

## Medicare will be insolvent by 2026, report says

► Social Security also in trouble as costs are expected to exceed income by 2034.

Analysts blame President Trump’s tax cuts for expediting the gap in funding.

**WASHINGTON, D.C.** – The main trust fund behind Medicare, the U.S. health-care program for the elderly and disabled, will be exhausted in 2026, three years earlier than was projected a year ago, the government said Tuesday.

Medicare’s Board of Trustees blamed the earlier depletion forecast on expectations of lower payroll taxes and less revenue from taxing Social Security benefits, both the result of the tax overhaul signed by President Donald Trump last year, according to a senior administration official. Medicare is also expected to spend more than projected last year, the report said.

“As in past years, the Trustees have determined that the fund is not adequately financed over the next 10 years,” the report said.

Each year, the trustees project the long-term finances of Medicare, which covers about 58 million Americans. Medicare spent \$710 billion in 2017, according to the report, making it the single biggest purchaser of health services in the U.S. The trustees include Treasury Secretary Steven Mnuchin and Health and Human Services Secretary Alex Azar.

The long-term solvency is also affected by lawmakers’ repeal in February of a controversial Obamacare effort to cut spending known as the Independent Payment Advisory Board, according to the official.

Medicare’s trust fund pays for hospital visits, nursing care and related services under what’s known as Part A of the program, which was created in 1965. Medicare Part B, which covers outpatient visits, and Part D, which pays for most prescription drugs, are paid for in part by general revenue and by individuals’ premiums. That means those programs don’t face a risk of funds running out.

### Social Security

The trustees also annually weigh in on the solvency of Social Security, whose total cost is projected to exceed total income this year for the first time since 1982.

The program’s reserves are expected to be depleted in 2034, according to the trustees report, the same projection as last year.

The program’s cost will rise more rapidly through 2039 as the baby-boom generation retires faster than the number of covered workers increases, according to the report.

Both Medicare and Social Security are paid for by wage earners out of their Social Security payroll taxes. What the insolvency dates mean is that payroll taxes will be the only source of benefit payments once the trust fund reserves are gone.

In the case of Social Security, payroll taxes in 2034 will be able to pay an estimated 77 percent of projected benefits. For Part A of Medicare, which covers hospital and nursing home expenses, payroll taxes in 2029 will pay an estimated 88 percent of the program’s projected expenses.

The Social Security report also projected that the program’s 2018 cost of living adjustment, or COLA, would be 2.2 percent, the largest in several years. The COLA sets annual increases in Social Security benefits and also helps determine the level of consumer payments each year for Medicare Part B premiums.

## Moffitt Elementary’s Josie Hernandez named Teacher of the Year

► The kindergarten teacher has been at Moffitt Elementary since 1993.

The first in her family to earn a college degree, she is also a finalist for L.A. County Teacher of the Year.

**NORWALK** – Josie Hernandez, an educator with a quarter century of service at the same elementary school, has been selected the Norwalk-La Mirada Unified School District’s Teacher of the Year for the 2018-19 academic year.

Hernandez, a kindergarten teacher at Moffitt Elementary School in Norwalk, was recently announced as the district’s top educator by NLMUSD Supt. Dr. Hasmik Danielian during an employees’ recognition ceremony.

Hernandez began as a paraeducator at the Moffitt campus in 1993 and four years later, after receiving a teaching credential, she became a full-time teacher for the school, starting as a 2nd-grade bilingual instructor.

“I am incredibly humbled and grateful for this experience,” said Hernandez, a resident of La Mirada, about her selection. “I’ll give it my all. I’m proud to represent all the teachers who stand behind me and work just as hard.”

Hernandez is now an entrant in the Los Angeles County Teachers of the Year contest. A total of 16 winners will be announced in September by County Supt. of Schools Dr. Debra Duardo.

All of the county winners will automatically advance, along with other county titlists from around the state, to the California Teachers of the Year competition later in the fall.



Josie Hernandez has been named Norwalk-La Mirada Unified’s Teacher of the Year.

The top state winner will then advance to the National Teacher of the Year contest that takes place next spring.

Last year, Jennifer Hodge, a visual arts teacher at NLMUSD’s Benton Middle School in La Mirada, was named an L.A. County Teacher of the Year. She finished as a finalist in the state TOY contest.

“Josie is another excellent example of the caring and high-quality teaching staff we have in our district,” said Chris Pflanzner, president of the NLMUSD Board of Education.

“The community has benefitted so much from her classroom work and professional dedication. Every day she has made the most of a precious opportunity — to make a positive difference in the lives of her

students.”

Hernandez, 44, a native of Orange County with four children of her own, is the first born of working class parents who emigrated from Mexico.

She is the first in the family to attend and graduate from college. She earned a bachelor’s degree in Spanish linguistics and culture from California State University, Long Beach and a master’s degree in reading intervention from National University.

“It’s so special to have Josie be our teacher of the year and represent our district,” said Dr. Danielian. “She is known for her passion in the classroom and has been a wonderful role model for a generation of students.”

a registered dietitian. Before eating, I sit and play a guided meditation from a CD. I am feeling calm and grounded, connected to this moment, my body, my breath. Then, seeming out of the blue, my mind wanders down a dark street.

‘Who am I without a driver’s license, my job, and now with uncontrolled seizures? Will I ever be normal again? How will I navigate life on foot and by bus? In Lakewood, California? I am not in New York, Boston or places in Europe where public transportation is readily available, preferable, and acceptable!’

I see my thoughts spinning out of control. Again, I close my eyes and take some slow deep breaths. I remember my favorite part of the morning is working out on my elliptical machine. Really? Maybe I am crazy! My daily routine gives my life structure and a feeling of being in control of something, refreshed, energized and less depressed.

After my workout, I have a short time to shower and then wake up my children for school. We are fortunate to live a few blocks from the K–8 grade school where they all attend together. I walk with them part of the way out of our gated community to the main street. I watch the crossing guard guide them across the busy street and then wave goodbye. Some of their friends join them and they continue to walk together to school.

## Shared Stories: A Glimmer of Hope

*Mary Nieraeth recounts her worries, coping techniques, and the resumption of care for her family after a seizure caused her to lose consciousness while driving. Fortunately, her children were not with her and no other cars or pedestrians were involved. Shared Stories is a weekly column featuring articles by participants in a writing class at the Norwalk Senior Center. Bonnie Mansell is the instructor for this free class offered through the Cerritos College Adult Education Program. Curated by Carol Kearns*

### By Mary Nieraeth

I am jolted to a half-awake state by the music playing on our alarm clock next to my husband’s side of our bed at the ungodly hour of 4:30 am. My husband almost instantly presses the off button and jumps out of bed. It is cold, pitch dark and the only sound is the faint ticking of the clock.

I am slower to respond to this optional invitation to arise as I often feel the urge to pull the covers up over my face. However, once I am awake, it is easier for me to get up rather than be annoyed by other distractions like the shower running, bathroom light on, etc.

I’ve always been an early morning riser but the wakeup time has voluntarily gotten progressively earlier for my husband with increased morning freeway traffic to Pasadena where he works. There is something mysterious about early morning, a time of unusual quietness before my 3 children, ages 7, 9 and 11, wake

up at 7:00 am to get ready for school.

The main reason I choose to get up this early is to maintain a schedule of familiarity as when I was working before getting into a car accident while having a seizure. I slowly get out of bed, put on my workout clothes and head downstairs to the kitchen as my husband continues his morning routine before work.

I briefly ponder, now why I am I getting up this early? A little late to think about this as I am dressed for my daily workout, already downstairs in the kitchen and just the aroma of fresh coffee brewing wakes me up further.

I hear a jingling sound coming from the living room. I glance over at the sofa where our dog Scruffy, starts to move his body which jiggles his collar tags. Then a thump, my clue that he will make his appearance into the kitchen and over to the sliding glass door leading to the backyard.

When he gets to the door, he methodically does his version of yoga poses I know as puppy dog and upward dog. Then he gets up on all fours and just stares out the door window into pure darkness without a sound until I open the door. While he is outside, I quickly refill his water and dry food bowls, place a treat inside his special toy and a different treat in a bowl which I hide in the living room. He scurries back inside to find his treats, both of us enjoying the game playing.

Next, I get my breakfast prepared, simple and healthy, with my seal of approval, as

## Norwalk restaurant grades

**Grill Town Korean Cuisine**  
12227 Norwalk Blvd.  
Date Inspected: 6/12/18  
Grade: **A**

**Panda Express**  
12327 Norwalk Blvd.  
Date Inspected: 6/12/18  
Grade: **A**

**California Sushi & Teriyaki**  
12305 Norwalk Blvd.  
Date Inspected: 6/12/18  
Grade: **A**

**O’Poke**  
12359 Imperial Hwy.  
Date Inspected: 6/11/18  
Grade: **A**

**McDonald’s**  
12602 Alondra Blvd.  
Date Inspected: 6/11/18  
Grade: **A**

**Durkins Market**  
12128 Foster Rd.  
Date Inspected: 6/11/18  
Grade: **A**

**Luisa and Son**  
12547 Alondra Blvd.  
Date Inspected: 6/11/18  
Grade: **A**

**The Poke Co.**  
12200 Civic Center Dr..  
Date Inspected: 6/11/18  
Grade: **B**

**Yasai No. 2**  
12200 Civic Center Dr.  
Date Inspected: 6/11/18  
Grade: **B**

**Circle K**  
11405 Firestone Blvd.  
Date Inspected: 6/8/18  
Grade: **A**

**Keystone Lanes**  
11459 Imperial Hwy.  
Date Inspected: 6/8/18  
Grade: **B**

**Happy Fruit Bionicos**  
16220 Pioneer Blvd.  
Date Inspected: 6/6/18  
Grade: **A**

**Hibachi Grill Buffet**  
14021 Pioneer Blvd.  
Date Inspected: 6/6/18  
Grade: **A**

**Dr. Chicken**  
16511 Pioneer Blvd.  
Date Inspected: 6/6/18  
Grade: **A**

**H Mart Grocery**  
15933 Pioneer Blvd.  
Date Inspected: 6/6/18  
Grade: **A**

**Dos Amigos**  
13310 San Antonio Dr.  
Date Inspected: 6/6/18  
Grade: **A**

**Bucket Crab & Crawfish**  
16441 Pioneer Blvd.  
Date Inspected: 6/6/18  
Grade: **A**

**Norwalk Senior Center**  
14040 San Antonio Dr.  
Date Inspected: 6/6/18  
Grade: **A**

**Diedrich Coffee**  
10850 Firestone Blvd.  
Date Inspected: 6/4/18  
Grade: **A**

**Smart and Final**  
10935 Firestone Blvd.  
Date Inspected: 6/4/18  
Grade: **A**

**Casa Adelita**  
12842 Rosecrans Ave.  
Date Inspected: 5/31/18  
Grade: **A**

**Chevron**  
10916 Rosecrans Ave.  
Date Inspected: 5/30/18  
Grade: **A**

## Weekend at a Glance

Friday 79°

Saturday 69°

Sunday 71°



### Chili at the Beach

**Saturday - Downtown Huntington Beach, 11 am**

Chili and salsa competitions, two stages of rotating bands, street fair, kids zone, and carnival games. Free admission but fee to taste salsa/chili.



