



NOVEMBER 11

Used oil filter exchange

DATE: Saturday, Nov. 11

TIME: 9 am to 1 pm

LOCATION: O'Reilly Auto Parts

Veterans Day ceremony

DATE: Saturday, Nov. 11

TIME: 11 am

LOCATION: City Hall

Aim to Empower U.S. Muslim Women conference

DATE: Saturday, Nov. 11

TIME: 10:30 am

LOCATION: DoubleTree Hotel

NOVEMBER 14

Community Forum

DATE: Tuesday, Nov. 14

TIME: 6 pm

LOCATION: Moffitt Elementary

NOVEMBER 16

Neighborhood Watch meeting

DATE: Thursday, Nov. 16

TIME: 6:30 pm

LOCATION: 16200 block of Jersey Avenue

NOVEMBER 17

Brush Strokes & Beverages

DATE: Friday, Nov. 17

TIME: 7-9:30 pm

LOCATION: Cultural Arts Center

NOVEMBER 21

City Council meeting

DATE: Tuesday, Nov. 21

TIME: 6 pm

LOCATION: City Hall

NOVEMBER 25

Santa Claus arrives by helicopter

DATE: Saturday, Nov. 25

TIME: 12 pm

LOCATION: Norwalk Town Square

NOVEMBER 29

Leadership Series: Business Safety

DATE: Wednesday, Nov. 29

TIME: 7:30 am

LOCATION: Norwalk Chamber of Commerce

NOVEMBER 30

Neighborhood Watch meeting

DATE: Thursday, Nov. 30

TIME: 6:30 pm

LOCATION: Paddison Elementary

DECEMBER 2

SnowFest and Christmas Tree Lighting

DATE: Saturday, Dec. 2

TIME: 12-8 pm

LOCATION: City Hall lawn

DECEMBER 5

City Council meeting

DATE: Tuesday, Dec. 5

TIME: 6 pm

LOCATION: City Hall

DECEMBER 7

Holiday mixer

DATE: Thursday, Dec. 7

TIME: 5-8 pm

LOCATION: Norwalk Park

DECEMBER 13

Planning Commission meeting

DATE: Wednesday, Dec. 13

TIME: 7:30 pm

LOCATION: City Hall

DECEMBER 16

Holidays at the DD Johnston-Hargitt House Museum

DATE: Saturday, Dec. 16

TIME: 1-4 pm

LOCATION: DD Johnston-Hargitt House Museum

Norwalk eyed as potential location for homeless shelter

HOMELESS: L.A. County proposes temporary homeless shelter near Norwalk Community Hospital.

By Eric Pierce
Editor

NORWALK – With the cold winter months looming, state and county officials have proposed opening a temporary homeless shelter in Norwalk, but the plan has drawn a rebuke from residents.

The proposed shelter is located at 13200 Bloomfield Ave., just north of Norwalk Community Hospital. The property is currently owned by the state of California and was formerly a youth correctional reception center.

Under the proposal, the property would be leased to L.A. County, which would then sublease it to a provider agency to operate the shelter.

According to a city staff report, the shelter would house about 112 people but only from 5 p.m. to 7 a.m. daily, unless there is inclement weather, in which case the shelter would be open 24 hours a day.

No walk-up service is available; instead, clients are bussed to and from the shelter from designated locations.

L.A. County Supervisor Janice Hahn endorsed the plan, calling it a “great partnership” between Norwalk, L.A. County and the state.

“My office is extremely supportive of working with the City of Norwalk to open this site to find a solution to the homeless crisis in the County,” Hahn wrote in a letter to Norwalk mayor Luigi Vernola. “The current site provides an ideal location for a future shelter program.”

On Facebook, an online group for crime awareness in Norwalk runs rampant with racism

FACEBOOK: Users who do not support President Trump are blocked from accessing the Norwalk crime page on Facebook.

By Alex Dominguez
Staff Writer

NORWALK – Public safety has given way to rampant racism and scorn on a local community-driven social media crime watch page.

On Facebook, there are several crime watch pages for surrounding communities. While not associated with local law enforcement or city government, these groups usually consist of community members who wish to keep themselves and others informed on potential crimes happening in the city at an almost to-the-minute timeframe.

In the case of Norwalk, however, the seemingly sole crime watch page seems more dedicated to the ostracism of illegal immigrants and homeless than actual crime.

It begins with a questionnaire, which bluntly lines out that it must be answered to be granted approval into the group.

Potential new members are



A vagrant collects recyclables along Firestone Boulevard in Norwalk. Photo by Eric Pierce

According to Hahn, two organizations have visited the site and will submit proposals to operate the facility: Whittier First Day and Los Angeles-based People Assisting the Homeless.

Norwalk residents, however, balked at having a homeless shelter in their backyard.

“Many of these people are mentally ill and should not be in close proximity to our schools and children,” Mike Helm wrote on Facebook. “I don’t know the answer but Norwalk doesn’t need to attract anymore urban-outdoorsmen until we can sort them out.”

“We can’t seem to help our city as it is with all the gang violence, shootings, and graffiti, so let’s take on another issue we can’t handle,” added resident Vanessa Rodriguez. “The homeless we have now don’t get any assistance which is leading to lots of drug activity, unsafe

OPINION: Norwalk can be a leader in the fight against homelessness / [page 3](#)

neighborhoods and more.”

Others, however, said a homeless shelter would benefit Norwalk by taking homeless off the streets.

“I’m not seeing the negative,” said Norwalk resident Natalie Torres. “It will be run by an outside agency. The property they want to occupy is already quite dilapidated... they will be bussing them in and out. (No walk-up service). I think priority should go to the homeless already in our community.

“I don’t see the harm in

providing a warm dry place to sleep when it’s cold. Every community should do this.”

The Norwalk City Council was scheduled to discuss the proposal Tuesday but postponed discussion to a future date.

Also in support of the shelter is Phil Ansell, director of the Office of Homelessness for L.A. County, and the Los Angeles Homeless Services Authority.

Alex Dominguez contributed to this report.



Norwalk held a ribbon-cutting ceremony Oct. 30 for 12 new electric vehicle charging stations located near the Metrolink station at 12650 Imperial Hwy.

The equipment and infrastructure for the stations ws funded through Southern California Edison’s Charge Ready program.

City officials called the ribbon-cutting an “important day in Norwalk’s green history.”

Weekend at a Glance

Friday 70°

Saturday 72°

Sunday 73°



Veterans Day

Saturday - City Hall, 11 am

Norwalk commemorates Veterans Day with a ceremony in the civic center.



Rudolph the Musical

Saturday and Sunday - Downey Theatre

Watch a live stage adaptation of “Rudolph the Red-Nosed Reindeer.” Tickets start at \$25



Tree Lighting

Saturday - Citadel Outlets, 7 pm

Live concert by John Lindahl and the All-American Boys Chorus begins at 5 pm with tree-lighting to follow.



Chicano International Film Festival

Saturday - Plaza de la Raza, 10 am

Film screenings, artist discussions, musical acts, awards ceremony, and food and drinks.

FACEBOOK

Homeless shelter proposed in Norwalk

Judy Pearce Deranian: The homeless needs a shelter... plain & simple. Might be a gateway for some being able to better their lives & get something going in their favor.

