to stage the Moon Landing was just not possible in the late-1960s. The Soviet Union and China both had the motivation to embarrass the United States on as big a stage as possible, and they certainly had the technology to know Apollo was actually happening. You're telling me all of that machinery that was made is perfectly hidden somewhere? In addition, you're telling me the 400,000 people who worked on Apollo have maintained over half a century of silence on the matter? Get real, they were real. Watch 2001: A Space Odyssey, that was Stanley Kubrick's perfection of the best special effects of the time Apollo happened, and it just doesn't cut the mustard. As the joke about Stanley Kubrick faking the Moon landing goes: When hired to fake the Moon landings, Kubrick was such a perfectionist that he shot on-location.

Q: Not to get too political, but what are your thoughts on the Space Force?

A: I think the Space Force is an okay thing actually. It's really been in the works since 2001 when the US DoD had a panel on US-aerospace challenges, and one of those recommendations was to have a space-specific set of operations and capabilities. It's just been a matter of moving the right bureaucracy to make the newer, shinier bureaucracy. I feel like in addition to its role of being a standalone version of the Air Force Space Command, it should also track and mitigate

space debris from rockets and satellites in orbit around the Earth, and should also hunt for and track asteroids, because preventing your extinction is important, especially if you have the technology to do so.

Q: Do you believe there is life out in the universe besides Earth?

A: Absolutely. From my point-of-view, knowing just how many planets are in the Milky Way by itself [about 1 trillion, yeah, 1,000,000,000,000 planets - then think about how many galaxies there are in the Universe and multiply those two numbers...], it's almost arrogant to think that Earth is alone in having life.

I would be very surprised if we didn't find other life or evidence for past life in our own Solar System. Mars at one time had all of the right ingredients to be habitable. We know several moons in our Solar System, like Europa orbiting Jupiter, or Enceladus orbiting Saturn, have multiple parts of what it takes for life to occur, and may have that complete set that makes the survival of life possible.

I would be surprised if it was anything beyond bacteria though, and I would also be surprised if it had the same kind of genetic makeup we do. For all we know, life on Earth could be the weird ones in the Universe.

Q: How can readers follow you online?

A: The fastest way to get my brain droppings is my Twitter: @jaredhead, but that's very raw and not for everyone. YouTube is another place: youtube.com/jaredhead, and if direct contact is more in line with what a reader would like, drop me a line over on Twitter or jaredhead.com

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Entrepreneur extends helping hand to struggling restaurants

DOWNEY - As the food service industry continues to try and endure the fallout of COVID-19, one local entrepreneur is extending a helping hand.

Vincent Quigg knows a thing or two about food delivery; his company Ghostro has been helping restaurants take advantage of the online delivery market for the past year.

"I had a unique opportunity to work with the founder of Uber and his new company," said Quigg. "They launched what's called Cloud Kitchens; they're these warehouse kitchens that are delivery only. They're usually in high density, high populated areas throughout LA."

"I had the opportunity to work at that company and learn a lot of what it takes to build these

online brands. Since then, I've started my own consulting agency - branding agency I guess you could say - in helping restaurants launch these brands."

Now, as local businesses start to buckle under the pressure of anti-coronavirus social-distancing and stay-at-home mandates, Quigg has decided to step in and offer a little bit of help to those in his hometown.

"In light of everything that's happening, I just figured that it'd be best to extend a hand to some of these restaurant owners who might be struggling with the technological burden of setting up all these delivery platforms," said Quigg. "It can sometimes be a little daunting, especially for restaurant owners who are a little bit older-school and may not be apt to signing up to this type of

technology."
"I have existing relationships with all the delivery platforms, and I also have experience in how to make the delivery process from the restaurant end very seamless."

Quigg is offering "one brand free onboarding" for any food creator in Downey needing assistance setting up accounts for all the major food delivery platforms. He will also set up a custom online link to allow restaurants to visit and upload their menus, allowing his team to take it from there as well.

The only cost would be for an optional low-cost tablet which would aggregate all orders together.

Those interested should visit www.ghostro.co/helpinghand.

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