Friday, May 27, 2016 Vol. 10 No. 17 12040 Foster Road, Norwalk, CA 90650

Students earn scholarships to study abroad

NORWALK - Cerritos College students Miguel Felix, Amy Perez, and Gurpreet Ubbu have been awarded the prestigious Benjamin A. Gilman International Scholarship, sponsored by the U.S. Department of State's Bureau of Educational and Cultural Affairs to study or intern abroad during the summer 2016 academic term.

Felix received \$4,000 towards his study abroad program costs and will study religion and philosophy in Ladahk, India.

Ubbu received \$4,500 to study business and culture in Shanghai, China.

Perez, who received \$2,500, will participate in a forensic anthropology and archeological excavation in Limassol, Cyprus.

These three students join 1,150 works. American undergraduate students from 377 colleges and universities across the U.S. selected to receive Gilman Scholarship.

"In January, the Gilman Scholarship Program partnered with Cerritos College to provide a study abroad workshop for students," said Timothy Juntilla, director, Scholars' Honors Program at Cerritos College. "I am ecstatic that three of our students were awarded a Summer 2016 Gilman International Scholarship. This is the first step toward establishing and promoting study abroad opportunities for our students and, hopefully, we will expand our efforts and join other colleges and universities in the Generation Study Abroad initiative."

The program aims to diversify the students who study and intern abroad and the countries and regions where they go. Students receiving a Federal Pell Grant from two- and four-year institutions who will be studying abroad or participating in a career-oriented international internship for academic credit are eligible to apply. Scholarship recipients have the opportunity to gain a better understanding of other cultures, countries, languages, and economies -- making them better school as freshmen in 2011-12. This is the sixth year California has used the prepared to assume leadership roles method for measuring graduation rates, aided by a data system that tracks within government and the private students when they switch schools, drop out or continue their education

Excelsior alumni picnic set for June 25

NORWALK - On Saturday, June 25, the Excelsior High School campus will once again come alive when Excelsior alumni return to their beloved campus for the Excelsior High School Alumni Picnic from 9 a.m. to 3 p.m.

This year's theme will be "And The Music Played On!" Corinne Escobar Griffiths has been hard at work contacting former Excelsior band members from all class years...

The Norwalk All City Band will get things started by performing at the opening ceremonies. Then the former Excelsior band members will ioin in.

On display in the cafeteria will be annuals, sports trophies, sweaters and other memorabilia from Excelsior's past, donated by former Pilots and their families.

Food will be available from Frantone's Pizza and The Taco Guy, along with kettle corn made fresh on campus.

The Class of 1956 will be celebrating their 60th class reunion at the picnic in the daytime, followed by a dinner at a local hotel in Cerritos. For further information contact Grant Hovey at (714) 745-

The auditorium will be open for tours from 1-2 p.m. Come and see where we all yelled "Seniors Rise".

There are major changes planned for the Excelsior campus in 2017. Plans are underway to demolish the Home Economics Building and the Flight Deck. This will be your last chance to see them before demolition

For further information, email call Hilda Ambriz at (909) 984-2391.

Norwalk High gets \$25K for new commercial kitchen

By Christian Brown Staff Writer

NORWALK - Lowe's is awarding Norwalk High School with \$24,600 after culinary arts students and their teacher applied for a grant to upgrade classrooms and fund community service projects.

Already ranked among the top 24 SkillsUSA chapters in the country, Lowe's agreed to sponsor upgrades to Norwalk High School's culinary arts program, which is inspiring students to not only embrace cooking, but also use food as a community builder.

"Lowe's is committed to strengthening the communities where we live and work," said James Frison, director of community relations at Lowe's. "We're excited to partner with SkillsUSA and Norwalk High School to provide opportunities for students to apply their skills while giving back to their community."

Tracy Horton teaches culinary arts at Norwalk High and serves as faculty advisor of the campus chapter of Skills USA, which is a non-profit partnership between schools and businesses to fund career and technical education.

as students await a brand new commercial kitchen that is currently in the

to 92.8 percent

reinforces positive behavior, officials announced.

percent and African Americans to 92.4 percent.

"We're going to spend some money this summer buying new equipment

BELLFLOWER - Bellflower Unified boosted graduation rates in 2014-

Bellflower High School's rates increased to 98.7 percent from 93.6

Rates for socio-economically disadvantaged students jumped to 92.3

"This strong performance stems directly from the diligence of our

15 to 92.8 percent and closed the achievement gap for Hispanic, Filipino

and African-American students on the strength of strategic teacher

collaboration, integrated classroom technology and a discipline system that

percent in 2013-14. Mayfair High School's rates rose to 95.4 percent from

an already strong 94.4 percent. Student subgroups surged similarly, with

graduation rates for Hispanics climbing to 92.6 percent, Filipinos to 94.6

percent. Those for English learners leapt the most, to 88.5 percent from 78.6

teachers, staff and administrators in implementing key District initiatives,"

Superintendent Dr. Brian Jacobs said. "I'm proud of the team effort that

helped our students achieve this success, and look forward to sustaining

this positive progression due to the consistency of our instructional focus

without graduating. The federal government now uses a similar four-year

The rates are for a four-year cohort of students who enrolled in high

Bellflower Unified boosts graduation rate

Horton said the money will provide new appliances for her classroom

- a washer, dryer, refrigeration equipment and a three-compartment sink," she said. "Once the new classroom is built, all of this will go there."

The award comes after Horton's students worked closely with Lowe's last year, using \$2,000 in previous grant money to construct \dot{a} mobile catering

"We went back to Lowe's on Veteran's Day last year and fed veterans outside the store," said Horton. "That partnership helped us with this grant, which will go towards more community service projects."

A culinary teacher at Norwalk for nine years, Horton now has 130 students who take her classes each year. She believes maintaining programs like this is crucial to set students up for possible post-school careers.

"It's hard because career and technical education takes a lot of money so sometimes it's one of the first programs to get cut," Horton said. "But it's so important because our students need hands-on application to what they're learning."

Sixteen-year-old Shianne Horn was tentative about joining culinary arts, but she says the program is now the highlight of her day.

'With this money, we can get a bigger kitchen for us and I think that'll inspire more kids to join the class," she said. "Cooking is so fun - why wouldn't they want to join?"

