

# Shared Stories: My own best medical advocate

Mary Nieraeth contended with periodic epileptic seizures in childhood, and episodes reappeared under the stress of being a full-time working mother and wife. She urges everyone to be actively involved in their own medical treatment. *Shared Stories* is a weekly column featuring articles by participants in a writing class at the Norwalk Senior Center. Bonnie Mansell is the instructor for this free class offered through the Cerritos College Adult Education Program. Curated by Carol Kearns

By Mary Nieraeth

Ready for summer vacation, my parents, two younger sisters and I packed into our 1960’s Chevrolet station wagon. Headed about four hundred miles from Illinois to Minnesota to visit relatives, I recalled playing Go Fish, I Spy and other games with my sisters to pass the time. While driving, my father suddenly veered off the road into a shallow ditch to avoid a head on collision.

We were jostled around since there were no seat belts in our vehicle. My sisters and I were thrown to the right side of the middle seat and my head banged into the window. This trauma to my head was disregarded by my parents. However, it has lingered in the back of my mind since it may have been a contributing factor to the story that follows.

A few weeks later, I began second grade. My parents and teachers both observed incidents when I stared out into the room in a trance-like state for about 30 seconds. I never had any recollection of these incidents. After referred to a pediatric neurologist, an EEG and MRI of my head revealed normal results.

Because these staring episodes continued, the neurologist diagnosed this as epilepsy. Anti-seizure medication was prescribed but it took many months before finding the correct medication and dosage for my condition. In my mid-teens, the neurologist weaned me off the medication, with no further seizures during my high school and college years.

During my mid-twenties, I moved from Los Angeles to Boston for graduate school and employment as a registered dietitian. This was a stressful time with many life adjustments. Shortly after starting my job, some coworkers observed me doing a peculiar behavior while eating lunch together. I had no recollection of this but knew I needed to see a doctor.

My primary care physician expedited a referral to a neurologist. Following an EEG and MRI of my head, the results were normal. I was started on medication and instructed not to drive. Fortunately, I did not have a car and was using public transportation. Within a few months, my seizures were completely controlled.

The next twenty years were without any reported incidents of seizures. In my early forties, however, I was married, working full time, and had three children in middle school. On a busy Friday morning, the weekend of the annual school festival, I drove to the grocery store then planned to drop off some items at the festival. I was stressed from anticipation of being outside many hours that weekend in the hot September weather.

Returning home from the grocery store, I missed the turn into the school due to loss of consciousness. I had no recollection of this happening but, apparently, ran into a truck waiting at the traffic light. The impact caused my van to veer to the right, up onto the lawn outside a medical building, instead of into oncoming traffic.

Continued on page 2

# Gladys Knight, Isley Brothers headline Cerritos 2018-19 schedule

►CERRITOS CENTER: Major music acts are included in the Cerritos Center’s 2018-19 calendar, released this week.

CERRITOS – The Cerritos Center for the Performing Arts (CCPA) opens the 2018-2019 Season with Grammy nominee **Martina McBride**.

The Country Music Association and Academy of Country Music Awards winner performs her classics, such as “This One’s for the Girls” and “Independence Day” on Friday, Sept. 7 at 8 p.m. Tickets range from \$75 to \$95.

Grammy winner **Boz Scaggs** returns to the CCPA on Saturday, Sept. 8, at 8 p.m. in the “Out of the Blues Tour.”

The versatile singer-songwriter has lit up the musical scene with gems such as the Grammy-nominated Blues collection “Come on Home” and “But Beautiful.” His latest album is “Out of the Blues.” Tickets to Scaggs’ concert range from \$105 to \$80.

Mark your calendar for “**An Evening With Lyle Lovett and His Large Band**” as they present the Grammy winner’s greatest hits, such as “If I Had a Boat,” “That’s Right (You’re Not From Texas)” and “Cowboy Man.”

Tickets for the 7 p.m. concert on Sunday, September 9 range from \$90 to \$70.

Don’t miss three-time Academy Award and eight-time Grammy winner **Burt Bacharach** when he brings his talent and hits to Cerritos on Friday, September 14 at 8 p.m.

Crowned the “maverick of the pop song” by “The New York Times,” Bacharach performs with three singers and his longtime band members. Tickets range from \$110 to \$75.

In a riveting evening of hits, **Amy Grant** presents her greatest, including “Lead Me On,” “Baby Baby,” “That’s What Love Is For” and “Every Heartbeat.”

Make sure to catch the Grammy winner on Saturday, September 15 at 8 p.m. Ticket prices range from \$90 to \$50.

**Engelbert Humperdinck**, “The King of Romance,” has wooed generations of fans with the hits “Release Me (And Let Me Love Again),” “After the Lovin’,” “The Last Waltz” and “Help Me Make It Through the Night.” The legendary balladeer has earned four Grammy nominations and a Golden Globe.

He performs in Cerritos on Sunday, September 16 at 7 p.m. Tickets range from \$110 to \$70.

**Kenny G’s** undeniable blend of Pop-Jazz-New Age has proven to be a winning musical formula all over the globe, garnering the saxophonist an American Music Award, a “Billboard” Music Award and a Grammy for “Forever in Love.”

See for yourself when he plays



Gladys Knight

in Cerritos on Friday, September 21 at 8 p.m. Tickets are \$95 to \$75. This show is sponsored by Cerritos Auto Square.

A musical institution, the **Isley Brothers** shook up multiple musical genres from Funk to Soul and R&B to Rock. With a broad spectrum of hits – including “Love the One You’re With,” “This Old Heart of Mine” and the Grammy-winning “It’s Your Thing,” the band clinched a spot in the Vocal Group Hall of Fame and Rock and Roll Hall of Fame.

The band performs on Saturday, September 22 at 8 p.m. Tickets cost \$110 to \$90.

Motown powerhouse **Gladys Knight** shattered music charts with the Grammy-winning tunes “Love Overboard,” “Neither One of Us (Wants to Be the First to Say Goodbye)” and “Midnight Train to Georgia.”



Isley Brothers

“The Empress of Soul” delivers her timeless hits on Saturday, September 29 at 8 p.m. Tickets range from \$135 to \$80.

Oscar-winning Hollywood legend **Shirley MacLaine** has done it all: television, movies, Broadway. In a free-wheeling, fun-filled afternoon featuring stills and clips of her acting career, the icon shares details of her life as an actress, author, political activist and spiritual searcher.

MacLaine will also answer questions from the audience during this appearance at the CCPA on Sunday, September 30 at 2 p.m.

Tickets are \$75 to \$40. Tickets are available now at [cerritoscenter.com](http://cerritoscenter.com) or by calling (562) 916-8500.

## Norwalk restaurant grades

**Diana’s Mexican Food Restaurant**  
16330 S Pioneer Blvd.  
Date Inspected: 8/30/18  
Grade: **A**

**Lupita’s Mexican Restaurante**  
15018 Pioneer Blvd.  
Date Inspected: 8/30/18  
Grade: **A**

**The Habit Burger Grill**  
12401 S Norwalk Blvd.  
Date Inspected: 8/29/18  
Grade: **A**

**Zero Degrees**  
12209 Norwalk Blvd.  
Date Inspected: 8/29/18  
Grade: **B**

**Stater Bros Meat Dept**  
12523 E Alondra Blvd.  
Date Inspected: 8/28/18  
Grade: **A**

**Stater Bros Deli**  
12523 E Alondra Blvd.  
Date Inspected: 8/28/18  
Grade: **A**

**Cerritos College Cafeteria**  
11110 E Alondra Blvd.  
Date Inspected: 8/28/18  
Grade: **A**

**El Marinero**  
11025 E Alondra Blvd.  
Date Inspected: 8/28/18  
Grade: **A**

**Frantones Pizza and Spaghetti**  
11110 Alondra Blvd.  
Date Inspected: 8/23/18  
Grade: **A**

**Douglas Drive In**  
11939 E Firestone Blvd.  
Date Inspected: 8/23/18  
Grade: **A**

**Baja California Bar and Grill**  
11521 Firestone Blvd.  
Date Inspected: 8/23/18  
Grade: **A**

**Subway**  
10710 Alondra Blvd.  
Date Inspected: 8/23/18  
Grade: **A**

**Golden’s Express**  
11770 E Firestone Blvd.  
Date Inspected: 8/23/18  
Grade: **A**

**Albert’s Mexican Food**  
11543 E Firestone Blvd.  
Date Inspected: 8/23/18  
Grade: **A**

**Zebra Cafe**  
11110 Alondra Blvd.  
Date Inspected: 8/23/18  
Grade: **A**

**Fresh and Natural**  
11110 Alondra Blvd.  
Date Inspected: 8/23/18  
Grade: **A**

**Jim’s Burgers**  
12949 Rosecrans Ave.  
Date Inspected: 8/22/18  
Grade: **A**

**Yogurtland**  
13933 Pioneer Blvd.  
Date Inspected: 8/22/18  
Grade: **A**

**Hibachi Grill Buffet**  
14021 Pioneer Blvd.  
Date Inspected: 8/22/18  
Grade: **B**

**Huh Daegam Restaurant**  
16511 Pioneer St. Ste 104  
Date Inspected: 8/20/18  
Grade: **A**

**Seattle Teriyaki**  
13302 Rosecrans Ave.  
Date Inspected: 8/20/18  
Grade: **A**

**The Burger Shop**  
14606 Carmenita Rd.  
Date Inspected: 8/17/18  
Grade: **A**

## Weekend at a Glance

Friday 89°

Saturday 94°

Sunday 93°



**Resume-Building Workshop**  
*Saturday - The Collab in Whittier, 10 am*

A panel of entrepreneurs from PR, media and fashion offer advice and tips on resumes, interviewing, and how to get noticed by an employer.



