

# The Norwalk Patriot

Friday, Jan. 10, 2020

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14783 Carmenita Road, Norwalk, CA 90650

## Thousands of jailed inmates would benefit from treatment, study finds

**LOS ANGELES** - On any given day, more than 3,300 people struggling with mental health disorders in Los Angeles County jails are legally suitable and clinically eligible for diversion to community-based treatment programs, according to a new study by the nonprofit RAND Corp.

A significant proportion of this population is likely to be homeless or at risk of homelessness.

Conducted in response to a motion by Supervisors Mark Ridley-Thomas and Kathryn Barger, the independent research noted about 5,400 of the County's average daily inmate population - nearly one-third -- are in mental health housing units and/or have been prescribed psychotropic medications.

Of the jail's mental health population, RAND concluded 61 percent meet the criteria currently used by the County's Office of Diversion and Reentry (ODR) to determine whether an individual may be put forward to the courts as a candidate for diversion. An additional 7 percent are also potentially eligible for diversion, while 32 percent are not, according to the study.

RAND said 74 percent of women and 59 percent of men with a mental health disorder in County jail are appropriate candidates for diversion.

RAND recommended expanding diversion programs and better tracking their outcomes. It also urged the County to improve its early diversion efforts, which may be able to help people before they enter the criminal justice system. For example, some jurisdictions intervene at the point of law enforcement contact.

"Knowing how many people are appropriate for diversion is a first step toward understanding the types of programs, staff and funding that would be needed to treat those individuals in the community," the study's lead author, RAND behavioral scientist Stephanie Brooks, said.

RAND's findings echoed those of ODR, whose own recent research concluded 56 percent of the County jail's mental health population is eligible for diversion, with an additional 7 percent also potentially eligible.

Since its creation in 2016, ODR has diverted more than 4,400 people from County jails to long-term care and supportive housing, with very low rates of reoffending. Among those placed in the ODR Housing program, 90 percent have remained housed after six months.

Diversion programs cost the County about \$70 daily per person, while incarceration costs about \$600 daily per person with serious clinical needs.

"No one can get well in a cell," said Supervisor Ridley-Thomas, who authored the motion that created ODR. "With diversion, we are creating better outcomes for people and saving County resources -- without compromising public safety."

"Diversion is also breaking the cycle between jail and homelessness, enabling those with mental health disorders to get treatment instead of the costly alternative of serving additional time behind bars and then being released with no support," Supervisor Ridley-Thomas added. "RAND's research underscores the need to double down on diversion to reach all those who could benefit."

## Veterans' apartments project clears first hurdle

By Alex Dominguez  
Staff Writer

The apartment complex will provide homes to 60 low-income veterans and their families.

**NORWALK** - Plans for an affordable housing apartment complex aimed for veterans were approved by Norwalk's Planning Commission on Wednesday.

The 4-story project will be located at the southwest corner of San Antonio Drive and Foster Road, and will consist of 60 units.

The project is the product of a partnership between the city and Mercy Housing, a non-profit housing corporation.

The development is intended for extremely low, very low, and low-income veteran households. Further, Mercy Housing would provide long-term supportive services to the veterans and their families living in the apartments.

According to a city staff report, the development will service 20 formerly homeless veterans, 39 veteran families, and one on-site manager.

While the project garnered some support, it also received pushback from residents in the immediate neighborhood around the lot.

Many of those opposed shared the same sentiment: they approved of the project but due



PHOTO BY ALEX DOMINGUEZ  
**The lot, on which the senior center formerly resided, may become housing for previously homeless veterans**

to concerns of safety, privacy, and traffic among other issues, did not agree with the location.

Vice Chair Scott Collins approved of the project, saying that he felt the pushback was due to "NIMBYism."

"We do face a challenge right now," said Collins. "These are veterans. They're not people committing murder, they could be druggies, and they could be recovering from drug addiction. They're not pedophiles or rapists, or the general things you hear all of a sudden when the word 'homeless' comes up. These are people who have served our

country."

Commissioner Victor Lujan said he approved of the concept, but was sympathetic to the residents and took issue with the area. Ultimately, Lujan abstained from the item entirely.

The final vote came to 3-0, with Lujan declining to taking a side and Chair Rosa Barragan absent.

The apartments will still need to get approval from City Council, who is currently scheduled to see the item at their meeting on Jan. 21.

## Governor urged to allocate \$500M for board and care facilities

**LOS ANGELES** - Ahead of the release of Governor Newsom's proposed 2020 budget, the Board of Supervisors on Tuesday voted unanimously calling for the investment of \$500 million in state funding to preserve the state's board and care network.

Adult residential facilities and residential care facilities for the elderly, commonly referred to as board and cares, are housing resources for many LA County residents with mental illnesses and other health needs, providing a stable home, meals and various other supportive services.

Board and care facilities have been closing at a rapid rate due to increasing costs and stagnant reimbursement rates from the state. At \$35 a day, reimbursement rates are often not enough for operators to cover the actual costs of caring for residents.

Since 2016, thirty-nine board and cares serving 949 individuals in LA County were forced to close their doors. Many more facilities are at risk of closing.

"We are in the middle of a crisis with our board and cares. These vital resources are often the only thing standing between their residents and homelessness and we need all hands on deck to keep them alive," said Supervisor Janice Hahn.

"The state has not been reimbursing board and cares for the actual cost of services

they provide and now that many of these facilities are going underwater it is time for them to intervene to make sure our board and cares can continue to serve our most vulnerable residents."

Tuesday's motion is part of an ongoing effort to address the closure of board and cares across the county. It means the Supervisors will send a joint letter to Governor Newsom requesting that he allocate \$500 million in state funds in his upcoming budget recommendations to maintain the current board and care network and prevent further closures.

The funding will also be used to ease regulations on board and care operators so potential patients can enter facilities more easily, as well as create a sustainable rate structure to support board and cares in the long-term.

"This week, an independent evaluation of the LA County's Homeless Initiative came to the conclusion that Los Angeles County's homelessness efforts were 'effective and successful.' In light of our progress, it is particularly important that we address the rapid loss of board and care facilities where some of our most vulnerable residents live," said Supervisor Sheila Kuehl. "From 2016 to mid-2019, more than 1,000 board and care beds were lost, leaving clients at risk of becoming homeless. Today we are asking the state

for urgently needed, one-time funding to prevent these men and women from falling into homelessness."

Tuesday's motion coincides with Supervisor Hahn's announcement that the County Department of Mental Health had identified \$11.7 million in funds for immediate relief for local board and cares. This follows her November 12th motion with Supervisor Kuehl directing the Department to do so.

Of the \$11.7 million, \$11.2 million will be used to support the 182 board and care facilities that serve the highest number of low-income residents. The funds will help these facilities make necessary deferred maintenance improvements such as bathroom renovations, roof improvements, installing air conditioning units, replacing carpets, and more. The remaining \$500,000 will be used to create a board and care membership organization whose members serve low-income clients, so that board and care operators have a space to collaborate on tactics to best serve their clients.

"With these funds we as a County are doing our part to prevent any more Board and Care closures that would worsen our ongoing homeless crisis," said Hahn. "Now we need the State to step up and do its part to get our board and care system back on its feet."

Naresh Solanki.

The City Council authorized the expenditure of \$71,654.89 for the repair and update of the Cerritos Library's aquarium. It is anticipated that more than half of the cost will be covered by an insurance payment for the repairs.

"The aquarium looks beautiful and it is wonderful to see the excitement and happiness of children and their families when they see the completed project," said Mayor

## Norwalk restaurant grades

- Del Taco**  
10644 Alondra Blvd.  
Date Inspected: 1/3/20  
Grade: **A**
- Church's Chicken**  
15816 s Pioneer Blvd.  
Date Inspected: 12/26/19  
Grade: **A**
- 7 Eleven**  
14835 S Pioneer Blvd.  
Date Inspected: 12/20/19  
Grade: **A**
- McDonalds**  
11053 Rosecrans Ave.  
Date Inspected: 12/17/19  
Grade: **A**
- Subway**  
10995 Rosecrans Ave.  
Date Inspected: 12/17/19  
Grade: **A**
- Pizza Hut**  
11006  
Date Inspected: 12/17/19  
Grade: **A**
- Subway**  
15925 Pioneer Blvd.  
Date Inspected: 12/17/19  
Grade: **A**
- Randy's Donuts**  
10989 Rosecrans Ave.  
Date Inspected: 12/17/19  
Grade: **A**
- Target**  
10600 Firestone Blvd.  
Date Inspected: 12/16/19  
Grade: **A**
- Target Cafe**  
10600 Firestone Blvd.  
Date Inspected: 12/16/19  
Grade: **A**
- Starbucks (Target)**  
10600 Firestone Blvd.  
Date Inspected: 12/16/19  
Grade: **A**
- Home Style Donuts**  
12840 Pioneer Blvd.  
Date Inspected: 12/16/19  
Grade: **A**
- Spoon Me Latin Delights**  
14431 Pioneer Blvd.  
Date Inspected: 12/16/19  
Grade: **A**
- Extra Fresh Drinking Water**  
14507 Pioneer Blvd.  
Date Inspected: 12/13/19  
Grade: **A**
- Del Taco**  
10644 Alondra Blvd.  
Date Inspected: 12/13/19  
Grade: **B**
- Circle K**  
11405 Firestone Blvd.  
Date Inspected: 12/12/19  
Grade: **A**
- Keystone Lounge**  
11459 Imperial Hwy.  
Date Inspected: 12/12/19  
Grade: **A**
- Zury's Raspados**  
11405 Firestone Blvd.  
Date Inspected: 12/11/19  
Grade: **A**
- Tutti Frutti**  
12417 Norwalk Blvd.  
Date Inspected: 12/11/19  
Grade: **A**
- Jimmy John's**  
12431 Norwalk Blvd.  
Date Inspected: 12/11/19  
Grade: **A**
- Godwin's Coffee / Snack Shop**  
12720 Norwalk Blvd.  
Date Inspected: 12/11/19  
Grade: **A**
- Wienerschnitzel**  
11660 E Imperial Hwy.  
Inspected: 12/10/19  
Grade: **A**
- La Michoacana Ice Cream and Snacks**

## Weekend at a Glance

Friday 67°

Saturday 65°

Sunday 66°

### THINGS TO DO



#### East L.A. Art Walk

**Sunday - Corner of 1st and Indiana streets, 12-6 pm**

A family-friendly, alcohol-free event featuring independent artists, muralists, crafters, boutique vendors, vegan food, and more.



#### Space Expo

**All weekend - Long Beach Convention Center**

Where science and space intersect with sci-fi and comics. Featuring panel discussions, demonstrations, workshops, and more. \$25+



#### 90's Beer Festival

**Saturday - Civic Center Studios in Downtown L.A., 6:30-10 pm**

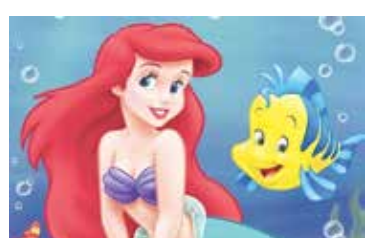
Put on your best flannel and grunge shirt and enjoy unlimited samples of beers, ciders, and specialty cocktails. Live music with hits from the decade. All food and drinks included for \$42.



