Vol. 11 No. 26 12040 Foster Road, Norwalk, CA 90650 Friday, Aug. 4, 2017

Paralyzed from the waist down, Willie Young III rediscovers how to be a kid

six-year-old Willie Young III, his family was shattered. The playful little boy known as "Three" suffered a spinal cord injury on Jan. 7 that would leave him paralyzed from the independence will become more

shooting. In one second, the family's moment of triumph descended into tragedy.

"There was no movement or sensation below the gunshot wound," said the child's father, Willie Young II. "It was a tough pill to swallow, but you can imagine, you're just happy he's alive."

stabilized at Harbor-UCLA Medical Center, but his parents and family were frightened for their son's future. He was referred to Rancho Los Amigos National Rehabilitation Judy Helgren, "When you're having

DOWNEY – When a stray bullet Three arrived. Rancho pediatrician, from a drive-by shooter wounded Dr. Melanie Sarino, spoke to the parents first, helping them understand the extent of his injury and the purposes of rehabilitation.

"As the child grows older, his important," Dr. Sarino said. "We His father, newly ordained as train the family on how to help their a pastor, was due to give his first child become independent. It is sermon the morning after the understandable for a family to feel helpless at first. But now they know what they have to work with."

One of the first tasks was encouraging Three and his eightyear-old sister that it was safe to play together.

Occupational Therapist Heidi Dombish said, "Being a kid is his job. His job is to play and to go Three's medical condition was to school. We showed him and his family that Three could do everything he could do before, just a little differently."

Added Recreational Therapist



Center to begin the journey of fun, you do more. We don't have rehabilitation that meant the whole to encourage them to lift their family learning to adapt to a new leg one more time. When you're way of life.

first thing I really remember is how patients realize they're here to get many people I saw in wheelchairs better by playing, they like therapy and walking apparatuses. This better." place was full of people who were by had big smiles on their faces. You saw people doing things. You saw guys on the campus who were sweaty and had a basketball on their lap. We realized this is where people come to regain the rest of their lives."

Rancho, now in the midst of its

Three's dad remembers: "The you're building strength. Once our returner.

In addition to Dr. Sarino, not giving up. Everybody wheeling Helgren and Dombish, the Rancho pediatric care team for Three included Physical Therapist Deborah Levin, Physical Therapy Assistant Oliver De La Paz, Clinical Social Worker Teresa Ejandra-Sano and a team of nurses that watched over him 24/7.

Dr. Sarino jokes that she is "the Rancho Rising 2020 expansion and baby" of this team, having been a upgrade, is the jewel of the vast Los member for "only 12 years." Most of Angeles County public healthcare the team members have worked at system. One of the jewel's brightest Rancho in pediatric rehabilitation facets is the veteran pediatric care for two or three decades, helping By Alex Dominguez team that rolled into action when a patient population that is largely Staff Writer

See YOUNG on page 7

| Concerts on the Lawn

August 9



Upstream, which has emerged as one of the hottest local reggae bands, will perform at Norwalk's free concerts on the lawn series this Wednesday, Aug. 9, starting at 7 p.m. at the city civic center.

With a multi-talented line up of some of the most experienced and enlightened musicians, Upstream has mesmerized audiences throughout the world with their exhilarating Caribbean music, namely, Reggae, Calypso, Soca and Steel Drum

Guests are encouraged to bring lawn chairs and blankets to the concert. Refreshments will be available for purchase. For more information, please call 562-929-5702.



La Mirada football takes a hit as Elijah Hicks heads to UC Berkeley

LA MIRADA - The La Mirada Matadores football team lost many key pieces from last year's dominating squad including head coach Mike Moschetti and quarterback Tristan Meyers, but none will be missed more than the offensive and defensive force known as Elijah Hicks.

Hicks made the decision to attend Cal this last spring immediately following the conclusion of the season as an early transfer.

The four-star recruit shocked many when he decommitted from Notre Dame to attend Cal in hopes he could be an instant starter and impact player in January.

Ever since he arrived in Berkeley, Hicks has been making an instant impact and transitioning well to his

Hicks is projected to be a freshman standout in the PAC-12. He has been showing his explosive talent with

Saturday - Downey Elks Lodge, 6:30 pm the Golden Bears in scrimmages all preseason.

Not only is Hicks holding it down on the field, he is impressing coaches and scouts most with his scholastic prowess and competitive nature. After his first semester at the prestigious university, he finished with a 3.33 GPA.

It is extremely rare to see a shutdown cornerback with his size and speed, but what makes Hicks a phenom is his IQ. At La Mirada he showcased his ball hawking ability as a defensive back, high pointing playing, you're not realizing that the football as a wide-receiver, and his vision as kick

> It would not be surprising to see the Golden ears utilize Hick's unique skill set on special teams sometime this year. In fact, it would be a shame if they

While watching Hicks fly around the field on offense, defense, and on special teams last year, it was hard to not compare him to Michigan Wolverine legend Charles Woodson.

Woodson led the Wolverines to a National Championship en route to claiming the highest honor in college football, the Heisman Trophy back in 1997. Woodson is still the only defensive back to be honored with the award and is considered by most a first ballot Hall of Famer. - William Odis Martin, contributor

Norwalk extends marijuana ban to outdoor cultivation at private homes

NORWALK - Norwalk City Council unanimously voted to amend the existing marijuana ban to include commercial non-medical marijuana activity and outdoor marijuana cultivation at private residences.

Cities are allowed to decide whether and how to allow nonmedical marijuana related business activity, including cultivation, processing, and retail sales under Proposition 64, otherwise known as the Control, Regulate and Tax Adult Use of Marijuana Act.

Previously, the city prohibited medical marijuana dispensaries, commercial medical marijuana activity, and cultivation, whether personal or commercial, within every zone of the city.

Tuesday's vote now expands the prohibition to include commercial marijuana activity and outdoor cultivation at private residences.

The decision was made quickly and relatively quietly, with not much discussion outside of staff's report to

Vice Mayor Shryock did speak openly after the meeting, however.

"For me personally, it's a drug that alters your decision making process," said Shryock. "For our community, I think the less of that the better.

[Marijuana] is still considered a class one drug from the federal government. I know the lure of

Officer Patrick Hazell, The Mayor of the City of Whittier sent a letter to Norwalk seeking support.

It is the city council of Whittier's



additional revenue sources by the belief that this incident could taxation of that [marijuana] is a have been avoided if state law had temptation, but I think it's a temptation allowed for the suspect's appropriate that we should not fall prey to."

The Norwalk City Council on Tuesday also unanimously voiced its support for Assembly Bill 1408, which would require revocation of probation Mayor Leonard Shryock spoke, saying if the offender has violated probation terms for a third time.

AB 1408 was introduced by Assembly Majority Leader Ian Calderon on Feb. 17.

Following the fatal shooting of Whittier Police Officer Keith Boyer and the wounding of Whittier Police

incarceration for multiple probation violations and a review of the suspect's history of violent crimes.

After Tuesday's meeting, Vice that he understood that "there were a lot of pressures on our prison system."

"When people have histories of violent crime, when they have histories of regular misbehavior, antilawful behavior the law almost seems to protect them," said Shryock. "And that's a problem."

Weekend at a Glance



THINGS TO DO



Loitering Encouraged Friday - Stay Gallery, 4-8 pm

A group exhibit featuring Natalie 'Gnat' Mancillas, Mac Stewart, Francisco Reyes Jr., Small Anxieties, Joshua Fanning and Joanna Bautista.



Hot Havana Nights

Fundraiser for Downey Rose Float Assoc., featuring food, music, cigars,



Summertime in the LBC Saturday - Queen Mary, 12 pm

Day-long concert with performances by 50 Cent, YG, Wu Tang Clan, Bone Thugs 'N Harmony, Warren G, and more.



Summer Jamz at the Park Saturday - Hermosillo Park in Norwalk, 4-8 pm

Live music by Soto Band, plus food trucks, games and attractions.

FROM OUR FACEBOOK

Rep. Sanchez co-sponsors bill to protect immigrant youth from deportation

Jazzy Morillo: Thank you Rep. Sanchez for helping embody and protect everything this country was founded on. This country has always existed immigrants, and we all believe in the same American dream.

Josh Forsythe: Sorry Linda, you are wrong on this. If I come in your house illegally you can't deport me either? Whatever happened to sovereign nations and borders?



TWEETS OF THE WEEK

@lanAD57: Essay Contest: HS seniors in #AD57 graduating in Spring '18 are eligible to compete. 3 will win \$1k scholarships: https://a57. asmdc.org/AD57-2017Essay

@CerritosFalcons: Men soccer taking their first step toward a state championship: filling out paperwork. #BennysBackIsBack



The Norwalk Patriot 02 Friday, Aug. 4, 2017

Stox Restaurant welcomes news of end to Downey road construction



■ CONSTRUCTION: Restaurant claims road repairs at Imperial and Bellflower cost it \$300,000 in lost sales.

By Alex Dominguez Staff Writer

DOWNEY – A local business owner says his restaurant is going to take four months," said slowly starting to recover after Wannebo. "They goofed up, and struggling to contend with major a lot of times they weren't even road construction.

stations that will be installed at the district's bus barn.