**Long Beach Comic Con**  
*All Weekend - Long Beach Convention Center*



**Belmont Shore Car Show**  
*Sunday - 2nd Street in Belmont Shore, 9 am to 3 pm*



**Ranchos Walk 2018**  
*Saturday - 1200 Palo Verde Ave. in Long Beach, 8 am*



**The Hunchback of Notre Dame**  
*Saturday - Whittier Community Theatre, 8 pm*



**Scream**  
*Saturday - Hollywood Forever Cemetery, 6:15 pm*

A special outdoor screening of the horror film “Scream.” Gates open at 6:15, movie starts at 8. \$16



# NORWALK HAPPENINGS

**Saturday, Sept. 8**

**Group Bicycle Ride**, 8 am. Join other bicyclists in a 50-mile group ride up and down the two local rivers. Pats 605 Cycle, 12310 Studebaker Rd.

**Neighborhood Block Party**, 1 pm. Meet and become familiar with your neighbors and the men and women patrolling your streets and enjoy a grilled hot dog or hamburger. Gerdes Park, 14700 Gridley Rd.

**“The Scent” Opening Reception**, 6 pm. An opening reception for “The Scent,” an art exhibit by the Korean Brush Painting Association of America. Norwalk Cultural Arts Center, 13200 Clarkdale Ave.

**Balance in Concert**, 9 pm. Soul, R&B, and funk band Balance performs live. IV Lounge, 12500 Firestone Blvd.

**Sunday, Sept. 9**

**Community Breakfast**, 11 am. Free breakfast courtesy of Walking in the Spirit Ministries. DoubleTree Hotel, 13111 Sycamore Dr.

**Tuesday, Sept. 11**

**September 11 Ceremony**, 7 am. A ceremony to mark the 17th anniversary of the Sept. 11, 2001 terrorist attacks. Southeast Academy High School, 12940 Foster Rd.

**‘Woman in White’ Book Discussion**, 6:30 pm. Read ‘Woman in White’ and joins others for a discussion. Alondra Library, 11949 Alondra Blvd.

**Wednesday, Sept. 12**

**Contractor Licensing Workshop**, 1 pm. Learn how to become a licensed contractor. Details on required exams and licensing fees. 12501 E. Imperial Hwy., Suite 600

**Back to School Night**, 6 pm. Meet teachers and preview the upcoming school year. Southeast Academy High School, 12940 Foster Rd.

**Thursday, Sept. 13**

**Neighborhood Watch Meeting**, 6:30 pm. Join neighbors and public safety officials in a discussion about local crime. 11935 Jersey Ave.

**Friday, Sept. 14**

**Family Color Run**, 5:15 pm. A colorful fundraiser open to cadets and their families. Southeast Academy High School, 12940 Foster Rd.

**Back to School Dance**, 6:30 pm. Norwalk students in grades 6-8 are invited to wear their favorite sports jerseys at this dance, which features a DJ, photo booth, and food for purchase. Norwalk Arts & Sports Complex, 13000 Clarkdale Ave.

**Neighborhood Watch Meeting**, 6:30 pm. Join neighbors and public safety officials in a discussion about local crime. 12400 Cheshire St.

**Saturday, Sept. 15**

**Group Bicycle Ride**, 8 am. Join other bicyclists in a 50-mile group ride to the Santa Fe Dam and Turnbull Canyon. Pats 605 Cycle, 12310 Studebaker Rd.

**Harbor Groove Band**, 9 pm. Live band playing Latin music, plus cumbia, R&B and oldies. IV Lounge, 12500 Firestone Blvd.

**Tuesday, Sept. 18**

**UC Application Workshop**, 4 pm. Applying to a UC for fall 2019? Attend this workshop and get help filling out your application. Cerritos College Transfer Center, 11110 Alondra Blvd.

**Wednesday, Sept. 19**

**Pizza Fundraiser**, 6 pm. A fundraiser for Southeast Academy High School’s booster club. So Cal Pizza, 12253 Imperial Hwy.

**Friday, Sept. 21**

**Paint Class and a Glass**, 7 pm. You’re invited to an evening of socializing and step-by-step paint instruction! Come with friends and family, enjoy complimentary drinks and snacks, and leave with your own personal masterpiece. Norwalk Cultural Arts Center, 13200 Clarkdale Ave.

**Saturday, Sept. 22**

**Group Bicycle Ride**, 8 am. Join other bicyclists in a 48-mile group ride to Huntington Beach for coffee. Pats 605 Cycle, 12310 Studebaker Rd.

**Mom and Son Greased Lightning Dance**, 5:30 pm. Come dressed as a member of the T-Birds or as a Pink Lady and get ready for some fun 50’s activities, music, dancing and a light supper. \$15/couple, \$7 each additional person. Norwalk Arts & Sports Complex, 13000 Clarkdale Ave.

**Sangria**, 9 pm. The Pico Rivera-based band plays hits from the 1950’s to today. IV Lounge, 12500 Firestone Blvd.

**Sunday, Sept. 23**

**Motorcycle Riding Class**, 7 am. An 8-hour motorcycle class for riders who are beyond the basics and ready to take their riding to the next level. Cerritos College, 11110 Alondra Blvd.

**Community Breakfast**, 11 am. Free breakfast courtesy of Walking in the Spirit Ministries. DoubleTree Hotel, 13111 Sycamore Dr.

**Gujarati Comedy Show featuring Dr. Jagdish Trivedi**, 3:30 pm. Gujarati Society of Southern California presents an evening of laughter featuring international comedian Dr. Jagdish Trivedi. Sanatan Dharma Temple, 15311 Pioneer Blvd.

**Monday, Sept. 24**

**‘Into the Water’ Book Discussion**, 6:30 pm. Read ‘Into the Water’ by Paula Hawkins and join others for a discussion. Alondra Library, 11949 Alondra Blvd.

**Tuesday, Sept. 25**

**Kid Zorro**, 3:30 pm. Puppets take kids to Spanish California in “Kid Zorro,” a bilingual puppet musical. Norwalk Library, 12350 Imperial Hwy.

**Wednesday, Sept. 26**

**Economic Development Plan**, 7:30 am. Hear from city manager Jesus Gomez about economic development plans in Norwalk. \$20 includes breakfast. Norwalk Arts & Sports Complex, 13200 Clarkdale Ave.

**Community Forum**, 6 pm. Connect with city officials on items of importance to the community in an open forum. Light refreshments and Spanish translation will be provided. Norwalk Social Services Center, 11929 Alondra Blvd.

**Friday, Sept. 28**

**Ghosts & Goblins**, 6:30 pm. Bring your lawn chair, blanket and the entire family for an evening under the stars watching Hotel Transylvania2. Enjoy fun activities before the show, and food for sale. Glazier Park, 10810 Excelsior Dr.

**Como la Flor**, 7 pm. Learn to handcraft giant paper flowers. Create a feature wall or set the tone for a special event. \$25 includes supplies and step by step instruction. Norwalk Cultural Arts Center, 13200 Clarkdale Ave.

**Mayor’s Cup Football Game**, 7 pm. Cross-town rivals Norwalk and John Glenn meet in an interconference game. Winner takes home the Mayor’s Cup. Excelsior Stadium, 15711 Pioneer Blvd.

**Saturday, Sept. 29**

**Group Bicycle Ride**, 8 am. Join other bicyclists in a 45-mile group ride to Turnbull Canyon and the beach. Pats 605 Cycle, 12310 Studebaker Rd.

**Two-Person Golf Scramble**, 9 am. Compete in a two-person scramble golf tournament. Junior division and adult division. Don Knabe Golf Center, 13717 Shoemaker Ave.

**Arts & Crafts**, 10 am. Explore your creative side in an arts and crafts activity with other seniors. Adults ages 50 and older. Norwalk Senior Center, 14040 San Antonio Dr.

**Kids Fun Zone**, 12 pm. Free craft activities, face painting, and games. Norwalk Town Square, 11633 The Plz.

**Neighborhood Block Party**, 1 pm. Meet your neighbors and Public Safety personnel, and enjoy a grilled hamburger or hot dog. Norwalk Park, 12203 Sproul St.

**Women’s Self-Defense Class**, 2 pm. Basic introduction to hand-to-hand defense. Learn basic strikes and combinations with pepper spray, stun guns and pressure point tools. Z-Ultimate Self Defense Studios, 12521 Alondra Blvd.

**Outlier House Show**, 5 pm. Four-piece rock band Outlier performs. Plus music by Endings, Desertion and Activist OC. \$5 entry. 14529 Dumont Ave.

**St. John of God Fiesta**, 8 pm. Dance to the music of Retro Mojo, playing ‘60s garage rock and blues. St. John of God Church, 13819 Pioneer Blvd.

**Thursday, Oct. 4**

**Job Fair**, 10 am. Network with employers and apply for jobs on site. Bring resumes and dress to impress. Cerritos College, 11110 Alondra Blvd.

**Saturday, Oct. 6**

**“NO SKRIPT” Opening Reception**, 6 pm. An opening reception for “NO SKRIPT,” an art exhibit by Gilberto Valadez. Norwalk Cultural Arts Center, 13200 Clarkdale Ave.

**Tuesday, Oct. 9**

**‘The Awakening’ Book Discussion**, 6:30 pm. Read ‘The Awakening’ by Kate Chopin and join others for a discussion. Alondra Library, 11949 Alondra Blvd.

**Friday, Oct. 12**

**Ambassador Rally**, 9 am to 3 pm. The Norwalk Chamber of Commerce hosts its ambassador rally, featuring keynote speakers, breakout sessions, networking, and more. DoubleTree Hotel, 13111 Sycamore Ave.

**Saturday, Oct. 13**

**E-Waste Collection and Shredding**, 9 am to 2 pm. Safely dispose of electronic waste and/or have your documents shredded for free. Rain barrels will also be sold. City Hall, 12700 Norwalk Blvd.

**Saturday, Oct. 20**

**Halloween Parade & Costume Contest**, 9:15 am (costume contest) and 11 am (parade). The Arturto Sanchez Sr. Halloween Parade returns for its 25th year. Residents invited to participate. Norwalk Boulevard and Mapledale Street.

