

Shared Stories: The Ties That Bind

If you're planning a trip down the Colorado River, or even if you're not, Elaine Held's account gives a good idea of what to expect. Shared Stories is a weekly column featuring articles by participants in a writing class at the Norwalk Senior Center. Bonnie Mansell is the instructor for this free class offered through the Cerritos College Adult Education Program. Curated by Carol Kearns

“On the Edge of Danger” by Elaine Held

Standing on the edge of the world I was fascinated with the ribbon of water snaking around corners far below. The Grand Canyon is aptly named. Every moment changes the color and formation of the water.

My experience with the Canyon had always been from the top but now I had a chance to experience the wonder from below with my husband. He had made the trip twelve times before and the men had decided it was time for their wives to be introduced to the magnificent beauty from below.

When we arrived at the jumping off spot the boats were waiting for us. For some reason we were made to wait a long time. I finally made Bill tell me what was going on.

He explained we couldn't start until the Forest Service found the body below us. A man had stepped on his boat the night before and slipped off to his death.

Finally, we boarded the boats with our hearts in our throats. We had two rafts about 16 ft. long and one gargantuan raft that would help carry our stuff. The first day was a learning day.

Nothing can be left behind, so a huge ammo can with a toilet seat on it sufficed for a bathroom. Second: you never go on board a boat at night. Third: Everyone helps with everything. Last: if there is an emergency, get out of the way.

It takes a while to get used to the world upside down. The walls of the canyon go straight up both sides, creating a small, narrow plantless world. At night the sky is outlined by a ribbon of stars above.

You keep your personal things in a small ammo can so nothing gets wet. The first night we sat around in chairs and got to know each other better. In the morning our ammo can was open and some things were missing. That wasn't possible.

Everyone became a detective, but no one could figure it out. The cans were latched in a way they could not come open on their own. We were in the wilds so no person could have done this.

The next night our guide, Steve, sat up all night with his camera. Sure enough, as we slept, a long, slim furry body crept from ammo can to ammo can. This animal had a long ringed tail and was named for it. A ringed tailed cat. They have thumbs as raccoons do, so they deftly opened each can and took only what they wanted.

Two nights later, as we sat in our chairs, a mountain lion walked right between us to the water. After drinking his fill, he walked back near enough to us so that I could have touched him.

For the entire trip, Bill described to me the most terrifying rapid called Crystal. My fear grew and by the time we got there, I was honestly thinking of walking around it. I couldn't do that, but I expected to end up in the river.

We got out and the men went high to observe the water. They had enough experience to read water and knew how to run the rapid by figuring the water. When I got to where I could see it, my terror exploded. As I watched, two people in kayaks ran it and both flipped and rolled until they were through, and then they righted.

Our turn. I concentrated on trusting my husband. Immediately my world was filled with water. Water in every shape roared around me. Bouncing through on rough water we exploded out of the other side. I was alive.

The water calmed and Bill brought our boat to the side to watch the others. The other two boats both flipped. The smaller one flipped straight backwards and everyone got to the boat as soon as they could.

One woman was caught under her boat, but Bill got a hold of the edge and she had room to get out from under. We dragged her into our boat. When everyone was accounted for Bill asked if I saw Crystal when we went through?

Really!! He was so excited because the water was a perfect whirlpool and he could see the bottom of the river.

Now I could relax the rest of the way, which I did. Laughing, Bill said there was a little rapid ahead. I wasn't even looking at it until it ripped me off my seat into the water. Shocked, I turned toward the boat.

Bill was frantically motioning to me to get to the boat. Not understanding, I did what he was motioning. When I got there he grabbed the bottom of my swimming suit and literally threw me over the side into the boat.

When I turned, I saw I had been between a huge rock and the boat. Only then did I look to see why my ankles hurt. We had been told at the beginning to tie our tennis shoes tight so if we went over we wouldn't lose them. I had done as told but the water was so powerful it tore both my shoes off and my ankles were bleeding. I still have the scars.

Some memories are forever. The beauty we witnessed was heightened by the excitement of being on the edge of danger.

Cerritos College honors class of 2017 Hall of Fame inductees

NORWALK – The Cerritos College Hall of Fame inducted its 2017 class earlier this month at the DoubleTree Hotel in Norwalk.

Cerritos College President Dr. Jose Fierro welcomed more than 300 people to the dinner, which honored distinguished female sprinter April Brown, distinguished male basketball player Lorenzo Ramar, distinguished wrestling coach Jeff Smith, alumnus Patrick Schwerdtfeger, faculty member Donna Miller, and distinguished corporate partner Tilden-Coil Constructors Inc., which has raised over \$650,000 for local charities and community organizations.

Hired in 1957 as one of Cerritos College's original faculty members, John Jackson was presented the President's Award of Excellence at the March 2 ceremony.

The seven inductees received special crystal awards and proclamations from the offices of Assembly member Ian Calderon (D-57), Assembly member Cristina Garcia (D-58), state Senator Tony Mendoza (D-32), and the Downey Councilwoman Blanca Pacheco.



John Paul Drayer will resign from Cerritos College board of trustees

NORWALK – Cerritos College announced on Friday that John Paul Drayer will resign from the school's board of trustees on April 19 after four years of service.

He will also simultaneously retire from Los Angeles Unified School District where he currently teaches. Drayer has been an educator for 30 years.

Drayer was elected to the Cerritos College Board of Trustees in November 2012 to serve the remainder of an unexpired term vacated by the late Bob Epple. He was reelected in November 2014.

Drayer represents Trustee Area 3, which includes portions of the cities of Bellflower, Cerritos, Downey, and South Gate.

“I’m looking forward to spending more time with family, friends, and to traveling to Hawaii, New Zealand and parts of the Southern Hemisphere that I haven’t seen. I want to explore and study new things,” Drayer said. “I will be taking care of our family businesses and closing probate so that my family and I can finish the grieving process over the loss of my father.”

Drayer graduated from Cerritos College in 1984 with an A.A. degree in Political Science and Business. He later transferred to California State University, Long Beach and earned a B.A. and teaching credentials. Drayer received his M.A. in Education Counseling and counseling credentials from California State University, Dominguez Hills.

“For his four years of service to the Board of Trustees, we want to thank Trustee Drayer for his contributions and leadership to the District and wish him well in his retirement,” said Dr. Jose Fierro, the president of Cerritos College.

In August 2016, the Cerritos College Board of Trustee voted to censure Drayer for alleged unethical behavior and violation of board policy. An ad hoc committee found that Drayer violated policy by contacting the media without permission and fostering an unhealthy work environment between his fellow board members.

Drayer’s term was set to end in November 2018. The college said it will soon announce how it will fill his empty seat.

Paramount Unified to issue new laptops to freshmen as part of updated tech plan

PARAMOUNT – More than 1,200 Paramount High School freshmen will be greeted with new Google Chromebook laptops this April as part of the district's new tech implementation plan, which aims to provide a personal technology device to every student in grades 3-12 by 2020.

The technological tools are funded by the \$106 million Measure I facilities bond, which voters passed in November.

“We’re extremely excited to be launching our technology plan,” Paramount Assistant Superintendent Ryan D. Smith said.

“By getting more personal devices in the hands of our students we’re keeping our commitment to creating a culture of 21st century achievers.”

Approximately 10 percent of the Measure I bond will fund technology upgrades and the purchase of digital classroom tools.

At the start of the school year, PUSD began upgrading wireless connectivity at Paramount High School.

Paramount’s West Campus will serve as the field test this school year for the new devices as the District gradually introduces Google Chromebooks to all grades 3-12 over the next three years. Students in transitional kindergarten through second-grade will have access to tablets and other educational tools.

To support the new technology, PUSD has formed a partnership with Schoology, which provides a management system that will allow teachers to post assignments and important lessons online, making them accessible to parents and students. The District will begin training on the Schoology software in April.

“By focusing on upgrading our technology, we’re continuing to build upon our efforts to optimize student learning,” Paramount Superintendent Dr. Ruth Pérez said.

“Our community has really come together to support and invest in the future of our students.”



Paramount Unified School District’s new technology plan aims to provide a personal technology device to every student in grades 3-12 by 2020. Photo | PUSD

Weekend at a Glance

Friday 70°

Saturday 68°

Sunday 70°

THINGS TO DO



Arc Walk

Saturday - Stonewood Center, 7 am

A 1- or 3-mile community walk in support of people with developmental disabilities.



Art & Antique Fair

Saturday - Uptown Whittier, 9 am to 3 pm

More than 100 eclectic vendors from local artists and vintage dealers.



Dodgers vs. Angels

Saturday - Dodger Stadium, 6:10 pm

The Dodgers and Angels face each other in one of the final exhibition games before Opening Day.