Jack Wannebo, owner of Stox Restaurant & Bakery at 9518 Imperial Highway, says that recent road construction located on Bellflower Boulevard and Imperial Highway cost him and his restaurant \$300,000 in sales over 10 months.

"The city said it was only working on it."

55 years and has gained a loyal up, and Stox is starting to see customer base over that time.

However many of the faithful clientele stopped coming in once road work began, Wannebo said.

"They block off the road, and somebody who used to take five minutes to get here takes an hour and a half, they're not going to come here," said Wannebo.

"A lot of good customers are calling, [saying] 'Sorry, we can't come in for lunch...'...We had many good customers call and apologize for not coming down."

According to Wannebo, business was affected most drastically during the lunchtime hours from around 11:30 a.m. to 2 p.m. His waitresses have been affected as well, as many depend on their tips.

A lack of business also meant cuts in staff scheduling, Wannebo

Construction at Imperial and Bellflower has recently been

Stox has been in operation for completed and the road cleared recovery in its lunch time business. However, Wannebo feels many still haven't realized that the road is now open.

> "A lot of people, if they still think [the road] is closed, they'll say, 'Why go down there and spend an hour and a half," said Wannebo. "They're not sure yet."

Originally located at 11215 Downey Avenue, Stox opened in 1959 as Stox Pie Shop.

The restaurant moved to its current location in 1962, where it was an immediate success.

astronauts working on the Apollo space mission.

It often served

A second restaurant, Mr. Stox Restaurant, opened in Anaheim in

The Downey restaurant was sold in 1974. Jack Wannebo, the current owner, acquired the restaurant more than 25 years

Upcoming Events

MARIACHI SOL DE MEXICO: Mariachi Sol de Mexico de Jose Hernandez has performed all over the world, and this summer the 13-member band will make a stop in Orange County, returning to the OC Fair on Sunday, Aug. 6.

Founded in 1981, Sol de Mexico aims to portray the beauty of Mexico's land, people and heart. They have created 18 albums over their 36-year history, and have recorded with some of Mexico's biggest icons, including Selena and Lola Beltran.

Around 125 students will perform with the group at the Fair. Tickets start at \$17.50 and are available via Ticketmaster.

BIG RETRO SOUTHERN CALIFORNIA SLIDE SHOW: Charles Phoenix super charges the classic living room slide show into laughout-loud extravaganza of mid-century Southern California landmarks legends, and lore celebrating Bellflower's 60th birthday.



In addition to his "best of guide" to Bellflower area attractions Charles shows and tells the stories and glories of SoCal's space age suburbia, classic car culture, plus the first fast food, shopping centers, drive-ins, the early days of Knott's, Marineland, and Disneyland and much more.

The event will take place at the Bellflower Civic Auditorium, located 16600 Civic Center Drive, on Aug. 6 at 2 p.m.

TITANIC PHOTO EXHIBIT: 'Titanic in Photographs – The Exhibition' is now on display at the Queen Mary in Long Beach. Almost 100 period photographs are displayed, guiding the visitor through the immersive story of Titanic; from conception to her tragic demise.

Alongside many of the images are display cabinets, containing over 150 genuine artefacts from Titanic, her identical twin sister, Olympic and even the rescue ship, Carpathia.

The exhibit is now open daily from 11 a.m.-6 p.m. General Admission Pricing: \$27/Adult, \$17.50/Child (ages 4-11).

POWER RANGERS: This summer, the Norwalk Recreation and Park Services Department is hosting free movies at Norwalk Park, located at 13000 Clarkdale Ave.

The blockbuster films will be projected on a 400-square-foot screen, giving attendees a "movie drive-in" experience.

On Aug. 4, the city will display the hit movie Power Rangers (PG-13) starring Naomi Scott, Becky G, Elizabeth Banks, Dacre Montgomery, and Ludi Lin.

The screening will begin at dusk. Guests are encouraged to bring lawn chairs and blankets.

Refreshments will be available for purchase. For more information, please call 562-929-5702.

New electric Lynwood school buses to reduce pollution

LYNWOOD - Lynwood Unified School District will reduce air pollution and save approximately \$20,000 annually when it adds two all-electric school buses to its fleet this coming school year thanks to a pair of grants from the South Coast Air Quality Management District (SCAQMD) and the Hybrid and Zero Emission Truck and Bus Voucher Project (HVIP).

"We're excited to be adding environmentally friendly transportation to our District and evolving in a direction that will best serve our community," LUSD Superintendent Gudiel Crosthwaite said. "These are necessary steps in keeping our District safe for our students."

The eLion Type C buses are expected to arrive this fall, pending the issuance of the nearly \$800,00 in grants, but Lynwood Unified staff members received an early preview on July 19 when they rode in an electric bus prototype. The group of about 30 aboard the bus included Lynwood Transportation Department members, representatives from the First Priority GreenFleet bus provider and Ev Connect charging service, along with SCAQMD members.

Capable of accommodating more than 70 passengers each, the eLion buses offer wide 18-inch aisles, roomier than the standard 12-inch space, for comfortable student mobility. The electric motor features a quiet ride. The buses will be capable of traveling 75 miles while fully charged at one of the

"We will be operating on a smart charging system that communicates to the bus and the driver and keeps them aware of time, distance and safety features," Lynwood Director of Maintenance Operations & Transportation Gustavo Gonzalez said. "Our drivers are looking forward to receiving new training and upgrading the transportation of our students."

The eLion vehicles will save the district fuel and maintenance costs as the electric buses don't require oil or transmission fluid and offer longer use of brakes. Most importantly, children of the district will be less exposed to smog-forming pollution emitted by diesel buses.

Fifty-one public school districts applied for the SCAQMD grant. Lynwood was one of just 16 to earn the award, which includes \$496,000 for the vehicles and \$40,000 for charging stations. The HVIP grant will award \$260,000.





Opinion 03 Friday, Aug. 4, 2017 The Norwalk Patriot

HAMILTON: Good communication lies at the heart of our successful democracy

By Lee H. Hamilton

Do ordinary citizens still have a voice in Washington and in their state capitals? Despite the cynicism of these times, my answer is, yes, we do... But we have to exercise it.

I don't just mean going to a town hall meeting and yelling, or shooting off a letter or email. I mean making an appointment to sit down with your representative — in his or her office, at a cafe in the district, or wherever else you can meet — and holding a real conversation. We don't do this often enough in our country, perhaps because most people think it's impossible to arrange. It's not, although it might take patience to get an appointment with a busy representative. And to my mind, it's the most effective way for citizens to communicate with their representatives.

This is important because the heart of a representative democracy does not lie in its electorate, or even its elected officials. It rests in the communication between them, in the give and take that allows each to understand the other. Over my years in office I noticed a few things about how to make this conversation more fruitful and effective, and, for what it's worth, I pass them along.

My guess is that in almost all cases, the representative will be gracious, attentive, and welcoming; he or she will see the meeting as a chance to reach out and perhaps win a constituent's support. What makes the difference in these meetings is the manner in which the voter approaches them.

So my first comment is that you want to keep the discussion respectful and polite. Incivility and confrontation are counterproductive. If you want to have an impact, do not be argumentative or confrontational. Explain how the issues affect you personally and make it clear that you're seeking to establish ongoing communication,

Rep. Sánchez co-sponsors bill to protect immigrant youth from deportation



WASHINGTON D.C. - House Democratic Vice Chair Linda Sánchez (D-CA), member of the Congressional Hispanic Caucus, has cosponsored The American Hope Act of 2017 to protect Deferred Action for Childhood Arrivals program (DACA) recipients from deportation and create a legal path towards citizenship for undocumented youth.

The American Hope Act would allow undocumented immigrants who came to the United States as children to apply for conditional permanent resident (CPR) status.

They would subsequently apply for lawful permanent resident us off. (LPR) status and, ultimately, earn citizenship.

"I am proud to introduce this vital legislation with my colleague, Rep. Luis Gutierrez with strong support from members of the Democratic Caucus in order to protect over 800,000 DACA recipients and other immigrant youth from deportation," Sánchez said.

"The American Dream is about perseverance. Success is not given to Dear Editor: you. But when you're not even given the opportunity to prove yourself, the very meaning of the American Dream becomes an empty promise."

Sánchez continued: "President Trump's efforts to deport hardworking and law-abiding members of our society undermines our values as Americans.

"If you are a contributing member of the United States who's lived here your whole life, works hard, pays taxes and stays out of trouble, you deserve the opportunity to have a legal path towards citizenship."

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not just a 'one and done' meeting.

If your representative comes to respect you because of your statewideapproach and your knowledge, that's an important step forward in expanding your influence. Because don't forget that the reverse can also be true: You'll make it easy to ignore you by behaving ungraciously.

This next part may seem daunting, but it shouldn't be: Do your homework. It goes without saying that you should identify yourself and whoever else is with you, let your representative know whom you're representing — don't exaggerate your numbers — and above all, make it very clear what you want him or her to do or not to do. And you'll be far more effective if you're well-informed about the core facts on the issues and about the person you're speaking to: his or her party, length of service, committees, interests, views, ratings and

Understand that legislators deal with many challenging relationships: voters, donors, constituents, interest groups, party officials, congressional or legislative leadership, governors and presidents, and an array of others. So, listen carefully and ask a lot of questions, and get clarity about where your representative stands on your issues and why. Test his or her knowledge of the issues, and the depth of commitment to the views he or she takes. Be firm in insisting on direct answers, but don't be adamant or unreasonable. If you want to, record the session, but be sure to advise the representative you

In short, having a productive conversation with elected representatives comes down to being informed, remaining courteous, being curious and open to dialogue yourself, and stating your views and understanding of the issues as clearly as possible.