#### Alfred Robles

**Friday - Laugh Factory in Long Beach, 9:45 p.m.**

Comedian Alfred Robles performs live along with Brett Riley, Esau McGraw, Eleanor Kerrigan and Ron G. \$17+



#### Little Mermaid Sing-Along

**Saturday - La Mirada Theatre for the Performing Arts, 1 pm**

A special presentation of the animated classic with the lyrics displayed for audience participation. \$15



#### No Pants Metro Ride

**Sunday - LA Metro system, 1 pm**  
An annual tradition in which transit riders hop on an LA subway without pants. Underwear is a must.

# CDC survey takes closer look at diabetes within Asian, Hispanic populations

Demographic breakdown identifies specific groups at higher risk of diabetes.

In a study published recently in JAMA, CDC researchers examined the percentage of people living with diagnosed and undiagnosed diabetes in Hispanic and non-Hispanic Asian subpopulations.

The data fills a national surveillance gap in Hispanic and Asian populations in the United States.

“This landmark diabetes survey provides essential data that will better inform public health efforts to reach more Americans with tailored, effective prevention and treatment strategies,” said CDC Director Robert R. Redfield, M.D.

“This defined data on the

prevalence of diabetes among Hispanic and Asian demographic groups can help healthcare providers and patients reduce the risk for type 2 diabetes.”

CDC researchers examined the percentage of adults living with diagnosed and undiagnosed diabetes in Hispanic and non-Hispanic Asian subgroups. To develop this national representative survey, they used data from the National Health and Nutrition Examination Survey covering the years 2011 to 2016.

The percentage of adults living with diagnosed and undiagnosed diabetes varied significantly by race/ethnicity and among Hispanic and non-Hispanic Asian subgroups. Broadly, the age-sex-adjusted percentage of adults living with diagnosed or undiagnosed diabetes was 22% in Hispanics,

20% in non-Hispanic blacks, 19% for non-Hispanic Asians and 12% for non-Hispanic whites.

The United States is an increasingly diverse nation, as Hispanics and non-Hispanic Asians collectively now account for 23% of the US population and are expected to account for 38% by 2060, according to Census data.

According to researchers, these groups may be at higher risk for type 2 diabetes due to genetic, lifestyle and environmental factors.

### Key study findings reveal differences in diabetes prevalence among subgroups:

Among some Hispanics, the age-sex-adjusted percentage of adults living with both diagnosed and undiagnosed diabetes were:

- 25% for Mexicans
- 22% for Puerto Ricans
- 21% for Cuban/Dominicans
- 19% for Central Americans
- 12% for South Americans

Among some non-Hispanic Asians, the age-sex-adjusted percentage of adults living with both diagnosed and undiagnosed diabetes were:

- 23% for South Asians
- 22% for Southeast Asians
- 14% for East Asians

Consistent with previous research, Asians have lower body mass index (BMI) levels compared to other racial/ethnic groups. In this study, after adjusting for age, sex, and BMI, Southeast Asians had the highest percentages of adults living with

diagnosed and undiagnosed diabetes among Asian subgroups.

“These important findings establish a baseline for future national diabetes estimates for Hispanic and non-Hispanic Asian subgroups and highlight differences in the diabetes burden in these groups,” said Ann Albright, Ph.D., director of CDC’s Division of Diabetes Translation.

“This data also provides insights that allow us to reach groups at higher risk and provide opportunities to strengthen diabetes detection and type 2 diabetes prevention and care in these groups.”

### Type 2 diabetes can be prevented or delayed, but only if people know they are at risk and can take action

Most health professionals rely on BMI to assess whether their patients are overweight or have obesity (BMI of 25 or greater). However, since Asian Americans may be at risk for type 2 diabetes even at normal weight ranges, researchers are now

suggesting that people of Asian heritage get tested if their BMI is 23 or greater.

Research shows that adults with prediabetes who take part in a structured lifestyle change program, including weight management and physical activity, can cut their risk of developing type 2 diabetes by 58% (71% for people over 60 years old).

Participation in the CDC-led National Diabetes Prevention Program lifestyle change program can help prevent or delay type 2 diabetes in those at high risk.

The program is taught by trained lifestyle coaches, and encourages healthy, whole-life changes to help participants address barriers to improved nutrition, increased physical activity and coping mechanisms for stress reduction.

To learn more about diabetes or the National Diabetes Prevention Program, visit [www.cdc.gov/diabetes](http://www.cdc.gov/diabetes).

## Paging Dr. Frischer...

By Dr. Alan Frischer

Bipolar disorder can be devastating. Previously known as manic depression, it is a mental health condition that causes extreme mood swings.



Bipolar disorder affects almost six million adult Americans, or about 2.6% of adults in the United States,

and roughly 60 million people worldwide. It most typically starts at around the age of 25, although it can begin in early childhood or as late as the 40’s and 50’s. It affects both men and women, and crosses all races, ethnic groups and social classes.

There are three major symptoms: depression, mania, and hypomania.

During times of depression, victims feel sad or hopeless, lose interest or pleasure in most

activities, feel a loss of energy, experience periods of too much or too little sleep, and may have suicidal thoughts.

When the mood shifts to mania, they experience an emotional high. They can feel excited, impulsive, and euphoric, have rapid pressured speech, difficulty focusing, and be full of energy. Due to this high energy, they will sleep little. They will likely be irritable and impulsive, and use poor judgment. Behaviors may include spending sprees, unprotected and frequent sex, and drug and alcohol use.

Hypomania is generally associated with bipolar II disorder. It is similar to mania, but not as severe.

Episodes of mood swings may occur rarely, or happen multiple times a year. Depression tends to last at least two weeks. Mania can last for several days or weeks. It is possible to feel normal in between episodes. Those with bipolar disorder may very likely have trouble managing everyday life tasks such as school or work, and maintaining relationships.

While the condition is seen in equal numbers between men and women, the symptoms may differ. Women tend to be diagnosed later in life, have milder episodes of mania, experience more depressive episodes than manic episodes, experience other conditions at the same time (such as thyroid disease, obesity, anxiety disorder and migraines), and have a higher lifetime risk of alcohol

abuse.

Men with bipolar disorder are often diagnosed earlier in life, experience more severe episodes (especially mania), act out during manic episodes, have substance abuse issues, and seek medical attention less often. They are more likely to attempt suicide.

Bipolar disorder is a lifelong condition, but a treatment plan of medication and counseling can help to manage mood swings and other symptoms. Mood stabilizers, antipsychotics, antidepressants, and anxiety medications may all be used for treatment.

Bipolar disorder is common, but what causes some people to develop it and not others is still a mystery. There is a strong genetic link; those with a family history of bipolar disorder are four to six times more likely than others to develop it. Stress, traumatic experiences, and physical illness may trigger it.

If you think that you’re experiencing symptoms of bipolar disorder, I urge you to see your doctor. If you feel that a friend, relative, or loved one may be suffering from it, your support and understanding are crucial. Encourage them to see a doctor to discuss any symptoms they’re experiencing.

**Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave.,**

## Flu can be dangerous for diabetics

Like everyone, people with diabetes get the flu and get sick sometimes, even when you try your best to prevent it. So being prepared and knowing what to do when you get sick is important. There are several things you can do now to prepare for sick days. But also talk to your doctor and health care team about the best way to handle sick days when they occur.

The single best way to protect yourself against the flu is to get the flu shot every year. People with diabetes—even pregnant women—should get a flu shot. Make sure you get the flu shot injection, not the nasal spray type of vaccine. The vaccine is safe and effective. It has been given safely to hundreds of millions of people. You cannot get the flu from the flu shot.

One possible complication of flu can be pneumonia. Pneumococcal (pneumonia) vaccine is recommended for people with diabetes, and should be part of your diabetes management plan. Talk to your health care provider for more information on getting both vaccines.

Diabetes can make it more difficult for you to handle an infection like the flu. You could become very sick and may even have to go to a hospital.

If you get sick, prescription flu medicine can make your illness milder and make you feel better faster. The medicine can help keep you from getting serious health problems that can happen after getting the flu. Flu medicine works best when started within 2 days of getting sick, so call your doctor as soon as you begin getting flu symptoms.

If you get sick and have diabetes, your blood sugar can be hard to manage. You may not be able to eat properly, which can affect blood sugar levels. Your doctor may ask you to test your blood sugar more often because you are sick.

Keep good written records of your blood sugar, medicines, temperature, and weight. You may need to test your urine for ketones if your blood sugar goes very high.

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# Joe Biden's flawed foreign policy resume

BY JAMIE STIEHM

Joe Biden is picking up speed in Iowa and New Hampshire polls as the clear Democratic primary front-runner, yet President Donald Trump just threw a wrench — or a drone — at his foreign policy record. The president's assassination of Iran's top military commander in Iraq cracked open a messy egg in the Middle East, even as he awaits a Senate impeachment trial.

Trump's New Year's resolution for 2020 seems to be: Make tomorrow worse than today. He did not even consult with Congress on striking Gen. Qassem Soleimani. Iraq now wants all Americans out of the ravaged country. This would constitute a "lost war" — just like Vietnam, only longer. All in a day's work from Mar-a-Lago.

The crisis raises questions about who in the Democratic field can quell the fury and anxiety Trump causes in our enemies and allies. At 77, Biden is perceived as a steady, experienced hand, a line he is pressing hard.

"These events put into greater relief that we need a commander-in-chief who can, from the moment they're sworn in — and without needing on the job training — start repairing the severe damage that Donald Trump has done," a campaign spokesperson told The Daily Beast.

That's malarkey.

Biden's rusty foreign policy resume is a mile long, but it's not what you'd expect from someone who passes as a statesman with 35 years of senatorial experience. In a word, it's amateur. As vice president, Biden advised President Barack Obama against the successful Pakistan raid on Osama bin Laden.

Biden's old, but he was never wise — just an average Joe, truthfully. A good fellow folks like, especially in small town Delaware.

Most central to the fix we're in now, Biden voted for the Iraq War in 2002, after the Sept. 11 terrorist attacks, based on the falsehood that Iraq was hiding weapons of mass destruction. Nancy Pelosi, D-Calif., later House Speaker, did not fall for that George W. Bush claim. It took courage and foresight to vote against that war of aggression. Only 23 out of 100 senators possessed that wisdom. Few are in office now.

That chain of events set the whole century off on a dark note. If the 21st century had been a Broadway show, it would have closed by now. The Iraq War was a tragedy costing trillions of dollars, hurting our good will and place in the world. It depleted the Army on a mission that soldiers came to question.

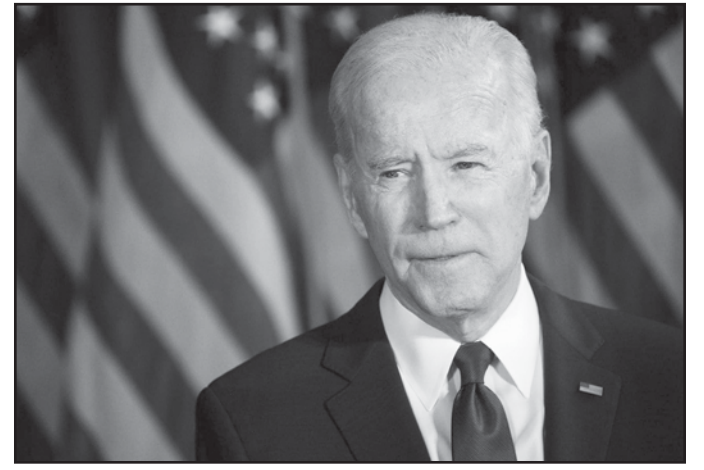
Like it or not, Biden bears a brunt of the blame for the Obama administration's failure to bring the wars in Afghanistan and Iraq to a swift, clean close as promised. These conflicts were left hopelessly undone for over eight years.