Pillow Fight

Saturday - Pershing Square, 2 pm

It's International Pillow Fight Day. Bring your own pillow (soft pillows only). Plus food trucks and music.



WonderCon

Friday and Saturday - Anaheim Convention Center

A comic book convention from the producers of Comic Con.

FROM OUR FACEBOOK

Former Excelsior High School champion in search of his lost athletic trophy

Debra Bick: Matt and Dolores Rodriguez have lived across the street from my parents house since the 60's, I used to babysit their kids. If any of my friends could repost this, maybe someone has answers.

Donna Welch: So many of our trophies were stolen. I hope they find it.

Join the conversation at: [Facebook.com/NorwalkPatriot](https://www.facebook.com/NorwalkPatriot)

Upcoming Events in Norwalk

LIBRARY BOOK SALE: The Friends of the Norwalk Libraries will host its annual Bag-of- Books Sale on Saturday, April 1 from 9 a.m.-2 p.m. at the Norwalk Library, located at 12350 Imperial Highway.

Thousands of books, as well as movies and music, will be available at \$5 for as many items as you can fit into the supplied paper grocery bag.

Members of the Friends can shop early from 8-9 a.m. Cash and credit cards accepted. For more information, call 562-868- 0775.

LINDA SANCHEZ TOWN HALL: Rep. Linda Sanchez is hosting a town hall meeting for residents of California’s 38th congressional district on Tuesday, April 11, 7-8:30 p.m. at the Norwalk Adult School.



Sanchez’s office said the congresswoman will discuss the issues currently facing the district and the nation.

Attendees are encouraged to register online by visiting www.eventbrite.com/e/congresswoman-linda-sanchez-townhall-meeting-tickets-32940119785.

CERRITOS COLLEGE JOB FAIR: Job seekers can explore career options and speak with more than 40 employers at Cerritos College’s semi-annual Job Fair on Thursday, April 6, 9:30 a.m. - 1 p.m. along the Falcon Square sidewalk.

Attendees can apply for job positions on site, and network with employers from several industries, including healthcare, sales, retail, and government/public sectors.

The college recommends job seekers dress in business attire and bring copies of their resumes.

For more information, contact the Job Placement Office at student-employment@cerritos.edu, or (562) 860-2451, ex. 2366.

SOROPTOMIST QUARTER MANIA: Soroptimist International of Norwalk is hosting a Quarter Mania on April 22 at the Norwalk Arts & Sports Complex.

Doors open at 10 a.m. for boutique shopping and lunch will be served at 11:15 a.m. The auction will begin promptly at noon.

Tickets are \$20 and include lunch, a beverage, dessert, and one bid paddle and one free drawing ticket. Tickets can be purchased at www.sinorwalk.org. Tickets purchases before April 8 will receive five additional drawing tickets.

All the funds raised will support community scholarships and our community efforts for local women.



Norwalk Library announces its April schedule of free events

NORWALK – Norwalk Library’s adult coloring club, Color Us Happy, is welcoming new members for its weekly gathering every Thursday in April from 1-2 p.m.

Supplies will be available, but members are welcome to bring their own.

Norwalk Library invites residents to also participate in Adults Create on Thursday, April 13, 2-3 p.m. as attendees decorate a terra cotta pot using chalk paint. All materials will be provided.

The library is hosting a Citizenship Clinic on Saturday, April 15 from 10 a.m.-1:00 p.m.

Representatives from South Asian Network will provide citizenship assistance to participants who will also receive legal review of their Form N-400 applications, study materials, and a fee waiver application. The event is free, but registration is required.

Each program is free and open to adults. The Norwalk Library is located at 12350 Imperial Highway.

For additional information, please call (562) 868-0775 or visit the County Library website at colapublib.org.

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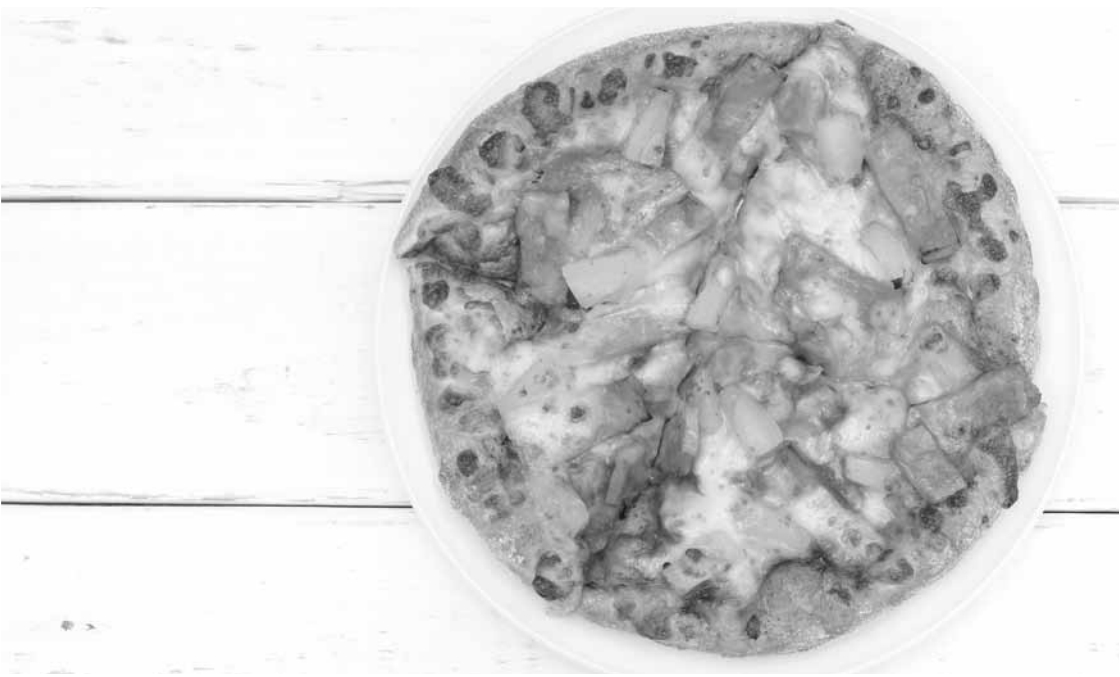
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DOES PINEAPPLE BELONG ON PIZZA?

Downey’s pizza experts say yes

DOWNEY – Residents of Downey may soon find themselves choosing sides over what could be described as the biggest question of 2017.

While foods such as pepperoni, sausage, and assorted vegetables have all long been established on pizza, one potential topping – the tropical fruit pineapple – repeatedly finds itself in danger of being left out, or rather, off.

The issue has been heatedly debated over the last several years, traditionally in an online setting. However, the topic has garnered even international attention, especially when Iceland President Gudni Thorlacius Johannesson suggested that the pineapple/pizza combination should be outlawed.

The residents of Downey have also had to wrestle with the dilemma here at home, as Downey has seen two custom topping oriented pizza parlors open their doors for business: Mod Pizza early last year, and Toppings Custom Fired Pizza earlier this month.

Popular community restaurant Downey Pizza Company, known for its pastrami pizza, has given its support to the sweet yellow fruit.

“Definitely,” said Esad Djokovic, GM of Downey Pizza Co. “One of our pizzas, it’s called The Trio, you put meatballs, jalapenos, and pineapple. The mixture, you know, it tastes good. It goes together.”

Another Downey pizza mainstay, Frantone’s, gave a similar response.

“Everybody loves pineapple! It’s very popular,” said manager Debbie Montgomery. “Canadian bacon and pineapple, pepperoni and pineapple, the third one is jalapenos and pineapple. Very popular here.”

Montgomery did, however, add that she personally related with the pineapple naysayers.

“I don’t like to cook pineapple. If it’s cold I’ll eat it, but not cooked,” said Montgomery. “...it’s different when it’s cooked.”

On the other side of town, Pina Pizza House took a more neutral stance.

“It’s preference over choice of the customer. We don’t make the choice, they make their choice,” said manager Rinaldo Alderico. “If somebody doesn’t like certain things they can oppose. That’s why we have the First Amendment in America, freedom of speech. We apply that in different things.”

Over 685 residents participated in a Downey Patriot poll on Twitter, resulting in a 58 percent vote in favor of the controversial topping.

By Alex Dominguez, staff writer

Former Compton city treasurer arrested and charged with theft of \$3.7 million in city funds

COMPTON – The former deputy city treasurer for the city of Compton was arrested Wednesday on federal charges related to the theft of more than \$3.7 million of city funds.

Salvador Galvan, 47, of La Mirada, was arrested Wednesday morning by special agents with the FBI pursuant to a criminal complaint that charges him with theft concerning programs receiving federal funds.