Vanessa Rodriguez: Terrible idea! We need to focus our attention on the current problems the city is suffering from... Gang violence, shootings, and graffiti just to name a few.

Rachel Kabar: Not a good idea! In a residential area next to 3 public schools and a catholic elementary school. Horrible idea

Reach us on Facebook at: [Facebook.com/NorwalkPatriot](https://www.facebook.com/NorwalkPatriot)

TWEET OF THE WEEK

@Paddison_ES: Parents – Please remember there will be #NoSchool this Friday in observance of #VeteransDay. #NoSchoolDay

Follow us! @NorwalkPatriot

Companies offer job opportunities to students at Cerritos College job fair

EMPLOYMENT: Students networked with representatives from several industries.

By Jocelyn Torralba
Talon Marks

NORWALK – Companies came to campus to offer job opportunities to students at the annual Job Fair on Thursday, Nov. 2.

The fair was held in front of the library where students came to gather information on the businesses that were offering jobs.

Mary Kay beauty consultant and former Cerritos College student, Jennifer Kimble said she has been working for Mary Kay for over 10 years and made a good amount of money while she was attending Cerritos.

“I was in control of my schedule and selling the products and I used it to pay my college tuition at that time with that money and then when I graduated, I got the job I wanted but didn’t make the money I deserved so I still worked for Mary Kay,” Kimble said.

She added that the company is flexible with students’ schedules, and that students should always have a plan B while pursuing their degree — just like Mary Kay helped her.

The City of Downey’s Aspire after school program was also providing job opportunities to students.

Employee Evelyn Ericeto said the program is a part-time job that works with elementary and middle school students after school.

“We are currently looking for leaders that will work with kids between the hours of one and six pm. We do lots of activities,” Ericeto said.

Students can find more information and apply at www.downeyca.org.

Another business at the fair was Specialty Equipment located in Santa Ana, where the company builds trucks for the construction industry.

David Estrada, Specialty Equipment employee and alumni from Cerritos College said “Right

now we’re looking for welders, auto body painters, sheet metal fabricators, and other specific skill sets.”

The requirements to work at Specialty Equipment are previous job experience, classes taken in that field, or a certificate.

Child Care Services was also at the fair offering job opportunities to students.

Natalie Fletcher, regional recruiter said the company offers students job placements in child development.

“We work with head start programs, early education centers, after school programs, and preschool teaching,” Fletcher said.

The requirements are a minimum of six months of experience and the maximum requirement is a Bachelor’s degree and California state teachers permit.

Fletcher said the company is flexible with students schedules because the minimum requirement to work is two days per week.

Students can apply to childcarecareers.net.



Natalie Fletcher, regional recruiter at Child Care Careers, speaks with student Lydia Perez. Photo by Jocelyn Torralba

Other businesses such as the City of Long Beach Police Department, Union Bank, State Farm, Optimus Group, Behavior respite in action, and Volt were informing students about their job opportunities and why they should join their company.

Lydia Perez, speech and language mythology major, is a

mother and student and is currently looking for a job.

“I’m interested in working part time because I go to school and my daughter is in the school’s child care so that helps me get a job right now. I want to work to get more experience as a speech pathologist,” Perez said.

Pioneer Blvd. reduced to single lane due to road work

By Raul Samaniego
Contributor

NORWALK – Norwalk’s main thoroughfare, Pioneer Boulevard, has been reduced to a single lane in each direction from Alondra Boulevard to Rosecrans Avenue, 24 hours a day, for at least 30 days, according to Randy Hillman of Norwalk’s engineering department.

The reduction in lanes came just in time for Wednesday’s afternoon rush hour traffic.

“I recommend taking other north-south routes for the time being, like Norwalk Boulevard, Studebaker Road or Bloomfield Avenue,” Hillman said.

The long-planned construction includes the installation of islands in the middle of the road, addition of traffic signals, and resurfacing of the asphalt.

Wheelchair ramps along Pioneer Boulevard are in their final completion stages.

Last month, the annual Arturo Sanchez Sr. Halloween Parade was rerouted to Norwalk Boulevard because of the anticipated construction mess and hazard.

The time frame for the total construction project is until March of 2018. The expected one-lane of traffic is expected to be 24 hours a day for no more than the stated 30-day period.

Questions regarding this project can be addressed to Norwalk’s engineering department at (562) 929-5723.

Norwalk Transit accepting canned food for rides

NORWALK – Norwalk Transit System will hold its annual canned food drive Tuesday and Wednesday, Nov. 14-15.

Passengers are invited to donate a canned food item when boarding a bus in exchange for a free ride (transfers are optional).

All canned food items collected will be donated to the Social Services Center’s emergency food cupboard to help feed local families in need this holiday season.

More than 300 canned food items were collected during Norwalk Transit’s drive last year.

For more details, call Norwalk Transit at (562) 929-5550.

Bump leads to fatal shooting at Norwalk gas station

NORWALK – A 42-year-old man was shot and killed following a physical altercation at an Arco convenience store in Norwalk last Saturday.

Authorities say the incident began when the victim, Geronimo Gutierrez, bumped into a 16-year-old Palm Springs girl inside the store, located at 10602 Imperial Hwy.

The bump led to a fist fight between Gutierrez and the girl’s friend, 20-year-old Nakia Smith, of Los Angeles.

During the fight, Smith produced a handgun and shot Gutierrez in the head, authorities said. An innocent bystander was struck in the abdomen.

Gutierrez died but the bystander survived.

Authorities arrested Smith and the 16-year-old girl in Palm Springs. They also found the suspected murder weapon, authorities said.

Anyone with information about the case is asked to call the Sheriff’s Homicide Bureau at 323-890-5500.

Eric Pierce, editor

COMMENTARY: It’s not always first-come, first-served in parking situations

LOCAL GOVERNMENT: Residents of Graystone Avenue petition city for preferential parking district.

By Raul Samaniego
Contributor

NORWALK – At Monday’s monthly meeting of the Norwalk Public Safety Commission, I attended to get an idea of what happens at one of these citizen-appointed bodies.

While they meet once a month, 20% of their five-member board was missing. That was member Bertha Chavez. This was confirmed through the City Clerk’s office by Carmen Martinez.

I knew something was amiss as soon as I asked the first of a series of questions. What information did

anyone have regarding the latest shooting and had any of them heard any shots near their homes recently?

No viable information was given.

I took my seat as a series of statements from residents and concerned individuals voiced their opinions regarding an application for a preferential parking zone for residents of 15200-15300 Graystone Avenue between Barnwall and Ferina streets.

The information compiled from research, observation and data for about a year included one statistic which stated that during the inquiry dates, 40% of the vehicles were registered outside of the area.

This information was similar to a report that the city council had

heard regarding parking issues in the city a couple years back.

In the study, it cited smaller street construction, two and three car households and the elimination of parking space due to garage conversions, non-working parked autos and use of those parking areas for storage space.

Many of those homeowners who spoke cited their paying of property taxes as a validation of their right to park.

Resident Josh Forsyth was adamant about streets being, in his words, “First come, first serve.”

Other speakers cited what they believed were students from the nearby Cerritos College campus parking and walking, skate boarding or riding a bike to class.

Bellflower man promoted to Navy commanding officer in military ceremony

PROMOTION: Joshua Fagan put in charge of Pacific Fleet squadrons, ensuring they are battle-ready.