Note the genial, garrulous Biden was the Senate Foreign Relations committee chairman and traveled the globe for years, living the high life with world leaders. As vice president, no doubt he was an affable emissary.

Yet he failed to tell his son Hunter that taking a plum place on a Ukraine gas company board was poor judgment — for both of them. That may be an Achilles' heel if he becomes the nominee. Trump will gnaw at that issue, which Biden has been loath to confront.

I covered Senate Democrats as a rookie reporter and found Biden talked the longest but said little of substance in floor speeches. As a freshman senator, Obama felt trapped in a committee hearing during an endless Biden soliloquy and wrote a private note: "Shoot. Me. Now."

Yet rising star Obama picked Biden as his running mate in 2008.



Sen. John Kerry, who, as secretary of state, negotiated the Iran nuclear deal, would have been the best pick for his eloquence, expertise and work ethic.

Don't just take my word for Biden's weak, even inept, grasp of complex foreign policy. Take it from a man who sat in the Situation Room and the Cabinet Room, side-by-side with the vice president.

Obama's secretary of defense, Robert Gates, declared publicly in his memoir that Biden has "been wrong on nearly every major foreign policy and national security issue over the past four decades."

Boom. Biden's a nice guy, but he's already done his dance with the world.

**Jamie Stiehm is a syndicated columnist and public speaker on national politics and American history.**

# Congress members seek attention over facts

BY JOHN STOSSEL

Congressional hearings were created to educate lawmakers so they have knowledge before they pass bills or impeach a president.

Not today. Today, hardly any education happens.

During the President Trump impeachment "testimony," legislators tried to score points. At least five times, Rep. Adam Schiff, D-Calif., shut down criticism by shouting, "Gentleman is not recognized!"

I get that politicians are eager for "face time" in front of a larger audience, but I assumed they would at least try to learn things. Nope.

Maybe they don't want to ask real questions because they fear looking as dumb as then-Sen. Orrin Hatch, R-Utah, did at a hearing on Facebook. He asked Mark Zuckerberg, "How do you sustain a business model in which users don't pay for your service?"

"We run ads," smirked Zuckerberg. "I see," said Hatch.

What's obvious to most people somehow eludes the oblivious "experts" in Congress.

At another Facebook hearing, Congress grilled Zuckerberg about his plan to launch an electronic currency called Libra. Zuckerberg said, "I actually don't know if Libra is going to work, but I believe it's important to try new things."

He was right. But instead of asking about technological or economic implications of the idea, Rep. Al Green, D-Texas, asked Zuckerberg, of the companies partnering with him, "how many are headed by women?"

"Congressman, I do not know the answer," replied Zuckerberg.

"How many of them are minorities?" asked Green. "Are there any

members of the LGBTQ+ community?"

Green doesn't want to learn anything. He wants to sneer and score points.

Politicians' sloppy ignorance is extraordinary. Rep. Steve King, R-Iowa, grilled Google CEO Sundar Pichai about iPhones, citing a story about his granddaughter using one, leading Pichai to explain, "Congressman, iPhone is made by a different company."

Today's posturing is not what the founders had in mind when they invented hearings in 1789.

George Mason said members of Congress "possess inquisitorial powers" to "inspect the Conduct of public offices."

Yes! Investigate government.

But today, they are more likely to threaten CEOs and bully opponents.

"Are you stupid?" then-Rep. Darrell Issa, R-Calif., said to one witness. They want to showboat, not learn. Often, they ask questions even when they know the answers.

"Ms. DeVos, have you ever taken out a student loan?" asked Sen. Elizabeth Warren, D-Mass., of Education Secretary Betsy DeVos. "Have any of your children had to borrow money?"

Warren knows that DeVos is a billionaire, but she wanted to score points with her fans.

One of the louder showboaters today is self-proclaimed socialist Rep. Alexandria Ocasio-Cortez, D-N.Y. She asked Wells Fargo boss Tim Sloan, "Why was the bank involved in the caging of children?"

"We weren't," replied Sloan.

## No such thing as free money

Dear Editor:

I don't pretend to know all about HR 763 (Energy Innovation and Carbon Dividend Act of 2019). I would say anytime they tell me we will all get a check every month, something is really wrong with the deal.

It would cost so much money to set something like that up and then to send everyone a check every month. Don't be fooled by the promise of free money for anything.

**Helen Burns  
Downey**

## State population

Dear Editor:

Every December, the print and TV media state that more people are leaving California than coming.

If that were true, the rent for housing would go lower, not higher.

**Mike Sandoval  
Downey**

## Fix the homeless crisis before worrying about climate change

Dear Editor:

In a recent reading, I was informed about Senate Bill 45, a bond bill being introduced in the state legislature that would include \$1 billion for prevention of wildfires, \$1 billion to protect water supplies from climate associated risks, \$630 million to protect coastal areas from rising seas, and \$520 million to protect fish and other wildlife from the effects of climate changes.

I recently read that with one volcanic eruption, five years of man-made efforts to protect changes in the climate would be wiped out.

I am for protecting the environment and California has done well in improving the air quality, however, we need to be realistic in eliminating all fossil fuels and erecting windmills to produce electricity. I personally wouldn't want a windmill in my backyard, and wouldn't want to see millions all around Downey and elsewhere which would be needed to produce electricity. Additionally, there are fewer birds in areas where windmills are located.

Furthermore, I feel that \$4 billion could be spent more wisely and appropriately — namely eliminating encampments on city streets. There has been a lot of rhetoric regarding this deplorable situation, and taxpayers are paying into measures that are supposed to alleviate this problem, but to date all that has taken place is more talk and no action.

Getting homeless off the city streets where their urine and defecations are washed into flood control basins and ultimately into the ocean would be one important step in cleaning up our waters.

With about two-thirds of the homeless on drugs and another one-third with mental health problems quite possibly from drug abuse, homelessness should be the number one priority, not climate change. Mental health centers/shelters need to be instituted. If there is no room or desire to have shelters for the homeless in the cities, temporary encampments outside the city should be erected where there would be no access to drugs and work in the fields or other types of employment would be mandatory.

For those homeless individuals because of their low income or loss of job, affordable housing should be made available and/or vouchers given to subsidize their rent.

Not being an expert in climate change and wondering if there really is one, I totally agree that we should do everything that is realistic and effective to keep our air and water clean, however, there should be very thoughtful consideration for spending \$4 billion, and the number one priority should be getting serious about eliminating encampments on city streets.

Let 2020 be the year for less rhetoric and more action in eliminating encampments, urination, defecations, and drug abuse on city sidewalks.

**Martha Morrissy  
Downey**

## Liberal arts education

Dear Editor:

People today are having longer life expectancies than ever before. With a great deal of us spending roughly half or more of our lives under employment, there's very little time spent not working.

Adults now are proof that society has come a long way in allowing people to live a long and productive work life. But has it been fulfilling? When we are in the later part of our own lives, do we not wish to feel satisfied?

Absolutely. So how would we guarantee that this be achieved? By letting English majors have the same opportunities to succeed.

As a current English major student, I get assigned to read various works from both past and present authors. In class there are discussions held that allow me to analyze the text and attempt to put myself in the lens of the author when he/she wrote the work. With a writing assignment that usually follows to expand on ideas, we have about the work that allow for creative and analyzing qualities to grow. These skills are ultimately preparing me for the competitive job market.

In supporting liberal arts majors such as English, there becomes a surplus of future professionals that have a diverse skill set. Where students are taught to examine written pieces of work and use language effectively; As well as given time to explore our imagination through writing.

By allowing a new generation to major in English, we allow people to have the option of becoming screenwriters to future films, where they can use the strong imagination skills that were taught to create thoughtful and fully developed scripts. I would also add the ability to write a thoughtful coherent speech would come in handy for many job positions.

What if the students don't end up in this particular fields, then they can still see the education as beneficial. By being in a community where they teach other generations not just about future innovations but about poets and authors. How time was spent developing a piece of work and understanding the work at more than just the lens of the present.

Once out of school, we can use these tools to continue our education as students of life. Where we question the laws that get passed or incorrectly spelled postings on the side of a building

Perhaps you are not a student or interested in liberal arts as a major, then being an ally for continuing education in a field that you are not an active participant can only really help another and be harmless to you. When a community with people who support others that go on to receive an education of their preferences, it creates a happier population. By allowing others to reach their full potential in areas they are strong, we grow to encourage a diversity of knowledge.

As we live longer on this earth, it is helpful to remember that we share this planet with other people who deserve to have the same opportunity to learn and thrive in what they want.

**Jessica Ornelas  
South Gate**

**The Norwalk Patriot** STAFF

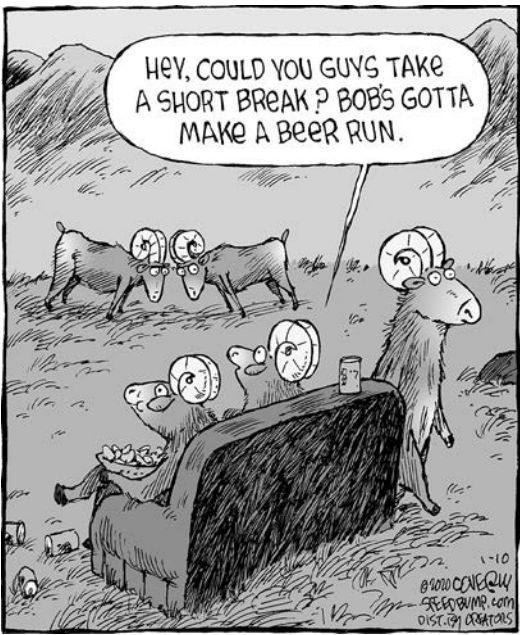
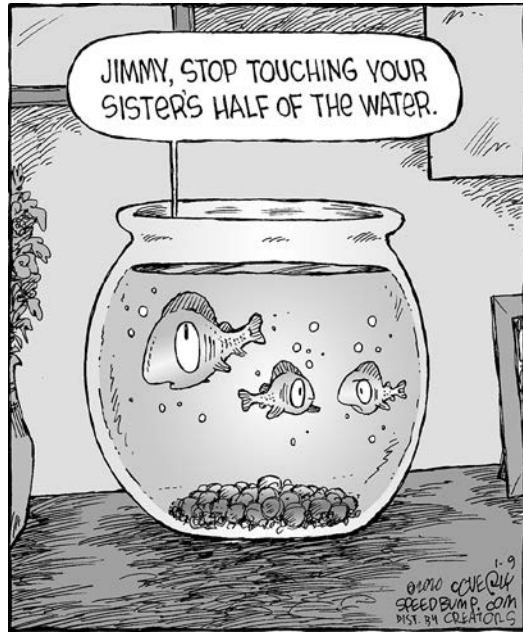
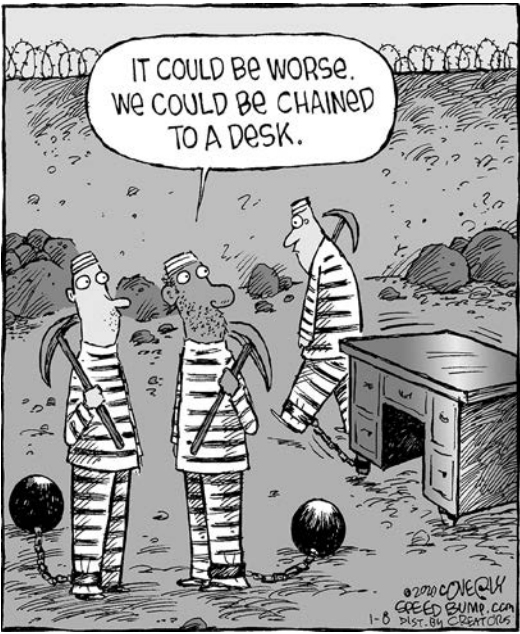
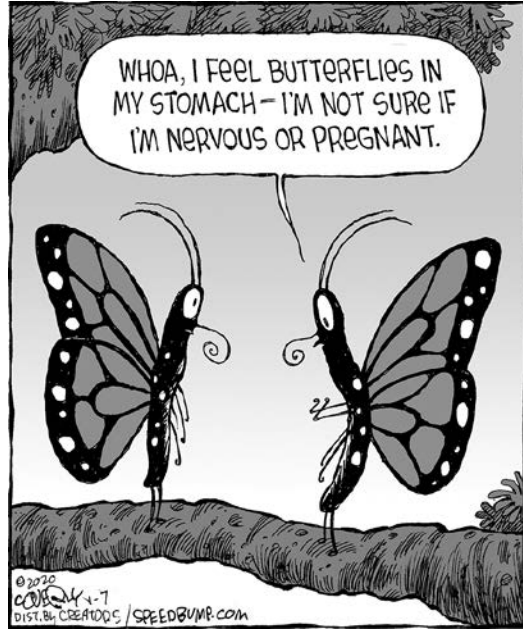
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**Email:**  
news@thedowneypatriot.com