Galvan faces federal charges stemming from allegations that he stole \$3,721,924 from May 2010 through December 2016

Galvan, who worked in the Compton Treasurer’s Office for more than 20 years, was responsible for tallying the cash received by the city as payment for parking tickets, business licenses and other fees. After the cash was counted, Galvan prepared the money for deposit into a city bank account.



“Defendant Galvan violated the trust of the public he served by stealing money designated for the betterment of the Compton community,” said Deirdre Fike, the Assistant Director in Charge of the FBI’s Los Angeles Field Office. “By operating a scheme whereby he skimmed Compton city coffers to live beyond his means, Mr. Galvan faces significant federal charges and time behind bars.”

On Wednesday, Judge Jacqueline Chooljian set Galvan’s bail at \$150,000 and his preliminary hearing for April 12.

If he is convicted of the embezzlement charge, Galvan would face a statutory maximum sentence of five years in federal prison.

The case against Galvan is being investigated by the FBI, which is receiving assistance from the Los Angeles County Sheriff’s Department.

This matter is being prosecuted by Assistant United States Attorney Daniel O’Brien of the Public Corruption and Civil Rights Section.

including a black Audi sedan. That affidavit states that Galvan told his supervisor that he purchased a residence in La Mirada and demolished the house so he could rebuild it – all on an annual salary of approximately \$60,000.

“The people of Compton deserved better,” said Acting United States Attorney Sandra R. Brown. “This defendant stole millions of dollars intended to help residents, placing his own greed over their interests.”

Galvan was arrested late last year by the Los Angeles County Sheriff’s Department in relation to the theft of city funds. The federal case that led to Galvan’s arrest this morning resulted from further investigation by the Federal Bureau of Investigation.

Red Cross issues urgent call for blood donations

The American Red Cross is issuing a call for type O negative and AB blood donors to make an appointment to give after severe winter weather in some parts of the country caused about 250 Red Cross blood drives to cancel in March, resulting in more than 8,500 uncollected blood donations.

Type O negative blood and type AB plasma are two of the most in-demand blood products by hospitals. Those who give can help patients locally or across the country as the Red Cross has the ability to move blood products where and when they are needed most

“All blood types are needed to meet the constant need of patients, and there is a significant need now for type O negative and AB donations to help some of the most vulnerable patients,” said Christine Welch, external communications manager, California Red Cross Blood Services. “We ask that you schedule an appointment to roll up a sleeve to help save a life in the coming days.”

Letters to the Editor

Have an opinion you'd like to share? Letters to the editor for this newspaper can be mailed to 12040 Foster Road, Norwalk, CA 90650, or e-mailed to christian@thenorwalkpatriot.com.

Letters may be edited for both space and grammar.

New Norwalk leadership

Dear Editor:

Just want to comment on our new Council members in Norwalk.

A few days before the election on March 7, Tony Ayala was talking with one of my neighbors and was shown a huge bump in the street, in the middle of the Orr School crosswalk on the corner of Dune Street and Jersey Avenue that has been there for several years.

There have been several reports about it to our old City Council, with nothing being done. I was one that reported it after my husband fell after tripping on the bump coming home from voting at our polling place at Orr School at least two years ago.

Now, just a few short weeks with the new Council members, this bump has been repaired. Thank you, Tony Ayala.
Marilyn Mason Smith
Norwalk

Rush Limbaugh

Dear Editor:

I would guess that the Downey Patriot decided to published Rush Limbaugh's op-ed (Opinion on March 23, 2017), as a way to begin the discussion about how we can move this country forward.

Attacking liberals and blaming them for what the country is today, as Limbaugh does, is the wrong way to start the discussion.

To begin with, this country is not a mess. One only needs to visit other countries to realize that our country is already the greatest country on earth.

When Limbaugh criticizes our country the way he did, he is doing the job that the Russians have been doing: to demoralize and divide us.

Next he tries to connect the problem of the high housing prices in California with liberalism.

He has no idea that the housing problem evolved as result of so many people moving in to live here.

People keep coming and therefore there is a shortage of housing for the simple reason that space is limited. The rule of supply and demand says that when the demand rises, the price goes up and when the demand diminishes the price goes down. People want to live in California but there is no more room to build so definitely the price will go up. It has nothing to do with regulations. It is economics.

He says that there are too many regulations. Okay, let's have no regulations. Let people start building houses on the freeways or on the streets and see what Limbaugh will have to say:

Let's bring regulations.

Regulations are here for a reason: to protect people; sometimes we need to change them to adapt to new situations, but if we are going to live in an organized society, regulations are needed.

Guido Rivero
Downey

Under Trump, the U.S. may now be killing more civilians in the Middle East than the Russians

By Peter Certo

In a desolated patch of Mosul, Iraq, people are still digging through the rubble. Rescuers wear masks to cover the stench, while anxious family members grow desperate about missing loved ones.

The full story of what happened in the al-Jidideh neighborhood isn't yet clear, but the toll is unmistakable. A New York Times journalist reported stumbling across charred human limbs, still covered in clothing, while a man stood nearby holding a sign with 27 names — extended family members either missing or dead.

All told, 200 or more civilians may be dead there following a U.S. airstrike on the densely populated neighborhood. The military has acknowledged the strike, but says it's still investigating the deaths. If the allegations are true, this was by far our deadliest attack on innocents in decades.

The carnage comes amid a push by the U.S. and its Iraqi allies to reclaim Mosul, Iraq's second most populous city, from the Islamic State (or ISIS).

That's making life terrifying for the city's residents, who've endured years of depredations from ISIS only to fall under U.S. bombs — and to face possible human rights abuses from Iraqi soldiers they don't trust. "Now it feels like the coalition is killing more people than ISIS," one resident told the UK's Telegraph newspaper.

Unfortunately, that may not be so far from the truth. AirWars, which tracks civilian casualties in Iraq and Syria, counted over 1,300 reports of civilian deaths from coalition airstrikes in March alone. That's about triple the count from February.

In fact, AirWars estimates, more U.S. coalition strikes are now causing civilian casualties than strikes by Russia, which was loudly (and appropriately) accused of war crimes for its bombing of Aleppo, Syria last year.

Is this the simple result of the fight heating up in Mosul? Not quite.

In the same month, at least 30 civilians were reported killed by a U.S. airstrike outside Raqqa, Syria — where the real battle with ISIS hasn't even begun yet — and up to 50 more may have died when the U.S. bombed a mosque in Aleppo.

Instead, some observers suspect the Trump administration is relaxing Obama-era rules designed to limit civilian casualties in war zones.

They deny this, but the Times reports that field commanders appear to be exercising more latitude to launch strikes in civilian-heavy areas than before.

During the campaign, Trump himself famously promised to "bomb the s—" out of ISIS. That sounds extreme, and it is.

But it's only a few steps beyond the Obama administration's approach of gradually expanding our air wars outside the public eye. Trump's just taking it to another level by putting virtually all key foreign policy decisions in military hands, while gutting resources for diplomacy and humanitarian aid.

The human costs of this will be enormous. The political costs will

be, too.

The U.S. has been "bombing the s—" out of Iraq for decades now, which has consistently created more terrorists than it's killed.

Extremists are flourishing in Iraq. The same can't be said for the civilians now burying their dead in Mosul.

Of course, ISIS is guilty of its own innumerable atrocities. But the war-torn sectarian politics that gave rise to the group are a direct result of this military-first foreign policy.

There's simply no reason to believe that reducing Iraq's cities to rubble will give way to less extremism in their ashes.

Iraqis will still have to wrest their country back from ISIS. But if it's ever going to get back on its feet, what the country truly needs is a political solution.

That's going to require a surge of aid, diplomacy, and honest brokering — all of which are in short supply now.

Peter Certo is the editorial manager of the Institute for Policy Studies and the editor of OtherWords.org.

HAMILTON: Russian interference deserves broader investigation by the FBI and congressional leaders

By Lee H. Hamilton

The recent announcement by FBI Director James Comey that his agency is investigating links between members of President Trump's campaign and Russia has upended Washington. Yet there needs to be an even stronger and broader investigation to get to the bottom of what happened.

There are really two questions at hand. The first involves Russian meddling in our election and their attempts to manipulate the outcome. They clearly have the ability to affect the public debate and public perceptions — and maybe hack the election itself. And it's not just us: they appear bent on meddling in elections in other Western democracies as well.

This is serious stuff. The Russians are trying to manipulate the very foundation of representative government: free elections and the integrity of our institutions.

They want to weaken our system. It's crucial to understand exactly what they're up to, the capabilities they possess, and how effective they've been. There's a lot we need to understand before we move on to how best to respond as a nation to this Russian effort to subvert American democracy.