### OC Beerfest

**Saturday - OC Great Park in Irvine, 1-4 pm**

Unlimited samples of over 100 craft beers, live bands, DJs, inflatable obstacle course, giant games, and food trucks. \$37



### Donut Fest

**Saturday - Union Station, 9 am to 4 pm**

An exploration of donuts in all their forms, from plain to glaze. 12 donut vendors, coffee stations, craft beer, and a live donut-frying demonstration.



### Grunion Run

**Friday - Cabrillo Marine Aquarium, 8 pm to midnight**

Watch as grunion silver fish come to shore for spawning. Flashlight recommended. \$5 adults, \$1 seniors, students and children.



### Newsies

**All Weekend - La Mirada Theatre for the Performing Arts**

Disney’s smash hit musical won the 2012 Tony Awards for Best Score and Best Choreography. Tickets start at \$14.

### TWEET OF THE WEEK

@NorwalkLASD: Dangers of the job. Unfortunately, not the first time this year, just the latest.

Today, a @NorwalkLASD deputy was pricked by a #HIV infected syringe while handling a drug-induced disturbance involving a mentally ill suspect.

Let’s wish the deputy the best.



@NorwalkPatriot



The Norwalk Chamber of Commerce held its annual installation luncheon Wednesday.

Photos courtesy city of Norwalk



# NORWALK HAPPENINGS

## Tuesday, June 19

**City Council meeting**, 6 pm. Visit Norwalk.org for a full agenda. Meeting also streams live on Norwalk's Facebook page. City Hall, 12700 Norwalk Blvd.

## Wednesday, June 20

**Older Adult Transportation Pop-Up**, 1:30 pm. Learn the different transit options for older adults, from rail to bus and dial-a-ride services. Norwalk Senior Center, 14040 San Antonio Dr.

**Live in Concert: The Society Band**, 7 pm. The Society Band plays a diverse playlist, from Frank Sinatra and Dean Martin to Bruno Mars and Adele. City Hall lawn, 12700 Norwalk Blvd.

## Thursday, June 21

**Kids Beach Bus**, 9 am. Kids ages 8 through 17 years old are invited to enjoy a day at the beach, including sand castle building, water activities and more. Cost: \$5, including transportation and lunch. Pick up and drop off points: Norwalk Arts & Sports Complex and Norwalk Social Services Center.

**Community Forum**, 6 pm. Discuss topics of concern with members of the City Council. St. John of God Catholic Church, 13819 Pioneer Blvd.

## Tuesday, June 26

**Special City Council Meeting**, 5 pm. Norwalk's City Council meets in a special session. City Hall, 12700 Norwalk Blvd.

**Measure A Meeting**, 6 pm. Learn how money collected via Measure A will be used by the L.A. County Regional Park and Open Space District. Arts & Sports Complex, 13000 Clarkdale Ave.

## Wednesday, June 27

**Live in Concert: Mariachi Angeles de Pepe Martinez Jr.**, 7 pm. The heralded mariachi group led by Pepe Martinez Jr. performs live. City Hall lawn, 12700 Norwalk Blvd.

**Planning Commission Meeting**, 7:30 pm. City Hall, 12700 Norwalk Blvd.

## Thursday, June 28

**Neighborhood Watch Meeting**, 6:30 pm. Learn about local crime trends and speak to public safety officials. 12300 Everest St.

## Friday, June 29

**Friday Flicks: Jumanji.**, 8 pm. A free outdoor screening of the classic film. Vista Verde Park, 11459 Ratliffe St.

**Paint Class & a Glass**, 8 pm. Create your own artistic masterpiece, with step-by-step instruction. Complimentary drinks and snacks. Rich Rehearsal Hall, 13200 Clarkdale Ave.

## Monday, July 2

**Public Safety Commission Meeting**, 6 pm. City Hall, 12700 Norwalk Blvd.

## Tuesday, July 3

**Locks of Live hair drive**, 1-7 pm. Help provide hairpieces for patients suffering from hair loss due to medical treatment or conditions. Open to all ages. City Hall, 12700 Norwalk Blvd.

**Independence Day Pageant**, 5-9 pm. Live performances by popular band Liquid Blue, games and activities, food for sale, and a spectacular fireworks display. City Hall, 12700 Norwalk Blvd.

## Wednesday, July 4

**Independence Day Recreation Swim**, 1-4 pm. Spend the holiday swimming at Norwalk's pool. Plus games and activities. Norwalk Aquatic Pavilion, 12301 Sproul St.

## Thursday, July 5

**Social Services Commission Meeting**, 6:30 pm. Norwalk Social Services Center, 11929 Alondra Blvd.

## Wednesday, July 11

**Senior Commission Meeting**, 3 pm. Discuss issues of concern to Norwalk seniors. Norwalk Senior Center, 14040 San Antonio Dr.

**Live in Concert: Raise Your Glass and Prismatic**, 7 pm. The ultimate Pink and Katy Perry tribute bands. City Hall lawn, 12700 Norwalk Blvd.

## Thursday, July 12

**Pet Vaccinations**, 4 pm. Discounted dog and cat vaccines, microchips and flea treatments. Rabies shots only \$6. City Hall, 12700 Norwalk Blvd.

## Friday, July 13

**Como La Flor Workshop**, 7 pm. Create giant paper flowers using materials of different colors and sizes. Step by step instructions. Norwalk Cultural Arts Center, 13200 Clarkdale Ave.

**Family Movie Night: Coco**, 7:30 pm. Bring your lawn chair and blanket for a screening of "Coco" on a 400-ft. outdoor screen. Norwalk Park, 13000 Clarkdale Ave.

## Saturday, July 14

**Dive-In Movie Night**, 7 pm. Jump into the pool and watch a screening of "Cars 3." Rated PG. Norwalk Aquatic Pavilion, 12301 Sproul St.

## Wednesday, July 18

**Live in Concert: Knyght Ryder**, 7 pm. Playing the hits of the 70's and 80's, including AC/DC, Cheap Trick, Journey, and more. City Hall lawn, 12700 Norwalk Blvd.

## Friday, July 20

**Family Movie Night: Wonder**, 7:30 pm. Bring your lawn chair and blanket for a screening of "Wonder" on a 400-ft. outdoor screen. Norwalk Park, 13000 Clarkdale Ave.

## Saturday, July 21

**Summer Jamz at the Park**, 4-8 pm. The band Fresh performs Latin, rock, R&B, and hip-hop. Plus food booths, games and summer activities. Hermosillo Park, 11959 162nd St.

## Wednesday, July 25

**Live in Concert: The Hodads**, 7 pm. The Hodads blend 70s disco/beach/classics music, stylish costumes and audience interaction. City Hall lawn, 12700 Norwalk Blvd.

## Friday, July 27

**Family Movie Night: Black Panther**, 7:30 pm. Bring your lawn chair and blanket for a screening of "Black Panther" on a 400-ft. outdoor screen. Norwalk Park, 13000 Clarkdale Ave.

## Wednesday, August 1

**Live in Concert: LAvation**, 7 pm. The U2 tribute band performs an amazingly accurate show, incorporating stage elements from past U2 concerts. City Hall lawn, 12700 Norwalk Blvd.

## Wednesday, August 3

**Family Movie Night: Wonder Woman**, 7:30 pm. Bring your lawn chair and blanket for a screening of "Wonder Woman" on a 400-ft. outdoor screen. Norwalk Park, 13000 Clarkdale Ave.

## Wednesday, August 8

**Live in Concert: Soto Band**, 7 pm. Latin funk, R&B rhythms and highly-choreographed dance moves are signatures of a Soto Band concert. City Hall lawn, 12700 Norwalk Blvd.

## Saturday, August 11

**Summer Jamz at the Park**, 4-8 pm. Vinyl Funk performs 70s funk and 60s R&B. Plus food booths and games. Gerdes Park, 14700 Gridley Rd.

## Friday, August 17

**Friday Flicks: Transformers.**, 8 pm. A free outdoor screening of "Transformers." City Hall lawn, 12700 Norwalk Blvd.

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# An interview with state Senate candidate Bob Archuleta

By Raul Samaniego  
Contributor

► The first of a two-part interview with Democratic state Senate candidate Bob Archuleta, who earlier this month advanced to the Nov. 6 general election.

An interview with his Republican challenger, Rita Topalian, is scheduled for later this month.

**NORWALK** – Meet Bob Archuleta, Democrat candidate for the regular California State Senate District 32 seat up for grabs in the November 2018 California general election.

This year there are technically four elections; on June 5, the California Primary was held and voters went to the polls in Norwalk, Downey and all the cities represented by the State Senate 32nd District to choose two candidates from two different terms.

This situation came about with the resignation of former state Senator Tony Mendoza, who resigned prior to being scrutinized by the Senate for likely improprieties involving female staff members.

Because this is an election year, no special election was called and the selection process for Mendoza’s remaining term was placed on the June 5 ballot.

This may have caused some confusion, for voters saw almost identical lists of candidates for the two sets of primaries. One for the short term (expiring December 31, 2018), and one set for the regular term which will be for four years starting in January of 2019.