**CALENDAR OF EVENTS**

**MONDAYS**

1st, 6:00 p.m. - Public Safety meetings - Council Chambers

**TUESDAYS**

8:00 a.m. - 1:00 p.m. - Farmers Market - Excelsior High School  
12:00 p.m. - Rotary - Doubletree Hotel  
1st & 3rd 6:00 p.m. - Toastmasters Meetings - Registrar Recorder/County Clerks Office  
1st & 3rd, 6:00 p.m. - City Council - Council Chambers  
3rd, 5:45 p.m. - Housing Authority - Council Chambers

**WEDNESDAYS**

1st, 12:30 p.m. - Soroptimist International - Soroptimist Village  
1st & 3rd, 7:00 p.m. - Lions Club - Bruce's Restaurant  
2nd, 10:30 a.m. - Norwalk Woman's Club - Masonic Lodge  
2nd & 4th, 1:30 p.m. - Alondra Senior Citizens - Social Services Center  
2nd & 4th, 7:30 p.m. - Planning Commission - Council Chambers  
4th, 11:30 a.m. - Coordinating Council - Arts & Sports Complex

**THURSDAYS**

7:00 p.m. - Boy Scouts Troop 924 - Norwalk United Methodist Church  
2nd, 7:30 p.m. - Golden Trowel -Norwalk Masonic Lodge  
3rd, 8:00 p.m. - American Legion Post No. 359 - 11986 Front St.

**SATURDAYS**

2nd, 8:30 a.m. - 10:30 a.m. - Pancake Breakfast - First Christian Church of Norwalk  
Have an event you want listed? E-mail news@thedowneypatriot.com

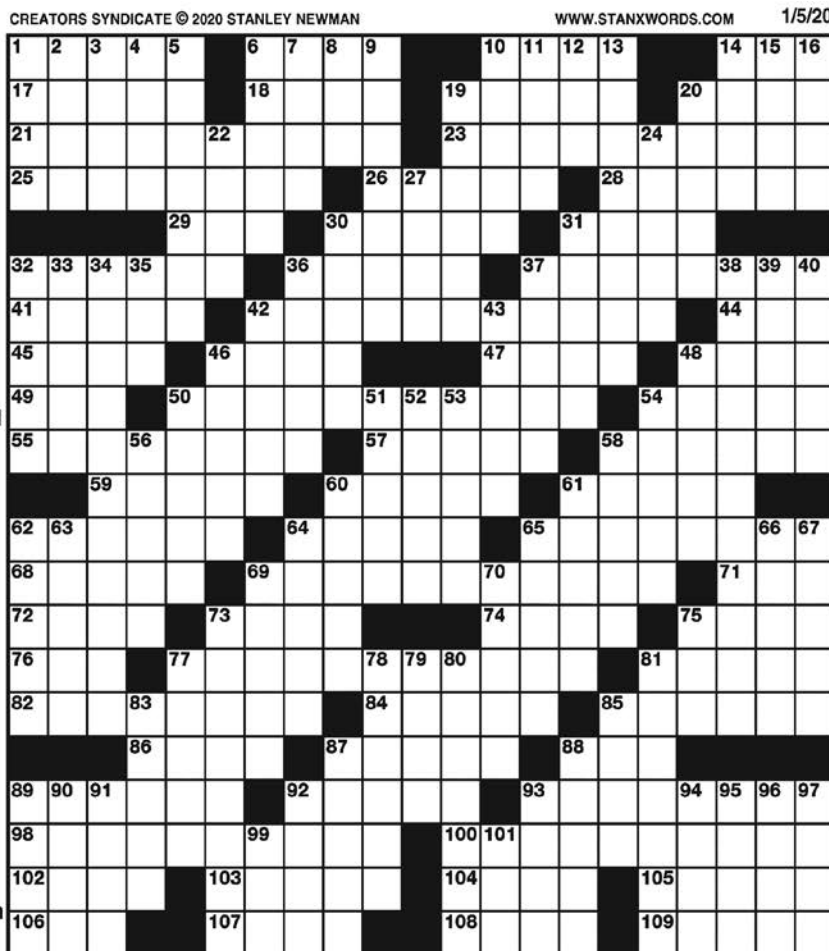
**On This Day...**

- Jan. 10, 1776: "Common Sense" by Thomas Paine was published.
- 1920: The League of Nations ratified the Treaty of Versailles, officially ending World War I with Germany.
- 1943: U.S. President Franklin D. Roosevelt sailed from Miami, FL, to Trinidad thus becoming the first American President to visit a foreign country during wartime.
- 2000: It was announced that Time-Warner had agreed to buy America On-line (AOL). It was the largest-ever corporate merger priced at \$162 billion. The Federal Trade Commission (FTC) approved the deal on December 14, 2000.
- 2007: The iTunes Music Store reached 1.3 million feature length films sold and 50 million television episodes sold.

**THE NEWSDAY CROSSWORD**

Edited by Stanley Newman (www.StanXwords.com)  
**A CENTURY AGO: What happened in 1920**  
by S.N.

- ACROSS**
- 1 Text message illustration
- 6 Selects, with "for"
- 10 Young male zebra
- 14 Autobahn auto
- 17 Klondike's region
- 18 Gather, as grain
- 19 Nashville music, for short
- 20 Mid 11th-century date
- 21 Constitutional amendment that went into effect in 1920
- 23 His Memorial statue was completed in 1920
- 25 Kept talking tediously
- 26 How change will come to Iberians
- 28 Group of close friends
- 29 Paid promotions
- 30 Montréal stop sign
- 31 Arcade game name
- 32 Gaudy
- 36 Compadre of Carlos
- 37 Kept going
- 41 Smartphone screen array
- 42 A Big Apple newspaper called it "impossible" in 1920
- 44 Emulating
- 45 Russia's legislature
- 46 Dutch astronomer Jan
- 47 "Now \_\_\_ me down to sleep..."
- 48 Tel \_\_\_
- 49 Comprise
- 50 Star of the Ziegfeld Follies of 1920
- 54 Magazine publisher
- 55 Certain real-estate transaction
- 57 Eye-bending paintings
- 58 Stuffed tiger of the comics
- 59 Hunters' outerwear
- 60 In reserve
- 61 Up to now
- 62 Ecological regions
- 64 "In my wildest dreams"
- 65 Freedom of action
- 68 Up to
- 69 Mexican revolutionary who retired from hostilities in 1920
- 71 Miss Piggy's scarf
- 72 Birdseed ingredient
- 73 Dropped by
- 74 With skill
- 75 Strong inclination
- 76 Go wrong
- 77 Sci-fi author born in 1920
- 81 Specialized market
- 82 Finales of feasts
- 84 Cash
- 85 Add, as an extra charge
- 86 Part of AD
- 87 Overly frugal
- 88 Trucker's compartment
- 89 Sharp as a tack
- 92 Bistro patron
- 93 Holds to be true
- 98 Swedish-born star who made her film debut in 1920
- 100 Virtuoso violinist born in 1920
- 102 To be, to Henri
- 103 Deeply felt
- 104 Big beverage brewers
- 105 Cuban dance
- 106 Green Eggs and Ham kid
- 107 Show biz award quartet
- 108 Talk show guest's device
- 109 Leading the league
- DOWN**
- 1 Examined closely
- 2 Sierra Club cofounder
- 3 "You may leave now"
- 4 Most popular papal name
- 5 Weeping
- 6 Triple-tier sweets
- 7 Wharton's university
- 8 Arm art
- 9 Globular
- 10 Princess Diaries author
- 11 What loonies replaced
- 12 "Bad" cholesterol
- 13 End of an experiential adage
- 14 Interest group
- 15 Pepper holder
- 16 Domain of Dionysus
- 19 Envelope phrase
- 20 Jazz singer Carmen
- 22 Sea swirl
- 24 Dracula's prime time
- 27 Lobby for
- 30 Find \_\_\_ for (match with)
- 31 Baking staple
- 32 Of ocean motion
- 33 Lexus alternative
- 34 Members of a "League" founded in 1920
- 35 Inheritance with a twist
- 36 National Humor Month
- 37 Hanks' role in Sully
- 38 Jazz pianist born in 1920
- 39 Yellowish green
- 40 Places for pews
- 42 Some soft drinks
- 43 Petrol measure
- 46 Golden Boy playwright
- 48 Beside the catcher for a bit
- 50 Henry Ford's son
- 51 Shaped like a funnel
- 52 Imitative
- 53 Cheese-topped chip
- 54 Eastern European capital
- 56 Resign
- 58 It often precedes "contested"
- 60 Dog-tag datum
- 61 Charlie Brown's sister
- 62 Went by coach
- 63 Become accustomed (to)
- 64 Poetic feat
- 65 Inanimate zodiac sign
- 66 Hawaiian singing legend
- 67 Gobbled up
- 69 Money order phrase
- 70 Gymnastics move
- 73 New York Hall of fame
- 75 Capped pen brand
- 77 Oscar de la \_\_\_
- 78 Key akin to C
- 79 Venetian ruler of yore
- 80 Element #107
- 81 6 Down brand
- 83 One way to cook
- 85 Soft mineral
- 87 Himalayan region
- 88 Stop it
- 89 Pretty long time
- 90 Latina's addr.
- 91 Semester
- 92 Fleming mad scientist
- 93 Riverside
- 94 "The chief nurse of England's statesmen"
- 95 Volcano's outlet
- 96 Consequently
- 97 Kiddie coat fastener
- 99 Director Lee
- 101 \_\_\_ Lanka

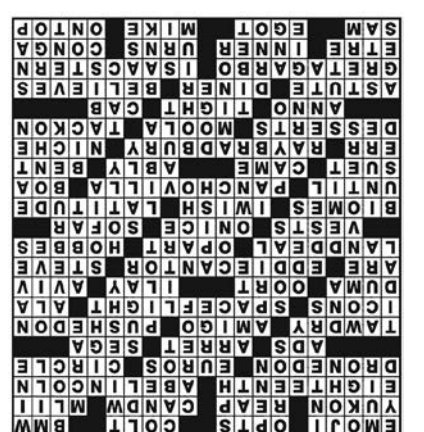


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You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