The second investigation is looking into the activities of the Trump election team, and whether anyone involved in some way colluded or worked with the Russians to affect the outcome of the 2016 election. The FBI has confirmed a list of Trump campaign officials who had contact with the Russians, but what's been revealed so far is a lot of smoke and not much fire — at least, not yet.

The FBI investigation will move the ball forward on both fronts. White House denials and the reluctance of Republicans in the majority on Capitol Hill to dig deeply into the election of a president of their own party has bogged the public investigations down.

Yet the truth is, we've been attacked by the Russians and we're not investigating it adequately — which is why the FBI's investigations are necessary, but not enough.

The FBI's principal charge is criminal law; what we need is much broader. However thorough and robust the criminal investigation mounted by the agency turns out to be, by its nature it will be unable to give the nation the open and bipartisan inquiry on a broad range of issues — not just criminal, but also civil, political, and diplomatic — that we need in order to move forward.

Getting at the facts ought not to be a political exercise, but resolving what to do about them surely will be. What the Russians did was an attack on the heart of our system; if we are to rebuild and sustain public faith in our democracy's integrity, we need an investigation conducted in the light of day, by people who seek the truth and have standing and legitimacy on both sides of the political aisle.

In theory, Congress could do this, either with a select committee or through its standing committees. But there are several problems with this.

The first is that it would be a part-time effort, with members facing conflicting demands on their already pressured time; it would be impossible for them to give it their full attention. Moreover, the institution is already bogged down by so much partisanship that it's hard to imagine an investigation achieving the legitimacy it needs.

Finally, a number of members have already made up their minds: they tell us there's nothing to investigate. They're wrong.

Clearly, our politics stand in the way of an immediate, thorough and open investigation on a critically important question. So I'd suggest that what we need is a fully staffed, well-resourced commission that can look into all aspects of the Russians' involvement in our election.

What members of the Trump campaign did or did not do with the Russians should certainly be part of it, but the paramount focus should be to lay out the full extent of Russian involvement in our electoral system and how to prevent it from happening again. It's critical to the success of our representative democracy that we understand what happened.

A highly visible inquiry by a credible, independent commission would give us the best opportunity to move forward.

Lee Hamilton is a senior advisor for the Indiana University Center on Representative Government. He was a member of the U.S. House of Representatives for 34 years.

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School board considers bond measure to renovate schools

Council approves CDBG spending plan

NORWALK — The city's office of general services is to be set up for next year, although the final number could change, according to the school board.

CDBG funds are allocated to the U.S. Department of Housing and Urban Development to help and be "community development activities," such as neighborhood rehabilitation, infrastructure, and social services, according to the federal government.

RGHJ funds, the board has said, can be used only for housing-related activities to help low- and moderate-income families.

Using the next figure of \$1.16 million in CDBG funds, the board and the city's housing department will be able to fund the next projects in the same amount, which are: moderate-income families, neighborhood rehabilitation, and social services.

"We present the vision in which we have to live with these things that we need," said Gary, who said the plan has to be a vision, for the city, for the people, and for the future.

He said the plan has to be a vision, for the city, for the people, and for the future.

He said the plan has to be a vision, for the city, for the people, and for the future.

The Norwalk Patriot is offering subscriptions for \$10/year. Subscription guarantees delivery every Friday to single-family homes in Norwalk.

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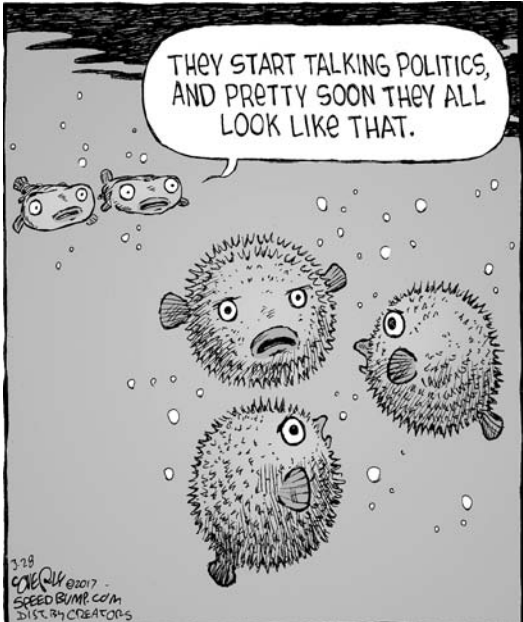
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SPEED BUMP



DAVE COVERLY



On This Day...

March 31, 1900: The W.E. Roach Company was the first automobile company to put an advertisement in a national magazine. The magazine was the “Saturday Evening Post.”

1967: U.S. President Lyndon Johnson signed the Consular Treaty, the first bi-lateral pact with the Soviet Union since the Bolshevik Revolution.

2004: Google Inc. announced that it would be introducing a free e-mail service called Gmail.

BIRTHDAYS: TV actor William Daniels (90); Movie actress Shirley Jones (83); Actor Christopher Walken (74); Former Vice President Al Gore (69); “Cheers” actress Rhea Perlman (69); AC/DC guitarist Angus Young (62); Movie star Ewan McGregor (46); Twitter co-founder Evan Williams (45); Reality star Robyn Dixon (38); Comedian Kate Micucci (37); Rock guitarist Jack Antonoff (33); Rapper Jay Rock (31); Korean rapper Bang Yong-guk (29); YouTube star Theo Baker (21); and Dancer Josh Beauchamp (17).



Rhea Perlman

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Please Call
Michael Robinson
(562) 868-3022

Send us your Letters to the Editor, Press Releases, photos, meeting and club schedules!

Address:
12040 Foster Road
Norwalk, CA 90650
Email:
news@thedowneypatriot.com

CALENDAR OF EVENTS

MONDAYS

1st, 6:00 p.m. - Public Safety meetings - Council Chambers

TUESDAYS

8:00 a.m. - 1:00 p.m. - Farmers Market - Excelsior High School
12:00 p.m. - Rotary - Doubletree Hotel

1st & 3rd 6:00 p.m. - Toastmasters Meetings - Registrar Recorder/County Clerks Office
2nd & 4th, - Toastmasters Meetings - Norwalk Library
1st & 3rd, 6:00 p.m. - City Council - Council Chambers
3rd, 5:45 p.m. - Housing Authority - Council Chambers

WEDNESDAYS

10:30 a.m. - Woman’s Club - Masonic Lodge
1st, 12:30 p.m. - Soroptimist International - Soroptimist Village
1st & 3rd, 7:00 p.m. - Lions Club - Bruce’s Restaurant
2nd & 4th, 1:30 p.m. - Alondra Senior Citizens - Social Services Center
2nd & 4th, 7:30 p.m. - Planning Commission - Council Chambers
4th, 11:30 a.m. - Coordinating Council - Arts & Sports Complex

THURSDAYS

1:00 p.m. - Adult color club “Color Us Happy” - Norwalk Library
7:00 p.m. - Boy Scouts Troop 924 - Norwalk United Methodist Church
2nd, 7:30 p.m. - Golden Trowel -Norwalk Masonic Lodge
3rd, 8:00 p.m. - American Legion Post No. 359 - 11986 Front St.

SATURDAYS

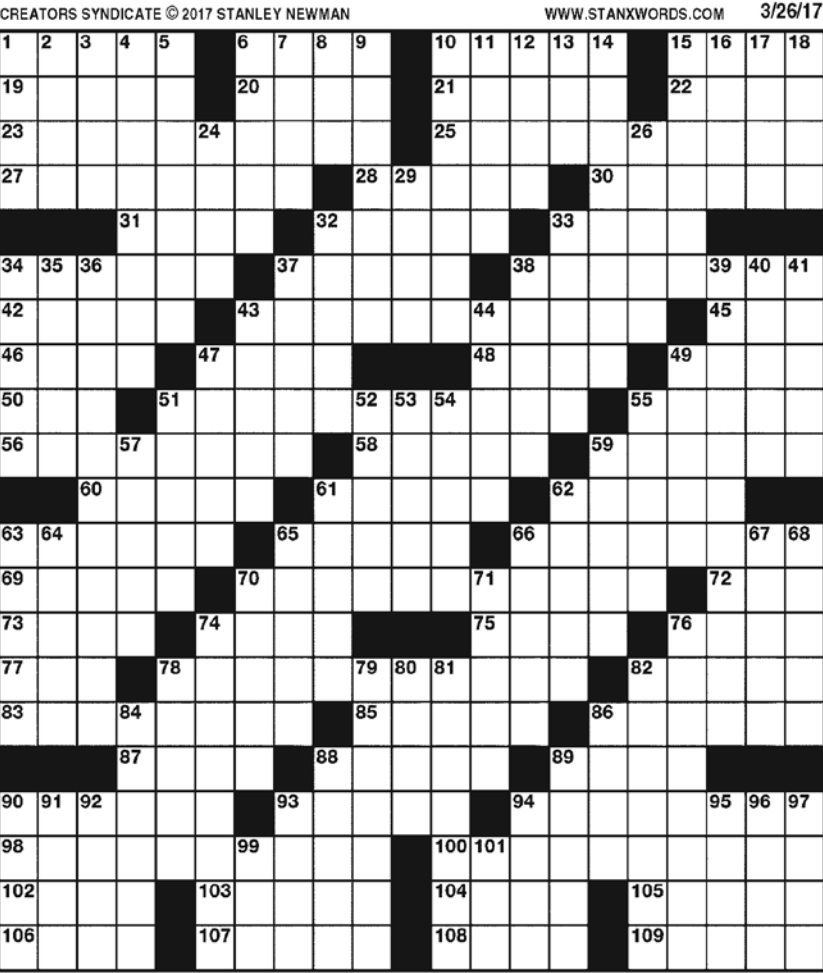
2nd, 8:30 a.m. - 10:30 a.m. - Pancake Breakfast - First Christian Church of Norwalk
Have an event you want listed? E-mail news@thedowneypatriot.com

THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com)
PERIODIC TABLE SPELLING: As in Cr + Os + Se + S
by S.N.

- ACROSS**
- 1 Small canyon
 - 6 Mr. Pig
 - 10 Need renewal
 - 15 Young whale
 - 19 Garnish
 - 20 Underhanded plan
 - 21 “That is . . .”
 - 22 Nastase of tennis
 - 23 Smart remarks
 - 25 Not much time
 - 27 Where some socks reach
 - 28 Spherical strikers
 - 30 Alternatives to Marriotts
 - 31 Town near Santa Fe
 - 32 Aunt of Bart Simpson
 - 33 “Street” rep
 - 34 Upward path
 - 37 Sam, e.g.
 - 38 Apportioned fairly
 - 42 Navigator’s reference
 - 43 Bombastic
 - 45 Ben-__ (Heston film)
 - 46 Debt documents
 - 47 Theatre tier
 - 48 Peas in __
 - 49 Deep red
 - 50 Half of MCCC
 - 51 German entrée
 - 55 Benevolent spirit
 - 56 Sialom garb
 - 58 Portrayals
 - 59 Less refined
 - 60 People in general
 - 61 Empathic turnaround
 - 62 Northwestern capital
 - 63 Land between hills
 - 65 Bandleader’s cue
 - 66 Cabinet department
 - 69 GI truants
 - 70 Internet avoider, quite possibly
 - 72 One on the force
 - 73 Statutes
 - 74 Wife of Jacob
 - 75 Road grooves
 - 76 Solving aid
 - 77 Jargon suffix
 - 78 Paul Revere profession
 - 82 County bordering Galway
 - 83 Tissue descriptor
 - 85 Skip, as a syllable
 - 86 Commandeers
 - 87 Corporate colleague of Budget
 - 88 Thing in a ring
 - 89 Showy neckwear
 - 90 Popped up
 - 93 Was concerned
 - 94 Scolded
 - 98 Where websites live
 - 100 Bus ancestor
 - 102 Bills, catalogs, etc.
 - 103 The Metamorphosis author
 - 104 82 Across’ land
 - 105 Year in France
 - 106 Heels of loaves
 - 107 Explanation introducer
 - 108 Canvas quarters
 - 109 High-pitched
- DOWN**
- 1 Rubberneck
 - 2 Valhalla VIP
 - 3 Stood up
 - 4 Ceremonial hosts
 - 5 Captivate
 - 6 Talks big
 - 7 Response to a sting
 - 8 Seek info
 - 9 What Aretha spells in song
 - 10 Gridiron guards
 - 11 Frigidaire rival
 - 12 Highlighters, for example
 - 13 __ Paulo
 - 14 Keep hidden
 - 15 Noisy bug
 - 16 Immensely
 - 17 41 Down collection
 - 18 Govt. agents
 - 24 Barrel of laughs
 - 26 Rubbernecks
 - 29 Fashion mag
 - 32 Express contempt
 - 33 Sing like Bennett
 - 34 Lab liquids
 - 35 Astound
 - 36 Close kin to broccoli
 - 37 Driving forces
 - 38 Speaks (up)
 - 39 Sound from the sky
 - 40 Blake of jazz fame
 - 41 Laundry appliance
 - 42 Wears a long face
 - 44 Tuber, so to speak
 - 47 Very thin
 - 49 Put back to work
 - 51 Marketing data
 - 52 Gravy ingredient
 - 53 Violinist’s accessory
 - 54 Justice O’Connor successor
 - 55 Stubborn dirt
 - 57 Places to vote
 - 59 Rooster toppers
 - 61 Market subsegment
 - 62 Place to vote
 - 63 Parking attendant
 - 64 Teeming (with)
 - 65 Teeming (with)
 - 66 Water slide
 - 67 Wine and dine
 - 68 Blunted blades
 - 70 Narrates
 - 71 Self-esteem
 - 74 Skating champ at Nagano
 - 76 Narrow escape
 - 78 Disconnect
 - 79 Secluded sanctuary
 - 80 Member of the plum family
 - 81 Way of thinking
 - 82 Model train component
 - 84 Studio stands
 - 86 Composer Porter
 - 88 Potato parcels
 - 89 Engender
 - 90 Peak of perfection
 - 91 TV host Seacrest
 - 92 Footnote notation
 - 93 Small eatery
 - 94 Wild tale
 - 95 Certain Scandinavian
 - 96 Sailed through
 - 97 People in general
 - 99 __ Thai (rice-noodle dish)
 - 101 Jeopardy! rarity

Reach Stan Newman at P.O. Box 69, Massapequa Park, NY 11762, or at www.StanXwords.com



ADVERTISING POLICY

The Norwalk Patriot reserves the right to censor, reclassify, revise or reject any ad. The Norwalk Patriot is not responsible for incorrect ads beyond the first business day of an ad scheduled. Please check your ad on the first day of publication and report any errors we have made to the Classified Department at 562-904-3668 at the beginning of the next business day to have it publish correctly for the remainder of the schedule.

You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762. Please send a self-addressed, stamped envelope if you'd like a reply.



LEGALS

FICT. BUS NAME

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2017065112
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: **(1) WEST COAST REAL ESTATE AND PROPERTY MANAGEMENT, 11202 LAKELAND ROAD, NORWALK CA 90650, LA COUNTY** Articles of Incorporation or Organization Number (if applicable): **AI #ON: N/A** REGISTERED OWNERS(S): **(1) SHEILA CASTRO, 11202 LAKELAND ROAD, NORWALK CA 90650** State of Incorporation: **(1) N/A** This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on **N/A** I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) **S/ SHEILA CASTRO, OWNER** This statement was filed with the County Clerk of Los Angeles on **MARCH 15, 2017** NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Norwalk Patriot
3/17/17, 3/24/17, 3/31/17, 4/7/17

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2017048402
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: **(1) KRATOS DESIGN LAB, 4102 SAN VICENTE AVE., SOUTH GATE CA 90280, LA COUNTY** Articles of Incorporation or Organization Number (if applicable): **AI #ON: N/A** REGISTERED OWNERS(S): **(1) CUAUHTEMOC SALCEDO-TEJEDA, 4102 SAN VICENTE AVE, SOUTH GATE CA 90280** State of Incorporation: **(1) N/A** This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on **01/2017** I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) **S/ CUAUHTEMOC SALCEDO-TEJEDA, OWNER** This statement was filed with the County Clerk of Los Angeles on **FEBRUARY 27, 2017** NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Norwalk Patriot
3/24/17, 3/31/17, 4/7/17, 4/14/17

FICTITIOUS BUSINESS NAME STATEMENT
File Number 2017069137
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS: **(1) BAY RIDGE EQUESTRIAN, 90220 CENTURY BLVD, PARAMOUNT CA 90723, LA COUNTY, 14633 GRAYSTONE AVENUE, NORWALK CA 90650** Articles of Incorporation or Organization Number (if applicable): **AI #ON: N/A** REGISTERED OWNERS(S): **(1) BAILEY ANDREA EVANS, 14633 GRAYSTONE AVENUE, NORWALK CA 90650** State of Incorporation: **(1) N/A** This business is conducted by an Individual The registrant commenced to transact business under the fictitious business name or names listed above on **01/2017** I declare that all information in this statement is true and correct. (A registrant who declares as true information which he or she knows to be false is guilty of a crime.) **S/ BAILEY ANDREA EVANS, OWNER** This statement was filed with the County Clerk of Los Angeles on **MARCH 20, 2017** NOTICE-In accordance with Subdivision (a) of Section 17920, a Fictitious Name Statement generally expires at the end of five years from the date on which it was filed in the office of the County Clerk, except, as provided in Subdivision (b) of Section 17920, where it expires 40 days after any change in the facts set forth in the statement pursuant to section 17913 other than a change in the residence address of a registered owner. A New Fictitious Business Name Statement must be filed before the expiration. Effective January 1, 2014, the Fictitious Business Name Statement must be accompanied by the affidavit of identity form.