**Wednesday, Oct. 24**

**Santa Sleigh Volunteer Meeting**, 7 pm. Are you interested in helping with the Santa Sleigh program which brings Santa Claus to local neighborhoods? If so, attend this meeting to learn more. Ages 15+. Norwalk Transportation/Public Services Building, 12650 Imperial Hwy. (inside the Public Services break room)

**Friday, Oct. 26**

**Halloween Bash**, 3:30 pm. Norwalk parks celebrate Halloween with costume contests, games, candy, and activities. Sign up at your local park.

**Saturday, Oct. 27**

**Compost and Mulch Giveaway**, 8 am. Bring your own shovel, container and elbow grease. Free for Norwalk residents. City Hall, 12700 Norwalk Blvd.

**Wednesday, Oct. 31**

**Halloween Festival**, 6 pm. Music, dancing, scarecrow contest, crafts, raffles, and lots of candy. A safe alternative to trick-or-treating. City Hall lawn, 12700 Norwalk Blvd.

**Friday, Nov. 2**

**Open Mic**, 7 pm. Singers, dancers, poets, comedians and musicians are invited to share their talents. Norwalk Cultural Arts Center, 13200 Clarkdale Ave.

**Saturday, Nov. 3**

**Museum Tour**, 1 pm. Take a docent-led tour of the historic Hargitt House, built in 1891 and

listed on the National Registry of Historic Places. D.D. Johnston-Hargitt House Museum, 12426 Mapledale St.

**Daddy Daughter Dance**, 5:30 pm. Themed “A Night in Paris,” the dance includes a light dinner, crafts, games, activities and dancing. \$20 per couple, \$7 each additional child. Norwalk Arts & Sports Complex, 13000 Clarkdale Ave.

**Saturday, Nov. 10**

**Footgolf Tournament**, 3 pm (ages 8-17) and 5 pm (adults) . Have you ever tried footgolf? It’s a new sport that combines soccer and golf. The goal is to kick a regulation size soccer ball into 21-inch diameter cups in as few kicks as possible. Don Knabe Golf Center, 13717 Shoemaker Ave.

**Adaptive Recreation Art Exhibit**, 5 pm . HEART participants celebrate the opening of their new art exhibit. Norwalk Cultural Arts Center, 13200 Clarkdale Ave.

**Friday, Nov. 16**

**Plants in a Glass**, 7 pm . Create your own succulent terrarium, with step-by-step instruction. \$25, first-come, first-served. Norwalk Cultural Arts Center, 13200 Clarkdale Ave.

**Saturday, Nov. 17**

**Museum Tour**, 1 pm. Take a docent-led tour of the historic Hargitt House, built in 1891 and listed on the National Registry of Historic Places. D.D. Johnston-Hargitt House Museum, 12426 Mapledale St.

**Saturday, Dec. 1**

**SnowFest**, 12-8 pm. The city hall lawn is transformed into Snow Fest, Calif., with snow slides, a snow play area, train rides, game booths, craft tents, face painting, and live performances. The event is capped with the lighting of a 30-ft. Christmas tree. City Hall lawn, 12700 Norwalk Blvd.

**Saturday, Dec. 15**

**Holidays at the Museum**, 1-4 pm. Holiday entertainment and refreshments at Norwalk’s historic home and museum. D.D. Johnston-Hargitt House Museum, 12426 Mapledale St.

**Saturday, Jan. 5**

**Las Posadas**, 6 pm. An annual tradition, this event features a candlelit procession, caroling of holiday songs, performances by mariachis and folklorico dancers, pinatas for kids, and more. City Hall lawn, 12700 Norwalk Blvd.

# Shared Stories: Taking control of my health

Continued from page 1

After the accident, my life drastically deteriorated. I lost my driver’s license, my job was terminated, and I continued to have uncontrolled seizures. My doctor referred me to a new neurologist.

Anxious, frightened and depressed, I had my first appointment. After a quick knock on the exam room door, a male doctor entered the room. Without making any eye contact with me, he announced, “I’m Dr. Indifferent.” He picked up the clipboard and glanced at my completed medical form.

“So, you are here for seizures. When was your last one?”

“I’m not sure since I don’t know when I have one. My husband said I had one last night.”

“Do you know what happens

when you have one?”

“No, my family says I rock back and forth with my upper body or move my right arm in and out.”

The doctor verified my seizure medication and dosage. Next, he checked reflexes in my elbows, knees and ankles, arm and leg muscle strength, peripheral vision, coordination, balance, hopping, and walking.

He asked basic math computations, current history questions and checked my short and long-term memory. The process was exhausting.

Without comment on my test results, he took out his prescription pad, scribbled a higher dose of the same medication and handed it to me. As he walked out the door, he told me to return in one month.

During the following weeks, I decided to keep records of the date and time of my seizures, at least

those seen by my family. Feeling proud of my efforts, I brought my notes to the doctor, but he refused to look at this information.

I felt discouraged about not having any improvement in my seizures with the higher medication dosage. He did not perform an assessment of my physical and emotional state. I felt invisible in his presence, anxious and depressed about my severely limited lifestyle.

Finally, he handed me a prescription for a second medication and again told me to return in one month. Clearly, connection with his patient was low priority for this doctor.

Almost immediately, I became restless and drowsy on the new medication. I called the office but was told to continue the medication. My symptoms and seizures continued. I was losing hope about my worsening condition but refused to give up.

During my follow-up appointment, the doctor interrupted me and rudely exclaimed, “You have to learn to live with these symptoms. There is nothing more I can do!”

Feeling appalled and dismissed by his comments, I left the office and vowed to myself never to return to Dr. Indifferent.

A few weeks later, my husband showed me an article he read in the Parade magazine of the Los Angeles Times newspaper entitled “Their Best Chance for a Normal Life” (9/18/2005). This article discussed medical and surgical options for people with epilepsy.

My feeling of hope returned as I explored the referral process with my medical insurance to the UCLA Seizure Disorder Center.

Several months later, I had my first consultation with an epilepsy specialist. He assured me that the medical team’s goal was to find the root cause and best treatment for

my seizures.

During the next year, I completed many tests and medication changes as part of the preoperative protocol for epilepsy surgery. The functional MRI test found a noncancerous lesion in my right temporal lobe which appeared to be the cause of my seizures. My case was reviewed by the department’s neurophysiology board.

The team of doctors concluded that removal of this lesion by surgery had a high probability of ending my lifelong seizures. In December 2006, I had brain surgery at UCLA and miraculously, since then, I have never had another seizure.

Many people seeking medical care place a blind trust in doctors’ opinions which may lead to substandard treatment. I learned it was imperative to do an independent medical investigation of my condition and search for a doctor who was committed to finding the root cause and best treatment of my seizures.

Not accepting the status quo in medical treatment launched my journey of becoming my own best medical advocate. That journey has no end in sight.

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# The left’s constant need to manufacture racism

By Dennis Prager

To appreciate the level of dishonesty and societal harm the media, the Democratic Party and others on the left engaged in last week regarding Congressman Ron DeSantis, one has to know exactly what DeSantis said.

The day after he won the Republican primary for governor of Florida and Tallahassee Mayor Andrew Gillum won the Democratic gubernatorial primary, DeSantis said: “The last thing we need to do is to monkey this up by trying to embrace a socialist agenda with huge tax increases bankrupting the state. That is not going to work.”

He was clearly referring to Gillum’s left-wing positions, which were described in the Sun-Sentinel, the main — and not conservative — newspaper of Broward County in South Florida: “Gillum is an unabashed champion of his party’s most progressive ideas — including things like Medicare-for-all single payer health system, abolishing the federal Immigration and Customs Enforcement agency and impeaching President Donald Trump.”

So, we can at least all agree that Gillum is on the left end of a left-wing party and, therefore, that anyone from the center to the right in American politics will regard his policies as, at the very least, injurious to Florida’s — and America’s — economy.

What, then, did DeSantis say that was morally objectionable? He said the socialist ideas of his opponent would monkey up Florida’s economy — which would be a nonissue were it not for Gillum being black. Therefore, according to the Democratic Party and the left-wing media, DeSantis used that term to send a “racist dog whistle” to fellow Republican racists.

As Washington Post columnist Jonathan Capehart headlined his column, “Ron DeSantis’s ‘Monkey’ Comment Was Just the Start of His Racist Dog-Whistling.” He wrote, “The obvious slur here is ‘monkey this up.’ Likening African Americans to monkeys, apes and chimps is a racist pastime.”

The chairwoman of the Florida Democratic Party, Terrie Rizzo, tweeted, “It’s disgusting that Ron DeSantis is launching his general election campaign with racist dog whistles.”

Florida Congresswoman Frederica Wilson, a Democrat who represents a district in South Florida, said: “They always find a way

to add some sort of insult to African-Americans and make it racist. ‘Monkeying this up’ is clearly communicating that.”

The NAACP Florida State conference said that “apes” and “monkey” are “by far the best-known racist references to African-Americans in our national folklore. It’s only equal in racial semantics to the ‘N-word.’”

Gillum himself said: “It’s very clear that Mr. DeSantis is taking a page directly from the campaign manual of Donald Trump.”

On CNN, Gillum told Chris Cuomo, “Well, I’ll try to be articulate” — sarcastically referencing DeSantis’ description of him as an “articulate” advocate of the leftist policies he espouses. This is normally a compliment, but it is now deemed racist when used to describe any black. “(H)e’s apparently given up the whistle,” Gillum continued. “They’ve gone to the bullhorn with these kinds of tactics.”

On the CNN website, LZ Granderson wrote: “White people linking black people to monkeys has been a racist trope for centuries. That’s why when Florida Rep. Ron DeSantis, the Republican nominee for governor, used the phrase ‘monkey this up’ when talking about the handling of the economy by his black Democratic opponent, it was hard to believe that the word choice was an accident.”

The New York Times reported, “Sharon Austin, a professor of political science at the University of Florida, said she saw Mr. DeSantis’s language as a not-so-subtle racist dog whistle.”

Princeton University African-American Studies professor Eddie Glaude Jr. said on MSNBC: “That’s obviously a racial dog whistle. ... here we are once again. We are right back where we’ve always been.”

Why does the left do this? Why does it incessantly libel Republicans and conservatives as racists?