BELLFLOWER – Helicopter Sea Combat Weapons School Pacific (HSCWSP) held a change of command ceremony on Naval Air Station (NAS) North Island on Nov. 2.

Cmdr. Joshua Fagan, of Bellflower, relieved Cmdr. Frank Ingargiola, of Huntington Station, New York, as commanding officer.

Capt. Ryan Carron, deputy commodore of Helicopter Sea Combat Wing Pacific, presided over the transfer of command.

Ingargiola led HSCWSP “Phoenixes” through multiple

large-scale joint and multinational training exercises. HSCWSP has participated in multiple exercises over the past year, including Red Flag 17-2, Angel Thunder, Northern Strike, Phoenix Fire, and Dawn Blitz.

Under his tenure, HSCWSP launched the annual Phoenix Fire exercise - a combined arms, live-fire joint exercise designed to enhance the HSC community’s combat readiness through robust and realistic training incorporating air-to-surface and surface-to-surface close air support (CAS) with coalition joint terminal air controllers (JTACs).

This last year, over 18 squadrons, 11 ground units, and one naval surface vessel expended more than 68,000 pounds of ordnance in 32 events.

Ingargiola started his military career in the United States Marine Corps in 1996, and transitioned to become a Naval Aviator in 2003. Since then, he has accumulated over 1,850 flight hours in the HH-60H, SH-60F and MH-60S.

Reflecting on his time in the command, Ingargiola said

“I have loved my time here with the great men and women of the weapons school. This command is the cornerstone of knowledge and tactical excellence for the betterment of the community. I couldn’t ask for a better cadre of instructors and personnel. I’m so proud of all you have done and will continue to do.”

Upon detaching from HSCWSP, Ingargiola will report to amphibious assault ship USS Kearsarge (LHD 3) in Norfolk, Virginia.

Fagan graduated from the United States Air Force Academy in 1999 and began his career as an Air Force Acquisitions Officer. In 2003, he transferred into the United States Navy and earned his Wings of Gold in 2004.

Since then, he has completed multiple deployments in support of Operations Iraqi Freedom and New Dawn, humanitarian assistance and disaster relief missions in the Republic of the Philippines, and as a part of combined joint special operations task force, completing over 144 combat sorties and 2,175 flight hours in the HH-60H, SH-60F and MH-60S.

Students invited to decorate City Hall windows

NORWALK – Students in grades 5-12 that live or attend school in Norwalk are invited to spread holiday cheer by painting City Hall’s windows.

Window decorating will take place Sunday, Nov. 19, from 8 a.m. to 5 p.m. Art supplies and lunch will

be provided.

This year’s theme is “Grinchmas” and students will work with hometown artist Joseph Yakovetic, a contestant on season 5 of Food Network’s “Halloween Wars.”

Yakovetic’s resume also includes work with the Walt Disney

Company, Universal Studios and Radio City Music Hall.

To sign-up, contact city clerk Theresa Devoy at (562) 929-5720 or tdevoy@norwalkca.gov.

Deadline is Nov. 14.

NOV. 10 BIRTHDAYS



Tracy Morgan, the actor and comedian, turns 49



Miranda Lambert
country singer
34



Josh Peck
actor
31



Ellen Pompeo
actor
48



Diplo
DJ
39



Eve
rapper
39



Warren G
rapper
47



Sinbad
comedian
61



Ryback
wrestler
36

Opening a temporary homeless shelter in Norwalk is the right thing to do

By Eric Pierce

The Southern California Youth Correctional Reception Center & Clinic opened in Norwalk in 1954, a sprawling campus on Bloomfield Avenue between Imperial Highway and Foster Road that housed juvenile offenders convicted or accused of various crimes, violent or otherwise.

For 58 years the facility aimed to rehabilitate wayward children, even as it simultaneously dealt with allegations of abusive voluntary confinement, violence among staff and prisoners, and rampant suicide attempts within its walls.



When the center was shut down Dec. 31, 2011, the Ella Baker Center for Human Rights called the closure “a monumental achievement in our ongoing campaign to shut down California’s dangerous, expensive, and ineffective youth prisons.”

But for all its infamy, the prison operated relatively free of public scrutiny during its nearly six decades in Norwalk. Its closure was the result of ubiquitous budget cuts, a decision by the state of California that had nothing to do with shuttering an allegedly violent detention center and everything to do with dollars and cents.

Six years later, state and county officials have drawn up a plan to repurpose the facility as a wintertime homeless shelter. It would open in December or January and provide approximately 112 homeless residents with overnight shelter, through April.

These homeless residents would be bussed into the facility at 5 p.m. and bussed out at 7 a.m. the following morning to designated locations throughout Southern California. The program would be professionally managed by an agency that specializes in dealing with the homeless population.

Initial reaction to the proposal has been mixed, with opponents utilizing the NIMBY argument – Not In My Backyard! Any plan that would bring more homeless to Norwalk is a non-starter, they say.

The problem is, the homeless are already here. They are on Firestone Boulevard, loitering outside the Imperial Manor. They are behind Office Depot, sheltering in tents underneath the shadow of the 605 Freeway. They are on Studebaker Road, sprawled on the concrete floor at a bus stop.

They are everywhere.

The state/county proposal simply takes these people off the streets –

or at least up to 112 of them – and offers them a warm, safe place to lay at night. It’s the humane, compassionate thing to do.

Homelessness is a pandemic afflicting the entire region and citizens have indicated they are willing to finance effective solutions.

By giving its blessing to the shelter, Norwalk can be a leader in the battle to make homelessness extinct in Los Angeles County. It can serve as a model to other communities – communities that too often prefer to kick the can down the road and make this regional issue someone else’s problem.

Homelessness is not someone else’s problem. It’s our problem.

If Norwalk could house a juvenile prison for 58 years with nary a peep of controversy from residents, repurposing the facility into a temporary homeless shelter for 4 months seems like a no-brainer.

It’s simply the right thing to do.

Eric Pierce is editor of the Norwalk Patriot newspaper.

Veterans deserve our gratitude every day

By Mario A. Guerra

On Veterans Day, November 11, 1988, President Ronald Reagan said, “We remember those who were called upon to give all a person can give, and we remember those who were prepared to make that sacrifice if it were demanded of them in the line of duty, though it never was. Most of all, we remember the devotion and gallantry with which all of them ennobled their nation as they became champions of a noble cause.”



As America recognizes Veterans Day this Nov. 11, I hope we can all understand what this day really means. Current estimates have the total population of United States military veterans at 18.5 million with female veterans accounting for 1.6 million of this honorable group and veterans over the age of 65 at 9.2 million. It’s an obvious statement to say these individuals may be your mother, father, brother, sister and/or grandparent, or, at the very least, that of someone you know.

But as a group, our veterans are often overlooked, not just for their service but for the challenges facing them upon their return as civilians.

As citizens, we reap the benefits of our veterans’ bravery and

dedication to preserve our democracy and protect our constitution. When we see enlisted members enjoying leave in our communities, some of us are inclined to shake their hand, buy them a meal or simply say thank you. But what happens when our veterans take off the uniform? Unfortunately, they become invisible to many of us. And this is a problem.