The filing of this statement does not of itself authorize the use in this state of a Fictitious Business Name in violation of the rights of another under Federal, State, or common law (see Section 14411 et. seq., Business Professions Code).

The Norwalk Patriot
3/24/17, 3/31/17, 4/7/17, 4/14/17

GOVERNMENT

CITY OF NORWALK NOTICE INVITING BIDS FOR THE NORWALK TRANSPORTATION MUNICIPAL SERVICES YARD RETAINING WALLS AND FENCING 12800 IMPERIAL HIGHWAY PROJECT NO. 7786.1

NOTICE IS HEREBY GIVEN that the City of Norwalk will accept bids for this project until the hour of **eleven o'clock A.M. on April 26, 2017**. Bids are to be submitted to the City Clerk's office, Room 10, City Hall, 12700 Norwalk Boulevard, Norwalk, California 90650. Bids will be opened and read aloud in the City Clerk's Office Room 10 unless otherwise posted. **OBTAINING BID DOCUMENTS.** Plans, specifications, bid forms, bonds and contracts may be obtained at the office of the City Engineer, Room 12, City Hall. Plans and specifications will be issued to prospective bidders over the counter for a \$14.50 charge. For plans and specifications that are required to be mailed the charge will be \$19.50. Checks are to be made payable to the City of Norwalk. **FACSIMILE NUMBER AND EMAIL ADDRESS.** Bidders shall supply the City Engineer with a facsimile number and email address to facilitate transmission of Addenda and other information related to these Contract Documents. If the Addenda and other information related to these Contract Documents is mailed, the City shall also send all documents by facsimile or U.S. Mail. Failure to provide such a facsimile number and email address may result in late

notification. The City does not guarantee that it will provide any information by facsimile, email, or both. A Bidder shall be responsible for all Addenda regardless of whether Bidder received any such fax or email, and a Bidder shall have no recourse due to not receiving such facsimile, email or both.

REGISTRATION WITH THE DEPARTMENT OF INDUSTRIAL RELATIONS. In accordance with Labor Code Sections 1725.5 and 1771.1, no contractor or subcontractor shall be qualified to bid on, be listed in a bid proposal, subject to the requirements of Section 4104 of the Public Contract Code, or engage in the performance of any contract for public work, unless currently registered and qualified to perform public work pursuant to Section 1725.5 [with limited exceptions for bid purposes only under Labor Code Section 1771.1(a)].

PREVAILING WAGES. In accordance with Labor Code Section 1770 et seq., the Project is a "public work." The selected Bidder (Contractor) and any Subcontractors shall pay wages in accordance with the determination of the prevailing rate of per diem wages at each job site. This Project is subject to compliance monitoring and enforcement by the DIR.

BONDS. Each Bid must be accompanied by a cash deposit, cashier's check, certified check or Bidder's Bond issued by a Surety insurer, made payable to the City and in an amount not less than ten percent (10%) of the total Bid submitted. Personal or company checks are not acceptable. Upon Contract award, the Contractor shall provide faithful performance and payment Bonds, each in a sum equal to the Contract Price. Before acceptance of the Project, the Contractor shall submit a warranty or maintenance Bond that is valid for one year from acceptance, in the amount of ten percent (10%) of the final Contract Price; in lieu of that Bond, the Contractor may submit proof from the Surety that the performance Bond has been extended for the appropriate duration of time. All Bonds must be issued by a California admitted Surety insurer using the forms set forth in the Contract Documents, or in any other form approved by the City Attorney. Failure to enter into the Contract with the City, including the submission of all required Bonds and insurance coverages, within fifteen (15) Days after the date of the mailing of written notice of contract award to the Bidder, may subject the Bid security to forfeiture to the extent provided by law.

LICENSES. Each Bidder shall possess a valid **Class A** Contractor's license issued by the California State Contractors License Board at the time of the Bid submission. The successful Contractor must also possess a valid **Class A** Contractor's license.

INDUSTRIAL SAFETY RECORD. The bidder shall submit as part of its Bid a completed copy of its Industrial Safety Record including all construction Work undertaken in California by the bidder and any partnership, joint venture or corporation that any principal of the bidder participated in as a principal or owner for the last five (5) calendar years and the current calendar year before the date of Bid submittal.

RETENTION SUBSTITUTION. Five percent (5%) of any progress payment will be withheld as retention. In accordance with Public Contract Code Section 22300, and at the request and expense of the Contractor, securities equivalent to the amount withheld may be deposited with the City or with a State or federally chartered bank as escrow agent, which shall then pay such moneys to the Contractor. Upon satisfactory completion of the Project, the securities shall be returned to the Contractor. Alternatively, the Contractor may request that the City make payments of earned retentions directly to an escrow agent at the Contractor's expense. No such substitutions shall be accepted until all related documents are approved by the City Attorney.

LIQUIDATED DAMAGES. Liquidated damages shall accrue in the amount of **\$500** for each day that Work remains incomplete beyond the Project **60 Working Day** completion deadline as specified in the Contract Documents.

FEDERAL FUNDING. This project is partially funded by the Federal Transit Administration (FTA). The successful Proposer will be required to comply with Equal Employment Opportunity and all applicable federal, state and local laws, and requirements. The City of Norwalk hereby notifies all Offerors that the City will affirmatively assure that Disadvantaged Business Enterprises are afforded full opportunity to participate in the performance of contracts and sub-contracts financed in part or in whole with funds provided under this Invitation to Bid, and will not be discriminated against on the grounds of race, color, gender, age, or national origin in consideration for an award.

DISADVANTAGED BUSINESS ENTERPRISE. It is the policy of the Department of Transportation and the City of Norwalk that Disadvantaged Business Enterprises ("DBE") as defined in 49 CFR part 26, shall have the maximum opportunity to participate in the performance of contracts financed in whole or in part with Federal funds under this Agreement. Consequently, the DBE requirement of 49 CFR applies to this Agreement. The City of Norwalk has set a Disadvantaged Business Enterprise (DBE) goal of **3%** for this project.

BIDDING PROCESS. The City Council of the City of Norwalk reserves the right to reject any or all bids, and/or waive any informality on a bid. No bidder may withdraw his bid for a period of sixty (60) days after the date and time set for the opening thereof.

BY ORDER OF THE NORWALK CITY COUNCIL of the City of Norwalk, California this 21st day of March 2017.

Theresa Devoy, CMC
CITY CLERK OF THE CITY OF NORWALK

The Norwalk Patriot
3/31/17

CITY OF NORWALK NOTICE INVITING BIDS FOR THE JERSEY AVENUE AND IMPERIAL HIGHWAY BUS STOP IMPROVEMENT AND TRAFFIC SIGNAL MODIFICATION PROJECT PROJECT NO. 7189

NOTICE IS HEREBY GIVEN that the City of Norwalk will accept bids for this project until the hour of **eleven o'clock A.M. on April 25, 2017**. Bids are to be submitted to the City Clerk's office, Room 10, City Hall, 12700 Norwalk Boulevard, Norwalk, California 90650. Bids will be opened and read aloud in the City Clerk's Office Room 10 unless otherwise posted.

OBTAINING BID DOCUMENTS. Plans, specifications, bid forms, bonds and contracts may be obtained at the office of the City Engineer, Room 12, City Hall. Plans and specifications will be issued to prospective bidders over the counter for a \$24.50 charge. For plans and specifications that are required to be mailed the charge will be \$29.50. Checks are to be made payable to the City of Norwalk.

FACSIMILE NUMBER AND EMAIL ADDRESS. Bidders shall supply the City Engineer with a facsimile number and email address to facilitate transmission of Addenda and other information related to these Contract Documents. If the Addenda and other information are emailed, the City shall also send all documents by facsimile or U.S. Mail. Failure to provide such a facsimile number and email address may result in late notification. The City does not guarantee that it will provide any information by facsimile, email, or both. A Bidder shall be responsible for all Addenda regardless of whether Bidder received any such fax or email, and a Bidder shall have no recourse due to not receiving such facsimile, email or both.