Lowe's is expected to present the Norwalk-La Mirada Unified School District with the \$24,600 grant later this month.

10, peaking this year at 82.3 percent from a starting point of 74.7 percent.

Bellflower Unified's graduation performance has paralleled the state's

percent, with Bellflower High posting an all-time low rate of 0.8 percent

series of District initiatives, including an effort to add digital tools to every

classroom and train teachers on ways to strengthen lessons by integrating

technology, and a more intentional focus on student engagement during

part by a growing compendium of student performance data from testing

and other sources. At Bellflower Unified elementary schools, a secondary

function of a new P.E. program is to free classroom teachers for weekly

and Supports is helping improve campus climates so students can focus

Education President Dr. Paul Helzer said. "It serves as a strong validation of

the many changes we are making to improve every child's opportunities for

finding success at college and in their eventual careers."

Meanwhile, the District's dropout rate declined in 2014-15 to 3.8

Dr. Jacobs credits Bellflower Unified's improving performance to a

Teachers also work together to refine lesson plans, an effort driven in

In addition, a discipline system called Positive Behavioral Interventions

This is a tremendous stride forward for Bellflower Unified," Board of

growth, climbing 9 percent over the same period.

and Mayfair High recording just 1.6 percent.

collaboration.

more effectively on instruction.

Weekend at a Glance





Scottish Fest

All Weekend - Orange County **Fairgrounds**

The largest and oldest Scottish festival in Southern California.



Relay for Life BBQ Friday - Norwalk Civic Center, 11 a.m. to 1 p.m.

\$5 barbecue lunch to benefit Norwalk Relay for Life.



Soulful Summer Concert Saturday - Greek Theatre, 7 p.m.

Performances by WAR, Los Lonely Boys, Tierra and more.



Boots on the Beach

Saturday - Newport Dunes, 5 p.m. Country music, dancing, dance lessons, beer tastings, BBQ and full bar.



L.A. Kiss

Saturday - Honda Center, 7 p.m. Arena football action as the L.A. Kiss host the Portland Steel.



Fireworks Show

Sunday - Knott's Berry Farm, 9:45 p.m. Fireworks show that will be visible from across the Southland.

TWEETS OF THE WEEK

@AE_MEDIA: Traffic lights out in front of Target in Norwalk on Firestone Blvd. Expect delays, people forget who has the right of way

@NBCLA: Norwalk bus evacuated after man claims he has a grenade, then he stripped



California's overall graduation rate has risen dramatically since 2009-Downey veteran hoping to bring 'millennial voice' to Washington D.C.



Photo by Christian Brown

By Christian Brown **Staff Writer**

cohort model.

DOWNEY - Roman Gonzalez likes accepting challenges - and just one glance at his resume will prove it.

While his friends and classmates marched off the high school graduation stage and headed straight to college, Gonzalez marched into uniform instead, serving two deployments in the U.S. Air Force.

Nearly 10 years later, Gonzalez, 27, is ready for a new assignment: U.S. congressman from the 40th district.

"It's hard to get people to take you seriously when you've never run before," Gonzalez said. "But this is something I've always wanted to do."

Gonzalez is the only challenger to veteran congresswoman Lucille excelsiorpilotspicnic@gmail.com or Roybal-Allard, who is up for reelection this November. Although the Downey

native recognizes the difficulty of running against a longtime incumbent -Roybal-Allard was first elected in 1993 - Gonzalez said he hopes to voice the concerns of millennials, a voting bloc he feels is fed up with the status quo.

"One family has been in office for 50 years. That's not a government of the people," he said in reference to Roybal-Allard's predecessor, her father Rep. Edward Roybal, who served for 30 years representing large swaths of East L.A. and cities in Southeast L.A. County.

"Maybe people are happy with them or maybe people have just given up."

If elected, Gonzalez said he wants to stop career politicians by pushing for term limits in Congress. It's a proposal supported by nearly 75% of Americans, according to Gallup, and Gonzalez assures voters he will champion that reform as well as cuts to the salary of congressional representatives.

"Government is not a career," he said. "As representatives, we should live like everyone else and lead by example."

His platform also includes advocating for more fiscal responsibility in federal spending by promoting a culture of rewards for cost-saving measures.

"I'm also big on heath," said Gonzalez, who just graduated last week from Cal State Long Beach with a bachelor's degree in health science. "Our district has a lot of problems with obesity and diabetes. I like what First Lady Michelle Obama started with her Let's Move campaign. We need a program like that here."

The 40th congressional district stretches from South L.A. over to East L.A. and down through Downey and Bellflower. Albeit a reliably democratic area, Gonzalez is running independent of any party. He believes voters are

"If I ran as a Democrat or Republican, I'd have to push what the party wants - and not the right answer," he said. "We have to compromises and work together. That's what we have to do in the military."

Scattered across the Facebook page of his campaign is the slogan "#BringThePowerBack." Gonzalez hopes his campaign will empower people by shifting the focus to those disillusioned with the current process.

"I definitely want to change that and inspire others to get involved," he said. "People asked me why I didn't start small by running for city council. I'm always reaching for more. I'm always up for a challenge. Why not shoot for the top?"

02 Friday, May 27, 2016 The Norwalk Patriot

Paging Dr. Frischer...

By Dr. Alan Frischer

cider vinegar in your pantry right wrote of it as a treatment for people found that those who ate now. It's a tasty ingredient for various types of infections. It salad dressings, marinades, and has been credited with curing amounts of white vinegar felt homemade pickles.

Does it also bestow health benefits? Apple cider vinegar has a long history in health care. Hippocrates (who, even though he lived 2,500 years ago, is known

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There is likely a bottle of apple as the father of modern medicine)

ailments ranging from warts to fuller and more satisfied than the flu. My personal experience those who ate just the bread. with apple cider vinegar dates back to my grandmother. If we but healthy people of varying were sick, she mixed it with water and honey, and boiled it on the consumed either vinegar or water



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stove. We inhaled it through our blocks some of the digestion of reason. nose, and I can certainly report starch, and therefore prevents that it cleared up my sinuses. it from raising the blood sugar. Thank you, Grandma.