The answers are as vile as they are obvious.

First, the left fears that unless blacks continue to believe Republicans are racists, they will not overwhelmingly vote Democrat. And if they don’t, Democrats will not regain the White House for the foreseeable future. The same holds true for depicting Republicans and conservatives as women haters. There is no better way to persuade college-indoctrinated women to vote Democrat. And the same holds true for Latinos — Republicans must be continuously labeled “white supremacists” and “xenophobes” or they, too, may not reliably vote



Rep. Ron DeSantis

Democrat.

Second, though most intellectuals are on the left, the intellectual foundation of left-wing beliefs is unbelievably weak. Leftism is almost entirely emotion-based. That’s another reason the left smears conservatives and tries wherever possible to prevent conservatives from speaking in the university, on the internet and by the many big businesses in the hands of people on the left: Since leftists cannot debate conservatives, they have to smear them.

America is the least-racist multiracial, multiethnic nation in world history. The left’s constant need to locate racism where it doesn’t exist is proof of this.

Dennis Prager is a nationally syndicated radio talk-show host and columnist. His latest book, published by Regnery in April 2018, is “The Rational Bible,” a commentary on the book of Exodus.

# Metaphor in a government-founded church

By Andrew Napolitano

Last week, I was intrigued by all the fanfare attendant upon the national farewell to the late Sen. John McCain. I have written in this space that McCain and I were friends who spoke many times, but generally only about the issues upon which we agreed — abortion, immigration and torture.

On those issues, he often stood at odds with most of his Republican colleagues in the Senate. They are opposed to abortion in name only (they will not lift a finger to stop or slow it), prefer judging the moral worth of individuals on the basis of where they were born, and think that torture is wrong unless the victim is a bad guy or a foreigner or has information the government wants.

Moral relativism is the coin of their realm.

On those issues, McCain stood steadfast, no matter the political or personal consequences. For that steadfastness, and with respect to those issues, his behavior was heroic. A hero does not lack fear. He or she proceeds into its face nevertheless, heedless of the consequences to self.

For reasons he has never adequately explained, President Donald Trump rejected McCain’s heroism and mocked McCain’s time of torment in a North Vietnamese prison. That mockery was brought to full measure at McCain’s funeral by the senator’s daughter, my friend and former Fox News colleague Meghan McCain. She told the members of the Washington establishment who had gathered, sans the president, at her father’s funeral at the Washington National Cathedral — why the federal government founded a cathedral is another question for another time — that her father manifested greatness and that Trump manifests cheapness.

Then the two men who each in his own way personally stopped McCain’s efforts to become president — George W. Bush in the Republican primaries in 2000 and Barack Obama in the general election in 2008 — delivered similar accolades of McCain, complete with veiled rebukes of Trump.

On its face, the audience in that government-founded church, establishment to the core, was adoring McCain’s memory and mourning his loss. But the establishment is filled with hypocrites.

This is the same establishment that gave us the unguarded borders and airways of 9/11 and blamed its failures on foreigners. It

gave us the useless, fruitless wars in Iraq and Afghanistan and the human and monumental destruction they wrought.

It gave us the secret torture of foreign captives and their indefinite incarceration without trial. It gave us warrantless spying on innocent Americans — at first in secret and then openly and under color of law — in direct defiance of the Fourth Amendment. It gave us the 2008 financial crisis, which it cured by borrowing billions of dollars and giving the money to those who had caused it. And — as if all that were not enough — it gave us a \$13.5 trillion collective increase in government debt during the Bush and Obama years and the secret but repetitive use of drones to assassinate foreigners and Americans overseas.

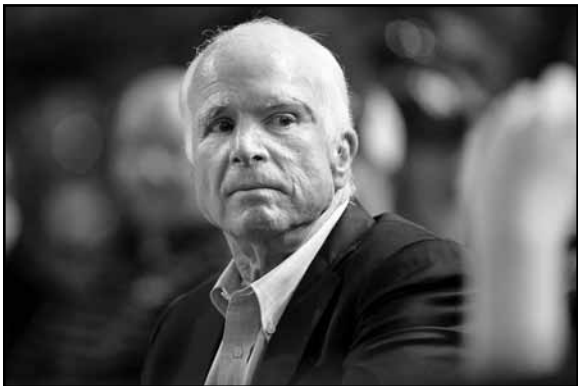
Has any of this enhanced your life, liberty or property?

As much as I appreciated the kind words about my late friend and the polite reception those words received, it made me think about how dangerous to life, liberty and property the government has become, how unfaithful to the Constitution have been those in whose hands we have reposed it for safekeeping and how unashamed of their misdeeds are those who have caused all this.

Nearly all of the present assaults to liberty can be laid at the feet of the Republicans and Democrats who were sitting in that government-founded church in the nation’s capital and listening to the praise of John McCain.

But that establishment crowd also gave us another event it would rather forget and for which it will never accept blame or claim credit — the election of Donald J. Trump as president of the United States. He ran as the anti-establishment candidate, and he ran against the collective mindset of those proud of themselves in that “national” church. He condemned the wars they caused. He mocked their borrowing and spending. He attacked the secretive mindset of their intelligence and law enforcement communities. And the voters rewarded him.

Yet he, too, uses drones and missiles to kill and does so in foreign lands without any declarations of war. He, too, has borrowed money and spent it at nearly a wartime rate. And he, too, has continued the spying on innocent Americans. In those respects, he has become what he condemned — the government establishment proud of itself sitting in a government-founded church.



Add to this, he has mocked the rule of law, praised those charged with and convicted of violating it, tormented those charged with enforcing it, distorted tales about his personal behavior, and wreaked havoc on innocent farmers by making the sale of their goods too expensive for foreign consumers.

His presence was in that church as powerfully as if he had physically been there.

The bitterness about Trump was silently expressed by those who brought him to power and now cooperate with his behavior or pretend that they don’t. The mindset of the establishment continues to be that the government can right any wrong, regulate any behavior, borrow and spend any amount of money, and build a church in utter defiance of the First Amendment, the Constitution — which is supposed to limit the government, not unleash it — be damned.

So, who caused more harm to the republic, McCain and his admirers or Trump and his enablers? Republicans or Democrats? Is there a difference?

Ultimately, we are responsible for the folks we have elected and the things they have done, whether secretive, hypocritical or in our faces. Ultimately, we have the government we deserve. Will we change this before it is too late?

Andrew Napolitano is a senior judicial analyst for Fox News.

# Speaking ill of the dead

By Ted Rall

“Too soon!” That was a standard response to my criticisms of John McCain after his death.

My cartoon and social media posts reminded readers that McCain had volunteered to bomb innocent civilians in an illegal war of aggression to prop up a corrupt and reviled regime at the time of his capture. The real heroes of the Vietnam War were the tens of thousands of draft dodgers forced to give up their lives to flee to

Canada and the many conscripted veterans who came home appalled by what they had seen and done and spent the rest of their lives fighting for peace.

McCain, on the other hand, learned nothing from his experience. He never met a war — or a possible war — he didn’t like. McCain voted for wars in Afghanistan and Iraq. He criticized Bill Clinton for limiting his war against Serbia to airstrikes; he wanted ground troops, too. He supported arming the Islamists in Syria and Libya, expanding the civil wars there. He threatened war against Iran. He engaged in saber rattling when it came to Russia. North Korea and even China were also in this deranged right-winger’s sights.

These were not minor failings in an otherwise distinguished life. They were defining acts that erased the myths on which McCain built his career — his military service and his “maverick” persona. The war he fought in was disgusting and is now widely considered a mistake. McCain was a run-of-the-mill right-wing Republican warmonger. His straight-talk shtick was fake.

Media accounts sanitized the myriad very bad things McCain did throughout his life. So I’ve been doing my part to help counter the tsunami of BS.

“Do not speak ill of the dead.” This dictum, attributed to the sixth-century philosopher Chilon of Sparta, may be appropriate at your uncle’s funeral; who wants to hear that the dead man’s widow discovered foot fetish websites in his browser history?

Public figures are different.

In cartoons and the written word, I have attempted to counter the fulsome praise that followed the deaths of people such as Ronald Reagan. I wasn’t trying to be mean to Nancy Reagan when I criticized her late husband — though I doubt she read my work.

Ronald Reagan hurt and killed a lot of people. As much as Reagan’s admirers didn’t enjoy my reminders that he (we believed at the time) murdered Moammar Gadhafi’s daughter or that he didn’t care about victims of AIDS, Americans who lost friends and relatives to the “gay plague” deserved to be acknowledged in assessments of Reagan’s life and legacy. The media pretended Reagan’s crimes never happened. I corrected the record.

The “too soon” and “can’t you wait until the body is cold?” arguments fall flat. What better time to point out and discuss a dead leader’s flaws than the time immediately after his death? That’s when obituaries appear, the eulogies are said and the nation is focused on the issues and policies he affected and effected. A few weeks later, no one cares.

Presumably referring to himself, former President Theodore Roosevelt argued in a 1910 speech that men of action, those “in the arena,” matter and their critics do not.

“It is not the critic who counts, not the man who points out how the strong man stumbles or where the doer of deeds could have done them better,” Roosevelt said. “The credit belongs to the man who is actually in the arena, whose face is marred by dust and sweat and blood, who strives valiantly, who errs, who comes short again and again, because there is no effort without error and shortcoming; but who does actually strive to do the deeds, who knows great enthusiasms, the great devotions, who spends himself in a worthy cause, who, at the best, knows in the end the triumph of high achievement and who, at the worst, if he fails, at least fails while daring greatly, so that his place shall never be with those cold and timid souls who neither know victory nor defeat.”

Soaring oratory! But self-serving and obsolete.

If effort and taking chances are all that matter when assessing a person’s life, the firefighter who enters a burning house to save a baby has no more worth than the serial killer who sneaks inside to kill it. Adolf Hitler, Josef Stalin and Osama bin Laden all had grand visions they strove valiantly to turn into reality. They were daring. They achieved. They counted, but so what?