Forbes, Jr.  
Across) is Malcolm Stevenson  
full name of STEVE Forbes (54  
of matter in the universe. The  
believed to make up the majority  
existence of "dark matter," now  
OORT (46 Across) postulated the  
In 1932, Dutch astronomer Jan  
word for "assembly," or "council."  
DUMA (45 Across) is the Russian



### FICT. BUS NAME

**FICTITIOUS BUSINESS NAME STATEMENT**  
**File Number 2019318884**  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **GRAND SIMPLE CO., 10240 MATERN PLACE, SANTA FE SPRINGS CA 90670, LA COUNTY**  
Articles of Incorporation or Organization Number (if applicable): AI #ON: 20191510342  
REGISTERED OWNERS(S): (1) VF & CO. LLC, 10240 MATERN PLACE, SANTA FE SPRINGS CA 90670  
State of Incorporation: CA  
THIS BUSINESS IS CONDUCTED BY: a Limited Liability Company  
The date registrant started to transact business under the fictitious business name or names listed above: 10/2019

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
S/ VF & CO. LLC, CFO, EASWARA M HARISANKARALINGAM  
This statement was filed with the County Clerk of Los Angeles on DECEMBER 11, 2019

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot  
12/20/19, 12/27/19, 1/3/20, 1/10/20

### FICTITIOUS BUSINESS NAME STATEMENT

**File Number 201933274**  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **LOS DE LA COSTA, 15503 S LIME AVE, COMPTON CA 90221, LA COUNTY**  
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
REGISTERED OWNERS(S): (1) ANGEL A. GUTIERREZ CUEVAS, 15503 S LIME AVE, COMPTON CA 90221 (2) JULIAN G. CASTELLON MORALES, 16002 S ATLANTIC AVE C10, COMPTON CA 90221 (3) JOE A. 221 E 64TH ST, LOS ANGELES CA 90003 (4) DANIEL GONZALEZ BAUTISTA, 110 E REEVE ST, COMPTON CA 90220  
State of Incorporation: N/A  
THIS BUSINESS IS CONDUCTED BY: a General Partnership  
The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
S/ ANGEL A. GUTIERREZ CUEVAS, GENERAL PARTNER  
This statement was filed with the County Clerk of Los Angeles on DECEMBER 31, 2019

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot  
1/10/20, 1/17/20, 1/24/20, 1/31/20

### FICTITIOUS BUSINESS NAME STATEMENT

**File Number 201902404**  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **MR UPHOLSTERY, 9602 WALTHALL AVE, WHITTIER CA 90605, LA COUNTY**  
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
REGISTERED OWNERS(S): (1) MARTHA RUBIO, 9602 WALTHALL AVE, WHITTIER CA 90605  
State of Incorporation: N/A  
THIS BUSINESS IS CONDUCTED BY: an Individual  
The date registrant started to transact business under the fictitious business name or names listed above: 01/2020

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
S/ MARTHA RUBIO, OWNER  
This statement was filed with the County Clerk of Los Angeles on JANUARY 6, 2020  
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot  
1/10/20, 1/17/20, 1/24/20, 1/31/20

### FICTITIOUS BUSINESS NAME STATEMENT

**File Number 2019311619**  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **BEAUTIFUL MASTERPIECE EVENTS, 12459 HAYFORD ST., NORWALK CA 90650, LA COUNTY**  
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
REGISTERED OWNERS(S): (1) VIRGINIA GALLAGHER, 12459 HAYFORD ST, NORWALK CA 90650  
State of Incorporation: N/A  
THIS BUSINESS IS CONDUCTED BY: an Individual  
The date registrant started to transact business under the fictitious business name

or names listed above: N/A  
I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
S/ VIRGINIA GALLAGHER, OWNER  
This statement was filed with the County Clerk of Los Angeles on DECEMBER 2, 2019

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot  
12/20/19, 12/27/19, 1/3/20, 1/10/20

### FICTITIOUS BUSINESS NAME STATEMENT

**File Number 2019328386**  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **SMART RO HOUSE, 8055 ALONDRA BLVD, PARAMOUNT CA 90723, LA COUNTY, 1500 GARDENWEST CIR, #11377, WESTMINSTER CA 92685**  
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
REGISTERED OWNERS(S): (1) AMIR ESTEANEH, 8055 ALONDRA BLVD, PARAMOUNT CA 90723  
State of Incorporation: N/A  
THIS BUSINESS IS CONDUCTED BY: an Individual  
The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
S/ AMIR ESTEANEH, OWNER  
This statement was filed with the County Clerk of Los Angeles on DECEMBER 24, 2019

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot  
1/10/20, 1/17/20, 1/24/20, 1/31/20

### FICTITIOUS BUSINESS NAME STATEMENT

**File Number 2019322698**  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **HELLO HALO, 11408 SOUTH STREET, CERRITOS CA 90703, LA COUNTY**  
Articles of Incorporation or Organization Number (if applicable): AI #ON: 201315410334  
REGISTERED OWNERS(S): (1) LEBEBA GROUP LLC, 11408 SOUTH STREET, CERRITOS CA 90703  
State of Incorporation: CA  
THIS BUSINESS IS CONDUCTED BY: a Limited Liability Company  
The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
S/ LEBEBA GROUP LLC, MANAGING MEMBER, RICHMOND H. WYNN  
This statement was filed with the County Clerk of Los Angeles on DECEMBER 17, 2019  
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot  
12/20/19, 12/27/19, 1/3/20, 1/10/20

### FICTITIOUS BUSINESS NAME STATEMENT

**File Number 2019321440**  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **VISION888, 20821 NORWALK BLVD UNIT 19, LAKEWOOD CA 90715, LA COUNTY**  
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
REGISTERED OWNERS(S): (1) LUSHANDRA PRIOLEAU, 20821 NORWALK BLVD UNIT 19, LAKEWOOD CA 90715  
State of Incorporation: N/A  
THIS BUSINESS IS CONDUCTED BY: an Individual  
The date registrant started to transact business under the fictitious business name or names listed above: 12/2019

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
S/ LUSHANDRA PRIOLEAU, OWNER  
This statement was filed with the County Clerk of Los Angeles on DECEMBER 13, 2019  
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective

January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot  
12/20/19, 12/27/19, 1/3/20, 1/10/20

### FICTITIOUS BUSINESS NAME STATEMENT

**File Number 2020003624**  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **PEDAVENA MOULD AND DIE (2) PMD, INC., 12464 MCCANN DR, SANTA FE SPRINGS CA 90670-3335, LA COUNTY**  
Articles of Incorporation or Organization Number (if applicable): AI #ON: 0854831  
REGISTERED OWNERS(S): (1) PEDAVENA MOULD AND DIE CO., INC., 3914 OLIVE AVE, LONG BEACH CA 90807  
State of Incorporation: CA  
THIS BUSINESS IS CONDUCTED BY: a Corporation  
The date registrant started to transact business under the fictitious business name or names listed above: 10/1974

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
S/ PEDAVENA MOULD AND DIE CO., INC., TREASURER, SHEILA SCARDENZAN  
This statement was filed with the County Clerk of Los Angeles on JANUARY 7, 2020  
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot  
1/10/20, 1/17/20, 1/24/20, 1/31/20

### FICTITIOUS BUSINESS NAME STATEMENT

**File Number 2019318501**  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **MY BEAUTY OBSESSION STUDIO, 7023 SOMERSET BLVD, PARAMOUNT CA 90723, LA COUNTY, 12054 LONGWORTH AVE, NORWALK CA 90650**  
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
REGISTERED OWNERS(S): (1) ROXANA CHAN, 12054 LONGWORTH AVE, NORWALK CA 90650 (2) NEFTALI CHAN, 12054 LONGWORTH AVE, NORWALK CA 90650  
State of Incorporation: N/A  
THIS BUSINESS IS CONDUCTED BY: a Married Couple  
The date registrant started to transact business under the fictitious business name or names listed above: 10/2017

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
S/ NEFTALI CHAN, HUSBAND  
This statement was filed with the County Clerk of Los Angeles on DECEMBER 10, 2019  
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
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The Norwalk Patriot  
1/10/20, 1/17/20, 1/24/20, 1/31/20

### FICTITIOUS BUSINESS NAME STATEMENT

**File Number 2020003456**  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) **MARRON'S RENOVATIONS & HANDYMAN SERVICES, 155 WEST 126TH ST, LOS ANGELES CA 90061, LA COUNTY**  
Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A  
REGISTERED OWNERS(S): (1) ALBERTO MARRON, 155 WEST 126TH ST, LOS ANGELES CA 90061  
State of Incorporation: N/A  
THIS BUSINESS IS CONDUCTED BY: an Individual  
The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).  
S/ ALBERTO MARRON, OWNER  
This statement was filed with the County Clerk of Los Angeles on JANUARY 6, 2020  
Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.  
The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot  
1/10/20, 1/17/20, 1/24/20, 1/31/20

## GOVERNMENT

**CITY OF NORWALK NOTICE OF INTENT TO ADOPT A MITIGATED NEGATIVE DECLARATION NOTICE OF PUBLIC HEARING GENERAL PLAN AMENDMENT NO. 181 ZONE CHANGE NO. 360 DENSITY BONUS AGREEMENT DEVELOPMENT AGREEMENT**  
**Date: Tuesday, January 21, 2020**

**Time: 6:00 p.m.** or as soon thereafter as the matter may be heard.  
**Place:** **City Council Chambers**, Norwalk City Hall, 12700 Norwalk Boulevard, Norwalk, CA 90650  
**Description:** The City Council will conduct a public hearing to consider petitions filed with the City of Norwalk Department of Public Safety designating the 12600 block of Zeus Avenue, between Lyndora Street and Paddison Avenue, as preferential parking by residents currently residing in the area.  
**Public Comment:** Interested persons are invited to attend this hearing and be heard regarding this matter. Written comments may be submitted to the City Council prior to the time set for the hearing. Address written comments: Attention: City Clerk at the address noted above or by email to [clerk@norwalkca.gov](mailto:clerk@norwalkca.gov).  
**More Information:** Questions concerning the public hearing matter should be directed to Miguel Lucero at (562) 929-5764 or by email to [mlucero@norwalkca.gov](mailto:mlucero@norwalkca.gov).  
**Accessibility:** In compliance with the Americans with Disabilities Act, if you need special assistance to participate in a City meeting or other services offered by this City, please contact the City Clerk's Office at (562) 929-5720. Notification at least 48 hours prior to the meeting or time when services are needed will assist the City staff in assuring that reasonable arrangements can be made to provide accessibility to the meeting or service. Assisted hearing devices will be available at this hearing without prior notification.