For thousands of years, vinegar has been used for weight loss. A 2005 study of only 12 a piece of bread along with small In a Japanese study, 175 obese age and body mass index (BMI) daily for 12 weeks. Their diets were similar, and they kept food journals. Those who had vinegar lost slightly more weight...and gained it back after the study was over. The theory was that vinegar curbs appetite, or extends the feeling of being full.

Another touted use for small amounts of apple cider vinegar in the diet is to help lower blood sugar. The belief is that vinegar

Several small studies have found that vinegar may indeed help to lower glucose levels, including a 2007 study with a mere 11 participants who suffered from type 2 diabetes. Regular intake of about two tablespoons resulted in

Apple cider vinegar also has been credited with antimicrobial qualities, and is traditionally used as a cleansing agent, with its high acidity inhibiting the growth of certain types of bacteria. I could not find studies to support this.

a 4-6% decrease in blood sugar.

evidence that vinegar could lower always be careful to avoid getting cholesterol...in rats. There have vinegar near the eyes. been no studies to date using people.

found that people who regularly moderate amounts the acetic care of this newspaper at 8301

A few laboratory studies have investigated whether vinegar can kill cancer cells or slow their growth. However, observational studies have been confusing. One found that consuming vinegar was associated with a decreased risk of esophageal cancer, while another associated it with an increased risk of bladder cancer.

When diluted with water, it has been used as a skin toner. Bathing in diluted apple cider vinegar, or using a cloth soaked in diluted vinegar, is said to reduce the effects of sunburn. A reported treatment for warts is to soak the A 2006 study showed wart in diluted vinegar. Note:

Apple cider vinegar does have its downsides. The most Another study using rats obvious disadvantage is its taste Dr. Alan Frischer is former found that vinegar could lower - it's not appealing to drink or to elevated blood pressure, and add to food in large quantities. medicine at Downey Regional large observational study It is highly acidic. While in consumed oil and vinegar acid in apple cider vinegar may E. Florence Ave., Suite 100, dressing on salads had lower rates act as a useful antiseptic, too Downey, CA 90240. of heart disease. However, it's not much can actually cause damage. clear that the vinegar was the Undiluted, it can wear away tooth

enamel, or burn gums and tissues in the esophagus. Those who are particularly sensitive might even experience burns on the skin. Over-consumption of apple cider vinegar could lead to a reduction in potassium, a critical electrolyte that affects hydration and the nervous system. Long-term use of apple cider vinegar can lead to loss of bone density.

My bottom line? I can personally vouch for my grandmother's claim that it clears the sinuses. However, the many, many other claims simply have not undergone enough serious scientific evaluation to convince me to recommend it. However, keeping in mind the caveats listed above, the downside risks are minimal - feel free to use it as you see fit!

chief of staff and former chief of Medical Center. Write to him in

PUBLIC AUCTION

- 2004 Honda Accord
- 1999 Chevrolet Suburban 1996 BMW 318
- 1996 Toyota Corolla
- 2006 Ford Crown Vic
- 1990 Honda Accord
- 1991 Buick Regal
- 2001 Mercedes Benz ML 1999 Nissan Maxima
- 2004 Ford Escape

10 A.M. - SUN., MAY 29, 2016

- 1997 Ford F150
- 1999 Chevrolet Suburban 1995 Ford Aerostar

 - 1998 Mazda 626

 - 2005 Ford Focus
 - 1997 Chevy Astro
 - 2002 Toyota Corolla

 - 1999 Dodge Durango

Inspection 15 minutes prior to Auction There will be a \$100 Bidding Fee to bid in auction. Fee will be refunded if no bid is won

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CDC confirms: Swimming pools, hot tubs are human bacteria vats

Every year, serious health and safety violations force thousands of public pools, hot tubs, and water playgrounds to close, according to a report published in CDC's Morbidity and Mortality Weekly Report. But there's a lot you can do to protect yourself and your family.

Swimming is a great way to exercise and spend time with family and friends but, as with any form of exercise, there are risks. Inspections of public pools and other aquatic venues enforce standards that can prevent illness, drowning, and pool-chemical-associated injuries such as poisoning or burns.

"No one should get sick or hurt when visiting a public pool, hot tub, or water playground," said Beth Bell, M.D., M.P.H., director of CDC's National Center for Emerging and Zoonotic Infectious Diseases.

Inspection data were collected in 2013 in the five states with the most public pools and hot tubs: Arizona, California, Florida, New York and Texas. Researchers reviewed data on 84,187 routine inspections of 48,632 public aquatic venues, including pools, hot tubs, water playgrounds and other places where people swim in treated water.

Among the key findings:

- •Most inspections of public aquatic venues (almost 80 percent) identified at least one violation.
- •1 in 8 inspections resulted in immediate closure because of serious health and safety violations.
- •1 in 5 kiddie/wading pools were closed—the highest proportion of closures among all inspected venues.
- •The most common violations reported were related to improper pH (15 percent), safety equipment (13 percent), and disinfectant concentration (12 percent).







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The Norwalk Patriot 03 Friday, May 27, 2016



Downey High mourns death of student

DOWNEY - Downey High School and its students would like to commemorate the loss of a fellow student, Jesus (David) Santos, this past weekend.

David was a remarkable student, friend, athlete, son and brother. He could light up an entire room with his beaming smile or by cracking a joke, sending the entire room into endless laughter. As a student, David excelled and had an accumulative GPA of 4.53.

He will be remembered as a bright and diligent student who blessed his classmates and his teachers with his presence. A talented athlete and dedicated student respected by peers and teachers alike, he worked diligently to achieve in the classroom. His grades demonstrate both his intelligence and work ethic.

David engaged in the classroom because he loved people and he loved learning. His thoughtful questions demonstrated a deep engagement with

However, David will be treasured not only for his achievements, but for the kind of person he was. His humor and enthusiasm brought laughter and life to the classroom. When his classmates needed encouragement, he was the first to offer an enthusiastic cheer from the back of the classroom.

We were immensely blessed to have his quick witted hilarious enthusiasm in our lives, and his absence will be deeply felt.

Beyond the classroom he was admired by his friends and teammates for his caring and selfless nature. David served as a pillar for his friends and provided support for those who needed him. He was also part of the Downey High School soccer team and Downey AYSO traveling team. His outstanding soccer skills were translucent and his teammates recall him being a star.

Most important, David was family oriented and enjoyed spending time with his siblings Luis, Pablo and Carla and especially his beloved parents. As a son, brother and friend, David was both compassionate and witty - quick to make others laugh.