If you engage in this fashion with your representatives on a regular basis, I think you'll have reason to be satisfied that you're stepping up to your responsibilities and raising your effectiveness as a citizen. And if conversations of this quality are multiplied across the country, it really will improve the quality of our representative democracy and contribute to the direction and success of our country.

Lee Hamilton was a member of the U.S. House of Representatives for 34 years. He is a Senior Advisor for the Indiana University **Center on Representative Government.**

Fed up with Democrats

I'm in complete agreement with Betty Logan. If the Democrats are in office we're going to pay more taxes.

They have tried for years to break Prop. 13. If they get the Parcel Tax (ACA6) passed it will override the 2/3 majority of Pro. 13 to pass taxes and it will be a simple majority and they can raise taxes anytime. Maybe California politicians could cut their salaries and pensions and save us some money. Now is the time to call Assem. Cristina Garcia and Sen. Tony Mendoza (who is on record supporting it) and let them know we don't want it.

Then on the front page of The Downey Patriot we read that our L.A. County Supervisors, Janice Hahn, Kuehl, Saliss, and Barger (all Democrats, apparently) didn't have enough to do, so now they are wearing super-hero headbands (how cute) while discussing Hahn's motion to remodel the Marina Del Rey Fire Station to accommodate both male and female firefighters and then expect other fire departments to do the same.

Our fire departments are doing just fine and we don't need to spend taxpayers' money to accommodate both male and female locker rooms, dormitories and restroom facilities. Do they need a little headband too? Leave what is working well alone and find something useful to do that doesn't include spending or raising tax money.

We've already seen what the Democrats did to our federal budget deficit and the healthcare that wasn't supposed to cost us one dime more, or how they increased our national debt. What we need are fewer politicians ripping

Marilyn Madru Downey

L.A.'s crime rate

L.A. crime is not experiencing the frightening days of violent crime. Children's healthcare Overall, L.A. is a safer place compared to 1980s and 1990s.

The crimes in Los Angeles have decreased 6% from 2015 to 2016. However, in 2017, crime rates have gone up less than 1 percent, a small increase. We need to reexamine how we are evaluating our crime statistics.

Did we reach a point for celebration? Not yet. Celebration can be legitimate when the rate of recidivism decreases. It is important to focus on what the county is doing to prevent individuals from being rearrested as well as assess prevention programs that are implemented in local at risk communities.

Vanessa Torres, Erika Unruh, Cristina Pinedo, Ryan Nguyen (The authors of this letter are Master of Social Work candidates Cal State Long Beach; Erika and Vanessa are Downey residents.)

California love

Dear Editor:

California and Texas are two of the largest states in the United States but the cost of living can vary significantly. One factor that contributes to California outstripping the rest of America in almost every economic area is due to having a high cost of living in comparison to other states.

With jobs continuously moving to other states, California's population continues to grow.

California's economy is fundamentally healthy and strong. California ranks in the top five states with growing percentages of jobs while Texas ranks in 20th.

Evidently, California is superior to Texas and every other state in America. The "Golden State" is the home of diverse immigration populations, numerous career opportunities and the best weather near the Pacific Ocean

Vanessa Torres, Erika Unruh, Cristina Pinedo, Ryan Nguyen (The authors of this letter are Master of Social Work candidates Cal State Long Beach; Erika and Vanessa are Downey residents)

Letters to the Editor

Have an opinion you'd like to share? Letters to the editor for this newspaper can be mailed to 12040 Foster Road, Norwalk, CA 90650, or e-mailed to christian@thenorwalkpatriot.com.

Ban 'safe and sane' fireworks

Dear Editor:

Every year, in the first two weeks of July, complaints are expressed about the problems resulting from fireworks being set off in neighborhoods. These are very real and justifiable complaints. The consideration of banning the sale of "safe and sane" fireworks was brought up in 2015 by Downey Councilmember Brossmer, but to my knowledge, the Downey City Council has not taken

A bit of recent history: sometime around 2001, Downey's citizens voted on a measure to ban the sale of "safe and sane" fireworks in the city. It did not pass. At that time, former Mayor Bob Winningham was a leading advocate of

I was on the City Council with Mr. Winningham, and while we agreed on many issues, I had opposed the measure; based on the fact that the sale of "safe and sane" fireworks generated significant revenues for about 14 non-profit groups in the city. Also, banning "safe and sane" doesn't solve the problem the much larger problem has always been the use of illegal fireworks.

I don't know that there is a perfect solution, but this is probably the closest

Have our state legislatures quit spending their time increasing our gasoline and vehicle taxes, and write legislation that will ban the sale of all fireworks, including "safe and sane" (other than those permitted and licensed for fireworks shows) - the ban being applied statewide. This would eliminate the purchase of "safe and sane" in a neighboring city where they might be legal. This should also simplify the work of our police and fire because the law is one that covers all of California, and not just a patchwork of cities.

This is a safe and sane approach for all of our communities.

Keith McCarthy Former Downey Mayor

Showing love for personal trainer

Dear Editor:

Happy birthday to Carl Causly. He does so much for many of us by making exercise fun.

The city of Downey made the right decision many years ago to have Carl teach at our parks. You can't go wrong by signing up for one or many of Carl's classes. He greets everyone with a great big smile and makes you feel

Carl is a master at motivating everyone in the class with his enthusiasm and fun loud music. There is a gentle nature about him and he is never critical of anyone. Carl is not a coach that stands there and yells out the next exercise; he often jumps in and does the exercises with us.

It's an honor to be part of the C-Fit family and we will be followers of Carl

Joe and Victoria Prieto

Drug abuse is a public health issue

Dear Editor:

Understandably, substance abuse may be a challenging topic to fund due to stigmas attached to this population. However, with evolving times creative means of treatment approaches should be explored.

Decreasing substance abuse is the goal, where treatment facilities may not be accessible to everyone and proven less effective on their own. Drug use should definitely be addressed as a public health issue. The rigid zero tolerance policies of the past have only seemed to contribute to the drug abuse problem.

Assembly Bill 186 offers an opportunity to a more progressive, harm reduction approach. We should explore this alternative to help reduce the harms and health consequences associated with drug abuse.

Joseph Marin, Karina Lares, Estefania Hermosilla, Cassandra Cruz, Aaron Kosterlytzky

(The authors of this letter are Master of Social Work candidates at Cal State Long Beach.)

Dear Editor:

California's Children's Hospital has just recently been named one of the country's top children's hospitals. With the drastic cuts in Medicaid, hospitals such as these would lose funding and services that are desperately needed.

Cutting services such as speech and physical therapy can impair the learning ability of many children that rely on these programs to grow and succeed in our world.

As a millennial, this cut in funding for children's healthcare makes me fear the health care that my future children will have access to. A parent should never have to choose whether to pay for their children's health care bills or pay bills for their families' basic needs.

Children and entire families would be punished if this new health bill passes, punished for medical conditions that they have no control or say in. This is Un-American, inhumane.

Daniela Anzueto, Lindy Castillo, Sara Escalante, Madelin Melara (The authors of this letter are Masters of Social Work candidates at Cal State Long Beach.)

Janice Hahn's priorities

Dear Editor:

Janice Hahn would serve her constituents well if she concentrated on issues that affect our daily lives, such as homelessness, traffic congestion, air quality, affordable housing, etc. rather than the gender of firefighters.

When women's physiology is such that they have the upper body strength to perform the duties of the position, then they should be given consideration, but to suggest that the LA County Fire Chief increase female hiring for purely statistical purposes is foolhardy.

Norma Gutierrez

Downey

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SPEED BUMP



DAVE COVERLY

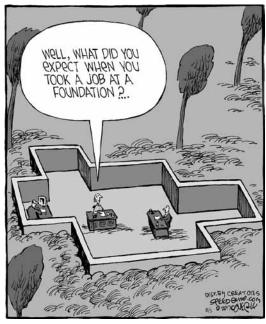












On This Day...

August 4, 1821,: "The Saturday Evening Post" was published for the first time as a weekly.

1966: A ban of the broadcast of any and all Beatles records on most U.S. radio stations went into effect after John Lennon said the band was now more popular than Jesus Christ.

1977: President Carter signed the measure that established the Department of Energy.

2009: North Korean leader Kim Jong-il pardoned two American journalists, who had been arrested and imprisoned for illegal entry earlier in the year.

BIRTHDAYS: Actor Billy Bob Thornton (62); Voice actress Lauren Tom (56); Former U.S. President Barack Obama (56): TV actor Daniel Dae Kim (49): NASCAR driver Jeff Gordon (46): R&B singer Marques Houston (36); "Vampire Diaries" star Nathaniel Buzolic (34); U.S. Olympic soccer star Kelley O'Hara (29); and Actors Dylan and Cole Sprouse (25).