Archuleta’s Republican opponent in the November general election is Whittier attorney Rita Topalian. Topalian agreed to a sit-down interview on Monday, June 25, so the readers and voters can meet her as well.

Vanessa Delgado, mayor of the City of Montebello, was the runner up in the special primary for the remainder of Mendoza’s term and will need to decide if she will indeed run or what other plans she has.

That special election is slated for Tuesday, August 7, and will be solely for the selection of a person to complete the remainder of the vacant term. Delgado’s opponent in that special election will also be Topalian, who had garnered the most votes in the special primary.

Wednesday, I had the opportunity to sit down with Democrat candidate Bob Archuleta at Diana’s Restaurant in south Norwalk.

The format would be about a dozen open-ended questions concerning some of the issues concerning all of the communities of the 930,000 strong California 32nd state Senate district.

**WHO IS BOB ARCHULETA?**

Bob. Archuleta admits to being “70ish” and has lived in the area all his life. Prior to our sit-down, he spoke with a group of diners sharing that he used to sell roses along the streets in his youth for extra cash.

Archuleta served in the

82nd Airborne for three years during the Vietnam era and was stationed at Ft. Bragg, North Carolina. He’s been married to his current wife, Rose, for 15 years (this November), has five children and seven grandchildren.

Two of his sons graduated from the United States Military Academy and are serving as officers in the US Army as a captain and major.

Archuleta shared that he served the public as a sworn police officer in the Montebello Police Department. He admitted that at the urging of Rep. Grace Napolitano, he entered politics, winning a seat on the Pico Rivera City council back in 2007.

He considers himself the “equal opportunity candidate” in that he doesn’t care of age, heritage, hair color or anything when it comes to serving the people.

Why are you running for the 32nd State Senate District?

In answer to the question of why he was running for state Senate, Archuleta made reference to a lifetime of “service and representation.” Asked for specifics, he spoke of his serving through the “military, community service and serving and representing our veterans.”

He made mention of serving almost a million LA County-based veterans as military commissioner of veterans affairs for 24 years.

He also cited his 10-year history of working in the Montebello Police Department, which gave him the opportunity

to “talk with people,” directly on issues regarding law enforcement.

Finally, his service as an elected official on the Pico Rivera City Council was his opportunity to “straighten it out.” That is, he said it “was upside down financially, graffiti, the parks were a mess, the library was falling apart.”

“I am here (running for the state Senate) because of the call to duty. My friends and neighbors said, ‘Bob, you got to take it to the next level.’”

Citing the resignation of Mendoza, he saw an opportunity to bring the leadership that the 32nd Senate District needed.

**ON THE LABEL “THE REPUBLICAN DEMOCRAT”**

His opponents in the primaries sought to label Archuleta a Republican in sheep’s clothing or the “Republican Democrat.” This was done with scathing campaign literature from a fellow Democrat whose supporters are said to have invested nearly \$2 million in a campaign where Archuleta raised a tenth of that. His thoughts:

“Wow! I’ve never heard of such a statement (Republican Democrat). But I can tell you this: I have heard of a very conservative Democrat, a Democrat who can reach across the aisle. I’ve heard of a Democrat who can bring people together, and that’s me. I’m going to unite as many people as I possibly can.”

“You can’t tell me that a problem in Norwalk or Downey



or Cerritos or wherever, is only a Democratic or only a Republican problem.”

“I want clean air, clean water, I want better public transportation, I want to be able to send my kids to school in a safe environment.”

**HOW ARE YOU DIFFERENT FROM YOUR REPUBLICAN OPPONENT?**

Archuleta considers his campaign a “political miracle.” “Never in the history of the 32nd district, or any district, where an opponent had almost \$2 million thrown in on her side, and my side had only \$200,000.”

According to Archuleta,” this came from housewives, veterans, independents. Everybody was pitching in.”

“I’m going to bring leadership, integrity and a sense of duty that we’ve never seen before.”

**ON THE DEPLOYMENT OF CALIFORNIA’S NATIONAL GUARD TO THE SOUTHERN BORDER WITH MEXICO**

The current administration has called for the deployment of National Guard troops along the United States border, including a request for California’s National Guard to participate.

“Their job is to take orders from our Commander in Chief,” said Archuleta. “Whatever mission they’re on, they are going to do it right, do it quick with pride and honor.

“Our job is to make sure they are safe, they come home to their families because they are citizens, neighbors, relatives, aunts and uncles, and we need to make sure we honor them every day, regardless of their mission.”

*In the next installment, Archuleta answers questions on public safety, homelessness, the gas tax, handicap accessibility, and California’s natural resources.*

## Norwalk’s Albert Steele nominated for Older American of the Year

**NORWALK** – Norwalk resident Albert Steele has been nominated for the Older American of the Year award, sponsored by the L.A. County Workforce Development, Aging and Community Services.

Steele and his wife, Luella, have called Norwalk home for more than 45 years and have a long history of volunteering. Albert is a fixture at the Norwalk Senior Center and for more than 10 years has assisted in a variety of capacities, including as a tour guide on senior trips and a concierge desk volunteer,



Most recently, he has taken on an active role as leader of the senior center’s community garden, where local seniors, many of whom have limited space at home, can grow herbs and vegetables, enjoy physical activity, and connect with others.

“Mr. Steele is well-regarded for his positive and energetic disposition and for making Senior Center patrons feel welcome,” the city said in a statement.

In addition, Albert is a volunteer for the Social Services Center’s Angel Tree Project, a beloved annual Norwalk tradition where local children whose families are experiencing difficulties enjoy a festive holiday celebration with Santa Claus and receive gifts of toys and clothing.

“Mr. Steele embodies community spirit and is committed to supporting programs that benefit the Norwalk community,” the city said.

Albert represented Norwalk at the 53rd annual Older Americans Recognition Day luncheon on May 17 at the Dorothy Chandler Pavilion.

Albert was nominated for Older American of the Year by the Norwalk Senior Citizens Commission.

## After a surprise cancer diagnosis, Downey teacher turns focus to others

By Alex Dominguez  
Staff Writer

**DOWNEY** – Tabitha Paccione was physically active. She was eating healthy. She had never smoked a day in her life.

So when the 37-year-old teacher at Ward Elementary School went to see her doctor over a pesky cough, the last words she expected to hear were “lung cancer.”

“I went to the doctor numerous times, and at first they thought it was Bronchitis. I was given medication,” said Paccione. “When that didn’t work, I went back and I thought it was an acid reflux, so they gave me steroids; it still didn’t go away.”

It wasn’t until Paccione developed a nodule in her throat that forced doctors to order several tests. That’s when they found a tumor in Paccione’s lung.

“My family and I had kind of come to terms with it being thyroid cancer, because it was in my thyroid,” said Paccione. “When they came back and told me I had a lung tumor...I was sitting there and I’m thinking, ‘I never smoked in my life.’ You think of the stigma of lung cancer and you’re thinking an older person who has smoked for years.”

By the time the tumor was found, Paccione’s cancer was stage four and had metastasized to “pretty much everywhere,” including her brain, liver, bones, and lymph nodes.

With the support of her husband Anthony, son Dylan, and daughter Brooklyn, Paccione sought medical care at City of Hope, where she is still currently being treated two years after her diagnosis.

Through her fight, Paccione has been fortunate to avoid one of the harsher elements of cancer treatment: chemotherapy infusion.

“I was really lucky to be

in a rare group of people that have a special type of cancer,” said Paccione. “I have a cancer where I’m ALK positive, which means I can take a targeted therapy pill. I actually get to take a chemo pill every day...”

Recently, Paccione has decided to put her life back into her own hands.

“I’m not just going to exist anymore; I don’t want to just survive,” said Paccione. “I want to fight for other people.

“I’m part of this new community because it’s a club nobody wants to belong to. I’ve met a lot of amazing people and I’ve lost a couple of friends, so I decided I’m not just going to sit around anymore. If I’m going to be around and I’m going to be here then I’m going to fight for people.”

Paccione and her family decided to start hosting fundraisers. Having always enjoyed baking, she came up with “Cupcakes for a Cure.”

“My initial thought was ‘I’m going to bake 50 cupcakes and I’m just going to sell them, and whatever money I make I’m going to donate to LUNGevity,’” said Paccione. “It’s a nonprofit foundation that raises awareness, provides money for research, for clinical trials and some of the targeted therapies that are going to keep me around for a little longer.”

She also went to social media and asked for donations to her fundraiser. That’s where things exploded.

“Between families in Downey and businesses, people donated 400 cupcakes in addition to what I baked,” said Paccione. “We sold over 400 cupcakes.”

Paccione’s fundraiser also included a silent auction of donated items. Her daughter sold “Lemonade for Lungs.”

In total, Paccione and her family, with the aid of all her supporters, raised more than \$5,000.

“All these amazing people



The Paccione family.

came forward, some of which I never met,” said Paccione. “It’s amazing what a [caring] community Downey is.”

The fundraiser took place a few weeks ago, and Paccione is already planning to make it a yearly endeavor.