Yet, he made others comfortable because he genuinely cared for them and gave from his true self.

Shared Stories: My family of veterans

As we celebrate this Memorial Day, we also salute the men and women who have served our country so unselfishly. Dora Silvers grew up in New Jersey, not hair. I am only 5 feet 8 inches and have blond hair." far from New York City. After World War II, she and her husband settled in Norwalk where they raised five children. In this piece she recalls her family's military contributions and her wish for peace. Shared Stories is a weekly column featuring articles from a writing class held every Thursday at the Norwalk Senior Center. Curated by Carol Kearns

By Dora Silvers

My father came from Russia in 1914. His uncle sponsored him. He drove a horse and wagon to West Point and continued on to his uncle's cleaning establishment in Newburg, New York. He met a lot of generals, and they encouraged him to enlist in the army in 1917. That was World

My father went to Cooks and Bakers School and took a crash course in French. He was sent to France where he was injured in the leg and had shell shock from the mustard gas.

My father was a great cook. My mother had six children, and whenever she went to the hospital to deliver a baby, she had to stay there for eight days, so Papa did the cooking. He made my favorite hamburger with lots of fried onions, no buns. This was before McDonald's.

My brother Jay enlisted in the army during World War II. He also went to Cooks and Bakers School. Jay was on a hospital ship that went to Germany. When he arrived, he was summoned by an officer and asked, "Why are you still here? I sent you back to the States as you completed too many reconnaissance missions."

Cerritos College holds commencement ceremony

NORWALK - Cerritos College honored its graduates during its 58th annual commencement ceremony on Friday, May 20.

Members of the Cerritos College Board of Trustees and administration presented degrees and certificates earned during the 2015-2016 academic year. More than 2,800 students received degrees and certificates, making the largest graduating class in the Cerritos College history. California State Assembly Speaker Anthony Rendon and Cerritos College alumni, served as the commencement speaker.

Students graduating and transferring will be transitioning to some of the nation's top colleges and universities, including Biola University, University of La Verne, Loyola Marymount University, University of Maine, Stanford, USC, Whittier College, UC Berkeley, UCLA, among other notable schools.

Among the students receiving associate degrees and skills certificates are Jalicia Powell, 38, and her son Luis, 20. Jalicia, a high school dropout, is a

At 17, she had her son Luis, and later in life escaped an abusive relationship, overcame the imprisonment and murder of her son Luis' father, and bounced back after an employment layoff.

Jalicia is transferring to California State University, Dominguez Hills as a communication major. Luis, a scholar athlete, is transferring to Biola University on a full basketball scholarship to study biology.

Jalicia plans to gain experience in sports marketing and publicity, and one day create an organization that helps young disadvantaged athletes obtain scholarships and manage their life.

Jay replied, "That must be my cousin. He's over six feet tall and has dark

After looking up some records, the officer apologized and excused Jay. They both had the same name, Jack Phillip Edelman. Jay found out that his cousin was on the tailgate of a plane and took pictures over Germany that helped us win the war.

My brother Jay became a chef in a hotel in Atlantic City. Then he opened his own business.

My brother Sam enlisted in the army in 1952, and was sent to the Philippines.. He was my baby brother, the youngest of six children. When he came home, he had a bakery and deli.

My husband Jack enlisted in the Navy in 1944. He was on an oil tanker

that went to North Africa, England and Scotland. After he came home in 1948, he went to Refrigerator and Air Conditioning School. Jack and I were married in 1949, and we moved to California. My son Mitchell enlisted in the Marines in 1967. He went to

Vietnam and died under fire in 1968. I miss Mitchell. He was my firstborn and a wonderful son. In the summer he would help the neighborhood boys get fishing rods ready, and then take them to the lake in Whittier to go

Now, I want all of our troops overseas to come home. No more wars, just peace.



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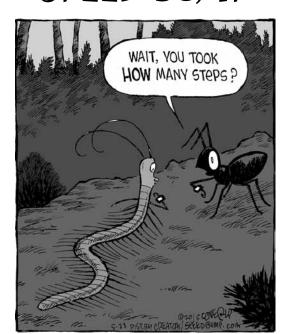
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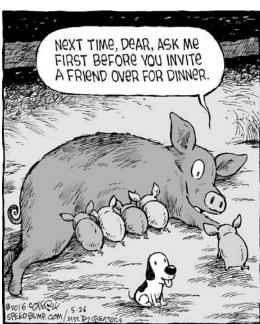
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DAVE COVERLY











On This Day...

May 27, 1647: Alse Young became the first person executed as a witch in America when she was hanged in Hartford, Conn.

1937: The Golden Gate Bridge connecting San Francisco and Marin County, Calif., opened.

1995: Actor Christopher Reeve was paralyzed when he was thrown from his horse during a jumping event.

Birthdays: Actor Louis Gossett Jr. (80), actor Todd Bridges (51), comedic actor Jack McBrayer (43), celebrity chef Jamie Oliver (41) and rapper Andre 3000 (41).

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Send us your Letters to the Editor, Press Releases, photos, meeting and club schedules!

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CALENDAR OF EVENTS

FRIDAY, MAY 27

11 a.m. - 1 p.m. - Relay for Life BBQ - Norwalk Civic Center

MONDAYS

1st, 6:00 p.m. - Public Safety meetings - Council Chambers

TUESDAYS

8:00 a.m. - 1:00 p.m. - Farmers Market - Excelsior High School 1st & 3rd 6:00 p.m. - Toastmasters Meetings - Registrar Recorder/County Clerks Office **2nd & 4th,** - Toastmasters Meetings - Norwalk Library 1st & 3rd, 6:00 p.m. - City Council - Council Chambers 3rd, 5:45 p.m. - Housing Authority - Council Chambers

WEDNESDAYS

10:30 a.m. - Woman's Club - Masonic Lodge 12:00 p.m. - Rotary - Doubletree Hotel 1st, 12:30 p.m. - Soroptimist International - Soroptimist Village 1st & 3rd, 7:00 p.m. - Lions Club - Bruce's Restaurant 2nd & 4th, 1:30 p.m. - Alondra Senior Citizens - Social Services Center 2nd & 4th, 7:30 p.m. - Planning Commission - Council Chambers 4th, 11:30 a.m. - Coordinating Council - Arts & Sports Complex

THURSDAYS

1:00 p.m. - Adult color club "Color Us Happy" - Norwalk Library 7:00 p.m. - Boy Scouts Troop 924 - Norwalk United Methodist Church **2nd, 7:30 p.m.** - Golden Trowel -Norwalk Masonic Lodge 3rd, 8:00 p.m. - American Legion Post No. 359 - 11986 Front St.