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Send us your Letters to the Editor, Press Releases, photos, meeting and club schedules!

Address:

12040 Foster Road Norwalk, CA 90650

Email:

news@thedowneypatriot.com

CALENDAR OF EVENTS

FRIDAY, AUGUST 4

Dusk - Power Rangers movie - Norwalk Park, 13000 Clarkdale Ave.

SATURDAY, AUGUST 5

4:00 p.m. - 8:00 p.m. - Summer Jamz at the Park - Hemosillo Park

MONDAYS

1st, 6:00 p.m. - Public Safety meetings - Council Chambers

TUESDAYS

8:00 a.m. - 1:00 p.m. - Farmers Market - Excelsior High School 12:00 p.m. - Rotary - Doubletree Hotel

1st & 3rd 6:00 p.m. - Toastmasters Meetings - Registrar Recorder/County Clerks Office 2nd & 4th, - Toastmasters Meetings - Norwalk Library

1st & 3rd, 6:00 p.m. - City Council - Council Chambers 3rd, 5:45 p.m. - Housing Authority - Council Chambers

WEDNESDAYS

10:30 a.m. - Woman's Club - Masonic Lodge 1st, 12:30 p.m. - Soroptimist International - Soroptimist Village 1st & 3rd, 7:00 p.m. - Lions Club - Bruce's Restaurant 2nd & 4th, 1:30 p.m. - Alondra Senior Citizens - Social Services Center 2nd & 4th, 7:30 p.m. - Planning Commission - Council Chambers 4th, 11:30 a.m. - Coordinating Council - Arts & Sports Complex

THURSDAYS

1:00 p.m. - Adult color club "Color Us Happy" - Norwalk Library 7:00 p.m. - Boy Scouts Troop 924 - Norwalk United Methodist Church 2nd, 7:30 p.m. - Golden Trowel -Norwalk Masonic Lodge 3rd, 8:00 p.m. - American Legion Post No. 359 - 11986 Front St.

SATURDAYS

2nd, 8:30 a.m. - 10:30 a.m. - Pancake Breakfast - First Christian Church of Norwalk

Have an event you want listed? E-mail news@thedowneypatriot.com

by S.N.

THE NEWSDAY CROSSWORD Edited by Stanley Newman (www.StanXwords.com) TRASH TALK: In the ballpark

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WWW.STANXWORDS.COM

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Reach Stan Newman at P.O. Box 69, Massapequa Park, NY 11762, or at www.StanXwords.com

ADVERTISING POLICY

The Norwalk Patriot reserves the right to censor, reclassify, revise or reject any ad. The Norwalk Patriot is not responisble for incorrect ads beyond the first business day of an ad scheduled. Please check your ad on the first day of publication and report any errors we have made to the Classified Department at 562-904-3668 at the beginning of the next business day to have it publish correctly for the remainder of the schedule.

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

Tanzania's OLDUVAI Gorge (114

Across).



EGALS

FICT. BUS NAME

STATEMENT OF ABANDONMENT OF USE OF FICTITIOUS BUSINESS NAME

2017180788 2017180788

FILE NO: 2015231536 DATE FILED:
SEPTEMBER 8, 2015

NAME OF BUSINESS(ES): HAIR LAND
STREET ADDRESS, CITY, STATE,
ZIP CODE: 15915 PIONEER BLVD.,
NORWALK, CA,90650

REGISTERED OWNERS(S): (1) LINDA
HYO SOOK OH, 7252 BENARES ST.,
DOWNEY CA 90241

If Corporation or LLC – Print State of
Incorporation/Organization: N/A

Incorporation/Organization: N/A
Business was conducted by: an Individual I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or

she knows to be false is guilty of a crime.) S/ LINDA HYO SOOK OH, OWNER This statement was filed with the County Clerk of LOS ANGELES on JULY 12, 2017

The Norwalk Patriot 7/21/17, 7/28/17, 8/4/17, 8/11/17

GOVERNMENT

CITY OF NORWALK SUMMARY ORDINANCE NO. 17-1693U

The Norwalk City Council, at a meeting held August 1, 2017, adopted proposed Ordinance No. 17-1693U, AN INTERIM ORDINANCE OF THE CITY OF NORWALK ENACTED PURSUANT TO CALIFORNIA GOVERNMENT CODE SECTION 65858 EXTENDING THE URGENCY ORDINANCE NO. 17-1692U PROHIBITING NEW ACCESSORY DWELLING UNITS, EXCEPT THOSE THAT SATISFY SPECIFIED STANDARDS, which will extend Interim Ordinance No. 17-1692U for an additional term of 10 months and 15 days past the initial expiration date of Interim Ordinance No. 17-1692U. The ordinance temporarily prohibits the creation of accessory dwelling units, unless such proposed units satisfy specific standards as detailed in the interim ordinance. This ordinance applies Citywide to residential properties and will expire on June 19, 2018.

AYES: Councilmembers Ayala, Perez, and Rios, Vice Mayor Shryock, and Mayor Vernola NOES: None ABSENT: None

The full text of Ordinance No. 17-1693U is available for review in the Office of the City Clerk during regular business hours.

Theresa Devoy, CMC, City Clerk August 4, 2017

The Norwalk Patriot 8/4/17

CITY OF NORWALK SUMMARY **ORDINANCE NO. 17-1694**

The Norwalk City Council, at a meeting held August 1, 2017, introduced proposed Ordinance No. 17-1694, AN ORDINANCE OF THE CITY OF NORWALK AMENDING OF THE CITY OF NORWALK AMENDING SECTION 17.04.080 OF THE NORWALK MUNICIPAL CODE TO EXPRESSLY PROHIBIT ALL COMMERCIAL NON-MEDICAL MARIJUANA ACTIVITY AND OUTDOOR NON-MEDICAL MARIJUANA CULTIVATION INCLUDING ON PRIVATE RESIDENCES IN THE CITY, AND FINDING THE ORDINANCE EXEMPT FROM THE CALIFORNIA ENVIRONMENTAL QUALITY ACT. by the following roll call vote:

AYES: Councilmembers Ayala, Perez, and Rios, Vice Mayor Shryock, and Mayor Vernola NOES: None **ABSENT: None**

Adoption of Ordinance No. 17-1694, an amendment to the Norwalk Municipal Code Section 17.04.080, retitles the Section to "Marijuana Prohibitions and Regulations" which bans commercial marijuana activity including, but not limited to cultivation processing, retails sales, and delivery. All existing prohibitions remain in place, and the new ordinance further prohibits outdoor marijuana cultivation upon private

The full text of Ordinance No. 17-1694 is available for review in the Office of the City Clerk during regular business hours.

Theresa Devoy, CMC, City Clerk August 4, 2017

The Norwalk Patriot 8/4/17

TRUSTEE SALES

NOTICE OF TRUSTEE'S SALE Trustee Sale No.: 00000005469317 Title Order No.: TSG1508-CA-2708603 FHA/VA/PMI No.: ATTENTION RECORDER: THE FOLLOWING REFERENCE TO AN ATTACHED SUMMARY APPLIES ONLY TO COPIES PROVIDED TO THE TRUSTOR, NOT TO THIS RECORDED ORIGINAL NOTICE. NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED YOU ARE IN DEFAULT UNDER A DEED OF TRUST, DATED 08/17/2005. UNLESS YOU TAKE IN DEFAULT UNDER A DEED OF TRUST, DATED 08/17/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP, as duly appointed Trustee under and pursuant to Deed of Trust Recorded on 08/26/2005 as Instrument No. 05 2056886 of official records in the office of the County Recorder of LOS in the office of the County Recorder of LOS ANGELES County, State of CALIFORNIA. EXECUTED BY: GEREMY REESE AND VALERIE REESE, HUSBAND AND WIFE VALERIE REESE, HUSBAND AND WIFE AS JOINT TENANTS, WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK/CASH EQUIVALENT or other form of payment authorized by California Civil Code 2924h(b), (payable at time of sale in lawful money of the United States). DATE OF SALE: 08/28/2017 TIME OF SALE: 11:00 AM PLACE OF SALE: BY THE FOUNTAIN LOCATED AT 400 CIVIC CENTER PLAZA, POMONA, CA 91766. STREET ADDRESS and other common designation, if any, of the real common designation, if any, of the real property described above is purported to be: 11114 JERSEY AVENUE, NORWALK, CALIFORNIA 90650 APN#: 8016-008-006 The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is \$393,261.51. The beneficiary under said Deed of Trust heretofore executed and delivered to the undersigned a written Declaration of Default and Demand for Sale, and a written Notice of Default and Election to Sell. The undersigned caused said Notice of Default and Election to Sell to be recorded in the county where the real

property is located.
NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You

will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of frust hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 714-730-2727 for information regarding the trustee's sale or visit this Internet Web site www.servicelinkASAP. com for information regarding the sale of this property, using the file number assigned to this case 0000005469317. Information about postponements that are very short in duration or that occur close in time to in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. FOR TRUSTEE SALE INFORMATION PLEASE CALL:
AGENCY SALES and POSTING 714-730-2727 www.servicelinkASAP.com BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP as Trustee 20955 Pathfinder Road, Suite 300 Diamond Bar, CA 91765 (866) 795-1852 Dated: 07/20/2017 BARRETT DAFFIN FRAPPIER TREDER and WEISS, LLP IS ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT.