These days, it’s the “timid souls” who stand aside, keeping mum while the mass media wallows in sordid orgies of mawkish praise for problematic figures such as Reagan and McCain. Adding perspective and nuance to assessments of mass adulation requires courage. In this age of relentless propaganda and unmitigated BS, the critic is in the arena just as much as a dead senator.

Ted Rall, an editorial cartoonist, columnist and graphic novelist, is the author of “Francis: The People’s Pope.”

## The Norwalk Patriot

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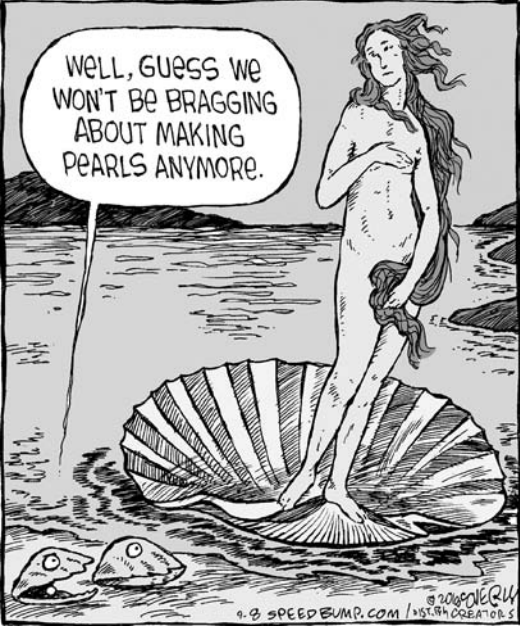
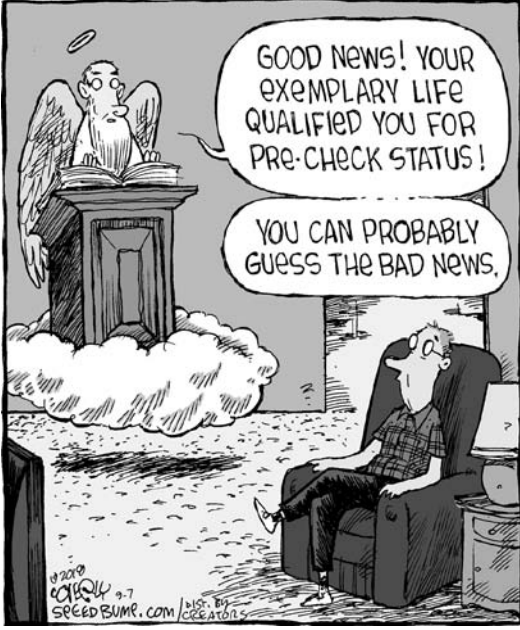
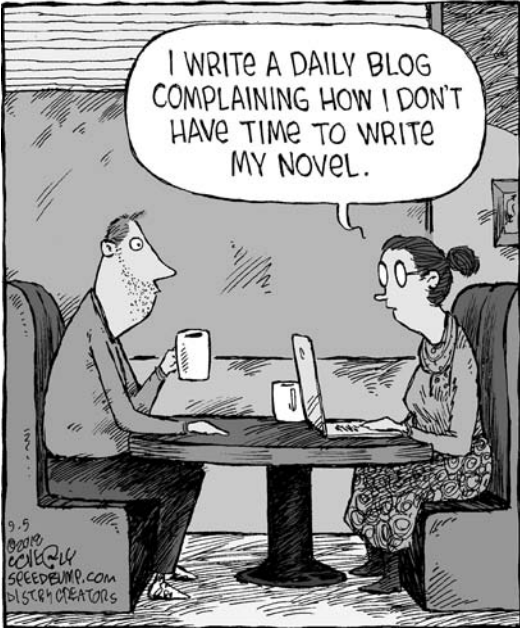
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SPEED BUMP



DAVE COVERLY



On This Day...

**September 7, 1813:** The nickname “Uncle Sam” was first used as a symbolic reference to the United States. The reference appeared in an editorial in the New York’s Troy Post.

**1915:** Johnny Gruelle received a patent for his Raggedy Ann doll. (U.S. Patent D47789)

**1977:** The Panama Canal treaties were signed by U.S. President Carter and General Omar Torrijos Herrera. The treaties called for the U.S. to turn over control of the canal’s waterway to Panama in the year 2000.

**1998:** Mark McGwire set a new major league baseball record for most homeruns hit in a single season. The previous record was 61 set in 1961 by Roger Maris.

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CALENDAR OF EVENTS

MONDAYS

1st, 6:00 p.m. - Public Safety meetings - Council Chambers

TUESDAYS

8:00 a.m. - 1:00 p.m. - Farmers Market - Excelsior High School  
12:00 p.m. - Rotary - Doubletree Hotel  
1st & 3rd 6:00 p.m. - Toastmasters Meetings - Registrar Recorder/County Clerks Office  
2nd & 4th, - Toastmasters Meetings - Norwalk Library  
1st & 3rd, 6:00 p.m. - City Council - Council Chambers  
3rd, 5:45 p.m. - Housing Authority - Council Chambers

WEDNESDAYS

1st, 12:30 p.m. - Soroptimist International - Soroptimist Village  
1st & 3rd, 7:00 p.m. - Lions Club - Bruce’s Restaurant  
2nd, 10:30 a.m. - Norwalk Woman’s Club - Masonic Lodge  
2nd & 4th, 1:30 p.m. - Alondra Senior Citizens - Social Services Center  
2nd & 4th, 7:30 p.m. - Planning Commission - Council Chambers  
4th, 11:30 a.m. - Coordinating Council - Arts & Sports Complex

THURSDAYS

1:00 p.m. - Adult color club “Color Us Happy” - Norwalk Library  
7:00 p.m. - Boy Scouts Troop 924 - Norwalk United Methodist Church  
2nd, 7:30 p.m. - Golden Trowel -Norwalk Masonic Lodge  
3rd, 8:00 p.m. - American Legion Post No. 359 - 11986 Front St.

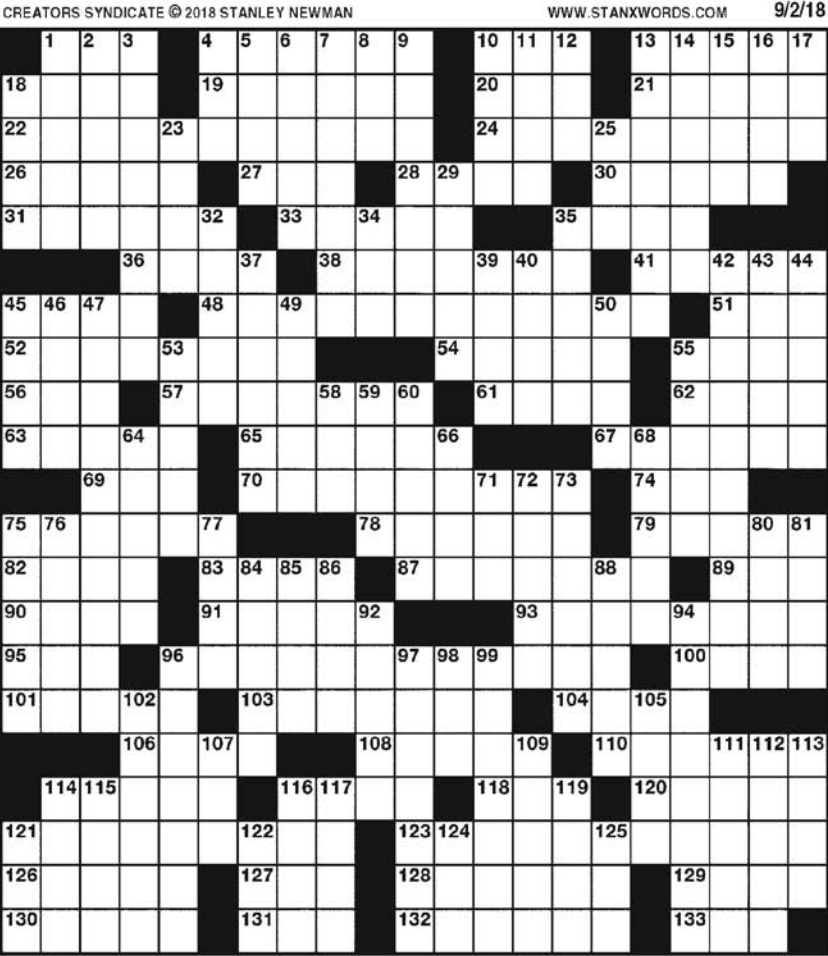
SATURDAYS

2nd, 8:30 a.m. - 10:30 a.m. - Pancake Breakfast - First Christian Church of Norwalk  
Have an event you want listed? E-mail news@thedowneypatriot.com

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)  
**WHAT’S COOKING: They’re home on the range**  
by Gail Grabowski

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|                             | 85 Relinquish formally    | 122 Raises                 |
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|---------------------------|----------------------------|----------------------------|
| workplace                 | 94 Certain tablet          | 112 Buttonlike flower      |
| 73 Workout wear           | downloads                  | 113 Frozen queen           |
| 75 Moral principle        | 96 Talk nonsense           | 114 Subside                |
| 76 Action film staple     | 97 Think about overnight   | 115 Latvia’s capital       |
| 77 Baylor University city | 98 Barrel to tap           | 116 Initial chip thrown in |
| 80 Two-year-olds          | 99 Likely will             | 117 Would-be atty.’s exam  |
| 81 Unrepairable           | 102 Flare-bottomed dresses | 119 Hourly pay             |
| 84 Needing repair         | 105 Tear apart             | 121 Light touch            |
| 85 Relinquish formally    | 107 Little Women sister    | 122 Raises                 |
| 86 Soup seasoning         | 109 Misplaces              | 124 Spanish gold           |
| 88 Twisty letters         | 111 Be of use              | 125 ___ in “November”      |
| 92 DC subway              |                            |                            |

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You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762. Please send a self-addressed, stamped envelope if you’d like a reply.