SATURDAYS

2nd, 8:30 a.m. - 10:30 a.m. - Pancake Breakfast - First Christian Church of Norwalk Have an event you want listed? E-mail news@thedowneypatriot.com

5/22/16

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THE NEWSDAY CROSSWORD

Edited by Stanley Newman (www.StanXwords.com) BETWEEN THE LINES: Not quite as subtle as it sounds by Mark McClain

ACROSS

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 19 Erstwhile pairs
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- Luau accessories
- Family nickname Rubber stamp abbr.
- hieroglyphics Assembly of experts
- Bummed out
- CBS drama 33 Pitch in out? (poker query) Heckle Setting a few minutes into The Wizard of Oz

11 Venerable detergent

12 New plants

13 Pothook shape

14 India's capital

15 Rubber stamp

on a roller

contender

seem

16 Ones over yonder

America's Cup

Green hopper

"Odd __ may

Giza's river

Long-running

Petroleum source

Roasted, in taquerias

territory

- Future butterfly Loan guarantor Colorful comparison Threatened audibly
- Oxygen producers German auto pioneer Move to the music, 48 maybe 50 Dish towel fabric
- Filmmaker Dunham Sharp discomfort 52 "Muy _, gracias"
 Martini element 53 56 Certs competitor
- Is in one's future Discoloration Glove material Film format awarded an Oscai

65 Small bill

66 Arias, for instance 67 Realty stat. Chaucer selection Lambasting 72 See 97 Down 76 Shoulder covering

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77 Lo-cal 78 Arduous task Shed a tear 81 Potted "pet"

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You can contact puzzle editor Stanley Newman at his e-mail address: StanXwords@aol.com. Or write him at P.O. Box 69, Massapequa Park, NY 11762, Please send a self-addressed, stamped envelope if you'd like a reply.

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Obama promised open government, but hasn't delivered yet

By Elizabeth Hempowicz

President Obama took office promising to usher in an unprecedented level of transparency and accountability in the federal government.

Back in 2009, when he said federal agencies "should take affirmative steps to make information public," he promised that the administration would make openness a centerpiece of its agenda.

But as the curtain closes on Obama's second term, many of his lofty promises remain unfulfilled.

For example, despite signing the Whistleblower Protection Enhancement Act, which was supposed to usher in a new era of protections for officials who speak out against waste and fraud, the Obama White House has brought more cases against whistleblowers under the Espionage Act than all previous

In other areas — such as a plan to improve the Freedom of Information make some immediate changes to salvage this legacy. Act, or a proposal to shine a light on federal spending — the administration hasn't only fallen short, but sometimes undermined reforms that would

make the ways of Washington more open to public scrutiny.

Consider the short-lived office of the "ethics czar," a position President Obama created to crack down on government corruption and malfeasance. It was a good idea, but one that didn't last long — the position has been vacant

To be fair, there have been some notable achievements on Obama's watch.

For example, his administration implemented stronger "revolving door" rules to limit officials from moving back and forth between the government and lucrative private sector jobs. The White House has also encouraged federal agencies to proactively disclose documents without pending Freedom of Information Act requests.

Yet on balance, the Obama legacy on open government is subpar.

The good news is that there's still (barely) time to reverse course and

This spring, a dozen nonprofits — including seasoned watchdog groups like Public Citizen, the Government Accountability Project, and my

organization, the Project on Government Oversight — sent a letter to the White House detailing actionable, realistic changes that would immediately improve how Washington does business.

The letter calls on the president to shine a light on the rigged campaign finance system, make the Senate torture report public, improve whistleblower protections, and further slow down the revolving door between Washington and Wall Street.

As of this writing, the White House hasn't responded to the letter.

But these recommendations aren't asking for the moon. They're practical steps toward fulfilling the promise of a more ethical, accountable, effective, and open government that President Obama made when he first took office. Elizabeth Hempowicz is the Public Policy Associate at the Project On Government Oversight (POGO).

'Bathroom bills' don't help women at all

By Jill Richardson

The time has come for me to play my Woman Card.

A male Republican politician in my state of Wisconsin has introduced a "bathroom bill" like the one passed in North Carolina, which requires transgender people to use the bathroom of the gender they were assigned

He says it's to "protect women and children."

Oh, knight in shining armor, thank you for trying to protect me and my fellow women. But I fear you misunderstand the real issues women have in

Here are a few laws you might propose instead to help us out:

Ban men from leaving the toilet seat up, so we don't fall in. Mandate that public restrooms never run out of toilet paper, so we're not

left stranded in stalls, fishing through our purses on the off chance we'll find

Require establishments to make more bathrooms available for women, particularly in places like theaters — where everyone gets up to use the

restroom at the same time, and men hurry in and out while women spend 10 clothing size, or her sexual availability. minutes or more in line

But those are, relatively speaking, all quite trivial.

Perhaps instead, you'd prefer to help with the bigger issues we women face. In that case, my biggest concern is that I will, on average, earn less than a man, even for doing the same job.

If you're still intent on legislating values, though, how about weighing in on some of these?

If I assert myself the way a man does, I'll be seen as shrill. Pursuing a PhD, as I'm doing, hurts my dating prospects among men intimidated by my education — even as higher education is seen to make men prime marriage

I was raised in a culture that communicated to me continuously that my role as a woman is to be thin, beautiful, and passive, so that a man can rescue me. And when dating, I'm forced to choose between seeming prudish or promiscuous — both of which carry a social penalty.

I want to live a world where young girls are taught to be strong and capable, just like little boys. Where a woman's self-worth is not equal to her

And then there's sexual assault, which brings us back to those bathroom bills. I can provide some womanly advice there as well.

I've been sexually assaulted four times. On all four occasions, I was with a man I knew. None of these assaults occurred in a bathroom, and none of the assailants was transgender. They were simply people who wouldn't take no for an answer.