The Norwalk Patriot 7/28/17, 8/4/17, 8/11/17

ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. A-4627670 07/28/2017, 08/04/2017, 08/11/2017

APN: 8024-014-016 TS No: CA08004708-14-1 TO No: 8481014 NOTICE OF TRUSTEE'S SALE (The above statement is made pursuant to CA Civil Code Section 2923.3(d)(1). The Summary will be provided 2923.3(d)(1). The Summary will be provided to Trustor(s) and/or vested owner(s) only, pursuant to CA Civil Code Section 2923.3(d)(2).) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED July 9, 1985. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDINGS AGAINST YOU, YOU SHOULD CONTACT A LAWYER. On September 6, 2017 at 09:00 AM, near the fountain located in the Civic Center Plaza, 400 Civic Center Plaza, Pomona, CA 91766, 400 Civic Center Plaza, Pomona, CA 91766, MTC Financial Inc. dba Trustee Corps, as the duly Appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust recorded on July 29, 1985 as Instrument No. 85 866810, and that said Deed of Trust was modified by Modification Agreement and recorded June 13, 1997 as Instrument Number 97 882882, of official Instrument Number 97 882882, of official records in the Office of the Recorder of Los Angeles County, California, executed by JOSEPH M. SZILAGYI, A SINGLE MAN AND CHRISTINE A. CASAREZ, A SINGLE WOMAN, as Trustor(s), in favor of SECURITY PACIFIC NATIONAL BANK, A NATIONAL BANKING ASSOCIATION A NATIONAL BANKING ASSOCIATION as Beneficiary, WILL SELL AT PUBLIC AUCTION TO THE HIGHEST BIDDER, in lawful money of the United States, all payable at the time of sale, that certain property situated in said County, California describing the land therein as: AS MORE FULLY DESCRIBED IN SAID DEED OF TRUST The property heretofore described is being sold "as is". The street address and other common designation, if any, of the real property described above is purported to be: 11856 CYCLOPS STREET, NORWALK, CA 90650 The undersigned Trustee disclaims any liability for any incorrectness of the street any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made without covenant or warranty, express or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the Note(s) secured by said Deed of Trust, with interest thereon, as provided in said Note(s), advances if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligations secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of this Notice of Trustee's Sale is estimated to be \$55,739.37 (Estimated). However, prepayment premiums, accrued interest and advances will increase this figure prior to sale. Beneficiary's bid at said sale may include all or part of said amount. In addition to cash, the Trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union or a check drawn by a state or federal savings and loan association, savings association or savings bank specified in Section 5102 of the California Financial Code and authorized to do business in California, or other such funds as may be acceptable to the Trustee. In the event tender other than cash is accepted, the Trustee may withhold the issuance of the Trustee's Deed Upon Sale until funds become available to the payee or endorsee as a matter of right. The property offered for sale excludes all funds held on account by the property receiver, if applicable. If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee and the successful bidder shall have no further recourse. Notice to Potential Bidders If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a Trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a Trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same Lender may hold more than one mortgage or Deed of Trust on the property. Notice to Property Owner The sale date shown on this Notice Owner The sale date shown on this Notice of Sale may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to Section 2924g of the California Civil Code. The

law requires that information about Trustee Sale postponements be made available to you and to the public, as a courtesy to those

not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time

and, if applicable, the rescheduled time and date for the sale of this property, you may call in Source Logic at 702-659-7766 for information regarding the Trustee's Sale or visit the Internet Web site address listed below for information regarding the sale of this property, using the file number assigned to this case, CA08004708-14-1. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not

in time to the scheduled sale may not immediately be reflected in the telephone

information or on the Internet Web site.

information is to attend the scheduled sale Date: July 26, 2017 MTC Financial Inc dba Trustee Corps TS No. CA08004708 Myron Ravelo, Authorized Signatory SALE INFORMATION CAN BE OBTAINED ON LINE AT www.insourcelogic.com FOR AUTOMATED SALES INFORMATION PLEASE CALL: In Source Logic AT 702-659-7766 Trustee Corps may be acting as a debt collector attempting to collect a debt Any information obtained may be used for that purpose. ISL Number 33294, Pub Dates: 08/04/2017, 08/11/2017, 08/18/2017, NORWALK PATRIOT

The Norwalk Patriot 8/4/17, 8/11/17, 8/18/17

T.S. No.: 2017-00778-CA

8079-026-002 Property Address: 11509 Hayford Street, Norwalk, CA 90650

NOTICE OF TRUSTEE'S SALE

PURSUANT TO CIVIL CODE §
2923.3(a) and (d), THE SUMMARY OF
INFORMATION REFERRED TO BELOW
IS NOT ATTACHED TO THE RECORDED
COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE

NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED

TRUSTOR.

注:本文件包含一个信息摘要 참고사항: 본 첨부 문서에 정보 요약서가 있습니다 NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACIÓN DE ESTE DOCUMENTO TALA: MAYROONG BUOD NG IMPORMASYON SA DOKUMENTONG ITO NA NAKALAKIP LƯU Ý: KĖM THEQ ĐẦY LÀ BẢN TRÌNH BẢY TÓM LƯỢC VỀ THỔNG TIN TRONG TẢI LIỆU NÀY

IMPORTANT NOTICE TO PROPERTY OWNER:
YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 05/10/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER.

Trustor: Spring I Mccalman, AN UNMARRIED WOMAN Duly Appointed Trustee: Western Progressive, LLC Deed of Trust Recorded 05/17/2006 as

Deed of Trust Recorded U5/1/7/2006 as Instrument No. 06 1083430 in book ---, page--- and of Official Records in the office of the Recorder of Los Angeles County, California, Date of Sale: 08/23/2017 at 11:00 AM Place of Sale: BEHIND THE FOUNTAIN LOCATED IN CIVIC CENTER PLAZA, 400 CIVIC CENTER PLAZA, POMONA, CA 91766

Estimated amount of unpaid balance, reasonably estimated costs and other charges: \$535,129.60

NOTICE OF TRUSTEE'S SALE

THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE:

All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as:

More fully described in said Deed of Trust. Street Address or other common designation

of real property: 11509 Hayford Street, Norwalk, CA 90650 A.P.N.: **8079-026-002**

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if

The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust with interest thereon, as provided in said note(s), advances under the terms of said Deed of advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is:

Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt.

If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse.

The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located.

NOTICE OF TRUSTEE'S SALE

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks olved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this Internet Web site http://www.altisource.com/MortgageServices/DefaultManagement/TrusteeServices.aspx using the file number assigned to this case 2017-00778-CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on

Western Progressive, LLC, as Trustee for beneficiary C/o 30 Corporate Park, Suite 450 Irvine, CA 92606 Sale Information Line: (866) 960-8299 http://www.altisource.com/ MortgageServices/DefaultManagement/ TrusteeServices.aspx

Trustee Sale Assistant
Date: July 14, 2017

WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE.

The Norwalk Patriot 7/28/17, 8/4/17, 8/11/17 NOTICE OF TRUSTEE'S SALE TS NO. 261218CA Order No.: 1422435 NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED TO THE COPY PROVI DED TO THE MORTGAGOR OR TRUSTOR (Pursuant to Cal. Civ. Code 2923.3) YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 7/21/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, auction sale to the highest bidder for cash, cashier's check drawn on a state or national bank, check drawn by state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 to the Financial C ode and authorized to do business in this state, will be held by duly appointed trustee. The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust, with interest and late charges thereon, as provided in the note(s), advances, under the terms of the Deed of Trust, interest thereon, fees, charges and expenses of the Trustee for the total amount (at the time of the initial publication of the Notice of Sale) reasonably estimated to be set forth below. The amount may be greater on the day of sale. BENEFICIARY MAY ELECT TO of sale. BENEFICIARY MAY ELECT TO BID LESS THAN THE TOTAL AMOUNT DUE. Trustor(s): ORIETTA PRIETO, A SINGLE WOMAN Recorded: 7/29/2005 as Instrument No. 05 1804727 of Official Records in the office of the Recorder of LOS ANGELES County, California; Date of Sale: 8/29/2017 at 10:00 AM Place of Sale: Behind the fountain located in Civic Center Plaza, located at 400 Civic Center Plaza. Pomona CA 91766 Amount of unpaid Plaza, Pomona CA 91766 Amount of unpaid balance and other charges: \$770,142.92
The purported property address is: 14544 DALWOOD AVENUE, NORWALK, CA 90650 Assessor's Parcel No.: 8075-014-001
NOTICE TO POTENTIAL BIDDERS: If you are considering hidding on this property lies. are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. **NOTICE TO PROPERTY OWNER:** The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call **916-939-0772** for information regarding the trustee's sale or visit this Internet Web the trustee's sale of visit this internet we site http://www.qualityloan.com, using the file number assigned to this foreclosure by the Trustee: 261218CA. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. The undersigned Trustee disclaims any liability for any incorrectness

of the property address or other common designation, if any, shown herein. If no street address or other common designation

is shown, directions to the location of the property may be obtained by sending a written request to the beneficiary within 10

whiten request to the beneficiary within 7 days of the date of first publication of this Notice of Sale. If the sale is set aside for any reason, including if the Trustee is unable to convey title, the Purchaser at the sale shall be entitled only to a return of the monies paid to the Trustee. This shall be the Purchaser's sale and exclusive secret.