REGISTRATION WITH THE DEPARTMENT OF INDUSTRIAL RELATIONS. In accordance with Labor Code Sections 1725.5 and 1771.1, no contractor or subcontractor shall be qualified to bid on, be listed in a bid proposal, subject to the requirements of Section 4104 of the Public Contract Code, or engage in the performance of any contract for public work, unless currently registered and qualified to perform public work pursuant to Section 1725.5 [with limited exceptions for bid purposes only under Labor Code Section 1771.1(a)].

PREVAILING WAGES. In accordance with Labor Code Section 1770 et seq., the Project is a "public work." The selected Bidder (Contractor) and any Subcontractors shall pay wages in accordance with the determination of the Director of the Department of Industrial Relations ("DIR") regarding the prevailing rate of per diem wages. Copies of those rates are available from the Department of Industrial Relations' Web site. The Contractor shall post a copy of the DIR's determination of the prevailing rate of per diem wages at each job site. This Project is subject to compliance monitoring and enforcement by the DIR.

BONDS. Each Bid must be accompanied by a cash deposit, cashier's check, certified check or Bidder's Bond issued by a Surety insurer, made payable to the City and in an amount not less than ten percent (10%) of the total Bid submitted. Personal or company checks are not acceptable. Upon Contract award, the Contractor shall provide faithful performance and payment Bonds, each in a sum equal to the Contract Price. Before acceptance of the Project, the Contractor shall submit a warranty or maintenance Bond that is valid for one year from acceptance, in the amount of ten percent (10%) of the final Contract Price; in lieu of that Bond, the Contractor may submit proof from the Surety that the performance Bond has been extended for the appropriate duration of time. All Bonds must be issued by a California admitted Surety insurer using the forms set forth in the Contract Documents, or in any other form approved by the City Attorney. Failure to enter into the Contract with the City, including the submission of all required Bonds and insurance coverages, within fifteen (15) Days after the date of the mailing of written notice of contract award to the Bidder, may subject the Bid security to forfeiture to the extent provided by law.

LICENSES. Each Bidder shall possess a valid **Class A** Contractor's license issued by the California State Contractors License Board at the time of the Bid submission. The successful Contractor must also possess a current City business license.

INDUSTRIAL SAFETY RECORD. The bidder shall submit as part of its Bid a completed copy of its Industrial Safety Record including all construction Work undertaken in California by the bidder and any partnership, joint venture or corporation that any principal of the bidder participated in as a principal or owner for the last five (5) calendar years and the current calendar year before the date of Bid submittal.

INCORPORATION OF STANDARD SPECIFICATIONS. The 2015 edition of "Standard Specifications for Public Works Construction" ("Standard Specifications"), as amended by the Contract Documents, is incorporated into the Contract Documents by reference.

RETENTION SUBSTITUTION. Five percent (5%) of any progress payment will be withheld as retention. In accordance with Public Contract Code Section 22300, and at the request and expense of the Contractor, securities equivalent to the amount withheld may be deposited with the City or with a State or federally chartered bank as escrow agent, which shall then pay such moneys to the Contractor. Upon satisfactory completion of the project, the securities shall be returned to the Contractor. Alternatively, the Contractor may request that the City make payments of earned retentions directly to an escrow agent at the Contractor's expense. No such substitutions shall be accepted until all related documents are approved by the City Attorney.

LIQUIDATED DAMAGES. Liquidated damages shall accrue in the amount of **\$500** for each day that Work remains incomplete beyond the Project **120 Working Day** completion deadline as specified in the Contract Documents.

FEDERAL FUNDING. This project is partially funded by the Federal Transit Administration (FTA). The successful Proposer will be required to comply with Equal Employment Opportunity and all applicable federal, state and local laws, and requirements. The City of Norwalk hereby notifies all Offerors that the City will affirmatively assure that Disadvantaged Business Enterprises are afforded full opportunity to participate in the performance of contracts and sub-contracts financed in part or in whole with funds provided under this Invitation to Bid, and will not be discriminated against on the grounds of race, color, gender, age, or national origin in consideration for an award.

DISADVANTAGED BUSINESS ENTERPRISE. It is the policy of the Department of Transportation and the City of Norwalk that Disadvantaged Business Enterprises ("DBE") as defined in 49 CFR part 26, shall have the maximum opportunity to participate in the performance of contracts financed in whole or in part with Federal funds under this Agreement. Consequently, the DBE requirement of 49 CFR applies to this Agreement. The City of Norwalk has set a Disadvantaged Business Enterprise (DBE) goal of **3%** for this project.

BIDDING PROCESS. The City Council of the City of Norwalk reserves the right to reject any or all bids, and/or waive any informality on a bid. No bidder may withdraw his bid for a period of sixty (60) days after the date and time set for the opening thereof.

BY ORDER OF THE NORWALK CITY COUNCIL of the City of Norwalk, California this 21st day of March 2017.

Theresa Devoy, CMC
CITY CLERK OF THE CITY OF NORWALK

The Norwalk Patriot
3/31/17

NOTICES

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE FOR CHANGE OF NAME

CASE NUMBER: VS030084
TO ALL INTERESTED PERSONS: Petitioner Timothy Duran filed a petition with this court for a decree changing names as follows: Present name (1) Timothy Ruben Duran Proposed name (1) Timothy Aguilar

THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: May 3, 2017, Time: 1:30 pm, Department: C
The address of the court is 12720 Norwalk Blvd., Norwalk, CA 90650

A copy of this Order to Show Cause shall be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, **NORWALK PATRIOT** March 03, 2017 Margaret M. Bernal Judge Of The Superior Court Petitioner or Attorney, In Pro Per **12803 Mansa Dr Norwalk, CA 90650 (562) 440-8660 Timothy.Duran@yahoo.com**

The Norwalk Patriot
3/17/17, 3/24/17, 3/31/17, 4/7/17

PROBATE

NOTICE OF PETITION TO ADMINISTER ESTATE OF: TONY VIVEROS CASE NO. 16STPB05671

To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the WILL or estate, or both of TONY VIVEROS.

A PETITION FOR PROBATE has been filed by LYNDA RAE VIVEROS PONGYOO in the Superior Court of California, County of LOS ANGELES.

THE PETITION FOR PROBATE requests that LYNDA RAE VIVEROS PONGYOO be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held in this court as follows: 04/03/17 at 8:30AM In Dept. 99 located at 111 N. HILL ST., LOS ANGELES, CA 90012

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in section 9052 of the Probate Code. A Request for Special Notice form is available from the court clerk.

Attorney for Petitioner
DAVID CHON - SBN 238274
THE LEGACY LAWYERS, PROFESSIONAL CORPORATION
10221 SLATER AVENUE, SUITE 106
FOUNTAIN VALLEY, CA 92708
3/17, 3/24, 3/31/17
CNS-2986207#

THE NORWALK PATRIOT

CNS2986207
The Norwalk Patriot
3/17/17, 3/24/17, 3/31/17

TRUSTEE SALES

T.S. No.: 9551-3916 TSG Order No.: 120347769 A.P.N.: 8052-016-050 NOTICE OF TRUSTEE'S SALE YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 09/20/2007. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NBS Default Services, LLC, as the duly appointed Trustee, under and pursuant to the power of sale contained in that certain Deed of Trust Recorded 09/27/2007 as Document No.: 2007229327, of Official Records in the office of the Recorder of Los Angeles County, California, executed by: JOSE JAVIER SANDOVAL, A SINGLE MAN, as Trustor, and WILL SELLS AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable in full at time of sale by cash, a cashier's check drawn by a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, savings association, or savings bank specified in section 5102 of the Financial Code and authorized to do business in this state). All right, title and interest conveyed to and held by the lender said Deed of Trust in the property situated in said County and state, and as more fully described in the above referenced Deed of Trust. Sale Date & Time: 04/10/2017 at 10:00 AM Sale Location: Behind the fountain located in Civic Center Plaza, 400 Civic Center Plaza, Pomona CA The street address and other common designation, if any, of the real property described above is purported to be: 10617 FIRWOOD CT, NORWALK, CA 90650. The undersigned Trustee disclaims any liability for any incorrectness of the street address and other common designation, if any, shown herein. Said sale will be made in an "AS IS" condition, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to pay the remaining principal sum of the note(s) secured by said Deed of Trust, with interest thereon, as provided in said note(s), advances, if any, under the terms of the Deed of Trust, estimated fees, charges and expenses of the Trustee and of the trusts created by said Deed of Trust, to-wit: \$423,491.20 (Estimated) as of 03/30/2017. Accrued interest and additional advances, if any, will increase this figure prior to sale. It is possible that at the time of sale the opening bid may be less than the total indebtedness due. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You should also be aware that the lien being auctioned off may be a junior lien. 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Paging Dr. Frischer...
By Dr. Alan Frischer

Given my profession, it's no surprise that I frequently hear the words "I will keep him (her) in my prayers." It's a very decent and human thing to say, and shows concern for a fellow human being. I often find myself saying something similar.