If you want to prevent sexual assault, dear knight, support comprehensive sexual education and other programs to teach men about consent. Have a talk with your male peers about not treating women like objects. Bullying transgender people will have no effect other than harming an already marginalized group.

In short, stop trying to legislate discrimination in the name of "helping women." Instead, pass laws that actually help women.

Other Words columnist Jill Richardson is the author of Recipe for America: Why Our Food System Is Broken and What We Can Do to Fix It.

America's cosmic tax gap

By Sam Pizzigati

The folks working for the federal government can do some incredible things.

Over at NASA, for instance, they're now putting the finishing touches on the new James Webb Space Telescope — an instrument The Washington Post says will be powerful enough "to capture the heat signature of a bumblebee on the moon."

Amazing. We can now spot a bug

So why can't we spot people who cheat on their taxes right here in the

A great many people, the IRS says a new report, are stiffing Uncle Sam. Our federal "tax gap" — the disconnect between what taxpayers owe and what they eventually pay is now averaging \$406 billion a year.

That eye-opening figure comes from the 17 percent of taxpayers who misreport their income and underpay their taxes.

The other side of the coin is that 83 percent of Americans are paying their taxes, in full and on time. If you make a typical American income, you

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almost definitely fall within this 83 Actually, you don't have much

choice. All wage and salary income the overwhelming bulk of the income average Americans receive — gets automatically reported to the IRS and faces automatic withholding from your paycheck.

Under this system, notes the new study, only 1 percent of overall paycheck income goes under- or unreported.

But some Americans — the nation's most affluent — don't make their money from wages and salaries. They get the bulk of their income instead from business profits, rents, and the money they make buying and

Most of this income doesn't get automatically reported, so few of these dollars ever face any withholding at

That wouldn't matter all that just that. much if the IRS had plenty of agents out in the field doing in-depth audits. But the IRS has been losing staff. The tax agency had 50,400 full-timeequivalent enforcement staff available in 2010. The 2016 figure: only 38,800.

With fewer watchdogs on the job, almost a fifth of individual tax due on capital gains and "partnership" income is going uncollected. An even higher share of rents, royalties, and "proprietor" income — nearly twothirds — is escaping taxes.

How much of this tax cheating involves big-time business people and how much involves mom-and-pop business operators? The IRS doesn't say. The agency doesn't break down the new tax evasion data by taxpayer income class.

But eight years ago, economists Andrew Johns and Joel Slemrod went through earlier IRS raw data and did

Americans who make between \$500,000 and \$1 million a year, these two researchers found, misreport their income at triple the rate of taxpayers making between \$30,000 and \$50,000, and well over double the rate of taxpayers making \$50,000 to \$100,000

One key point to keep in mind here: We're not talking about loopholes in the tax code when we talk about the "tax gap." Loopholes let the deep-pocket set legally sidestep what

higher tax bill. The IRS tax gap numbers only apply to outright illegal tax cheating.

The rich engaging in this cheating do get nabbed sometimes. This May, for example, a federal judge found that Texas tycoon Sam Wyly engaged in "deceptive and fraudulent actions" to avoid taxes on over \$1 billion of his

But the Sam Wylys remain outliers. Most high-income tax cheats don't get caught. And that won't change

otherwise would be a significantly until Congress starts subjecting the incomes of the awesomely affluent to the same reporting and withholding standards that apply to the incomes of average Americans.

> Sam Pizzigati, an Institute for Policy Studies associate fellow, co-edits Inequality.org, where an earlier version of this piece appeared. His latest book is The Rich Don't Always Win: The Forgotten Triumph over Plutocracy that Created the American Middle Class, 1900-1970.

LEGALS

GOVERNMENT

CITY OF NORWALK NOTICE OF PUBLIC HEARING DELINQUENT REFUSE COLLECTION

Date: June 8, 2016 and July 5, 2016 Time: 7:00 p.m. – June 8, 2016 and 6:00 p.m. – July 5, 2016 or as soon thereafter as

the matter may be heard Place: City Council Chambers, Norwalk City Hall, 12700 Norwalk Boulevard, Norwalk, CA 90650

Description: The Property Maintenance and Building Rehabilitation Appeals Board (BOARD) of the City of Norwalk will conduct a hearing on Wednesday, June 8, 2016 at 7:00 p.m., or as soon thereafter as the matter may be heard, to receive and consider the Director of Finance report on the delinquent refuse collection costs, copies of which are on file in the City Clerk's Office. At the time of the hearing, the BOARD shall hear all objections or protests of property owners liable to be assessed for the delinquent fees. liable to be assessed for the delinquent fees and may make revisions to the report and recommendations to the City Council with regard to disposition of the delinquent fees. NOTICE IS FURTHER GIVEN that a public hearing will be held by the Norwalk City Council on Tuesday, July 5, 2016, beginning at 6:00 p.m., or as soon thereafter as the matter may be heard, to consider the recommendations of the BOARD.

Upon confirmation by the City Council, delinquent refuse fees will constitute a lien on the property unless paid by <u>July 31.</u> 2016. After that date, the unpaid liens will be delivered to the County Auditor to be collected at the time and in the manner of

other taxes on the property.

Public Comment: Interested persons are invited to attend these hearings and be heard regarding this matter. Written comments may be submitted to the BOARD or City. Council prior to the time set for the hearings Address written comments: Attention City Clerk at the address noted above or by email

Clerk at the address noted above of by email to clerk@norwalkca.gov.

More Information: Questions concerning the public hearing matter should be directed to Ruby Picon, Management Analyst, at (562) 929-5964 or by email to rpicon@norwalkca.gov.