sole and exclusive remedy. The purchaser shall have no further recourse against the Trustor, the Trustee, the Beneficiary, the

Trustor, the Trustee, the Beneficiary, the Beneficiary's Agent, or the Beneficiary's Attorney. If you have previously been discharged through bankruptcy, you may have been released of personal liability for this loan in which case this letter is intended to exercise the note holders right's against the real property only. QUALITY MAY BE CONSIDERED A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT AND ANY INFORMATION ORTAINED WILL BE

ANY INFORMATION OBTAINED WILL BE

ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE. Date: Quality Loan Service Corporation 411 Ivy Street San Diego, CA 92101 619-645-7711 For NON SALE information only Sale Line: 916-939-0772 O r Login to: http://www.qualityloan.com Reinstatement Line:

(866) 645-7711 Ext 5318 Quality Loan Service Corp. TS No.: **261218CA** IDSPub #0129728 8/4/2017 8/11/2017 8/18/2017

The Norwalk Patriot 8/4/17, 8/11/17, 8/18/17

T.S. No.: 2015-01137-CA 8080-033-008 Property Address: 12126 Hopland Street, Norwalk, CA 90650

NOTICE OF TRUSTEE'S SALE

PURSUANT TO CIVIL CODE § 2923.3(a) and (d), THE SUMMARY OF INFORMATION REFERRED TO BELOW IS NOT ATTACHED TO THE RECORDED COPY OF THIS DOCUMENT BUT ONLY TO THE COPIES PROVIDED TO THE TRUSTOR.

NOTE: THERE IS A SUMMARY OF THE INFORMATION IN THIS DOCUMENT ATTACHED

注:本文件包含一个信息摘要 참고사항: 본 첨부 문서에 정보 요약서가 있습니다 NOTA: SE ADJUNTA UN RESUMEN DE LA INFORMACIÓN DE ESTE

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BÀY TÓM LƯỢC VỀ THÔNG TIN TRONG
TẮI LIỆU NÀY

IMPORTANT NOTICE TO PROPERTY

IMPORTANT NOTICE TO PROPERTY OWNER:
YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 10/17/2005. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER SHOULD CONTACT A LAWYER.

Trustor: GWANG GYUN KIM, A SINGLE MAN

MAN
Duly Appointed Trustee: Western
Progressive, LLC
Deed of Trust Recorded 11/02/2005 as
Instrument No. 05 2645996 in book ---, pageand of Official Records in the office of the Recorder of Los Angeles County, California, Date of Sale: 08/25/2017 at 11:00 AM Place of Sale: B E H I N D T H E FOUNTAIN LOCATED IN CIVIC CENTER PLAZA, 400 CIVIC CENTER PLAZA, POMONA, CA 91766

Estimated amount of unpaid balance, reasonably estimated costs and other charges: \$621,836.21

NOTICE OF TRUSTEE'S SALE

THE TRUSTEE WILL SELL AT PUBLIC AUCTION TO HIGHEST BIDDER FOR CASH, CASHIER'S CHECK DRAWN ON A STATE OR NATIONAL BANK, A CHECK DRAWN BY A STATE OR FEDERAL CREDIT UNION, OR A CHECK DRAWN BY A STATE OR FEDERAL SAVINGS AND LOAN ASSOCIATION, A SAVINGS ASSOCIATION OR SAVINGS BANK SPECIFIED IN SECTION 5102 OF THE FINANCIAL CODE AND AUTHORIZED TO DO BUSINESS IN THIS STATE:

All right, title, and interest conveyed to and now held by the trustee in the hereinafter described property under and pursuant to a Deed of Trust described as:

More fully described in said Deed of Trust.

Street Address or other common designation of real property: 12126 Hopland Street, Norwalk, CA 90650 A.P.N.: 8080-033-008

The undersigned Trustee disclaims any liability for any incorrectness of the street address or other common designation, if any, shown above.

The sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by the Deed of Trust with interest thereon, as provided in said note(s), advances, under the terms of said Deed of Trust, fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust. The total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$621,836.21.

Note: Because the Beneficiary reserves the right to bid less than the total debt owed, it is possible that at the time of the sale the opening bid may be less than the total debt.

If the Trustee is unable to convey title for any reason, the successful bidder's sole and exclusive remedy shall be the return of monies paid to the Trustee, and the successful bidder shall have no further recourse.

The beneficiary of the Deed of Trust has executed and delivered to the undersigned a written request to commence foreclosure, and the undersigned caused a Notice of Default and Election to Sell to be recorded in the county where the real property is located

NOTICE OF TRUSTEE'S SALE

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist an this property. liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information.

If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on this property.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call (866)-960-8299 or visit this Internet Web site http://www.altisource.com/MortgageServices/ DefaultManagement/TrusteeServices.
aspx using the file number assigned to this case 2015-01137-CA. Information about nostonements that are very short about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale.

Western Progressive, LLC, as Trustee for beneficiary C/o 30 Corporate Park, Suite 450 Irvine, CA 92606 Sale Information Line: (866) 960-8299 http://www.altisource.com/ MortgageServices/DefaultManagement/ TrusteeServices.aspx

Trustee Sale Assistant
Date: July 18, 2017

WESTERN PROGRESSIVE, LLC MAY BE ACTING AS A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED MAY BE USED FOR THAT PURPOSE.

The Norwalk Patriot 7/28/17, 8/4/17, 8/11/17

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MOVING SALE

Used Furniture: 4pc maple bdrm set; 14 cu ft refrigerator - white; 1 full size bed frame w/ hd & ft brd; 2 twin size bed frames w/ hd & ft brds; 1 drafting table w/ lamp & stool; 1 side board w/ book shelf needs work.

Antique Furniture: 1 large spinning wheel; 1 small desk w/ 2 drawers; 1 library octagon table; 1 1904 Victrola - working! 1 oak commode w/ 3 drawers & cabinet; 1 1948 Crosley music center cabinet w/ TV (not working); record player, radio; 1 Hoosier kitchen cabinet.

Call (310) 613-8444 for appt.

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The Norwalk Patriot 06 Friday, Aug. 4, 2017



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Shared Stories: My Grandparents' Ranch in Mexicali

Maria Gutierrez's visits to her grandparents' ranch in Mexicali, Mexico, left her with lasting impressions. She and her siblings slept outside under mosquito netting and reveled in games with cousins and the warmth of alarge, extended family. Shared Stories is a weekly column featuring articles by participants in a writing class at the Norwalk Senior Center. Curated by Carol Kearns

By Maria H. Gutierrez

When I was seven years old, visits to the ranch of my grandparents in the Mexicali desert valley in Baja California were very adventurous trips.

My siblings and I rose early at the crack of dawn, 6 o'clock in the morning, with exciting anticipation to see our grandparents.

After five hours on the road from Los Angeles to Calexico, the border town that welcomed us into the steaming hot Mexicali valley, I sighed with relief knowing that soon we would arrive at the ranch of abuelita and abuelito.

Upon our arrival, Grandma and Grandpa hugged and kissed us on our dusty foreheads. With a smile on his face, Grandpa helped Dad bring our luggage and food into the family room of their adobe

In the living room, which was Grandma and Grandpa's master bedroom, there was a velvet painting of an armadillo. My grandparents laughed when I told them that the armadillo looked like an animal soldier. Grandpa told me with a loving smile that I had a creative and funny imagination.

As I looked out the bedroom windows, Grandpa told me that their ranch home was surrounded by cotton and corn fields that his sons tended and harvested.

"Come and eat. Lunch is ready!" Grandma said, as she led us into the dining room. A long wooden tabled covered with a red plastic tablecloth served as a "royal carpet" for a homemade dinner of Mexican rice, pinto beans, and red chile, chicken, and cheese enchiladas.

After lunch, my parents and siblings were entertained by a black and white 12" x 12" TV. Grandma whispered into my ear, "Elena, I have a surprise for you."

She led me into the living room and opened an old, dusty Spanish primary school novels and textbooks. I read two hours before

Since the adobe guest house was occupied by my uncles, my family slept outside, enjoying the cool night air on queen beds under mosquito net covers. My sisters and I shared a bed protected with pink mosquito nets. I could hear those nasty insects buzz all night.

In the middle of the night, when I was sound asleep, I thought that I was awakened by angelic voices. Turning to my right, I actually was awakened by my sisters crying out, "Elena take us to the bathroom. We need to urinate!"

Being the eldest, I was assigned the responsibility of taking my siblings to the luxurious cardboard and wooden outhouse. I hated this chore, but held back my anger each time we had to visit the outhouse.

I enjoyed counting the stars at night while I quietly sang, 'Twinkle,, twinkle, little star." This experience filled me with deep contentment and serenity.

On Sunday morning, as the warm rays of the sun and the melodic good morning ritual of the Rita roosters awakened us, we could smell the delightful aroma of cinnamon and raisin oatmeal (avena), Mexican bread and Mexican chocolate coming from abuelita's kitchen.