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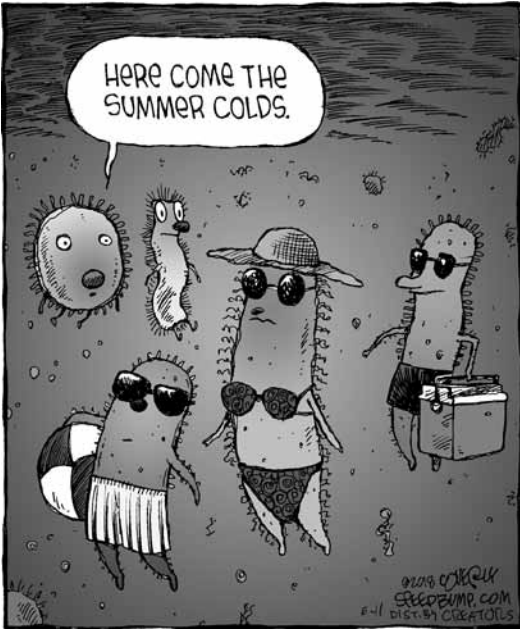
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SPEED BUMP

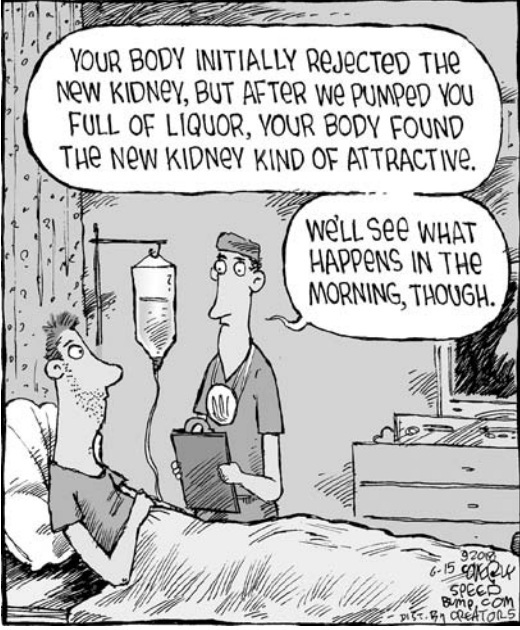


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Send us your Letters to the Editor, Press Releases, photos, meeting and club schedules!  
**Address:**  
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news@thedowneypatriot.com



On This Day...

**June 15, 1844:** Charles Goodyear received a patent for a process to strengthen rubber.  
**1864:** Secretary of War Edwin M. Stanton signed an order establishing a military burial ground, which became Arlington National Cemetery.  
**1992:** Vice President Dan Quayle erroneously instructed a Trenton, N.J., elementary school student to spell potato as "potatoe" during a spelling bee.  
**2006:** Microsoft Corp. Chairman Bill Gates said he would transition from day-to-day responsibilities at the company to concentrate on the charitable work of the Bill and Melinda Gates Foundation.

CALENDAR OF EVENTS

MONDAYS

1st, 6:00 p.m. - Public Safety meetings - Council Chambers

TUESDAYS

8:00 a.m. - 1:00 p.m. - Farmers Market - Excelsior High School  
12:00 p.m. - Rotary - Doubletree Hotel  
1st & 3rd 6:00 p.m. - Toastmasters Meetings - Registrar Recorder/County Clerks Office  
2nd & 4th, - Toastmasters Meetings - Norwalk Library  
1st & 3rd, 6:00 p.m. - City Council - Council Chambers  
3rd, 5:45 p.m. - Housing Authority - Council Chambers

WEDNESDAYS

1st, 12:30 p.m. - Soroptimist International - Soroptimist Village  
1st & 3rd, 7:00 p.m. - Lions Club - Bruce's Restaurant  
2nd, 10:30 a.m. - Norwalk Woman's Club - Masonic Lodge  
2nd & 4th, 1:30 p.m. - Alondra Senior Citizens - Social Services Center  
2nd & 4th, 7:30 p.m. - Planning Commission - Council Chambers  
4th, 11:30 a.m. - Coordinating Council - Arts & Sports Complex

THURSDAYS

1:00 p.m. - Adult color club "Color Us Happy" - Norwalk Library  
7:00 p.m. - Boy Scouts Troop 924 - Norwalk United Methodist Church  
2nd, 7:30 p.m. - Golden Trowel -Norwalk Masonic Lodge  
3rd, 8:00 p.m. - American Legion Post No. 359 - 11986 Front St.

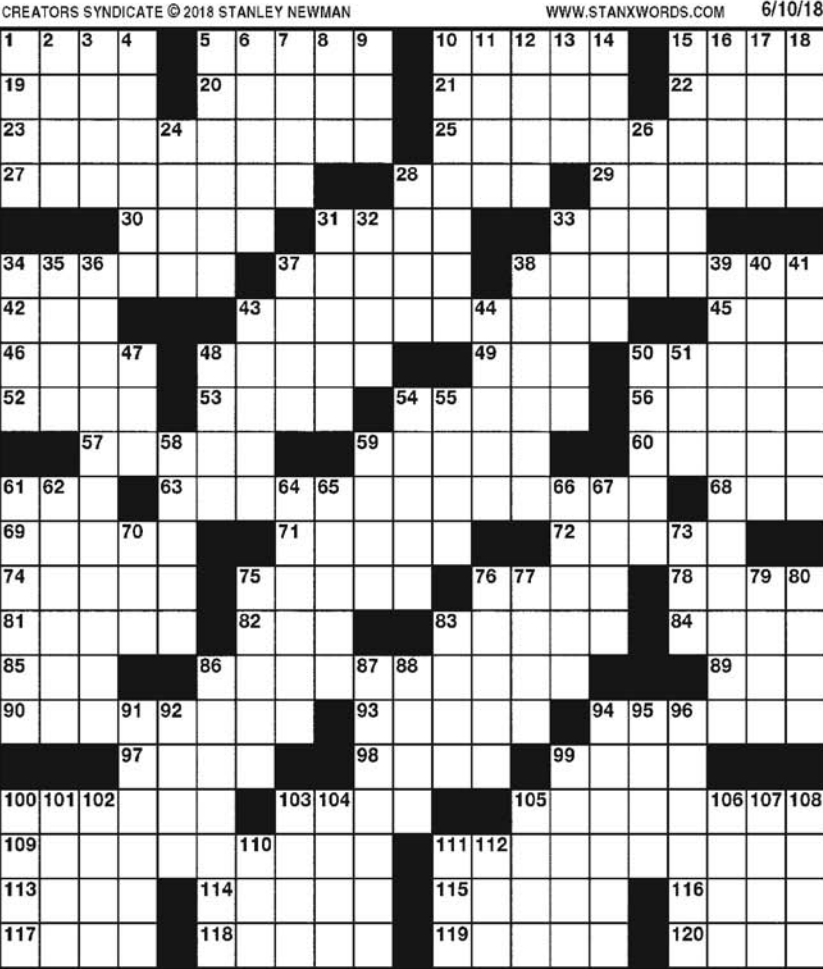
SATURDAYS

2nd, 8:30 a.m. - 10:30 a.m. - Pancake Breakfast - First Christian Church of Norwalk  
Have an event you want listed? E-mail news@thedowneypatriot.com

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)  
**BACK AND FORTH: Eight answers with a 111 Across**  
by Gail Grabowski

- ACROSS**
- 1 Bring under control
  - 5 Appear without warning
  - 10 Sweeping stories
  - 15 Hem in
  - 19 Iliad warrior
  - 20 Belittle
  - 21 Person from Zagreb
  - 22 Do a fall chore
  - 23 Air-base structure
  - 25 Compact car since '72
  - 27 Comes before
  - 28 Not as much
  - 29 Cornfield birds
  - 30 Does some roofing
  - 31 Brother in Genesis 4
  - 33 Ballet bend
  - 34 Peanut butter variety
  - 37 Liquid-Plumr rival
  - 38 Body shop sprayer
  - 42 Term of endearment
  - 43 Asset in oratory
  - 45 Small numero
  - 46 Taproom servings
  - 48 Sirloin, for instance
  - 49 Impersonate
  - 50 Tank top or tee
  - 52 Sassy
  - 53 Many profs.' degrees
  - 54 British diarist
  - 56 Apply (for), as a promotion
  - 57 Rodeo Drive designer
  - 59 Programming pro
  - 60 Visibly stunned
  - 61 Source for oil and ink
  - 63 Indy contestant
  - 68 DVR remote button
  - 69 Actress Shire
  - 71 Back street
  - 72 Newspaper essays
  - 74 Skating leaps
  - 75 Disneyland shuttles
  - 76 Palm fruit
  - 78 Repetitive learning
  - 81 Squirrels away
  - 82 Manning of the NFL
  - 83 Food processor setting
  - 84 Large quantity
  - 85 Cold cubes
  - 86 Sudden insights
  - 89 Underground resource
  - 90 Commission recipient
  - 93 Class jottings
  - 94 Muscle twitches
  - 97 Planetarium roof
  - 98 Decline to bid
  - 99 December season
  - 100 Pacific weather phenomenon
  - 103 Extend across
  - 105 Website promo
  - 109 Venerable candy on a stick
  - 111 Part of eight of this puzzle's long answers
  - 113 Having what it takes
  - 114 Oscar winner
  - 115 Witherspoon
  - 116 Remove a stubble
  - 117 Hefty book
  - 118 Top-billed role
  - 118 Church officer
  - 119 Himalayan region
  - 120 Timetable listing
- DOWN**
- 1 Woodpile covering
  - 2 Just shy of shut
  - 3 Prepared
  - 4 Track wager
  - 5 Blot with a paper towel
  - 6 Wind instruments
  - 7 Print makers in snow
  - 8 Have no \_ for (dislike)
  - 9 In accordance with
  - 10 Command level
  - 11 Golf instructors
  - 12 Charged particles
  - 13 Dishonorable guy
  - 14 Twinkly in the evening
  - 15 Hot-dish holder
  - 16 Praiseful review
  - 17 Comparable (to)
  - 18 Push-up beneficiaries
  - 24 Paper package
  - 26 Brother in Genesis 4
  - 28 Fallon's predecessor
  - 31 Flooring measures
  - 32 Support financially
  - 33 Walks nervously
  - 34 Bloke
  - 35 Cast portrayal
  - 36 "High" requirement for stamina
  - 37 Now a new color
  - 38 Ancient manuscripts
  - 39 Rock concert features
  - 40 Still developing
  - 41 Pre-owned
  - 42 Code of conduct
  - 44 Thin candle
  - 47 Alphabetic trio
  - 48 Animal rights org.
  - 50 Make do without
  - 51 Affectionate greeting
  - 54 Reads closely (over)
  - 55 Small whirlpool
  - 58 Boorish
  - 59 Free from fear
  - 61 Equilibrium
  - 62 Southern Mexican state
  - 64 Winter cap feature
  - 65 Assert
  - 66 November tabulation
  - 67 Fencing blade
  - 70 Suffix for percent
  - 73 HMO network members
  - 75 Little laugh
  - 76 Sandy expanses
  - 77 Cultural pursuits
  - 79 Academic period
  - 80 Fleecy females
  - 83 Vet patients
  - 86 Wardrobe cabinet
  - 87 Theoretically
  - 88 Complain, so to speak
  - 91 Now ready to publish
  - 92 Some offspring
  - 94 Shakespearean verse
  - 95 Remain unsettled
  - 96 Advisories
  - 99 Too trusting
  - 100 List shortener
  - 101 Spot for an earring
  - 102 The Big Easy
  - 103 Moved quickly
  - 104 Masquerade (as)
  - 105 Spill a secret
  - 106 Underlying cause
  - 107 Rounds for weapons
  - 108 Thought-provoking
  - 110 Slim swimmer
  - 111 Spokane winter setting: Abbr.
  - 112 Sushi tuna



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ADVERTISING POLICY

The Norwalk Patriot reserves the right to censor, reclassify, revise or reject any ad. The Norwalk Patriot is not responsible for incorrect ads beyond the first business day of an ad scheduled. Please check your ad on the first day of publication and report any errors we have made to the Classified Department at 562-904-3668 at the beginning of the next business day to have it publish correctly for the remainder of the schedule.