Is a strong religious faith good for our own health? Is there real, verifiable, power in prayer, and if so, can we scientifically measure whether praying for another's health makes a difference?

Just what are the important factors for healing: the actual prayer itself, or being a part of a religious community (or any community)? What is clear is that it's far easier to measure the effect of a medication on, say, blood pressure, than to measure the effect of prayer on health.

Of course, those of you who are devoutly religious will neither seek nor need my confirmation or denial of the power of faith or prayer in healing.

The effectiveness of prayer has been the topic of various scientific studies since at least the late 1800s. In the early 20th century, Florence Nightingale, a pioneer of modern nursing, was a believer in the effects of prayer.

She wrote: "Often when people seem unconscious, a word of prayer reaches them." More recently, the Washington Post wrote: "...prayer is the most common complement to mainstream medicine, far outpacing acupuncture, herbs, vitamins and other alternative remedies."

However, recent medical studies on prayer have shown mixed results.

There is evidence that those with strong connections to a religious community are healthier and live longer lives. The director of Duke's Center for Spirituality, Theology, and Health found that regular worshippers live longer.

An additional analysis "indicates people who are more religious and pray more have better mental and physical health." Scientific measurements show more optimism and lower blood pressure.

A study from the University of Texas showed that there is a seven-year improvement in life expectancy

for those who attend church weekly over those who never do. A study published in the U.S. Journal of Gerontology revealed that atheists had a significantly increased chance of dying over a six-year period than did the "faithful."

The American Society of Hypertension found that churchgoers have lower blood pressure than non-churchgoers.

However, these studies didn't examine the specific impact of prayer itself. Scientific studies on the impact of prayer have indeed been conducted, often within a medical setting. These studies have used different structural methods, and measured both hard data (such as changes in blood pressure) and soft data (such as anxiety levels and number of doctor visits).

They have measured first-person effects (where the beneficiary performs the prayer), second-person effects (where someone with a personal connection to the beneficiary performs the prayer), and third-party effects (where a group of unknown people pray for the beneficiary). If prayer affects health – one way or the other – then patients, doctors and policymakers should all want to know. However, results have been inconsistent.

Many factors complicate the outcomes. There may be biases implicit in the study design, depending on who is conducting the research, and what their own beliefs or end-goals are.

How is "dose" to be quantified, as it is in other scientific studies? Is one person's prayer less than that of an entire group? Are some particular prayers or individuals more powerful than others? What is the mechanism by which prayer works? Does a positive result represent intervention by a higher power, or some unknown energy... or a placebo effect?

Many agree that the power of prayer is a complex issue that would need considerably more hard evidence before the scientific community can count on it as a therapeutic intervention.

However, let me go out on a limb and conclude with this: In a world divided by politics, race, gender, religion, and economics, I see no harm and in fact great benefit from becoming connected to the well being of the world and everyone in it through prayer, or simply loving thoughts.

When I look at this subject and the data available, it reminds me to continue to improve my own connections to my community, religion, profession, family, and friends for love, support and health.

Dr. Alan Frischer is former chief of staff and former chief of medicine at Downey Regional Medical Center. Write to him in care of this newspaper at 8301 E. Florence Ave., Suite 100, Downey, CA 90240.

CERRITOS COLLEGE
TALON MARKS

Local latin dance group Passion Latina likes to give back

By Natasha Molina

NORWALK – Mireya Placencia, an EOPs English tutor, grew up to be different from other girls, she experienced music differently than others amongst her.

"I wanted to know the background, the history to every dance and as to why something was done for a certain particular genre, so I asked questions did my research and taught myself."

As Placencia grew older she realized that other girls around her shared a similar interest that helped spark the idea to start her own Latin dance group.

Passion Latina started off small as an after school group with only a couple of kids taking part in it, that would perform for school or holiday events like Cinco De Mayo.

As time passed Passion Latina started to grow as did Placencia's responsibilities with the group, "During high school, I became the sole leader of the group and was in charge of organizing upcoming events."

Upon the growth of the group Placencia was positive about continuing her passion for dance and took it upon herself to have Passion Latina become a non-profit organization.

With the help of her church,

Our Lady of Victory Catholic Church, she was able to have the necessary resources available for her and the dancers.

The dance lessons began to be held at the church, Tuesdays and Thursdays from 6 p.m. to 8 p.m. in city of Compton.



Passion Latina wins Idar and Jessica Ramos come to life ahead of a Día De Los Muertos Folklorico dance event. Photo | Passion Latina

The classes are broken up into three; elementary, middle and high school where kids are taught all types of Latin dances including: Samba from Brazil, Cumbia from Colombia, Punta from Honduras or Belize.

Being a non-profit organization Passion Latina participates in many fundraising events in order to raise

money for uniforms, costumes, sound systems, and transportation.

Placencia stressed the importance of fundraising.

"We'll do car washes, sell chocolates, raffles or small dance recitals where we'll charge a small fee to help raise as much as we can,"

she said. One of Latina's biggest events is a yearly parade that is set in the cities, Compton, South Gate, Huntington Park, Rolling Hills, Downey, Hawaiian Gardens and East Los Angeles. In the event 60 girls perform; these young girls dedicate months and months of practice.

Although Passion Latina performs for many special events for the cities like, Compton or Carson, these young dancers also like to give back to the community.

"After the parade in South Gate there is a Latino community gathering that holds a toy drive and every year we bring toys for that drive as well as in Compton."

Latina's also give back at the Compton Airport and at the Museum of Rancho Dominguez by performing there for free when asked.

"One of my students came up with the idea of taking some of our old useable purses and filling them with feminine products to give out to homeless women in Compton. It was a satisfying experience to be able to give back to people in need no matter how small it was," Placencia proudly expressed.

Aside from teaching young girls how to dance, this organization gives back and impacts the group from within in a big way.

The girls have become more a family always helping each other out not just with dance, but with whatever life throws at them.

"Since we are based in Compton, I feel like this group not only has helped keep girls off of the streets, but helps them physically. There are girls who have been diagnosed as obese, so it's a fun way to help them exercise."

Placencia is always pleasantly surprised to see how much this group helps young girls out of their shells to blossom into social butterflies, which boosts up their self esteem tremendously.

Amy Mendoza, a 20-year-old dancer, has been a member of Passion Latina since it began, she was thrilled to learn about many different cultures through music, describing it as experiencing a different world.

Through the club Mendoza has had the opportunity to travel and experience different environments by meeting new people.

"We are a family at Passion Latina! When one of us is going through a rough patch in our life we are there to console and support each other.

Passion Latina is a second home to me and many of us. There is comfort and unity. Our dance group is genuinely one of a kind and so welcoming," Mendoza concluded.

This story was originally published in Talon Marks , the student-ran newspaper at Cerritos College. To read the original, visit www.talonmarks.com/arts/2017/03/29/passion-latina-gives-back.

Lynwood Unified's Firebaugh High School honors women through empowerment conference

LYNWOOD – One hundred Lady Falcons from Firebaugh High pledged March 17 to pursue their dreams no matter the obstacles at the school's first Girl Chat Empowerment Conference, where students learned confidence-boosting techniques from a panel of powerful women and Lynwood Unified alumni.

"All students should have confidence within themselves to pursue any avenue in life," Lynwood Unified Superintendent Paul Gothold said. "I want to commend Firebaugh High for holding such an important forum for students to hear from their peers and address issues they may be facing."



"It is important for all women to know how to empower themselves and attempt things they might have thought were impossible," Alexandre said. "Girls can do many things men can't, but I think some students need someone to reach out to them and give them the tools to be strong and independent."

The event featured panelists – including Lynwood Unified alumni, college students, an attorney, a sixth-grade math and science teacher from LUSD's Cesar Chavez Middle School and a family therapy counselor – who discussed their experiences with overcoming adversity and empowering themselves.

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Downey Christian women's group meets April 12

DOWNEY – Tess Rutherford, a rebellious teenage dropout who went on to become a successful U.S. Marine, will be the guest speaker at the April 12 meeting of the Downey Christian Women's Club.

The meeting begins at 11:30 a.m. at Los Amigos Country Club. Men are also invited.

The day's special feature will be Susan Lowe, who will demonstrate Gold Canyon Wickless Candles.

Admission is \$15 and includes buffet lunch. Call Helen at (562) 864-7319 to RSVP.