After breakfast, Grandpa shared with us the agenda for the week. He told us to sit in a circle on a bamboo mat in from of an old chalkboard. The remaining days of our visit were written on the chalkboard.

"Today being Sunday (Domingo)," he said, "you kids are free to do whatever you desire on the ranch. Your uncles have a few fun activities you can choose from.

On Monday (Lunes) we will visit Tío Mikey and Tía Anita and their family. And on Tuesday (Martes) we will visit Chole's (Mom's) third brother and family

Juarez (Grandpa's ranch).

They invited us to join them for a delicious homemade lunch. On Wednesday and Thursday (Miercoles y Jueves) we will take a trip into town after breakfast to buy provisions and do some sight- potluck lunch.

Our special day of the week will be Friday. Grandma and I have planned a Graciano and Fonseca family reunion. And Saturday will be your day of departure."

This last statement made me feel very sad. I shook my head and said to myself, "No, Elena, you have five days to look forward to. You're going to have fun and be happy."

Wednesday and Friday were my favorite days. On Wednesday morning we got up at 7 o'clock to a warm 85 degree day. After breakfast, my siblings and I hopped into the back seat of our Blue and White Chevy Impala on route to Calexico.

Upon entering the town, I was amused by the vendors on the streets singing funny rhyming melodies.

Grandma and Grandpa purchased their groceries from a colorful market called El Mercado, or Tanguis, very similar to a farmers market. I enjoyed reading the labels and signs that described the vegetables and fruit.

I took out my little red notebook and wrote name of my favorite fruit and vegetables in Spanish and English. Abuelita (Grandma) was so impressed by my interest in learning that she treated me to my favorite fruit, a juicy red apple.

Our last stop was to a small Mexican shop that sold books, school supplies and souvenirs. As I walked into the shop I was amused by the display of colorful Folklorico

Abuelito (Grandpa) said to me, "Elena, mi amor, choose your favorite doll. I want to buy you a gift." I was so happy that tears flooded my eyes. My grandparents also bought gifts for my siblings. I will always treasure this trip to Calexico.

The family reunion day on Friday was a very special day for me. Outside of our grandparents'

who live two miles from ejido adobe home was a huge thatched roof patio decorated with colorful red, green and white balloons and streamers. A long wooden table was covered with a green and white plastic tablecloth that served as a stage for a delicious Mexican

> The main dishes were two large Pyrex baking pans of green and red chili, cheese, chicken, and beef enchiladas, a pot of menudo, Mexican rice, and pinto beans

> Mama and I prepared a huge bowl of potato salad. We also prepared the appetizers which included big bowls of tortilla chips and chili-flavored potato chips and guacamole in a red and green ceramic bowl.

> My mom baked a marble cake decorated with 12 Mexican flags that we purchased at the educational supply and souvenir shop. One hour later, Uncle Roberto blew a red whistle. He made us laugh when he put on a red, green, and white wig.

> "Tío, you act like a funny clown," I told him, giggling. He had my young cousins and I line up on the dusty desert soil that he called the "Graciano playground."

> He introduced us to the Mexican jumprope where the children sing funny, rhyming melodies in Spanish while jumping. I enjoyed this game the most. I waved my pompoms (red and green) while my preteen cousins played baseball and volleyball.

> At the end of the day when my cousins departed for home, my preteen uncles sat down with me on a red bamboo carpet and played jacks. To their surprise, I won every game. Robert, my favorite uncle, said with a smile on his face, "Elenita, you are very intelligent and you are good at learning Mexican games."

> "Gracias, Tío," I replied with my head down, feeling kind of shy. The Fonseca-Graciano family gathering was the most memorable day of my visit to Mexicali.

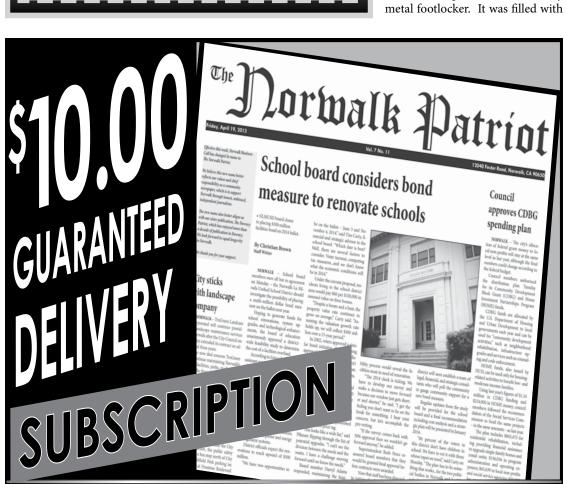
> Saturday, homeward-bound, was the saddest day of the week for me. I so desired to stay at least another week.

> While sitting on the patio wooden benches, we exchanged gifts. Mama nodded her head to me, which was the signal for me to carefully carry the gifts that were in a beautiful Sears shopping bag. Mom gave Grandma six Tupperware containers and a Pyrex baking pan.

> Her father received a blue cotton Gabardine dress shirt and a pair of navy blue working gloves. And my two uncles were given a pair of brown work gloves with matching sweatshirts.

> Our grandparents gave us delicious homemade cornbread and corn tortillas. We hugged, kissed, and shed a few tears. I told my grandparents that we had so much fun that I looked forward to visiting them the next year.

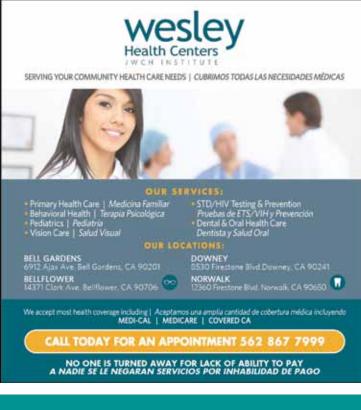
> Yes, we were blessed. will always cherish the special memories of our first vacation with my siblings to our abuelitos in the Mexicali valley desert ranch.



The Norwalk Patriot is offering subscriptions for \$10/year. Subscription guarantees delivery every Friday to singlefamily homes in Norwalk.

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YOUNG: Rancho offers hope after a drive-by shooter's bullet

Continued from page 1

... low-income.

In addition to physical rehabilitation like Three's, the team specializes in juvenile patients

who are on ventilators. The pediatric unit treats patients up to the age of

During his stay at Rancho, Three was taken on several community outings with his family and team members, including trips to Chuck E. Cheese, a mall,



Sing, and to Disneyland. "Some children I've worked with are scared to go on a community outing," said Helgren. from that first one, the

"But when we get back first thing they ask is, 'When is the next one?' It's a day of fun, but also an opportunity to see how he can fit back into the community,

transferring from the wheelchair to a chair, accessing ramps, dealing with crowds, getting food, and taking care of his meds."

His mother, Eureka Young recalls, "That first trip outside to Chuck E. happened while celebrating Independence Day. Cheese, we wondered if he was going to be able to enjoy it. But soon as he got there, Three took off with his peer mentors, and they were immediately having too much fun to worry about us. It was an eye-opener. He is not letting this stop him at all."

Three's last outing as an inpatient was a visit to his home and his school. In addition to helping him prepare to return to his life before the shooting and greet his classmates, the visits gave the care team a chance to recommend changes in both places to ensure the child would be able to do things for himself independently. As Three grows older, there will be further adjustments to his environment to ensure his freedom.

'This amazing team at Rancho taught us and our son that just because you have a spinal cord injury doesn't mean life ends here," said Eureka Young. "He's on the go, he's active and busy. We don't have a lot of adjusting to do because of the way Rancho put things in place for us. We're just picking up the pieces and moving forward."

By mid-February, Three was discharged and was back home and at school. He and his family return to Rancho on weekends for wheelchair basketball, and he continues to play on his hand-powered cycle.

Whenever his parents have any questions, Dr. Sarino makes herself available to help them, and Three remains friends with the peer mentors he met at Rancho and sees when he visits the center.

"To help Three get through this, we need to fulfill the calling to be the parents that he needs," said his father Willie. "It is an awesome responsibility. So far, so good. I couldn't have asked for a better medical team to help us start this journey."

'There is nothing else in Los Angeles County like Rancho Los Amigos National Rehabilitation Center," said Jorge Orozco, Rancho Los Amigos' CEO. "We hope Three's story will make residents of Los Angeles County proud that it continues to offer such advanced and effective rehabilitative care to families, regardless of income, designed to help people who have suffered traumatic injuries and ailments a way back to their communities, schools and workplaces."



12-year-old Kainoa Kruse sinks first hole-in-one at Knabe Golf Center

NORWALK - A 12-year-old boy hit the first "hole-in-one" at the new Don Knabe Golf Center & Youth Academy earlier this month.

While most 12-year-olds aren't spending the summer playing a round of nine, Kainoa Kruse of Orange was golfing with his father at the recently dedicated center when on the 77 yard-long, second hole -- he nailed his ace.

Kainoa's father Mike Kruse said he'll never forget the moment, which

"We went out to play with a buddy [Dustin Blood] of mine after got off of work and my son, Kainoa hit his very first hole- in-one," Mike Kruse said. "And, the very first hole-in-one at the golf course [Don Knabe Golf Center]."