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

is thus related to "natal."

The Latin word for "birthday" and NOEL (99 Across) is derived from Across) allows for easier recycling. daily newspapers, SOY ink (61 era. Used by most of America's detail on the English Restoration an important primary source for (54 Across) from 1669 to 1669 is mons member Samuel Pepys The diary kept by House of Com-





BULK SALES

NOTICE TO CREDITORS OF BULK SALE AND OF INTENTION TO TRANSFER ALCOHOLIC BEVERAGE LICENSE(S) (UCC Sec. 6101 et seq. and B & P Sec. 24074 et seq.)

Escrow No. 184021-MC  
NOTICE IS HEREBY GIVEN that a bulk sale of assets and a transfer of alcoholic beverage license(s) is about to be made. The names, Social Security or Federal Tax Numbers, and business address of the Seller/Licensee are: MARIA SOFIA GUARDADO, 14345 PIONEER BLVD., NORWALK, CA 90650

The business is known as: SALON MEXICO The names, Social Security or Federal Tax Numbers, and business address of the Buyer/Transferee are: JUAN G. CERVANTES AND GLORIA LEYVA, 2005 BIXBY ROAD, LAKEWOOD, CA 90712

As listed by the seller/licensee, all other business names and addresses used by the sellers/licensee within three years before the date such list was sent or delivered to the Buyer/Transferee are: NONE

The assets to be sold are described in general as: FURNITURE, FIXTURES, AND EQUIPMENT and are located at: 14345 PIONEER BLVD, NORWALK, CA 90650

The kind of license to be transferred is: ON-SALE GENERAL PUBLIC PREMISES, now issued for the premises located at: 14345 PIONEER BLVD., NORWALK, CA 90650

The anticipated date of the sale/transfer is JULY 5, 2018 at the office of: R ESCROW, 1205 E CHAPMAN AVE, ORANGE, CA 92866

The amount of the purchase price or consideration in connection with the transfer of the license and business, including estimated inventory, is the sum of \$140,000.00, which consists of the following: DESCRIPTION, AMOUNT: CASH \$140,000.00

It has been agreed between the Seller/Licensee and the intended Buyer/Transferee, as required by Sec. 24073 of the Business and Professions code, that the consideration for transfer of the business and license is to be paid only after the transfer has been approved by the Department of Alcoholic Beverage Control.

Dated: MAY 29, 2018  
MARIA SOFIA GUARDADO, Seller(s)/Licensee(s)

JUAN G. CERVANTES AND GLORIA LEYVA, Buyer(s)/Applicant(s)

LA2040578 NORWALK PATRIOT 6/15/18

The Norwalk Patriot 6/15/18

FICT. BUS NAME

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018119525  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) C&C BIOTECH PHARMACEUTICALS (2 ) C&C SIRTUIN LAB, 1303 BONITA DR., LA HABRA HEIGHTS CA 90631, LA COUNTY, 1303 BONITA DR., LA HABRA HEIGHTS CA 90631

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) CHIHUY LIN, 1303 BONITA DR., LA HABRA HEIGHTS CA 90631

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: 04/2018

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/ CHIHUY LIN, OWNER  
This statement was filed with the County Clerk of Los Angeles on MAY 15, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 5/25/18, 6/1/18, 6/8/18, 6/15/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018139909  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) SARAH'S SO-L GARDEN, 10225 LAKEVIEW DRIVE, LA MIRADA CA 90638, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) SARAH REBECCA HERNANDEZ, 15021 TACUBA DRIVE, LA MIRADA CA 90638

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/SARAH REBECCA HERNANDEZ, OWNER  
This statement was filed with the County Clerk of Los Angeles on JUNE 7, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

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The Norwalk Patriot 6/15/18, 6/22/18, 6/29/18, 7/6/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018138674  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) THE MAHOGANY HOUSE, (2) MADEBYBLINK, 3276 PONY DRIVE, ONTARIO CA 91761, COUNTY OF SAN BERNARDINO

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) CHRISTIAN JOEL SORIANO, 3276 PONY DRIVE, ONTARIO CA 91761

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: 06/2018

I declare that all the information in this statement is true and correct. (A registrant

who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/CHRISTIAN JOEL SORIANO, OWNER  
This statement was filed with the County Clerk of Los Angeles on JUNE 6, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 6/15/18, 6/22/18, 6/29/18, 7/6/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018139683  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) OMAR'S KITCHEN, 11740 ARTESIA BLVD, ARTESIA CA 90701, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) TARIM INC, 11740 ARTESIA BLVD, ARTESIA CA 90701

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: A CORPORATION

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/TARIM INC, SECRETARY, LALAN ABULIMITI  
This statement was filed with the County Clerk of Los Angeles on JUNE 7, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 6/15/18, 6/22/18, 6/29/18, 7/6/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018132663  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) TALKING TYKES SPEECH THERAPY, 14728 FIGUERAS ROAD, LA MIRADA CA 90638, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) GRACE HU, 14728 FIGUERAS ROAD, LA MIRADA CA 90638

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/GRACE HU, OWNER  
This statement was filed with the County Clerk of Los Angeles on MAY 31, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 6/15/18, 6/22/18, 6/29/18, 7/6/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018142490  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) HAPPY HEARTS INDEPENDENT LIVING HOME, 10714 ANDY STREET, CERRITOS CA 90703, LA COUNTY, 10603 ROSE CIRCLE, CERRITOS CA 90703

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) GLOBAL INVESTMENT REALY INC., 10603 ROSE CIRCLE, CERRITOS CA 90703

State of Incorporation: CA THIS BUSINESS IS CONDUCTED BY: A CORPORATION

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/ GLOAB INVESTMENT REALTY INC., TEO, MICHELLE PEREZ  
This statement was filed with the County Clerk of Los Angeles on JUNE 11, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

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The Norwalk Patriot 6/15/18, 6/22/18, 6/29/18, 7/6/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018116635  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) RGSERVICES, 13710 STUDEBAKER RD, SUITE 202, NORWALK CA 90650, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) RENATO GODINEZ ESTRADA, 12948 BELCHER ST., NORWALK CA 90650

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: 04/2018

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/RENATO GODINEZ ESTRADA, OWNER  
This statement was filed with the County Clerk of Los Angeles on MAY 11, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

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The Norwalk Patriot 5/25/18, 6/1/18, 6/8/18, 6/15/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018140025  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) MAX IDEAS MEDIA, 14625 CARMENITA RD. SUITE 220, NORWALK CA 90650, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) MARIA LUZ PEDRAZA, 14625 CARMENITA RD. SUITE 220, NORWALK CA 90650

State of Incorporation: CA THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: 05/2018

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/MARIA LUZ PEDRAZA, OWNER  
This statement was filed with the County Clerk of Los Angeles on JUNE 7, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 6/15/18, 6/22/18, 6/29/18, 7/6/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018144255  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) EASY WAY TRANSPORT, 5360 ORANGE AVE, LONG BEACH CA 90805, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) ADAN GONZALEZ CORRALES, 5360 ORANGE AVE, LONG BEACH CA 90805

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: N/A

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/ADAN GONZALEZ CORRALES, OWNER  
This statement was filed with the County Clerk of Los Angeles on JUNE 12, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 6/15/18, 6/22/18, 6/29/18, 7/6/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018127537  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) FASHION PLUS (2) ARISTA BEAUTY SUPPLY, 11115 BARNWALK ST, NORWALK CA 90650, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) RACQUELINE ANITA MARKS, 11115 BARNWALK ST, NORWALK CA 90650

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: 03/2018

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/JACQUELINE ANITA MARKS, OWNER  
This statement was filed with the County Clerk of Los Angeles on MAY 23, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 6/1/18, 6/8/18, 6/15/18, 6/22/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 20181140035  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) COCENTO USA, 14625 CARMENITA RD. SUITE 220, NORWALK CA 90650, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) MIGUEL H. MORALES ROBLEDO, 14625 CARMENITA RD. SUITE 220, NORWALK CA 90650

State of Incorporation: CA THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: 05/2018

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/MIGUEL H. MORALES ROBLEDO, OWNER  
This statement was filed with the County Clerk of Los Angeles on JUNE 7, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 6/15/18, 6/22/18, 6/29/18, 7/6/18

FICTITIOUS BUSINESS NAME STATEMENT

File Number 2018138477  
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: (1) HOST SHOP LIQUOR, 2265 N. LAKEWOOD BLVD, LONG BEACH CA 90815, LA COUNTY

Articles of Incorporation or Organization Number (if applicable): AI #ON: N/A REGISTERED OWNERS(S): (1) DAN OLIVER NGUYEN, 8721 SUMMERCREST CIRCLE, GARDEN GROVE CA 92844

State of Incorporation: N/A THIS BUSINESS IS CONDUCTED BY: AN INDIVIDUAL

The date registrant started to transact business under the fictitious business name or names listed above: 06/2013

I declare that all the information in this statement is true and correct. (A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).)

S/DAN QUOC NGUYEN, OWNER  
This statement was filed with the County Clerk of Los Angeles on JUNE 6, 2018

Notice - In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to Section 17913 other than a change in the residence address of a registered owner. A new Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State or Common Law (see Section 14411 et seq., Business and Professions Code).