Dated this 10th day of January 2020.  
Theresa Devoy, CMC, City Clerk

The Norwalk Patriot  
1/10/20

**CITY OF NORWALK NOTICE OF INTENT TO ADOPT A MITIGATED NEGATIVE DECLARATION NOTICE OF PUBLIC HEARING GENERAL PLAN AMENDMENT NO. 181 ZONE CHANGE NO. 360 DENSITY BONUS AGREEMENT DEVELOPMENT AGREEMENT**

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**Time: 6:00 p.m.** or as soon thereafter as the matter may be heard.  
**Place:** **City Council Chambers**, Norwalk City Hall, 12700 Norwalk Boulevard, Norwalk, CA 90650  
**Description:** The City Council will conduct a public hearing to consider the following applications filed by Mercy Housing, a request to allow the construction of a residential apartment development with supportive services. The location of the proposed development is generally known as 13629-13706 San Antonio Drive and 11950 Foster Road (Assessor's Parcel Numbers ("APNs") 8054-016-901, 903 through 906, and 8054-016-020 ("project site"), located on the southwest corner of San Antonio Drive and Foster Road, in the Institutional (I) zone and Single Family Residential (R-1) zone, respectively. The request includes the following:  
1. Amend the General Plan designation of APNs 8054-016-901, 903 through 906 of the project site from Institutional (I) to High Density Residential (HDR) and APN 8054-016-020 from Low Density Residential (LDR) to High Density Residential (HDR);  
2. Re-zone APNs 8054-016-901, 903 through 906 from I to Multi-Family High Density Residential (R-4) zone and APN 8054-016-020 from R-1 to R-4;  
3. Approval of a density bonus agreement; and  
4. Approval of a development agreement between the City and the Applicant to construct said development on City owned property.  
**Environmental Review Information:** Pursuant to the California Environmental Quality Act (CEQA) and the CEQA Guidelines of the City of Norwalk, a Mitigated Negative Declaration has been prepared for the proposed project. The public comment period on the Mitigated Negative Declaration began on December 31, 2019 and ended on January 7, 2020.  
**Public Comment:** Interested persons are invited to attend this hearing and be heard regarding this matter. Written comments may be submitted to the City Council prior to the time set for the hearing. Address written comments: Attention: City Clerk at the address noted above or by email to [clerk@norwalkca.gov](mailto:clerk@norwalkca.gov). If you challenge the proposed project, you may be limited to only those issues raised at the public hearing described in this notice, or in written correspondence delivered prior to the public hearing.  
**More Information:** Questions concerning the public hearing matter should be directed to Beth Chow, Senior Planner, at (562) 929-5953 or [bchow@norwalkca.gov](mailto:bchow@norwalkca.gov).  
**Accessibility:** In compliance with the Americans with Disabilities Act, if you need special assistance to participate in a City meeting or other services offered by this City, please contact the City Clerk's Office at (562) 929-5720. Notification at least 48 hours prior to the meeting or time when services are needed will assist the City staff in assuring that reasonable arrangements can be made to provide accessibility to the meeting or service. Assisted hearing devices will be available at this hearing without prior notification.

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Dated this 10th day of January 2020.  
Theresa Devoy, CMC, City Clerk

## LIEN SALES

**Extra Space Storage** will hold a public auction to sell personal property described below belonging to those individuals listed below at the location indicated:  
**10950 Firestone Blvd**  
Norwalk, CA 90650  
**01/22/20 12:30pm**  
Michael Minikwu  
Household items  
Adrienne Ponce  
Household items  
Cesar Perez  
Household items  
Eduardo Deamas  
Household items  
Eva Hoffman  
Household items  
Avis C Brumfield  
Household items

**01/22/20 12:30pm**  
Michael Minikwu  
Household items  
Adrienne Ponce  
Household items  
Cesar Perez  
Household items  
Eduardo Deamas  
Household items  
Eva Hoffman  
Household items  
Avis C Brumfield  
Household items

**01/22/20 12:30pm**  
Michael Minikwu  
Household items  
Adrienne Ponce  
Household items  
Cesar Perez  
Household items  
Eduardo Deamas  
Household items  
Eva Hoffman  
Household items  
Avis C Brumfield  
Household items  
Iris Jackson  
Household items  
Eddie Sandoval  
Household items  
Rafael Urbina  
Household items  
Jessica Rivera  
Household items  
Melinda Dart  
Household items  
Andrea Valdez  
Household items  
Doug Carpenter  
Household items  
Carolina Vega  
Household items  
Jose Lopez  
Household items

Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

The Norwalk Patriot  
1/3/20, 1/10/20

### NOTICES

**SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**CASE NUMBER: 19NWCPO0441**  
TO ALL INTERESTED PERSONS: Petitioner JAMIE ALVARADO filed a petition with this court for a decree changing names as follows:  
Present name (1) JAMIE ALVARADO TO Proposed name (1) JAMIE GISELLE ALVARADO  
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.  
**NOTICE OF HEARING**  
**Date: JANUARY 29, 2020, Time: 1:30 p.m., Department: C, Room: N/A**  
**The address of the court is 12720 Norwalk Blvd., Norwalk, CA 90650**  
A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **THE NORWALK PATRIOT** NOVEMBER 26, 2019  
Judge Margaret M. Bernal  
Judge Of The Superior Court  
Petitioner or Attorney, In Pro Per  
**JAMIE ALVARADO**  
**12158 HOPLAND ST. NORWALK CA 90650 562-387-3532 ALVARADOTIN@YAHOO.COM**

The Norwalk Patriot  
12/27/19, 1/3/20, 1/10/20, 1/17/20

**SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME**  
**CASE NUMBER: 19NWCPO0479**  
TO ALL INTERESTED PERSONS: Petitioner MICHELLE HONG NGUYEN filed a petition with this court for a decree changing names as follows:  
Present

**LEGALS**

**Short Story**

**The Wallet**

By Yolanda Adele

It was Sabrina's first time in New York City. Her excitement was tempered by all the unsolicited warnings she had received from family in California before she left.

Her dad said, "New Yorkers are an aggressive breed. They got that way by being so overcrowded. They are like rats having to live on top of one another. It's no wonder that New York is the capital of muggings in the nation! Tell your boss to send a man!"

"Women can't even jog in the daytime without fear of being attacked by some resident psychol! Please don't go Sabrina." Mama cried.

"You don't understand," Sabrina explained, "it's a great opportunity for me to prove myself, not just as an employee, but as a female employee in a law firm predominately run by men. Besides I'm almost forty years old."

"She's right Mama, whether we like it or not."

"Mama, I'm probably safer than most women due to my self-defense training," said Sabrina.

"I forgot about that... that does make me feel better, dear." Mama forced a smile and tried to sound convincing.

"Good. I'll call you later."

...

It was dusk when Sabrina arrived in New York. The weather was nice, though a little on the cool side for a Californian. She was glad to arrive a day early, affording some time for herself before attending the barrage of business meetings the next morning.

In her hotel room she quickly changed into her jogging clothes to get in a few miles of running before dinner. She couldn't wait to get across the street to Central Park.

She wasn't there five minutes when a hoodlum-looking person bumped into her. She quickly checked her jacket pocket for her

wallet. Damn! It was gone.

She remembered from her defense class that a woman's best defense is the element of surprise. She ran after the hoodlum. Her heart was pounding like it was about to burst out of her chest. Her face was hot with anger and wet from perspiration.

As she ran, the ribbon slipped from her ponytail, causing her unruly hair to look like it had been hit with an electrical charge; it all stood on end.

When she caught up with the thief, she slammed him to the ground with her shoulder. He tried to stand up; she surprised him with a round-house kick to his groin.

She demanded, "Give me the damn wallet, you piece of slime!" His eyes bulged out of the sockets. He tried to talk but his mouth was twisted, distorted like the subject in Munch's painting, The Scream. His face was white and pasty like of Elmer's glue.

She almost felt sorry for him until she saw the black wallet on the grass beside him. The Slime tried to speak again before his face turned green and puked the same color.

"I want you to remember this if ever you try to take advantage of a woman again," Sabrina yelled at him. She picked up the wallet and put it in her pocket, confident he couldn't get up to chase after her. She thought about reporting the incident to the police but dismissed it because of the time that it would certainly consume. She had several business meetings lined up. It was enough that she felt empowered having taken care of the matter herself.

When she got back to her room she was gripped by shock. Her face turned white with horror... when she saw that her wallet was on the bed.

**Downey's Rives Mansion is up for sale - again**



After a controversial year in 2019, Downey's historic mansion has started 2020 on the market.

By Alex Dominguez Staff Writer

**DOWNEY** - The sad saga surrounding Downey's most historic property has seemingly followed it into 2020, with the Rives Mansion having once again been listed for sale.

The mansion was listed in early December last year by Hudson Partners Investment Brokerage for what was described as an "aggressive" \$2.9 million.

This comes after a rather rocky year for the property in 2019, in which plans to refurbish and convert the site into office space were given the thumbs up, including the approval of a highly controversial 1,200 square foot retail café building that was to be erected in front of the Mansion.

Despite significant pushback from residents, owners Arturo Concha and Erika De La Teja were able to persuade both Downey's Planning Commission and City Council to approve the café, albeit at the cost of over 100 separate conditions.

According to Jay Martinez of Hudson Partners, the mansion

has been listed as "ready-to-issue," which would likely mean that whoever purchased the property would pursue plans in accordance with what is currently permitted, including the retail café.

Martinez listed medical and executive type offices as among the viable options for the property. Still, residents should not anticipate anything in the immediate future.

According to Martinez, the mansion has garnered sporadic interest since being listed, and he estimates that it could be anywhere from four to six months before any sale is finalized.

**Whittier gives 10-day notice to Parnell encampment, will enforce curfew**

By Alex Dominguez Staff Writer

**WHITTIER** - Whittier City Council avoided a complete shutdown of Parnell Park at their emergency meeting on Monday, opting instead to give encampment residents just over a week to vacate the park before staff begins clean-up.

The city will now give 10-days notice that a curfew will be enforced at Parnell, during which HOST (Homeless Outreach Stabilization and Transition) and any other service providers can come in and assist with any of those residing in the encampment who desire assistance. When those 10 days expire, the curfew will come into effect and the park will temporarily close so that staff can begin sanitizing the encampment area. Staff will also analyze the rest of the park to determine what other locations - if any - will need similar treatment.

How long the closure will last will depend on how long staff feels they need to sanitize the area. Once completed, the park will reopen with the curfew maintained.

It was not an easy road to the decision, as council members butted heads on more than one occasion while attempting to find a reasonable solution. Even the final vote was not unanimous, only earning a seemingly begrudging 4-0 vote. Councilwoman Cathy Warner abstained, voicing that she could neither vote yay or nay due to her feeling that the motion "did not go far enough."

Warner called for discussion of the park's closure after 22-year-old Corinna Megan Ortega was found dead of a suspected overdose inside of a tent within the encampment on New Year's Day. However, matters were arguably only made more urgent after a confrontation with an older Hispanic male and one of the encampment's residents ended

in alleged gunfire over the weekend.

Councilman Josue Alvarado said that he "didn't agree with this emergency meeting."

"Has this issue been there for the last year and a half? Yes," said Alvarado. "I think we should have handled this back in October; we could have handled this many months ago."

"But it's always better to look forward than to look backward...doing something, even late, is better than doing nothing."

Mayor Pro Tem Fernando Dutra said that it was "absolutely clear that there is more work to be done."

"This is a short-term way of fixing it," said Dutra. "Long term is we need to establish mental health and detox assistance."

The homeless crisis has been a sticking point for Whittier and its residents for over a year, with the city reluctant to take any action on the homeless encampment that has established itself there for fear of drawing a costly lawsuit.

Residents filled the council chambers to capacity and spilled out to the main lobby on the first floor. Before a decision could be made, Council fielded comments from residents for nearly two hours.

Amongst that crowd was an extremely emotional Betty Thorpe, Oretga's mother.

"You will never know the pain that I am feeling right now that my daughter's life was taken," said Thorpe. "I don't want anyone else to get hurt; Megan, my baby girl, wouldn't have wanted any of this to happen to anyone...There are still things going on at the park - horrible things going on at the park - that I have to listen to, and I can't grieve in peace, because people are trying to hurt others and it's not right. It's so unfair."