Golf Digest, on its website, says the chances are "12,500 to 1" for any amateur to hit the treasured ace.

Tiger woods hit his first hole-in-one at age 6.

Even the general manager at the Knabe Golf Center said it took him 20 years before he hit his only hole-in-one. It was also at the Don Knabe

Coincidently, his came on the 65 yard-long, eighth hole.

Having been playing on and off since age four, Kainoa said he has met friends while playing golf, including his new friend Dale who he practices with at the Norwalk facility.

Kainoa is no stranger to golf courses because his father Mike Kruse used to work at Pelican Hills and other courses before coming to

Kainoa's father says that the younger Kruse is home schooled by his wife, Teri, and they both plan on continuing his home schooling until he completes the eighth grade.

Currently, Kainoa is beginning seventh grade.

The Don Knabe Golf Center and Youth Academy is a par-3 golf course that includes two practice putting greens along with a practice wedge green. There is also a double decker driving range. The center is open seven days a week, 6 a.m. -9:30 p.m. - Raul Samaniego, contributor

Norwalk Summer Concert: The Smith Band | July 26

Photos | Christian Brown









The Norwalk Patriot Friday, Aug. 4, 201*7*

Alternative Medicine: Superbrain Yoga

By Marcela Arrieta

I'm so excited to share a wonderful technique that enhances our ability our overall brainpower. Did you know we have close to 100 billion brain cells at the time of birth? Nurturing these amazing and hardworking neurons is a no-brainer.

A man named Choa Kok Sui, also known for his groundbreaking research on the human energy field, created Superbrain Yoga. In his spare time from running multiple multi-million dollar businesses, he dug deep into the knowledge base of many ancient healing modalities from around the globe.

It was this journey that led him to the study of acupuncture, its benefits and the correlation between earlobes and the brain.

Let's piece this together: The left side of our body is controlled by the right side of the brain. Equally the left-brain hemisphere regulates the right side of our body. With the proper use of our finger pads, we can effectively activate energy points of the earlobe.

into the brain. EEG scans have shown the left and right hemispheres of the brain become synchronized after Superbrain Yoga.

other development challenge have your right arm. shown tremendous improvement after practicing this exercise.

There are teachers around the globe who implement Superbrain Yoga every morning. They report that test scores have gone up along with student creativity.

They also say mental clarity and emotional stability of students dramatically improved. Luckily this simple exercise is for everyone regardless of age, gender or mental capacity. Let's pump up that brain

To ensure you achieve maximum benefits:

- 1. Face East for best results.
- 2. Remove any jewelry and connect your tongue to the roof of your mouth. Leave it there throughout the exercise.
- 3. Take your left hand, cross your Stimulating the neuropathways upper body to take hold of your right earlobe with thumb and forefinger. Make sure that the thumb is in front.
- 4. Now take your right hand across your upper body to take hold Many studies have concluded of your left earlobe. Again, make sure

that patients with Attention Deficit that the thumb is in front. At this Disorder (ADD), Attention Deficit point, you're pressing both earlobes Hyperactivity Disorder (ADHD), simultaneously. Make sure your left Down Syndrome, Alzheimer's, or arm is close to your chest and inside

- 5. Inhale through your nose and slowly squat down to the ground.
- 6. Hold your breath and exhale as you start making your way back up to a standing position.
- 7. Repeat this squatting action 14 times. Remember to keep holding your earlobes and to keep your tongue touching the roof of your mouth throughout the entire

Like a muscle, continuous practice is necessary. Every time you practice, remember you're boosting your brainpower. You can find more information regarding SuperBrain Yoga, its many case studies and a CBS2 television segment online.

Have a question regarding this article or maybe you'd like to suggest a topic? Write to me at: m_arrieta@ yahoo.com. Next article we'll chat about Spiritual Obstacles and how to overcome them.

Marcela A. Arrieta is an alternative modality practitioner with over five years of experience in this field. She is also a successful entrepreneur who resides in



Nearly 600 students complete manufacturing certifications at Cerritos College program

NORWALK - The Cerritos College Technology Division announced that 580 students received industry certifications in engineering design technology, welding, and machine tool technology during the 2016-17 academic year.

Welding had its 391 students certified in American Welding Society, American Society of Mechanical Engineers, and Los Angeles City Welder. The Engineering Design Technology program's 135 students received SolidWorks or AutoDesk industry certification. Fifty-four students in the Machine Tool Technology classes received National Institute for Metalworking Skills, Inc. (NIMS) industry certification.

"Manufacturing provides many high paying jobs in Southern California. Industry certifications give students an edge in employment. Manufacturing industry is experiencing growth and provides opportunities for students to make competitive wages," said Instructional Dean of Technology Dr. Yannick Real.

The Cerritos College Technology Division provides career and technical education in 13 departments: Architecture, Automotive Collision Repair, Automotive Mechanical Repair, Cosmetology, Engineering Design Technology, Engineering Technology, Industrial Arts, Machine Tool Technology, Manufacturing Technology, New Product Development, Plastics and Composites, Welding, and Woodworking Manufacturing.

Cornelia Connelly School

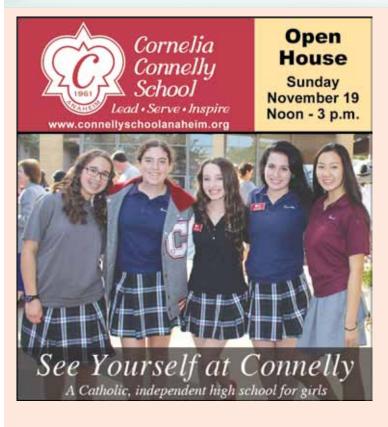
Established in 1961 by the Sisters of the Society of the Holy Child Jesus, Cornelia Connelly School is Orange County's only independent, college-preparatory Catholic high school for girls. Connelly is one of 10 Holy Child Network of Schools campuses in the United States, and part of an international community offering education with a distinctive spirit for over 150 years. The Holy Child Exchange Program enables Connelly students to expand their studies at Holy Child schools in New York, Maryland, England, Ireland and Ghana.

Cornelia Connelly School inspires young women to achieve academic excellence and develop into confident, articulate leaders who are guided by Catholic principles to serve our global society. The mission, philosophy and foundation of the school remain constant - empowering young women leaders through academic excellence, faith development, and service.

Classroom curriculum includes the daily use of iPads, SMART Boards in classrooms and state-of-the-art science and technology equipment. Teachers integrate iPads into daily lessons, demonstrations, reading, research and homework. New upgrades to the campus include the IDEAS Center, a CIF-regulation softball and soccer field, Visual Arts Center, science labs, and chapel.

Connelly's college-preparatory program results in the expectation that all students apply and are accepted to four-year colleges and universities. Connelly emphasizes academics (including Honors and AP courses), fine arts, and athletics. Students interested in all aspects of theatre arts can participate in Tri-School Theatre. Award-winning teachers with advanced degrees inspire girls to learn, empower them to lead, and build their character and compassion in service to others. "Connelly is a place where young girls have a safe haven to form into articulate, bright, caring and intellectual young women. I love being a part of that process for the next generation of girls," said Dr. Cathy Rauterkus, social science teacher, author and Connelly '95 alumna









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- Award winning Cheer and Song Teams; 2016 & 2017 USA Nationals Champion Song Team
- Our graduates attend prestigious universities including Princeton, USC, Stanford, & UCLA!



Kirkwood Christian Schools

Kirkwood Christian Schools has been serving the Downey community since 1966. Our preschool and elementary school campuses serve ages 2 through 5th grade. Both the preschool and elementary schools offer an individualized computer based program where students are able to learn at their own pace and are overseen by highly qualified teachers. The Kirkwood schools are accredited by both the Western Association of Schools of Colleges (WASC) and the Association of Christian Schools International (ACSI). Come in for a tour as soon as possible, enrollment space is limited. The campuses are open 52 weeks of the year, Monday - Friday, from 6:30am - 6pm to meet your educational and childcare needs.

Saint Joseph High School

Saint Joseph High School...enabling each student to become "all of which woman is

Each year, something magical happens in Lakewood, California. At the end of the school year, a group of young women graduate from Saint Joseph High School and it is one of the most memorable days in their lives. The preparation, attention to detail, and most importantly, the love that goes into producing the Saint Joseph High School Baccalaureate Mass and Commencement is immeasurable.

The Class of 2017 Valedictorian, Julie Kallini, said it best: "The class of 2017 will go on to be future physicians, lawyers, engineers, actresses, athletes, musicians, professors, and many more accomplished professionals. So, my friends, my classmates, we're finally done! Time to go forth and make our dreams a reality.

There is no doubt that these Saint Joseph High School graduates have become "all of which woman is capable." They will change the world and we already miss them. SJHS welcomes the Class of 2021! These freshmen start their four-year Jester Journey on August 10.

You too can be part of this special community and attend Saint Joseph High School. Follow in the footsteps of Leslie Sykes, Ava DuVernay, Lisa Fernandez, and all of our outstanding alumnae whose lives were changed because they attended SJHS. To learn more, please attend our Open House on November 5; 6 th, 7 th and 8 th graders are invited to "A Day in the Life of a Jester" on November 17.