The Norwalk Patriot 6/15/18, 6/22/18, 6/29/18, 7/6/18

NOTICES

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NUMBER: VS030911

TO ALL INTERESTED PERSONS: Petitioner Susan Aurora Rubio filed a petition with this court for a decree changing names as follows:

Present name (1) Susan Aurora Rubio to Proposed name (1) Renee Ryan Rubio

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING  
Date: August 8, 2018, Time: 1:30 p.m., Department: C, Room: 312

The address of the court is 12720 Norwalk Blvd., Norwalk 90650

A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, THE NORWALK PATRIOT,

Judge Margaret M. Bernal  
Judge Of The Superior Court  
Petitioner or Attorney, In Pro Per  
Susan Aurora Rubio  
13530 Valna Dr  
Whittier, CA 90602  
6266416745

The Norwalk Patriot 6/1/18, 6/8/18, 6/15/18, 6/22/18

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES

ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE



may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law. YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner  
PAULO I. MENEZES - SBN 248864  
DUARTE & MENEZES, LLP  
17215 STUDEBAKER RD. STE 240  
CERRITOS CA 90703  
6/8, 6/15, 6/22/18  
CNS-313948#  
THE NORWALK PATRIOT

CNS 313948#  
The Norwalk Patriot  
6/8/18, 6/15/18, 6/22/18

TRUSTEE SALES

T.S. No. 16-44286  
APN: 8050-019-005

NOTICE OF TRUSTEE'S SALE. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 5/13/2015. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale.

Trustor: **SERGIO E. DELGADO AND RACHEL D. MOHAN, HUSBAND AND WIFE AS JOINT TENANTS**  
Duly Appointed Trustee: Zieve, Brodnax & Steele, LLP. Deed of Trust recorded 5/02/2015 as Instrument No. 2015058959 in book \_\_, page \_\_ of Official Records in the office of the Recorder of Los Angeles County, California.  
Date of Sale: **6/29/2018** at 11:00 AM  
Place of Sale: By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766  
Estimated amount of unpaid balance and other charges: **\$465,412.19**  
Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed.  
Street Address or other common designation of real property: **13223 DALWOOD AVENUE NORWALK, CA 90650**  
Described as follows:  
As more fully described on said Deed of Trust.

A.P.N #.: **8050-019-005**  
The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale.

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 848-9272 or visit this Internet Web site [www.elitepostandpub.com](http://www.elitepostandpub.com), using the file number assigned to this case 16-44286. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

Dated: **5/31/2018**  
**Zieve, Brodnax & Steele, LLP, as Trustee**  
**30 Corporate Park, Suite 450**  
**Irvine, CA 92606**  
**For Non-Automated Sale Information, call: (714) 848-9270**  
**For Sale Information: (714) 848-9272**  
**www.elitepostandpub.com**

**Andrew Buckelew, Trustee Sale Assistant**

THIS FIRM IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION WE OBTAINED WILL BE USED FOR THAT PURPOSE  
EPP 25668 Pub Dates 06/08, 06/15, 06/22/2018

EPP 25666  
The Norwalk Patriot  
6/8/18, 6/15/18, 6/22/18

NOTICE OF TRUSTEE'S SALE T.S. No. 17-01034-SM-CA Title No. 8735136 A.P.N. 8144-032-032 ATTENTION: RECORDER. THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY IS APPLICABLE TO THE NOTICE PROVIDED TO THE TRUSTOR ONLY PURSUANT TO CIVIL CODE 2923.3 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 03/17/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, (cashier's check(s) must be made payable to National Default Servicing Corporation), drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state; will be held by the duly appointed

trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made in an "as is" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. Trustor: Franz Cautin, a single man Duly Appointed Trustee: National Default Servicing Corporation Recorded 04/03/2006 as Instrument No. 06 0702406 (or Book, Page) of the Official Records of Los Angeles County, California. Date of Sale: 07/19/2018 at 9:00 AM Place of Sale: Doubletree Hotel Los Angeles-Norwalk, Vineyard, Ballroom, 13111 Sycamore Drive, Norwalk, CA 90650 Estimated amount of unpaid balance and other charges: \$370,205.84 Street Address or other common designation of real property: 13203 Arrey Avenue, Norwalk, CA 90650 A.P.N.: 8044-032-032 The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. The requirements of California Civil Code Section 2923.5(b)(2)923.55(c) were reflected when the Notice of Default was recorded. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 or visit this Internet Web site [www.ndscorp.com/sales](http://www.ndscorp.com/sales), using the file number assigned to this case 17-01034-SM-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 06/08/2018 National Default Servicing Corporation c/o Tiffany and Bosco, P.A., its agent, 1230 Columbia Street, Suite 680 San Diego, CA 92101 Toll Free Phone: 888-264-0100 Sales Line 800-280-2832; Sales Website: [www.ndscorp.com/sales](http://www.ndscorp.com/sales) Rachael Hamilton, Trustee Sales Representative A-4660557 06/15/2018, 06/22/2018, 06/29/2018

ASAP 4660557  
The Norwalk Patriot  
6/15/18, 6/22/18, 6/29/18

Trustee Sale No. 17-005537 TSG# 730-1710791-70 APN# 8019-018-007 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05/24/07. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 07/11/18 at 11:00 am, the sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 or visit this Internet Web site [www.ndscorp.com/sales](http://www.ndscorp.com/sales) Rachael Hamilton, Trustee Sales Representative A-4660557 06/15/2018, 06/22/2018, 06/29/2018

Trustee Sale No. 17-005537 TSG# 730-1710791-70 APN# 8019-018-007 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05/24/07. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 07/11/18 at 11:00 am, the sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 or visit this Internet Web site [www.ndscorp.com/sales](http://www.ndscorp.com/sales) Rachael Hamilton, Trustee Sales Representative A-4660557 06/15/2018, 06/22/2018, 06/29/2018

pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call or visit the Internet Web site, using the file number assigned to this case 17-005537. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. [www.homesearch.com](http://www.homesearch.com) 800-758-8052 or Aztec Foreclosure Corporation (877) 257-0717 [www.azectrustee.com](http://www.azectrustee.com) PAPP0333995 To: NORWALK PATRIOT 06/08/2018, 06/15/2018, 06/22/2018

NPP0333995  
The Norwalk Patriot  
6/8/18, 6/15/18, 6/22/18

NOTICE OF TRUSTEE'S SALE TTD No.: 181081169049-2 Control No.: XXXXX370 ATTENTION: RECORDER. THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY IS APPLICABLE TO THE NOTICE PROVIDED TO THE TRUSTORS ONLY. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 08-25-2008 UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On 07-11-2018 at 11:00 A.M., TITLE TRUST DEED SERVICE COMPANY, as duly appointed Trustee under and pursuant to Deed of Trust recorded 09-01-2006, as Instrument No. 06 1956442, in book XXX, page XXX, of Official Records in the office of the County Recorder of LOS ANGELES County, State of CALIFORNIA, executed by DANIELA J. HAWKINS, TRUSTEE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. 1989 WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States) at BY THE FOUNTAIN LOCATED AT 400 CIVIC CENTER PLAZA, POMONA, CA 91766 All right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County, and State described as: APN No.: 8070-015-008 The street address and other common designation, if any, of the real property described above is purported to be: 13128 LIGGETT STREET NORWALK CA 90650 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale of property will be made in "as is" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$36115.81 The undersigned Trustee said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 800-280-2832 or visit this Internet Web site [www.ndscorp.com/sales](http://www.ndscorp.com/sales), using the file number assigned to this case 17-01034-SM-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

EPP 25688  
The Norwalk Patriot  
6/8/18, 6/15/18, 6/22/18

T.S. No.: 2016-04093-CA  
A.P.N.: 8074-018-009  
Property Address: 14344 Corby Avenue, Norwalk, CA 90650

NOTICE OF TRUSTEE'S SALE

PURSUANT TO CIVIL CODE § 2923.3(a) and (d), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR.

NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED

注：本文件包含一个信息摘要  
참고사항: 본 첨부 문서에 정보 요약서가 있습니다  
NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACION DE ESTE DOCUMENTO

TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP  
LƯU Ý: KÈM THEO ĐẦY LÀ BẢN TRÌNH BÀY TÓM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY

IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09/09/2005 as Instrument No. 05 2172755 in book \_\_, page \_\_, and of Official Records in the office of the Recorder of Los Angeles County, California, Date of Sale: 06/28/2018 at 11:00 AM Place of Sale: BEHIND THE FOUNTAIN LOCATED IN CIVIC CENTER PLAZA, 400 CIVIC CENTER PLAZA, POMONA, CA 91766 Estimated amount of unpaid balance, reasonably estimated costs and other charges: \$ 234,441.56

NOTICE OF TRUSTEE'S SALE

ASAP 4660182  
The Norwalk Patriot  
6/8/18, 6/15/18, 6/22/18

T.S. No. 18-50577 APN: 8047-017-008

NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 9/26/2003. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial

publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale.

Trustor: **DANIEL R. MANDEL AND BONNIE M. MANDEL, HUSBAND AND WIFE, AS JOINT TENANTS**  
Duly Appointed Trustee: Zieve, Brodnax & Steele, LLP Deed of Trust recorded 10/2/2003 as Instrument No. 03 2923721 in book \_\_, page \_\_ of Official Records in the office of the Recorder of Los Angeles County, California.  
Date of Sale: **6/29/2018** at 11:00 AM  
Place of Sale: By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766  
Estimated amount of unpaid balance and other charges: \$18,080.32  
Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed.  
Street Address or other common designation of real property: **13133 AVONLEA AVE NORWALK, California 90650**  
Described as follows:  
As more fully described on said Deed of Trust.

A.P.N #.: **8047-017-008**  
The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale.