PARVIA (24 Across) is derived from the Latin word for “butterfly,” thus is closely related to the French papillon. ARI Shapiro (51 Across) had been a London-based foreign NPR correspondent before becoming one of the hosts of All Things Considered in 2015. The first of the Salvation Army donation KETTLES (10 Across) was set up in San Francisco in 1891.









objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of the mailing or personal delivery to you of a notice under section 9052 of the California Probate Code.

Other California Statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California Law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

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info@farhatlawfirm.com

**The Norwalk Patriot**  
8/31/18, 9/7/18, 9/14/18

## NOTICE OF PETITION TO ADMINISTER ESTATE OF: AGUSTIN RAMIREZ AKA AGUSTIN GUZMAN RAMIREZ CASE NO. 18STPB08176

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of AGUSTIN RAMIREZ AKA AGUSTIN GUZMAN RAMIREZ. A PETITION FOR PROBATE has been filed by LETECIA RAMIREZ in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that LETECIA RAMIREZ be appointed as personal representative to administer the estate of the decedent. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 09/28/18 at 8:30AM in Courtroom 111 N. Hill St., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California Law.

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Deed of Trust Recorded: 10/29/2003 as Instrument No. **03 3238835** in book --, page-- and of Official Records in the office of the Recorder of **Los Angeles** County, California. Date of Sale: **09/26/2018 at 11:00 AM** Place of Sale: **BEHIND THE FOUNTAIN LOCATED IN CIVIC CENTER PLAZA, 400 CIVIC CENTER PLAZA, POMONA, CA 91766**

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**A.P.N.: 7014-001-021**

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above.

The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust with interest thereon as provided in said note, advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: **\$ 72,724.20**.

**Note:** Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt.

**If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse.**

The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located.

### NOTICE OF TRUSTEE'S SALE

**NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property.

**NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this Internet Web site <http://www.altisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx> using the file number assigned to this case **2016-01734-CA**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

Date: August 11, 2018  
**Western Progressive, LLC, as Trustee for beneficiary**  
**C/o 1500 Palma Drive, Suite 237**  
**Ontario, CA 91764**  
Sale Information Line: (866) 960-8299 <http://www.altisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx>

### Trustee Sale Assistant

**WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE.**

**The Norwalk Patriot**  
8/31/18, 9/7/18, 9/14/18

**NOTICE OF TRUSTEE'S SALE** Trustee Sale No. 139408 Title No. 3406256  
**NOTE:** THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 04/12/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 10/01/2018 at 11:00 AM, The Mortgage Law Firm, PLC, as duly appointed Trustee under and pursuant to Deed of Trust recorded 04/20/2006, as Instrument No. 06 0867273 and Modified by Modification Recorded on 11/13/12 by Instrument No. 20121719610, in book xx, page xx, of Official Records in the office of the County Recorder of Los Angeles County, State of California, executed by Alejandro Flores, a Married Man as His Sole and Separate Property, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by 2924h(b), (payable at time of sale in lawful money of the United States). By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766. All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State, described as: **FULLY DESCRIBED ABOVE DEED OF TRUST, APN 8079-015-004** The street address and other common designation, if any, of the real property described above is purported to be: 15217 Sylvanwood Avenue, Norwalk, CA 90650

The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$398,028.15 If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and written Notice of Default and Election to Sell. The undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located. Dated: 8/30/2018 THE MORTGAGE LAW FIRM, PLC  
Adriana Durham/Authorized Signature  
27455 TIERRA ALTA WAY, STE. B, TEMECULA, CA 92590 (619) 465-8200  
FOR TRUSTEE'S SALE INFORMATION CALL, LEASE CALL 714-730-2727

The Mortgage Law Firm, PLC, may be attempting to collect a debt. Any information obtained may be used for that purpose.

**NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property.

You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

**NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 730-2727 for information regarding the trustee's sale or visit this Internet Web site - [www.servicelinkASAP.com](http://www.servicelinkASAP.com) - for information regarding the sale of this property, using the file number assigned to this case: 139408. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. A-4668389 09/07/2018, 09/14/2018, 09/21/2018

**ASAP 4668389**  
**The Norwalk Patriot**  
9/7/18, 9/14/18, 9/21/18

**NOTICE OF TRUSTEE'S SALE** 2763 Camino Del Rio South San Diego, CA 92108 TS No. **CA-17-766114-RY** Order No. **70108655-CA-VOI** YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 12/52/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **JUAN CARLOS MICHEL AND CECILIA HUBAND, HUSBAND AND WIFE AS JOINT TENANTS** Recorded: 12/12/2005 as Instrument No. **05 3037664** of Official Records in the office of the Recorder of **LOS ANGELES** County, California; Date of Sale: **10/16/2018 at 10:00 AM** Place of Sale: **Behind the fountain located in Civic Center Plaza, located at 400 Civic Center Plaza, Pomona CA 91766** Amount of unpaid balance and other charges: **\$1,006,689.25** The purported property address is: **11208 HERMES STREET, NORWALK, CA 90650** Assessor's Parcel No.: **019-021-011**

**NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

**NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **916-939-0772** for information regarding the trustee's sale or visit this Internet Web site <http://www.qualityloan.com>, using the file number assigned to this foreclosure by the Trustee: **CA-17-766114-RY**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. Date: **Quality Loan Service Corporation 2763 Camino Del Rio South San Diego, CA 92108 619-645-7711** For NON SALE information only **TS Line: 916-939-0772** Or Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: **CA-17-766114-RY** IDSPub #0144452 8/31/2018 9/7/2018 9/14/2018

**IDS 0144452**  
**The Norwalk Patriot**  
8/31/18, 9/7/18, 9/14/18

T.S. No.: 9551-4533 TSG Order No.: 150189459-CA-VOI A.P.N.: 8019-023-018  
**NOTICE OF TRUSTEE'S SALE** YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/26/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Affinia Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 11/01/2006 as Document No.: 06 2426426, of Official Records in the office of the Recorder of Los Angeles County, California, executed by: **RONALD D BARAJAS AND DONNA I BARAJAS, HUSBAND AND WIFE** TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **LUIS FERNANDO CORDOVA MARISOL ZAMUDIO, HUSBAND AND WIFE AS JOINT TENANTS** Recorded: 5/22/2007 as Instrument No. 20071237324 of Official Records in the office of the Recorder of **LOS ANGELES** County, California; Date of Sale: **10/2/2018 at 10:00 AM** Place of Sale: **Behind the fountain located in Civic Center Plaza, located at 400 Civic Center Plaza, Pomona CA 91766** Amount of unpaid balance and other charges: **\$609,696.35** The purported property address is: **12207 CREWE STREET, NORWALK, CA 90650** Assessor's Parcel No.: **8025-015-011**

**NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

**NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **916-939-0772** for information regarding the trustee's sale or visit this Internet Web

**IDS 0144452**  
**The Norwalk Patriot**  
8/31/18, 9/7/18, 9/14/18

T.S. No.: 9551-4533 TSG Order No.: 150189459-CA-VOI A.P.N.: 8019-023-018  
**NOTICE OF TRUSTEE'S SALE** YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/26/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. Affinia Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 11/01/2006 as Document No.: 06 2426426, of Official Records in the office of the Recorder of Los Angeles County, California, executed by: **RONALD D BARAJAS AND DONNA I BARAJAS, HUSBAND AND WIFE** TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **LUIS FERNANDO CORDOVA MARISOL ZAMUDIO, HUSBAND AND WIFE AS JOINT TENANTS** Recorded: 5/22/2007 as Instrument No. 20071237324 of Official Records in the office of the Recorder of **LOS ANGELES** County, California; Date of Sale: **10/2/2018 at 10:00 AM** Place of Sale: **Behind the fountain located in Civic Center Plaza, located at 400 Civic Center Plaza, Pomona CA 91766** Amount of unpaid balance and other charges: **\$609,696.35** The purported property address is: **12207 CREWE STREET, NORWALK, CA 90650** Assessor's Parcel No.: **8025-015-011**

**NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

**NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **916-939-0772** for information regarding the trustee's sale or visit this Internet Web

a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and state, and as more fully described in the attached legal description. Sale Date & Time: 09/25/2018 at 10:00 AM Sale Location: Behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona, CA 91766 The street address and other common designation, if any, of the real property described above is purported to be: 11223 HERMES ST, NORWALK, CA 90650-7634 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$340,036.48 (Estimated) as of 09/14/2018. Accrued Interest and additional advances, if any, will increase this figure prior to sale. The claimant, Heritage Park Homeowners Association under said Notice of Delinquent Assessment in the property situated in said County, describing the land therein: 8056-016-037 The street address and other common designation, if any, of the real property described above is purported to be: 12035 FOSTER ROAD, UNIT 5, NORWALK, CA 90650 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum due under said Notice of Delinquent Assessment, with interest thereon, as provided in said notice, advances, if any, estimated fees, charges, and expenses of the Trustee, to-wit: \$15,744.74 Estimated. Accrued Interest and additional advances, if any, will increase this figure prior to sale. The claimant, Heritage Park Homeowners Association under said Notice of Delinquent Assessment heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recording. **NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

**NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (916) 939-0772 or visit this Internet Web site [www.nationwideposting.com](http://www.nationwideposting.com), using the file number assigned to this foreclosure by the Trustee: **CA-18-835778-BF** Order No.: **8742572** YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/14/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **LUIS FERNANDO CORDOVA MARISOL ZAMUDIO, HUSBAND AND WIFE AS JOINT TENANTS** Recorded: 5/22/2007 as Instrument No. 20071237324 of Official Records in the office of the Recorder of **LOS ANGELES** County, California; Date of Sale: **10/2/2018 at 10:00 AM** Place of Sale: **Behind the fountain located in Civic Center Plaza, located at 400 Civic Center Plaza, Pomona CA 91766** Amount of unpaid balance and other charges: **\$609,696.35** The purported property address is: **12207 CREWE STREET, NORWALK, CA 90650** Assessor's Parcel No.: **8025-015-011**

**NOTICE TO POTENTIAL BIDDERS:** If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

**NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **916-939-0772** for information regarding the trustee's sale or visit this Internet Web

**NPP0338788**  
**The Norwalk Patriot**  
8/31/18, 9/7/18, 9/14/18

**NOTICE OF TRUSTEE'S SALE** TS No. CA-18-835778-BF Order No.: 8742572 YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/14/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE.** Trustor(s): **LUIS FERNANDO CORDOVA MARISOL ZAMUDIO, HUSBAND AND WIFE AS JOINT TENANTS** Recorded: 5/22/2007 as Instrument No. 20071237324 of Official Records in the office of the Recorder of



► **CULTURE IN DOWNEY:** The death of Hollywood great Miriam Nelson, a dancer and choreographer who lent her talents to shows with the Downey Civic Light Opera, is another reminder of Downey's further vanishing cultural life.