The veteran homeless population in Los Angeles alone is estimated between 5,000 and 8,000 souls. These are hard numbers to grasp. Our veterans deserve absolute respect for carrying on a tradition of service and valor that keeps our nation safe and strong.

I recently saw a movie called “Thank You for Your Service.” This film tells the very important story of veterans’ lives once they return home. Their struggle is one that can only be truly understood by the brave men and women who have seen the horrific events of war and battle. It is a reminder to us all that the way we treat our Veterans should not be something we recognize one day a year, it’s about how they are treated every single day.

This Veterans Day, I encourage all of us to do a simple task of helping one soldier or veteran. It can be by writing to an active member of our service (a future veteran), help sponsor a companion dog to support a veteran suffering from post-traumatic stress disorder (PTSD), donate

accumulated frequent flier miles, or offer to take a veteran to a doctor’s appointment.

You can also make a difference by calling 1-877-4AID-VET (877-424-3838) to help veterans on the streets or on the verge of becoming homeless. Call 24 hours a day, seven days a week to get information from the local VA.

You can also donate to the Wounded Warriors Project (www.woundedwarriorproject.org) and the Living Tree Foundation.

Lastly, on the top of a hill in Arlington Cemetery stands a tombstone that simply reads: “Here rests in honored glory an American soldier known but to God.” We must not let those veterans around us become forgotten and do our part to honor them and their families. Thank you for your service to our country.

Mario A. Guerra is a former mayor of Downey and current Civilian Aide to the Secretary of the Army. He is also the author of “Embracing Change; An Immigrant Saga” and can be reached at www.marioaguerra.com

Tax cuts that increase nation’s debts are not the answer

By Lee H. Hamilton

As Republicans in Congress move forward on their tax plan, it’s worth remembering one thing: whatever the legislative particulars, keep your eye on the plan’s impact on the federal debt. Our debt load is already worrisome. It’s almost certainly going to get worse.

There are a lot of different ways to characterize our fiscal situation at the federal level. We spend too much. We borrow too much. We spend more than we take in. We don’t tax enough to cover our expenses. However you describe it, the plain truth is that Americans want more from their government than they’re willing to pay for.



This is not new, but at some point it will become unsustainable — we just don’t know exactly when. One common measure of the debt problem is to compare the total federal debt to our gross domestic product, or GDP. This basically measures whether a country’s economy is healthy enough to carry its debt burden. When Presidents Carter and Reagan were speaking out against the dangers of our large national debt, it stood at around 30 percent of GDP. Today it stands at 103 percent.

For years, people who worry about the debt have warned that this trend could not continue; it’s turned out that the economy is far more resilient than many of us thought. And so the fear of debt has faded. This

is too bad.

Before we go on, remember that there’s a difference between deficits and debt. The deficit is the difference between what the government takes in and what it spends. That’s measured annually. The debt is the accumulation of our deficits. And experts agree that growing debt at some point really will become unsustainable. As it grows larger, it weighs more heavily on economic growth, crowds out private investment, creates economic uncertainty, dumps a burden on our children, and limits our ability as a nation to deal with unforeseen events. How we handle it will have a profound impact on our future and our role in the world.

The problem is that regardless of what our political leaders say about deficits and debt, their actions tend to belie their words: they continue expensive federal programs and lavish tax breaks on favored constituencies without regard to the long-term fiscal impact. I’ve come to believe that deficits will likely continue — with increasing debt — until some financial crisis focuses our attention on the serious imbalance between our taxes and spending. There is little real seriousness about trying to solve our fiscal issues, or real appetite to get our spending under control and use taxes to get a handle on our finances.

Which brings us to the current move for tax “reform.” Tax reform can have several meritorious goals, including establishing a more equitable tax system, encouraging economic growth, and imposing fiscal restraint. What I don’t see in the current debate is much more than lip service to

any of these goals. To achieve even a measure of fiscal restraint you can reform entitlements, which are the chief drivers of increased spending; you can moderate or cut defense spending; and you can increase taxes. Some politicians like to add a fourth — becoming more efficient — but while helpful, that won’t have the necessary impact.

You’ve heard a lot already about how we need tax cuts to unleash economic growth. But the history of tax cuts makes clear there’s only a tenuous connection between the two. Many factors affect the growth of the American economy; taxes are only one of them. And certainly, tax cuts that explode the deficit and send the national debt skyrocketing are not going to get the job done.

What always worries me about tax debate on Capitol Hill is that it begins with a lot of talk about reform, and usually ends with a lot of talk about tax cuts. This isn’t surprising. Tax cuts are popular. Tax reform, which helps some people and hurts others, is politically treacherous.

So as you watch the debate on Capitol Hill, use your discrimination and judgment. Tax cuts can often help the economy, but not if they balloon deficits and the debt. If that happens, they’ll eventually end up lowering growth and slowing the economy.

Lee Hamilton is a senior advisor for the Indiana University Center on Representative Government. He was a member of the U.S. House of Representatives for 34 years.

Gun control shouldn’t be this hard

By Jill Richardson

Before the gun lobby or its sycophants in Congress bring out their usual talking points for why we can’t ever have common sense gun reform, I’d like to shoot one of them down. No pun intended.

We just saw what happens when a bad guy with a gun is met by a good guy with a gun. In Sutherland Springs, Texas, when a mass shooter attacked churchgoers, he was eventually confronted by another armed civilian.



But before the good guy got there with his gun, 26 people were fatally wounded.

I’ve already heard discussions about fixing the problem by having more people bring guns to church, as the attorney general of Texas recently suggested.

What about other ways to prevent gun deaths? How about any solution other than “more guns”?

Every time I hear discussions about one reform or another — universal background checks, banning high capacity magazines, banning assault rifles, etc. — I hear the exact same talking point: Criminals can get around those rules.

You could ban assault rifles, or the high capacity magazines that allow people intent on mass murder to shoot more bullets before they need to stop to reload. Perhaps some criminals would just get them illegally.

Not all mass shootings could have been prevented by background checks. For example, the Sandy Hook shooter stole guns from his mother, who legally acquired them. Background checks wouldn’t have stopped him.

Here’s the thing: These hypothetical arguments don’t need to be hypothetical. We can study them and make an informed choice.

Which reforms will simultaneously preserve freedom for hunters, gun enthusiasts, and other law abiding citizens who want to own firearms while also keeping guns out of the hands of criminals?

If there’s any will at all to reduce the death toll from guns in this

country — more than 33,000 deaths a year — no doubt the country that sent a man to the moon can figure out how to do it without violating citizens’ rights.

Furthermore, just because a law may not prevent all shootings doesn’t mean it won’t prevent some shootings.

I’ve even heard a gun advocate say that regulation won’t work because it would only stop people who are too stupid to get around them from obtaining a gun.

You know what? That sounds good to me. If we can prevent every single shooting perpetrated by a stupid person, I’m for it. That’s still fewer people dying overall. It won’t get us down to zero, but refusing to do anything just because it’s a partial solution is ridiculous.

Each little bit of progress we make is a human life saved. It’s an entire family whose lives aren’t torn apart and changed forever. It’s two fewer grieving parents and four fewer grieving grandparents. It’s more children who grow up with their parents alive.

I don’t have a stake in which method we use to reduce gun violence so long as we pick something that works. It would be nice if law-abiding gun enthusiasts would help.