Thorpe went on to plead for the council and residents to show sympathy for those in the encampment.

"They're not all bad people," said Thorpe. "They have this area where they're kind of stuck at now because they don't have anywhere else to go. I understand your concerns as residents, but it doesn't make sense that the residents in the area are going around yelling at them and driving their vehicles on the grass to hurt them. They're scared now; they're victims now."

"Try and get to know them and understand where they're coming from and why. Maybe that will give you more compassion in your heart."

Although there were some who mirrored Thorpe's sentiments, a vast majority of the crowd supported at least some sort of change in procedure, citing multiple instances of being approached or harassed, witnessing public defecation, and finding drug paraphernalia.

"You guys want to close the park, but I feel like the park is already closed," said one resident. "In my opinion, the park is already closed to our kids, and you're opening it up to drug addicts and you're not going in there to clean them out. I call on a daily basis... When are the parks going to open up for our kids, and not for the trash that's there?"

"I'm sorry about the family that lost their daughter that lost her life, but something needs to change and it's not happening. It's getting worse, and I want the park back for our kids, not for them."

A final vote is expected at council's meeting next Tuesday.

**\$10.00 GUARANTEED DELIVERY SUBSCRIPTION**

The Norwalk Patriot is offering subscriptions for \$10/year. Subscription guarantees delivery every Friday to single-family homes in Norwalk.

14783 Carmenita Road, Norwalk, CA 90650

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_



# NORWALK HAPPENINGS

## SATURDAY, DECEMBER 28

**Game and Activity Day**, 2-4 pm. Drop in for board games, card games, puzzles, and play. We'll have activities for children and family members of all ages. Best suited for ages 4 and up. Alondra Library, 11949 Alondra Blvd.

## SATURDAY, JANUARY 4

**Las Posadas**, 6-9 pm. A traditional cultural celebration featuring a candlelight procession, caroling of holiday songs, performances by mariachis and ballet folkloricos, and more. City Hall lawn, 12700 Norwalk Blvd.

**2020 Pokémon Premier Challenge**, 12-8pm. Entry Fee: \$5 cash/credit card. Please have your team sheet filled and ready to turn in at time of registration. This tournament will use the VGC 2020 Sword & Shield Standard Format. Unrated Gaming, 15617 Studebaker Rd. Suite #3.

## SUNDAY, JANUARY 5

**Juanita's Tour**, 10 am. Juanita's Foods will be at Northgate Market offering samples of their products. There will also be a radio remote starting at 1:30 p.m. Northgate

Market, 11660 Firestone Blvd.

## TUESDAY, JANUARY 7

**Legal Research Class: Estate Probate and Trusts**, 1:30 pm. Learn about the legal process that happens when someone dies, including how probate court works, and resources available to help. Norwalk Library, 12350 Imperial Hwy.

## WEDNESDAY, JANUARY 8

**Mask Making Workshop**, 2 - 3 pm. This fun workshop will provide an abundance of colorful and beautiful materials for participants to create their own unique masks. All supplies will be provided. Attendance is limited, and advance registration is required. For Adults 18+. Alondra Library, 11949 Alondra Blvd.

## THURSDAY, JANUARY 9

**Chinese Calligraphy Class**, 2 pm. Learn about Chinese culture in an exciting way through Chinese calligraphy in this one-hour class. You will learn how to write twenty-four Chinese characters and take home your work.

Norwalk Library, 12350 Imperial Hwy.

**Let's Make Rainsticks!**, 4 - 5 pm. This homemade instrument will produce the soothing sounds of falling rain. All supplies are provided for this fun craft project. Attendance is limited, and advance registration is required. Ages 5 - 12. Alondra Library, 11949 Alondra Blvd.

## FRIDAY, JANUARY 10

**Meeting on Civic Center Redevelopment**, 9-10 am. The City of Norwalk is exploring redevelopment options for its Civic Center and Civic Center Lawn and want your feedback. Held at Los Alisos Middle School, 14800 Jersey Ave.

**Smarty Pants Storytime**, 10:30 - 11 am. Let's get ready for school! Enjoy books, songs, rhymes, and movement while learning school readiness skills and having fun. Advance registration is required. For ages 2 - 5 with an adult caregiver. Alondra Library, 11949 Alondra Blvd.

## SATURDAY, JANUARY 11

**Harbor Groove Band**, 9 pm. Live

music by Harbor Groove Band, L.A.'s ultimate dance and show band. IV Lounge, 12500 Firestone Blvd.

## TUESDAY, JANUARY 14

**Classic Book Club - One Hundred Years of Solitude by Gabriel Garcia Márquez**, 6:30 - 7:30 pm. Join us to read and discuss the multigenerational history of the Buendia family of Colombia. Copies of the book available at the library or online at [lacountylibrary.overdrive.com](http://lacountylibrary.overdrive.com). New members welcomed. For Adults 18+. Alondra Library, 11949 Alondra Blvd.

## WEDNESDAY, JANUARY 15

**Resume Tutorial Workshop**, 2 - 3:30 pm. Attendees will learn how to write a powerful, compelling resume for the right job. Attendance is limited, and advance registration is required. For Adults 18+. Alondra Library, 11949 Alondra Blvd.

## FRIDAY, JANUARY 17

**Drawing with Oil Colors**, 12 pm. Learn about oil color art techniques and complete your own work of art. All materials will be provided. Advance registration is required. Please call the library or visit the Information Desk to sign up. Norwalk Library 12350 Imperial Hwy.

**Paint Class & a Glass**, 7 pm. The night will feature a predetermined painting, simple enough for first-time painters or with suggestions and instructions for those with a higher experience level. Norwalk Cultural Arts Center, 13200 Clarkdale Ave.

**Smarty Pants Storytime**, 10:30 - 11 am. Let's get ready for school! Enjoy books, songs, rhymes, and movement while learning school readiness skills and having fun. Advance registration is required. For ages 2 - 5 with an adult caregiver. Alondra Library, 11949 Alondra Blvd.

## SUNDAY, JANUARY 19

**20th Anniversary Services**, 9 am. Pastor Jerry Scheidbach will be preaching at this special service to mark the 20th anniversary of Liberty Baptist Church of Norwalk, 12029 Pine St.

## TUESDAY, JANUARY 21

**Comedy Fire**, 9-11 pm. Darren Carter "The Party Starter" headlines this new comedy series. Kevin Lahaie also will perform. Torch Room Lounge, 10632 Imperial Hwy.

## WEDNESDAY, JANUARY 22

**Origami Lotus Flower Notebook**, 4-5 pm. Join us as we create decorative mini-notebooks for notations, photos, mementos, and more. All materials will be provided. For ages 12-18. Alondra Library, 11949 Alondra Blvd.

**Bubbles Galore!**, 2 - 2:45 pm. The Bubbologist will demonstrate the science and fun of bubbles with shimmering rainbow bubbles, big bubbles, small bubbles, bubbles within bubbles, giant bubbles and more! For ages 5 - 12. Alondra Library, 11949 Alondra Blvd.

## THURSDAY, JANUARY 23

**Resume Tutorial Workshop**, 3 pm. Would you like to learn how to write a great resume? This class will provide guidance and examples of writing a powerful, compelling resume. Please bring a paper copy of your resume to exchange with other attendees. Norwalk Library, 12350 Imperial Hwy.

## MONDAY, JANUARY 27

**Lit Wits Book Club**, 6:30 pm. Join us to read and discuss 11/22/63 by Stephen King. High-school teacher Jake Epping travels back in time to prevent the assassination of John F. Kennedy, a mission for which he must befriend troubled loner Lee Harvey Oswald. New members welcomed. Norwalk Library, 12350 Imperial Hwy.

## WEDNESDAY, JANUARY 29

**DIY Comic Book**, 4-5 pm. Be a writer and illustrator of your own comic book. We have all the materials for this cool project. For ages 12-18. Alondra Library, 11949 Alondra Blvd.

## THURSDAY, JANUARY 30

**Rhythmic L.A. 2020 Rhythmic Gymnastics Invitational**, 8:30 am - 9:30 pm. Rhythmic Academy of Los Angeles welcomes the Rhythmic community, families and friends to the Rhythmic LA 2020 Rhythmic Gymnastics Grand Championships. Featuring top Rhythmic Gymnastics programs throughout the United States and many elite clubs around the world with over 400 gymnasts participating, making it one of the largest and most prestigious Rhythmic Gymnastics Regional tournaments in the United States. Guest admission is \$25 for adults and only \$15 for children and seniors. Cerritos College gymnasium, 11110 Alondra Blvd.

## FRIDAY, JANUARY 31

**Relay for Life Silent Auction**, 5-7 pm. Place your bid on a selection of unique donated items. Free entry if you donate an item worth \$10 or more. Proceeds will be donated to the American Cancer Society's Relay for Life. Norwalk Arts & Sports Complex, 13000 Clarkdale Ave.

## SATURDAY, FEBRUARY 1

**Painting in Pajamas**, 5 pm. Come enjoy and evening with your favorite little painter while enjoying a delicious pizza dinner. There will be an instructor who will provide step by step instruction on painting a beautiful masterpiece on canvas that both you and your little one can enjoy and take home. Norwalk Cultural Arts Center, 13200 Clarkdale Ave.

## FRIDAY, FEBRUARY 7

**Sneaker Giveaway**, 12 pm. The first 50 guests will receive sneakers. For those who miss out on the sneaker giveaway, however, there will be a stickers giveaway & discounted shoe services. Norwalk Park, 12201 Sproul St.

## TUESDAY, FEBRUARY 11

**Seven Steps to Boost Metabolism**, 10 am. Discover which foods and beverages cause you to store weight and which help you lose it. Coast Plaza Hospital, 13100 Studebaker Rd.

## SATURDAY, FEBRUARY 15

**Electronic Waste Collection**, 9 am to 2 pm. Safely dispose of unwanted electronic waste and expired medications, as well as up to five boxes of documents for shredding. City Hall, 12700 Norwalk Blvd.

**Spiritual Block Party**, 10 am to 10 pm. A wellness festival with three focus areas: movement, meditation and nourishment. Featuring vendors, dance, music, vegan food trucks, and more. Free and open to the public. Sanatan Dharma Temple and Community Cultural Center, 15311 Pioneer Blvd.

## SATURDAY, MARCH 7

**25-Year Anniversary**, 7 pm. Rockabilly band Three Bad Jacks celebrates its 25-year anniversary. With special guests The Knockout Kings, No Que No, The Ripkatz and Los Paka Lolos. \$15 cover. American Legion Post 359, 11986 Front St.

## FRIDAY, MARCH 20

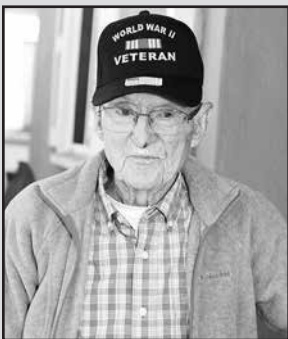
**Diabolic Lounge**, 7 pm to 1:30 am. Live music by The Psychlocks, The Peabrains, Uptown Psychos, Johnny Dahmer, The Syndicates, Six Silver Bullets and Lost Boys. \$15 presale, \$20 at the door. American Legion Post 359, 11986 Front St.