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (714) 848-9272 or visit this Internet Web site [www.elitepostandpub.com](http://www.elitepostandpub.com), using the file number assigned to this case 18-50577. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

Dated: **6/4/2018**  
**Zieve, Brodnax & Steele, LLP, as Trustee for beneficiary**  
**30 Corporate Park, Suite 450**  
**Irvine, CA 92606**  
**For Non-Automated Sale Information, call: (714) 848-9270**  
**For Sale Information: (714) 848-9272**  
**www.elitepostandpub.com**

**Andrew Buckelew, Trustee Sale Assistant**

THIS FIRM IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION WE OBTAINED WILL BE USED FOR THAT PURPOSE  
EPP 25688 Pub Dates 06/08, 06/15, 06/22/2018

EPP 25688  
The Norwalk Patriot  
6/8/18, 6/15/18, 6/22/18

T.S. No.: 2016-04093-CA  
A.P.N.: 8074-018-009  
Property Address: 14344 Corby Avenue, Norwalk, CA 90650

NOTICE OF TRUSTEE'S SALE

PURSUANT TO CIVIL CODE § 2923.3(a) and (d), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR.

NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED

注：本文件包含一个信息摘要  
참고사항: 본 첨부 문서에 정보 요약서가 있습니다  
NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACION DE ESTE DOCUMENTO

TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP  
LƯU Ý: KÈM THEO ĐẦY LÀ BẢN TRÌNH BÀY TÓM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY

IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 08/26/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

Trustor: **Angel Correa, A Single Man And Adriana Guzman, A Single Woman As Joint Tenants**  
Duly Appointed Trustee: **Western Progressive, LLC**  
Deed of Trust Recorded **09/09/2005** as Instrument No. **05 2172755** in book \_\_, page \_\_, and of Official Records in the office of the Recorder of Los Angeles County, California, Date of Sale: **06/28/2018** at 11:00 AM Place of Sale: **BEHIND THE FOUNTAIN LOCATED IN CIVIC CENTER PLAZA, 400 CIVIC CENTER PLAZA, POMONA, CA 91766**  
Estimated amount of unpaid balance, reasonably estimated costs and other charges: **\$ 234,441.56**

NOTICE OF TRUSTEE'S SALE

THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE:

All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as:

More fully described in said Deed of Trust.

Street Address or other common designation of real property: **14344 Corby Avenue, Norwalk, CA 90650**  
A.P.N.: **8074-018-009**

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above.

any, shown above.

The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: **\$ 234,441.56.**

Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt.

If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse.

The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located.

NOTICE OF TRUSTEE'S SALE

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **(866)-960-8299** or visit this Internet Web site <http://www.altisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx> using the file number assigned to this case **2016-04093-CA**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

Date: May 15, 2018  
**Western Progressive, LLC, as Trustee for beneficiary**  
**C/o 1500 Palma Drive, Suite 237**  
**Ventura, CA 93003**  
**Sale Information Line: (866) 960-8299** <http://www.altisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx>

**Trustee Sale Assistant**  
**WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO**

**APP1805-CA-341078-1303-1**  
**The Norwalk Patriot**  
**6/1/18, 6/8/18, 6/15/18**

T.S. No.: 2017-02483-CA  
A.P.N.: 8024-012-018 Property Address: 11857 Dune Street, Norwalk, CA 90650

NOTICE OF TRUSTEE'S SALE PURSUANT TO CIVIL CODE § 2923.3(a) and (d), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR.

NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED

注：本文件包含一个信息摘要  
참고사항: 본 첨부 문서에 정보 요약서가 있습니다  
NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACION DE ESTE DOCUMENTO

TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP  
LƯU Ý: KÈM THEO ĐẦY LÀ BẢN TRÌNH BÀY TÓM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY

IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 01/17/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

Trustor: **Gabriel Herrera, A Married Man, as his sole and separate property**  
Duly Appointed Trustee: **Western Progressive, LLC**  
Deed of Trust Recorded **01/26/2006** as Instrument No. **06 0187765** in book \_\_, page \_\_, and of Official Records in the office of the Recorder of Los Angeles County, California, Date of Sale: **07/16/2018** at 11:00 AM Place of Sale: **BEHIND THE FOUNTAIN LOCATED IN CIVIC CENTER PLAZA, 400 CIVIC CENTER PLAZA, POMONA, CA 91766**  
Estimated amount of unpaid balance, reasonably estimated costs and other charges: **\$ 432,618.82**

NOTICE OF TRUSTEE'S SALE

THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR

CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE:

All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust



Paging Dr. Frischer...

By Dr. Alan Frischer

The human body is a complex and wonderful thing. As we observe with cars and refrigerators, however, the more complicated something is, the more that can go wrong. You have likely not heard of any of these very rare diseases, nor will you likely ever see them. We are going to explore them just for fun, and let's keep it that way:

Congenital Insensitivity to Pain with Anhidrosis (CIPA). This is an extremely rare inherited nervous system disorder, which prevents the feeling of pain, heat, cold, or even the need to urinate. It's present from birth, and victims might bite off the tip of their tongue, break bones, or damage their cornea if they neglect to brush a foreign object from their eye.

While it might seem like a wonderful thing to not feel discomfort, pain is a life-saving physical response to danger.

Fish Odor Syndrome. This is a rare genetic metabolic disorder. As the name implies, there is an offensive fishy body odor, usually present from birth. It is due to an excessive excretion of the chemical trimethylaminuria



(TMA) in the urine, sweat, and breath.

More common in women than men, the odor appears to be the only symptom. Treatment includes certain dietary restrictions, using acidic lotions and soaps to remove the chemical from the skin, and antibiotics.

Alien Hand Syndrome. Some refer to this as the Dr. Strangelove syndrome. A hand seems to go rogue and the sufferer feels that it has a will of its own. Also known as anarchic hand, it was documented in 1908 by a German neuropsychiatrist.

This condition occurs in those who have had the two hemispheres of their brains surgically separated, or have suffered a stroke, or possibly have had Creutzfeldt-Jacob disease (the human form of mad cow disease).

Cotard Delusion. This condition is also known as Walking Corpse Syndrome, and was first described in 1880. The person wakes up one day and thinks that they have died, that they no longer exist, or that their flesh is rotting off.

Yes, of course, it's all in their head, but an actual physical cause has been found: the brain regions responsible for facial recognition and emotion have become disconnected. Their appearance has lost its association with their sense of self, resulting in extreme cognitive dissonance. The only known effective treatment is electroconvulsive therapy (electroshock).

Morgellon's Disease. I have seen this condition more than once: sufferers feel as though they have parasites or foreign material moving in,

or coming out of, the skin. They feel things crawling, biting, and stinging from beneath the surface of the skin. This causes a constant urge to scratch, resulting in insomnia as well as terrible skin lesions.

They have no actual physical disease, or organisms under their skin, and whether there is a neurological cause is not yet known. Most health care professionals believe that Morgellon's disease is a form of psychosis and that the symptoms are imagined. While there is no specific cure for Morgellon's disease, individuals who suffer from this condition have been found to benefit from medications that treat psychosis or tic disorders.

This isn't technically a disease, but it is rare and perhaps the single most disgusting thing I have seen in my own practice: Maggot Infestation. A fly lays eggs, which turn into larvae, or maggots.

Flies will lay their eggs anywhere that appears to be safe and will provide a food supply. This is why humans or rotting food may be a host. Removing the food source, or treatment with boiling water, bleach, or hydrogen peroxide, will eliminate the problem. My patient was an older man with dementia who loved to sit in his garden for hours. His wife brought him in with toe pain – and I will admit that I elected to skip lunch that day.

Let's hope that this is the last you'll ever hear of these diseases!

Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

Suicide rates rising across the United States

Suicide rates have been rising in nearly every state, according to the latest Vital Signs report by the Centers for Disease Control and Prevention (CDC). In 2016, nearly 45,000 Americans age 10 or older died by suicide. Suicide is the 10th leading cause of death and is one of just three leading causes that are on the rise.

Suicide is rarely caused by a single factor. Although suicide prevention efforts largely focus on identifying and providing treatment for people with mental health conditions, there are many additional opportunities for prevention.

"Suicide is a leading cause of death for Americans – and it's a tragedy for families and communities across the country," said CDC Principal Deputy Director Anne Schuchat, M.D. "From individuals and communities to employers and healthcare professionals, everyone can play a role in efforts to help save lives and reverse this troubling rise in suicide."

Many factors contribute to suicide

For this Vital Signs report, CDC researchers examined state-level trends in suicide rates from 1999-2016. In addition, they used 2015 data from CDC's National Violent Death Reporting System, which covered 27 states, to look at the circumstances of suicide among people with and without known mental health conditions.

Researchers found that more than half of people who died by suicide did not have a known diagnosed mental health condition at the time of death. Relationship problems or loss, substance misuse; physical health problems; and job, money, legal or housing stress often contributed to risk for suicide. Firearms were the most common method of suicide used by those with and without a known diagnosed mental health condition.

State suicide rates vary widely

The most recent overall suicide rates (2014-2016) varied four-fold; from 6.9 per 100,000 residents per year in Washington, D.C. to 29.2 per 100,000 residents in Montana.

Across the study period, rates increased in nearly all states. Percentage increases in suicide rates ranged from just under 6 percent in Delaware to over 57 percent in North Dakota. Twenty-five states had suicide rate increases of more than 30 percent.

Wide range of prevention activities needed

The report recommends that states take a comprehensive public health approach to suicide prevention and address the range of factors contributing to suicide. This requires coordination and cooperation from every sector of society: government, public health, healthcare, employers, education, media and community organizations.

To help states with this important work, in 2017 CDC released a technical package on suicide prevention that describes strategies and approaches based on the best available evidence. This can help inform states and communities as they make decisions about prevention activities and priorities.

Everyone can help prevent suicide:

Learn the warning signs of suicide to identify and appropriately respond to people at risk. Find out how this can save a life by visiting: [www.BeThe1to.com](http://www.BeThe1to.com)

Reduce access to lethal means – such as medications and firearms – among people at risk of suicide.

Contact the National Suicide Prevention Lifeline for help: 1-800-273-TALK (8255). <https://suicidepreventionlifeline.org>

Know the Risk Factors

Risk factors are characteristics that make it more likely that someone will consider, attempt, or die by suicide. They can't cause or predict a suicide attempt, but they're important to be aware of.