**DOWNEY** - Every major newspaper in the country ran a lengthy obit on dancer/choreographer Miriam Nelson, who died on August 12 at the age of 98 and whose seven-decade career, as The New York Times put it, "spanned the golden ages of Broadway, Hollywood and television."

She worked with Judy Garland, Bette Davis, Audrey Hepburn, Ingrid Bergman and Jerry Lewis; she helped Shirley MacLaine perform a memorable striptease in "The Apartment" in which MacLaine removed nothing but her necklace; she choreographed the whole cast of "Cat Ballou" in a number; and she coaxed a terrified William Holden to dance with Kim Novak in one of Hollywood's immortal, sensually riveting scenes, in "Picnic."

On Broadway, as a dancer, she worked with Van Johnson. Ethel Merman and Danny Kaye, and appeared in six shows, including two by Cole Porter. As a film actress, she appeared in "Double Indemnity," and "Lady in the Dark." On TV, she worked on "The Red Skelton Show," "Father Knows Best," "The Lucy Show" and "Murder, She Wrote."

Tall, slender, graceful, outgoing and naturally aristocratic in bearing, she and then-husband Gene Nelson were, along with Marge and Gower Champion, among the premier dance couples of Hollywood and Broadway.

For quite some time I've been meaning to thank the Patriot for running that intriguing picture (April 11) of Marsha Moode, executive director of the Downey Civic Light Opera, taking tickets at the door of the Downey Theater prior to a Sunday matinee.

Moode, a former beauty queen and stage and film actress, and the only Downey woman beside Karen Carpenter to possess star quality (though of a different sort), is dressed in an evening gown in which she looks

perfectly comfortable. More than a self-referential glamour puss, she's looking at one of her theater patrons directly in the eye and smiling in the way she had of making everyone feel happy and personally welcome at a DCLCO performance, which consisted of a steady production schedule of the best musicals ever staged from the golden age of Broadway musicals, including works by Irving Berlin, Lerner & Loewe, Rodgers & Hammerstein and the Gershwin brothers

## What's the connection here?

For much of the final decade of the DCLCO's existence, Miriam Nelson was choreographer for Moode and the DCLCO, in which Nelson's style, experience and brilliance seemed to make each show more dazzling and infectious than the one before. Mixing amateurs and pros, her dance numbers became more explosive, more confident and theatrical, full of the pizzazz of old Broadway at its most assured.

Long before its 2013 demise, a DCLO production was one of the few bright lights on what passes as Downey's dismal cultural scene. Moode also arranged and hosted opening night parties in which part of the Embassy Suites' ground floor was blocked off and city officials and business people mingled with cast members and dancers, alumnae from other DCLO productions, L.A. actor friends and even a few university theater professors.

Miriam Nelson would be there too, friendly and beaming, a genial part of the fun, even though she had to drive home afterward to Malibu.

So why do I mention all this?

Because it's a reminder of what Downey has lost, and an indication of a city moving in the wrong direction. I can understand if local theater audiences, to whom the DCLO is already a distant memory, don't remember Nelson; she worked behind the scenes.

But I'll bet a hefty sum that no one on the city council, whose job it is to know what goes on in the city, knew anything about the luminary in their midst, or for that matter, the pleasure the DCLO brought audiences who drove in from as far away as Ventura. (Alex Saab would be the exception; but he, like the rest of the council members at the time, didn't take in DCLO performances; they didn't show

up for the Downey Symphony performances either, unless they were getting an award.)

A city without a cultural life is a dead zone, and as I watch architectural atrocities like the KB project on Paramount and 5th hog the landscape as they metastasize in bulk, and lament the short-sightedness that created the semi-desolate Promenade—Downey's last great shot at the stuff municipal dreams are made of—I see a once-exceptional place bailing on its future.

I've lived here through more Downey election cycles than I care to remember, and there are a few council members I'm happy to see gone for the harm they've done that lives after them. But as I've observed the more recent parade of candidates pass through public scrutiny, each trumpeting the same tune about supporting police and business, business and police (as if a robust society consisted of nothing else), I'm struck more and more by the intellectual mediocrity, the absence of thought and imagination, of knowledge of how a well-rounded city and its rich satisfactions work, that has characterized our leadership.

The council as a body needs to snap out of its slumber. There have been notable efforts by Saab and Rick Rodriguez to get out and around, to listen to what's going on in people's minds, to show a city presence. Sean Ashton has held a few meetings to hear what people have to say.

And the Downey arts community, such as it is, should be appalled at its own unresponsiveness to the gestures Saab has made both in meetings at City Hall, where the same 15 or 20 people showed up and offered little by way of a plan to promote their work; and at the Downey Theater, where he offered discounts and non-profit incentives to theater artists to make use of the space. Except for one or two whose sole purpose seemed to complain, the majority sat in passive silence. They wanted the city to do everything for them.

I can understand the city's reluctance to work with this bunch. Still, it has to do more. Without a cultural life, any urban locale is condemned to poverty of mind and spirit, stripped of historic continuity and the forms of expression that connect place

and moment with the mystery that surrounds us, unrewarding to the inner lives of the people who live in it, something future generations can't wait to escape.

By cultural life I'm not just referring to visual and performing arts, literature and poetry. I'm referring to the physical landscape around us, both natural and architectural. Our political leaders have got to reverse the punishing trend of selling us out to real estate developers.

There are a number of Downey civic and fraternal organizations where people come together in hearty appreciation of living here, as in the recent tributes to Mary Stauffer and the celebration of the historic McDonald's on Lakewood and Florence. But if you consider its leadership role, the city bungled the handling of the Downey Art Museum, the first in L.A. County, so that it could be destroyed by the senseless ire of one vindictive blowhard. Though the issue was complex, the city didn't protect the DCLO from a management firm that said, in effect, our way or the highway; a firm, incidentally, that acts basically as a pricey booking agency and does little to fulfill the purpose of the Downey Civic Theater as an anchor of Downey cultural identity.

Downey needs a staff architect to help give it a look more definitive than mere branding. It needs to revive a knowledgeable arts commission consisting of energetic and conscientious figures like George Redfox of the Downey Conservancy, to help advise it in fields that are clearly beyond the city council's area of expertise.

The city should offer low rent loft and industrial space to local and L.A. artists and thereby gain entry into one of the hottest art scenes currently in the world, with no sign of cooling down. It should erase a lingering embarrassment by restoring the Downey Art Museum, and with it, an old, unmistakable source of civic pride.

The same with the Downey Theater, which, in being the largest civic structure in Downey, has dimensions superior to any other mid-size theater in Los Angeles County. Instead of the one-and-done commercial and amateur presentations we have programmed now—or in addition to them--the theater should be



Miriam Nelson with then husband Gene Nelson on the Warner Bros. Studios lot in the 1950s. A dancer and choreographer, Nelson worked behind the scenes with the Downey Civic Light Opera before the organization was disbanded.

reconceived as a real theater, with classic and contemporary plays and theatrical performances.

Its management could offer invitations to the best college and university talents in the region to come and perform; ditto in partnership groups like the L.A. Theatre Alliance and others to cross-fertilize a regional performing arts scene. It should offer daytime performance programs for kids, who could benefit from the knowledge of some of those visiting talents. Who doesn't like kids? The theater should be buzzing full-time, instead of looming in empty silence most days and nights like an abandoned morgue.

Who hasn't noticed the increased traffic, congestion, pollution and sheer noise that has characterized Downey life over the past decade or so? There isn't much the city can do about that. But it can find new spots here and there to put in walled-off pocket parks, which offer restorative peace and tranquility of spirit to anyone looking to get away from it all, or just catch a breath.

All this and more could be discussed as an antidote to what we're losing, and should be addressed to our current city council, and perhaps even more crucially, the new faces competing for city leadership.

I'm a transplanted New Yorker. I first discovered the impressive Downey Theater as a theater critic for the L.A. Times, and later as a Downey resident, first became interested in local politics more than a decade ago when I went to a packed meeting at the Downey Theater hosted by city staff, who wanted to hear public opinion on how to deal with the obnoxious spread of McMansions. I was impressed by the professionalism of the staff, and by the earnest intelligence and concern of the Downey residents there.

“This city is going places,” I thought.

Now I'm beginning to think I was wrong.

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# The Norwalk Patriot

Friday, July 20, 2018

Vol. 12 No. 24

14783 Caramella Road, Norwalk, CA 90650

## Norwalk man charged with murder

**NORWALK** — A Norwalk man was charged today with killing two people and injuring others in a DUI crash on the 605 Freeway.

Also, Barragan (dob 8/27/86) faces two counts of murder and one count each of driving under the influence of alcohol within 10 years of alcohol DUI offense and driving with a .08 percent blood alcohol content causing injury within 10 years of another DUI offense.

Arraignement was scheduled for Wednesday at Los Angeles County Superior Court, Bellflower Branch.

On July 16, Barragan was allegedly driving his car on the freeway near Alondra Boulevard when he ran into a disabled van, prosecutors said. The van erupted in flames and two people died and three others were injured, prosecutors added.

If convicted as charged, Barragan faces a possible maximum sentence of 44 years in life in state prison.

Bail is set at more than \$2.9 million.

The case remains under investigation by the California Highway Patrol, Santa Fe Springs Area.