Accessibility: In compliance with the Americans with Disabilities Act, if you need special assistance to participate in a City meeting or other services offered by this

meeting or other services offered by this City, please contact the City Clerk's Office at (562) 929-5720. Notification at least 48 hours prior to the meeting or time when services are needed will assist the City staff in assuring that reasonable arrangements can be made to provide accessibility to the meeting or service. Assisted hearing devices will be available at this hearing without prior

notification.
Dated this 27th day of May 2016.
/s/ Theresa Devoy, CMC
City Clerk

The Norwalk Patriot 05/27/16

NOTICES

SUPERIOR COURT OF CALIFORNIA, COUNTY OF LOS ANGELES ORDER TO SHOW CAUSE

FOR CHANGE OF NAME
CASE NUMBER: VS028587
TO ALL INTERESTED PERSONS: Petitioner
Francisco J Victoria filed a petition with this court for a decree changing names as

Present name (1) Francisco J Victoria to Proposed name (1) Frank Valiant THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person belocities to the name should not be granted. objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING

Date: June 22, 2016, Time: 1:30 pm, Department C The address of the court is 12720 Norwalk Blvd., Norwalk, California 90650 A copy of this Order to Show Cause shall

be published at least once a week for four successive weeks prior to the date set for hearing on the petition in the following newspaper of general circulation, printed in the county, NORWALK PATRIOT April 06, 2016 Margaret Miller Bernal Judge Of The Superior Court Petitioner or Attorney, In Pro Per Francisco J Victoria

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The Norwalk Patriot 5/20/16, 5/27/16, 6/3/16, 6/10/16

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Friday, May 27, 2016 The Norwalk Patriot

Transient accused of lighting homeless people on fire

LOS ANGELES - A transient suspected of lighting two people on fire was charged Tuesday with two counts of attempted murder and other crimes.

Phillip Darryl Cole (dob 7/4/61) was arraigned at the Foltz Criminal Justice Center. Prosecutors asked that his bail be set at \$2.3 million.

Deputy District Attorney Sean Carney with the Arson and Explosives Unit is prosecuting the case.

Cole allegedly approached a homeless encampment in South Los Angeles on May 19 and set two people on fire. He also is suspected of attacking two other people with a hammer while robbing them on the same day.

Cole is charged with two counts of attempted willful, deliberate and premeditated murder along with one count each of mayhem, arson causing great bodily injury and arson of an inhabited structure or property.

In addition, he is charged with one count each of first-degree residential robbery and second-degree robbery and two counts of assault with a deadly weapon, a hammer. The complaint alleges Cole has prior convictions for

If convicted, Cole faces up to life in state prison.

Man gets life in prison for sexual assaults on teens

LANCASTER - A 42-year-old man who kidnapped and sexually assaulted two teenage girls in Lancaster was sentenced Tuesday to more than 100 yearsto-life in state prison.

On March 24, Joseph Kenneth Cornett was found guilty of a total of 15 felony counts including kidnapping to commit rape, lewd act upon a child, forcible rape of child victim and assault by means of force likely to produce great bodily injury.

According to evidence presented at the four-week long trial, Cornett gave a 15-year-old girl a ride in his vehicle on April 13, 2015, but then prevented her from leaving the car. The defendant then drove her to a deserted area of Lancaster and sexually assaulted her twice, the prosecutors said. Then on May 6, 2015, Cornett approached a second 15-year-old girl

who was walking home from school, according to witness testimony. The defendant claimed to be a police officer and stated that he was going to arrest her for jaywalking, the prosecutors added. Cornett coerced the teen into his car and drove her to an abandoned

temporary mobile classroom near Lancaster Boulevard and 40th Street. The defendant then forced the girl into the classroom and sexually assaulted her, according to the evidence presented at trial.

The prosecutors said the victim managed to escape and get help from a group of people at a nearby church. Cornett then attempted to escape but his vehicle became stuck in the sand. During his arrest, the defendant fought the officers attempting to arrest him and spat at them.

Man accused of killing grandmother with hammer

LAKE VIEW TERRACE - A Lake View Terrace man was charged Tuesday with beating his grandmother to death with a hammer.

Joseph Max Kushner (dob 1/30/80) faces one count of murder with the special allegation that he used a hammer as a deadly weapon.

According to the criminal complaint, Kushner killed Armida Custodio, 78, on or between May 2 and May 4, prosecutors said. Her body was found inside her Lake View Terrace home on May 4, prosecutors added.

If convicted as charged, Kushner faces 26 years to life in state prison. More than \$2 million bail is being requested by prosecutors.

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Murder charges filed against woman's boyfriend

HACIENDA HEIGHTS - A 39-year-old man pleaded not guilty Tuesday to killing his girlfriend and dumping her body in Hacienda Heights.

Francisco Nila Rojas (dob 11/7/76) has been charged with one count of

The felony complaint includes a special allegation that the defendant personally and intentionally used a deadly and dangerous weapon, a gun, during the commission of the crime, which caused great bodily injury and

Deputy District Attorney Babette Huley of the Victim Impact Program, who is assigned to the case, said on Feb. 11, 2011, Rojas allegedly shot his girlfriend in the head and left her body near Turnbull Canyon Road and Skyline Drive in Hacienda Heights.

Less than a month after the victim was killed, her body was discovered by a passerby, the prosecutor added.

In October 2015, Rojas was located in Mexico and extradited to Los Angeles County to face criminal prosecution for the killing.

Rojas is scheduled to return to court on June 23 for a pre-preliminary

If convicted as charged, he faces a maximum possible sentence of 50 years to life in state prison.

Man sentenced for raping disabled woman

WOODLAND HILLS - A Woodland Hills man was sentenced to 45 years to life in state prison for the rape of two women, including a 61-year-old

Ammen Ra Shinti (dob 7/19/54) was convicted by a jury on March 21 of one count each of forcible oral copulation, assault to commit a sex crime during the commission of a first-degree burglary and two counts of forcible

On April 27, 2007, Shinti lured a woman who had previously lent him money into his motel room in Sylmar, saying he was going to pay the money he owed her, according to evidence presented at the trial. The defendant then closed the door and placed a chair underneath the doorknob preventing her from exiting or anyone from entering the room and sexually assaulted the victim, the prosecutors said.

On Nov. 25, 2014, Shinti entered the Woodland Hills home of a disabled woman for whom he worked for as a caretaker, until she fired him the previous year, the prosecutors added. The defendant sexually assaulted the elderly victim, but when she yelled for help Shinti punched and strangled her until she lost consciousness, according to witness testimony.

The following morning the victim discovered the defendant had stolen \$300 and her cell phone. Shinti was convicted in 1974 of burglary and rape in Colorado, according to evidence presented at the trial.

Woman charged with murder after grandmother dies in fight

LOS ANGELES - A woman was arraigned Monday on a murder charge for the slaying of her 82-year-old grandmother earlier this month.