So let’s actually look at the data to find out how it can best be done. In fact, let’s lift the congressional ban that’s prevented the Centers for Disease Control from examining a lot of that data for the last 20 years.

Preferably before another year passes and another 33,000 Americans are dead.

OtherWords columnist Jill Richardson is the author of “Recipe for America: Why Our Food System Is Broken and What We Can Do to Fix It.”

The Norwalk Patriot

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Michael Robinson
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Send us your Letters to the Editor, Press Releases, photos, meeting and club schedules!
Address:
12040 Foster Road
Norwalk, CA 90650
Email:
news@thedowneypatriot.com

CALENDAR OF EVENTS

- MONDAYS**
1st, 6:00 p.m. - Public Safety meetings - Council Chambers
- TUESDAYS**
8:00 a.m. - 1:00 p.m. - Farmers Market - Excelsior High School
12:00 p.m. - Rotary - Doubletree Hotel
1st & 3rd 6:00 p.m. - Toastmasters Meetings - Registrar Recorder/County Clerks Office
2nd & 4th, - Toastmasters Meetings - Norwalk Library
1st & 3rd, 6:00 p.m. - City Council - Council Chambers
3rd, 5:45 p.m. - Housing Authority - Council Chambers
- WEDNESDAYS**
1st, 12:30 p.m. - Soroptimist International - Soroptimist Village
1st & 3rd, 7:00 p.m. - Lions Club - Bruce's Restaurant
2nd, 10:30 a.m. - Woman's Club - Masonic Lodge
2nd & 4th, 1:30 p.m. - Alondra Senior Citizens - Social Services Center
2nd & 4th, 7:30 p.m. - Planning Commission - Council Chambers
4th, 11:30 a.m. - Coordinating Council - Arts & Sports Complex
- THURSDAYS**
1:00 p.m. - Adult color club "Color Us Happy" - Norwalk Library
7:00 p.m. - Boy Scouts Troop 924 - Norwalk United Methodist Church
2nd, 7:30 p.m. - Golden Trowel -Norwalk Masonic Lodge
3rd, 8:00 p.m. - American Legion Post No. 359 - 11986 Front St.
- SATURDAYS**
2nd, 8:30 a.m. - 10:30 a.m. - Pancake Breakfast - First Christian Church of Norwalk
Have an event you want listed? E-mail news@thedowneypatriot.com

On This Day...

Nov. 10, 1951: Direct-dial, coast-to-coast telephone service began with a call between the mayors of Englewood, N.J., and Alameda, Calif.
1954: The U.S. Marine Corps Memorial, depicting the raising of the American flag on Iwo Jima in 1945, was dedicated in Arlington, Va.
1969: "Sesame Street" debuted on PBS.
1982: The newly finished Vietnam Veterans Memorial was opened to its first visitors in Washington, D.C.

THE NEWSDAY CROSSWORD
Edited by Stanley Newman (www.StanXwords.com)
TEAM PLAYERS: Now in season
by Gail Grabowski

ACROSS

1 Shout after a tough week
5 Least satisfactory
10 Pretending to be
15 Pulverize
19 Roughly speaking
20 Porthole view
21 Michaels of SNL
22 Predatory dolphin
23 Security legislation of 2001
25 Molasses product
27 Stuffed shirts
28 Member of the deer family
29 Sharp, as vision
30 Guarantee
31 Labor over
33 Uncool person
34 Meadowlike
35 Young socialite
36 Coped (with)
38 Brief moment
39 Personal quirks
42 Ireland's patron
45 Work assignment
48 "If you ask me," to texters
49 Boarded, as a bus
50 Brit. lexicon
51 Designer Geoffrey
53 Not very many
54 Shore-leave locale on Star Trek
56 PD alerts
57 Started a hand
58 Beatles nickname
60 Non-studio, for short
62 Delivery itinerary: Abbr.
63 Likewise not
64 Project Gemini launcher
69 Last stage

DOWN

1 Pajama parts
2 Funds from a foundation
3 "Not so!" reply
4 Doesn't allow
5 Try to win over
6 Duo times four

7 Shriek bark
73 Nuptials site
74 SWAT team supply
77 None of the above
79 One side to consider
80 Had a quick bite
83 Wrath
84 Gucci competitor
85 In the past
86 Supreme Court appointee of '06
87 Cutting-edge
88 Art on an arm, for short
89 Inauguration VIP
94 Tamper (with)
95 Tour of duty
96 Restless feeling
97 Color TV pioneer
99 Gown fabrics
101 Foul mood
102 Test pilots' attire
105 Unwilling to negotiate
106 Enticement
107 Loaf at a bakery
109 Unemotional sort
111 Troop standout
113 Bear native to China
115 Overabundance
116 Is ___ (probably will)
117 Casual shirts
118 Checklist line
119 Taproom servings
120 Stun gun
121 Grilling candidate
122 Covers with pregrown grass

7 Not imagined
8 Potato holder
9 Demolition material
10 A Prairie Province
11 Studied, with "over"
12 Symbol of strength
13 Compass pt.
14 No-name
15 Hair stylist's application
16 Mythical guardian
17 Spine-chilling
18 Rabbit relative
24 Cruise stop
26 Theme park eatery
29 Seaweed in some sushi
32 Smirnoff rival
33 D.C. baseballer
34 Electrical networks
36 Titanic theme singer
37 Feminizing suffix
38 Durable game-show host
39 Petty clash
40 Clarification introducer
41 Western topper
43 Video arcade pioneer
44 Something to talk about
45 Source of plane power
46 Wee hour
47 Stream bottom
49 Main mail ctr.
52 Drama direction
55 Colors lightly
56 Festoon
59 Cooked like much comfort food
61 Hunters' org.
65 Dartboard, for instance
66 Standoffish
67 Moral principle

CREATORS SYNDICATE © 2017 STANLEY NEWMAN
WWW.STANXWORDS.COM 11/5/17

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68 Moves unsteadily
70 Shows some courage
72 Law firm
75 Commotion
76 Clinches, with "up"
77 Withdraw, with "out"
78 ___ la la
79 Considerable care
81 Horse farm supply
82 Open with a letter opener
90 Suggests subtly

91 Maintenance worker
92 Self-storage rental
93 PFC's superior
94 Rum cocktails
95 Clown's gear
98 Transitional point
99 Delay strategically
100 Debate
101 Cook onions, perhaps
102 Port of Italy
103 Western sidekick
104 Teamed (with)

105 Big name in arcade games
106 Web-crawling software
107 Barrel of laughs
108 Nathan Hale alma mater
110 Rotating machine parts
112 E-file preparer
113 Family MDs
114 Scolding sound

ADVERTISING POLICY
The Norwalk Patriot reserves the right to censor, reclassify, revise or reject any ad. The Norwalk Patriot is not responsible for incorrect ads beyond the first business day of an ad scheduled. Please check your ad on the first day of publication and report any errors we have made to the Classified Department at 562-904-3668 at the beginning of the next business day to have it publish correctly for the remainder of the schedule.

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

word for "froth."