## Freeway off-ramp closed for 3 months

**NORWALK** — Caltrans announced the scheduled closure of the Norwalk Boulevard off ramp from Interstate 5 (Santa Ana Freeway) at 10 p.m., Sunday July 15.

The off ramp will remain closed for up to 90 days for reconstruction and paving.

The reconstruction of this ramp is part of the I-5 widening project which widens two lanes to each direction of I-5 between I-605 (San Gabriel River Freeway) and the Orange County line.

This segment of the project includes reconstruction of the Norwalk Boulevard interchange and the San Antonio Drive Bridge.

## SUMMER CONCERTS ON THE LAWN

Photos by city of Norwalk

Next week: The Hodads

## Norwalk restaurant grades

**Rancho Grande**  
10935 E Rosecrans Ave.  
Date Inspected: 7/17/18  
Grade: A

**Diana's Mexican Foods Market**  
16330 S Pioneer Blvd.  
Date Inspected: 7/17/18  
Grade: A

**Pancho's Grill**  
12605 E Rosecrans Ave.  
Date Inspected: 7/17/18  
Grade: A

**United Oil**  
11534 E Imperial Hwy.  
Date Inspected: 7/17/18  
Grade: A

**Tacos y Mariscos Mi Pueblo**  
12601 Rosecrans Ave.  
Date Inspected: 7/17/18  
Grade: A

**Lima Services Corp**  
11409 E Victory Blvd. #J  
Date Inspected: 7/13/18  
Grade: A

**AMC Norwalk**  
12300 E Civic Center Dr.  
Date Inspected: 7/13/18  
Grade: A

**AMC Norwalk Restaurant Bar**  
12300 E Civic Center Dr.  
Date Inspected: 7/13/18  
Grade: A

**Joe's Food Mart and Liquor**  
10641 Imperial Hwy.  
Date Inspected: 7/13/18  
Grade: A

**El Paraiso Juice Bar**  
15002 Pioneer Blvd.  
Date Inspected: 7/12/18  
Grade: A

**Lucian's Pizza**  
15008 Pioneer Blvd.  
Date Inspected: 7/12/18  
Grade: A

**Tacos Chihuahua**  
17171 The Pit  
Date Inspected: 7/12/18  
Grade: A

**Home Style Donuts**  
12645 S Pioneer Blvd.  
Date Inspected: 7/12/18  
Grade: A

**Sp Food Market**  
12644 Pioneer Blvd.  
Date Inspected: 7/12/18  
Grade: A

**Ana's Bionics**  
12977 Rosecrans Ave.  
Date Inspected: 7/11/18  
Grade: A

**Ella's Cafe**  
11320 San Antonio Dr.  
Date Inspected: 7/11/18  
Grade: A

## Weekend at a Glance

Friday 86° ☀️

Saturday 85° ☁️

Sunday 87° ☀️

### Movie Night: "Wonder"

Friday - Norwalk Park, 7:30 pm  
The City of Norwalk presents a free outdoor screening of "Wonder" being a blanket or lawn chair. Food will be available for purchase.

### Summer Soul Festival

Friday - Redondo Beach Performing Arts Center, 8 pm  
Hip-hop themed festival with performances by Doug E. Fresh, Big Daddy Kane, EPMD, and Ahmad, 150

### Jenni and Selena

Saturday - Sage Lagoon Amphitheater, 8 pm  
Jenni Rivera and Selena Quintanilla perform live, along with full band La Sonora Dinamita.

### Colombian Festival

Sunday - Pico Rivera Sports Arena, 12 am  
A celebration of all things Colombia. Three stages of live music, including tropical, reggaeton, and electric dance. Sponsored by Mega HS 1716, 155



# Neil Simon, acclaimed playwright, dies at 91



Neil Simon

**NEW YORK** – Neil Simon, one of the most popular and prolific playwrights and screenwriters of the second half of the 20th century, died Sunday, Aug. 26, of complications from pneumonia, according to his publicist Bill Evans as reported by CNN. He was 91.

Born July 4, 1927, in New York City, Simon grew up loving movies, especially comedies, and turned that love into a career when he began writing for some of TV’s earliest comedy shows,

including Sid Caesar’s “Your Show of Shows” and “The Phil Silvers Show,” both of which earned him Emmy awards.

Simon spoke later of the enormous influence these jobs had on his career, particularly the opportunity to work with some of the day’s finest comedy writers: “I knew when I walked into ‘Your Show of Shows,’ that this was the most talented group of writers that up until that time had ever been assembled together.”

The first play Simon wrote

was 1961’s “Come Blow Your Horn,” which ran on Broadway for more than a year to favorable reviews. It had barely closed when Simon’s next play, “Little Me,” opened on Broadway, starring Caesar in multiple roles and with choreography by Bob Fosse.

Simon continued to write prolifically, and as his reputation grew, his plays began to become instant classics. His list of notable plays includes great favorites such as “Barefoot in the Park” (1963), “The Odd Couple” (1965), “The Sunshine Boys” (1972), “They’re Playing Our Song” (1979) and “Lost in Yonkers” (1991).

Many of Simon’s best-loved plays were adapted into movies, most with screenplays written by Simon: “The Odd Couple” (1968), “Only When I Laugh” (1981, based on his play “The Gingerbread Lady”), “Brighton Beach Memoirs” (1986). In other cases, the movie came first, as when he adapted his 1977 film, “The Goodbye Girl,” into a 1993 play.

Simon also wrote screenplays that were not based on existing stage plays, such as “The Heartbreak Kid” (1972), “Murder by Death” (1976) and “The Odd Couple II” (1998).

Among Simon’s most critically acclaimed works is the trilogy of autobiographical plays, “Brighton Beach Memoirs,” which won the New York Drama Critics Circle Award for best play, “Biloxi Blues,” which won the Tony Award for best play, and “Broadway Bound.” 1991’s “Lost in Yonkers” was also greatly celebrated, winning a Drama Desk Award, a Tony Award and a Pulitzer Prize.

Simon’s other honors include membership in the American Theatre Hall of Fame, the New York State Governor’s Award, the Kennedy Center Honors and the Mark Twain Prize for American Humor.

Journalist Lawrence Grobel asserted that Simon “towers like a Colossus over the American theater. When Neil Simon’s time comes to be judged among successful playwrights of the 20th century, he will definitely be first among equals. ...”

Broadway critic Walter Kerr also praised Simon: “Because Americans have always tended to underrate writers who make them laugh, Neil Simon’s accomplishment have not gained as much serious critical praise as they deserve. His best comedies contain not only a host of funny lines, but numerous memorable characters and an incisively

dramatized set of beliefs that are not without merit. Simon is, in fact, one of the finest writers of comedy in American literary history.”

Simon is survived by his wife, actress Elaine Joyce, and his daughters, Nancy, Ellen and Bryn.

**CLAIRE WINELAND:** Claire Wineland, a social media star whose story about living with cystic fibrosis inspired thousands of people, died at 21.

According to a statement from her foundation Claire’s Place, Wineland suffered a massive stroke caused by a blood clot on August 26 following a double lung transplant.

Wineland passed away after a week of intensive care and procedures to attempt to save her life, said the foundation.

“We know Claire was loved all over the world,” said Laura McHolm, chairman of the board for the non-profit Claire’s Place Foundation, in a statement. “Your prayers, support and encouraging words, have been a huge source of strength for her and her family.”

Instead of flowers, Wineland’s family is asking for donations to be made to Claire’s foundation.

“It was her greatest wish that her foundation would continue on with or without her,” said Melissa Yeager, Wineland’s mother, in an update on GoFundMe. “Knowing Claire, she was all about being of service to others and your donations will support her in that. A continuation of her legacy.”

Wineland was born with cystic fibrosis, a genetic disease causing persistent lung infections and limiting a person’s ability to breathe. According to the Cystic Fibrosis Foundation, more than 30,000 people in the U.S. live

with the disease.

Wineland and her family started the foundation following a routine surgery in 2010 after which she nearly lost her life, according to the organization’s website.

Wineland has told her story through her book “Every Breath I Take, Surviving and Thriving with Cystic Fibrosis,” and on social media platforms including YouTube and Instagram, where she has hundreds of thousands of followers.

“I will miss you more than words can say,” said her father, John Wineland, in a post on Facebook. “I think its safe to say, the world will too.”

**ROBIN LEACH:** Robin Leach, the debonair TV host who regaled audiences with talk of “champagne wishes and caviar dreams,” has died, his publicist confirmed to CNN.

He was 76.

John Katsilometes, a writer for the Las Vegas Review-Journal, where Leach was working as a columnist before his death, said on Twitter Leach had suffered a stroke and had been hospitalized since November.

Born in London, Leach was a veteran journalist best known for his syndicated TV show “Lifestyles of the Rich and Famous,” which ran from 1984 to 1995.

Leach’s family issued a statement to the Review-Journal.

“Despite the past 10 months, what a beautiful life he had. Our Dad, Grandpa, Brother, Uncle and friend Robin Leach passed away peacefully last night at 1:50 a.m.,” the family said in a statement. “Everyone’s support and love over the past, almost one year, has been incredible and we are so grateful.”

Leach began his career in newspapers, writing for the Daily Mail, People and the New York Daily News. He moved to the U.S. in the early 1960s becoming editor of media mogul Rupert Murdoch’s tabloid Star. He later helped launch “Entertainment Tonight,” through Paramount Television, before co-creating and hosting “Lifestyles.”

Upon news of his death, some of Leach’s famous friends paid tribute to the host.

Vince Neil called Leach a “long time friend” and “an amazing person.”

“He’s going to be missed by me and thousands more worldwide,” he wrote.

Food Network personality and chef Scott Conant said Leach was “always kind to me and a friend to Las Vegas businesses I’ve had over the past almost 10 years.”

“I hope you’re resting at your grand chalet in the sky my friend,” he wrote.

In a 2016 interview with the Hollywood Reporter when he joined the Review-Journal, Leach said, “It’s been a good life, and it’s always been a good life. I have been rewarded very nicely.”



Robin Leach



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