Rebecca Surratt (dob 8/19/90) of Los Angeles was charged with one count of murder.

Deputy District Attorney Tina Hooks of the Elder Abuse Section is prosecuting the case.

Surratt lived with her mother and grandmother, Martha Yslas, at a home in the 300 block of Woods Avenue. On May 6, Surratt and the victim got into a fight and Yslas was killed.

Prosecutors are recommending bail be set at \$2.02 million. If convicted as charged, Surratt faces up to 26 years to life in state prison.

Man gets 18 years for bank robbery, child porn

LANCASTER - A 36-year-old man who robbed a Lancaster bank was sentenced this week to more than 18 years in state prison.

On April 26, Chad Robert Kester (dob 7/16/79) pleaded no contest to two felony counts of second-degree robbery and one felony count of possession of child pornography.

Deputy District Attorney Eunice Kim said Kester also will have to register as a sex offender for the rest of his life.

Kester entered a U.S. Bank branch on September 11, 2015, while out on bail for a robbery at a local Walmart, and approached a bank teller with a note demanding money, the prosecutor said. The teller handed over more than \$1,000 to the defendant and he left and drove off, the prosecutor added.

An analysis of Kester's cell phone following his arrest revealed he possessed approximately 400 still images of child pornography, the prosecutor said.

Police officer charged with sexual assault

MONTEREY PARK - A Monterey Park police officer has been charged with sexually assaulting or detaining three women while on duty.

Israel Sanchez (dob 3/17/76) was arrested last week.

While on duty, Sanchez allegedly forced each victim to expose herself during a stop. In two instances, he allegedly touched the victims after ordering them to expose themselves.

The victims were between 20 and 28 years old when the alleged assaults occurred between July 28, 2014, and Aug. 15, 2014.

Sanchez is charged with three counts of false imprisonment, one count of bribery, two counts of assault under color of authority and four counts of sexual battery by restraint, all felonies.

If convicted, Sanchez faces more than eight years in state prison.

More young people choosing to live at home with their parents

Broad demographic shifts in marital status, educational attainment and employment have transformed the way young adults in the U.S. are living, and a new Pew Research Center analysis of census data highlights the implications of these changes for the most basic element of their lives where they call home.

In 2014, for the first time in more than 130 years, adults ages 18 to 34 were slightly more likely to be living in their parents' home than they were to be living with a spouse or partner in their own household.

This turn of events is fueled primarily by the dramatic drop in the share of young Americans who are choosing to settle down romantically before age 35. Dating back to 1880, the most common living arrangement among young adults has been living with a romantic partner, whether a spouse or a significant other. This type of arrangement peaked around 1960, when 62% of the nation's 18- to 34-year-olds were living with a spouse or partner in their own household, and only one-in-five were living with their parents.

By 2014, 31.6% of young adults were living with a spouse or partner in their own household, below the share living in the home of their parent(s) (32.1%). Some 14% of young adults were heading up a household in which they lived alone, were a single parent or lived with one or more roommates. The remaining 22% lived in the home of another family member (such as a grandparent, in-law or sibling), a non-relative, or in group quarters (college dormitories fall into this category).

It's worth noting that the overall share of young adults living with their parents was not at a record high in 2014. This arrangement peaked around 1940, when about 35% of the nation's 18- to 34-year-olds lived with mom and/or dad (compared with 32% in 2014). What has changed, instead, is the relative share adopting different ways of living in early adulthood, with the decline of romantic coupling pushing living at home to the top of a much less uniform list of living arrangements.

Among young adults, living arrangements differ significantly by gender. For men ages 18 to 34, living at home with mom and/or dad has been the dominant living arrangement since 2009. In 2014, 28% of young men were living with a spouse or partner in their own home, while 35% were living in the home of their parent(s).

For their part, young women are on the cusp of crossing over this threshold: They are still more likely to be living with a spouse or romantic partner (35%) than they are to be living with their parent(s) (29%).

In 2014, more young women (16%) than young men (13%) were heading up a household without a spouse or partner. This is mainly because women are more likely than men to be single parents living with their children. For their part, young men (25%) are more likely than young women (19%) to be living in the home of another family member, a non-relative or in some type of group quarters.

A variety of factors contribute to the long-run increase in the share of young adults living with their parents. The first is the postponement of, if not retreat from, marriage. The median age of first marriage has risen steadily for decades. In addition, a growing share of young adults may be eschewing marriage altogether. A previous Pew Research Center analysis projected that as many as one-in-four of today's young adults may never marry. While cohabitation has been on the rise, the overall share of young adults either married or living with an unmarried partner has substantially

In addition, trends in both employment status and wages have likely contributed to the growing share of young adults who are living in the home of their parent(s), and this is especially true of young men. Employed young men are much less likely to live at home than young men without a job, and employment among young men has fallen significantly in recent decades. The share of young men with jobs peaked around 1960 at 84%. In 2014, only 71% of 18- to 34-year-old men were employed. Similarly with earnings, young men's wages (after adjusting for inflation) have been on a downward trajectory since 1970 and fell significantly from 2000 to 2010. As wages have fallen, the share of young men living in the home of their parent(s) has

Economic factors seem to explain less of why young adult women are increasingly likely to live at home. Generally, young women have had growing success in the paid labor market since 1960 and hence might increasingly be expected to be able to afford to live independently of their parents. For women, delayed marriage—which is related, in part, to labor market outcomes for men—may explain more of the increase in their living in the family home.

The Great Recession (and modest recovery) has also been associated with an increase in young adults living at home. Initially in the wake of the recession, college enrollments expanded, boosting the ranks of young adults living at home. And given the weak job opportunities facing young adults, living at home was part of the private safety net helping young adults to weather the economic storm.

Beyond gender, young adults' living arrangements differ considerably by education and racial and ethnic background—both of which are tied to economic wherewithal. For young adults without a bachelor's degree, as of 2008 living at home with their parents was more prevalent than living with a romantic partner. By 2014, 36% of 18- to 34-year-olds who had not completed a bachelor's degree were living with their parent(s) while 27% were living with a spouse or partner. Among college graduates, in 2014 46% were married or living with a partner, and only 19% were living with their parent(s). Young adults with a college degree have fared much better in the labor market than their less-educated counterparts, which has in turn made it easier to establish their own households.



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