MOUSSE (15 Down) is the French

UNESCO World Heritage Site.

habitat has been designated as a

few rare animals whose natural

PANDA (113 Across) is one of the

a list price of \$1000. The GIANT

duced its first color TV, which had

In 1954, RCA (97 Across) intro-

ALERT LASER STEAK SOS
WELL I SOTO OTTO LINTO
EADN INAI OOCSE TOE
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CIVIL

SUMMONS (Family Law)
NOTICE TO RESPONDENT(Name) AVISO AL DEMANDADO (Nombre): Nalley Vega-Sanchez
You have been sued. Read the information below on the next page. Le han demandado. Lea informacion en la pagina siguiente.
Petitioner's name is (Nombre del demandante): Bobojanov Doniyor Bobojanovich
CASE NUMBER (NUMERO DE CASO): FDI-17-788402

You have **30 calendar days** after this Summons and Petition are served on you to file a Response (form FL-120) at the court and have a copy served on the petitioner. A letter, phone call, or court appearance will not protect you. If you do not file your Response on time, the court may make orders affecting your marriage or domestic partnership, your property, and custody of your children. You may be ordered to pay support and attorney fees and costs. For legal advice, contact a lawyer immediately. Get help finding a lawyer at the California Courts Online Self-Help Center (www.courts.ca.gov/selfhelp), at the California Legal Services website (www.lawhelpca.org), or by contacting your local county bar association. Tiene **30 días de calendario** después de haber recibido la entrega legal de esta Citación y Petición para presentar una Respuesta (formulario FL-120) ante la corte y efectuar la entrega legal de una copia al demandante. Una carta o llamada telefónica o una audiencia de la corte no basta para protegerlo.

Si no presenta su Respuesta a tiempo, la corte puede dar órdenes que afecten su matrimonio o pareja de hecho, sus bienes y la custodia de sus hijos. La corte también le puede ordenar que pague manutención, y honorarios y costos legales.. Para asesoramiento legal, póngase en contacto de inmediato con un abogado. Puede obtener información para encontrar un abogado en el Centro de Ayuda de las Cortes de California (www.sucorte.ca.gov), en el sitio web de los Servicios Legales de California (www.lawhelpca.org) o poniéndose en contacto con el colegio de abogados de su condado.

NOTICE – RESTRAINING ORDERS ARE ON PAGE 2: These restraining orders are effective against both spouses or domestic partners until the petition is dismissed, a judgment is entered, or the court makes further orders. They are enforceable anywhere in California by any law enforcement officer who has received or seen a copy of this document.
AVISO – LAS ORDENES DE RESTRICCIÓN SE ENCUENTRAN EN LA PAGINA 2: Las órdenes de restricción están en vigencia en cuanto a ambos cónyuges o miembros de la pareja de hecho hasta que se despidan la petición, se emita un fallo o la corte dé otras órdenes. Cualquier agencia del orden público que haya recibido o visto una copia de estas órdenes puede hacerlas acatar en cualquier lugar de California.

FREE WAIVER: If you cannot pay the filing fee, ask the clerk for a fee waiver form. The court may order you to pay back all or part of the fees and costs that the court waived for you or the other party.
EXENCIÓN DE CUOTAS: Si no puede pagar la cuota de presentación, pida al secretario un formulario de exención de cuotas. La corte puede ordenar que usted pague, ya sea en parte o por completo, las cuotas y costos de la corte previamente exentos a petición de usted o de la otra parte.
1. The name and address of the court are: (El nombre y dirección de la corte son): **Superior Court of California County of San Francisco Family Court, 400 McAllister St. San Francisco, CA 94102**
2. The name, address, and telephone number of the petitioner's attorney, or the petitioner without an attorney, are: (El nombre, dirección y número de teléfono del abogado del demandante, o del demandante si no tiene abogado, son): **Bobojanov Doniyor Bobojanovich, 1310 Turk Street Apt 107, San Francisco CA 94115 (718) 419-0895**
Date (Fecha): AUG 31, 2017 Clerk, by (Secretario, por) LORINA TALIALA, Deputy (Asistente)

The Norwalk Patriot
11/10/17, 11/17/17, 11/24/17, 12/1/17

LIEN SALES

Notice is hereby given that Extra Space Storage will sell at public auction at the storage facility listed below, to satisfy the lien of the owner, personal property described below belonging to those individuals listed below at location indicated: **10950 Firestone Blvd., Norwalk, CA 90650, 562-929-6822, 11/22/2017, 12:30PM**

Customer Name	Unit #
Joanna Hernandez Household items	035
Alicia Hoopliaina Household items, Furniture, boxes, clothes, appliance	795
Alicia Hoopliaina Household Furniture	354
Juana Elena Alcala Household items	900
Jorge Molina 2008 Freightliner	950
Cora Camargo Household items	161
Michael Fuchs Household items	732
Callie Eileen Cook Boxes	254
Irva Orrison Washer, dryer, queen bed, 3 end tables	270
Michelle Ann Montemayor Household items	151
David Conley Household items	652
Lameka Taylor Household items	593
Monica Soto Household items	596
Lorence Ybarra Household items	833
Diansnely Cuevas Household items	339
Jenner Monge Household items	947
Maria Rodriguez Household items	545
Maria Rodriguez Household items	198
Francisca Daniel Household items	796

Purchases must be made with cash only and paid at the above referenced facility in order to complete the transaction. Extra Space Storage may refuse any bid and may rescind any purchase up until the winning bidder takes possession of the personal property.

The Norwalk Patriot
11/3/17, 11/10/17

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF ALAN DALE BUCKLEY
Case No. 17STPB09903
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of ALAN DALE BUCKLEY
A PETITION FOR PROBATE has been filed by Robert L. Cohen in the Superior Court of California, County of LOS ANGELES. THE PETITION FOR PROBATE requests that Robert L. Cohen be appointed as

personal representative to administer the estate of the decedent.
THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administrator authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held on Dec. 4, 2017 at 8:30 AM in Dept. No. 9 located at 111 N. Hill St., Los Angeles, CA 90012.
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objection, or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of inventory and the accounting, or of any or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

Petitioner:
Robert L. Cohen
LAW OFFICES OF
ROBERT L. COHEN INC
8081 ORANGETHORPE AVE
BUENA VISTA CA 90621
CN943320 BUCKLEY
Nov 10, 17, 24, 2017

THE NORWALK PATRIOT
11/10/17, 11/17/17, 11/24/17

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE TS # CA-17-8088-CS Order # 17011613-CA-VOI Loan # 9804533439 [PURSUANT TO CIVIL CODE Section 2923.3(a), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT, BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR.] NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 7/22/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial code and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. **BEHIND THE MOUNTAIN LOCATED IN CIVIC CENTER PLAZA, 400 CIVIC CENTER PLAZA, POMONA, CA 91766. Amount of unpaid balance and other charges: \$399,238.02. The purported property address is: 14101 BAYSIDE DRIVE #19 NORWALK, CA 90650. Assessor's Parcel No. 8052-017-062. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866) 960-8299 or visit this Internet Web site <http://www.allsource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx> using the file number assigned to this foreclosure by the Trustee: **CA-17-776032-BF**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness of the property address or other common designation, if any, shown herein. If no street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. **QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 800-280-2832 O r Login to: <http://www.qualityloan.com> Reinstatement Line: (866) 645-7711 Ext 5318 Quality Loan Service Corp. 15 No. CA-17-776032-BF IDSPub #0132691 10/27/2017 11/30/2017 11/10/2017****

The Norwalk Patriot
10/27/17, 11/3/17, 11/10/17

T.S. No.: 2017-01916-CA

A.P.N.:8082-017-007
Property Address: 12403 Cheshire St, Norwalk, CA 90650

NOTICE OF TRUSTEE'S SALE

PURSUANT TO CIVIL CODE § 2923.3(a) and (b), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR.

NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED

注：本文件包含一个信息摘要
참고사항: 본 첨부 문서에 정보 요약서가 있습니다

NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACIÓN DE ESTE DOCUMENTO

TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP

LUU Y: KEM THUC ĐÂY LA BẢN TRÌNH BÀY TÓM LƯỢC VỀ THÔNG TIN TRONG TÀI LIỆU NÀY

IMPORTANT NOTICE TO PROPERTY OWNER:
YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09/22/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

Trustor: Lucia Meno, A Single Woman And Mark Meno And Carrie Meno, husband and wife all as joint Tenants
Duly Appointed Trustee: Western Progressive, LLC
Deed of Trust recorded 10/05/2005 as Instrument No. 05 2396531 in book ---, page--- and further modified by that certain Loan Modification Agreement recorded on 2/13/2010, as Instrument Number 2010183573 of Official Records in the office of the Recorder of Los Angeles County, California,

Date of Sale: 12/07/2017 at 11:00 AM
Place of Sale: **BEHIND THE MOUNTAIN LOCATED IN CIVIC CENTER PLAZA, 400 CIVIC CENTER PLAZA, POMONA, CA 91766**

Estimated amount of unpaid balance, reasonably estimated costs and other charges: \$ 520,324.02

NOTICE OF TRUSTEE'S SALE

THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE:

All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as:

More fully described in said Deed of Trust.

Street Address or other common designation of real property: **12403 Cheshire St, Norwalk, CA 90650**
A.P.N.: **8082-017-007**

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above.

The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: **\$520,324.02.**

Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt.

If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse.

The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located.

NOTICE OF TRUSTEE'S SALE

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866) 960-8299 or visit this Internet Web site <http://www.allsource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx> using the file number assigned to this case **2017-01916-CA**. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

Western Progressive, LLC, as Trustee for beneficiary
C/o 1500 Palma Drive, Suite 237 Ventura, CA 93003
Sale Information Line: (866) 960-8299 <http://www.allsource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx>

Trustee Sale Assistant
Date: October 31, 2017
WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE.

Trustor: JONATHAN HIDALGO, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY, AND JOSUE HIDALGO, A SINGLE MAN, AS JOINT TENANTS
Duly Appointed Trustee: Zieve, Brodnax & Steele, LLP Deed of Trust recorded 2/3/2014 as Instrument No. 20140114592 in book, page of Official Records in the office of the Recorder of Los Angeles County, California.

Date of Sale: 11/30/2017 at 11:00 AM
Place of Sale: By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766
Estimated amount of unpaid balance and other charges: **\$377,167.00**
Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed.

The Norwalk Patriot
11/10/17, 11/17/17, 11/24/17

NOTICE OF TRUSTEE'S SALE Trustee Sale No. 129706-s Loan No. 0163-235285 Title Order No. 170031483 APN 8082-023-005 TRA No. YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09/11/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

MORTGAGE LENDER SERVICES, LLC, AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at time of sale in lawful money of the United States, by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state) all right, title and interest conveyed to and now held by under said Deed of Trust, described as follows: Trustor(s): ELSA A. FONDEVILLA AND RODEL C. FONDEVILLA Deed of Trust: recorded on 09/14/2007 as Document No. 20072120856 of official records in the Office of the Recorder of LOS ANGELES County, California. Date of Trustee's Sale: 11/27/2017 at 10:00AM Trustee Sale Location: Behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona CA 91766 The property situated in said County, California described the land therein: LOT 34 OF TRACT 20938, IN THE CITY OF NORWALK, COUNTY OF LOS ANGELES, CALIFORNIA AS PER MAP RECORDED IN BOOK 654, PAGES 43 AND 44, OF MAPS, IN THE OFFICE OF THE COUNTY RECORDER OF SAID COUNTY. The property heretofore described is being sold 'as is'. The street address and other common designation, if any, of the real property described above is purported to be: 15526 SEAFORTH AVENUE, NORWALK, CA 90650. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding

title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$38,175.62 (Estimated). Accrued interest and additional advances, if any, will increase this figure prior to sale. The Beneficiary may elect to bid less than the full credit bid. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real property is located and more than three months have elapsed since such recordation. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 916-939-0772 or visit this Internet Web site www.nationwideposting.com, using the file number assigned to this case 129706-S. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Date: 10/25/2017 MORTGAGE LENDER SERVICES, INC. 11707 Fair Oaks Blvd., Ste 202 Fair Oaks, CA 95628 (916) 962-3453 Sale Information Line: 916-939-0772 or www.nationwideposting.com LAUREN MEYER, VICE PRESIDENT MORTGAGE LENDER SERVICES, INC. MAY BE A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. NPP0319438 To: NORWALK PATRIOT 11/03/2017, 11/10/2017, 11/17/2017

The Norwalk Patriot
11/13/17, 11/10/17, 11/17/17

T.S. No. 17-47615 APN: 8049-006-001

NOTICE OF TRUSTEE'S SALE
YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/16/2014, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
A public auction sale to the highest bidder for cash, cashier's check drawn on a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale.

The Norwalk Patriot
11/13/17, 11/10/17, 11/17/17

T.S. No. 17-47615 APN: 8049-006-001

NOTICE OF TRUSTEE'S SALE
YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 1/16/2014, UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.
A public auction sale to the highest bidder for cash, cashier's check drawn on a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state will be held by the duly appointed trustee as shown below, of all right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described below. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale.

Trustor: **JONATHAN HIDALGO, A MARRIED MAN AS HIS SOLE AND SEPARATE PROPERTY, AND JOSUE HIDALGO, A SINGLE MAN, AS JOINT TENANTS**
Duly Appointed Trustee: Zieve, Brodnax & Steele, LLP Deed of Trust recorded 2/3/2014 as Instrument No. 20140114592 in book, page of Official Records in the office of the Recorder of Los Angeles County, California.

Date of Sale: 11/30/2017 at 11:00 AM
Place of Sale: By the fountain located at 400 Civic Center Plaza, Pomona, CA 91766
Estimated amount of unpaid balance and other charges: **\$377,167.00**
Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt owed.

Street Address or other common designation of real property: 12728 LONGWORTH AVENUE NORWALK, CA 90650

Described as follows:
As more fully described in said Deed of Trust.

A.P.N #.: **8049-006-001**

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above. The street address or other common designation is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10 days of the date of first publication of this Notice of Sale.

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable,

the rescheduled time and date for the sale of this property, you may call (714) 848-9272 or visit this Internet Web site www.elitepostandpub.com, using the file number assigned to this case 17-47615. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

Dated: 10/30/2017
Zieve, Brodnax & Steele, LLP, as Trustee
30 Corporate Park, Suite 450 Irvine, CA 92606
For Non-Automated Sale Information, call: (714) 848-7920
For Sale Information: (714) 848-9272
www.elitepostandpub.com

Christine O'Brien, Trustee Sale Officer

THIS FIRM IS ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION WE OBTAINED WILL BE USED FOR THAT PURPOSE. EPP 23501 11/3, 11/10, 11/17/2017.