Mental disorders, particularly mood disorders, schizophrenia, anxiety disorders, and certain personality disorders

Alcohol and other substance use disorders

Hopelessness

Impulsive and/or aggressive tendencies

History of trauma or abuse

Major physical illnesses

Previous suicide attempt(s)

Family history of suicide

Job or financial loss

Loss of relationship(s)

Easy access to lethal means

Local clusters of suicide

Lack of social support and sense of isolation

Stigma associated with asking for help

Lack of healthcare, especially mental health and substance abuse treatment

Cultural and religious beliefs, such as the belief that suicide is a noble resolution of a personal dilemma

Exposure to others who have died by suicide (in real life or via the media and Internet)

# The Norwalk Patriot

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# Miss America: The latest institution destroyed by the left

By Dennis Prager

As I have documented repeatedly, the left ruins just about everything it touches: the universities, the arts, the elementary schools and high schools, religion, sports and ordinary, everyday interactions between human beings — especially human beings of different races. The latest examples — in just the last few weeks — are the Boy Scouts, sculpture and the Miss America pageant.

The left’s decades-long attempt to radically change the Boy Scouts has ended in triumph. Now that the Boy Scouts is admitting not only older girls but also younger girls — as Cub Scouts — it is dropping “Boy” from its name and becoming Scouts BSA. Thanks to the left, the Boy Scouts, one of the most socially and morally constructive organizations in America, is no longer the Boy Scouts.

As a result of that, as a result of the decision to admit openly gay males as troop leaders (the Boy Scouts never asked potential troop leaders about their sexual orientation but did not allow openly gay troop leaders) and as a result of factors specific to the Mormon church, the largest sponsor of Boy Scout troops in America, the church has ended its 100-year relationship with the Boy Scouts.

Another victim of the left in recent weeks is the arts. Last week, The New York Times published a serious “review” on a major new “art work” at the Museum Boijmans Van Beuningen in Rotterdam, the Netherlands. The “art work” is a set of four giant piles of sculpted excrement. As described by Times writer Nina Siegal: “I walked into the excrement.

“There were four giant turds inside the 16,000 square feet of museum space. One mammoth piece of feces was reminiscent of a long, winding steel sculpture by Richard Serra. One was a brown spiral. Another resembled an enormous chocolate chip. Yet another featured intertwined layers with a gap in between that I could have crawled through ...”

The artistic left is infatuated with feces, urine and menstrual blood.

Last year, New York City’s famed Guggenheim Museum featured an all-gold toilet bowl into which visitors were invited to relieve themselves. As the exhibit was titled “America,” one could then literally urinate and defecate on America. Why not? The left does that to America and Western civilization every day.

The latest victim of the left is the Miss America contest. The Miss America board announced that contestants will no longer wear swimsuits or evening gowns because Miss America will no longer be about physical beauty. It will be about “the hopes and aspirations” of 52 women contestants.

My first reaction is: Why stop there? To be consistent with its new ideals, the event should no longer be televised but rather broadcast on the radio. Only then will the contestants’ looks be truly irrelevant.

The left, which has brought “sex week” to almost every college campus, which has introduced coed dormitories with coed showers and bathrooms, and which has told young women that sex without any commitment should be as much fun for them as it is for men, is now the guardian of modesty at the Miss America contest.

Feminists hate the fact that “society” places greater importance on female beauty than on male beauty. They blame this is on “sexism,” “misogyny” and “patriarchy.” But of course, it is nature that made humans this way (among peacocks, it’s the other way around).

In particular, feminists hate it when women try to look sexy, especially in the eyes of men.

One of the left’s favorite terms to describe the Miss America swimsuit competition (and even the evening gown competition) is “dehumanizing.” In a long article on the Miss America decision, The New York Times quoted Julie Zeilinger, who founded “a feminist blog called FBomb”: “in 2018 this organization has realized it’s dehumanizing to compare and judge women’s bodies in front of a vast, international audience.”

This feminist charge is ubiquitous but never explained. Why is it dehumanizing?

One irony is feminists have argued for decades that women should be allowed to walk around topless, just as men can.

Another irony is that when non-Muslims argue that Muslim women wearing a chador is dehumanizing, the left charges them with intolerance and Islamophobia.

A third irony is women are as interested in seeing beautiful women in swimsuits as men are.

And what about those religious Christians and Jews who agree with the feminists and welcome the end of the swimsuit competition?

I was raised in an Orthodox Jewish home, and I recall my mother and father enjoying the Miss America pageant every year. They would discuss their favorites with each other, both of them perfectly at peace with the proceedings, as was the Christian majority.

Which raises a final irony: When America was far more conservative, far more religious and far more concerned with daily modesty in dress, and when it insisted that male students and female students reside in separate dorms at college, it celebrated the Miss America pageant with its swimsuit competition. That was a healthier America.

Inside of a few weeks, the left has gravely damaged the Boy Scouts, probably destroyed the Miss America pageant and pounded another nail into the coffin of art.

That’s what the left does best — ruins whatever it touches. That’s pretty much all it does.

Dennis Prager is a nationally syndicated radio talk-show host and columnist.

## Shared Stories

Continued from page 1

I walk back to our house, now completely silent. I decide to make some herbal tea and do a few house chores. I begin to feel sleepy and unmotivated so go upstairs to try to take a nap. As I lie in bed, I hear a tap, tap, tap. Pause. Another tap, tap, tap.

At first, I think the sound is coming from the front door but then realize it is coming from our bedroom window. I get out of bed, walk to the window which is partially covered by the shutter. Before opening the shutter, I notice a reflection of a bird flying away from the window. I don’t think much about this and continue with my nap.

Two days later, about the same time, while taking a nap, another tap, tap, tap. I immediately spring out of my bed and rush over to the window. The shutter is partially open today. I stand there frozen in utter amazement, seeing this little blue bird tapping on the window, literally of my heart, like a good friend reaching out to bring me well wishes.

I remain perfectly still since I don’t want to scare the bird away. I am thinking, ‘My little one, thanks for your visit today.’ Then, the bird flies away. A glimmer of hope and aliveness runs through my body. I grab my journal, go back downstairs to refresh my herbal tea and write about this beautiful encounter, truly a pivotal moment in my medical journey!



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By Patrick Buchanan

At the G-7 summit in Canada, President Donald Trump described America as “the piggy bank that everybody is robbing.”

After he left Quebec, his director of Trade and Industrial Policy, Peter Navarro, added a few parting words for Prime Minister Justin Trudeau:

“There’s a special place in hell for any foreign leader that engages in bad faith diplomacy with President Donald J. Trump and then tries to stab him in the back on the way out the door. ... And that’s ... what weak, dishonest Justin Trudeau did. And that comes right from Air Force One.”

In Singapore, Trump tweeted more about that piggy bank.

“Why should I, as President of the United States, allow countries to continue to make Massive Trade Surpluses, as they have for decades ... (while) the U.S. pays close to the entire cost of NATO-protecting many of these same countries that rip us off on Trade?”

To understand what drives Trump, and explains his exasperation and anger, these remarks are a good place to begin.

Our elites see America as an “indispensable nation,” the premier world power whose ordained duty it is to defend democracy, stand up to dictators and aggressors, and uphold a liberal world order.

They see U.S. wealth and power as splendid tools that fate has given them to shape the future of the planet.

Trump sees America as a nation being milked by allies who free ride on our defense effort, as they engage in trade practices that prosper their own peoples at America’s expense.

Where our elites live to play masters of the universe, Trump sees a world laughing behind America’s back, while allies exploit our magnanimity and idealism for their own national ends.

The numbers are impossible to refute and hard to explain.

Last year, the EU had a \$151 billion trade surplus with the U.S. China ran a \$376 billion trade surplus with the U.S., the largest in history. The world sold us \$796 billion more in goods than we sold to the world.

A nation that spends more than it takes in from taxes, and consumes more of the world’s goods than it produces itself for export, year in and year out, is a nation on the way down.

We are emulating our British cousins of the 19th century.

Trump understands that this situation is not sustainable. His strength is that the people are still with him on putting America first.

Yet he faces some serious obstacles.

What is his strategy for turning a \$796 billion trade deficit into a surplus? Is he prepared to impose the tariffs and import restrictions that would be required to turn America from the greatest trade-deficit nation

in history to a trade-surplus nation, as we were up until the mid-1970s?

Americans are indeed carrying the lion’s share of the load of the defense of the West, and of fighting the terrorists and radical Islamists of the Middle East, and of protecting South Korea and Japan.

But if our NATO and Asian allies refuse to make the increases in defense he demands, is Trump really willing to cancel our treaty commitments, walk away from our war guarantees, and let these nations face Russia and China on their own? Could he cut that umbilical cord?

Ike’s Secretary of State John Foster Dulles spoke of conducting an “agonizing reappraisal” of U.S. commitments to defend NATO allies, if they did not contribute more money and troops.

Dulles died in 1959, and that reappraisal, threatened 60 years ago, never happened. Indeed, when the Cold War ended, our NATO allies cut defense spending again. Yet we are still subsidizing NATO in Europe and have taken on new allies since the Soviet Empire fell.

If Europe refuses to invest the money in defense Trump demands, or accept the tariffs America needs to reduce and erase its trade deficits, what does he do? Is he prepared to shut U.S. bases and pull U.S. troops out of the Baltic republics, Poland and Germany, and let the Europeans face Vladimir Putin and Russia themselves?

This is not an academic question. For the crunch that was inevitable when Trump was elected seems at hand.

He promised to negotiate with Putin and improve relations with Russia. He promised to force our NATO allies to undertake more of their own defense. He pledged to get out and stay out of Mideast wars, and begin to slash the trade deficits that we have run with the world.

And that’s what America voted for.

Now, after 500 days, he faces formidable opposition to these defining goals of his campaign, even within his own party.

Putin remains a pariah on Capitol Hill. Our allies are rejecting the tariffs Trump has imposed and threatening retaliation. Free trade Republicans reject tariffs that might raise the cost of the items U.S. companies makes abroad and then ships back to the United States.

The decisive battles between Trumpian nationalism and globalism remain ahead of us. Trump’s critical tests have yet to come.

And our exasperated president senses this.

Patrick J. Buchanan is the author of a new book, “Nixon’s White House Wars: The Battles That Made and Broke a President and Divided America Forever.”

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