Compiled by Eric Pierce. Email calendar listings to [eric@thedowneypatriot.com](mailto:eric@thedowneypatriot.com)

## In Memory of

### Larry Knight Stover

January 29, 1919 - December 1, 2019



Larry Knight Stover age 100 passed away on December 1, 2019 at Downey Acute Care Center in Downey, CA. His ashes will be interned at Arlington National Cemetery on January 27, 2020. Larry was born in Safford, AZ on January 29, 1919 to Harold Stover and Lodemia Swanger Stover. He was raised on a farm in Hemet, CA and was the oldest of seven boys with six brothers Jack, Grant, Albert, Harold, Lynn and Richard all of whom preceded him in death. In 1940 he met and married Verna Faye Franklin. They quickly had two children Patricia Lee and Kenneth Ray Stover. The family left Hemet and relocated to the southeast region of Los Angeles County where he was hired at Joslyn Pacific Company, a metals manufacturer in Los Angeles CA. He was drafted into the Army when WWII broke out and served for 4 years in the Pacific Islands.

After his discharge from the Army he returned to work at Joslyn. He started as a line worker and while doing that took correspondence courses in mechanics and electronics. He thrived in both areas and rose up the ranks to become Maintenance Superintendent where he repaired large heavy equipment machinery. His grandson Jim recalls when he worked a summer there in high school that many workers remarked at how intelligent a man his grandfather was.

After renting in South Gate, Larry bought a new home for the family in Norwalk, CA with a VA loan. The family was the first to have a television set on the block and Larry constructed a pool in the backyard which hosted countless parties with family and friends. Always self-educated Larry developed an interest in health and nutrition eating less red meat and consuming more fruits and veggies and taking vitamins. When a channel 7 reporter asked him at his 100th birthday party last year what he attributed his longevity to, he replied healthy eating, vitamins and a little beer.

Pat and Ken had three children each and the six grandkids became a strong focus of Larry and Verna. He was also very close to his mother Lodemia "Dee Dee" who died in 1981. The Joslyn plant closed in 1981 and Larry was the last employee at the plant dismantling the plant equipment for use at other locations. In 1984, a new buyer bought the building and asked Larry to revive the building which had fallen into disrepair. So began another 25 years of employment with Pacific Coast Chemicals at the same building at 5100 District Boulevard. He worked in that building for 65 years between the two companies. He retired in 2009 at the age of 90. He lost his beloved wife Verna in 2000 and survived her for nearly 20 years. He also lost his son Kenneth Ray Stover in 2010. Ken was a chip off the old block inheriting his fathers mechanical aptitude and having a successful career in the Air Force. We all can agree that Larry was a remarkable man and everyone who met him was in awe of his abilities, work ethic and vitality. He lived very simply preparing home meals for himself and declining to go to restaurants or take vacations. Instead his retirement was filled with constant reading, listening to talk radio, watching cable television and monitoring his health markers. All of us will miss Larry, he was a rock in the Stover family and he will join his loved ones in heaven. The house on Hermes is going to be sold after 68 years and we will remember all the memories made in that home. We love you Grandpa and we'll miss you dearly.

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## Suspense author Tori Eldridge making appearance at Cerritos Library

**CERRITOS** - Meet suspense writer Tori Eldridge at 7 p.m. on Thursday, January 16, in the Cerritos Library's Skyline Room.

Eldridge will discuss her latest book, "The Ninja Daughter," an action-packed thriller about a Chinese-Norwegian modern-day ninja with "Joy Luck Club" family issues who fights the Los Angeles Ukrainian mob, sex traffickers and her own family to save two desperate women and an innocent child.

The book was inspired by her short story, "Call Me

Dumpling," which was featured in "Suspense Magazine."

A Honolulu-born mystery-action writer, Eldridge is a fifth-degree black-belt in To-Shin Do Ninjutsu who has traveled the United States giving seminars on the ninja arts, weapons and women's self-protection. She is also an actress, singer and dancer.

Copies of Eldridge's book will be available for purchase. The Cerritos Library is located at 18025 Bloomfield Avenue. For more information, call (562) 916-1342.

# 'Homing' is haunting tale of redemption and forgiveness

Author's memoir tackles sensitive material including mental illness, as writer comes to terms with troubled childhood.

**By Alex Dominguez Staff Writer**

**DOWNEY** - How easy is it to forgive those who have dealt you an immense amount of hurt and anger? Homing, a Memoir answers this question against a backdrop of 1950's Southern California.

Homing lifts the veil on the dark, turbulent life of then 14-year-old Mark Lyons.



Now 77, Lyons says that the book first came to be when his son was 14.

"Often what a lot of parents do, including myself, when you have kids and they're a certain age you think 'What was I doing when I was 6, or 14,'" said Lyons. "I started thinking about what my life was like when I was 14. The backstory is when I was 14, my mother became mentally ill and stated being institutionalized a lot. Our whole family disintegrated."

While his mother was institutionalized and being treated through methods such as electro-shock therapy, Lyons says that his father - in his focus on taking care of his ailing wife - basically abandoned him and his sister.

"It's one of those things that as a teenager filled me with a lot of rage and loneliness," said Lyons.

Lyons began to try and uncover other, more pleasant elements of his life, including playing with friends in the old

orchards that used to occupy Downey and tending to his own personal pigeon coop.

"I just started writing," said Lyons. "This was like 1995. I just started writing those memories. In a way it was sort of reclaiming my childhood, because all I remembered from my childhood - which I really tried to distance myself from - was the pain and the loneliness."

"I started to build a fuller life for 14- and 15-year-old Mark."

Lyons says that he wrote for around five years, and in the process fell in love with the craft of writing. However, his newfound passion became a bit of a stumbling block in terms of his memoir.

"I realized I was starting to fudge stuff; you know, make up stuff, make it more sexy," said Lyons. "You can't do that in a memoir, so I put it away and started writing fiction. Eventually, I published a series of short stories in fiction. And then I put it away for 20 years, almost."

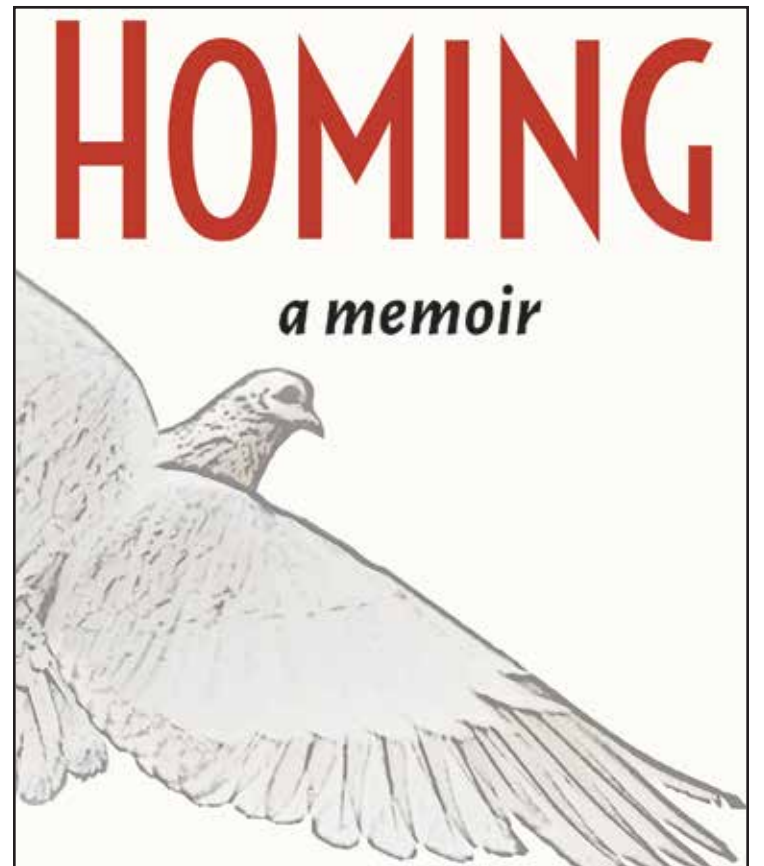
Fair warning: Homing is not for the faint of heart. It, at times, deals with the dark and twisted reality that came with Lyon's mother's mental instability.

"Come to find out, there were all these secrets," said Lyons. "Two of the big secrets were that my mother had all of these sexual fantasies about me, that she made my father tell me about. The other secret was that my younger sister...was probably the daughter of our family's best friend."

"This is sort of the stuff of TV melodrama."

The book also explores the "other worlds" and "sanctuaries" that Lyons would occupy himself with in his attempt to isolate himself away from his family and miserable reality.

Lyons was eventually able to "flee home" to Berkeley, and beyond that, the east coast,



however he says he "never really escaped."

"I was terrified of relationships. I was convinced that the reason my mother ended up in the mental hospitals was because of me," said Lyons. "For years, I really struggled to have healthy relationships with women...and I was absolutely sure that my older son would flee me himself the way I did my mother."

Lyons added that he "was sure that he'd go crazy" as his mother did when he turned 40.

It wasn't until much later on that Lyons was able to realize that he had "escaped the vortex of my mother's craziness."

Twenty years later after initially putting it down, Lyons was able to return to his memoir and begin adding to it once more.

More than just a reflection of

his life, Homing also serves as the symbol of Lyons' forgiveness.

"It was sort of a journey...of forgiving her," said Lyons. "But in some ways, I realized this was a journey of forgiving myself for never having forgiven her."

Homing also gives a peek into the setting of the orange groves that have long since gone from the city.

"People who have read my book have said, 'Boy, the place of Downey and Southern California was really important to you,'" said Lyons. "We were surrounded by orange groves, and we went through orange groves to get to school; every place I went. You have to go 60 miles south to see any orange groves now, but that was sort of the magical world that was Downey for me."

Homing is available on Amazon.

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## Human trafficking conference this Saturday

**DOWNEY** - More than a half dozen speakers will tell their stories at a human trafficking conference this Saturday, Jan. 11, at Downey Adult School.

The conference is from 10 a.m. to 1 p.m. and is open to the public.

Speakers include Tangelia Myles and Shari Ho, human trafficking survivors; Rohida Khan of the U.S. Department of Homeland Security; Ted Swanson of the L.A. County District Attorney's office human sex trafficking unit; Susan Patterson of the SOCAL Faith Coalition; Mary White of Gems Uncovered; and Patrick Erlandson of Men Standing Against Trafficking.

The event is sponsored by Courage Forward, a Downey-based non-profit that supports veterans.

## Man gets 320 years in prison for crime spree

**WHITTIER** - A 23-year-old man convicted of fatally shooting one victim and injuring two others in southeastern Los Angeles County during a 2017 crime spree was sentenced yesterday, the Los Angeles County District Attorney's Office announced.

Alejandro Lazo was sentenced to 320 years to life in state prison, plus 53 years. He was convicted last month of one count of first-degree murder, 12 counts of attempted murder and one count of carjacking.

The case was prosecuted by Deputy District Attorney Jonathan Chung of the Major Crimes Division and Emily Carmack of the Major Narcotics Division.

On April 29, 2017, Lazo and Reyna Gomez (dob 11/19/90) carjacked a driver in Pico Rivera. The pair drove to Whittier where

they shot and wounded a man in an alley. The shooting spree continued when they opened fire on two vehicles and injured another person, prosecutors said.

They then drove to La Mirada in the stolen vehicle where they stopped at an intersection and shot at several vehicles. One driver, 44-year-old Jose Ricardo Sahagun, was killed by the gunfire.

The defendants were later found nearby in another vehicle and were arrested.

Gomez was found guilty in 2018 of one count of first-degree murder, 14 counts of attempted murder and one count of carjacking. She was sentenced to the maximum term of 83 years and four months, plus 270 years to life, in state prison.

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