The Norwalk Patriot
11/3/17, 11/10/17, 11/17/17

T.S. No. P1358273-CA APN: 8076-007-003 NOTICE OF TRUSTEE'S SALE IMPORTANT NOTICE TO PROPERTY OWNER: YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 12/22/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER ON 11/28/2017 at 10:30 AM. CLEAR RECON CORP., as duly appointed trustee under and pursuant to Deed of Trust recorded 1/9/2006, as Instrument No. 06 0043876, of Official Records in the office of the County Recorder of Los Angeles County, State of CALIFORNIA, executed by: MIGUEL V. LOPEZ AND ELENA A. LOPEZ, HUSBAND AND WIFE AS JOINT TENANTS WILL SELL AT PUBLIC AUCTION

Norwalk restaurant grades

Lutong Bahay Filipino Fast Food 12547 Alondra Blvd. Date Inspected: 11/1/17 Grade: B	The Bucket Crabs & Crawfish 16441 Pioneer Blvd. Ste C & D Date Inspected: 10/30/17 Grade: A	Go Hyang Jib 16441 Pioneer Blvd. Date Inspected: 10/25/17 Grade: A
Costco 12324 Hoxie Avenue Date Inspected: 10/30/17 Grade: A	El Cortez Meat Market 16214 Pioneer Blvd. Date Inspected: 10/30/17 Grade: A	88 Kings Chinese Fast Food 16441 Pioneer Blvd AB Date Inspected: 10/30/17 Grade: A
		Anticucheria Peroana 14351 Pioneer Blvd. Date Inspected: 10/31/17 Grade: A



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Hablo Español

Paging Dr. Frischer: Overeating

Thanksgiving is one of my favorite holidays. It reminds me to focus on gratitude, and to spend time with dear family and friends. For most of us, it's also about...the food.



Do you leave the table feeling tired, bloated, overstuffed? This holiday marks the beginning of a food glut. We bake cookies, pies, and fruitcakes; give gifts of chocolates; go to parties; and gather for holiday meals. Is pigging out during the holidays a harmless indulgence, or a real health concern?

Every morsel of food we ingest, whether part of a Thanksgiving feast or a small healthful snack, travels through the body and causes the release of hormones, chemicals, and digestive fluids. The average meal takes between one and three hours to exit the stomach. A large meal can take between eight and 12 hours! On a typical day, the average American consumes about 40 to 50 grams of fat in about 2,000 calories. I find it shocking that those figures can skyrocket to some 4,500 calories and 230 grams of fat on Thanksgiving Day.

The obvious side effects of overeating include indigestion,

flatulence, post-meal fatigue (food coma), and perhaps that extra pound or two. However, there can be a more significant price to pay for eating vast helpings of turkey, stuffing, and candied sweet potatoes:

Overeating makes our bodies work harder. To process the extra food, the heart pumps more blood to the stomach and intestines. At the same time, heavy fat consumption may lead to a higher risk of blood clots. The risk of heart attack surges, with some studies showing a four-fold increased risk of heart attack, two hours after consuming a large meal.

As the stomach releases food into the intestines, the gallbladder squeezes out bile to help digest the fat. The extra demand for bile may result in a gallstone or sludge being painfully squeezed into the narrow duct that leads to the intestine.

A large meal can trigger the release of norepinephrine, a stress hormone that raises blood pressure and heart rate.

For a diabetic, a large meal will not only increase blood sugar levels, but will also impair the ability to process those sugars.

For those who are prone to heartburn, a large meal can lead to painful gastric reflux.

Consider that the average stomach holds about eight cups of food. When it is stretched, chemicals are released that inform our brain that we are full. Many of us ignore that signal and just keep on eating. At some point the body will send out nausea signals. Continuing to eat, and stretching the stomach beyond its capacity, can (but very rarely does) lead to an actual rupture!

Here are some classic suggestions for the upcoming holiday season: Don't arrive at the meal ravenous. Eat slowly and consume lots of filling foods with a high water content, such as soups, salads, and other vegetables and fruits.

If you are hosting, use smaller plates. Keep the serving dishes in the kitchen, not on the table. Use smaller serving spoons and serving dishes. Serve foods that require utensils (as we tend to overeat finger foods).

And finally...push away from the table before you feel completely full, and take a relaxing, sociable walk after dinner.

Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

November is Diabetes Awareness Month

There isn't a cure yet for diabetes, but a healthy lifestyle can really reduce its impact on your life. What you do every day makes the difference: eating a healthy diet, being physically active, taking medicines if prescribed, and keeping health care appointments to stay on track.

The Basics

More than 30 million people in the United States have diabetes, but 1 out of 4 of them don't know they have it.

There are three main types of diabetes: type 1, type 2, and gestational diabetes (diabetes while pregnant, which can put the pregnancy and baby at risk and lead to type 2 diabetes later).

With type 1 diabetes, your body can't make insulin (a hormone that acts like a key to let blood sugar into cells for use as energy), so you need to take it every day. Type 1 diabetes is less common than type 2 diabetes; about 5% of the people who have diabetes have type 1. Currently, no one knows how to prevent type 1 diabetes.

Most people with diabetes—9 out of 10—have type 2 diabetes. With type 2 diabetes, your body doesn't use insulin well and is unable to keep blood sugar at normal levels. If you have any of the risk factors below, ask your doctor if you should be tested for diabetes. The sooner you find out, the sooner you can start making healthy changes that will benefit you now and in the future.

Type 2 diabetes risk factors include:

Having prediabetes (blood sugar levels that are higher than normal but not high enough to be diagnosed as diabetes).

Being overweight.

Being 45 years or older.

Having a parent, brother, or sister with type 2 diabetes.

Being physically active less than 3 times a week.

Ever having gestational diabetes or giving birth to a baby who weighed more than 9 pounds.

Race and ethnicity also matter: African Americans, Hispanic/Latino Americans, American Indians/Alaska Natives, Pacific Islanders, and some Asian Americans are at higher risk for type 2 diabetes.

You can lower your risk for developing type 2 diabetes by losing a small amount of weight if you're overweight and getting regular physical activity. A small amount of weight loss means around 5% to 7% of your body weight, just 10 to 14 pounds for a 200-pound person. Regular physical activity means getting at least 150 minutes a week of brisk walking or a similar activity. That's just 30 minutes a day, five days a week.

You've Been Diagnosed with Diabetes. Now What?

It's a balancing act—food, activity, medicine, and blood sugar levels—but you can do it. Meeting with a diabetes educator is a great way to get support and guidance, including how to:

Follow a healthy eating plan.

Get physically active.

Test your blood sugar.

Give yourself insulin by syringe, pen, or pump, if needed.

Monitor your feet, skin[134 KB], and eyes to catch problems early.

Get diabetes supplies and store them according to package directions.

Manage stress and deal with daily diabetes care.

Ask your doctor about diabetes self-management education and support, and to recommend a diabetes educator. You can also search the American Association of Diabetes Educators' nationwide directory for a list of educators in your community.

Contributed by the Centers for Disease Control.

Wait time is less than 15 minutes!



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